

Commuter

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Linn-Benton Community College • Albany, Oregon 97321

Social Security may borrow \$850 million

By Sheila Landry
Staff Writer

The Social Security Administration is planning to borrow \$850 million from their Disability Trust Fund to supply the elderly with checks for December 1982.

According to Bob Van Hoyt, a member of Oregon's United Seniors Coalition, Social Security will need another \$4-5 billion and possible as much as \$11 billion for the elderly by June 1983.

The department will then be in the red by as much as \$100 billion, Van Hoyt figured. The Social Security Department is considering several sources of revenue to pull themselves out of the hole within the next few years, Van Hoyt said.

One possible source is a raise in taxes paid into Social Security by higher income bracket families. The tentative plan is to raise these taxes from the 31 percent now paid to 34 percent by July 1983.

Deferring Social Security recipients yearly cost of living increase until October instead of July is another source of revenue.

"This deferment plan would bring in at least \$9-10 billion in revenue if carried out for three years," Van Hoyt said.

Raising the eligibility age for elderly recipients from 65 to 68 within the next three to six years is another source being discussed.

If all these sources of money are available for Social Security there shouldn't be any fear among the elderly as to whether their checks will not come, Van Hoyt said.

Trying to relieve the elderly's fears over their Social Security checks is part of Van Hoyt's duties as a member of United Seniors and as co-chairman of Salem's Grey Panthers.

The Grey Panthers, an organization located in Salem and Portland, works to inform and counsel the elderly on their rights as senior citizens. The organization is also quite active in getting senior citizens politically involved.

"Of all the people under age 25 only 20 percent vote," Van Hoyt said. "Over 80 percent of the elderly, 65 and older, are registered voters."

"Congress would be committing political suicide if they were to stop Social Security benefits," he said. The senior citizens vote has a lot of control over the U.S. government's decisions.

Millions of senior citizens are dependent on their Social Security checks as their only source of income, Van Hoyt said. They would be out on the streets without a dime if their checks were cut.

Of the 36 million senior citizens on Social Security, 3 million survive merely on their \$122 monthly checks. Van Hoyt said two-thirds of these 3 million elderly are over 80 years old.

Inside

- Tom McCall tribute, p. 2
- French Banquet preparations, p. 3
- Street Beat gets "personal", p. 4
- Domestic violence victim finds help, p. 5
- Students discuss humanities programs, p. 7

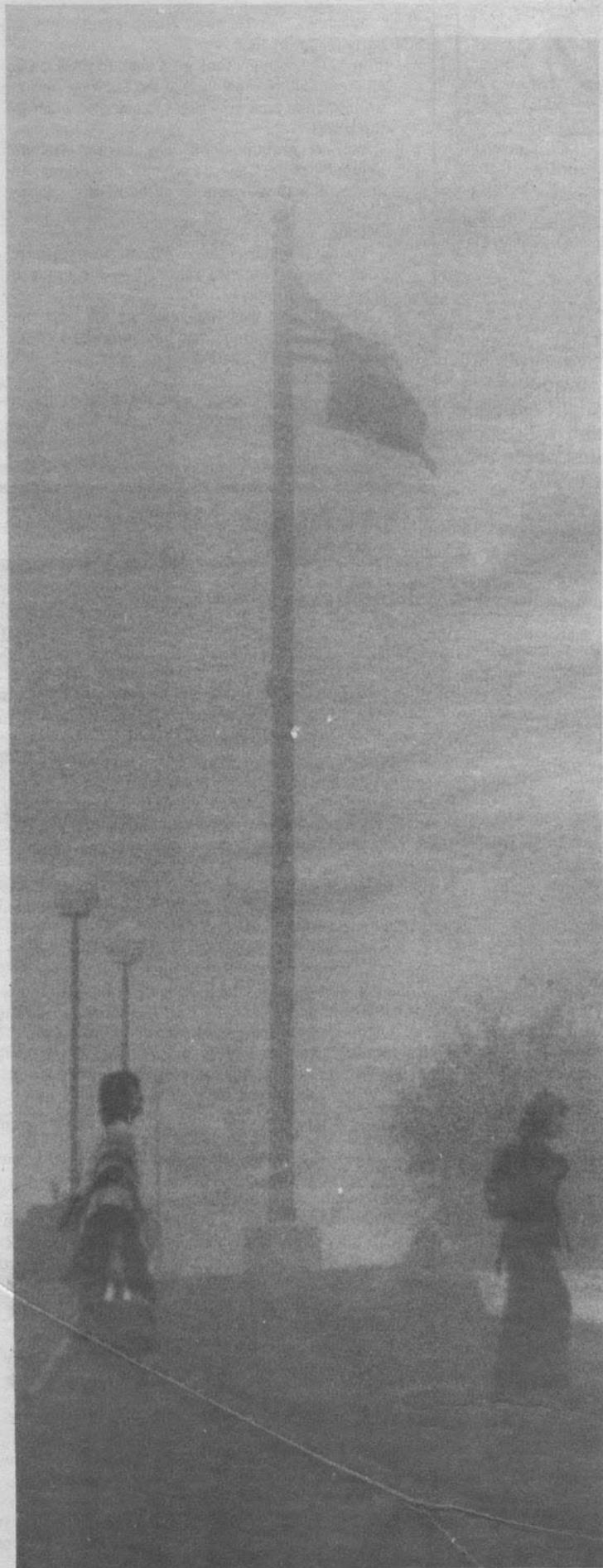


Photo by Kevin Shilts

Cold temperatures and a chilly breeze cause students to hurry their pace to early morning classes. The photo was taken in front of Takena Hall with a 200-mm lens to compress the perspective of the students and the flagpole.

Tuition

LBCC full-time tuition rates rank among highest in state

By Duane Duran
Staff Writer

Full-time students at LBCC and Umpqua Community Colleges pay the highest tuition-and-fee rate among Oregon's 13 community colleges, with both charging \$204 per term.

On the other hand, LBCC's per-credit tuition of \$17 is average, according to the 1982-83 tuition survey.

One could contribute the tuition increases to the inflation rate which has "taken over" since the college started, said Jewell Manspeaker, director of community college planning and administrative services for the Oregon Board of Education in Salem.

"One may be a little over stated by declaring LBCC as the most expensive community college," Manspeaker remarked, adding, "tuition rates have increased according to the standard cost price index where your dollar buys less, and you need more dollars."

Jon Carnahan, director of registration, insists "We are still within the board's fair share policy, in that tuition should be within 20 percent of the total school income."

Because the tuition rate is still under 20 percent of the budget, tax levies will be picking up the slack. Local taxpayers are not going to enjoy that much, said Carnahan. "It's going to be tough to convince the taxpayers to pick up the slack," he added.

Students however had to deal with three tuition increases last year alone. From fall to summer term, tuition increased from \$168 to \$204.

With the negative points of high tuition, one must wonder; is there any advantages to students who attend school here?

Jon Carnahan thinks so. "You have to look at the whole picture," he said. At LBCC there are no individual class or lab and material fees tacked on after tuition is paid.

"We don't charge extra for welding rods and towels. That's all included in the price of tuition," he explained. "Other schools may not be as generous," added Carnahan.

In the community college tuition survey for 1982-83 developed by Carnahan, LBCC's tuition rate per credit hour is average.

Carnahan added that schools such as Mt. Hood tend to "front load" part-time students with a unfair share of the cost burden. That is where the part-time student would choose to go to LBCC, he said.

ASLBCC offers Parker assistance

An ASLBCC representative has volunteered to work with other students against the prioritizing humanities-transfer lower than vocational-technology.

Joni Parker, spokeswoman for the movement, requested help at the meeting Tuesday afternoon to form a task force to attend meetings and write letters.

"I would like to work with student government on this. I invite anyone on the council to come and ask questions," she said.

Paul Anderes, Science-Tech representative, volunteered to work with Parker.

In other business, Blaine Nisson, student activities director, reported that the ACCP committee has reviewed all budget requests which should be finalized today.

Nisson also asked the representatives to establish criteria and set up guide lines for remuneration for student government representatives.

The council set the last meeting for Fall term to be Tues., Dec. 7 at 3 p.m. in the Willamette Room.

Editorial

Tom McCall: A tribute to his bold foresight



You can bury a man but cannot bury the influence of that man.

Some of us will leave behind a greater influence on our world than will others, but for better or worse, we will all leave behind some lasting impact on our world.

This editorial is a tribute to a man who is about to die, yet who's positive influence on the state of Oregon will live on in the generations to come.

Tom McCall has often been dubbed Oregon's "livability governor." Governors come and go but "livability" is something of lasting heritage. McCall's foresight brought Oregon to the forefront of the nation's attention with such landmark successes as creating the country's first bottle bill, cleaning up the industrially murdered Willamette River, and defending public access to Oregon's beaches.

Obviously these accomplishments manifest themselves in our lives daily but more importantly they stand as an inspiration for generations to come. I can't help but think that this was a primary reason for doing them in McCall's mind from the beginning.

One may ask at this point, how could I ever accomplish anything as influential as McCall's accomplishments? According to McCall's biography, it doesn't take a genius to do these and greater things. McCall like many of us, had physical and academic difficulties holding him back, yet out of pioneer motivation he overcame his weaknesses and turned them into strengths.

To Tom McCall I wish to say that after you are gone, your spirit of accomplishment will not die but will be reborn again and again in each succeeding generation of Oregonians, who will go on to protect and expand the accomplishments that you started.

K.S.



The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed through student fees and advertising. Opinions expressed in the Commuter do not necessarily reflect those of the LBCC administration, faculty or Associated Students of LBCC. Editorials reflect the opinion of the editor; columns and letters reflect the opinions of those who sign them. Correspondence should be addressed to the Commuter, 6500 SW Pacific Blvd., Albany, Oregon 97321. Phone (503) 928-2361, ext. 373 or 130. The newsroom is located in College Center Room 210.

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News Digest

USSR

Communist Party leader and Soviet President Leonid Brezhnev died of a heart attack Nov. 10. Brezhnev, who had been in poor health for years, was 75.

Brezhnev was buried next to the Lenin Mausoleum. The funeral was attended by Vice President George Bush, U.S. Secretary of State George Schultz and U.S. Ambassador to the USSR Arthur Hartman.

Brezhnev had followed Nikita Khrushchev as party leader in 1964.

In 1977 Brezhnev took on a second position as chairman of the Presidium of the Supreme Soviet, a ceremonial post equivalent to being president of the USSR.

Yuri V. Andropov, 68, was elected General Secretary of the Central Committee on Friday. Andropov is a 15 year veteran of the KGB.

Poland

Martial law authorities in Poland have released Lech Walesa who had returned to his home in Gdansk on Sunday.

Walesa, who was the leader of the now outlawed Solidarity Union, had been held for 11 months in a remote hunting lodge near the Polish-Soviet border.

The release followed a nation-wide strike on Wednesday that drew little support from Polish workes.

The move is seen by some Western observers as a conciliatory gesture by Gen. Wojciech Jaruzelski who imposed martial law last December.

Israel

The sudden collapse of Israel's southern Lebanon military headquarters building at Tyre killed 75 Israelis and 14 Arabs.

The collapse has been called an accident by Israeli officials.

Foreign Policy

On Saturday, President Reagan lifted U.S. sanctions against the Soviet's Siberian pipeline which will supply natural gas to Western Europe starting in 1984.

Goods made in the U.S., or under U.S. license, that were destined for use on the pipeline project were embargoed when martial law was imposed by Polish officials on Dec. 13.

Space Shuttle

The space shuttle Columbia blasted-off on a five-day flight Thursday, carrying the shuttle program's first commercial payload.

Two communication satellites were launched out of the shuttle's cargo bay right on schedule, but a space walk by two astronauts planned for Sunday was cancelled due to a mechanical problem with the spacesuits.

The Columbia returned to Earth on Tuesday.

Letters

Cheney challenges Parker's premise

To the Editor

While I appreciate the support given the liberal arts by Joni Parker and Daryl Monk at last week's Board of Directors meeting, and I certainly agree with them as to the importance of the humanities, I have some concern that they are operating from a premise not supported by facts.

I am not aware that there is a "threat to the survival of" or a "push to eliminate" the liberal arts at this or any other Oregon community college. A number of significant facts argue against that notion:

1. Of six instructional classifications at LBCC, the Board of Directors have listed lower-division transfer curricular core courses as having the second highest priority.

2. Enrollments in the transfer curricula at LBCC are up again this year—a trend, if I am not mistaken, common to all of Oregon's community colleges.

3. The budget for the Humanities and Social Sciences Division this year is \$980,991 compared to \$905,206 for the 1981-82 year. Our proposed budget for 1983-84, subject of course to Board approval and a successful levy election next March, is \$1,092,626.

4. Budget cuts at LBCC taken as a result of levy defeats and state revenue short falls last year were by no means limited to transfer liberal arts; in fact, both vocational programs and community education courses suffered proportionally higher reductions than did the humanities.

I'm sorry that Ms. Parker, in attempting to go through the proper channels, did not come to me. As Director of Humanities and Social Science, it seems to me my office is the obvious place to begin. I invite Ms. Parker to visit with me and the division's department chairs to discuss her con-

cerns and find ways that we can all be mutually supportive. Not much is to be gained by tilting at windmills.

Ken Cheney
Division Director
of Humanities and Social Sciences.

Student rep thanks blood drive donors

To the Editor:

I would like to thank all the people who participated in the recent blood drive held on campus. Because of you our blood drive was one of the biggest in Linn County. YOU helped make it that way, you were willing to donate your time and effort when we needed it the most. On behalf of the ASLBCC Student Activities Committee, I thank you.

Our blood drive had 155 people trying to donate blood, with 128 total units collected. I would also like to convey my thanks to McDonalds of Lebanon for donating all the punch at the blood drive. Thanks again.

Julie B. Dedman
Student Chairperson
Red Cross Blood Drive

Conner corrects interview statement

To the Editor:

Let me correct one statement in Wendy Ekenberg's interview with me, published in the Nov. 10 issue of The Commuter.

Leeds Polytechnic is not similar to a community or junior college. Rather it should be compared with a four year college in the United States. The major difference is that, normally, it takes four years to complete the requirements for a bachelor degree in the US while similar degree requirements can be completed in three years at a British Polytechnic.

Gerry Conner
Business Dept.

Industrial students applaud articles

To the Editor

We would like to recognize this year's Commuter writers and staff for the excellent articles concerning problems and growth in the Industrial-Technical programs.

The articles on industrial dinosaurs and scrounging equipment were helpful in informing other students of the Industrial program at LBCC.

Job well done and keep up the good work Commuter.

Randy Nelson
Paul Radke
ASLBCC representatives

Letters Policy

The Commuter editorial staff encourages students, staff and community members to submit letters to the editor. Letters must be typed or written legibly and signed, with a phone number and address included. Letters should be no longer than 250 words. Editors reserve the right to edit for length. No potentially libelous or obscene material will be accepted.

Correction

Several errors appeared in Duane Duran's article concerning budget cuts in the humanities division. A retraction on the following points should be made.

"Classes cut completely from the Humanities and Social Sciences are: dance, fine art, etc." Fine art was not cut completely; it was reduced slightly.

"Eleven part-time staff and two full-time staff members were cut with the class reduction." No full-time staff members were cut. One art position was eliminated with the retirement of Jim Brick; his position was not refilled. Another full-time art position was reduced as a result of Gene Tobey taking a voluntary partial leave-of-absence.

French Banquet offers nine course feast

By Jon Wittrock
Staff Writer

LBCC's Culinary Arts and Restaurant Management Department invites you and your taste buds to savor filet de sole dijonnaise, laitues vinaigrette, and other gastronomic delights at its ninth-annual French banquet, Dec. 1 and 2.

The banquet starts at 5:45 each evening in the Alsea-Calapooia Room. Entertainment will be provided by Figs and Thistles, a Corvallis group which plays baroque music.

The banquet begins with cheese ramekins, an appetizer. "Cheese ramekins are big croutons with gruyere cheese melted on them," said the head chef, Vicki Avery.

The first course will consist of Gruyere cheese which is a "light-yellow swiss cheese, very rich in butter fat, or an American cheese resembling this," according to Webster's New World Dictionary.

Consomme celestine, a clear-brown soup, is the second course.

In the consomme celestine are julienned crepes, which are formed by "cutting crepes into matchstick-shaped pieces one-eighth inch wide by one-and-one-half inch long," said Avery, a second-year culinary arts student.

Next comes a fish course featuring filet de sole dijonnaise, or cold poached sole seasoned with a light dijon mustard cream. Crab and poached julienned red peppers accompany the sole.

By the fourth course, "people's taste buds may need a rest," Avery said. Consequently, an "intermission" course of sorbet, or lemon sherbet is served.

The entree consists of boned roast quail served in a puffed pastry shell. The meat is julienned, or cut into matchstick-like slivers. A sauce of port wine, golden raisins and quail stock enhances the meat.

The starch course is rice pilaf with chanterelle mushrooms. Tomatoes stuffed with broccoli "flowerettes" and seasoned with herbed butter comprise the vegetable course.

Laitues vinaigrette, or a salad made from bibb lettuce, is the seventh course. The salad dressing is walnut oil and "real-aged red wine vinegar," Avery said. Chopped hard-cooked eggs are also added.

Hearth bread, a French bread baked "in a traditional manner with bricks at the bottom of the oven," follows the salad.

Finally the ninth course arrives: oeufs a la neige, or "floating islands," Avery said.

This dessert consists of poached meringe served on English custard and topped with vanilla custard and caramel sauces.

Sivetz, a brand of coffee developed by a Corvallis man of the same last name, follows the feast.

"Mr. Sivetz is the first man to develop a unique process by which he takes green coffee beans and puts them through a machine which removes the chaff from the bean," Avery said. This process removes the "burn taste" from coffee, she said.

Tickets for the banquet go on sale for \$12.50 on Wednesday, November 17 at four locations: the Santiam Room on campus, French's Jewelers in Albany, Sneed's Cheese and Feed in Corvallis and Mainly Miniatures in Corvallis.

"We expect to sell out this year and to have a waiting list," Avery said, adding that the banquet has sold out each year since it began.

Depending on the size of the waiting list, a third banquet may be held on Friday, Dec. 3 at 5:45 p.m.

Most of the funds from the banquet go to pay for food costs, linen and for use of the facility, said Charles Dallmann, head of the culinary arts and restaurant management department.

However, the \$1 to \$2 profit on each ticket is used by the culinary arts club for field trips to wineries, statewide restaurants and food processors by the 37 culinary arts students helping with the banquet, Dallmann said.

The banquet started nine years ago in the International Food and Beverage Vocabulary class. "The class is set up like the banquet is served; the first week students study appetizers," Dallmann said. "When the students realized they didn't have anything to apply their learning to, they came up with the idea of a banquet," he added.

Avery said students working on the banquet learn as much in two to three days as in the rest of the term. She said there is no place you can go, besides LBCC, to get experience in the specialized types of serving which the French banquet represents.

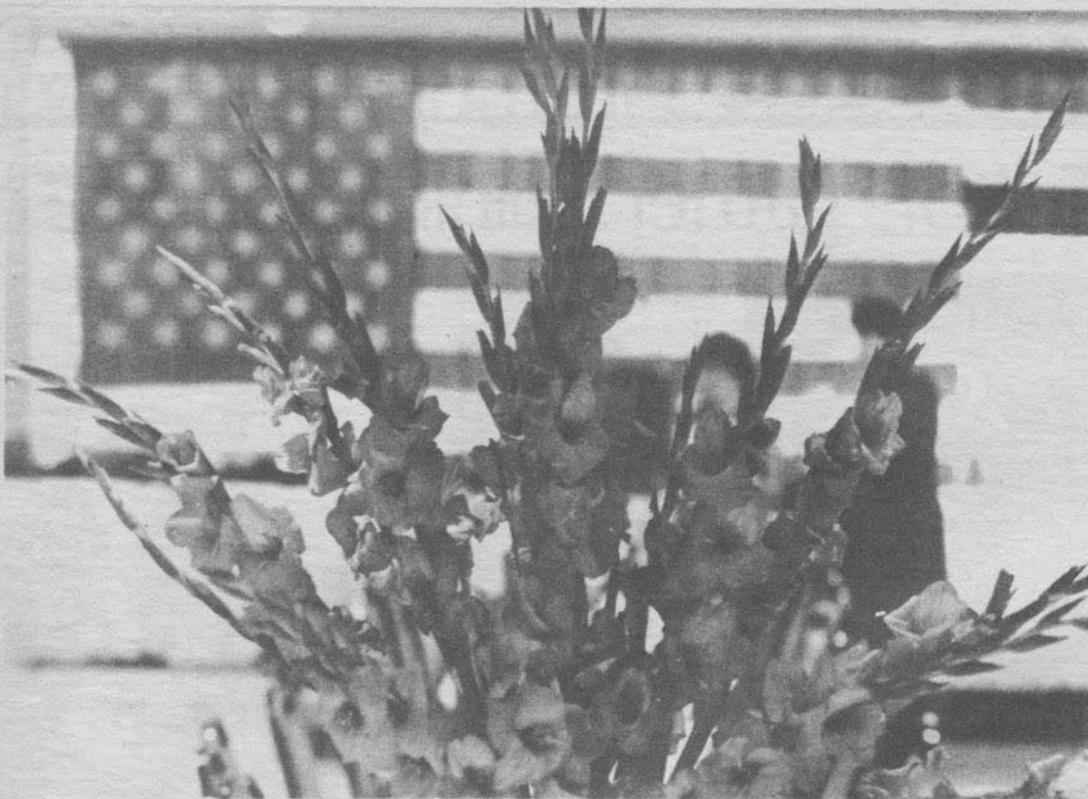


Photo by Kevin Shilts

Gladioli add to the decor at the Veteran's Day Banquet held in the LBCC Commons.

WIN A TURKEY !!



LBCC BOOKSTORE

NOV 19 AT 8:15PM
NOV 20 AT 8:15PM
NOV 21 AT 3:00PM
THE THEATRE IN TAKENA HALL
LINN-BENTON COMMUNITY COLLEGE

\$1-CHILDREN, \$2-LBCC STUDENTS & SENIORS, \$3-ADULTS. Tickets available at French's Jewelers, Mainly Miniatures, the Lebanon & Sweet Home Centers, the College Center Office, or at the door.

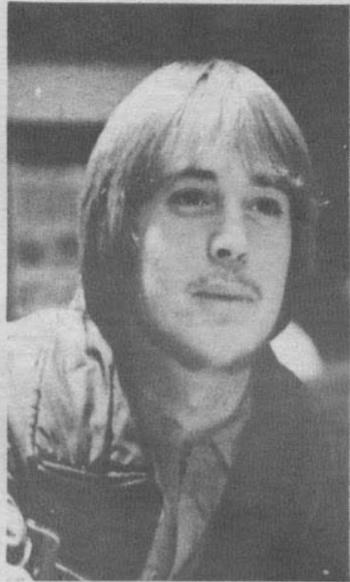
THE
HOBBIT

A MUSICAL ADAPTATION
OF TOLKIEN'S NOVEL

★ ★ PRESENT THIS AD AT THE DOOR FOR A DISCOUNT ★ ★
CHILD ADMITTED FREE WHEN ACCOMPANIED BY
★ ★ ★ ★ ★ AN LBCC STUDENT ★ ★ ★ ★ ★

Street Beat

Editors gather opinions on fate of Personals column



Michael Klapak

By Kathy Bumgarner
Staff Writer

Several members of the Commuter staff have voiced their feelings that the "Personals" column in the classified ads is increasingly being abused.

As a result of a staff discussion on whether to drop the personals column, edit it differently, or continue it "as is," the editors decided to gather more opinions before making any cuts.

The Commuter's roving reporter hit the streets to ask readers how they feel about this issue.

"I think all this 'Cutaway Kid' junk should be dropped, no offense to the individual," said Michael Klapak, a basic transfer student from Albany.

Klapak said the personals should



Joan Wood

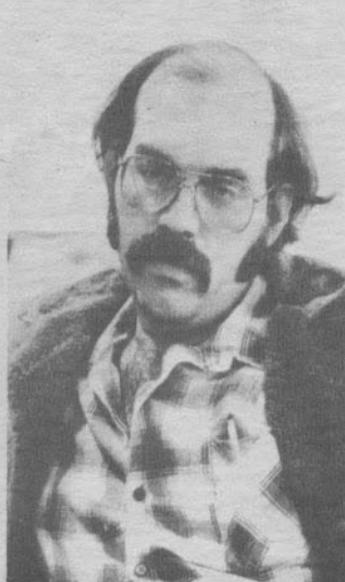
be used for something constructive, and that they should be edited with a certain amount of discretion toward the subject matter of the ads.

Klapak is not totally against non-serious ads though, and added, that the personals could be edited to allow some "tasteful" humor.

Joan Wood, a part-time student from Scio said, "The ones I've read are pretty disgusting." She said all the time spent on editing and typesetting could be put to better use than the personals column.

"It reflects on the Commuter, the community and the campus," Wood said. Since she couldn't think of any suggestions on editing or how the personals could be changed, she said she would drop them.

Edward Manner, an architect major from Corvallis said that the personal



Edward Manner

ads contain an enormous amount of "idiotic" ads, and that people who write them must be "insane."

"It really shows the intelligence of the person," Manner said. "If the ads were not idiotic, why didn't they sign their names to the ads?" he questioned.

Manner said the personals should stay in the Commuter, but should be screened leaving only the ads such as announcements, thank-yous, carpool, etc. He said the "personal" personals such as "PooHoo Pooh" and "Ding"



Dan Ehrlich

should be put up on a bulletin board instead of wasting space in the paper.

Part-time instructor, Dan Ehrlich from Albany suggested the personals be limited to situations where people have a bonafide need for the ad.

"I think perhaps some of that is a little overdone," Ehrlich said referring to several clippings of the personals ads. "Some of these could be construed the wrong way," he said.

Ehrlich also suggested the classifieds be consolidated, allowing



Doug Eriksen

the personals to become part of other columns such as Services, Misc, etc.

On the other hand, Doug Eriksen, a security guard at LBCC from Albany said the personals should be left as they are with a continuation of present editing.

Eriksen is more concerned that the Commuter does not have "Lost and Found" column. He said things have been found on campus and people should be informed of where to claim the items.

Survey finds support for student aid

Washington, D.C. (CPS)—A vast majority of Americans support federal student aid programs, and would rather see Congress cut defense programs than education, a survey by 11 education groups has found.

Federal loans and grants to middle- and lower-income students have the

support of some 75 percent of the adult population, the survey, administered by Group Attitudes Corp. of New York, found.

Eighty-one percent of the 1188 people questioned approved of federal grants for medical research. Less than half the respondents support humanities, social science and arts research, however.

About a third of the people questioned said defense programs should not be cut at all, compared to the 42.2 percent who wanted to keep education funding whole.

Fifteen percent wanted education cut drastically, while 22.3 percent wanted defense programs cut drastically.

5:45 PM • DECEMBER 1 & 2

**NINTH ANNUAL
FRENCH BANQUET**

PRESENTED BY
CULINARY ARTS AND
RESTAURANT MANAGEMENT

TICKETS ON SALE
10:00 AM, NOVEMBER 17
SANTIAM ROOM
\$12.50 EACH

ASLBCC's
Second Annual
Window Painting
Contest

November 29 thru
December 3
8 to 5 Daily

Group or Club
Competition.

Winners will be
announced
at the
Tree-Decorating
Party
Friday, Dec. 3

14 Kt. Gold Diamond
SOLITAIRE



\$188

14 kt. gold ring with a full cut sparkling diamond. Another exclusive from Harry Ritchie.

Student's Accounts Invited



Lancaster Mall
Salem, Oregon

Nordstrom Mall
Salem, Oregon

Writer finds escape, comfort in Corvallis shelter home

Center offers haven to victims of domestic violence

Editor's Note: For obvious reasons, the identity of the writer of this account has been withheld.

The fear was all around. The waiting put my nerves on edge. When will it happen? Where will it happen?

But then, it seldom happened when I was expecting it. It would happen after I'd relaxed a little, when I was slightly off guard.

The last time was Sept. 29, 1982 at three o'clock in the morning. I was sleeping, although not soundly, when I heard him enter the room. I felt the cold and the fear as he yanked the covers off the bed.

Suddenly he grabbed me, pulling me from the bed and slung me on the floor. Then the accusations started coming, hard and fast, demanding a response.

I knew if I said anything it would enrage him all the more, and if I didn't say anything, I would receive another shove or slap or even a kick.

I was trapped. There was no way to stop him. He just kept yelling, shoving and hitting.

Finally, it was over. He called me a filthy name and slammed out of the room. I just sat there on the floor waiting for the fear and the hate to subside.

In my mind the questions kept going round and round. How did I get in this mess? Why did I marry him? How can I get away from him? Where can I go? What will I use for money? What if he catches up with me?

That all happened over a month ago. I'm now living by myself and have some hope for the future.

I found a way out. I found the Center Against Rape and Domestic Violence.

With the center's help, I've begun a new life, a life without violence or fear.

During that last night I spent with my husband, the fear was almost worse than the actual physical assault.

It was that fear that spurred me into action.

When I left for school that next day, I knew I would not be back. I left with only my books and the clothes I had on because I didn't want my husband to get suspicious.

The only person that I thought might be able to help was my husband's counselor at the Benton County Alcohol Treatment Center.

He didn't have the answer to my immediate problem but he knew who did.

And that when I first learned about an organization that was designed especially for women in my situation.

The Center Against Rape and Domestic Violence provided just what I needed.

The first thing that happened was that I met with two volunteers at a local restaurant. We talked for over an hour and it was the first time I was able to talk about my husband's violence without shame and humiliation.

These women understood!

They not only understood the fear I was going through but they knew my feelings of helplessness and hopelessness.

After our conversation we drove to the shelter home operated by the center. We were welcomed by Martha, one of the shelter workers.

Martha is very gentle and soft-

spoken, two characteristics I was thankful for because my nerves were so on edge that a more brazen person would have added to my fear.

Martha proceeded to show me all around the huge house and to explain the rules.

No visitors were allowed at any time, and the location of the house was kept strictly confidential.

The door was to remain locked at all times, only to be answered by a staff member. Staff would also answer all phone calls.

If someone called the center asking to speak to a resident they would be told, "We don't give any information about any women, including whether or not we've ever heard from her. However, we will take any message, and if the woman is in

hardships I would face trying to go it on my own.

Still, all decisions were left to me. I was not pressured in any way. If I had decided to return to my husband, I would still have received the staff's help and support.

Although I was determined to make a new life for myself on my own, approximately 50 percent of the women at the shelter return to their husbands.

According to Dianna, one of the staff members, it is almost impossible to give a standard reason as to why these women choose to go back.

"I've seen a lot of women come and go here at the shelter, but I have not been able to stereotype any of them. They are all so different. Each situation is unique," she said.



"It's hard for a woman coming out of a bad situation to make it on her own, but it can be done and made easier if she has help and emotional support."

touch with us, she will get the message."

This dispatch is written on a small piece of paper and taped to the wall next to the phone.

Although these rules may sound harsh and confining, for me, they represented safety. I knew my husband would not be able to come barging in and forcibly drag me off.

I began to calm down and the fear began to recede.

The next day, I started the long and tedious process of trying to get my life in order. The first thing I needed to do was clear my head so I could think logically.

The staff was a great help with this. They helped me sort out all my options. They explained what kind of help I could expect from various social agencies and what kind of

Dianna is the coordinator of the children's program at the shelter, but like the other staff members, she also must be able to fill-in wherever she is needed.

Each of the eight staff members works one or more shifts at the shelter each week. During her shift, each worker is responsible for meeting all the various needs of every resident in the shelter, both women and children.

One of my primary and most urgent needs was financial assistance. I wanted to get out on my own but I had to have something to start with.

Adult and Family Services refused to accept my application for emergency assistance, so one of the staff members, Sue, immediately began searching for other alter-

natives until she found a resource that could help me.

"You pick up something and go with it until you track it down. I would like to see more women willing to do this," Sue said. "I want women to know that they have choices and options and that they have personal power to make decisions about their own lives."

Finding a place to live, however, was not the answer to all my problems.

The house I rented had a woodstove for heat, but no wood.

This time, Martha was there to help. She phoned someone she thought might be willing to donate some firewood. She was right.

"We have found that people in the community are very supportive. We have many individuals who donate

Although the residents are responsible for getting their own meals, when Ernie came on duty she would say, "OK, what does everybody want for dinner?" and then she would whip up a meal complete with hot biscuits and a dessert.

"I just like to cook," she said, "and the residents give me someone to cook for. Besides, they seem to really enjoy it."

Dale is the direct service coordinator for the center and it is her job to see that the staff and the volunteers are meeting the needs of the women and children they serve.

She also runs a Wednesday night support group for victims of rape and or domestic violence.

Despite her busy schedule, she too goes beyond her job related duties.

During my stay at the shelter I came down with a very bad cold and it was Dale who made the run to the store to get something for my cough.

"I like being a part of an organization that provides immediate service to persons in crisis," Dale said, "There is a wide range of things we do that is not necessarily written down somewhere."

Even Co-Director Barbara Sussex puts in extra time and energy.

When I was faced with an out-of-state check that my own bank wouldn't even cash, Barbara took me to her bank, vouched for the check and obtained my cash.

"Our organization tries to get away from the impersonal attitude of some bureaucratic agencies," Barbara said.

Deb Ross, the other co-director, is kept busy with administrative duties and community education.

Deb has been with the center since its beginning, three-and-a-half years ago.

"I've seen the center grow and develop into a very valuable and necessary resource for Linn and Benton counties," she said.

Deb said the success of the center is due to the community support they receive and the dedication of the volunteers and workers.

"Our volunteers are vital to the operation of the center. They work during the day, in the middle of the night and on weekends. They even do shelter shifts," she said.

Barbara also commented on the dedication of the volunteers and the staff, saying that the people who work for organizations like the center, don't expect to work set hours or receive good pay.

"They work for low pay or for free and do things for women because they care about them and therefore don't mind doing a little extra," she said.

While I was at the shelter, I received a lot of this caring and because of it the fear that I'd been living with, left me.

I got stronger every day as I lived in an atmosphere of acceptance and support.

By the time I was ready to leave the shelter, I knew I could make it on my own.

I also knew that I had to do something to reach other women who are staying in violent situations because they're afraid to leave.

I decided to tell my personal story, hoping that it will show these women there is a way out.

That way is through the Center Against Rape and Domestic Violence.

Vice President Keyser: A man of action at work or play

By Linda Hahn
and Les Wulf
Staff Writers

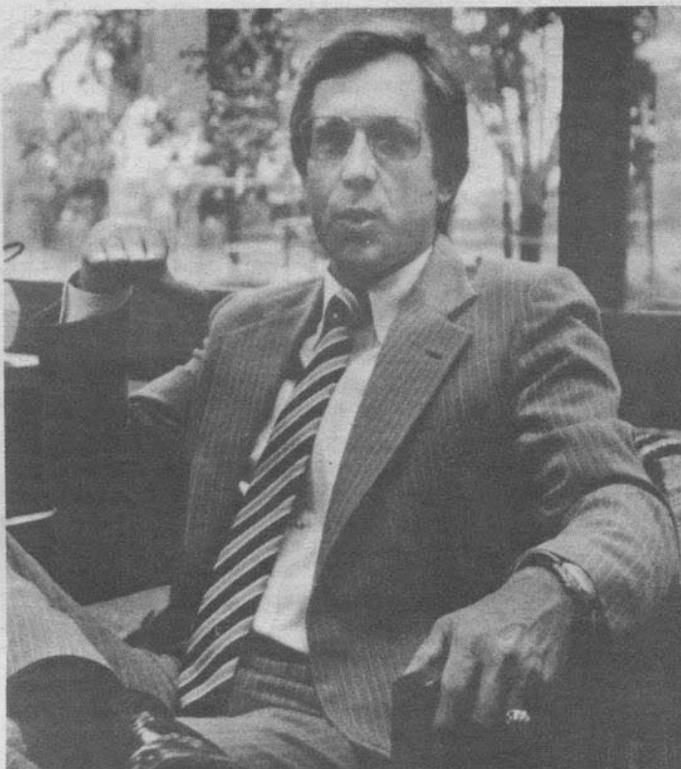
The new Vice President of Instruction, John Keyser came to LBCC last July as a veteran college administrator bringing with him a variety of credentials.

After holding administrative positions in one university, then two community colleges, Keyser spent five years, from 1977-1982 as dean of research and student services at Mt. Hood Community College in Gresham, Oregon. During that time, Keyser helped establish the Mt. Hood Jazz Festival to benefit the community in two ways—the festival will bring an annual cultural event to the area and the profits from the festival will be split with the college foundation and financial backers.

The first Mt. Hood Jazz Festival was held last August in the community college football stadium. Each of the five performances averaged 4,000 people which is a success by Keyser's terms. "We received very good reviews on the music," he said.

"It was an extremely exciting and fulfilling experience," Keyser said of the years he spent working with the community and the Gresham Chamber of Commerce arranging the event.

Though Keyser has lived west of the Mississippi since his early college years, he is originally from a small city in upstate New York, called Fredonia. After spending his freshman year at Wooster College in Ohio, he transferred to University of Colorado in Boulder. There, he earned three degrees in ten years—a bachelors in political science, a masters in counseling and a doctorate in com-



John Keyser

Photo by Kevin Shilts

munity college leadership.

When Keyser was the assistant director of admissions at the Denver campus of the University of Colorado, he decided that the university was not where the action was. "The university was not where the growth, development, and excitement were happening," he said. Keyser's determination to be involved with community colleges, led him to the same leadership program President Thomas Gonzales attended, though at a different time.

"I'm very excited to be at LBCC. It is a high quality community college. I'm eager to get started solving the problems with the community, with morale and with inconsistency in areas," Keyser said. He cited Linn-Benton's excellent management team, a strong faculty and an excellent facility coupled with concerned community support as LBCC's strong points.

As Vice President of Instruction, Keyser will coordinate instructional areas by working with personnel to develop budgeting priorities along with long range instructional plans.

Keyser has also accepted some of the responsibilities of a dean of students. He will integrate student services with instruction. Keyser will handle major student problems through the channels of appeal. The Association of Co-Curricular Programs committee is Keyser's responsibility also.

Keyser commutes from Wilsonville, a town north of Salem where he and his wife Marilynne and two children, 12 year-old Amber and 14 year-old Brandon, live.

Together they enjoy river rafting and found time to go three times last summer. Keyser also enjoys downhill and cross country skiing and fly-fishing for steelhead.

Engineering and business profs best paid

Engineering and business professors are the best-paid public college teachers, according to a new survey of faculty salaries.

The survey, conducted jointly by Appalachian State University, the College and University Personnel

Association and the American Association of State Colleges and Universities, found that full engineering and business professors averaged \$32,841 last year. That puts them some seven percent higher than the average public college professor,

who last year made \$30,739.

Computer science profs were the next best-paid, making \$31,968. Economics professors averaged \$31,353, the fourth-best rate.

Art professors are the worst-paid, making \$29,519.

The new assistant professors public colleges hired last year were ranked similarly. Foreign language, English, history and other liberal arts assistant professors were paid the least, while business and engineering assistant profs made the most.

Newly-hired assistant profs on the 204 public campuses that responded to the survey averaged \$19,770 last year.

Faculty members on all U.S. campuses—both public and private—enjoyed salary hikes slightly higher than the inflation rate.

Etcetera

Tutors needed to teach English to Asians

Volunteers are being sought for tutoring Southeast Asians in English as a second language.

The tutoring will be on a one to one basis in the student's home or wherever the tutor and student agree as the best place.

No experience in tutoring English is necessary, only a desire to work with a person from another culture.

The tutoring will last approximately three hours a week for three months—three weeks prior to Christmas and about two months after Christmas.

Interested people should contact Tom Cope at extension 442 or 259, 1:30-5 p.m. or 451-1014, 9 a.m. to noon at, the Lebanon Center.

College warns against fraud calls

The Public Information office warns against area women participating in false surveys on birth control.

Recently, an Albany woman received a phone call from a man who claimed to be conducting a survey on different methods of birth control. He asked personal questions and claimed to be acting on behalf of the college.

No such survey is being conducted by the college, said Kay Chapman, of the Public Information Office.

"So far this year we've only had one complaint, but last year there were several," Chapman said. "We thought we should warn people early this year."

Women receiving calls of this type should hang up immediately and notify their local police, she said.

Chapman also asked that the college be informed also.

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A crowd of about 40, gathers in the Commons to discuss the future of humanities courses.

Photos by Kevin Shiits

Parker channeling her concerns to campus groups

By Linda Hahn
Staff Writer

One of the students who addressed the Board of Education last week about her concerns for the future of humanities and transfer courses at LBCC has continued speaking to other campus groups to spread her message.

Joni Parker said that the results of Ballot Measure 3 may trigger further cuts in humanities and transfer courses. She started talking to students staff and administrators at LBCC and deduced that humanities and transfer courses may receive a lower priority than vocational courses. This could lead to cuts when the college budget is developed, she

said. After talking to state representatives, Parker felt there may be a state wide trend to narrow the scope of community colleges, leaning towards vocational-technical rather than humanities-transfer.

Parker said she was not aware of plans for a "sudden, wholesale elimination of transfer humanities courses," but fears future gradual erosion by placing vocational-technical at a higher priority.

Parker said she is a firm believer in action before the fact and spoke to a group which is making recommendations for prioritization of programs.

On Monday, Nov. 15, Parker addressed the Institutional Advisory Committee, a closed, campus-wide representative group appointed by

President Thomas Gonzales. The group receives input from their constituents and makes recommendations to Gonzales about campus concerns. Areas they are presently addressing are the role and mission statement of the college, prioritization of programs and the 1983-84 budget.

Parker said she is concerned about the system the group is using to determine a program's value. "Transfer and humanities courses should not be judged by the same yardstick that vocational-technical courses are judged by," she said. A vocational-technical program is considered valuable because it leads directly to jobs. And that program may not be available at other colleges, she said.

According to Parker, this framework is not adequate for transfer-humanities as they don't lead directly to jobs and are offered at most colleges.

"How do you judge the effectiveness of drama or social psychology? By how it will open up minds and teach us to live ably in this world? Those are hard things to gauge," she questioned.

Parker said that during the meeting, input on prioritization was a big discussion point.

"People were confused about the role of the committee. They didn't seem to know whether they should constantly concede to Gonzales' wishes or define their own role and act on it," she said.

Gaining alternate funding for the college was another point Parker said she brought up to the Institutional Advisory Committee. "Targeting an area for cuts doesn't generate funds for the school or the program. That tactic narrows the scope of the school and lessens the base of support," she said. Parker said she advocates across the board cuts for all programs if and when cuts are made.

"Ultimately, we've got to get funding for every student, no matter what the course of study," Parker said.

Parker met with other concerned students last Friday in the Commons Room. Forty people attended including State Representative Mike McCracken.

"I came so I would be informed. I'm not trying to intervene in the college's decision, but I think it's important to know how students feel about comprehensive education at LBCC," Mc-

Cracken commented.

At the meeting, Parker discussed a possible change in the college's role and mission. One student said that since the school is supported by property taxes, the community should have some means of input to express what they want from LBCC.

McCracken agreed, "The community ought to be part of the process, especially if they are asked to raise the tax base."

Parker suggested that a survey be distributed on campus and throughout Linn and Benton counties to assess community needs.

Parker also spoke about the affordability of the community college as compared to the university. "If transfer classes are not available to students for the first two years of their college career, many would not be able to go as the universities are too expensive," she said.

Marilyn Wagener, a 1976 LBCC graduate and an Albany resident, agreed with Parker.

"This atmosphere is so conducive to women returning to school. I would

nate to see women channeled into vocational-technical," Wagener said.

"I have two daughters who will be entering college soon. If this option (LBCC) is eliminated, they may not be able to go," she continued.

The method of funding LBCC and other Oregon schools is not appropriate, Wagener said. "As long as education is tied to property taxes, education will be second best," she said.

One of Wagener's daughter's also attended the meeting. Kim, 16 and a junior at South Albany High School, wants to be a teacher and plans to attend LBCC then go on to a university.

"Lots of people from South plan to come to LBCC to get their basics down," she said. If LBCC does not offer the courses she needs, she said she may have to settle for a job requiring less education.

Parker scheduled another informal meeting for this Friday at 2 p.m. in the Commons underneath the clock. Parker invited school board member Herb Hammond who has expressed an interest in meeting with students.



Joni Parker heads meeting of concerned students.



Mark Nestlen addresses the crowd.

Etcetera

'Arsenic and Old Lace' at OSU

Joseph Kesserling's *Arsenic and Old Lace* will open Friday night at 8:15 in the Mitchell Playhouse on the Oregon State University Campus.

This comedy classic, first produced in 1941, revolves around a plot-line which finds two spinsters whose bizarre favorite "charity" is putting lonely elderly men out of their misery.

The play will run Nov. 19 and 30 and Dec. 2-4. Tickets are on sale now for \$5 (main floor) and \$4 (balcony). OSU students receive a \$1 discount on each ticket price.

Mitchell Playhouse's newest director, Charlotte Headrick, makes her OSU debut with *Arsenic and Old Lace*. Her cast includes: The Brewster Family: Sarah Jo Dresser as Abby, Kelly McGibbon as Martha, Scott Crisp as Mortimer, Brad Detering as Johnathon, and Guy Cox as Teddy. John Rocha portrays Dr. Herman Einstein with Jennie Sue Baglien as Elaine Harper. Cody Sorenson, Grant Yoakum, David Christenson, and Jim Mayo play four of New York's finest policemen. Thomas Hall plays Mr. Witherspoon and Gray Eubank of Inspector Hound fame, as Mr. Gibbs. Micheal Beachley, a member of the OSU faculty, rounds out the cast as the Reverend Dr. Harper.

State distributes consumer guide

Atty. Gen. Dave Frohnmayer and State School Supt. Verne A. Duncan today announced the availability of "The Read This Before You Sign Anything Book," a 47-page booklet published by the Consumer Protection and Services Section of the Department of Justice for Oregonians to use as a reference guide before, during and after making purchases in the marketplace.

The booklet, which will be distributed to high school students throughout the state, contains helpful information on a wide range of consumer problems, such as deceptive comparative pricing, phony contest and surveys, "free" gifts, pyramid sales, credit cards, collection tactics, door-to-door and telephone solicitations, warranties and guarantees, and what to do with a consumer complaint.

Frohnmayer added, "This is the first time a publication of this nature has been produced for Oregonians. I hope the booklet will prove to be a very useful tool for Oregonians to use when addressing consumer questions, concerns and complaints."

Individual copies of the consumer guide are available from the Department of Justice for \$1.50 per book to offset printing and mailing costs. Individual booklets may be ordered by sending \$1.50 per copy to: Oregon Department of Justice, Consumer Protection and Services Section, Justice Building, Salem, Oregon 97310.

DPMA sponsors computer fair

A two-day conference on "The Versatile Computer of the '80s," will be held at LBCC, Friday and Saturday, Nov. 19 and 20. The conference is geared to both the "veteran" and the beginning micro-computer user. The second annual conference, sponsored by LBCC's student chapter of the Data Processing Management Assoc., highlights both business and personal/home micro-computers.

Friday's agenda includes six business-oriented seminars covering three for those wanting introductory information and four for those who want more detailed information about specific business applications.

In addition, a vendor's show will be open 9 a.m. to 5 p.m. on Friday, displaying innovations in the micro-computer industry. Fees for Friday's seminars are \$7.50 per single seminar and \$18 for the entire day. Registration begins at 8:30 a.m. in front of Boardrooms A and B, College Center Building.

Saturday's agenda is a free home computer fair with demonstrations by local vendors, users groups and micro-computer enthusiasts. Presentations highlight such uses as computer-aided education, home business and finance, and computer games. The fair is open to the public 10 a.m. to 4 p.m.

All seminar events will be in LBCC's College Center Building. For registration materials or more information, call Gladys Norman, 928-2361, Ext. 175.

Sale Ends November 20

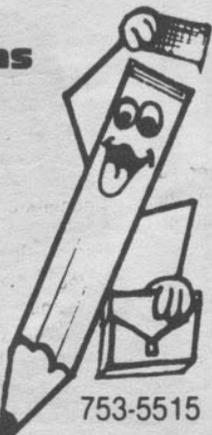
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Studying tips given to procrastinators



Photo by Steve Wilson

Sue Mulholland studies in the library. Avoiding procrastination is the key to successful study habits.

Does temptation always get the best of you? Are you an experienced procrastinator? Are you often a victim of cramming?

With finals coming up faster than you think, it would be beneficial for you to start preparing now instead of being overwhelmed at the last minute.

The Developmental Center offers some tips on how to start preparing now for an upcoming test.

Jerry Johnson, Instructional Support Services Director, who is located in the center, says this can best be explained by some basic do's and don'ts.

*Do budget your time. Think in hours instead of weeks.

*Do establish borders when deciding how much to study.

*Do review the same way you studied at the beginning.

*Do prepare for an essay exam no matter what type of test is to be given.

*Don't lump all your studies in one time period.

*Don't overemphasize one class.

*Don't forget about vocabulary and special terminology.

When preparing for finals there are two major factors to always keep in mind.

"Know the material and make sure that you will be able to demonstrate your knowledge of the material," said Johnson.

You must remember that there is no real secret to taking tests. It all depends on you and how you use your time to the best advantage.

Dallmann cites growth in restaurant industry

Culinary Arts enrollment on increase

By Jamie Adams
 Staff Writer

Growth in the restaurant industry has triggered a 71 percent enrollment increase in LBCC's Culinary Arts and Restaurant Management Program this year, according to Charles Dallmann, Culinary Arts instructor. The program has jumped from 12 students in 1981-82 to 37 students this fall term.

In the next few years the demand for chefs and cooks will outweigh the supply, Dallmann said.

"There is a demand for qualified people and you can advance rapidly,"

he said. Good skills and intelligence are required for entry into the profession, according to Dallmann.

Some of Dallmann's students who have graduated from the program make \$14,000 as chefs or cooks in their first year. The highest pay now is \$40,000, he said.

LBCC has placed graduates in Corvallis, Albany, Portland, Lincoln County and Central Oregon. Some work at the Tower of London, the Elks Club, Wendy's, Salishan Lodge and French restaurants in Portland. They fill the positions of kitchen managers and cooks, Dallmann said.

Dallmann said that students who have worked in a restaurant at the age of 15 or 16 have an advantage over new students because they know the inner workings of the complicated restaurant business.

Dallmann said that the Culinary Arts Program has changed "drastically" since he arrived nine years ago. At that time Culinary Arts was a one-year program with Cooking I, Cooking II, and Cooking III certification.

Culinary Arts is now a two year program which offers an Associate of Arts degree in three different majors.

All first-year students take the same core curriculum. It includes skills in sanitation, safety, short-order cooking and table service. In the second year students choose their major.

Hotel and Restaurant Cooking gives the students basic culinary skills and increase their knowledge of cooking.

Chef Training is for students with high grades and advanced skills. This course combines advanced cooking techniques with application of courses in menu planning and kitchen management.

Restaurant and Catering Management emphasizes training for line management of restaurants, catering firms, resorts and clubs.

Culinary Arts students prepare and serve 400 meals a day in the college cafeteria and Santiam Room Restaurant. Full-time students spend about 22 hours a week in the cafeteria, and six to nine classroom hours attending lectures and demonstrations, Dallmann said.

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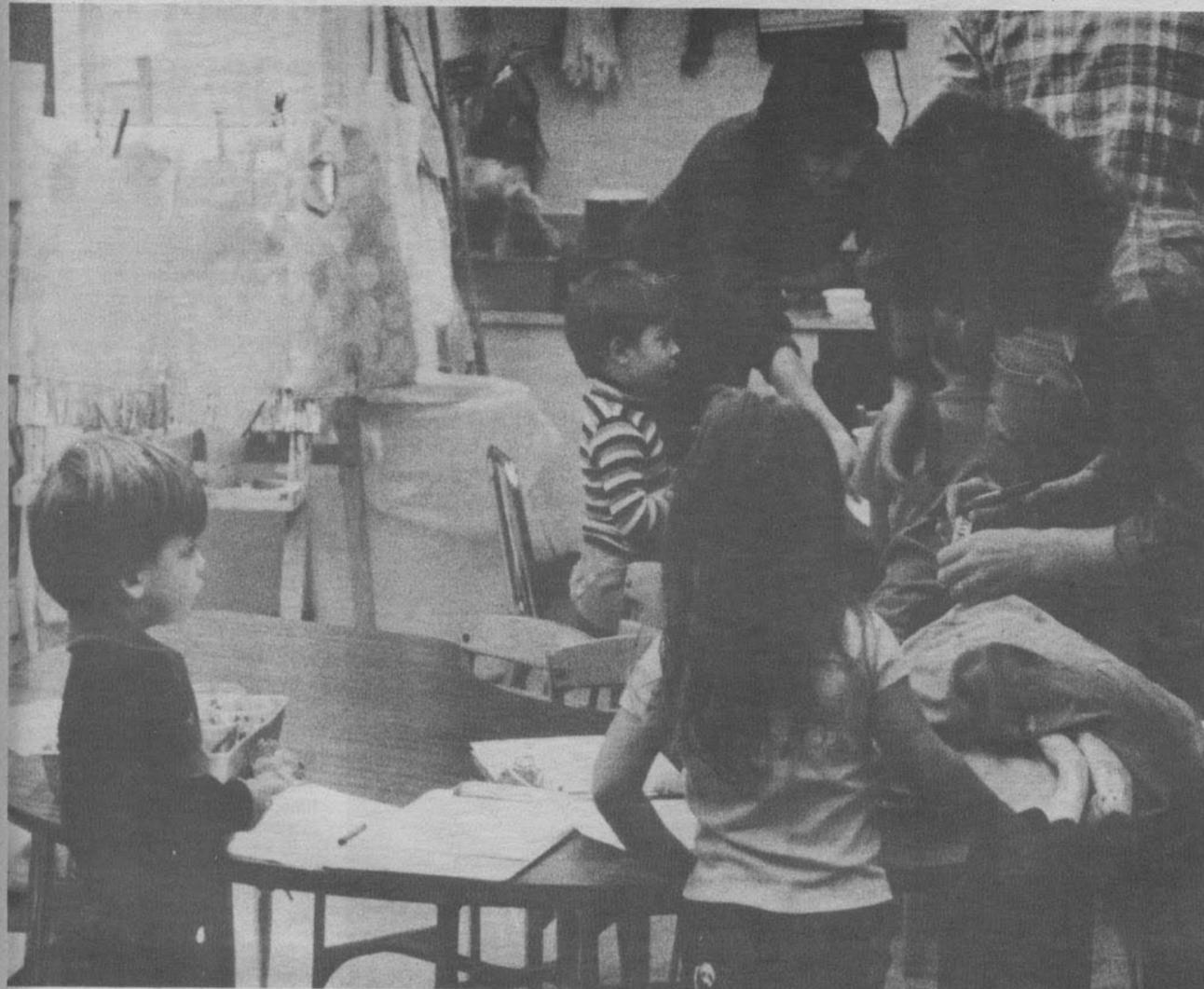


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Child-Care Lab provides lab experience as well as daycare



By Karen Kirk
Staff Writer

The Child Care lab, located in the Industrial Arts building, serves a dual purpose. It provides lab experience for various programs of study and daycare for preschool-aged children.

According to Louise Johnson, instructional assistant, the lab is used for three different classes; Early Childhood Lab Experience, Supervised Placement and Living and Learning With Your Preschooler.

The lab also provides daycare facilities for the children of LBCC students and staff, Johnson said.

"This is the first time the staff has been offered the opportunity to use the lab," said Johnson.

In addition to running the lab and conducting the parent seminars on Mondays and Wednesdays, Johnson is working on her doctorate in Child Development at Oregon State University.

The lab observation room is equipped with sound and is used by several classes other than parent education, such as anthropology, nursing and Child Development.

"In the past, we've also had psychology students use our observation room," Johnson said.

But according to Johnson, the lab is primarily designed to help parents learn how to interact and communicate with their children.

"During our seminar, the parents plan the children's activities and discuss common problems," Johnson said. "This is a true co-op, with the parents actively involved."

Johnson's goal involves more than just the parent-child relationship. She also encourages the parents to become supportive of each other.

"A large percentage of our parents are single and they need the support they can get from each other," Johnson said.

She said it costs approximately \$275 per term to enroll one child in the lab.

Besides the cost, the parent is also required to register for Living and Learning With Your Preschooler and work three hours a week in the lab.

"We try to have four parents every hour plus myself. That's a lot of supervision and support for the children," Johnson said.

Photo by Steve Wilson

The campus child-care lab hosts a variety of youthful activity.

Students overcome by mounting academic and economic stress

(CPS)—College counselors report another epidemic of student stress this year as more and more students worry themselves into depression over the sluggish economy, depressed job market, and mounting academic pressure.

Counselors first noticed last year that money- and career-related worries were contributing to a dramatic increase in the numbers of students using campus counseling centers.

The same worries pushed campus fighting, drug and alcohol abuse, and even suicide statistics up to record levels.

While it's too early to assemble statistics for this year yet, counselors across the country say the pattern has continued into the fall of 1982. But the patterns are changing subtly, they say. Some even see hope that increasing student political activism may signal better campus mental health in the near future.

"We are indeed seeing more stress again this year," says Susan Bowling, president of the American Personnel and Guidance Association's college counseling division.

"With the continuing increase in unemployment and more and more competition both in school and in the job market, students are realizing that a college degree doesn't necessarily give them more stability in life," she explains.

"Students are seeing their friends, neighbors and even their parents out of work," she adds. "They see more and more that it can happen to them."

"Things are a little heavier and a little tougher this year," confirms Don Kees, director of the University of Idaho counseling center. "We've had funding cuts, raised student fees, and we have 600 more students."

"It's like jamming a few more pounds into the pressure cooker."

At Yale, counseling and placement Director Ed Noyes is seeing more "frantic" students, and thinks "this is going to be a particularly tough year for students."

And after a dramatic increase in counseling visits last year, University of Wisconsin-Madison Dean of Students Paul Ginsberg doesn't "see any diminishing of student stress this year."

"Our services are being used to the max and taxed to their limits," he reports. "Tuition has gone up, jobs are very hard to

get, and there are fewer student loans available."

At Arizona State, "we're seeing about 2,000 people a year, and we expect that to go up this term," says Thomas Cummings, counseling center director.

"We're seeing more depression and frustration. Students are waking up to the fact that just getting a degree isn't enough any more. They see very clearly that they can't just go to class, but must come out knowing something."

UCLA counselors have "also seen a big increase in the numbers of students reporting physical side effects from stress: high blood pressure, headaches, stomach problems and a lot of psychosomatic problems," says counselor Bill Hessel.

Indeed, violence among students continues to increase as tempers shorten and anxiety builds, counselors report.

Bowling has even noted students show "a greater intolerance of diversity. The pressure and frustration seem to be causing some students to resent minorities, who they feel get special treatment through affirmative action programs."

On the other hand are students who Bowling says essentially deny stress.

"It's what's been called 'The Titanic Effect,'" she says. "We have some students saying, 'Yes, the world's gone to hell, but I won't. I'll survive.' They under-react, which can be just as bad as over-reacting. In essence, they've built for themselves a first-class cabin on the Titanic."

Other students cope by staying at home longer, a phenomenon Bowling calls "extended adolescence." More students "are living with mom and dad all the way through college."

Student suicides have also increased dramatically in the last several years. Campus counselors worry that the stress epidemic could push the suicide rate higher.

"Changing family situations, pressures to achieve, increased mobility and a lack of intimate contacts" all contribute to suicidal impulses, says Julie Perlman, head of the American Association of Suicidology in Denver. Therefore, college students make almost-perfect suicide candidates.

"We haven't had a serious increase in suicides this year,"

reports Murray DeArmond, student health services director at Arizona, "but we're averaging about two or three a year."

An Arizona suicide early this fall, notes Dean of Students William Foster, "made everyone a little more sensitive to the problem, and caused us to be extra watchful for depressed and suicidal students."

Michigan State just had a student suicide, although officials there are still investigating the reasons the 22-year-old engineering sophomore took his own life after a drunk driving arrest.

And at Idaho, student suicides increased 30 percent last year. Counselor Kees sees "no change in the tempo this year."

The national average is two-to-four suicides per 10,000 students, with 15-to-20 attempts. Suicide is the second leading cause of death—behind accidents—in the college-age population.

"But we are seeing some hopeful things this year," Bowling cautions from the gloom. "Students are venting their frustrations and trying to get control of their lives by getting involved in issues again. We're slowly seeing the re-emergence of campus protests on things like nuclear energy, student aid cuts, and the draft."

Arizona's Foster also notes "more political activity. The stress and the problems have also galvanized the student body. This is the first year in a long time that I've seen a lot of political concern and involvement."

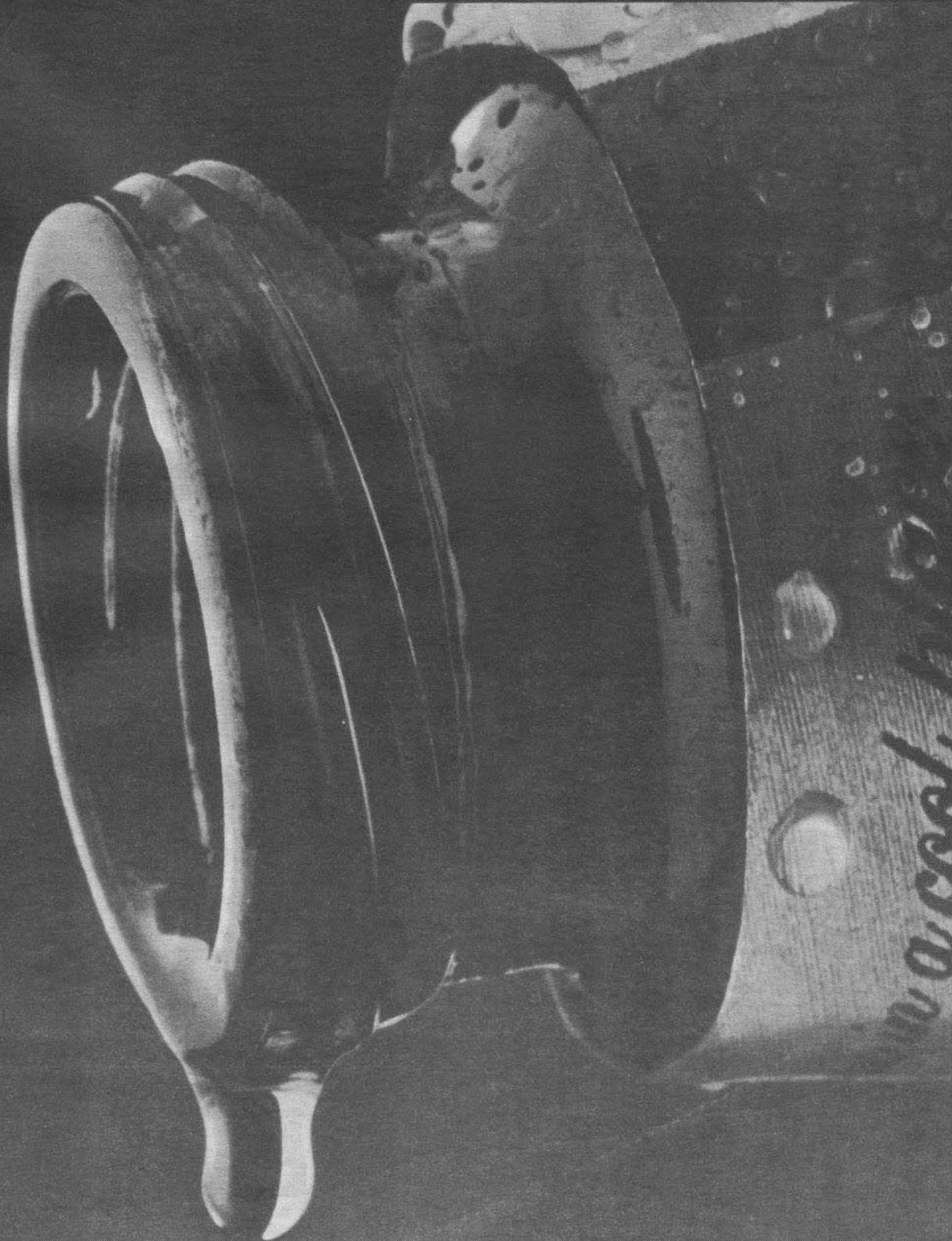
"More students are talking about their frustrations and problems," Bowling adds. "We have a very psychologically-aware generation of young people coming into college, and they aren't afraid to seek assistance."

"We're seeing much more acceptance of our counseling services," Foster agrees.

Ginsberg also notes "more and more young people are realizing it's okay to get depressed, anxious and even have suicidal thoughts, and that it's okay to get help for these things."

At UCLA, "students are seeing you don't have to be on the verge of suicide to come in," says Hessel. "They're coming in to deal with here-and-now practical realities. Maybe that's the only way we'll ever get this thing under control."

MICHELOB



Some things speak for themselves

Facilities monitors energy use

By Steve Lewis
Staff Writer

The facilities division will be testing a motion detector device this year that may replace the familiar light switch in classrooms.

The devices are expected to save electricity by turning off the lights whenever the room is empty.

Ray Jean, director of facilities, said the school will test two devices sometime this year. A meter will be used with these two devices to measure the energy savings.

The motion detector switches come in two sizes. The small-room size costs \$92 and the large-room size \$140, Jean said.

The devices turn the lights on when movement is detected in the room. The lights will stay on as long as movement is detected and when no movement is detected for a period of time, the lights will go off.

In a related conservation measure, Jean said he is also looking into generating electricity using natural gas.

The school now pays a minimum charge of \$3,800 per month for natural gas, even though during the summer the school doesn't use that amount of natural gas.

Jean said the school plans to use an amount of natural gas available within the minimum quota to generate electricity.

The electricity will be sold to Pacific Power and Light Company to offset the school's regular bill.

The generator will cost \$20-22,000 and is expected to pay for itself in one to one-and-one-half years.

This year LBCC has budgeted \$224,000 for electricity and \$180,000 for natural gas and oil.

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Sports Roundup

Linn-Benton cross-country teams to travel to Northwest Championships in Tacoma

The 1982 Northwest Cross Country Championships will be held Saturday in Tacoma, Washington.

Linn-Benton's mens' as well as the womens' teams have qualified for this season's ending event.

Sandy Ragan, LB's top female runner, will be leading the team. Other runners from LB's lady's team are; Myra McGarry, Debbie Long, Denise Conrath, and Lori McFurland.

For the men, Dave Kiekel, will head the Roadrunners' attack. Other members of the men's team include; Dave Bard, John Randall, Mark Edwards, Eric Starr, and Steve Stearns.

The top three teams from Washington will be battling it out with the top three Oregon teams. Lane and Mt. Hood will be joining LB as the Oregon teams.

The meet begins at 1 p.m. near Tacoma at Fort Steilacoom Park.

LB's fourth annual Turkey Trot scheduled for next Tuesday on the Roadrunner track

With the coming of another Thanksgiving holiday, the coming of another Thanksgiving Turkey Trot is on the horizon at LBCC.

This fourth annual event will take place next Tuesday and is sponsored by the LBCC Intramural Department.

The trot will begin at 12:15 p.m. at the track and will continue on a prescribed course of approximately two miles.

Any student, excluding varsity cross country run-

ners, who is currently enrolled at LBCC or is a staff member, is eligible. Top finishers will receive turkeys and pies.

Entry forms can be picked up in the Activities Office and must be turned in by 10 a.m. on the morning of the race.

Entry fee for the race is one can of food which will be donated to needy organizations around the community.

For more information contact Kathie Woods in the Activities Office.

Opinion

Intramural program slammed by LBCC student

Dear Sports Editor:

I am writing this letter to express my views on intramural sports at LBCC.

I am currently enrolled as a sophomore here at LB after completing my freshman year at Umpqua Community College in Roseburg.

The comparison of the intramural programs between these two schools is quite simple. There is none.

While attending Umpqua I was involved in a very competitive intramural program. It was also very organized which is a must in producing a successful program.

Since arriving at LB I have noticed the lack of a high quality program.

At Umpqua there were approximately 200 students participating in intramurals each term. I see no

reason why LB cannot have a successful program with good student involvement.

Umpqua is not the only community college in Oregon that has a successful program. Lane in Eugene, along with Central Oregon in Bend, are a few other examples where a successful program is a way of the school's life.

Some of the sports that we had at

Umpqua were as follows: flag football, basketball, and softball.

I think that a good intramural program is needed in college. It gives the students who aren't talented enough for varsity athletics a chance to play in a competitive atmosphere.

John Roelke
Drafting Technology

More women PhDs

(CPS)—Men still earn the majority of doctorates handed out by American colleges each year, but the percentage of women is increasing, a study of Ph.D.s reveals.

Women accounted for 31.5 percent of the doctorates awarded in 1981, up from 30.3 percent in 1980, the National Research Council found.

Women are starting to dominate some fields. They earned 47 percent of 1981's education doctorates, and may soon account for a majority of the education doctorates awarded "if this trend continues," the report forecasts.

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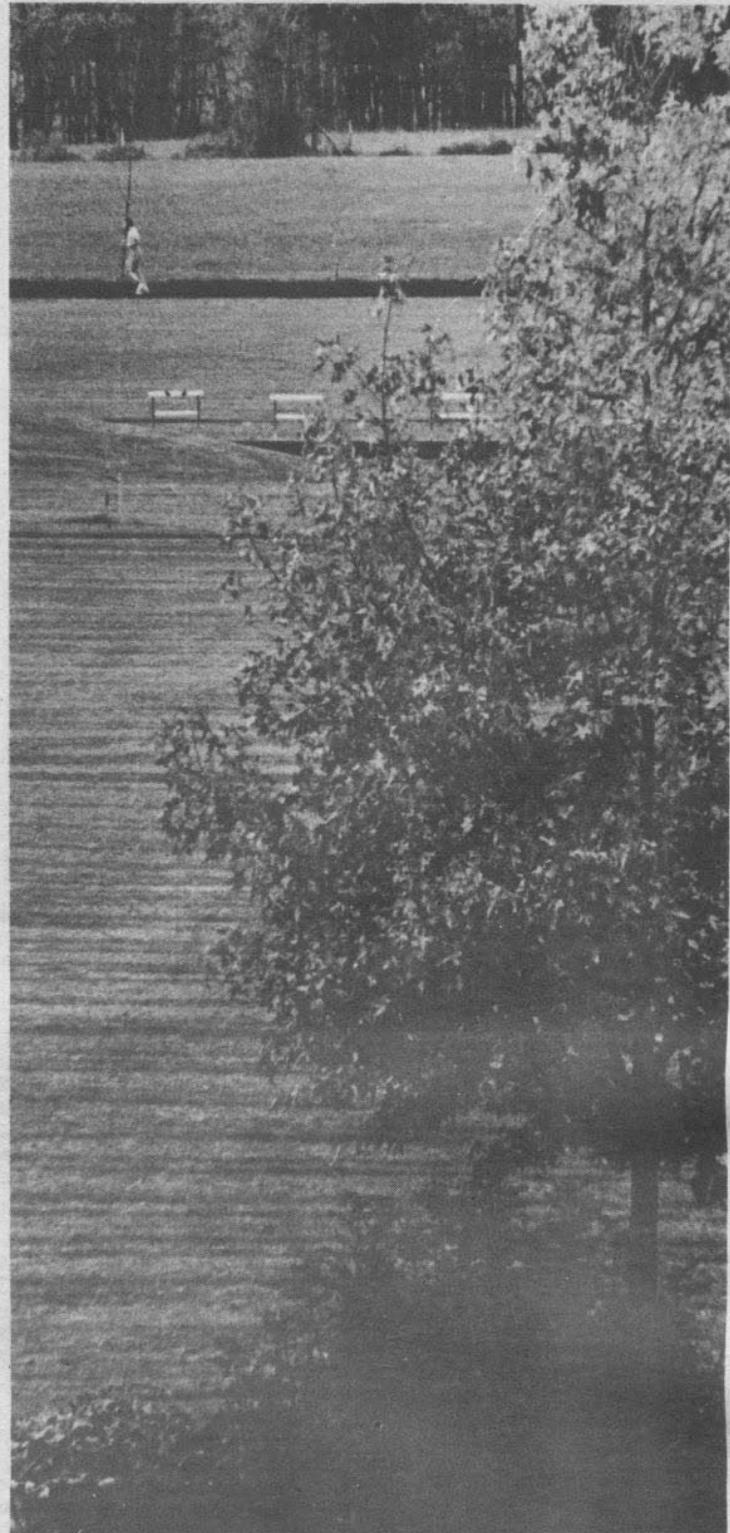
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Photos by Kevin Shiltz

A lone runner puffs along the college track.

**The Air Band is Back At the First
Come Watch Your Favorite Winning Air
Band Performers
Air Band Show
Saturday, November 20
8 pm**

*Special Attraction Will Be
The Blues Brothers*

Air Band Contest
Will Be December 11
Watch For Details

1425 Pacific Blvd. SE
Albany



Photo by Donna Trospier

*My Mother once told me
the truth of my birth:
how it was that in all the house
there was no help,
never enough painkiller
no matter what they said.*

*And you're all alone.
You may want to stop it
but you can't make it stop
once it starts,
it goes on with you—
without you,
much longer than they say
because what they say
is a kind lie,
every word.*

*This she told me while wringing out
pants.
Not to worry because I'd forget
as she had forgotten.
And by the time you remember—
it's too late.*

by Joni Parker

Students take swipe at cheap toilet wipe

(CPS)—Oklahoma State University students are complaining in large numbers about the quality of toilet paper the university put in campus bathrooms this fall.

"It feels more like aluminum foil," grouses K.C. Moon, editor of the Daily O'Collegian, the student paper that broke the story. "It actually makes noise when you crumple it."

Other have described the paper as feeling like wax paper. "I wouldn't squeeze this stuff," sophomore Betsy Cutright told the paper. "I might break my nails on it."

Dorm operations administrator Dave Stoddart says he's received complaints about the toilet paper from "every dorm on campus. I don't know the exact number of complaints, but there have been enough to make us aware of the problem."

The university changed brands, to a paper produced by the Fort Howard Paper Co., this fall after following a competitive bidding procedure.

It was bought "on a bid basis," explains Dick Williams, director of Student Services maintenance. "If it meets the specifications and is the lowest bid price, we're obligated to buy it."

Because of the complaints, OSU Purchasing Director Ted Steincamp has "had some conversations" with Fort Howard about replacing or exchanging the paper, according to Williams.

Steincamp and Fort Howard couldn't be reached for comment by press time.

OSU bought 48,000 rolls of the stuff, Williams reports. The supply is expected to last "anywhere from a quarter to a third of a year."

OSU students are filling the time by complaining. "People think we walk this way because we're all cowboys," Moon says. "That's not the case. It's the toilet paper."

Classifieds

FOR SALE

CROSS COUNTRY skis. Size 200, Bonna, \$40. Good shape 10 speed man's bike-\$55. Patty—753-6751.

MUST SELL—nearly new matching couch & chair. Brown plaid w dk. brown wood at bargain price of \$160. Will deliver, call 847-5848.

AFRICAN ZEBRA finches, \$5 each, beautiful, small healthy birds. Easy to care for. Call 367-3163.
74 TOYOTA COROLLA—excellent shape, 60,000 mi. Sell or trade (+\$) for your 76-78 Celica. Jody—451-5535.

GET YOUR order in now for the holiday baking with walnuts. Shelled nuts—\$2.50 a lb. Unshelled—\$.75 a lb. Glenda, ext. 212.

WANTED

ROOMMATE—male or female. Rent \$150, utilities. Call morn. or evs. Neal—928-3041.

ANY INTERESTED student who would like to serve on the ASLBCC Student Services Comm. may contact us at CC213. We're looking forward to hearing from you. Get involved.

ONE RIDER to San Fran/Santa Rosa for Thanksgiving vacation. Help pay exp. Leave Wed. come back Sun. Call evs. 7-9, 754-6379.

PERSONALS

DO YOU know what my cue is? Guppy

AA MEETING—Wed. at noon, HO 215.

UoIO REPRESENTATIVE will be in the Commons Lobby to talk to students wishing to transfer. Available from 9:30-3 p.m., Nov. 29, 1982.

FRENCHY—Friday night was fun—special too. Don't forget—Thanksgiving at my house. WLEONVDEY

THANKS to all for understanding, support and love (esp. the Commuter staff) during our ups and downs. Les Wulf and family.

HAPPY BELATED birthday Eugenia. Hope it was extra special. Just think, you're no longer among the ranks of the Vuni or Achi evers. Jules.

RED HEAD—I've yet to meet you, even tho I've sat near you. You're still so attractive and yet I haven't acted—my eyes are still on you. Blue eyes.

69 CAMARO—we missed you at the fondue frenzie, but this time it'll be a double dacquari. 75 Malibu

LAMBDA—you are very valuable to me; it costs a lot to be insane. Rikki Racer

RUDE DUDE (Chris) thanks for the compliment. If you knew, you would be embarrassed. And actually, you do know. Lunatic Chick

FRUMP—I just want you to know that I love you, you're one of my best friends and you make me smile. Punk.

SERVICES

PROFESSIONAL CARPET and furn. cleaning. Done by a student at student prices. Call Mark at 926-3863.

MISCELLANEOUS

COLLECTOR WANTS old "Troll" dolls. If you have any, call Dave, 753-5543.

FREE—2 yr. old male golden cocker spaniel. All shots, affectionate, would appreciate good home. Lorie 466-5775 on Wed. 5:30-9:30 p.m. or weekends after 7 p.m.

LIKE TO Buddy-up when you study? Forming math and physics study groups. For info, stop by LRC 202 between 9-5. Tutors available at sessions.

FEEL LOST? Maybe we can help. Come visit the Tutorial Center—LRC 202, Dev. Center - 9-5. Assistance in math, Eng., chemistry, history, physics, etc.

ON Inservice days, parents may make reservations to leave grade school kids in the Parent-Child Lab. Fee is \$10 per day or 1.25 an hour. Arrangements need to be made by 4 p.m. Wed., Nov. 10 as space is limited. Ext. 358, or come to IA 227. Space still available for kids 3-5 for fall term.

Calendar

Wed. Nov. 17

OSEA Chapter 151 Meeting, 6-7 a.m., Board Room B.

Culinary Arts Class, 8-8:30 a.m., Willamette Room.

Veterans Educational Benefits Attendance Sign-In, 8 a.m.-5 p.m., T-105.

Classified Employee Week: "Pack Your Own Chute" 11 a.m.-noon, Board Rooms A & B.

Chautauqua: "ARIEL," 11:30 a.m.-1 p.m., Alsea/Calapooia.

Faculty Forum, noon-1 p.m., Forum 115.

Christians on Campus Club Meeting, noon-1 p.m., Willamette Room.

President's Reception for Classified Employees, 2:30-3:30 p.m., Alsea/Calapooia Room

Market Subcommittee Meeting: "Internal Communications," 4-5 p.m., Board Room A.

Citizens Valley Bank Employee Meeting, 7-10 p.m., Alsea/Calapooia.

Thurs. Nov. 18

President's Reception for Classified Employees (night crew) 6-7 a.m., Board Rooms A & B.

Culinary Arts Class, 8-8:30 a.m., Willamette Room.

IBM Seminar, 9 a.m.-5 p.m., Alsea Room.

RSVP Advisory Council, 10 a.m.-noon, Willamette Room.

Management Council Meeting, 10 a.m.-noon, Board Rooms A & B.

Classified Employee Week: "Health Awareness," 11 a.m.-noon, Forum 115.

French Class Bake Sale, 11-2 p.m., College Center Lobby.

IBM Seminar Luncheon, noon-1 p.m., Calapooia Room.

Classified Employee Week: "Changing Sex Roles" 1-3 p.m., Board Rooms A & B.

Instructional Budget Committee Mtg., 3-5 p.m., Board Room A.

Small Farm Management Class, 7-10 p.m., Alsea Room.

Men's Barbershop Chorus Class, 7:30-10 p.m., HO-209.

Market Subcommittee Meeting: "Social Events," 4-5 p.m., Board Room B.

Fri. Nov. 19

Computer Show, 8 a.m.-9 p.m., Alsea/Calapooia Room, Willamette Room, Commons & Board Rooms A & B.

"The Hobbit," 3:15-10 p.m., Takena Theatre.

Sat. Nov. 20

Men's and women's cross country meet at NW Championships, Tacoma, Wa.

Computer Show, 8 a.m.-5 p.m., Alsea/Calapooia Room, Commons, Willamette Room & F-104.

"The Hobbit," 8:15-10 p.m., Takena Theatre.

Sun. Nov. 21

"The Hobbit," 3-5 p.m., Takena Theatre.

Tues. Nov. 23

Science & tech. budget meeting, 12:30-2 p.m., Board Room A.

Intramural "Turkey Trot" run, 12:15, LB track.

RSVP blood drive draws 133 donors

Student Activities of LBCC and RSVP held their first blood drive of the year last Friday.

The drive was held in conjunction with the Red Cross which took place between 9:30 a.m.—3 p.m. in the LBCC board rooms.

The drive drew approximately 160 people with 133 actually donating blood. Student Activities Coordinator Blaine Nisson was pleased with the results. "I felt that the drive was extremely successful considering that it was held the day after Veterans' Day. Many students and faculty took Friday off or a four day weekend," Nisson explained.



Poetry, art sought for Fall 'Tableau'

The Commuter is collecting creative works for the Tableau magazine.

Poetry, essays, short stories, photography and graphics done by LBCC students and staff will be displayed in an insert in the Dec. 8 Commuter—the last for Fall term.

All manuscripts must be submitted by Dec. 1. Drop them at The Commuter office, CC210, or leave them in the mailbox outside the office.