

THE COMMUTER

LINN-BENTON
COMMUNITY COLLEGE

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Cover Credit:
Brian Hausotter

On the cover:
Living History Group Northwest reenactors Matt Helget sitting shotgun, and Ken Carlson, driver and owner of jeep. Third soldier unidentified.

The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty and students of LBCC. Editorials, columns, letters, and cartoons reflect the opinions of the authors.

Letters always welcome.

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INTERNATIONAL EDUCATION WEEK



Building Our Global Community International Education Week 2015



Monday, November 16	Tuesday, November 17	Wednesday, November 18	Thursday, November 19	Friday, November 20
World Map Where have you been? Where do you want to go? Stop by the courtyard to put a pin in the map showing your global experiences! Look for the map from 11 AM to 1 PM.	World Map Day Two We really want to put pins on the map so please join in for day two of mapping your global journey. Find us in the courtyard and take a pin or two to highlight your global experiences from 11 AM to 1 PM.	Culture Tables in the DAC Each week, international students lead culture tables in the DAC to spread culture with the campus community. This week, the culture tables will be focusing on education in their various countries. Visit the DAC from 12:00 to 12:45 to join!	International Education Fair in the Courtyard Join International Admissions in the Courtyard to taste great food, take pictures in our photo booth, and learn about opportunities you have to study abroad. The fair will be in the Courtyard from 11 AM to 1 PM.	Serving Muslim Students Presentation with Ismail Warsame, International Student Advisor at Oregon State University. This presentation will highlight the experiences and condition of Muslims at US campuses. This presentation will be at 10 AM in the CC 213, the Mt. Vineyard Room.
Global Healthcare Workshop Rosalie Crowe will lead a discussion of ethnobotany, medicinal mushrooms, and the medical system in the United States. The two consecutive mini workshops will begin at 12:30 PM and 1:00 PM in the Diversity Achievement Center.		The Global Business Environment In this Presentation, Michael Cappelli will be discussing the fascinating regionalization and globalization of international markets. This presentation will begin at 1 PM in RCH 216.	The World Map Travels to the Benton Center Many of our international students live and study part-time in Corvallis so we've decided to take the map across the river so students at the Benton Center can share their journey. Look for the pinning station from 2 to 4 PM.	Sponsored by International Admissions

CAMPUS VOICE

Students and staff were asked what does Veterans Day mean to them.



"It's a day to honor those that are or have served in the military and we don't do that enough, so it's important."

Marci Johnston
LBCC Career and Employment Specialist

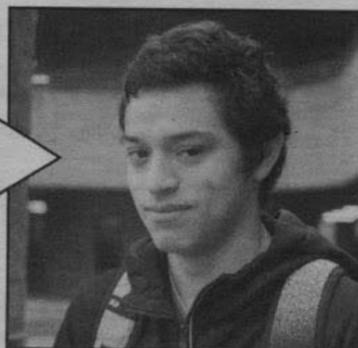


"Honoring anyone who has been a part of war."

Christie Gangewer
Major: Merchandise Management

"A day to celebrate the people who fight for our freedom."

Pedro Morales
Major: Undecided



"I know it's to honor people who have served us...it's a great thing."

Safiya Jameel
Major: Computer Science



"I think about older veterans and their history."

Katelynn Adams
Major: Nursing



STORY AND PHOTOS BY
MORIAH HOSKINS
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Look out for next week's topic: Adjuncts...

NEGOTIATIONS BEGIN

Adjuncts seek support with significant sticker

Poised to educate outside of the classroom, adjuncts plan to shed light on difficulties they face while teaching at Linn-Benton Community College.

Students on campus may have noticed that some instructors on campus are sporting bright-green stickers with the slogan "Support Adjuncts." The purpose of the stickers is to bring awareness to adjuncts and the inequitable working conditions they feel exist at LBCC.

Nov. 10 marks the day part-time faculty — led by the Part Time Faculty Association — will negotiate with LBCC's administration for the first time. Wages, benefits, and grievance procedures are among needs part-time instructors would like to see reviewed in the current system.

In a survey conducted by the PTFA, 33 percent of part-time faculty polled claim to be making less than \$19,000 a year. The survey addressed a multitude of concerns that PTFA plans to rectify for the group's 200 or so part-time instructors. Other talking points include: long-term career goals, what they believe will most benefit students at LB, and what an equitable working situation would look like at LB.

Seventy-six percent of polled instructors believe the quality of a student's education is the most important aspect of their jobs.

"I personally feel like this issue does affect us as students," said Paola Gonzales, LBCC's Student Leadership Council president. "If our (part-time) instructors are making less than \$20,000, I have no idea how we can retain such amazing and passionate professors on our campus. I would hate to see our instructors leave us because they aren't getting paid a livable wage."

Many part-time instructors believe the quality of curriculum at LB is the driving energy behind not only the formation of the PTFA, but the stickers that offer a visible reminder for students, administrators, community members and faculty members that adjuncts are

sticking together in their bid for better working conditions.

Mary Borman, a PTFA negotiator and part-time math instructor, believes that because of the varying enrollment numbers from term to term, a certain amount of part-time faculty is a necessity at community colleges. However, Borman feels that in the last two decades a once-balanced system has gone awry.

In Borman's opinion, colleges have begun to use part-time instructors as a primary form of providing low-cost instruction to maintain their bottom line.

"I see a trend, and it's nationwide," said Borman. "But I don't care if it's nationwide, it's not right. IT IS NOT RIGHT!" [...] "I think LB has a chance to stand up and say, 'We believe in really good education, and that means that we have to have educators that are working full-time at the institution.'"

Another issue the PTFA plans on addressing during the negotiations is a change that came after full-time instructors renegotiated their contract earlier this year.

Part of their negotiations clarified the number of credits a part-time instructor is able to work. The new regulation will go into effect next fiscal year.

Until this recent change, many part-time faculty worked the equivalent of full-time hours while teaching across multiple departments at LB. In some cases, part-time instructors would teach in excess of 40 hours a week in multiple degree fields, as long as they don't exceed 24 credits in any one discipline. Making up over two-thirds of instructors on campus, adjunct instructors are one of the budget reasons why college education is possible at LB.

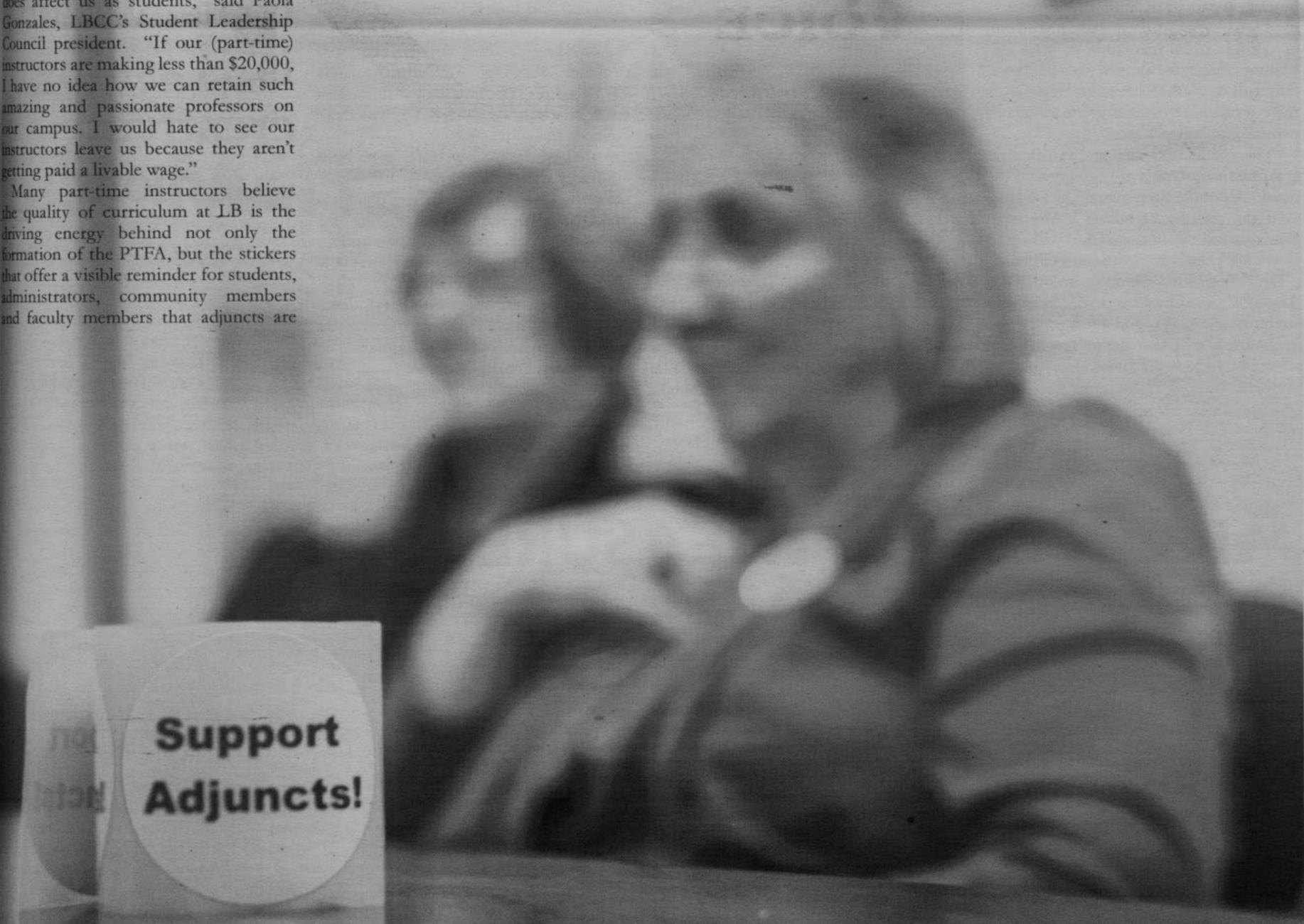
Donna Trask, English and writing instructor, remembers why she became a teacher. It wasn't for the money. She believes teaching is her life calling.

The first time she explained what that meant happened when she was a teaching high school. She had a student who couldn't understand how she was making far less money than his father, whose education was far less in comparison to hers.

Trask explained to the student that any time she is able to help someone come to an understanding, a light turns on in their eyes. The young man smiled and she said, "That shining light is the other half of my paycheck."

"I see a trend, and it's nationwide, But I don't care if it's nationwide, it's not right. IT IS NOT RIGHT!"

- Mary Borman



Support Adjuncts!



STORY & PHOTO BY CHRISTOPHER TROTCHIE @CHRISTOPHER999

STEM STUDENT SCHOLARSHIPS

Inspiring student participation in research science

Many students attending LBCC have goals that will take them much further than this campus. With the growing dual enrollment program between LBCC and Oregon State University, and lower tuition costs than a four-year university, LBCC becomes an enticing option for students looking to keep their debt at a minimum.

LBCC often serves as a gateway for students leading to further studies at four-year universities, and beyond. However, before those goals can be reached, students must fulfill basic general education requirements.

Warren Young is a transfer student who came to Linn-Benton with an already completed associate's degree in fisheries technology.

"I am using Linn-Benton as a place to continue my higher education, as a less expensive and a more convenient opportunity. I hope to get all of my math courses done here so I can take in-depth technical science courses at a four-year college," said Young.

According to LBCC Dean of Science, Engineering and Mathematics Dr. Andrew Feldman, at LBCC students learn the fundamental building blocks of academics, before delving into the further reaches of the academic world.

Feldman is aware that although students need these educational building blocks, it can be a long and expensive road for students. Often students can end up taking several years of basic math and writing courses before they reach classes that truly spark their interests. He believes this contributes to the low graduation rates community colleges face.

"The graduation rate at Linn-Benton and most community colleges around the country is under 20 percent," he said.

In the process of taking a bunch of fundamental classes, students will often just "check out," according to Feldman.

Dr. Feldman is looking for solutions to this motivation-curbing issue. Inspiring students creatively, and engaging them in the pursuit of knowledge through the sciences remains his goal. He believes opportunities for students to partake in

field experience, and participate in the research process are a sure solution to the endemic academic apathy.

"When it comes to the sciences we find that if students have the opportunity to have hands-on experience and actually do the science, hands-on science, that they stick around and graduate," said Feldman.



- STEM Scholarships available for winter term.
- Students with declared majors in any of the sciences, engineering, mathematics, and computer science are eligible.
- Up to 20 students will be awarded scholarships, totalling \$100,000 per year.
- Students will receive between \$5000 and \$10,000 per year.
- A minimum of 2.75 GPA is required, and students must be enrolled 12 credits per term.
- Applicants will be chosen based upon financial need and academic talent.

The STEM Scholarships could help foster academic motivation in the science students of LBCC.

Through the combined efforts of Dr. Feldman and science faculty members,

\$616,800 has been granted to LBCC by the National Science Foundation. This money will be awarded to students in the form of scholarships over the course of the next five years.

The STEM scholarships, or S-STEM are designed in the effort of "Promoting Retention and Completion with STEM Research and Design Cohorts," according to the application. Not only will these scholarships ease the financial burden of some of LBCC's best and brightest, they will directly engage scholars in ways Feldman hopes students find inspiring.

Students will participate in a research experience of their chosen field, led by at least two faculty members, engaging in one of LBCC's Research and Development Cohorts (RDCs). These RDCs include The Space Exploration Club and the ROV team. There will be opportunities for students to join RDCs in mathematics and biological sciences as well.

Parker Swanson, advisor to the Space Exploration Club and instructor for Physics 131, a class that will also be an RDC option, plans to build electronic instrumentation for model rockets and high-altitude balloons this winter term.

"We're sponsored by NASA through the Oregon Space Grant Consortium, which provides scholarship and internship opportunities," said Parker. "During the past year, our students designed and built a science experiment which was launched on a NASA rocket."

According to their website, the NSF provides funding for approximately 24 percent of federally supported basic research conducted by America's colleges and universities.

Stated on the NSF website, "The NSF embraces the challenge of ensuring that scientific discovery and technological breakthroughs remain the engine for expanding the frontiers of human knowledge and responding to the challenges of the 21st century."

"What we are trying to do is get students engaged and involved in addressing the new challenges that their generation is going to face," said Feldman.

For those students who are

unsure where to begin when it comes to the sciences, Feldman has relinquished some advice.

"What I would recommend for students is to take something you are uncomfortable with, something that may be a little scary, and lean about it; dive into it. Step outside your comfort zone."

He also recommends talking to instructors, and asking as many questions as possible. After all, they are there to engage you in learning.

"Science isn't just some guy in a white lab coat... what it is, is asking creative questions," said Feldman. "People often think there's not a lot of art to science but there is. It takes a lot of creativity to develop good research questions. My goal is to inspire some creativity and inquisitiveness."

"Science isn't just some guy in a white lab coat... what it is, is asking creative questions"

- Andrew Feldman



STORY BY
EMILY GOODYKOONTZ

ALBANY ART MEASURE

One percent for the arts

Ordinance 5385 was a heated topic at Albany's City Hall last Wednesday. Here is some background:

Ordinance 5835 is a measure set in place in 1998, that requires including one percent for arts in public building projects. It states that whether it's the complete construction of a building, or alteration of another, the project must include one percent of all funding of that project to be budgeted towards including art, and even in instances of it not being an appropriate setting, the project must still give one percent of their funding for other public buildings to include art.

The ordinance was placed to bring more art and culture to Albany during the 1990's.

How much of the "1 percent" is

actually part of the total fund for all art programs in Albany?

"The Art's Commission is volunteer-basis, and the city gives us a fund which is separate from

the one percent for acquiring art for city buildings," says Linda Herd, chair of the Albany Arts Commission.

"We (Albany Art Commission) won't keep the one percent during the council meeting on Wednesday," according to Herd.

The vote to keep it superseded the notion to remove the ordinance.

Bessie Johnson, a councillor from Albany's Ward 3, was the first individual to bring up the ordinance during a meeting about better funding for the city of Albany.

"I brought up the issue because of the very large dollar amount for the police and fire buildings that are in the process of being built. For regular projects the one percent was no problem, but this was such a large dollar amount that I thought we should look into it," expressed Johnson.

Rich Kellum argued for removal of the ordinance during the meeting, saying, "Art is nice to have, but is not necessary. Police protection and clean water are top priority, and we have a limited amount of money towards the renovations of the police station."

"The Mona Lisa was not created by a mandate!" exclaimed Kellum. "Let donors be donors."

Most individuals would consider this

to be a logical idea, although removal of the measure would come at a higher cost to the Albany Arts Commission and limiting funding for art would cause the number of art pieces we see in Albany to dwindle.



STORY BY
HANNAH BUFFINGTON
@JOURNALISMBUFF

A MEATY ACCUSATION

A discussion as juicy as the burger you eat

Beware breakfast lovers, your favorite meaty sides such as sausage and bacon could very well be putting you at risk for cancer.

Last week, headlines were buzzing with the hot topic of processed meats as a prime cause of cancer. The World Health Organization caused an uproar when they placed processed meat products into the same category as cigarettes and asbestos.

Some of these threatening meat products include bacon, sausage, fermented meat, and jerky.

The World Health Organization said there has been efficient evidence in humans that showed the development of cancer in meat. Their studies have shown that the consumption of processed meat on a daily basis increases the risk of cancer by 18 percent.

"About 34 000 cancer deaths per year worldwide are attributable to diets high in processed meat," said WHO.

The Cancer Society also released a report in 2002 that said the consumption of red meats and other meat products could be related to the cause of certain types of cancer. If these claims are true, the diets of many could very well be responsible for one third of cancer deaths in the United States.

The reactions of citizens roared when the 2002 news broke, but the actual rate of consumption of processed meats has not decreased since then. According to the New Product Development group, Americans are consuming more processed meats compared to just 12 years ago. A chart provided by NPD shows that America has not been slacking in chowing down on meat.

Everyone has seemed to have their take on the matter. Vegetarians responded with complacency, omnivores were disdainful, and meat industries pleaded not guilty. With opinions being tossed

about in every direction, whether this accusation is a cold, hard fact is still under debate.

Clay Weber is one of the faculty members who works at LBCC in the Agricultural Science department. He had his own thoughts on the meaty matter.

"We have to be careful of the generic headlines that are used to get attention and create uneasiness," said Weber.

Processing meat consists of cutting, grinding, and chopping. According to Weber, this in itself should not be causing health risk, but it is the added preservatives to elongate shelf life that are posing a true threat. Sodium nitrate in meat products or smoking the meat are examples of one of these preservatives.

Weber discussed how if one were to consume an excessive amount of any food, even broccoli, that could increase the chances of contracting a health risk. Weber suggested that it is all about

consuming in moderation, and that meat containing zero preservatives should not pose a cancerous threat.

"A balanced diet of the primary food groups is still and will always remain the most effective way to maximize health," said Weber.

The fact that processed meat has been placed in the same category as cigarettes has people questioning meat's value. Weber was one to disagree.

"We need to be careful and not clump all meats together and make the mistake of comparing meat to even more serious hazards such as smoking."



COLUMN BY
MARINA BRAZEAL
@MARINABRAZEAL

ADVICE FROM WEISS

Question: I know there's a disability office for students to get help with learning disabilities, and maybe physical health, so they can have a good chance to pass their classes, but what about for people like me. I've had depression and anxiety since I was a kid. I have a doctor and a therapist, but sometimes I have a hard time with school. It's so stressful.

Answer: Actually, the Center for Accessibility Resources (the department that helps folks with disabilities) does

help make accommodations for folks who struggle with mental health issues. There are a variety of ways they would try to create help for you to succeed in your classes.

I would suggest that you go to the counseling office, as well, but if you already have a therapist, you may not need that service.

One of the advances in student services, nationwide, is the recognition that the mental/emotional side of health

is as important and impactful as physical health and Learning disabilities. And there is help available.

Question: When can I see the classes for winter term, and when can I find out when to register.

Answer: Right now!

Go to our home page and put your cursor over "quick links," then scroll down to schedule of classes. Use the down arrow to pick winter term. And then you will see all of the classes LBCC

is offering, at all of our locations, with times, dates, class size, and live data.

To find your date to begin registering, go into Webrunner, click on "student," then "registration," and then "registration status."



COLUMN BY
MARK WEISS

SIZE MATTERS

A bra can be a total pick-me-up or a complete letdown

Throughout October, we've heard about breast cancer, and breasts are on the mind. One thing that all too often slips under the radar is bra sizing. Bra sizing is typically seen as something you do once, and forget about. We're obviously doing it wrong. Jamie Feldman found in her article for The Huffington Post entitled, "The One Thing About Our Bras We're All Still Getting Wrong: The Sizes." Sixty-four percent of women are wearing the wrong size, and 29 percent know it's the wrong size.

This seems like it wouldn't matter very much, but it does. Dionne Kimble-Walker is the founder and creative director of Braazi, an online company that will be launching soon with customizable bras in almost all sizes. In an interview, Kimble-Walker talked about why bra sizing is so important.

"Imagine how it feels going a full day walking the city in a pair of 4 inch heels that are a size too small. It's torture to your feet and can ruin your day! It's a pain many of us have experienced. By day's end you probably can't wait to take them off, have developed some swelling,

a corn or blister or two, and maybe a temporary limp. Now imagine many days of wearing those shoes. You would likely have calluses, some circulation issues, maybe bunions, or even crooked toes, yikes! Wearing a bra that "almost" fits can have similar effects. After a few hours, you can develop shoulder bruises, back pain, headaches, and even neck strain. Long term wear can cause circulation problems, indigestion, and permanent unsightly shoulder indentations."

Bras fly under the radar, not just because it's under a shirt most of the time, but because many women find that the topic is embarrassing. Women are running into the same problems they face with breast cancer, not enough knowledge and a sense that the topic is taboo because it's related to breasts. To combat this, raising awareness and spreading the idea that it's okay to talk about our bodies is essential. This is important not only for comfort, but for women's health and wellbeing.

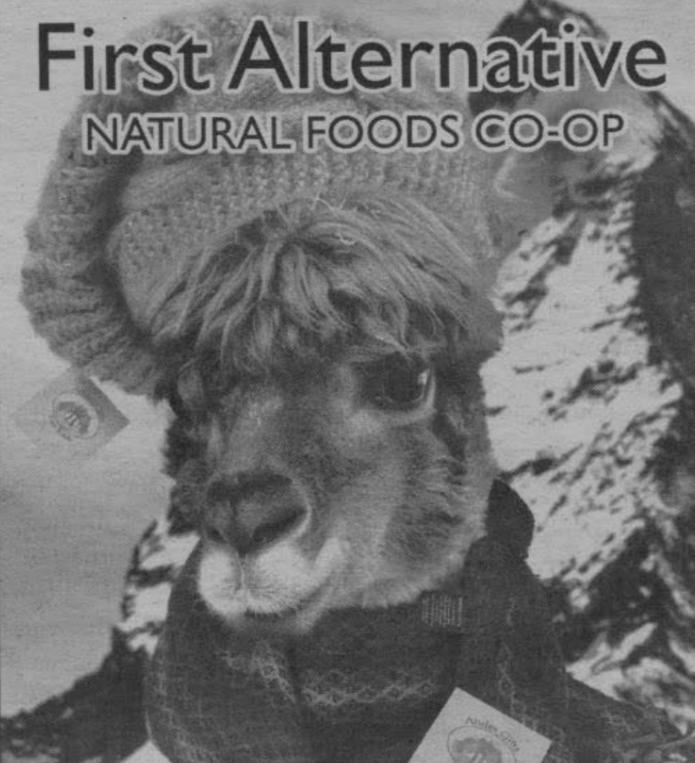
In short, the wrong size can cause injury that is temporary, or even permanent. Sizing yourself is easy; sites like Braazi have

at-home sizing kits. However, leaving it to the professionals is best. Most lingerie stores offer free sizing, and if you happen to be an odd size the store doesn't have, the Internet always has your back. Local options include Kohl's, Victoria's Secret, and Donna Bella Lingerie. So, may your cup never runneth over, and your straps stay forever snug, ladies.



STORY AND PHOTOS BY
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A WAR WITHIN A WAR

Veteran non-fiction submission

I sat on a makeshift chair of sandbags, in a makeshift room with unfinished brick walls and dirt floors. The smell of dust and sweat filled the air, but by this time in my makeshift deployment, it smelled as fresh as the springs of my adolescence in Oregon. It was the first few minutes of a 12-hour guard shift. Watching the local nationals (Afghan workers or LN's), the boredom had already set in. This war was not how I imagined it. This war consisted of creativity to make first the hours, then the days pass, until I was on a silver bird flying to my recollection of "home". This war consisted of the daily routines of hygiene, eating, and watching LN's build makeshift homes for future tenants of forward operating base (FOB) Farah.

I desperately looked for a cure to the monotony of fetching water for LN's and counting bricks. I found it in a book. This book was called "1942" by Alexander M. Grace, SR. It was an alternate history book depicting what could've happened had Stalin continued to push west into allied territory after the fall of the Nazis. I was captivated by the stories of brave men fighting the Nazis and believing the war was over, just to fall into the Soviet trap. With limited supplies and morale, they captured my imagination. This was the war I had mentally prepared for. This war was exciting. This war had heroes. This war had my undivided

"The stories were my escape from reality. The stories were my war within a war."

attention. I didn't notice the dirt below my feet, the stench of sweat and dust, the unbearably hot breeze that passed throughout the building, for it had no doors or windows. I didn't notice how uncomfortable the sandbags were or the sweat on my brow. I was immersed into a world of heroes and villains. A story filled to the brim with will, grit, and acts of courage. I read word after word with precision, like a surgeon at work. I read each sentence with interest and thought. Before I knew it, these words I had read so diligently were paragraphs, pages, and chapters.

Each chapter was about a person, good or evil, and the

thoughts and actions of their story. When a chapter ended, I craved the time I would be reunited with said character. But by the time the next chapter ended, I needed to know what had happened to the new character. The memory of the first character was clouded with interest of the new.

Twelve hours in a dust-filled room went by with a lick of my fingers and a turn of the page. I read the stories of these men as I walked through the "hallway" of our tent, which was actually just the path between bunks to the last bunk, my bunk. The tent was organized as well as it could've been. Like Tetris masters, we had tested the limits of space and time with a layout consisting of 24 men with their "personal space," 12 bunkbeds, 24 wall lockers, and countless afghan carpets layered atop the plywood floors to accommodate us.

I hardly noticed the strew of woodland-patterned ponchos providing privacy with my book in hand. To the average person, they looked quickly-constructed. But the longer you examined them, the more you noticed the immense amount of ingenuity only surpassed by the creativity of the owner's mind.

In my bunk, with book in hand, I forgot about the miseries of day-to-day life in a crowded, smelly, tent with limited privacy. The extension cords ran up my bunk

knowing, but experiencing firsthand what I know today as "war" made me thirst for the small amounts of "excitement", disgust, and emotional moments, good and bad, that periodically happened throughout my first year in Afghanistan. I had trained for a year by the time I deployed. It was expected that we would be attacked often. That we would've spent late nights and early mornings outside the FOB looking for acts of terrorism

This was not the war I arrived in. The stories were the war

prepared for. The stories relieved the frustration of the late nights wasted in America, away from my family and friends, training for the worst. The stories were my escape from reality. The stories were my war within a war.

"In my bunk, with book in hand, I forgot about the miseries of day-to-day life in a crowded, smelly, tent with limited privacy."

to provide supplementary light and happiness, for I was able to escape the monotonous day in the life in which I had been encompassed.

I could tell I was nearing the end. The pages in my right hand felt thin compared to the abundance in my left. I read each page with interest but remorse, for I was that much closer to the end of the story I never wanted to finish.

As I read the last page of "1942" I immediately felt lost in this world that I was now unaccustomed to. The next day seemed to drag on. All I wanted was to tell people the stories I had read, find someone who shared the interest in this book to relate. Someone with ideas and creative thoughts about the book that I could converse with, but no such person existed on FOB Farah.

This was the book that made me think about reading and writing in a new perspective. Since then it's been hard to find a book that can capture my imagination as "1942" did. I've read other alternate-history books by Alexander Grace but couldn't immerse myself as I did before. I believe this was because of the setting. Not only



KORY ROBERTS

LBCC's Veterans Club VP

The constant threat of terrorism or roadside bombs is no comparison to helping student-veterans register for classes. Afghanistan and the war that has encompassed it for over a decade are a world away from the Veterans Administration window in Takena Hall.

Kory Roberts knows both worlds. Roberts is LBCC's VA Education Advisor and vice president of LB's Veterans Club. Not only does he help student vets, but he's also pursuing a degree in electrical engineering.

"For a lot of veterans, he's our first contact here at school," said LB Veterans Club President Steven Olson.

Roberts' path to LB didn't start at the VA window. It started in 2008 after graduating from Lowell High School, when Roberts chose to join the Army. His father was in full support of his decision. His mother hated it.

"I wanted to serve my country," said Roberts.

Assigned to the 82nd Airborne and shipped to Fort Sill, Oklahoma, for boot camp. Oklahoma would hardly be the last dot on the map for Roberts. In his six years of service, he was stationed in Fort Bragg, N.C., Redstone Arsenal, Ala., Fort Benning, Ga., Fort Lee, Va., not to mention the two tours of duty he proudly served in Afghanistan in 2009 and 2012.

Roberts' service record doesn't stop at the war in Afghanistan. Directly following his service, he joined and is currently a member of the Washington State National Guard. A year and a half into a three-year contract, Roberts could still face deployment.

The possibility of deployment doesn't bother Roberts. In fact, the thing he enjoyed the most about his time in the Army was "seeing the world," but he would trade it all in for the friends he lost due to the cost of war. What he misses

most about being deployed, serving his country, and the Army in general comes up again and again.

"The brotherhood," said Roberts, an ideology Roberts and Veterans Club President Olson are working hard to form at LB.

"[They] are building something bigger than themselves, something they can leave behind for other vets," said Ron Bilyeu, retired infantryman, Gulf War veteran and LB Veterans Club member.

Bilyeu speaks about the work Roberts and Olson do behind the scenes improving the Veterans Club, but more importantly, advocating for veterans. Most recently their work has included the showing and discussion of "Project 22," in the Russell Tripp Performance Center, a documentary that focuses on veteran suicide awareness.

Roberts works tirelessly -- no longer at a war identified by the the public, but a war suffered by veterans. Helping vets register for classes, disability services, and the support of the club provides a huge morale boost to incoming veteran-students.

"He helps every veteran [on campus]. He's always there for advice," said Bilyeu.

Roberts still serves his country. Though he may no longer be deployed, that doesn't mean he's stopped fighting. Instead of fighting off the Taliban or terrorists, Roberts now fights for veterans.

Roberts' plans entail dual enrolling at OSU and continuing to serve our country:

"I want to graduate, get a job with the Army Corps of Engineers, and buy a lake house."



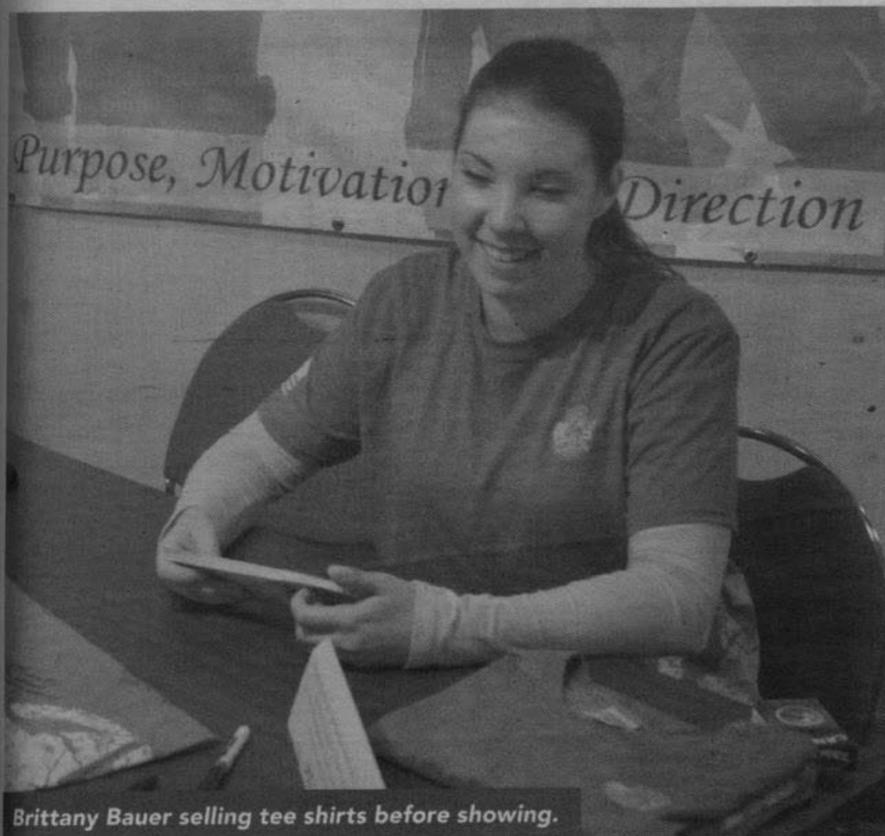
STORY BY RICHARD STEEVES @RSTEEVES84



PHOTO COURTESY: KORY ROBERTS

PROJECT 22

A documentary in honor of veterans who have died by suicide



Brittany Bauer selling tee shirts before showing.

On November 6-7 the Russell Tripp Performance Center was filled with veterans and their families and friends watching a documentary called "Project 22." The documentary is about a cross-country motorcycle ride for veteran suicide awareness.

The film got its name from the fact that, on average, 22 veterans commit suicide every day. The event was organized by the Veterans Club on campus. The president of the club, Steven Olson, who has lost two friends to suicide, said he saw the film this past summer, and that it was so impactful he felt he had to show it at LBCC.

LBCC bought the rights to the documentary, which prompted the event. Olson felt this was important because "...the public doesn't see the face of veteran suicide."

Emma Armstrong, a member of the Veterans Club and the Student Leadership Committee, is going to be deployed for training soon.

"Knowing I'll have a community to come back to is so important to me."

Olson will show the documentary again soon if interest is shown, and he will be showing it again next year. If you'd like to meet with the Veterans Club on campus, you can find them on the first Tuesday and third Wednesday of each month at 12:30 p.m. in RCH 118.



STORY AND PHOTOS BY MORIAH HOSKINS @MORIAH_HOSKINS

ALBANY'S OWN VETERANS PARADE

The biggest veterans day parade west of the Mississippi



PHOTO: RICHARD STEEVES

Living History Group Northwest WWII reenactors march in the 64th annual Albany Veterans Day Parade.

The Veterans Day Parade made its 64th annual appearance on the streets of Albany. This year's theme was "Veterans: STARS Unlimited - STRIPES United." The parade included

a total of 222 individual entries and the city was expecting over 40,000 people in attendance. Hailed as the biggest veterans parade west of the Mississippi, it didn't disappoint.



PHOTO: RICHARD STEEVES

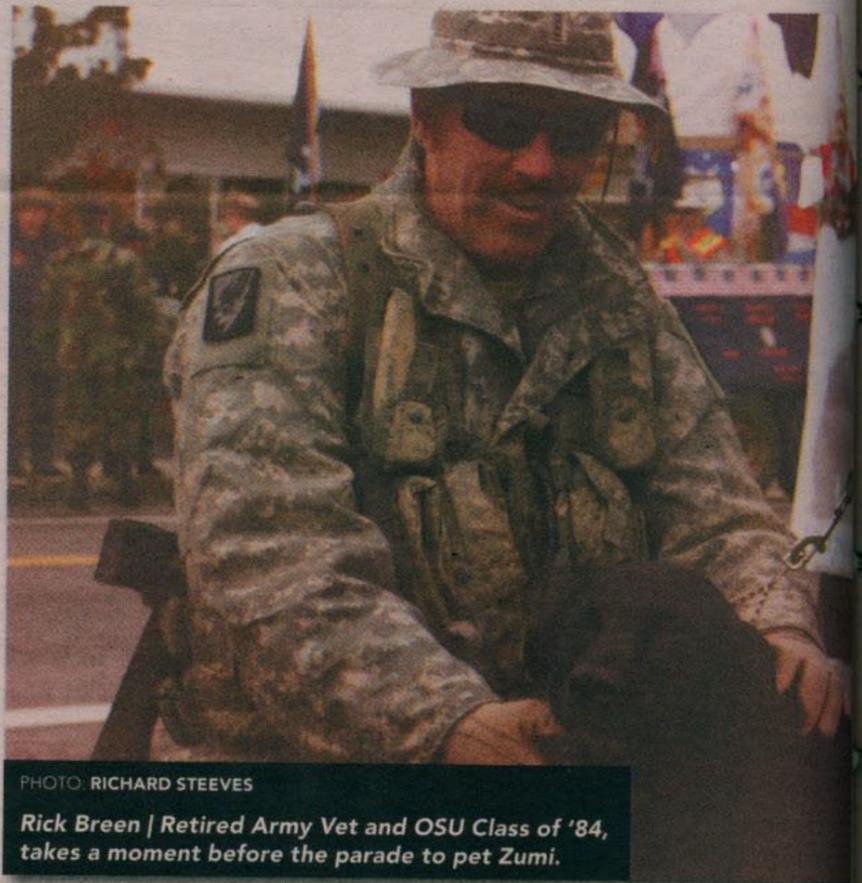


PHOTO: RICHARD STEEVES

Rick Breen | Retired Army Vet and OSU Class of '84, takes a moment before the parade to pet Zumi.



PHOTO: ROMINA RODRIGUEZ

BCC students and staff members show their support on the school's first float in the parade since 1983.

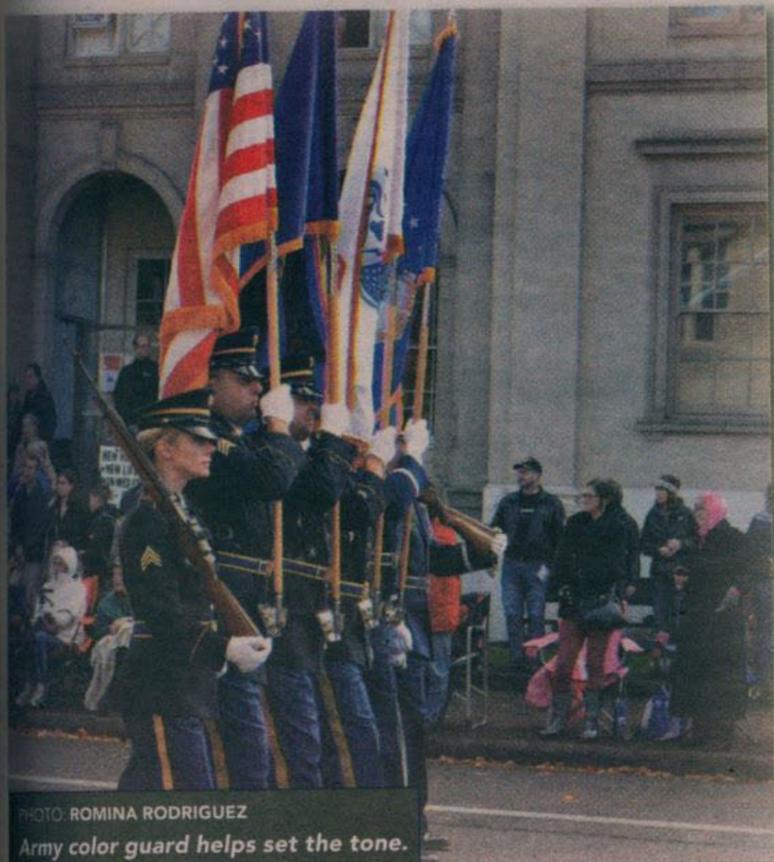


PHOTO: ROMINA RODRIGUEZ
Army color guard helps set the tone.



PHOTO: ROMINA RODRIGUEZ
Navy veterans Mike and Sarah Allen riding alongside other veterans, take a moment for the crowd.

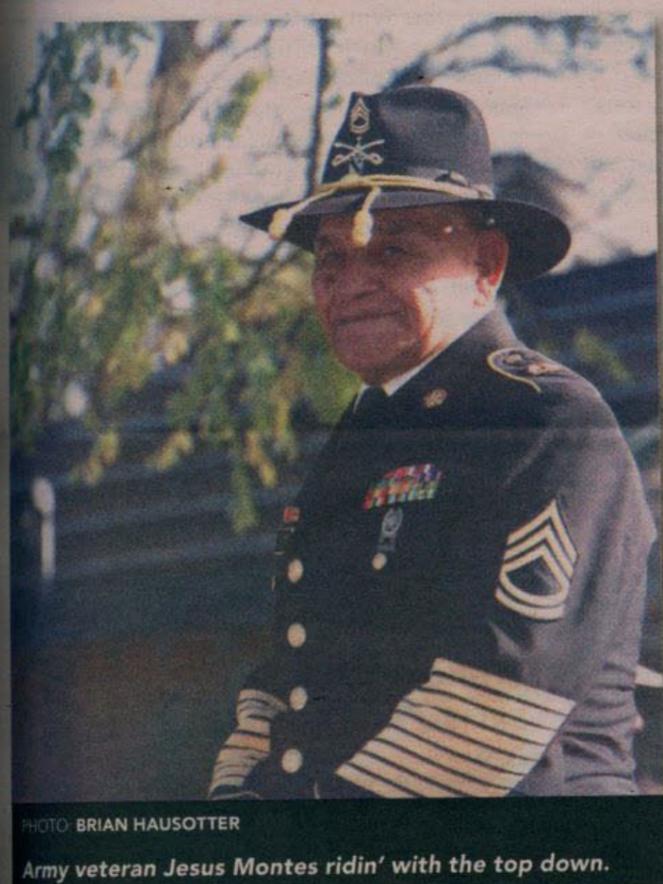


PHOTO: BRIAN HAUSOTTER
Army veteran Jesus Montes ridin' with the top down.



PHOTO: AMANDA BLEVINS
Crowd watches parade intently, proudly waving the American flag.



PHOTO: MARWAH ALZABIDI

ARTS & ENTERTAINMENT



COURTESY: UNIVERSAL PICTURES

With the release of "Spectre," there are now 24 films in the James Bond franchise. It's safe to say that the series of films based on Ian Fleming's books is one of the most hallowed in Hollywood. The latest installment is a satisfying action adventure and a fitting send-off for Daniel Craig, if this really is his last portrayal of the titular main character.

"Spectre" was released in theaters on Nov. 6. The newest James Bond offers up a new and intriguing foil for 007 in the form of Oberhauser, played by Waltz, and tons of action scenes. It might not please every fan of the series due to some lackluster supporting characters, but "Spectre" is still a great addition to the James Bond mythos.

This time around, Bond's adventure is set in motion when he receives a message from an old friend. The message leads him on the trail of a secret organization known as Spectre. Bond struggles to unlock the mysteries of this sinister group, but what he finds will dig up skeletons from his past he'll wish

had remained buried.

The spooky nature of the plot, story, and characters works amazing in this movie. Part of what's so appealing about the spy genre is the mystery behind it all. This film plays with the concept of mystery to great success. The secrecy surrounding the movie creates tone and atmosphere unlike any other in recent Bond films, and it will have the audience on the edge of its seat.

It wouldn't be a James Bond film if it didn't have tons of fisticuffs and car chases, and the action in this movie delivers. Sam Mendes demonstrated in "Skyfall" that he could direct action scenes, and "Spectre" only solidifies that. Action movie junkies won't be disappointed, that's for sure.

Another aspect of "Spectre" that's worthy of acknowledgment is the way it connects with previous films in the series. It links story threads in interesting ways and ties up loose ends without feeling forced. This film feels like the last chapter in a great story. It's supposedly Craig's last movie as Bond, and if so, then it

MOVIE REVIEW:

Spectre

STARRING: Daniel Craig, Christoph Waltz, Lea Seydoux, Ralph Fiennes, Ben Whishaw, Naomie Harris, Dave Bautista, and Andrew Scott

PRODUCTION: B24, Columbia Pictures, Danjaq, Eon Productions, Metro-Goldwyn-Mayer

DIRECTED: Sam Mendes

GENRE: Action, Adventure, Thriller

RATED: PG-13

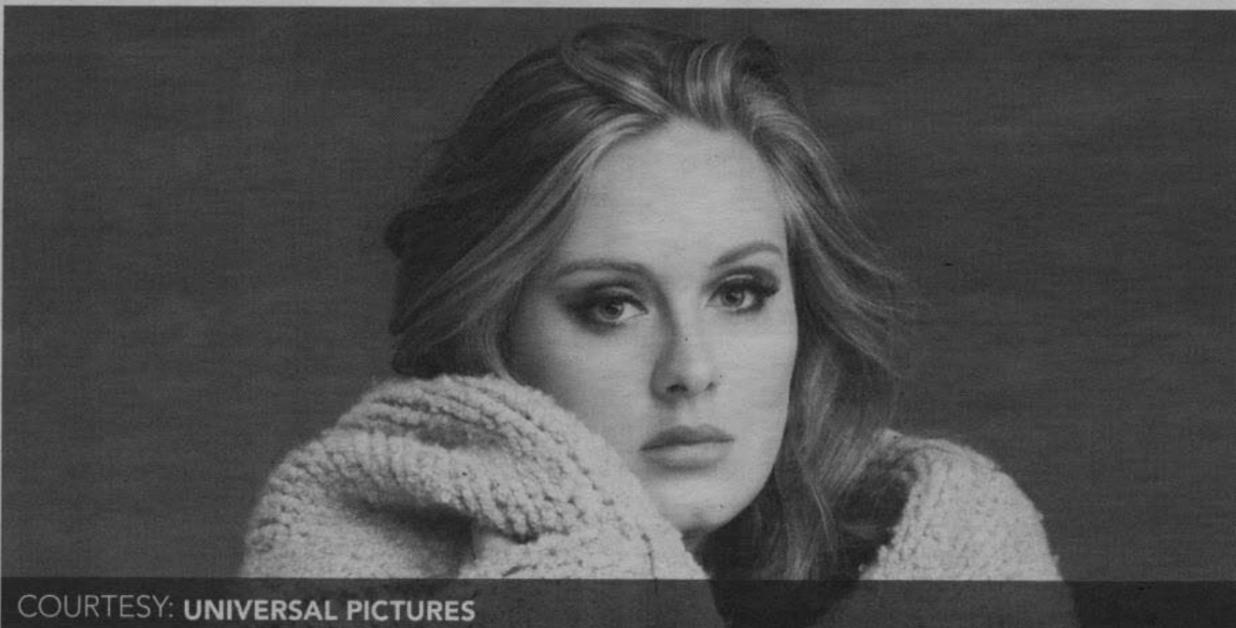
OVERALL RATING: ★★★★★

REVIEW BY **KYLE BRAUN-SHIRLEY**

wraps up his time in the franchise on a conclusive note. Good work, Mr. Bond.

Where the movie stumbles is its antagonists. While Waltz as Oberhauser is delightfully sinister, the rest of the villains offer little entertainment. Dave Bautista's character, Mr. Hinx, literally says one word in the entire movie, which is fine if you dislike character development. Another villain, whose identity will remain a secret for the sake of spoilers, is all too predictable. More development and less predictability with some of the villains would have given the movie an even stronger punch.

"Spectre" is a solid entry in an already-storied film franchise. If it is Craig's last movie as 007, it would be a great way to conclude his run as the character. "Spectre" is a spectacle. Check it out.



COURTESY: UNIVERSAL PICTURES

MUSIC REVIEW:

"Hello" Adele

WRITTEN BY: Adele Adkins and Greg Kurstin

PRODUCER: Greg Kurstin

RECORDED: Metropolis Studios

RELEASED: Oct. 23, 2015

LABEL: XL

OVERALL RATING: ★★★★★

REVIEW BY **KATHERINE MILES**

"Hello, it's me..."

Musical sensation Adele makes history with a simple salutation after three years in the dark.

"Hello" was born out of a three-year fester of creativity while Adele took a break from music to take care of her son, Angelo, born in October of 2012. She co-wrote the song with her producer, Greg Kurstin, after a long struggle with writer's block.

A 30-second teaser of "Hello" was broadcasted on Oct. 12 during a commercial break for "The X Factor" sending Adele fans across the globe into a frenzy. According to Twitter's analytic tool Topsy, the singer's name had been tweeted more than 297,000 times in the 24 hours after the song's preview.

The real explosion came with the release of the song on Oct. 23. It quickly climbed to the top of the Billboard Hot 100 in the United States as well as number one in 26 other countries, becoming Adele's fourth number-one hit. It is the first song to ever sell over a million digital copies in seven days.

The accompanying music video was directed by filmmaker Xavier Dolan in Montreal. Adele and Tristan Wilds act out the lyrics, showing snippets from the

singer's romance. Wilds, star of *The Wire*, is portrayed as real and relatable, showing everyday scenes—cooking dinner and laughing.

According to a YouTube trend report posted on Nov. 4, "Hello" was viewed 50 million times. Compared to Justin Bieber's "Sorry" which had 20 million views, within the first 48 hours of its release, averaging 1.6 million views in an hour.

The six-minute video even blew Miley Cyrus' "Wrecking Ball" video out of the water by being the fastest video to ever reach 100 million views -- that's over 2,200 years of viewing time total.

All that fuss for one song?

The soul-influenced piano ballad's lyrics create themes of nostalgia and regret.

"The track's production is entrancing — jazzy flairs have been swapped for fuller, lush atmospherics that wrap around you, swirling through her verses and lifting her vocal to its crescendo," as published in *Entertainment Weekly*.

The chorus haunts: "Hello from the outside / At least I can say that I've tried / To tell you I'm sorry for breaking your heart / But it don't matter / It clearly

doesn't tear you apart anymore."

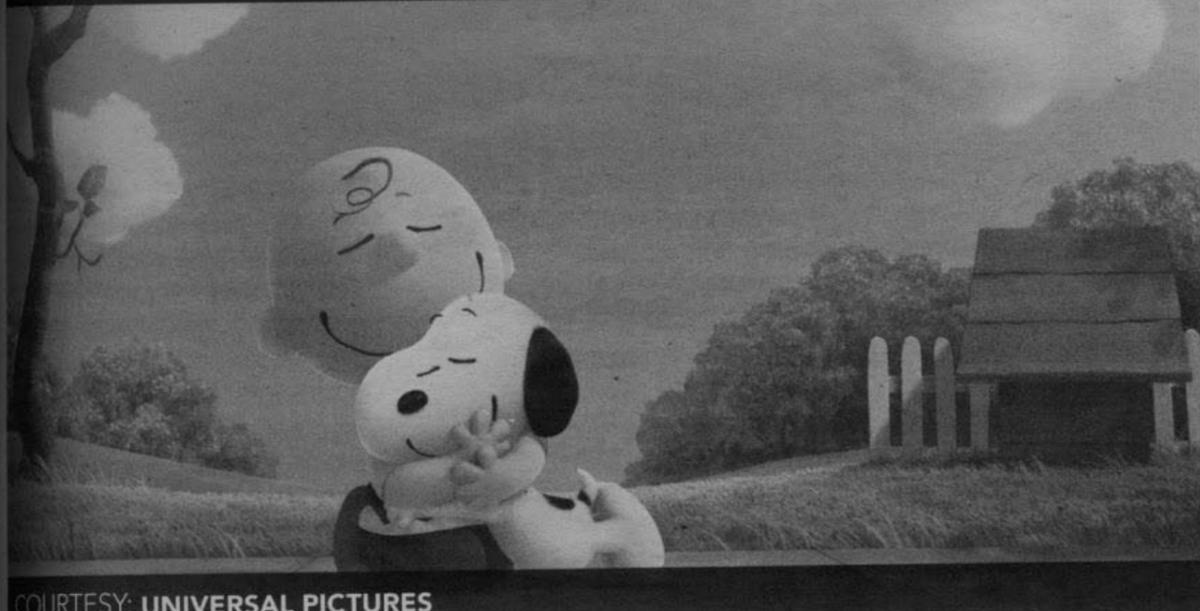
Nov. 20 is the official release date for Adele's third album "25" where "Hello" sits as the lead single. In an open letter Adele tweeted, "I'm sorry it took so long, but you know, life happened." Rather than continue a line of break-up songs, the singer has decided to make "25" a composition of "make-up songs."

"Hello" is as much about regrouping with myself, reconnecting with myself. As for the line 'hello from the other side,' it sounds a bit morbid, like I'm dead," she told *Rolling Stone*. "But it's actually just from the other side of becoming an adult, making it out alive from your late teens, early twenties."

So far the song has been performed twice on TV, but it's not promised that "25" will go on tour. For now the singer wants to focus on her son and try to keep her career as a hobby, lest it consume her life.

"If my music can heal anyone's heart, then that is, like, the most satisfying thing ever," she told *Rolling Stone*.

ARTS & ENTERTAINMENT



COURTESY: UNIVERSAL PICTURES

Since the start of the new tens, the animated film has flourished in a manner that has seen some of the best films since the medium began. Nowhere is that more apparent than "The Peanuts Movie."

Even amid claims that the film lacks ambition, the beauty of the setup is that the world of "Peanuts" doesn't need all that much. In obvious fact, what made the original comic strip and TV specials work was their simplicity. They took childhood as it was, not as we wanted it to be.

Although the situations employed in the film may be familiar, they also define what made them so great. We can easily see elements of ourselves in Charlie Brown, Sally, Linus, Lucy, and their numerous kin. Rather than try to sugarcoat the truth, "The Peanuts Movie" stays true to its source material by taking the bad with the good through the eyes of a child; and can also satisfy many a nostalgic adult in the process.

In essence, "The Peanuts Movie" is the antithesis of the live-action "Alvin and the Chipmunks" films. Rather than try to immerse itself in current trends and toilet humor, it presents an honest look at life and mines

humor and heart from that instead. As such, the best gags in the film are ones that have endured for decades. The film commemorates the 65th anniversary of the comic strip as well as the 50th anniversary of "A Charlie Brown Christmas" first airing on TV. Lucy still offers psychiatric help for a nickel a session. Snoopy is still a budding novelist who imagines fighting the Red Baron as the WWI Flying Ace. Peppermint Patty is still an eager motormouth with a dogged but loyal best friend in Marcie. Most of all, Charlie Brown himself still pines for the attention of the Red-Haired Girl while fawning over her chewed pencil.

The animation is the most noticeable thing about the film, managing to successfully recreate the classic style of the original TV specials using modern production techniques. On a reported \$99 million budget, the attention to detail is worthy of the series' pedigree. The character movement nicely captures the childlike energy of the source material, and the angles and texture manage to create a unique "2.5D" effect that both faithfully recreates the look and feel of the older TV specials and updates it for a new generation.

MOVIE REVIEW:

The Peanuts Movie

STARRING: Noah Schnapp, Hadley Belle Miller, Mariel Sheets, and Alex Garfin

PRODUCTION: Twentieth Century Fox, Blue Sky Studios, Feigco Entertainment

DIRECTED: Steve Martino

GENRE: Animation, Adventure, Comedy, Family

RATED: G

OVERALL RATING: ★★★★★

OVERALL RATING: ★★★★★

REVIEW BY STEVEN PRYOR

The lone problem in the film is the scattered usage of modern pop songs, which may have the effect of dating the film in the coming years. Said music often clashes with the older standards and classical music the series is usually known for. Even so, this easily offset by the songs being set to the comedic misfortune the series runs on, as well a scene where Sally nicely satirizes her brother's newfound fame in the form of merchandising his likeness (something Schulz notably said was fine "as long as the quality of one's work remains refined").

With a story and animation that stay true to its roots, "The Peanuts Movie" is a great family film to help lead off the holiday movie season. Charles Schulz's heirs, who cowrote the script, have honored their father's work by delivering one of the most delightfully faithful adaptations ever. Much like the comic strip and TV specials on which it is based, it is a film that will be treasured for years to come.



COURTESY: UNIVERSAL PICTURES

The 15th film from Pixar Animation Studios has arrived in the form of "Inside Out". This "major emotion picture" is the ideal film to celebrate 20 years of animation since the original "Toy Story" first graced theater screens in 1995.

The story concerns a young girl named Riley (voice of Kaitlyn Dias) and her parents (voices of Diane Lane and Kyle McLachlan) moving to San Francisco and trying to cope with this change. The emotions that such a change can instill consist of Joy (Poehler); Sadness (Smith), Anger (Black); Fear (Hader), and Disgust (Kaling). With some difficulties, they try to guide Riley through the changes in her life.

Then crisis strikes when Joy and Sadness get lost in Riley's memory banks; and the two distinct personalities must find their way back while Fear, Anger, and Disgust try to deal with the chaos of the whole thing.

The situation is instantly relatable to anyone who has gone through the situations portrayed in the film. Not only that; the personified emotions play off each other in a manner worthy of their actors' diverse backgrounds not only in film but in TV series such as "Saturday Night Live" and "The Office." Pete Docter, who made the wonderful "Monsters, Inc." and "Up," has managed to deliver another film that can easily get you on the same wavelength as the emotions you see onscreen.

The animation is also, as usual, worthy of the studio's pedigree. The way the characters move is slick, and the use of color and lighting is masterful. The environments also make great use of the San Francisco location as well as giving the state of Riley's mind every nuance short of its own zip code in terms of design.

Of course, the film is also preceded by one of Pixar's traditional shorts in the form of the film "Lava." A love

story of two volcanoes is the ideal curtain-raiser to such a great film.

Even though the revolution Pixar brought along in 1995 has long since become the establishment, "Inside Out" proves to be just as grand in making you feel as any live-action film. Whether it's a group of toys or a midwestern family adjusting to life in the Bay Area, Docter knows how to hit all the right notes for any age group. Whether it's fear of being the new kid in town, joy over bonding with your family, sadness over leaving your old life behind, anger about your belongings being held up by movers, or disgust at garish fashions, it is the ideal family film that will easily be remembered for another 20 years as Pixar continues to build a legacy on par with Disney.

DVD REVIEW:

Inside Out

STARRING: Amy Poehler, Mindy Kaling, Lewis Black, Bill Hader, and Phyllis Smith

PRODUCTION: Walt Disney Pictures, Pixar Animation Studios

DIRECTED: Pete Docter

GENRE: Animation, Adventure, Comedy, Drama, Family, Fantasy

RATED: PG

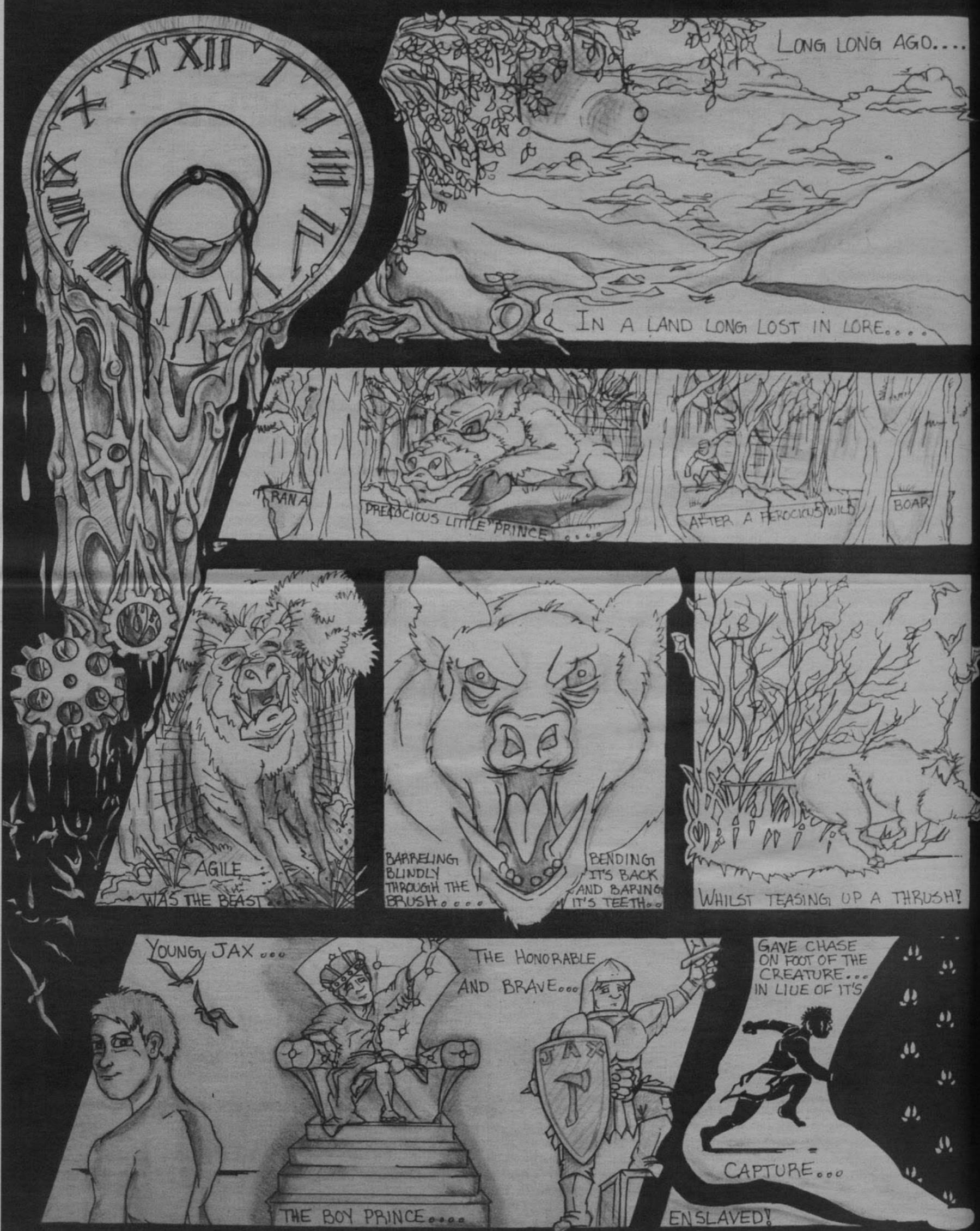
RELEASED ON BLU-RAY & DVD: Nov. 3, 2015

OVERALL RATING: ★★★★★

OVERALL RATING: ★★★★★

REVIEW BY STEVEN PRYOR

ARTS & ENTERTAINMENT



CONSTANT DAYDREAM

Marley Mccarthy

In my constant daydream
 You are dancing with me
 And we are so free
 More free than I will ever be
 And that's what tortures me
 Tears at my being
 Colors merge
 Blasphemy and holy words
 Infinite layers
 With no recurve

In my constant daydream
 You are making love with me
 And it's serene
 How we are free
 More free than I'll ever be
 And that's what tortures me
 Tears at my being
 Oh, the flies

Thousands of flies
 They are gnashing at her breasts
 They are sucking on her chest
 Filling holes where nothings left
 In my daydream

THE LAMENT

Nicholas Svoboda

Come, hear the woods call, Can you recall? Might you may	remember their name! but silent the same.
What many days ye tread The footprints left in the wake	what many winters come; a marker of all that's done.
Nights to remove the veil Only to see them part	to free the stars high as the sun passes by.
Such glow the stars hold Darkness becomes now darker	as they fade to city lights now a feared sight.
Companions come and gone The four-legged friends	not to replace each other loyal, brave, and loving brother
Such a mysticism The autumn winds	and religion forged among leaves sweeping us from our knees
Respect for the immortal giants The way they teach us humility	who sway and bend in the wind if we would simply listen.

BIBLIOPHILE'S LAMENT

Sha Lindsay

Oh how glorious the days of the tight-bound book.
 How lovely the pallid pages---smooth, sharp, slender.
 How warm the subtle scent---terra, timber, time.
 How bold the pressed print---purposeful, pitch-black, pristine.
 Fading is the age, of hand-held hyperbole.
 Expiring is the hour, of tangible testament.
 Dying are the embers, of palpable prose.
 Weep do we, the leftovers of a long-literate lineage.
 Grind do we our teeth, tireless in our textual-tenacity.
 Shade do we our fists, firmly in oft-felt frustration.
 Oh how I reach toward a renaissance of reading.
 How I long for a legion of literal literature.
 How I preach for the plight of the printing press.
 How I advocate for a new awakening of ardent articulation.
 Brimming is the heart, of a ravenous-reader.
 Indispensable is the mind, of a witty-wordsmith.
 Treasured are the hands, of a blessed book-binder.
 Oh how precious, the public-repository of published-print.
 How visible, the volume of volumes within this vast-vessel.
 How staggering, the sum of its soft-held secrets.
 How inspiring, the inviting illusion of infinite-information.
 Bound am I, to the beloved beliefs of the bibliophile.



NETFLIX
RECOMMENDATION

“The Hurt Locker”

Winning Best Picture at the Academy Awards, “The Hurt Locker” takes a serious and insightful look into the damage war can have on soldiers.



DID YOU KNOW?

There are over 2 million female veterans in the United States.

THE COMMONS
Cafeteria

... MENU ...
11/11 - 11/17

- Wednesday:** Veteran's Day
 - Thursday:** Kalua Pork with Steamed Rice* and Mac Salad, Hazelnut Crusted Salmon with Frangelico Beurre Blanc*, Vegetarian Risotto*, Soups: Potato Sausage and Kale*, and Coconut Curried Carrot*.
 - Friday:** Chef's Choice
 - Monday:** Chicken Pot Pie, Grilled Salmon*, Vegetarian Yakisoba. Soups: French Onion*, and Cream of Broccoli.
 - Tuesday:** Coconut Seafood Stew*, Chicken Fried Steak with Country Gravy, Vegetarian Quesadillas. Soups: Tortilla Chicken*, and Loaded Potato Chowder.
- Menu is subject to change without notice.
Items denoted with a * are gluten-free

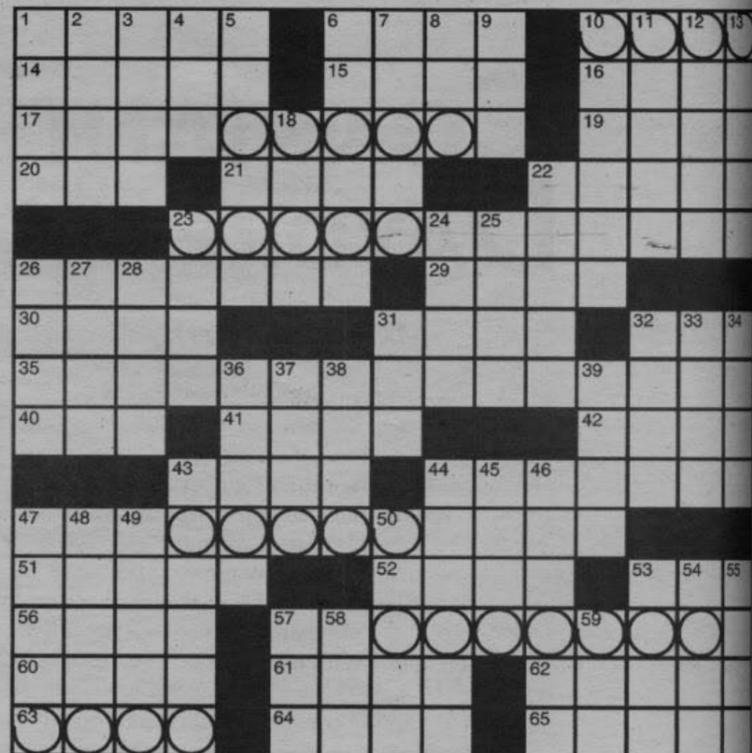
Monday-Friday 10 a.m.-1:15 p.m.

FOR RELEASE NOVEMBER 12, 2015

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

- ACROSS**
- 1 Thin locks, as of hair
 - 6 League fraction
 - 10 Long-armed beasts
 - 14 Tin Pan Alley org.
 - 15 "... but I play one ..."
 - 16 Lead-in for sci
 - 17 Diamond heist?
 - 19 Tiger Woods' ex
 - 20 Fresh from the oven
 - 21 One may be tossed after a wish
 - 22 Rub the wrong way
 - 23 Bare-bones' staff
 - 26 Painter who was a leader of the Fauvist movement
 - 29 "... Ben Adhem"
 - 30 Shooting star, to some
 - 31 1928 Oscar winner Jannings
 - 32 Early Beatle Sutcliffe
 - 35 Dinner side, and what can literally be found in this puzzle's circles
 - 40 Firm
 - 41 Reason for a tow job
 - 42 Literary governess
 - 43 Controversial video game feature
 - 44 Does a security job
 - 47 Divides, as lovers
 - 51 Squirrel away
 - 52 Fruit discard
 - 53 ___ bath
 - 56 Cost of living?
 - 57 Stereotypical bachelors' toys
 - 60 Eye rakishly
 - 61 Place to see crawls
 - 62 Rock's ___ Boingo
 - 63 He's fifth on the career home run list
 - 64 Kennel sounds
 - 65 Graph lines
- DOWN**
- 1 Break-even transaction



By Kurt Krauss

11/12/15

- 2 Comparative words
- 3 Naé sayer
- 4 Frequent companion
- 5 Dust motes
- 6 Calder piece
- 7 Featherbrained
- 8 SFPD ranks
- 9 Memorable temptation victim
- 10 Brief outline
- 11 ___ cap
- 12 Beethoven's "Für ___"
- 13 Resilient strength
- 18 Anti votes
- 22 Name on a historic B-29
- 23 Cosecant's reciprocal
- 24 Teach, in a way
- 25 Final notice?
- 26 Kids' drivers, often
- 27 Valéry's valentine
- 28 Printed words
- 31 It may need a boost
- 32 Roy Rogers' birth name
- 33 Fork-tailed flier
- 34 Exploits
- 36 Smeltery waste
- 37 Hit or miss



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11/12/15

- 38 Three-sided blade
- 39 "... I've ___ to the mountaintop": King
- 43 Beaux ___: noble deeds
- 44 Ice cream designs
- 45 Copper
- 46 Three-time 21st-century World Series champs
- 47 Billiards shot
- 48 Greek finale
- 49 Virile
- 50 Military unit
- 53 Tailless cat
- 54 Goad
- 55 British mil. decorations
- 57 Tom Clancy figure
- 58 Hawaiian dish
- 59 Org. in Tom Clancy novels

SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level:

- 1 2
3 4

					9		1	
2	8						4	5
			4		2			
		3		1		5		6
			5		7			
6				2		8		
		6	1		9			
7	4						9	
3		9						

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

SOLUTION TO WEDNESDAY'S PUZZLE

5	8	2	7	3	6	1	4	9
7	9	3	8	4	1	5	6	2
6	1	4	5	2	9	8	7	3
2	3	9	6	7	8	4	1	5
4	7	5	1	9	3	6	2	8
1	6	8	4	5	2	3	9	7
9	5	7	3	1	4	2	8	6
8	2	1	9	6	5	7	3	4
3	4	6	2	8	7	9	5	1

11/12/15

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DUCKS MAUL GOLDEN BEARS

Oregon still has a long shot at Pac-12 title

Oregon's offense was in rare normal form Nov. 7, with the Ducks amassing 777 yards, a school record against California.

Now that quarterback Vernon Adams is healthy and getting acclimated to the Ducks' offense, the tempo that Oregon has used effectively since Chip Kelly was the offensive coordinator was on full display against Cal. The Ducks were more up-tempo than they have been all season, which has been a calling card for the web-foots, and an unsolvable riddle for their opponents when the offense is humming. It doesn't allow for substitutions, clear communication, or, if the Ducks are really moving fast, time to get set up before the snap.

That speed helps the running backs as the defenders lose a step.

Royce Freeman finished the game with 180 yards rushing, and has been on a blazing pace this season. He is now number four in rushing yards in the nation, with 1,289 yards rushing. Oregon finished the game against Cal with 477 rushing.

California's Jared Goff didn't look like a projected first-round pick on the rainy night in Autzen.

Goff and California opened the game up with 10 quick points in the first quarter, and looked to have Oregon on their heels early. After a warning from the referee for playing music while Cal's offense was on the field, the crowd went nuts, and the Duck's defense stood tall and stopped Cal on third-and-short. In most other games this season, when the defense needed to stand tall, they shrank

and gave up the first down.

After that stop on third down, Vernon Adams went to work, and Oregon's offense was reminiscent of the last few years. They outscored Cal 31-0 after the Golden Bear's first 10 points. Adams finished the game with 300 yards passing and 4 TD's 2 int.

Cal had a chance to put points on the board with nine seconds on the clock, but Oregon's secondary held up, and made Jared Goff hold the ball longer than he should have, while waiting for one of his receivers to break open in the end zone. After that stop right before the end of the half, California never made a serious run at Oregon, and the final score stood at 44-28.

Oregon travels down to Palo Alto to play the No. 7 ranked Stanford Cardinals.

If Stanford wins, it closes the door on any hope the Ducks have at defending their Pac-12 North title, but if the Ducks beat Stanford, the door is still open for a repeat. Oregon would need California to beat Stanford and Washington State to lose a game as well.



COLUMN BY
JASON CASEY
@REALJASONCASEY

OSU BOWL HOPES LOST

Without a bowl game the Beavers look towards Civil War showdown

The Beavers had a rough game this past weekend, losing 41-0 to UCLA in a shutout at Reser Stadium. They are now 2-7 and have no chance of becoming bowl eligible this year. Gary Andersen's development of Oregon State's young core has been tough. Neither Seth Collins or Nick Mitchell at quarterback have been able to lead their team to victory against a Power 5 foe.

With the remainder of the season the Beavers should begin ironing out their

quarterback of the future, splitting reps between their two quarterbacks in hopes that one develops into a solid starter for next year. It has not been all doom in Corvallis, Oregon native Ryan Nall has developed into a young talent that might prove very useful in Andersen's future system. Storm Barrs-Woods has been great for the Beavers in his career and will undoubtedly get every start to end the season and is on his way to the NFL next season. Nall has the size

and power to become a force in the Pac-12 next year, which will be useful in the power run system Andersen was successful in Wisconsin.

Beyond developing young talent over the remaining three games this season, Beaver fans have their sights set on the Civil War. Oregon State fans can consider the season successful if they are able to get a win over in state rival Oregon. The Ducks have won 7 straight but the Beavers had some close losses in

that stretch. The Beavers ability to play the Ducks at a higher level each year will make the Civil War an exciting game and will serve as Oregon State's pseudo bowl game. The tension will be high and the excitement for the game will help the Beaver's young core of players develop under the spotlight.



COLUMN BY
ANDREW GILLETTE
@ANDREWJILLETTE

EQUESTRIANS COMPETE, RAISE MONEY

LBCC equestrian team hosts successful fundraiser

A Northwest autumn morning, with the sun not quite through the fog; there is a bustle of trailers with the snorts of horses waiting to be released. Collegiate athletes and their equine partners file toward the arena.

On Nov. 7-8, the LBCC Equestrian Club hosted its annual fundraiser at the Linn County Fairgrounds, in the Calapooia Arena in conjunction with the International Horse Show Association. This intercollegiate event featured students from colleges as far north as British Columbia, and south as the University of Oregon.

"We are lucky here at LBCC to have the facilities to be able to sponsor an event like this," said Jenny Strooband, faculty advisor and team mentor. "These fundraisers are what help support the school's team."

LBCC is one of the only community colleges here in the Northwest that offer an equestrian team, as well as classes featuring horse science management. As part of this past weekend's event LBCC sponsored not only riders, but their horses too.

Vivienne Hill, originally from California, and Nicki Sinfield from Washington, responded in unison as if sisters: "We probably would not be in college if not for this program."

These students travel all over the Northwest competing in events, including jumping, equestrian, and Western riding. They earn points based on how they do and attempt to advance to regionals and on to finals.

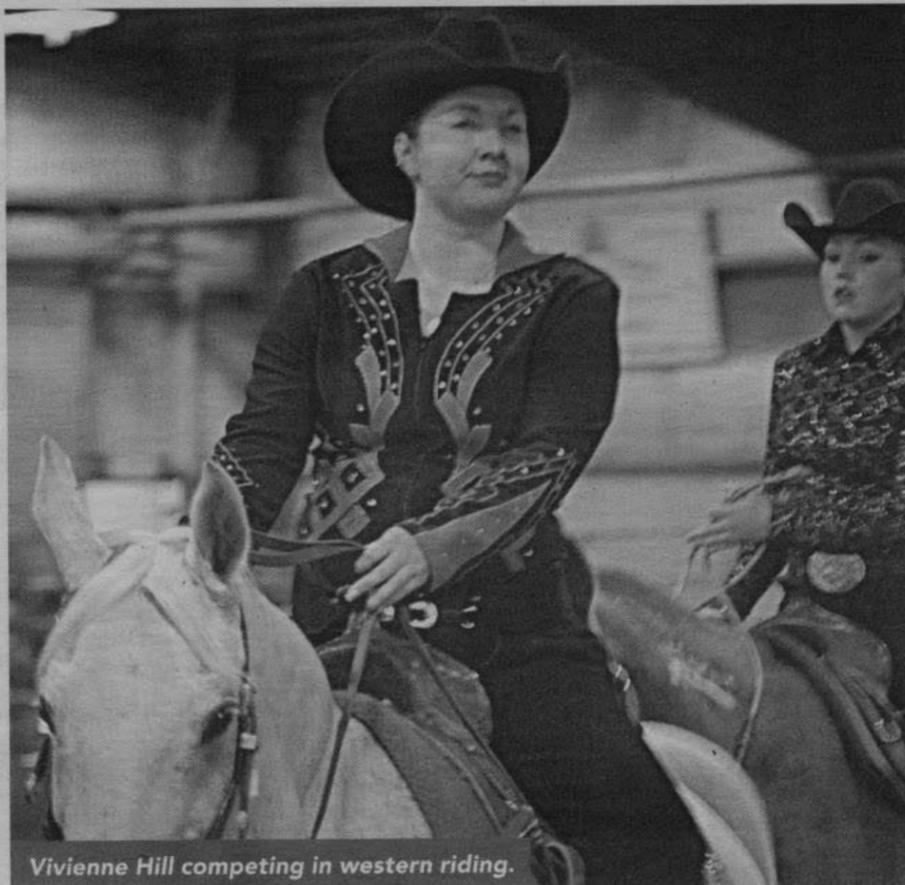
LBCC team captain Tylyn Holzapfel is feeling the pressure,

"There is a bit more pressure being the captain, but I love it!"

Nearby, Sarah Watson shouted, "Tylyn is a champ though!" And the rest of the team agreed.



STORY AND PHOTO BY
BRIAN HAUSOTTER
@BHAUSOTTER



Vivienne Hill competing in western riding.

LBCC VOLLEYBALL PLAYOFF BOUND



RoadRunner Volleyball ended their season on a ten-match winning streak and are looking ahead to the Northwest Athletic Conference Championship in Tacoma, Wash. Nov. 19-22.

In the match against Southwestern Oregon Community College LBCC won (25-22, 25-27, 25-19, 26-24).

"Cara Wonsley absolutely stepped up..., especially against SWOCC," said Coach Jayme Frazier. "She attacked smartly and served with precision. I would also say that sophomore Michelle Sand stepped in and provided a defensive spark at just the right time."

Halloween weekend the LB Volleyball team took home the title at the 40th Dorian Harris Halloween Classic. Alyvia Sams won the tournament MVP.

"The Halloween tournament was a

good example of all-around team effort," said Frazier. "When one person was down, another player picked up the slack. If I were to choose some standouts, though, Sydnie McLaughlin, Alyvia Sams, and Sam Rouleau stand out in the stats and with other coaches. They were also chosen to be on the all-star team."

The volleyball team has a nine-day layoff between their last match and the NWAC tournament. They will be practice, watch film, lift weights, and take a break Sat. Nov. 14. Then back to school and preparing for their 4:30 p.m. match Nov. 19.

"We do have to prepare and organize in order to be absent from school," said Frazier. "Getting organized ahead of time is key so that nothing slides while we are gone, including getting ready to register for next term, setting up tests

ahead of time, etc."

The actual match preparation won't be much different even though the stakes will be higher for the lady RoadRunners.

"We always try to focus on the next game ahead of us rather than looking too far in the future," said Frazier. "We game plan the same no matter who we are playing so it keeps us in the present moment. We look at our strengths and weaknesses at the beginning of every week and chip away at fixing the weaknesses, and decide how our strengths can be used to exploit the other team's game plan."

LBCC will need their veterans to step up if they are going to advance in Tacoma.

"I would say that Alyvia Sams and McKenzie Cushman are two players who will move immediately into leadership roles as we transition into post-season

and beyond," said Frazier. "Honestly, each of the freshman will need to step up in their own way."



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