THE COMMERCE PUBLICATION

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A WEEKLY STUDENT PUBLICATION

A WEEKLY STU

Wednesday, Jan. 30, 2002

Linn-Benton Community College, Albany, Oregon

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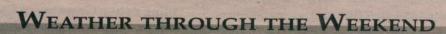
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Powder Play

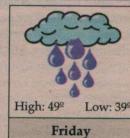
Snow hounds revel in season's biggest storm

In Focus, Page 6













What is life? It is the flash of a firefly in the night. It is the breath of a buffalo in the wintertime. It is the little shadow which runs across the grass and loses itself in the sunset.

-Crowfoot's last words

(Blackfoot Warrior and Orator, 1890)
Source: Weather.com

### OFF BEAT

### The secret to a happy marriage? Insurance

A 55-year-old Maryland woman's two husbands and a lover all died violently, and police say she enticed the second and third victims to kill their predecessors and then threatened potential witnesses with voodoo. Her first husband was shot to death in 1974. Charges against her and her boyfriend were dropped after witnesses failed to testify. She got \$16,000 in life insurance and married the boyfriend. He died in 1990. Charges against her and her next boyfriend were also dropped because witnesses wouldn't testify. She got \$50,000 in insurance payments. That boyfriend was killed in 1996. She got \$95,000 in insurance. Her current boyfriend has been convinced that he should testify against her.

### Speeder fined \$6,866 permile over the limit

Authorities in Finland, who penalize speeders according to their income, fined millionaire Anssa Vanjoki \$103,000 for doing 46 in a 31 mph zone. He is appealing.

### Now where to you stash the cash?

A 32-year-old woman grabbed money from a cash register at a department store in Murfeesboro, Tenn., then crashed her getaway car and fled into a wooded marsh. With police and dogs in hot pursuit, she began to shed her clothes because they were getting soaked and soggy and hard to run in. The trail of clothing, however, made it easy for the cops to track her. When the cops caught up with her, she was nude and holding a fistful of cash.

### Now that'll teach 'em

A group of young Zambian men, incensed at women who wear miniskirts and other "suggestive and provocative" clothing in public, rampaged through the streets of Lusaka and stripped dozens of them naked.

### **Back So Soon?**

An ex-convict who was locked up for many years stole a six-pack of beer from a Florida convenience store because he wanted to go back to jail, telling police "I can't succeed in this world."

—From KRT News

# Theater department needs munchkins for rehearsal

Do you have elementary-aged children who might be interested in helping our college actors prepare for LBCC's winter term production of "Shakespeare Can Be Fun: 'Twelfth Night' for Kids?''

During the performances of "Twelfth Night for Kids" the actors will be asking 10 children from the audience to come up on stage and play parts. These children will be selected by their teachers just prior to the beginning of the performance. They are instructed about the part they are to play and then return to their seats until the actors to whom they are assigned, come to collect them for participation.

In order for the actors to know how to prepare children to participate during these moments in the performance, they need to rehearse with children who are not familiar with the play.

Anyone with elementary-aged children can bring them on Saturday, Feb. 2 from 11:30 to 12:30 in the Takena Hall Theater to help us with the choreography and rehearsal of these participation moments of our play.

For more information, email jeanbonifas@proaxis.com or call Patrice Bledsoe-Wright at LBCC's Box Office, 917-4531

# Even a late start can't keep you out of the kitchen

The Benton Center offers several late start cooking classes this term. Now is your opportunity to learn a new style of cooking, or experience some new cuisine. To register log on to sis.lbcc.cc.or.us, call 917-4991 or stop by the registration desk at the Benton Center. Classes offered include:

•Fresh Homemade Soups and Muffins (CRN: 32907).

• TexMex La Cantina Style (CRN: 32902) An ongoing series of classes featuring recipes from La Cantina Restaurante.

•Saucing the Pasta (CRN: 32906). Learn to make marinara and lasagna sauce plus other unusual sauces.

Enjoy a meal at each meeting. The instructor is Francie O'Shea. Class meets Tuesday, Feb. 26 and March 5 from 6 to 8:50 p.m. at the Benton Center in Room 109. Registration is required by Friday, Feb. 22. Course costs \$13.40 plus a \$10 lab fee.

# How to survive college in three more easy lessons

Need help learning how to take notes, writing scholarship application essays, studying, figuring out math problems, or



even answering essay test questions? You can get help at the Winter 2002 Survival Seminars, which meet Tuesdays from noon to 12:45 p.m. in LRC 210.

The next seminar will be held Feb. 5 featuring the topic "Getting Help With Studying: Boost Your Grade, Not Your Blood Pressure."

On Feb. 12 the topic will be "So Much Math...So Little Time: Ready For Some Tips on Reducing Your Math Anxiety?"

On Feb. 19 the topic will be "How to Answer Essay Test Questions: Learn What To Do When It's Not Multiple Choice."

Brochures explaining the Survival Seminar program are available in the Learning Center.

# 13 universities come hunting for transfer students

LBCC will be holding its annual College Transfer Day on Monday Feb. 4 in Takena Hall between 9 a.m. and 1 p.m. This event is open to all LBCC students, local high schools and the public.

Representatives from 13 different Oregon colleges will be there to inform and assist transferring students. Participating colleges are Eastern Oregon University, Linfield College, Northwest Christian College, Oregon Institute of Technology, Oregon State University, Pacific University, Portland State University, Southern Oregon University, University of Oregon, University of Phoenix, University of Portland, Western Baptist College, Western Oregon University and Willamette University.

"Since we started this event in the mid-90s, it's been a great success," commented Career Advisor, Nancy Morrill. For more information, call 917-4816.

# LB staffer injured, wife killed in auto accident

Craig Hosterman, director of the Secondary Wood Products program at LBCC, was seriously injured and his wife killed in a car accident in Linn County on Saturday. Craig is in critical condition in Sacred Heart Hospital in Eugene, where he underwent surgery Sunday. Services for his wife Cecile are expected to be held sometime next week. The couple has been active as "team parents" for the OSU men's basketball program.

### Randomology

### A Few Fun Froggie Factoids

A group of frogs is called an army.

Certain frogs can be frozen solid then thawed, and continue living. Frog-eating bats identify edible from poisonous frogs by listening to the mating calls of male frogs. Frogs counter by hiding and using short, difficult to locate calls.

Frogs move faster than toads.

Frogs must close their eyes to swallow.

If a frog's mouth is held open for too long the frog will suffocate.

It was discovered on a space mission that a frog can throw up. The frog throws up its stomach first, so the stomach is dangling out of its mouth. Then the frog uses its forearms to dig out all of the stomach's contents and then swallows the stomach back down.

The poison arrow frog has enough poison to kill about 2,200 people.

Toads don't have teeth, frogs do.

Frogs drink and breathe through their skin.

Japan is the largest exporter of frog's legs.

The underside of a horse's hoof is called a frog. The frog peels off several times a year with new growth.

Kermit the Frog has 11 points on his collar around his neck.

Kermit the Frog is left-handed.

Kermit the Frog was named after Kermit Scott, a childhood friend of Jim Henson's, who became a professor of philosophy at Purdue University.

The biggest species frog is the Goliath frog. They come from Cameroon in West Africa. Their bodies can reach the size of nearly a foot (30 cm) long. Their legs are also at least that long. The Conraua Goliath weighs as much as a large housecat, about 3.3 kilos!

sources:

http://allaboutfrogs.org/weird/ strange/big.html http://www.uselessfacts.net/

### THE COMMUTER STAFF

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed by student fees and advertising.

Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty, Associated Students of LBCC or the Tri-lateral Commission. Editorials, columns, letters and cartoons reflect the opinions of those who sign them.

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# Campus News

# Technology fee propels LB into digital age

Three-year-old \$1 per credit fee outfits classrooms with state-of-the-art projectors

by D.D. Malloy

of The Commuter

Students viewing an Internet site on the projection screen in the front of the classroom can thank themselves for funding the state-of-the-art equipment that makes it possible.

The \$1 per credit Technology Fee was approved by the college board three years ago for the purchase of technical educational equipment. This year the fund will spend more than \$150,000 for the purchase of technical equipment throughout the district.

The fund has helped propel LBCC's classrooms into the digital age. According to Media Services Director Paul Snyder, "In just a few years we have had to move from an audiovisual media service to a digital media service."

The focus of the program so far has been replacing and upgrading outdated equipment, networking the classrooms to media services and the Internet, installing multi-media overhead projectors and the creation of portable multimedia equipment. By the end of the year, the campus will have 63 permanent stations and nine multimedia carts.

"The tech fund has helped us develop online classrooms," said Snyder. "We have installed online components and tools such as online conferencing, testing and content with educational links." He added that he is working on making more distance-educational programming available in the regional centers-Lebanon, Sweet Home, and Corvallisthrough instructional television technol-

Snyder noted that currently all writing classes are offered online and on instructional television (ITV). Math 60 through Math 111 classes are also on ITV. Visual Basic computer classes will be offered on ITV when the classrooms get the necessary equipment upgrades. The Benton Center, in Corvallis, has two ITV projectors and the Lebanon and Sweet Home centers each have one. The program may be expanded to local high schools provided that the Educational Service District and local school districts agree to fund the program in their areas.

LBCC is in a broadcast-network partnership with OSU, U of O, PSU, WOU, and Lane, Chemeketa and Portland com-

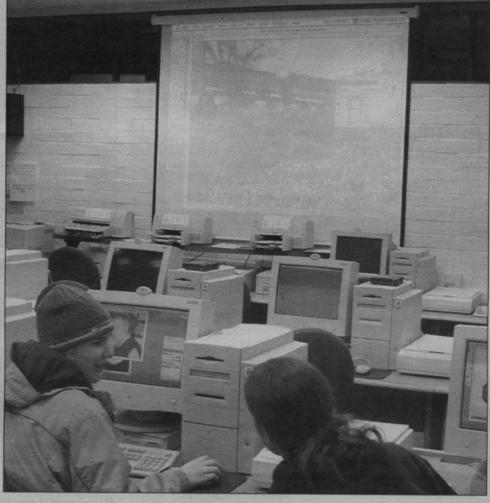


Photo by Jenn Geiger

About 50 classrooms on campus have been outfitted with computer-generated muliti-media projectors financed through the \$1 per credit technology fee over the past three years. By the end of the year, more than 60 classrooms are expected to be equipped with the state-of-the-art projectors.

"In just a few years we have had to move from an audiovisual media service to a digital media service."

-Paul Snyder

24 hours daily.

The projects paid for by the tech fee are reviewed by a committee, which meets quarterly to screen and approve project proposals. The committee is made up of faculty from each instructional division, as well as two high-level administrators and one student.

"The biggest problem we have is that teachers teach in several classrooms around the district, and instructors that have technical lectures need to have technical capabilities in their classrooms," Snyder pointed out. "It is sometimes difficult to match instructors with available technical classrooms."

A second problem is that as more of this equipment is acquired, maintenance becomes an ongoing expense, he said. munity colleges with a potential of ITV The fund as it now exists does not allow you can leave the lights on."

for the expenditure for technician's salaries to repair and replace faulty components. The system is currently maintained by one part-time tech.

The \$1 per credit fee has made technicaleducational devices and services available to every educational department in the college.

"Technology moves so quickly it can be hard to do long-range planning," Snyder added, "These funds allow us to respond to current technologies needed to facilitate program curriculums."

He noted that the cost of similar equipment has fallen over the years, while the quality has increased. "Our first overhead computer-generated projector cost \$8,000 and the lights had to be out to see the screen. Our last unit cost \$3,000, and

### 'First Step' computer courses offered

by Mandie Humphreys of The Commuter

Linn County residents who have been hesitant to step into the computer age can get a helping hand at the East Linn Center's First Step computer classes.

Although the First Step classes have been drawing from 10 to 20 people in every class, they are not that well known, said instructor Paul

He said that most of those who take the classes are elderly people who want to learn the basics of computers for reasons as simple as wanting to be in contact with their family through e-mail.

The class starts off with the basics, but then is adapted to meet the different needs of the people in the class, so the content can change from group to group.

"I try to be aware of what the needs are," said Aziz. The class may start out as basic as how to turn on the computer, and proceeded from there to such concepts as Windows formatting; using the mouse and keyboard; starting and closing applications; using menus and dialog boxes; saving and printing documents; using Windows Multimedia controls; editing, selecting, moving, copying and pasting text; and creating documents within the WordPad word processing program. The class does not carry college credit.

Classes specifically for seniors meet from 1 p.m. to 4 p.m. on Wednesdays, and classes for anyone meet from 3 p.m. to 6 p.m. on Tuesdays. The course lasts four

A follow up class, called the Second Step Computer Class, is designed to show students how to maintain their computer as well as organize the operating system.

A new class for new computer users, "Surfing Seniors," will start Feb. 8. The class is designed to show seniors how to get around on the Internet, which Aziz described as "a natural follow-up" to the First Step class.

## Student leadership positions open; tuition waivers offered

by Alexis Urhausen

of the Commuter

The Associated Student Government (ASG) and Student Programing Board (SPB) election campaigns are underway.

Candidates to the ASG will be chosen in a student body election scheduled for Feb. 26-27, while candidates for the SPB will be appointed by the ASG.

Students can pick up applications for both organizations in the Student Life & Leadership

Applications are due back Feb.15. Approved candidates are free to use signage supplies provided by the Student Life and Leadership Office.

There are eight ASG positions open and eight SPB positions. The requirements for all positions are to maintain a 2.0 GPA or higher, be a fully matriculated student (applied, paid admissions and taken placement tests), and be taking six or more credits a term.

The ASG is made up of three officers-president, vice-president and public relations secretary—and five student representatives.

The president's duties include chairing council meetings, serving as spokesperson for the ASG and the student body, and rep-

resenting students on the College Council. Among the vicepresident's duties are representing students before Board of Education and coordinating student committee assignments.

The public relations/secretary is responsible for recording and distributing ASG meeting minutes, coordinating press coverage for ASG activities and members, and other duties.

The five student representatives include one elected at-large and four elected to represent the divisions of business & health occupations, science & industry, liberal arts & human performance, and student services &

Extended Learning. Each representative is responsible for submitting weekly reports on progress with committees, meeting regularly with division deans, attending weekly ASG meetings, and other duties.

Office holders are eligible for tuition grants for two to three terms, depending on the position. Candidates elected take office in spring term.

The eight positions on the Student Programming Board are appointed rather than elected. The SPB is responsible for developing and organizing a wide variety of student activities, from intramural athletic tournaments

and campus entertainment events to political speakers and community involvement.

Positions on the SPB include team coordinator, intramural/ recreation, health/recreation, multicultural activities, campus/recreation, community events, series events, and current events/political activities.

SPB candidates will be interviewed by the ASG on Feb. 27 in the Student Life & Leadership Office. Candidates chosen will take office in spring term.

For more information on any of these positions stop by the Student Life & Leadership Office or call at 917-4457.

# Campus News

### First Peace Forum to discuss violence

by J. Oxley

of The Commuter

Students and staff interested in world affairs are invited to attend a series of Peace Forums that begin this Friday in which guest speakers will address issues of peace and war.

The forums are being coordinated by the Peace Studies Program, a co-curricular activity at LBCC that focuses on building awareness of nonviolent approaches to conflict resolution.

Ellen O'Shea, a Benton County social worker, will talk about violence in the U.S. culture in the first forum this Friday, Feb. 1, from noon to 1 p.m.

"To become active in nonviolence it starts at the grassroots level, in our homes, schools and attitudes."

-Matt Martin

in the Multicultural Center.

After the topic has been presented she will open the floor for input and discussion. Students are welcome to bring lunch and tea will be provided.

Matt Martin, the student facilitator of the forum, said he hopes it will "open minds" to look at "alternatives to violence."

The forums will be held for six consecutive Fridays through March 8 in the Multicultural Center, which is located on the second floor of the Student Union.

Each forum will have a different guest speaker or facilitator every Friday.

Those interested in more information can stop by the Multicultural Center or contact Peace Studies Advisor Doug Clark at 917-4557.

"To become active in nonviolence it starts at the grassroots level, in our homes, schools and attitudes," said Martin.



Photo by Stefanie Hessenkemper

### Willamette Valley Hospice, and

is the director of Mother Oak's Child Center for Grieving Chil-Malicoat also travels across

the nation speaking to groups and organizations about living with hope in an age of injustice and despair.

The workshop will be held in the Linn-Benton Fireside Room; lunch will be provided.

### Pump It Up

Rachael Torresdal works out on one of the weight machines in the Activities Center Weight Room.

### Malicoat presents talk about hope in today's world

by Lydia Eaton

of The Commuter

On Feb.2, from 9 a.m. to 4 p.m., Trey Malicoat, adjunct faculty at Western Oregon University, will be presenting the "Out of the Rubble: A leadership workshop on brokenness, justice, honor and hope."

Topics covered will be the acknowledgment of pain in our lives, embracing justice around us, honoring yourself and how

we can live with hope in the sity, the Associate Director of world today.

Malicoat has extensive experience in helping trauma victims. Recently he was sent to New York to help victims of the World Trade Center bombing. He has traveled and spoken in New Zealand and has been a pastor among faith communities in

He is currently adjunct faculty at Western Oregon Univer-

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# Campus News

# Studies in Antarctica serve diversity in classroom

by Wendy Geist of The Commuter

Students and associates of Sue Cowles gathered in a classroom at LB's Benton Center last Thursday for a live transmission from Antarctica.

Photos were transmitted over the Internet as Cowles narrated the captions. The opportunity was given to ask questions directly to Cowles over the telephone. Her responses were then broadcast to the classroom over the Internet after a 30-second delay.

"It was like we were in a time warp," said Mary Anne Nusrala, Adult Basic Education instructor. "There was an awkward delay over the phone."

Nusrala, who normally teaches the evening class at the Benton Center, is teaching Cowles' morning GED class while she is away.

Cowles is taking part in a program called (TEA), Teachers Experiencing Antarctica and Arctic program. Her job, while in Antarctica, is to demonstrate that science is a human endeavor and to share it with the classroom and commu-

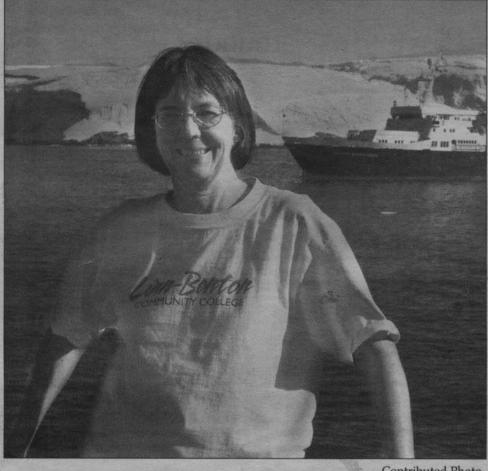
She was joined in the live transmission with biologist Dr. Hugh Ducklow from the College of William & Mary Virginia Institute of Marine Science and Dave Bresnahan, a representative of the National Science Foundation.

It took a little while to get used to the process of asking questions with a time delay, but then the questions really started to roll.

"How have you benefited from your experiences there?" asked GED student Susie Schilling.

Cowles responded that she has learned a lot about polar research and met interesting scientists, carpenters, electricians and waste management

"What kind of food do you eat?" asked an adult education student from Linda



Susan Cowles, an adult basic education instructor, takes a moment to have her photo taken of her in an LB T-shirt outside in Antarctica. In a live transmission beamed via the Internet, Cowles explained that she is standing in front of the Marr ice sheet, which she can see from her bedroom window.

Hobson's Lebanon class.

Cowles and the scientists replied that a ship comes once every six months with dry and frozen food, but that they also eat very well.

"The food is way too good," said

Waste management was another topic discussed in the transmission. A question was asked about the impact on ecology in Antarctica by things such as sewage and vehicles.

Bresnahan explained that waste pro-

duced by people in Antarctica is carefully managed. A lot of it is sent to Washington State for recycling. Food scraps are grounded, mixed with salt water and placed into the ocean. Everything is done in accordance with the Antarctic Treaty.

Today, 43 nations are signed onto the Antarctic Treaty, under which all human activityis dedicated to peaceful purposes and scientific research. Everyone in the Treaty agrees to inspections of their facilities by others in an attempt to keep the environment undamaged by humans.

"My biggest surprise about Antarctica is that it isn't as cold as I expected it to be." -Susan Cowles

The population of Antarctica was also explained in the live transmission. Palmer Station has 37 people, McMurdo has 1,100 people and the South Pole has 220 people currently researching there during this Antarctic summer. Less than one-fourth of this amount are there during the Antarctic winter.

Cowles also showed photos during the live transmission. She included pictures of Palmer Station, the Marrice sheet, and zodiac boats, which she learned to operate.

She told the classroom about Adelie and Chinstrap penguins and their chicks, and how she saw large elephant seals fighting.

The average summer temperature at Palmer Station, where Cowles is staying, is 36 degrees Fahrenheit. In the winter the average is 14 degrees Fahrenheit. Palmer Station's weather is a lot milder than at the South Pole, where the mean annual temperature is -70 degrees Fahrenheit.

'My biggest surprise about Antarctica is that it isn't as cold as I expected it to be," said Cowles. "But the wind changes suddenly; sometimes it is beautiful and sunny outside and then the wind comes out and we have to go back

Another live transmission will soon be scheduled for sometime in February. Meanwhile her students are checking Cowles' daily journal entries at http:// tea.rice.edu/tea\_cowlesfrontpage.html where she also includes math problems that have to do with her daily experiences in Antarctica.

### Grants now offered to help clubs present positive voice on alcohol and drug abuse

by Wendy K. Chasteen

of The Commuter

"Taking it all for granted" campus club looking for expo- of the mini-grants. sure. Clubs can now quality for grants of up to \$300 for sponsoring campus activities that promote education on substance abuse issues.

There are approximately 20 clubs and co-curricular groups on the LBCC campus that are eligible to apply for the grant, offered for the first time this term by Student Life & Leadership.

"This is a great opportunity for recruitment, and publicity," said Carol Wenzel of the SL&L Office. The criteria for the award is that the applicants demonstrate clearly that events or activities planned contribute to positive decision-making regarding alcohol and other drugs.

Up to \$300 will be given to an approved applicant.

Last summer Diane Watson, dean of Student Service, got together with Tammi Paul Bryant,

director of Student Life & Leadership, and decided that the Intramural-Recreation Team might be a great idea if you are a would head up the supervision

The Intramural-Recreation Team members are Amy Willis, Josh Johnson and Twila Skelley. They can be reached in the SL&L office on the east side of the Courtyard.

The applications for the minigrant need only two weeks for approval. The Intramural-Recreation Team and the SL&L staff will review the applications for the effectiveness it will provide the LBCC student body regarding drug and alcohol abuse education and prevention.





# In Focus

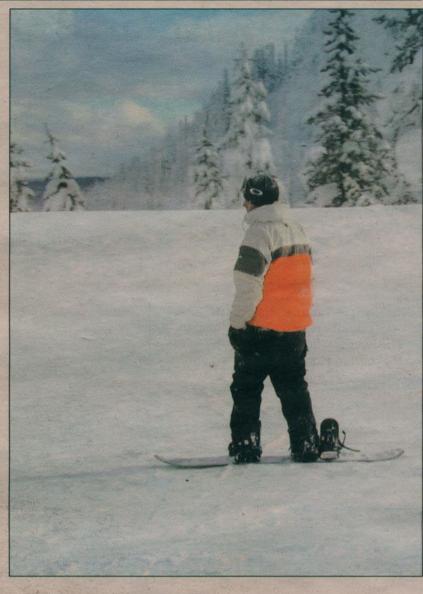
# hitting the slopes

### Weekend storm turns Pass into playground

Skiers and snowboarders, like Jace Pedersen and Chris Bennett (right), braved the icy roads to enjoy the snow at Hoodoo this weekend. After a near record snowfall, the slopes were packed with beginners and experts alike. Hoodoo is in the process of building a new (bottom) to attract even more people to one of the least expensive ski areas in Oregon.







photos by Rebecca Pedersen







# ARTS & ENTERTAINMENT

# Art center show explores urban settings, human form

by Mariana Schatte

of The Commuter

The Corvallis Arts Center is presenting paintings by Carl Niederer and sculptures by Richard Herr now through Feb. 7.

Niederer explores the forgotten beauty of different cities like San Francisco, New York and Sydney. In his watercolors he focuses on capturing pieces of lost nature in the middle of concrete jungles, like boats, walls, ports, buildings and houses. "Bridge of East Sydney" and "Umbrella Lost Near Cooper Union" are part of this exhibition.

Niederer was born in Oregon and lives on the coast in Florence. He started out in New York as a design apprentice at Russel Wright Associates, after receiving his degree at the University of Oregon and studying art in Paris. In 1960, Niederer traveled to Japan to do watercolor paintings. He moved back to the West Coast as an industrial designer and settled in San Francisco.

The visually stimulating scenery of San Francisco inspired him to do watercolors, and by 1962 he was showing his work at H.P. Corwith Ltd. Gallery in the same city.

Later, Niederer became head of the Art Department at the University of Wyoming. The University opened more opportunities for him to experiment with watercolor, to travel and to read.

Richard Herr's work is a little bit harder to understand. He produces abstract art with cast resin and catches the human form with his bronze works like "Man" and "Defiled"

Born in New York, Herr was raised in North Carolina and graduated from Georgia Tech in Atlanta. His first career was as a designer in New York and LA. By 1971, he had completed his first sculpture of a female torso and cast it in bronze. This hooked him on sculpting. He moved to Bandon, Ore., and has lived there ever since.

Herr draws, paints and sculpts. All of his art is related to the human form.

The Corvallis Arts Center is open 11 a.m. to 5 p.m., Tuesday through Sunday.



"Umbrella Lost Near Cooper Union," a watercolor by Carl Niederer, is among the work on view at the Corvallis Arts Center this month. Also in the exhibit are sculptures by Richard Herr (below).



Photos by Jenn Geiger

# Events

Jan.30-Feb.5

LBCC Benton Center
Writing Event

Writing Event Feb.3, 3 to 5 p.m. Kitchen Classroom

Corvallis
Latin Party
Feb. 2, 10 p.m.-1:30 a.m.
Old World Deli
\$3; over 21

Theater: "Stop Kiss" At OSU campus, Jan. 31 to Feb. 2, 7:30 p.m. Tickets: 737-2784

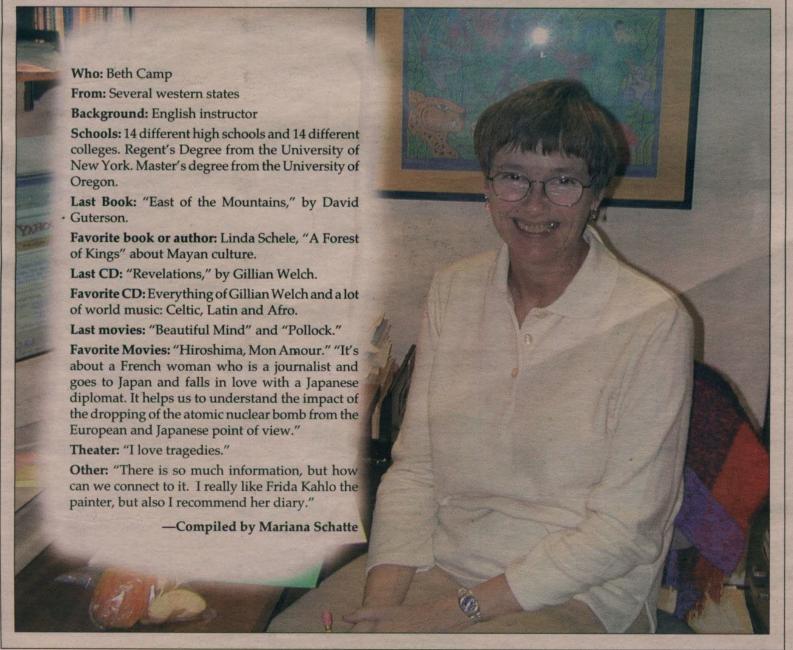
EG (critique group)
Feb. 3, Feb. 17, March 3
2 to 4 p.m.
Library Board Room
Serious writers critique
each other's work

Albany
Theater: "Auntie Mame"
Jan. 31 to Feb. 2
Regina Frager Theater
Tickets \$8 and \$6
752-7779; 967-8140

Salem
Oregon Peace Festival II
Saturday, Feb. 2
10 a.m.-6 p.m.
Willamette University

Eugene
Susanne Vega
Tuesday, Feb. 5
McDonald Theare
Tickets:(800) 992-TIXX

### **A&E PROFILE**



# Feb. 1 deadline set for submissions to art LB journal

Mariana Schatte

of The Commuter
The Eloquent

The Eloquent Umbrella, LBCC's student-published creative arts journal, offers residents of Linn and Benton counties the opportunity to get published.

The deadline for submissions is this Friday, Feb.1.

The book has been published annually for 12 years, with the purpose of stimulating art in the community. Works being sought include drawings, painting, poetry, short stories, essays and photos on any theme.

The students in WR 247 Publishing and Editing: Graphics Arts for Writers decide which work goes in the book. Each student has one vote, including the instructor Lane Millet.

"The motivation for students to do this is that they get their names in the book and also a publication record, and this information can be added to their resumes," said Millet.

To submit work, e-mail Lane Millet at terrance@peak.org, or deliver work to AHSS Room 108 to Tammy Wright before Feb. 1.

The book is printed at a local print shop with funds provided from student fees and sales of the previous year's journal.

# ORTON





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Teller I or II (Corvallis) #1216 -These 2 full-time positions are in Corvallis at two different branches. Jobs are hard to come by, so don't wait! See Carla in the Career Center (T101) before these jobs are filled! Also, the bird whispered in my ear that Washington Mutual is looking for a full-time teller in Albany.

LBCC CWE Intern (Hewlett Packard) #1217 - This great parttime flexible job is 20 hours a week and provides great work experience in the corporate world. If you can commit to the job for one year and are interested in working in a library enivronment, see Carla in Student Employment (T101) to get your referral. Resumes must be faxed through Carla in Student Employment.

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application.requests@ci.eugene.or.us. Application materials also available at www.ci.eugene.or.us/jobs/ default.htm

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Nickel/Silver mix Everett closedhole flute. Excellent condition, great for a beginning student. Nice tone. \$225. Contact Lydia Eaton, (541)929-

### SCHOLARSHIPS

by Stan Waling

The Families of Freedom Scholarships Foundation offers scholarships to anyone who may be a dependent to one of the victims of the attacks on Sept. 11. Addtl. info and apps. are available at the Learning Center (LRC 212). Addtl. info may be requested on the app.

Attention Nursing Students: The American Lung Assoc. of Oregon offers the Sadie Orr Dunbar scholarship to any person who completes the requirements. Addtl. info. is available at LRC 212. Applications and all other necessary info is due by June 1, 2002.

### MISCELLANEOUS

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### Crossword

- ACROSS
- Family men Quarrel
- 10 Lake in
  Lombardy
  14 Tell's missile
  15 Lomond, e.g.
  16 Throat-clearing
  sound
  17 Sierra

- 27 Highest quality 29 Male sheep 31 Mental health 35 Patch roads
- 37 Neon or radon
- 39 Excessive enthusiasm 40 Became alert
- 41 Historic period 42 Knockout gas 43 Stable mothers
- 44 Command to
- Fido 45 Memorize 46 Method
- 48 Broadcast
- \_\_gin fizz Foremost
- position 53 No vote
- Tack on Breakfast cereal
- 61 lcy coating 62 Asp victim, briefly 63 Legal defense
- 66 Quechuan ruler And Was a candidate
- Villainous Uriah 70 Discharged a
- debt 71 Country near
- DOWN 1 Sidekick 2 Subsist 3 Sit-in

- participants 4 First-class

- 01/28/02
- 5 Nifty 6 Performance Solutions
- declines
  7 Fiddlesticks!
  8 Player
  9 Macbeth's peers

- Adds fizz Indiana neighbor Brief note
- 12 Brief note
  13 Trans-Siberian
  RR stop
  21 Auditory organ
  22 Glossy paint
  23 General
  Creighton
  24 Allowance
  28 Be a fall guy
  30 Operatic
  soprano Callas
  32 Half a breath
  33 Steering linkage
- 33 Steering linkage piece 34 Told tales,
- informally 36 Add grass to greens 38 Sri Lankan

export

47 Zany 49 Collegiate cheer 52 Perry's secretary 54 Dough raiser 56 \_\_ tzu

B I W S C O W O

L E P H O N E B O O K
L A P H E N O

TAGS

A Y A N T A 3 H W

57 Make a point 58 Track event 59 Lucy's husband 60 Choir voice

A M 3 T

64 Small marsh 65 State north of Nev.

SAGAG

I'M COMIN'/ This better be good ... No!! Bo git some water!! The kitchen ain't that for away!



www.kchronicles.com

# Local News

### Blood donations begin to recover after red alert scare

by Jeff Hall

of The Commuter

While this region's supplies of A negative and O positive blood appears to be rebounding from a critical shortage at the start of the year, they are still teetering on the brink of being insufficient.

Amanda Calnan-Vowel, spokesperson for Pacific Northwest Blood Services of the American Red Cross, said that thanks to people responding to an urgent call for blood, donors supplies are slowly recovering from the red alert of two weeks ago when they dwindled to a level that would supply only four hours of a normal day's needs.

Donors typically contribute once each year, and because of the 9-11 tragedy, many gave blood before their usual donation date. This caused Red Cross supplies to drain critically low during the last months of the year when those regular donors would otherwise have given blood. Compounding the emergency, holidays are normally a period of low donor activity.

Calnan-Vowel urges people to commit to a regular schedule of donation and to give as often as possible rather than waiting for an urgent call.

"One unit of blood can save the lives of three people," she said. "Make blood donation a regular habit. That benefits everyone. Lines are shorter."

A donor may give blood every 56 days, must weigh at least 105 pounds, and be 17 years or older. Other requirements exist. Call 1-800-GIVE-LIFE for more information or to make an appointment to give. The Red Cross is online at http://redcross.peak.org/ with detailed schedules for blood drives throughout the Mid-Valley.

# Garlic for the soul

### Planting now can bring breath of fresh air this winter

by Regina Noble

for The Commuter

Planting garlic is the perfect cure to dispel a mundane, rainy, winter day in Oregon.

Oregon cabin fever in the winter led an "average Joe and Jane" to take drastic measures. Wet bones and an aversion to fuss left them with the choice of gardening.

With snow on the ground and the need for some fresh air, this method of garlic-planting would not persuade expert gardeners, who plant garlic annually in late fall and harvest in late spring, or even the spiritual gardener, who plants on the shortest day of the year and harvests on the longest day of the year.

Garlic planted in December in Gilroy, Calif., the garlic capitol of the world, should be ready to harvest in late June or July. When planted early in the spring, in Febru-

ary or March, the bulbs should be ready for lifting in August, when the leaves will be beginning to wither.

Should the summer have been wet and cold, they probably will not be ready until nearly the middle of September. In the case of our novice gardeners, Joe and Jane, who planted their garlic to commemorate Martin Luther King Day, we will just have to wait and see.

Joe and Jane tilled soil to a dark, wet, mushy look. As the blue sky appeared out of nowhere, on a dreary Oregon afternoon with a winter blue so bright, they stopped in awe. The sun beating down lured them to break ground and bury those cloves. Bundled up to keep the cold out, they were tempted to delayer by the surprise-sun and warm their skin.

The sun's appearance foretold that those little bulbs would not rot, but instead prosper as winter steps forward into Aphrodite's orb. The treat would be the challenge of the growing and not knowing whether the

garlic's sprouting would be successful. The sun shone that afternoon for two hours, which ensured and perplexed the life that those bulbs would have.

Many before have grown garlic for its potent uses. Through the centuries, Egyptian and folk remedies included the use of garlic to treat wounds, or intestinal parasites, such as pinworms and dysentery. In 1916, the government asked for tons of the bulbs: garlic was used as an antiseptic and was in great demand during the

past in war.

However, in today's modern fast-paced world, the emphasis of garlic has been publicized with its values to aid the cardiovascular and immune systems of the body.

For Joe and Jane, it was a simple matter of playing in the mud and allowing the soul to vent and unwind. Would their care and winter bliss reap the rewards of a bumper garlic crop come summer, or were the rewards already granted as they enjoyed that sunny, rainy, snowy Oregon winter day?



# Menu Jan. 30 - Feb. 5

### Wednesday

Pot Roast Chicken Burrito Grilled Vegetable Skewers Tomato Rice Soup Corn Chowder Soup Taco Salad

### Thursday

Liver, Bacon and Onions Croque Monsieur Grilled Vegetable Pizza Hot and Sour Soup Cream of Tomato Soup Grilled Chicken Spinach Salad

### Friday

Chef's Choice

### Monday

Baked Ham
Beef Goulash
Cheese and Vegetable Frittata
Cheddar Cheese Soup
Beef Barley Soup
Tuna Nicoise Salad

### Tuesday

Chicken and Dumplings Chili Verde Vegetable Strudel Split Pea w/tomato Soup Albondigas Soup Grilled Chicken Caesar

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# Sports Page

# After-hour thieves rip off lockers in Activities Center

by Sherry Majeski of The Commuter

There have been several break-ins of lockers in the Activities Center locker rooms since the beginning of the fall season.

There were seven incidents since Sept. 17 to date, one being a minor act of criminal mischief that left a locker damaged.

There is no specific pattern except that the events have occurred during evening classes, when activity levels are at their lowest. The thefts appear to be performed at random, according to Eric Fisk, PE/Equipment Athletic Coordina-

Fisk said extra security measures are being taken to prevent more thefts and to please take these necessary precautions:

- Don't leave valuables in lockers overnight.
- Double check lockers to be sure they are secured.
- •Be aware of suspicious characters and report any usual behavior to Eric or security.
- Take every step possible to secure the safety of student property.

Jesse Thorpe's locker was broken into while he was playing baseball on the evening of Tuesday, Jan. 22. His locker was pried open at the bottom and his

street clothes were removed through the opening. Thorpe lost Lugz boots valued at \$70, a pair of \$40 pants, a \$30 belt and his wallet. There was \$10 in the pocket of his pants along with his vehicle keys, which he later found in a neighboring locker. All items were new Christmas

"It was courteous of the thief to leave my keys," said Thorpe.

Items stolen have been primarily clothing and shoes. The first theft occurred on Sept. 24, in the women's locker room, when a pair of Nike shorts and a Timex watch, valued at \$75, were taken. Other recent thefts include:

•Oct. 8, in the women's locker room a pair of Nike shoes, a sports bra, tank top, Mossismo shorts and the combination lock, valued at \$145.

•Oct. 15, in the men's locker room was a pair of Starter shoes and shorts and an Orlando Magic tank top, valued at \$75.

• Jan.1, in the women's locker room a pair of Kathy Ireland tennis shoes, Columbia shorts, sweat pants and a Hanes T-shirt, socks and a sports bra, valued at

• Jan. 14, in the men's locker room a set of athletics sweat pants and shirt, valued at \$70. The locker was left unlocked.

Anyone with any information regarding these thefts, please call campus security at 917-4441 or Erik Fisk at 917-4547.

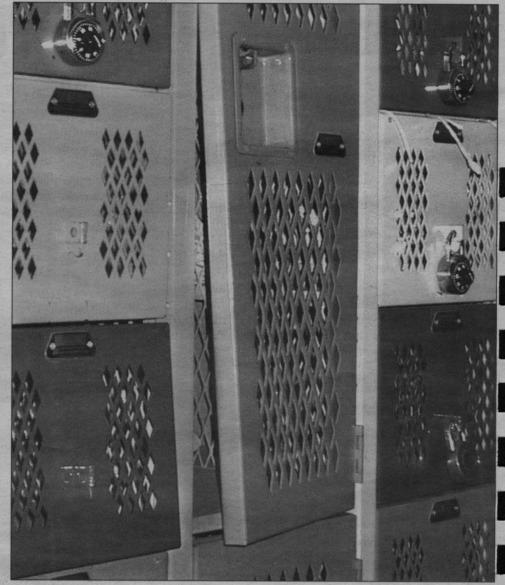


Photo by Sherry Majeski

Several lockers in the Activities Center have been pried open and about \$600 worth of clothing, shoes and other items stolen since fall term.

### Kragness, Vetkos, Kennedy, Van Dam off and running in first indoor track meet

by Dale Berggren of The Commuter

On Jan. 21, Matt Kragness, TJ Vetkos, Justin Kennedy and Heidi Van Dam did well in an indoor competition at Seattle, Wash., where they were involved in varied events.

Kragness advanced to the semifinals in the 60-meter dash with a time of 7.34 seconds. Kragness also ran the 200 at 23.11.

Vetkos cleared a 13-6 in the pole vault competition.

Kennedy, competing in the decathlon, finished first in the consolation final of the 60m dash

"So far this season the athletes have done better than the previous year."

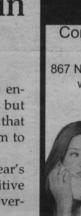
-Brad Carman

with a 9.17. He also competed in the pole vault event and cleared 12 feet.

Heidi Van Dam began her season with a disappointing 32' 1/4" throw. She did, however, throw a respectable 37 feet in the 20-pound weight throw, said head coach Brad Carman.

"So far this season the athletes have done better than the previous year," said Carman.

The 2001 team showed the

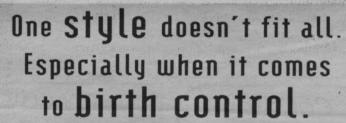


same amount of skill and energy, Carman explained, but their grades were at a level that did not allow some of them to

Carman said that this year's team has a good competitive edge and a 3.0 grade point average to prove their worth.

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# SPORTS PAGE

# Lady Runners struggling to escape one-and-one rut

Five players score in double figures to upset fifth-ranked Clackamas Cougars in overtime

by Jered Reid of The Commuter

The Linn-Benton Lady Runners just cannot get out of the pattern of splitting their week games. For the third week in a row, the team went one and one for the week.

The Lady Runners started last week with their first league loss in the Activities Center to Lane, but then went on the road to upset fifth ranked Clackamas in overtime.

Coach A.J. Dionne had five players scoring in double figures last Saturday to help the Roadrunners outlast the Clackamas Cougars, 80-74.

Rebecca Torresdal scored a team-high 18 points, grabbed nine rebounds, and stole the ball three times from Clackamas players. Fellow sophomore Christy Rickert added 15 points and five assists to the well-balanced Runner offense.

The Cougars out-rebounded, scored more points off turnovers, and got more points from behind the arc in the contest, but only shot 33 percent from the field, this allowed the Lady Runners who made 50 percent of their shots to get the victory.

LB went into halftime leading by eight, but Clackamas was able to come back and at the end of regulation the score was even at 62. Overtime belonged to the Runners, as they outscored the Cougars 18-12. The Lady Runners are now 3-3 in league and are tied with two other teams for fourth place in the NWAACC Southern Region

### ON DECK

Wednesday Jan. 30

Who: Umpqua Timbermen When: 5:30 p.m. men 7:30 p.m. women Where: Roseburg

Saturday Feb. 2

Who: Portland Panthers When: 4 p.m. men 6 p.m. women Where: LB Activities Center Coach Dionne got big nights from her starters Janine Dionne and Linzi Strohm, Dionne scored 14 points, while Strohm scored 10 and led the team in assists with six. Breanna Johnson came off the bench to score 12 points and block three shots.

Besides the victory in Oregon City last Saturday, the Lady Runners were not able

to get the victory last Wednesday.

Women drop first home game to league-rival Lane CC

Despite out-rebounding NWAACC Southern Region rival, Lane Community College, 40-31, the Lady Runners fell short 55-67.

LB suffered from a bad first half, and went into half-time trailing the Titans 43-29. LB was able to hold the Titans to only 30 percent shooting in the second half and were able to make a run late in the second half, cutting the Titan lead from 21 to nine points, but the hole was to deep for them to get out of.

The Titans took advantage of LB's 24 turnovers by scoring 13 points off Lady Runner turnovers.

Even though Lane was out-rebounded, they still got 17 points off second chances. LB was only able to get eight points on second chances. The Lady Runners also had troubles shooting behind the arc, only going two for 11, for three point field goals.

Christy Rickert led the team in scoring and steals with 14 points and four steals. Christen Pass scored 13 points and lead the team in rebounds with nine. Robyn Ward also had seven rebounds to go with her four points.

# Strong team effort leads LB men over Lane Titans

by Greg Cero

of The Commuter

Last Wednesday night turned out to be a good one for the Linn Benton men's basketball team as they came away with a 78-71 victory at home.

In a game that was close the whole way through, the Roadrunners were able to pull away and earn a muchneeded victory against Southern Region rival Lane.

Linn-Benton entered Wednesday with an even record in league play at 2-2. A loss would have dropped them to fourth in league all alone. Instead, the Runners find themselves with a 3-2 mark and are tied for third place with Chemeketa and Lane.

"This was a big win for this team," says sophomore David Michaelis. "Beating Lane puts us one step closer to our goal of making the playoffs."

Linn-Benton came out strong in the first half and kept a slight lead for the majority of the ballgame. Lane went on a 9-1 run in the opening of the second half to tie up the score; however, Linn Benton was able to build up a game high 10 point lead in the middle of the second half. With eight minutes left the two teams exchanged baskets and the game was tight. Finally, with four minutes left in the game, the Roadrunners pulled away for good.

Michaelis carried the load as he brought in 29 points; 18 off of three-pointers. Michaelis, a 6-foot-6 post out of Milwaukie, was 10 of 14 from the field, 6 of 7 beyond the arch and added eight rebounds in his 32 minutes of play.

Linn-Benton used a good team effort to pick up a tough win at home. Three players were in double digits. Along with Michaelis, sophomore wing Nate Marks had 14 and freshman wing Peter Nunn added 13 points alongside 7 rebounds. Sophomore Paul Grock also added five blocks on the night.

"Peter stepped up big for us these last few games; I love that guy," says Michaelis.

The Road Runners were able to take advantage of free throw shooting in the second half as they were 13 of 19 from the line and outscored Lane 40-39 in that half. LB only had two free throw attempts in the first half and missed both.

After their game against No. 1 ranked Clackamas, the Roadrunners will have an opportunity to make a serious run at a playoff spot. Their next three games are against Umpqua, Portland and Mt Hood who have a combined record of 7-13 in league play. Portland and Umpqua have the second and third worst total team defenses in all of the NWAACC.

"We know we can play with anybody when we play our game," says freshman guard Justin Duke. We are playing very well and we're very confident. There's no reason we shouldn't beat the teams we have coming up in the next two weeks."

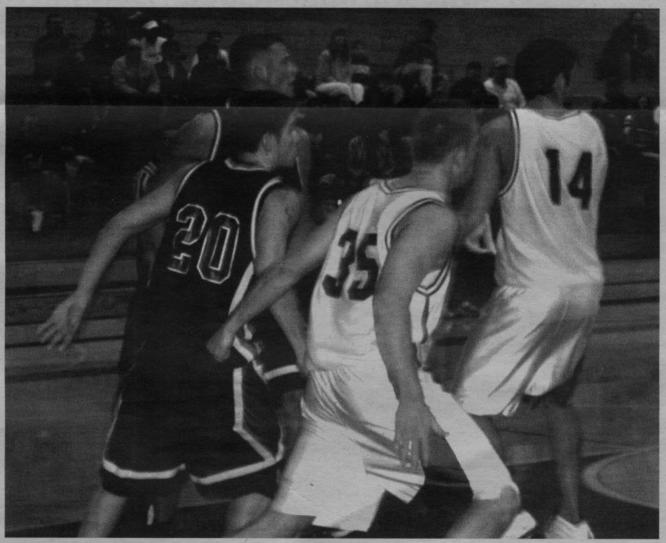


Photo by Stefanie Hessenkemper

Andrew Coats and David Michaelis battle the Lane Titans in a close game Wednesday that saw the Roadrunners come out on top thanks in large part to 29 points from Michaelis, who hit 6 of 7 three-pointers.

### Falk gets high scoring from players, but it's not enough

by Jered Reid

of The Commuter

Coach Randy Falk had six of his players score in double figures last Saturday, but in the end, the topranked team in the Northwest Athletic Association of Community Colleges (NWAACC), Clackamas, was too strong for LB, as they won the high scoring contest,

The Cougars out-rebounded the Runners and got 18 points off offensive rebounds. Clackamas also scored 26 points off LB turnovers to help them be victorious.

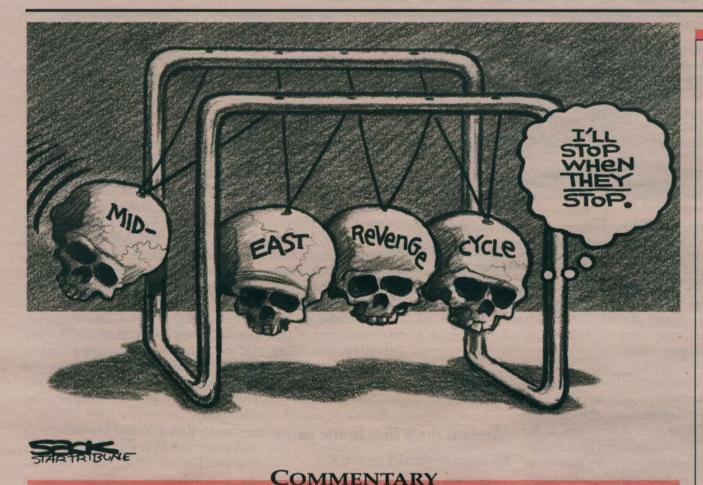
Linn-Benton outscored the Cougars in the second half 51-44, but the 14 point deficit they faced at half-time was too big for the Runners to come back.

Sophomores Nate Marks and Paul Grock led the team in scoring, as both of them poured in 17 points. Grock also grabbed eight rebounds and blocked five shots.

Also adding to the well-rounded offensive attack were Peter Nunn with 14 points and Kraig Schuler with 10 points. The Runners also had Garrett Hollen and David Michaelis coming off the bench to combine for 23 points. Michaelis had 12 points and Hollen ended up with 11 points.

The Roadrunners are now 3-3 in league and are tied for fourth in the region. They will now gun up for their next three opponents, who are all in the bottom half of the region.

# **O**PINION



# Memory of Bloody Sunday should serve as catalyst in battle against apathy

by James Bauerle of The Commuter

Thirty years ago on this day, Jan. 30, 1972, a tragedy occurred. This was the day to be known in Ireland and throughout the world as "Bloody Sunday." Thirteen Irish protesters were shot and killed on that day by British soldiers, another eruption in a history of unrest

This event started a conflict in Ireland that still continues to this day.

More recently in our country we saw yet another show of the reality of evil in the world. We live in a society driven by personal peace and affluence, but we live in a world surrounded by violence. How is it that we as students, workers, and every day people can change this world?

We must fight within ourselves to consider others more highly than our selves, to be concerned with the person next to you in class, on the bus and in the office. If we do not fight this battle against being concerned only with ourselves, the enemy will win.

What is the real enemy? Apathy. Where is the real battle?

It is in our every day lives. So on this 30th anniversary of a tragedy let us as humans seek to change the world in a real way; let us seek to honor and respect each other more than ourselves. This is where the battle starts.

You have nothing to fear in this fight but your own inactivity. As much as you tear others down to rise above, as much as you are apathetic, as much as you are





silent, you are losing. Apathy will be the victor only if you let it. I see apathy rising to victory as I walk down the halls and see mesmerized face after mesmerized face.

I see it on the faces of people racing by on the highway. There are so many living casualties already. Please don't be the next.

Jan. 30, 2002: Let this be the day you and I start our battle. Let this day be the day that changes the course of our history. This is where the battle starts; this is where the battle ends.

Now I've been happy lately, thinking about the good things to come

And I believe it could be, something good has begun

Oh I've been smiling lately, dreaming about the world as one

And I believe it could be, some day it's going to come

Cause out on the edge of darkness, there rides a peace train

Oh peace train take this country, come take me home again

—"Peace Train"

— reace Train
Cat Stevens

### EXPRESS YOURSELF

The Commuter encourages readers to use its "Opinion" pages to express their opinions. Commentaries and letters on campus, community, regional and national issues are welcome.

All letters received will be published, space permitting, unless they are considered by the editor to be potentially libelous or in poor taste.

Drop letters off at the Commuter office, Forum 222 or email us at commuter@ml.lbcc.cc.or.us

### **GUEST COLUMN**

# Multicultural Center serves diverse needs

by Susan Prock for The Commuter

Today, I would like to address two questions that often come up at the Multicultural Center: What is the Multicultural Center and what is culture?

The Multicultural Center is located on the second floor of The Student Union tucked between

The Commuter office and the Student Lounge. The center is, above all else, a safe and hate-free zone where students, employees and faculty members can gather. It is a place where you can study, meet people who are different from you, have tea, look at cool stuff, ask questions, talk about ideas and learn about other cultures.



Susan Prock

We have a small lending library that you can access through the LBCC Library search engine, several games from other countries with multicultural themes, and a rack of interesting magazines and study abroad information. The Multicultural Center is also the home of the Multicultural Club, which meets every Monday at noon when school is in session.

And last, but not least, the center works with groups across campus and in the community to bring you programs such as Portland Taiko, The Native American Salmon Dinner and International Education Week. Stop by the center and pick up a newsletter to see what is happening this month.

Culture, on the other hand, is not as easy to define. This is because the definitions of culture can be as diverse as culture itself depending on the criteria of the definition. For instance, if you go to http://www.wsu.edu:8001/vcwsu/...ics/culture-index.html, Prof. John Bodley shows that culture can be defined topically, historically, behaviorally, normatively, functionally, mentally, structurally and symbolically.

All of these different ways to define culture are correct; they are simply different. Here in the Multicultural Center, we like to say that culture is the fabric of our lives. The definition that LBCC uses in conversations about multiculturalism is that culture is learned and shared values beliefs, and behaviors of a group of interacting people. So, let's say that you come from a farming or ranching family and community. You are part of a culture that is very different than that of someone who comes from the Portland Metro area.

What seems normal to you may not necessarily be normal for someone else. For instance, I grew up in a ranching community. In that community, we obtained all of our protein from animals we raised and slaughtered ourselves. After I had moved away from home, I had to purchase meat in little plastic wrapped packages from the store. It was a difficult transition.

Another example might be eye contact. Depending on your culture, you may believe that eye contact is an important part of showing your honesty and independence. Most Americans operate under this cultural norm. However, some Americans and many cultures around the world view eye contact as disrespectful. It could be a very difficult transition for someone who grew up thinking eye contact is disrespectful to make friends, communicate with instructors, or get a job here in the United States.

I would like to dedicate upcoming columns to your questions and concerns relating to multiculturalism. You may send your questions to procks@gw.lbcc.cc.or.us Please note in the subject line: column question. Although the staff at the Multicultural Center are not experts on multiculturalism, we are experts at finding answers and we will work very hard to help you with any questions you might have.