

## COURSE SYLLABUS

### Psychology 219: Abnormal Psychology

Spring Term 2015 -- CRN: 49046

MW: 9:00 AM – 10:20 AM

NSH Room 110

**Instructor:** Stan Mazur-Hart, Ph.D.  
Office: IA - 220  
Phone: 541-917-4878  
E-mail: [mazurhs@linnbenton.edu](mailto:mazurhs@linnbenton.edu)  
Office Hours: MW: 9:00-10:00 AM; F: 10:00-11:00 AM; or by Appointment

**Required Materials:** Text: Comer, R.J. (2014). Fundamentals of Abnormal Psychology, 7<sup>th</sup> Edition. Worth Publishers: New York, New York.  
Worth LaunchPad Access Card  
Lecture Notes; Assigned Readings and Papers/Projects

**Course Description:** An introduction to the study of psychological disorders, including issues of diagnosis and treatment. Topics include: models of abnormality; overview of major disorders, including diagnostic considerations; current research on treatment effectiveness; and the impact of psychological disorders on society and its legal system.

**Requirements:** 3 Tests (each test covers the section of the course immediately preceding it)  
Quizzes & In-Class Activities  
Paper/Project; LaunchPad Assignments  
Final Exam (cumulative over the entire course)

**Prerequisites:** There are no required prerequisites for this course. However, this course will require college level writing reading, and computer skills. Student placement at or above the following courses is strongly recommended for success in this course: LBCC Reading 120, LBCC Writing 121, and LBCC General Psychology.

#### Course Objectives:

- Understand and describe basic research methods in psychology
- Understand and compute basic statistics
- Apply knowledge of statistics to information presented in the media
- Define abnormality from the perspectives of deviance, distress, dysfunction, & danger
- Distinguish the relative merits of models for understanding psychological abnormality: medical, psychodynamic, behavioral, cognitive, humanistic, and sociocultural
- Identify key approaches to accurate diagnosis
- Explain the structure and content of the DSM-V
- Describe each of the major anxiety disorders and effective treatments for each
- Identify symptoms of depression and mania and discuss genetic factors in each

- Know the central features of anorexia nervosa and bulimia and the primary age groups in which they are most common
- Describe the diagnostic criteria for schizophrenia, including both positive and negative symptoms, and genetic factors
- Describe, discuss, and apply the diathesis-stress paradigm for serious mental illnesses
- Discuss brain chemistry in depression, bipolar, and schizophrenia and evaluate the effectiveness of psychopharmacology
- Identify developmental factors in personality disorders
- Explain Oregon law related to civil and forensic commitments

### **Psychology 219 Class Policies:**

**Attendance:** This is a lecture, small group, and student participation class, so attendance is crucial. Students who miss more than three classes should consider withdrawing and taking the course at a better time for them. The instructor's lecture notes are not available for students who miss class.

**Class Activities:** In addition to the exams and papers/projects for this course, there will be some in-class activities, required use of Psych Portal which accompanies the required text, and some 10 - 15 minute quizzes throughout the semester in various forms (pop quiz, take home quiz, group quiz, etc.). Since not all quizzes will be announced in advance, it is highly beneficial to keep up with the reading and class assignments. Quiz questions may come directly from lectures, class activities, or assigned chapters in the textbook. There will be no make-ups for quizzes, Psych Portal assignments, or in-class activities missed. All exams must be taken as scheduled, date and time.

**Late Assignments:** A premium is placed on completing assignments on time. Assignments are due at the beginning of class. Late assignments are penalized 20% per class regardless of validity of excuse. Assignments more than one week late will not be accepted.

Permission to take a make-up test is given only after a written request is submitted to the instructor and approved on or before the day on which the test is scheduled in class. Any make-up test that is not approved on or before the date of the test in class will be penalized 20% per day that it is not taken. Make-up tests may not be taken more than one week after the scheduled time for the test in class. There are no make-ups for quizzes or in-class activities. The final exam must be taken at the time and day scheduled by LBCC.

Make-up tests are taken in the Student Assessment Center (HO-110). Space in the Student Assessment Center can be limited, especially during the ten days before finals, so students should schedule to take make-up tests early. Cell phones, even if turned off, and electronic devices are not allowed in the testing area of the Student Assessment Center. The hours of the Student Assessment Center are 9:00 a.m. – 3:00 p.m. on Mondays, Wednesdays, Thursdays, and Fridays; and 9:00 a.m. – 6:00 p.m. on Tuesdays. All testing must begin within these hours.

**Courtesy and Classroom Decorum:** Please be mindful that everyone is here to learn. Cell phones, I-Pods, and audio/video recording devices may not be used during class or exams. Please remember to turn off cell phones before class starts, arrive on time for class, and avoid doing anything that is disruptive in class. Differences of opinion are encouraged and should be respected, as long as they are presented in a constructive and courteous manner.

**E-mail, Written Requests, and Phone Messages:** The preferred method of communication with the instructor outside class and office hours is e-mail. Phone messages are not always reliable. Students should establish an LBCC student e-mail account, for which there is no charge. In each e-mail, please include your full name, course number, and course title. All messages will be acknowledged as promptly as possible.

**Returned Work:** Most student work submitted on time will be returned within two class periods or sooner. Any work not collected when it is returned in class may be collected during office hours. Students may collect only their own work.

### **College Policies:**

**Cheating and Plagiarism:** Using someone else's work as your own on tests or any other assignments or using information or ideas without proper citations (plagiarism) can result in the student failing the assignment, test, or class. Bibliographies and in-text citations are required whenever the student uses outside sources, including Internet sources.

**Wait List Policy:** If this class is full, registered students not attending class during the first day of the term will be withdrawn and wait list students who are attending the class will be admitted to the class on a space available basis.

**Incomplete Grades:** You may be eligible for an "Incomplete" grade if you have finished 75% of the class work. If you are assigned an "Incomplete," all coursework must be finished by the date determined by the instructor. You must contact the instructor before the final exam to receive an "Incomplete."

**Students with Disabilities:** If you have emergency medical information for your instructor, need special arrangements to evacuate campus, or have a documented disability, please meet with the instructor, by appointment, no later than the first week of the term, to discuss your needs and present your Center for Accessibility Resources (CFAR) accommodation letter. If you have a documented disability that will impact you at college and you have yet to seek accommodations, contact CFAR for intake and to document your disability with LBCC. Only students who document a disability and present an accommodation letter to the instructor are entitled to academic accommodation. Each term, when you register for classes and at least 2-3 weeks prior to the start of a term, submit your "Request for Accommodations" form to CFAR. During Week 1, pick up your accommodation letter for your instructor and deliver it in person to your instructor during office hours or by appointment. Your instructor may need to arrange your accommodations. CAR may be reached from any LBCC Campus/Center by e-mail to [cfarlabr.linnbenton.edu](mailto:cfarlabr.linnbenton.edu) by calling 541-917-4789. Letter pick-up is available at each LBCC Campus/Center.

**Student Instructional Services:** There are additional instructional services available for students at LBCC beyond classroom instruction and instructor consultations. These services include the Learning Center in WH-226, which is above the Library, and the Support Lab, which is in RCH-114. Also, The Writing Center, located in WH-200, provides writing, grammar, and composition assistance to students. The Library is located in WH-137.

## CLASS SCHEDULE

### Psychology 219: Abnormal Psychology -- Spring Term 2015

Class	Day	Date	Assignment
1	M	Mar 30	Intro to Abnormal Psychology: Past & Present (p. 1-31)
2	W	Apr 1	Models of Abnormality (p. 33-48)
3	M	Apr 6	Models of Abnormality (p. 49-67)
4	W	Apr 8	Assessment, Diagnosis, & Treatment (p. 69-95)
5	M	Apr 13	<b>First Test: Chapters 1, 2, &amp; 3 as assigned</b>
6	W	Apr 15	Anxiety Disorders (p. 97-126)
7	M	Apr 20	Anxiety Disorders (p. 127-137)
8	W	Apr 22	Disorders of Trauma & Stress (p. 139-148; p. 155-161)
9	M	Apr 27	Disorders of Mood (p. 171-205)
10	W	Apr 29	<b>Second Test: Chapters 4, 5, &amp; 6 as assigned</b>
11	M	May 4	Suicide (p. 208-233)
12	W	May 6	Disorders Featuring Somatic Symptoms (p. 235-263)
13	M	May 11	Eating Disorders (p. 266-282)
14	W	May 13	Substance Use & Addictive Disorders (p. 293-327)
15	M	May 18	<b>Third Test: Chapters 7, 8, 9, &amp; 10 as assigned</b>
16	W	May 20	Schizophrenia (p. 363-378)
	M	May 25	<b>No Class: Memorial Day Holiday</b>
17	W	May 27	Schizophrenia (p. 378-397)
18	M	Jun 1	Personality Disorders (p. 399-437)
19	W	Jun 3	Law, Society, & Mental Health (p. 501-529)
20	M	Jun 8	<b>Final Exam: 10:00 AM - 11:50 AM</b>

**Statement of Inclusion:** The LBCC community is enriched by diversity. Everyone has the right to think, learn, and work together in an environment of respect, tolerance, and goodwill. We will work toward creating a community without prejudice, intimidation, or discrimination.