

# **Linn-Benton Community College Nursing Program**

## **NUR 101A - Fundamentals of Nursing**

**Fall 2021**

### **Syllabus**

#### **Instructor Information and Availability**

Course Coordinator: Caitlyn Terrell

E-mail address: terrelc@linnbenton.edu

Office hours: Available by appointment

Office number: HOC 214

Phone number: 541-917-4526

#### **Course Information**

Course name: Fundamentals of Nursing

CRN: 26399 & 26646

Scheduled time/days: M/T 0900-1120 OR 1300-1520

Number of credits: 5

Classroom(s): HOC 130

**Faculty:** Professor Caitlyn Terrell, MSN, RN; Professor Katie Tocarczyk MSN, RN; Professor Emily Fisk, MSN, RN, CHPN; Professor Telena Bence MSN, RN, CNOR; Professor Heather Peacock, MSN, RN, RNC-OB; Professor Marcy Shanks, MSN, RN; Professor Tiffany Slover, DNP, MSN Ed, RN

#### **Course Description**

The first nursing course in the lecture series. Covers core concepts associated with the role of professional nurses. Introduces fundamental concepts including health and illness, infection prevention and control, pain, nutrition, elimination, sleep/rest, mobility, communication, documentation, evidence-based research and care, fluid and electrolyte balance, and introduction to mental health. Prepares students to begin clinical practice

by learning to plan and direct care as well as develop critical thinking skills to apply theory to what they will see in practice.

Within this course **\_4\_ hrs are dedicated to pain theory** to assist in complying with OSBN educational requirements.

### **Student Learning Outcomes**

1. Management of Care: Recognize and understand the legal-ethical dilemmas in the nurse-client relationship and identify appropriate interventions.
2. Safety and Infection Control: Identify and apply principles to protect the client from injury, including infection control, identification of clients, and accurate documentation.
3. Health Promotion and Maintenance: Demonstrate established protocols to reinforce basic health promotion and self-care education for clients.
4. Psychosocial Integrity: Identify need for culturally competent care in the nurse-client relationship.
5. Basic Care and Comfort: Identify non-pharmacological care and comfort measures, and how to assist clients undergoing alterations in health, in the performance of activities of daily living.
6. Pharmacological and Parenteral Therapies: Identify and understand appropriate pain management interventions for various types of pain and how to evaluate their effectiveness.
7. Reduction of Risk Potential: Apply knowledge of pathophysiology to identify potential complications.
8. Physiological Adaptation: Apply pathological, physiological and behavioral science concepts to assess the adaptation of clients to alterations in health and illness.
9. Professional Engagement: Demonstrate evidence-based research to support practice.

### **Course Materials**

This book list is provided in proper APA (7th ed.) format (please note that APA referencing a chapter in an edited book is different than referencing an entire book as done below):

Ackley, B.J. & Ladwig, G.B. (2020). *Nursing diagnosis handbook: An evidence-based guide to planning care*. (12<sup>th</sup> ed). Elsevier.

American Nurses Association (2015). *Code of ethics for nurses with interpretive statements*. Hardcopy ISBN: 9781558105997 E-book ISBN: 9781558106000

American Nurses Association (2021). *Nursing scope and standards of practice*. (4th ed).

Hardcopy only ISBN: 9780999308868

American Psychological Association. (2019). *Publication manual of the American*

*Psychological Association* (7th ed.) Washington, D.C.: American Psychological

Association.

Burchum, J. R. & Rosenthal, L. D. (2021). *Lehne's pharmacology for nursing care*. (11th

ed.). Elsevier.

Giddens, J.F. (2021). *Concepts for nursing practice*. (3<sup>rd</sup> ed.) Elsevier.

Harding, M., Kwong, J., Roberts, D., Hagler, D, & Reinisch, C. (2020). *Lewis's*

*medical-surgical nursing: Assessment and management of clinical problems*.

(11th ed.). Elsevier.

Potter, P.A., Perry, A.G., Stockert, P.A., & Hall, A.M. (2021). *Fundamentals of*

*nursing*. (10th ed.). Elsevier.

Thompson, J.M. (2018). *Essential health assessment*. F. A. Davis.

Townsend, M.C. & Morgan, K. I. (2021). *Psychiatric mental health nursing: Concepts of*

*care in evidence-based practice*. (10th ed.). F.A.Davis.

Van Leeuwen, A.M. & Bladh, M.L. (2021). *Davis's comprehensive handbook*

*of laboratory & diagnostic tests with nursing implications*. (9th ed.). F. A. Davis.

**Optional:**

Ogden, S. & Fluharty, L. (2020). *Calculations of drug dosages: A work text*. (11ed).

Elsevier.

Sommers, M. S. & Fannin, E. F. (2018). *Diseases and disorders: A nursing therapeutics manual*. (6th ed.). F.A. Davis.

Vallerand, A. H. & Sanoski, C. A. (2019). *Davis's drug guide for nurses*. (17th ed.). F. A. Davis.

**For program policies please see your student handbook.**

### **Grading**

Multiple choice, short answer testing

a.	Post Test #1	50 pts*
b.	Post Test #2	50 pts*
c.	Post Test #3	50 pts*
d.	Post Test #4	50 pts*
e.	Final Exam	100 pts*

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Test Total	300 pts*
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Other assigned or written work

a.	Writing Assignment	18 pts
b.	Writing Summary Assignment	15pts
c.	Classroom preparation assignments	30 pts

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Total Course Points	363 pts
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**\*Actual number of points may vary depending upon post-test or post-activity analysis in order to maintain standards of academic rigor.**

### **Grading:**

The grading scale that follows complies with the LBCC Associate Degree Nursing Program Policies and Procedures. For this course, grades are determined by a percentage of all available points as follows:

- A = 92.00-100%
- B = 83.00 – 91.99%
- C = 75.00 – 82.99%
- D = 67.00 - 74.99%
- F = less than 66.99%

**Students MUST pass the A and B components of the term curriculum, as well as NUR268 in order to progress to the next sequence of the program.**

**Students are strongly encouraged to review the Standards of Student Performance Policy each term.** As stated in the policy: "Nursing students must maintain a test average (all post tests and final) of 75% (without rounding) and a minimum grade of "C" in each nursing course and a minimum grade point average of 2.0 in all other related courses. Students who have a testing average less than 75% will receive no higher than a "D" grade in the course regardless of the number of total points they have earned during the course." If you are having difficulty or need to talk about your progression, please contact your clinical instructor, faculty advisor or the Department Chair for direction.

### **College Policies:**

#### **Classroom Requirements for All Students and Faculty due to Covid-19**

Linn-Benton Community College has established rules and policies to make the return to the classroom as safe as possible. It is required for everyone to follow all of the campus rules and policies. To participate in this class, LBCC requires all students to comply with the following: **Masks Required at All Times in Classroom.**

Students must wear a mask or face covering indoors at all times. Your mask or face covering must be properly worn (fully covering nose and mouth and tight-fitting). Mesh masks, face shields, or face covering that incorporates a valve designed to facilitate easy exhalation are not acceptable. If you have a medical condition or a disability that prevents you from wearing a mask or cloth face covering, you must obtain an accommodation from CFAR (Center for Accessibility Resources) to be exempt from this requirement. State guidelines do not limit class size. Physical distancing accommodations can be made upon request and cleaning supplies are also available for personal use.

#### **Technology Recommendations**

Please see the recommended list of equipment below. Students who cannot afford these resources can contact the [Roadrunner Resource Center](#) about funding.

#### **Standard equipment recommendation**

- Broadband internet
- A computer with 256g SSD, 8G RAM, i5 6th gen processor (or equivalent functionality)
- Device with a microphone and speaker

- Device with a camera

**Professional Conduct** If there is an issue that is impairing your educational process, we ask that you first speak to the individual involved. If the issue is not resolved or you have a concern about your progression in the program, please see your nursing faculty advisor as soon as you recognize there is a problem. Unresolved issues can be discussed with the Department Chair or Dean of Healthcare. A copy of the Rights and Responsibilities of LBCC students is available at:

<https://www.linnbenton.edu/about-lbcc/administration/policies/student-rights-responsibilities-and-conduct.php>

### **LBCC Email and Course Communications**

You are responsible for all communications sent via Moodle and to your LBCC email account. You are required to use your LBCC provided email account for all email communications at the College. You may access your LBCC student email account through Student Email and your Moodle account through Moodle.

### **Disability and Access Statement**

LBCC is committed to inclusiveness and equal access to higher education. If you have approved accommodations through the Center for Accessibility Resources (CFAR) and would like to use your accommodations in the class, please talk to your instructor as soon as possible to discuss your needs. If you believe you may need accommodations but are not yet registered with CFAR, please visit the [CFAR Website](#) for steps on how to apply for services or call (541) 917-4789.

### **Statement of Inclusion**

To promote academic excellence and learning environments that encourage multiple perspectives and the free exchange of ideas, all courses at LBCC will provide students the opportunity to interact with values, opinions, and/or beliefs different than their own in safe, positive and nurturing learning environments. LBCC is committed to producing culturally literate individuals capable of interacting, collaborating and problem-solving in an ever-changing community and diverse workforce.

[Equal Opportunity and Statement of Non-Discrimination.](#)

## **Basic Needs Statement:**

Any student who has difficulty affording food or finding a safe and stable place to live, or who needs assistance with resources for transportation, childcare, etc., is urged to contact the [Roadrunner Resource Center](#) for support and referral to community resources. Also, please talk with your instructor if you are comfortable doing so. This can help them direct you to the appropriate office and resource.

## **Academic Integrity**

Academic integrity is the principle of engaging in scholarly activity with honesty and fairness, and participating ethically in the pursuit of learning. Academic integrity is expected of all learners at LBCC. Behavior that violates academic integrity policies at LBCC includes cheating, plagiarism, unauthorized assistance or supporting others in engaging in academic dishonesty, knowingly furnishing false information, or changing or misusing college documents, among others. LBCC students are responsible for understanding and abiding by the College's academic integrity policy.

## **Title IX Reporting Policy**

If you or another student are the victim of any form of sexual misconduct (including dating/domestic violence, stalking, sexual harassment), or any form of gender discrimination, LBCC can assist you. You can [report](#) a violation of our [sexual misconduct policy](#) directly to our Title IX Coordinator. You may also report the issue to a faculty member, who is required to notify the Coordinator, or you may make an appointment to speak confidentially to our Advising and Career Center by calling 541-917-4780.

## **Public Safety/Emergency Resources:**

In an emergency, call 911. Also, call [LBCC Public Safety and Loss Prevention Office](#) at 541-926-6855 or 541-917-4440.

From any LBCC phone, you may alternatively dial extension 411 or 4440. LBCC has a [public safety app](#) available for free. We encourage people to download it to their cell phones. Public Safety also is the home for LBCC's Lost & Found. They provide escorts for safety when needed. Visit them to learn more.

## **Changes to the Syllabus**

The LBCC Nursing Faculty reserves the right to change the contents of this syllabus. You will be given notice of relevant changes in class, through a Moodle Announcement, or through LBCC e-mail.