

THE COMMUTER A Student Publication

Linn-Benton Community College, Albany, Oregon

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Mounting garbage on campus catches council's eye

Fireside, Rec rooms face temporary closure unless littering students change their habits

By Todd Powel
News Editor

Student Council is currently searching for answers to a rather stinky problem that is affecting the entire campus of LBCC.

The problem occurs everytime a student fails to dispose of their trash—it's commonly called littering.

Council representatives addressed the campus-wide issue last week in their weekly meeting, but have failed on a final solution to the problem.

According to Annie O'Brien Gonzales, coordinator of student activities, the problem is worse this year than ever before. "The major problems for us (student council) seem to be the rec room and Fireside room," said Gonzales.

Users of the various facilities should be a little more considerate of others next to them, she said. "Some people leave their chew cups sitting around in the rec room," she added "it's pretty gross when someone knocks it over."

Regulations permit food, drinking, and smoking in the rec room, but not in the Fireside room. Several years ago, the Fireside room was opened for food and drink, but, because of the abuse, they had to ban all substances. "It's still a problem although it's not a problem like the rec room is," she said.

Although the rec room and Fireside are popular places to relax and visit, if people don't start abiding by the rules,

it could face temporary and even permanent closure. "That's a pretty drastic step, but one that might draw attention," Gonzales stated.

Some of the most common forms of garbage has been cigarette butts, candy wrappers and "Big Gulp" containers.

"The 'Big Gulp' cup seems to be the culprit," explained Kevin Nicholson, LBCC supervisor of maintenance and grounds. Nicholson and his grounds crew have had a constant challenge keeping things picked up, he said.

"It seems to me that people don't care about things like dumping their ashtrays out in the parking lots," he said. "If people don't care about littering, that's up to them. They're the ones who have to look at it."

Les Rants, LBCC graveyard custodian, commented that most of the trash is there as a result of lazy and unconcerned individuals. "Most of the garbage I come upon is laying near a garbage can. I think they do it on purpose," he said.

"I'm not a busboy, I'm a custodian," Rants laughed. "Most of the times I have to bus the tables (in the rec room) before I can do any cleaning. If students won't clean up after themselves for us, maybe they could start doing it for other students."

"If students would start putting pressure on each other to pick up junk, it would help," Gonzales said.



The Commuter/GEORGE PETROCCIONE

'Big Gulp' containers are one of the most common forms of garbage found on campus.

Registration by phone starts summer term

By Ron Vearrier
Staff Writer

Don't leave home without it, or just don't leave home.

This phrase could be LBCC's new ad slogan for registering part-time students. During registration week for summer term, part-time students, for the first time, will be able to use their credit cards while registering by phone.

Three operators will take the calls from a system that includes nine incoming lines that are run through a sequencer so that the student gets a place in line. If the student hangs up and calls back, he will be in the back of the line. If the student is not answered by an operator immediately, he will hear a recorded message saying he got through and what information is needed when registering by phone. After the message, there might be music to let the caller know he has not been cut off. "We don't know what type of music to play yet. It could be elevator music," laughed LBCC Registrar Sue Cripe.

The operator will register the student for any classes that are in the college catalog except the classes with footnotes A,J,E. These classes need teacher signatures or need to be registered at the correct community center such as the Benton Center. If a class is full, a student will know immediately and begin working out a revised class schedule.

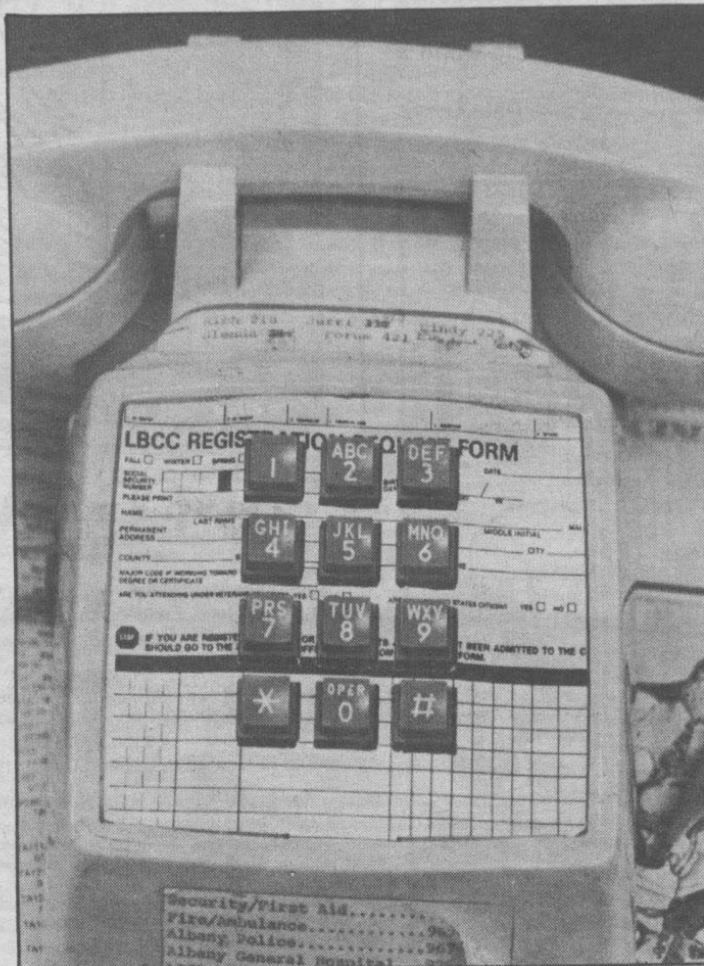
The students will pay for tuition by using their Master Card or Visa. "Right now we can only accept these credit cards, otherwise we (LBCC) would have to change banks and that would cost too much," said Cripe. Also, to defray costs, a charge of one dollar will be added to the credit card bill.

The hours students can call to register will be 1 to 7 p.m. M-Th and 1-4:30 p.m. Friday during registration week.

Full-time students will still be able to register before the part-time students so they will still get first choice.

Many community colleges, including PCC and COCC, already use the phone registering system. These and many other colleges with the phone system have found out that the registration lines are shorter and enrollment is up. "We think it will be great at LBCC," said Cripe.

The idea of using the phone system is not a new one for LBCC. In 1977, Jon Carnahan, vice president of instruction, proposed the idea, but at the time electronics were too expensive. Even now LBCC is buying used equipment for the telephone registration system. The new phone system will be entirely separate from the school's switch board. So a caller should call the number they want because they cannot be transferred, stated Cripe.



The Commuter/GEORGE PETROCCIONE

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Editorial

Government, religion play too strong of a role in society

Governments and religions have been targets of scrutiny throughout history, necessarily so because of the terrific influences these institutions have on generations of societies. Without criticism, these active forces on social order, customs, individual behavior and ideals are unlikely to improve, or even worse, can be used to subjugate and oppress.

Moreover, the good and bad of a political administration or theological dogma isn't always an indication of the righteousness or corruptness of a particular system, but rather a reflection of the character of a society and its accepted leaders.

In recent weeks, critics have had opportunities to increase and intensify attacks against government and religion. The Reagan administration is being accused and investigated for circumventing legal channels of the democratic process. And the integrity of several television evangelists is being questioned because of incidents concerning the alleged use of political connections to obtain special treatment during military service, extra-marital sex and the prophecy of death in a desperate appeal for money.

The major responsibility society expects from its leaders is that the rhetoric and doctrines of their respected organizations be exemplified. Rightly so. Although the spirit of success can be shared by the public, power, glory and wealth are often rewards for untainted, scrupulous and veracious actions by individual leaders. However, dishonest, corrupt and derogatory behaviors by leaders damage the reputation and compromise the principles of the alliance they represent.

Political and religious leaders need to be deliberate and prudent in decisions and courses of action, especially those that may be consequential to constituents or followers. On the other hand, critics should not be too hasty in judgements, or reckless in accusations. It is part of human nature, shared by all mankind, to make mistakes. And there are possibilities of extenuating circumstances or pressures that determine certain actions to be taken.

If forgiving or forgetting is not possible, then constructive transitions to change should be employed. After all, reason, wisdom and compassion are qualities that make the world a better place to live.

—Dale Owen



Street Beat

What do you think about the proposal to raise tuition \$2 per credit?



Jane Donovan, speech and drama instructor

I really have two thoughts about it. It's unfortunate because one reason people come to LBCC is they can get a good education at an affordable cost. But I also know that the costs to the institution are going up just like everything else. To make ends meet you have to balance the budget and pass those costs on to students.



Karla McAfee, advertising

It wouldn't affect me that much as long as I get financial aid. I figure that it's not that big of a deal, with inflation rising anyway, as long as there isn't a vast majority of people that can't handle the increase. Things just go up.



Jim Williams, business administration

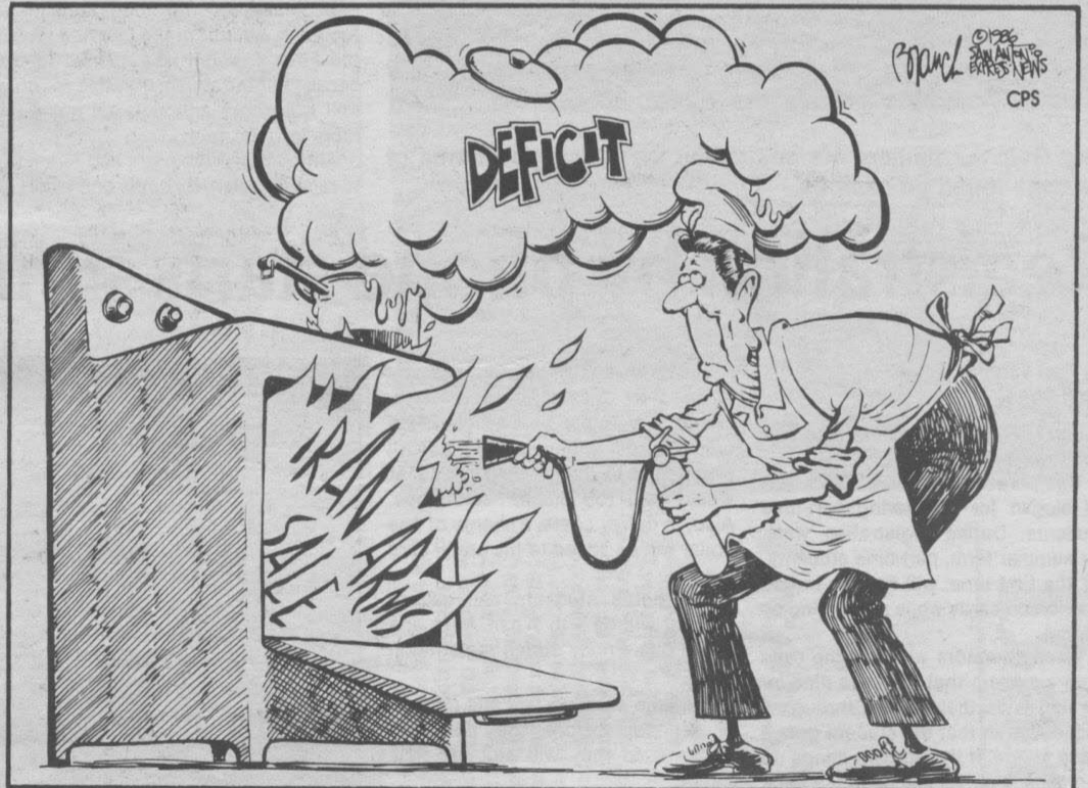
I don't think it's that big of deal. It's not a whole lot of money and we are getting a low cost education here anyway. I guess it's a good way to increase revenues without much notice from the students. They can raise a little money without putting much burden on the students.



Cindy Granton, nursing

It's hard on people. I have to pay my own tuition and two dollars more is a lot. I had a hard time this term with no financial aide to pay my way. I didn't have to come up with that much but it was still a lot. My income is limited so two more dollars means I will have to work a few more hours and spend a few more hours away from home and the kids.

Compiled by Dave Carson and Louisa Christensen



THE COMMUTER

A Student Publication

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed through student fees and advertising. Opinions expressed in the Commuter do not necessarily reflect those of the LBCC administration, faculty or Associated Students of LBCC. Editorials reflect the opinion of the editor; columns and letters reflect the opinions of those who sign them. Correspondence should be addressed to the Commuter, 6500 SW Pacific Blvd., Albany, Oregon 97321. Phone (503) 928-2361, ext. 373 or 130. The newsroom is located in College Center Room 210.

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Express Yourself

The Commuter encourages readers to use the Editorial Page to express their opinions. Commentaries and observations on campus, community, regional and national issues are welcome.

Submissions may be in the form of letters to the editor or, for topics which require deeper analysis, guest columns. All letters received will be published, space permitting, unless they are considered by the editor to be potentially libelous, obscene or in poor taste. Guest columns should be approved in advance by the editor. Readers wishing to submit a guest column are asked to first discuss their idea with the editor.

'Safety net' to catch failing school districts

By Todd Powell
News Editor

Oregon's schools may soon be implementing a "safety net" program to help protect against the possibility of school closures.

The school tax measure, which will be decided in a special state-wide election May 19, will allow school districts to fall back on their previous year's levy if voters do not approve a higher amount by the September election.

"No Oregon student should be locked out of school simply because the community couldn't agree on how many property tax dollars we needed to provide schooling," explained State School Superintendent Verne Duncan.

"The 'safety net' is not an answer to Oregon's complex school finance problem," Duncan added. "It is an answer to our school closure problem, and it will give the Legislature and all of us much needed time to develop a long-term, comprehensive solution."

The bill will not impact school districts with adequate tax bases unless revenues drop below the previous year's revenues.

According to the Legislature Revenue Office, only three Linn county districts operate outside a tax base—Central Linn, Scio and Lourdes.

"The 'safety net' will affect school districts where the local voters have not approved an up-to-date tax base," said Robert Williams, superintendent of the Albany school district.

Williams said that Oregonians have mixed emotions concerning the "safety net" proposal because two-thirds of the school districts have tax bases, while the other third don't.

According to Williams, the passage of the "safety net" bill is essential. "Safety net" is extremely detrimental to the entire state, he added. "When any school district in Oregon closes because they don't have funds, it's grievous."

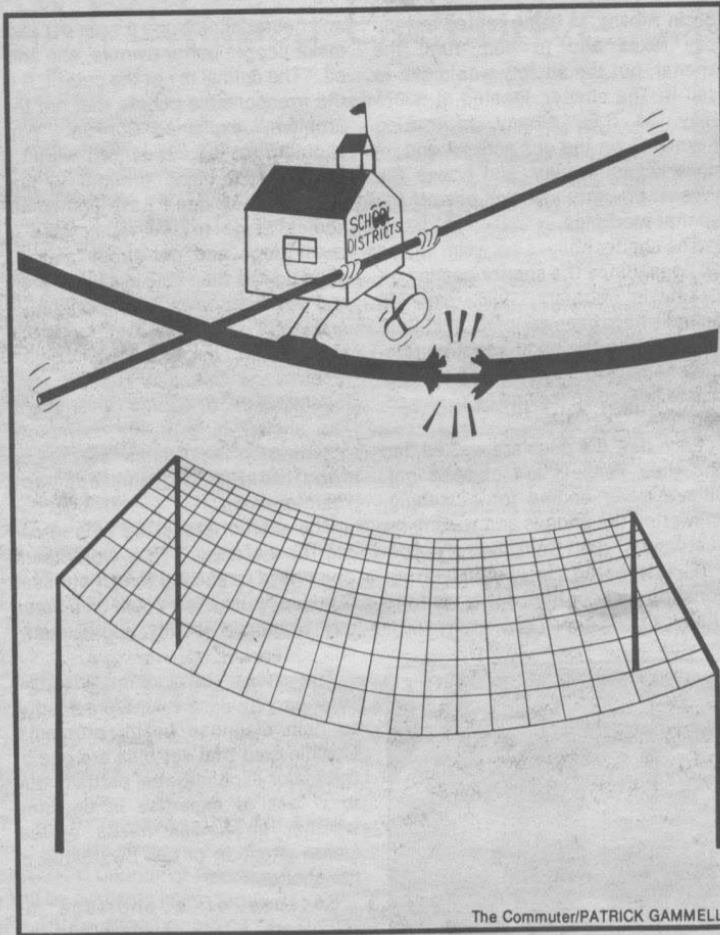
Primarily, "safety net" will pertain to schools K-12. "It won't be affecting LBCC or any other community college," Williams explained.

LBCC President Tom Gonzales said he isn't too worried about the "safety net" influence on the college. However, he does have other concerns. "Our concern is more on the other side of issues in terms of getting more dollars," he said.

"We need some more students to fill some of the classes we currently have. That would certainly give us a little buffer," he added.

Gonzales said the fluctuation in enrollment has been an ongoing problem to the college's stability. "Right now the college's dilemma is just trying to keep our enrollment stable and even increase that over time," he commented. "That's been our continuous problem over the last couple of years. If it doesn't turn rapidly, then we're in that type of mode."

Gonzales and other college officials assemble weekly to discuss the college's problems, searching for intelligent solutions, he said. "That's really what our charge is, and that's definitely not an easy charge," said Gonzales.



The proposed 'Safety Net' bill, which goes before voters in a state-wide election May 19, would give schools K-12 the ability to use their previous year's tax levy if voters fail to pass a new levy request. The bill was introduced to avoid the kind of school closures that have plagued the state's educational system in recent years.

Nicaraguan visit reveals 'grinding poverty'

Clark finds country beset with social, economic problems

By Dale Owen
Editor

First thoughts of a vacation in the tropical climate of Central America may bring to mind images of frolicking on white-sand beaches shaded by coconut trees, and dining and dancing to the rhythm of mariachis.

But a visit to Nicaragua by LBCC Social Science Instructor Doug Clark consisted of flight delays, uncomfortable heat, water rationing and long meetings with leaders and residents of several cities, including Managua, the capital city of Nicaragua. "Before the flight, we were told to exercise patience. We learned that quickly," Clark said.

Clark joined a 17 member fact-finding group representing a sister-city organization from Seattle in a week-long tour of Nicaragua that began March 21. Clark was asked to participate in the tour by the Albany-Chichigalpa Friendship Association, a group of local residents working to develop personal relationships with residents of Chichigalpa, a city 45 miles northwest of Managua.

One of Clark's first impressions of Nicaragua was that the country suffered from "grinding poverty." It was evident that the infra-structure of

Nicaragua was in sad despair because of the 1972 earthquake and civil war, Clark said. Electricity is unpredictable and many of the dirt streets of Managua have raw sewage running down the middle of them, he explained.

"There are a lot of quickly thrown together shacks on the outside of the city," added Clark describing the enormous migration to Managua from rural parts of the country. Spontaneous communities are organized because neighborhoods qualify for food and medical support from government defense committees, Clark said. "There was a feeling that people were working hard together."

The tour group also visited the city of Somota in the northern regions of Nicaragua, about 15 miles from Honduras. During the bus ride through the countryside towards Somota, Clark noticed armed soldiers and patrols alongside the roads. Because of Contra activity, sentries were posted at bridges, which are common targets of sabotage, Clark said.

The group was warmly welcomed by Somota's citizens, Clark added. The town had prepared a demonstration of two, junior-high-aged baseball teams who showed off new jerseys given to them by Seattle businesses. It was quite touching to watch poor, barefoot children in tattered jeans exhibit their uniforms with pride, Clark said.

The tour of Somota included a visit to a cultural center, a two-story building the local residents proudly refer to as the Somota Empire State Building. Mats, bags, ropes, hats and furniture, made of henikan grown on hillside farms, were on display at the center, Clark said.

"That part of Nicaragua gave me the feeling of being in the wild west." Clark explained that there were carts and wagons pulled by oxen and ponies. "We even saw a cowboy wearing leather clothing and showing off a little macho," Clark added.

In Chichigalpa, a city with a population of 30,000, Clark and other group members visited a junior high school/high school in addition to a tour of a sugar refinery and rum distillery.

The factories are privately owned, Clark stated. The two businesses provide work for quite a few people, although production in some areas of an assembly line system are inoperable because of broken machinery. Spare parts for the American-made machinery are hard to come by because of the trade-embargo, Clark explained.

When the tour group arrived at the school, children were being let out to go home. Clark was surprised to see students carrying desks over the tops of their heads. Because of the shortage of school supplies, children fortunate enough to have desks bring them from home, Clark explained.

Clark presented the school with "friendship tokens" from Albany school children and several mid-valley businesses. Clark said that several Albany primary schools donated scrap books and notes of friendship. Gifts donated by area businesses included school supplies such as pens, pencils and notebook paper. Historic Albany and Albany All-America City T-shirts were also donated, Clark added.

The people of Nicaragua seem to have a general belief in their own society and the purpose of the Sandinista revolution, Clark said. The people appear to be determined and energetic in their attempts to develop a domestic economy, he added.

People in Albany should visit Nicaragua, and more Nicaraguans should visit Albany, Clark recommended. The important outcome of the tour was the growing "relation of friendship, trust, closeness and peace," Clark stated.

Etcetera

Family Seminars

The second in a four-part series of free one-day family enhancement seminars will be offered by LBCC Parent Education Department at the Lebanon Community Hospital April 14. The one-and-one-half hour seminars will be held from 7 to 8:30 p.m. each Tuesday. For more information and registration, call 928-2361, ext. 384.

TSA Information

On Thursday, April 16, representatives from Equitable Insurance and Pioneer Insurance will be on campus to make presentations on tax sheltered annuity (TSA). The Equitable Insurance presentation will be in the Willamette room from 1-2 p.m. and the Pioneer presentation will be in CC135 from 2-5 p.m.

Benefit Concert

The Oregon Symphony Pops Orchestra will make a rare appearance in Corvallis on Thursday, April 16, in the LaSelle Stewart Center at 8:15 p.m. All seats are reserved with a charge of \$12 for main floor seating and \$10 for the balcony. Tickets can be obtained in Corvallis at Rice's Pharmacy, The Inkwell, Town & Country Realty and the OSU MU East Activity Center.

Secretaries Workshops

"Be Efficient, Organized and Effective" will be held on Tuesday, April 21 from 9 a.m. to 5 p.m. at Takeena Lodge. Registration deadline is Friday, April 18. "Current Office Trends" will be held Thursday, April 23 from 9 a.m. to 5 p.m. in Boardrooms A and B. Registration deadline is Tuesday, April 21. Cost of each workshop is \$30, which includes lunch. For more information, call 967-6112.

Auto Tech

The Auto Tech department will be ready to work on the following for the Spring Term: electrical, brakes-suspension-front end alignment, automatic transmissions. Fill out an application at IA 117. There are no guarantees and the cost of parts and materials must be paid before the vehicle is released from the shop.

Porgy & Bess

LBCC's Opera Guild is sending two buses to Portland for the April 17 performance of Porgy and Bess. To order opera tickets, call Portland Opera, 241-1802. The early bus to the Friday performance will leave the Benton Center at 3:30 p.m., Albany at 4 p.m. and arrive in Portland in time for dinner before the performance. The later bus will leave the Benton Center at 5:30 p.m., Albany at 6 p.m. and arrive in Portland just before curtain time. Bus seats are \$15.75 and may be reserved by calling 757-7885.

Image Makers

The free Brown Bag Seminar, "Image Makers," will meet at 12:15-1:15 p.m. on Thursdays in room 106 of the Benton Center. The April 16 meeting will feature the Corvallis Mime Troupe. For more information, call 757-8944.

The Rainmaker

Albany Civic Theater proudly presents "The Rainmaker" April 17, 18, 24, 25, 30 and May 1 and 2 at 8:15 p.m. with a matinee April 26 at 2:30 p.m. Ticket are \$4 for adults and \$3.50 and can be obtained at French's Jewelers, Albany, and The Inkwell, Corvallis.

"Carnival" Auditions

Albany Civic Theater will hold auditions for "Carnival" April 20, 21 and 22 at 7:30 p.m. in the Regina Frager Theater, 111 W. First St. For more information or if tryout dates are impossible, contact Marti Calson 928-0495 at work or 926-0326 at home or JoAnn Lawson at 928-4804.



Linn Humane Society saves lives of patients due to their 'no kill' policy

By Perry Koontz
Staff Writer

The Webster dictionary defines humane as being kind, benevolent, tender and merciful. At the Linn Humane Society, being humane goes beyond such a definition and well beyond the private, non-profit organization's "no-kill" policy.

Under the volunteer direction of Celia Conklin, the society has found homes for more than 200 dogs and 95 cats last year. It has helped operate two, low-cost spade and neuter clinics in the county, and plans to expand its services through instructional programs in the Linn County area.

Shelter volunteers will give educational talks in the schools regarding pet care and pet control this spring, and were a part of the Albany Downtown Association's Community Information Program at Two Rivers Market on April 11.

The society also works in cooperation with Linn County Juvenile Services by providing various jobs to kids sentenced to do community service. "We've had a number of good workers from the service, and I think it has helped the kids too," said Conklin.

The shelter's no-kill policy is a personal preference. Conklin stated that there are no strict rules on how a humane society should be operated. It goes against her principles to euthanize animals unless they are terminally ill and suffering. The animals stay at the shelter and are cared for until they get a home. "We wouldn't think of doing it any other way," said Conklin.

Conklin said she feels that the educational programs, particularly the talks given at local schools, will be a big help in controlling the pet population. "I think there would be fewer pets if the children can be reached because they influence their parents," said Conklin.

Educating the public about spade

St. in Albany, is being rented to help pay taxes and to help fund the shelter, but the society would like to sell it. The shelter, located at 33071 Hwy. 34 S.E., Albany, is making payments on the one-acre lot and indoor kennel facility, and hopes the Wessel property sale will pay off the shelter mortgage.

The shelter houses between 15 and 18 dogs. Since the shelter opened officially in February, 1986, over 300 animals have been adopted, said Conklin. Despite the good adoption rate, the shelter turns away many animals due to limited space and help, she added.

Each day, the dogs are walked, fed and their kennels are cleaned out. "It's a never ending job—cleaning, answering the phones and waiting on customers," said Conklin.

If interested in volunteering, donating, or adopting, either visit the shelter or call 928-2789.



The Commuter/DAVE GRUBBS

Celia Conklin, director of the Linn Humane Society

and neuter clinics and proper pet care make people better owners, she added. "The animal is not the culprit. It is the irresponsible people that are the problem," explained Conklin. "Why should dogs be euthanized within a few days of being brought in just because they don't have immediate homes to go to? I'd rather take in fewer dogs and get those animals good homes than take in a lot of them and put them down," said Conklin.

Despite its various community services, the Linn Humane Society receives no financial support from federal, state, or county government. The shelter is a private, non-profit organization and relies strictly on donations, adoption fees and volunteer help.

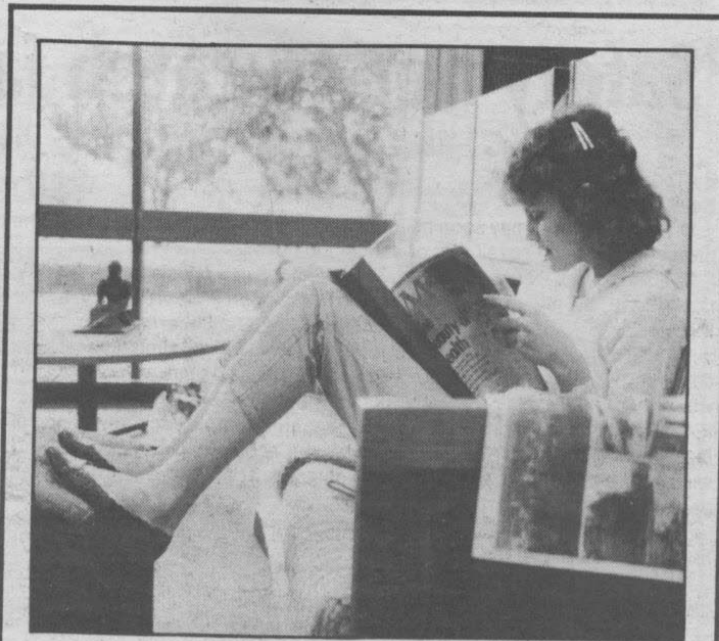
The shelter is seeking help in caring for the dogs. "They (volunteers) don't have to be long term," stressed Conklin. "Just a few hours on a Saturday would be greatly appreciated," she added.

The shelter is also interested in veterinary student volunteers needed to help diagnose health problems. Conklin said that vet bills are one of the major expenditures, partially due to a lack of expertise in deciding whether an illness needs professional attention or can be treated at the shelter.

Because of a shortage of volunteers, a lack of space and the cost of keeping cats disease-free, the shelter is no longer taking cats. The facility may eventually be expanded so that space for cats, as well as more dogs, will be available. But at present, "there just aren't enough donations," said Conklin.

Donations in the form of food, blankets, towels, rugs, newspapers and fencing are also needed.

Henry Wessel, a former Albany plumber, left his estate to the Linn Humane Society after his death two years ago. The estate consisted of money, an electric organ and property. The property, located on Marion



The Commuter/KEITH RUDE

Put Your Feet Up

Tammy Braught, Elementary Education major, puts her feet up and reclines on a couch in the library while she reads a magazine.

South African artist portrays women's life under apartheid

By Michele Warren
Staff Writer

Portraits by South African artist, Susan Williamson are on display in the LBCC library until April 30.

"A Few South Africans" is a series of 15 photosilkscreens honoring South African women in their struggle with apartheid. They are wives of black leaders, women who fought for human rights and justice or fought to keep their families and themselves alive.

The portraits are reminiscent of Renaissance-style portraiture, featuring glimpses of significant landscapes and references to the subjects' life. The intricate silkscreen

borders are derived from frames Williamson saw in the black townships of Langa and Crossroads.

Williamson worked on the project for three years through her affiliation with the Women's Movement for Peace, a human rights organization now associated with the United Democratic Front.

Williamson also wrote a biographical sketch to accompany each portrait. Information for the biography was sometimes hard to get because of some of the women being banned. At times, she had to write for permission to get information.

The exhibit, co-sponsored by LBCC's Student/Community Activities Committee and the LBCC Library, is free and open to the public.

This exhibition was produced by Visual Arts Resources of the University of Oregon Museum of Art, with funding from the National Endowment for the Arts, the Oregon Arts Commission, the Friends of the Museum and private donors.

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Hearing brings no opposition to \$2 per credit tuition hike



Jon Carnahan

The LBCC Board of Directors will decide tonight whether to raise tuition \$2 per credit hour, effective summer term.

The proposed raise would increase full-time tuition from \$228 to \$252, an increase which met little resistance from those attending a tuition hearing Monday.

A handful of students listened while Jon Carnahan, vice-president of instruction, explained the reasons for

the increase as higher operating costs in combination with a reduction in state funding, due to a four percent drop in enrollment.

Carnahan said the increase would raise the students' share of the operating budget to 17.2 percent within the 15 to 20 percent "window" traditionally paid by tuition.

With the current budget "We're trying to squeeze into a shoe that's about a size and a half too small," remarked George Kurtz, vice-president of business affairs.

Knight awarded top part-time LBCC instructor at banquet

Theresa Knight of Corvallis has been named the 1986-87 Part-time Instructor of the Year by LBCC. Knight has taught dance aerobics and workout classes through LBCC's Albany and Benton centers for six years, and was selected from among 12 nominees for the award.

Knight started as an aide in the Dance Aerobics program in 1981, but quickly moved into the role as the regular substitute for all of the aerobics instructors. She started teaching her own classes in 1983.

"The students always fall in love with Theresa and her teaching style," says Ann Crisp, Benton Center Director. "She has the ability to move from a class of accelerated students one hour to a light aerobics program for senior citizens and overweight students the next, with both groups thinking that her style and pace are perfect for them. Theresa takes a personal interest in each of her students and always tells them how to avoid injury."

Crisp also points out that Knight contributes several new routines each term to the Dance Aerobics Program and develops creative ideas for promoting the program. "Typically, Theresa carries out the ideas of others with an equal amount of enthusiasm and hard work," Crisp said.

Knight received the award April 10 at a banquet held at the college to honor all the nominees.

LB's Kurtz honored as top business executive

By Keith Rude
Staff Writer

George Kurtz, LBCC's vice president for business affairs, recently received the "Region 1 Outstanding Community College Business Award."

The National Council of Community College Business Officers (NCCCBO), an affiliate of the American Association of Community and Junior Colleges (AACJC), nominated Kurtz for the award. AACJC is the primary organization that looks at the affairs of community colleges on the national level.

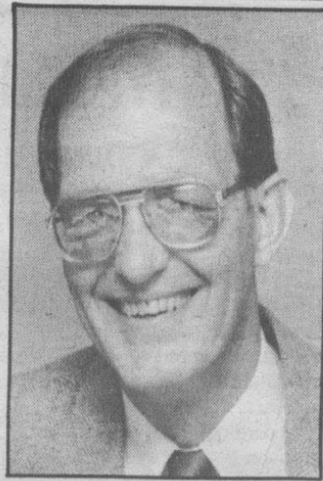
Kurtz will go on to compete with seven other regional winners across the nation for the first annual "National Outstanding Com-

munity College Business Officer Award." The national winner will be announced during the AACJC Convention in Dallas on April 22.

There are approximately 80 community and junior colleges including Alaska, Idaho, Oregon and Washington in Region 1, with 57 active members.

Kurtz has volunteered his leadership abilities while serving as the NCCCBO Northwest regional representative on legislative matters over the past two years. He is a member of the NCCCBO Executive Committee, and has served in other community college business affairs over the past 20 years.

In addition, Kurtz is affiliated on the state level with the Oregon Community College Business Of-



George Kurtz

ficers (OCCBO), serving on the legislative team. He tracks various bills that are thought to affect business operations of the colleges, such as insurance, collective bargaining, public employees, retirement and workman's compensation.

Candidates sought for student council

By Marco Coleman
Staff Writer

Beginning Thursday, April 16, petitions for students interested in running for ASLBCC Council of Representatives will be available in the Student Programs Office, CC-213.

Petitions can be picked up through April 22 and must be turned in by 5 p.m., April 22 with 40 signatures.

Only full-time and part-time students are eligible to sign peti-

tions. In addition to signing their names, students must also add their social security numbers and academic majors.

The election will take place on April 29-30.

Thirteen positions are available, two representatives for each major college division and one at-large position.

The main goal of the ASLBCC Council of Representatives is "to of-

fer our students more and gain more participation from them," said Weddy Russell, community education representative.

Students who wish to participate in the election, but not as a candidate, might consider poll watching. ASLBCC will pay minimum wage to students for collecting ballots and overseeing the election procedures.

Students who are interested in poll watching need to contact Annie Gonzales at the ASLBCC office.

Easter Bonnet contest open to staff, students

By Annette Krussow
Managing Editor

LBCC's Easter Bonnet Contest will be held Friday at noon in the back corner of the Commons, with judging to take place at 12:15.

The fee of \$1 per entrant will make up the prize. This is a nonprofit contest, said Glenda Foster, secretary of humanities. The number of entries will decide how much the prize money will be.

Fifty percent of the money collected in entrant fees will be awarded to first place with 25 percent going to second and 15 percent going to third place. The "boobie" prize will consist of 10 percent of the fees collected.

Judges for the contest include John Aikman, graphics instructor; Jerry Phillips, criminal services; Jane White, English faculty; Dale Owen, Commuter editor and Annie Gonzales, coordinator of student programs.

The contest is open to all students and staff so "be creative," Foster said.

Entry numbers need to be picked up in AHSS 108 by 5 p.m. Thursday.

For more information, call ext. 404.

BEACH PARTY DANCE

LBCC Commons

\$1.50 without beach clothes
\$1.00 with beach clothes

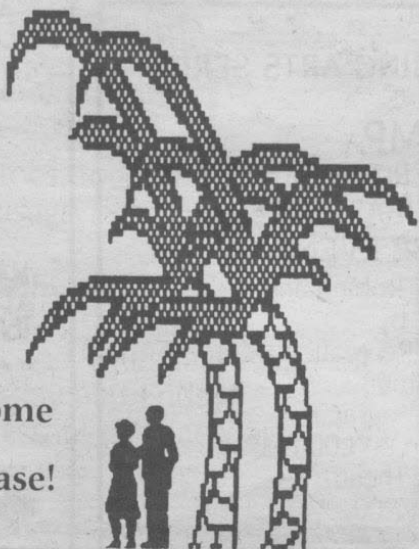
9:00-12:00

April 17th

Food Provided

Everyone Welcome

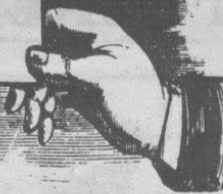
No Alcohol Please!



Writers • Artists
Graphic Designers
Photographers

—Submit—

Poetry, Short stories,
artwork and photos to the
Commuter office (CC-210)
for a student anthology
Spring Term.



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Health-Wise

by Diane Morelli

I just received my copy of the Mayo Clinic Health Letter for April. It was filled with information about one of my favorite things in the whole world. CHOCOLATE!

While it's been called the "food of the gods" and the scourge for many a dieter, the gift of lovers and a source of comfort for many—what is this thing called chocolate? If we were to give chocolate a nutritional analysis, what would we find?

According to the Mayo report, "Chocolate begins as a cocoa bean, grown near the equator. Nibs are the meat of the bean. Ground-up nibs produce chocolate liquor: this fluid is the base of all chocolate products."

Within this liquor a vegetable fat is found that can be extracted under high pressure. This fat is called cocoa butter. The remaining ingredient is bitter or baking chocolate. To create the different types and flavors of chocolate that we all know and love, cocoa butter is returned to the liquor in various amounts and flavors and sweeteners are added.

Ever wondered why chocolate tastes so good? It's not really your "sweet tooth" that it appeals to but your "fat tooth." It's the fat that makes the flavor so attractive. "Fats in high-quality chocolate dissolve quickly, which coats your mouth and holds in flavor." That's why many people find chocolate more enjoyable than hard candy.

However, sugar is not to be outdone as the object of our affections either. According to the report, most of us are born with a disposition to sweets. "In laboratory tests, babies prefer sugared water to the plain beverage."

Of course some of our addiction is purely psychological. Often chocolate will remind us of childhood rewards or special treats.

Good news! The Mayo Clinic says that moderate amounts of chocolate won't threaten your health. Of course this news doesn't alleviate the anxieties of many of us due to the word "moderate." But for the rest of the world, they can relax.

But here are a few facts listed in the report:

•**CALORIES**—The fat and sugar content make chocolate high in calories.

•**DENTAL CAVITIES**—Chocolate often dissolves slowly in your mouth. Prolonged contact between sugar and your teeth can lead to dental cavities.

•**STIMULANTS**—Chocolate contains caffeine and other stimulants. Some studies indicate that chocolate may aggravate migraine headaches in certain people.

•**CHOLESTEROL**—Cocoa butter contains saturated fat, which may raise cholesterol levels in the blood. Milk chocolate is even greater.

•**ACNE**—There is no solid evidence to link chocolate as a cause of skin blemishes, save in the uncommon case of people who are sensitive to excess fat.

•**ALLERGY**—Allergic reactions to chocolate are quite rare and usually not life-threatening. Symptoms, when they appear, vary considerably but could include itching, hives, and runny nose.

•**HEARTBURN**—Chocolate can cause heartburn by weakening the lower esophageal sphincter (LES) muscle, which prevents stomach contents from backing up into the esophagus.

Here's an alternative from the American Heart Association Cookbook to use if your recipe calls for chocolate; Blend cocoa with polyunsaturated oil or margarine. Add 3 tablespoons of cocoa to 1 tablespoon polyunsaturated oil or margarine. The result will be equivalent to a 1-ounce square of chocolate.

Classifieds

WANTED

Weight bench and weights, reasonably priced, call 967-7657 weekdays before 8:00 a.m. or after 5:30 p.m.

CIRCUIT BREAKERS, bad horn and funky bass players who can jam the system. 20th Century Sound, 752-7042.

Would like out of date book from WR 115 called "Writing Clear Paragraphs." Willing to pay a nominal fee. Call 758-1250.

NANNY POSITIONS. Care for children in one of several East or West Coast locations. Room, board, \$120-\$200 per week. Attend school eyes. One year commitment. Non-smokers preferred. Call for interview. LA PETITE MERIE 1-(800)-621-1985.

PERSONALS

Alcoholics Anonymous will meet in HO 116 Monday through Friday at 12 noon.

If you are a writer, artist, or graphic designer interested in submitting poetry, short stories, and artwork for publication in April, look for student anthology information and advertisement in future issues.

Do you know the difference between a semi-colon and a comma? If you need help with punctuation and grammar, stop by LRC 213 MWF 2-5 and T TH 11:00-3:30. The tutor is an LBCC English instructor. Ask for Roger.

When trouble calls on you, call on God.

Come join us weekly for fellowship and fun in the Willamette Room on Wednesdays at noon. Bring your lunch. Christians on Campus.

SURF'S UP!! Beach Party Dance Friday night, 4/17, 8:30 p.m.-midnight. \$1.50 for students. \$1.00 in costume. BE THERE!!

FOR SALE

THE BOOK BIN, now in 2 locations. Used books, bought and sold, excellent stock on hand. 121 W First, Albany, 926-6869. 351 Jackson, Corvallis, 752-0040.

AVOCET USED BOOKSTORE, quality S.F., Lit., non-fict., much more! Buy-Sell-Trade. Mon.-Sat., 10-6. 614 SW 3rd, Corvallis, 753-4119.

1979 650 Special, 2 cylinder, 5600 miles. Color - black and gold. Great condition. \$700. 967-7657 evenings and weekends.

HELP WANTED

Wanted: Notetakers. Student Development is accepted applications for notetakers for Spring term. Pay is \$3.35 per hour. Please contact Chrys in LRC 200L, 928-2361, ext. 410, if you are interested.

JOB NOW ADVERTISED IN THE STUDENT EMPLOYMENT CENTER: Office Manager, Loan Assistant, Registered Rep., Financial Services Presenter, Commission Sales, Computer Operator, Data Entry, Auto Parts Salesperson, Retail Lumber, Sales Trainee, General Office, Word Processor, Sales Trainee/Management Trainee, Assistant Manager, Career Management Position, Food Service Aide, Cook, Counter Person, Service Deli Clerk, Pizza Maker/Cashier, Waiter/Waitress, Restaurant Manager, Pizza Delivery, Director of Staff Development, LPN, RN, CNA, In Home Help, Direct Care Staff, Substitute Support Staff, Sign Maker, Typesetter, Automotive Technician, Auto Mechanic, Mechanic Trainee, Small Eng. Repair, Sheet Metal Repairer, Heat Pump Installer, Agri-Business, Chemical Technician, Environmental Technician, Drafting Tech, Draftsperson, Electronic Fabricator, Motel Maid, Housekeeper, Carpet Cleaner, Janitor, Telephone Survey, Telephone Soliciting, Yard Work, Ground-keeper Aide, Farm Work, General Labor/Retail, and Child Care. **SUMMER JOBS:** Yellowstone National Park, Keystone Resort, Big Sky Montana, Waziyah Maine, Albany Parks and Rec, Federal Jobs, Student Conservation Association, Clear Lake Resort, and many more. **FOR MORE INFORMATION ABOUT THE ABOVE JOBS, PLEASE VISIT THE STUDENT EMPLOYMENT CENTER IN TAKENA HALL 101.**

Earn Extra Bucks! Be a poll watcher for the ASLBCC Elections on 4/29 and 4/30. Inquire at Student Programs CC 213, ext. 150.

Work Study Position. Exciting work! Fascinating people. If you have a work study grant approved inquire at Student Programs. CC 213, ext. 150.

MISCELLANEOUS

Swedish massage therapy for relaxation, relief from pain, stress and tension. Special - with this ad - \$20 1 1/2 hr. session. Kathleen Nelson, L.M.T. 451-1685.

Vitamin Hutch—Mental alertness aids and stimulants. Hours 11-6 Monday through Saturday, 848 Burkhardt, Albany, 928-4799.

Classified Ad Policy

Deadline: Ads accepted by 5 p.m. Friday will appear in the following Wednesday issue. Ads will appear only once per submission; if you wish a particular ad to appear in successive issues, you must resubmit it.

RESEARCH

Send \$2 for catalog of over 15,000 topics to assist your research efforts. For info., call toll-free 1-800-621-5745 (in Illinois call 312-922-0300).

Authors Research, Rm. 600, 407 S. Dearborn, Chicago, IL 60605.

ASLBCC Elections

ASSOCIATED STUDENTS

WANTED

Student Council Representatives for 1987-88 Academic Year

Applications and information can be obtained in CC 213.

Petitions will be available April 14 and are due in CC 213 by 5 p.m., April 22.

YOU CAN MAKE A DIFFERENCE!

Thinking About a Job After Graduation?

Let Printing Services on campus print your resumé!

25 COPIES \$12.30 50 COPIES \$13.85

Includes typesetting, paste-up, and any 8 1/2 x 11 paper in stock.



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DO JUMP MOVEMENT THEATER PRESENTS... A DANCE THEATER PERFORMANCE EVENT

Choreographed by Robin Lane Presented by:

City of Albany Parks & Recreation Dept. Oregon Arts Commission LBCC Student Programs Saturday, April 18th at 3:00 PM LBCC - Takena Theatre Admission \$2.00

Blood Donors Wanted!

Sign up in Student Programs Office, CC 213

Blood Drive Tuesday April 28 9:30 AM - 3:00 PM College Center Board Room

MAKE A DATE TODAY...



...donate BLOOD!

American Red Cross



Out-of-Bounds

By Matt Rasmussen

This is the Campus....

Linn-Benton Community College. Over 6,000 people gather here to study, educate, learn and gossip each day.

Many study the arts, sciences and mechanics. A few study food, a few more study soap operas.

I study stupidity...when someone does the impossibly stupid, they call me...I carry a badge!

It was a Monday, I was in my plaid slacks. My boss is Darth Vader, my name is Mud.

I've been in asylum on permanent assignment covering sports (only because the activities center is the furthest building from the Daily Planet office.) Wishing to return to the real world, or at least page 5, I had been pestering Darth since 8 a.m. for a change of assignment.

Finally Darth looked up from his death-cheese sandwich and told me to "go watch traffic for a while!" That's what I did.

Between 1500-2000 cars park in the front parking lots each morning. Many simply want to park and get to class. But lately the front parking lots have begun to resemble an Indy 500 parking exercise.

These junior AI Unsters, who appear mild mannered on the open road, shed all concern for life, limb and fender once they hit the LB driveway.

It's five to ten in the morning and the late arrivals hit the campus en masse—grinding gears, testing brakes and revving engines.

To the normal student, 10 o'clock means that you park a mile from campus. To the lot racer this signals the start of competition.

The object is to continually circle the middle parking lot (like musical chairs) until someone gets in their car to leave—then you stop and hold up traffic until they relinquish their spot to you. You score more points for getting closer to Takena Hall. You lose if you are forced to park in a side lot, or get a ticket for speeding.

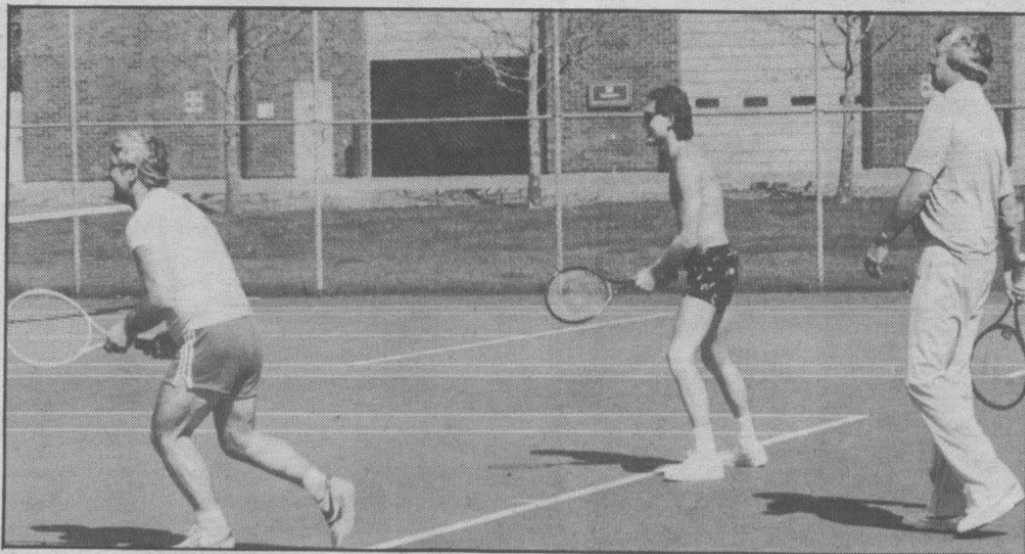
Bonus points are scored for cutting through sidewalks or crosswalks to beat someone else to an empty slot. Negative points are scored for being busted in a handicap zone and hitting pedestrians.

Preliminaries are held daily from 9:00-5:00, leading up to finals week and final competition.

The crowned king will receive no less than 70 parking tickets to start off the new term. Good luck and good riddance!

On a more human note: Dennis Kluss receives the Out of Bounds "Quote of the Week" award.

"It felt like a fly!" said Kluss of the right that caught him on the cheek in the second half of last night's doubleheader. The Lane third baseman was ejected—who knows maybe the guy was only trying to help Dennis get the dust off his cap.



Tennis Anyone?

Butch Kimpton (far right), tennis instructor, participates in a three team volley drill with intermediate tennis students Santino Ingrao (left) and Rick Kispert (center).

The Commuter/DAVE CARSON

Roadrunners trip Lane in twinbill

By Matt Rasmussen
Sports Editor

Rob Carlson hit a single in the top of the 6th inning to help boost Linn-Benton to a 7-2 league win over host Lane last night. The Roadrunners topped Lane in the second game, 4-2, to sweep the Titans in a defensive doubleheader.

LB upped its league record to 6-2 and looks to Saturday's league double header at Mt. Hood.

"I was pleased with the sweep," said LB baseball coach Greg Hawk, "but then again the ballgames left a lot to be desired, we lacked intensity throughout. I'm sure both the team and I are looking forward to Mt. Hood. I think they might have even looked through these games."

LB scored one run in each of the first four innings and added three in the sixth, while holding Lane to just three base hits and two walks in the first game. Ken Nielson pitched five strike outs for the win.

In the second game the Roadrunners couldn't score un-

til the tip of the third when Dennis Kluss sent the ball over the left field fence for an HR. Carlson then took a beanball to the back for a walk to first. Singles from both Brent Vigil and Kelly Garland took him to third and Eric Badger hit a sacrifice fly to right field to bring him home.

Lane hit two doubles in the bottom of the third and tied the score, 2-2, but that was the last bit of offense LB would allow the Titans.

Gary Boyer singled to lead off the third inning. Then stole second and Dave Bartlett bunted him to third. The Lane pitching staff decided to walk Kluss after his homer in the previous inning. This led to Carlsons' third RBI as Lane walked him as well. Brent Vigil then sacrificed to center and LB led 4-2 as Boyer crossed the plate.

Jerry Howell pitched the entire second game for the Roadrunners allowing four doubles and three singles before shutting down the Titans in the final three innings.

LB plays the Oregon State JV team tomorrow at 3:00PM in a non-league game in Corvallis.

Track coaches look forward to Friday's 5-team meet

By Matt Rasmussen
Sports Editor

Dave Bakley and Wayne Fisk are looking forward to this Friday's home track meet. Competing against Linn-Benton will be teams from SWOCC, Clackamas, Chemeketa and Umpqua.

The meet will be the Roadrunner's first glimpse of Clackamas this season. Coach Bakley promises

some good competition in every event during the five-way meet.

Linn-Benton's track teams had a split performance Saturday in the Mt. Hood Relays. While the men stretched for a second place finish, the understaffed women's team dropped to eighth.

Because the competition on the track was predominately relay events,

the women's team could enter very few events and accumulated only 8 points.

"Invariably in track you play the 'numbers' game," says women's coach Wayne Fisk, "I had to leave my two distance runners at home because I didn't have enough bodies to fill out the relay."

Sherril Cook dropped almost a foot

off her shot put of last week, tossing it 35'8". In the javelin, Eunice Coy also lost some distance due to the unfavorable conditions. She threw for a fourth place mark at 111'3".

Jim Cole provided the only first place mark for the men by throwing the hammer 140'7", and was followed by Craig Yon in second with 128'6". Eric Moen leapt 6'4" in the high jump

for second place and Jay Havel 6'2" for fifth.

Wade Bakley cleared 14'6" in the pole vault for a second place finish, although the eventual winner only cleared 14'6" Bakley had more misses.

Billy Fields sailed 21'8" for third in the long jump and cleared 14'0" in the pole vault for fifth.

Ken Gramh tossed the shot 42'11.5" for fifth place, adding almost two feet to his toss last week of 41'2" that earned him a first place finish at Chemeketa.

Linn-Benton earned only 22 of their 68 points on the track. Kent Pauly netted 8 of those in the only individual running event, he took second in the 110 high hurdles with a time of 15.3 seconds.

LB sprinters finished third in the sprint medley, while the middle distance runners took fourth in both the 800m relay and the 1600m relay.

"I was really pleased with our effort," says Dave Bakley. "We had excellent concentration and intensity, and we competed extremely well."

Injuries continue to hinder the Roadrunners' season; Chris Bauer still has a hamstring problem and is uncertain for this week; Mike Burrell missed last weekend due to a sprained ankle, but is expected to compete on Friday.

Friday's meet is the only home event on this season's schedule, competition begins at 1:00 p.m.

NEW!
COLLEGE CENTER COMMONS
Breakfast Daily
7:30-9:00 a.m.

Bacon, eggs, potatoes, toast \$1.80
English muffin, sausage, egg, cheese 1.05

SPECIALS

Pancakes (Monday and Thursday) .75
French Toast (Tuesday and Friday) .75
Ham, egg on a croissant (Wednesday) 1.45



Savor Your
Mornings
in the

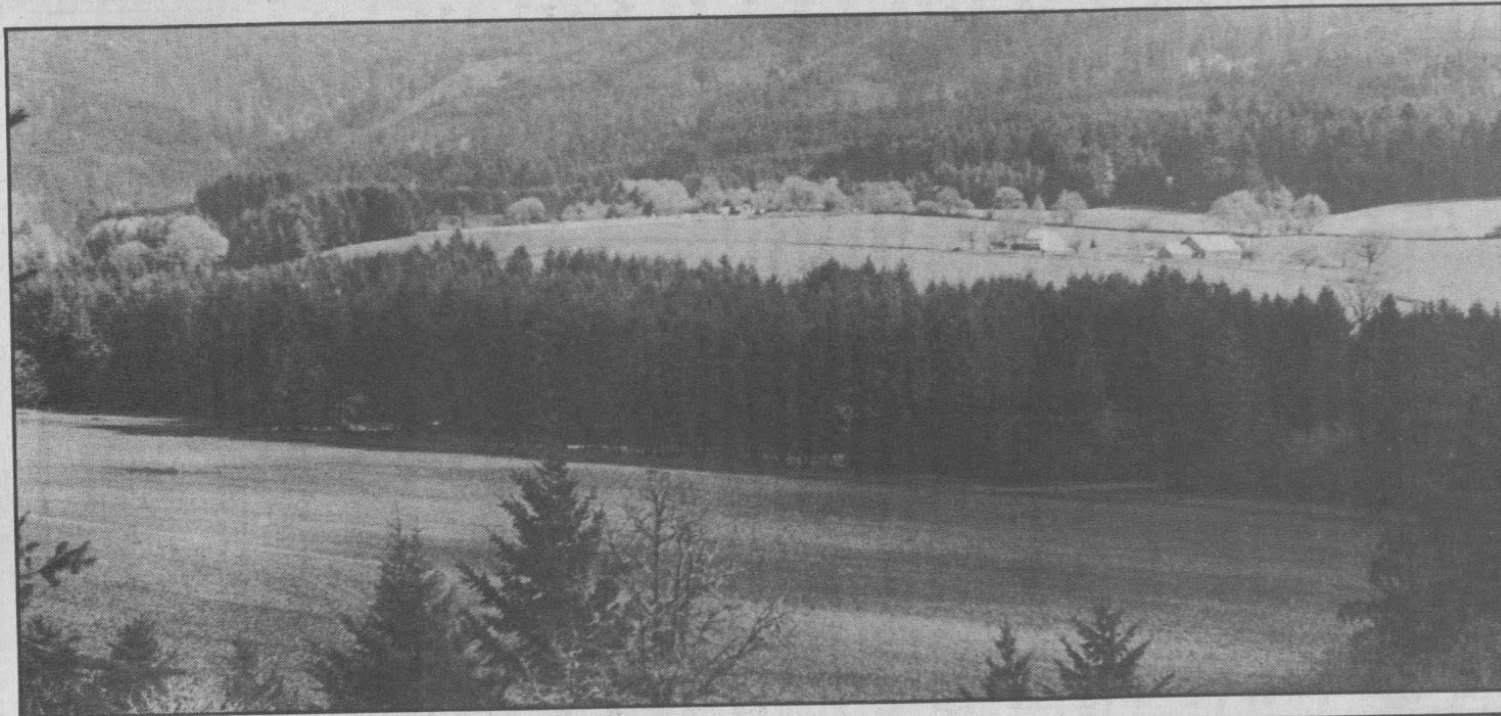
Santiam Restaurant

Now Serving Coffee and
Baked Goods from 9:15 -

10:30

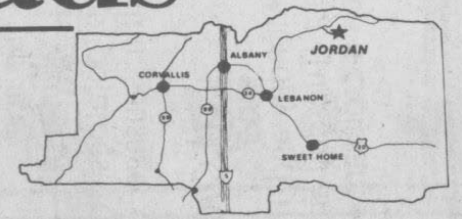
Relax and Enjoy





Backroads

Jordan



When pioneer Joab Powell and his wife traveled over the hill from their claim near Providence Church they were impressed by the valley they encountered. It is believed that as they descended into the valley which Thomas Creek flows, that Joab turned to his wife and said, "Well, Ann, we have crossed the Jordan," meaning a peaceful valley, but also comparing it to the Valley of the Jordan in the Holy Land.

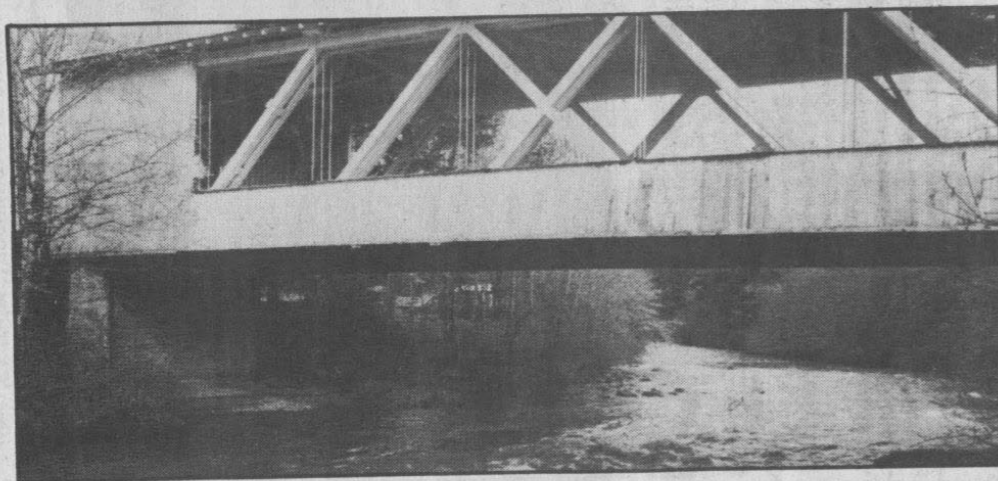
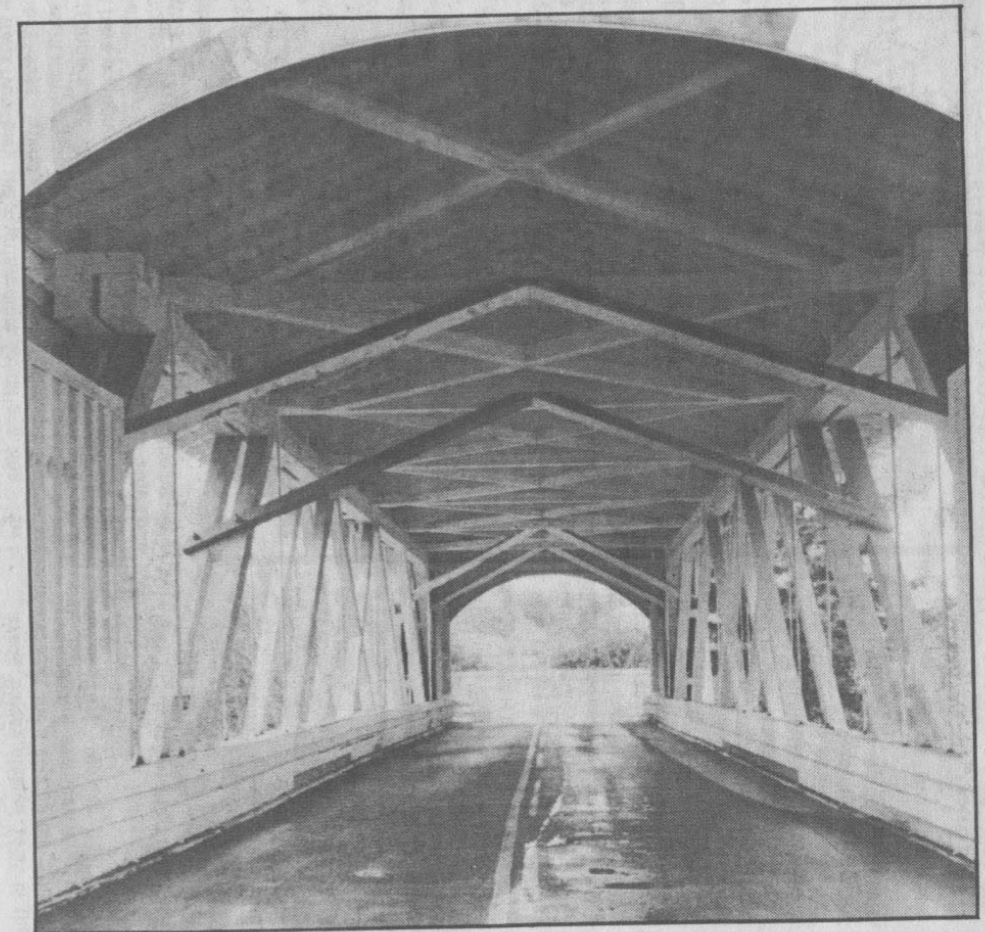
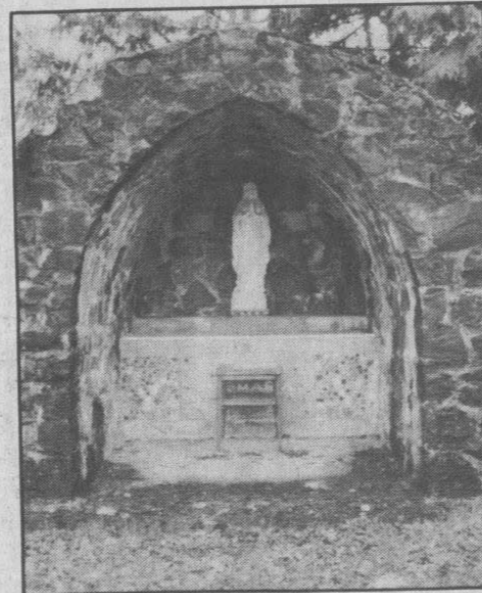
The historical flavor of Jordan is a blend of many happenings under four separate Catholic orders since the parish was established in 1884. The first priest was Father Bucholzer who had come from the mission at Sublimity. Father Bucholzer inadvertently destroyed the first church when the tall grass that he was burning got out of control and burned down the church.

In 1905 Father Henry Pelletau and a group of French Trappist monks came to Jordan and built a monastery near the site of the present church. They undertook farming, logging and mill operations, but as hard-working as they were the French-speaking monks were unable to make their projects pay.

Benedictine priests from Mt. Angel came for a 10 year stay in 1914. While they were there, they built the present church.

In 1924 priests of the Salvatorian order came to the parish and have remained. Their focus, besides ministering has been on education.

The town of Jordan never did develop. A flour mill was established in 1879, and a post office existed between 1879 and 1905. Over the years there have been a couple of stores in operation, but now there is just the church, and the farms that cover the valley floor.



(clockwise l-r) The Hannah Bridge spans Thomas Creek; a row of wooden crosses in Pioneer Cemetery; Our Lady of Lourdes Shrine at the Catholic church; Jordan Valley; crossing Hannah Bridge.

Story and Photos by
George Petroccione