**Syllabus: Introduction to Abnormal Psychology (PSY219)**

**Spring 2020**

**Instructor:** Laura Backen Jones, Ph.D.

**E-Mail:** [jonesl@linnbenton.edu](mailto:jonesl@linnbenton.edu) (please use email to contact me\*)

**Class Meets:** Online (via Moodle)

**Office hours:** Mon and Wed, noon to 1:00 (via Zoom). Other times by appointment

**\*** When you email me, it isvery important that you identify your full name, course you are attending and course time**.** Due to my busy course load, I cannot respond to emails that do not include this information.

**Course Description**

An introduction to the study of psychological disorders, including issues of diagnosis and treatment. Topics include stress and effective coping, models of abnormality; overview of major disorders, including diagnostic considerations; current research on treatment effectiveness; the effects of stress on our psychological wellbeing, and the impact of psychological disorders on society and its legal system.

**How Does this Online Class Work?** Each week, you’ll have an interactive slide presentation with audio, visual and video components. Simply read the presentation, complete the embedded activities, view the embedded videos and/or resources and complete your weekly assignments. You will also participate on an online discussion forum. In addition, you will have a final project.

# Required Materials: Text Comer, R.J. (2019). Fundamentals of Abnormal Psychology, 9th Edition. Worth Publishers: New York, New York.

**Course Learning Outcomes**

As a result of successfully completing this course, I expect you will:

* Critically analyze the relationships between humans and the natural world.
* Recognize & articulate the interplay between social and/or natural forces & individuals.
* Use analytical and scientific thinking to draw reasonable conclusions.
* Synthesize diverse perspectives and express them in a coherent and applicable manner.

Online courses take the place of three hours of lectures and outside class assignments required in a traditional face-to-face class. You should expect to devote about 10 hours per week on the online interactions and other class assignments. Set aside specific time each week to work on this class.

**Important Note**: All of your course work will be completed via Moodle. You must be able to upload assignments and take exams on Moodle. It is an expectation for this course that you will use Moodle independently and seek help from the [student helpdesk](http://library.linnbenton.edu/student-help-desk) or [eLearning center](https://www.linnbenton.edu/faculty-and-staff/college-services/information-services/services/elearning/) if you have questions related to using Moodle. If you are not prepared to work independently with Moodle, drop this course immediately.

**To Prevent being Dropped:** To prevent being dropped, you must post a ‘question to promote deeper thinking’ (see information on this below) on the group forum by 9 am on Thursday, 4/9/20 and complete the ‘Help me get to know you” questionnaire by 9am on Friday, 4/10/20.

**Instructor Responsibilities:** The current week’s content and assignments will be posted on Moodle. I will be available to support your learning when requested. I will hold you accountable by following through with course objectives and syllabus content. My aim is to facilitate a learning environment that encourages active, effective and respectful activities, discussion and learning.

**Student Responsibilities**

* Critically read/analyze assigned information.
* Use your LBCC email account to communicate with me.
* Effectively participate in class assignments, activities, quizzes, and evaluations.

# Course Requirements

**Note:** Weekly quizzes, assignments, forum activities, and exams *take place on Moodle.*

Your final grade in this class will be determined by your performance on the following:

***Quizzes****:* Open book online quizzes on your text only at the Moodle site for this course. Item types include true/false, multiple choice, and matching. T/F = 1 point; multiple choice with 1 answer = 1 point; multiple choice with more than one 1 answer = 2 points; matching = 3 points. You will have 15 minutes to take each quiz. Available by 9 am on Monday and open until 9 am the following Monday.

***Class Question and response (group forum):*** You will be asking a question from the current week’s assigned reading and/or slide presentation and you will respond to a classmate’s question. Post your question (designed to promote deep or critical thinking) by 9 am on Thursday. Your response to a classmate’s question isdue Monday by 9 am. Complete the current week’s reading and slide presentation before you ask a question and respond to a group member’s question. Your grade is based on the qualityof your question and the quality of your response to another student’s question. It is important to follow the *‘Questions to Promote Deep Thinking’* handout (available for download in Moodle). Next, respond to another student’s question with information you have gained in the slide presentation and/or your reading and/or [credible outside resources](https://sites.umgc.edu/library/libhow/credibility.cfm) (if so, [cite your source](https://guides.libraries.psu.edu/apaquickguide/intext)).

***Two online exams*** assess your understanding of the course material. Exam 1 covers lecture material and text through Week 5. Exam 2 covers lecture material and text from weeks 6-10. Items consist of multiple-choice, true/false and matching items. The exams are on Moodle. I will post a study guide for Exam 1 by the end of the 2nd week of the term. The exam 2 study guide will be posted by the end of Week 6.

***In-Class Assignments:*** Due by 9 am each Monday. Weekly in-class assignments are based on the week’s reading and slide presentation.

***Final Project:*** Due by 9 am on Monday, May 25. In order to apply the case study skills and knowledge about psychological disorders that you have accumulated during the term, you will complete a final project. The final project is a fact sheet and infographic on some topic related to abnormal psychology. This could be a disorder, a treatment or part of treatment, or some factor that contributes to psychological disorders (such as stress).

**Policy Regarding Assigned Work:** I do not accept late work. Coursework is submitted/conducted online via Moodle.Do not send any course work by email.  Your deep-thinking question for the discussion forum must be posted by 9 am on Thursdays. Quizzes, assignments and the discussion forum responses will be posted before 9 am on Monday and must be completed/submitted on Moodle before 9 am on the following Monday.

**Tools for Success in this Course:** In an online course, the teacher is a resource in learning, while the student takes a more active role in the process. If you are new to online learning, be aware that you will need to take the initiative to read all documents and materials thoroughly for your own understanding. Self-direction and self-discipline are critical. It is up to you to keep track of deadlines and complete and upload your assignments. The assignments, exams and weekly forums are ways for me to gauge your understanding of the teaching/learning process in which you are participating. I am here to help. I will respond to your assignments with feedback. If you have carefully read course materials and still have a question, post your question to the ***Question and Answer Forum*** right away.

**Preparedness:**Complete your assignments in the calendar above before 9 am on Thursdays and Mondays as designated. As I stated above, I do not accept late assignments so prepare in advance.

**GETTING STARTED**

* Read the syllabus and all other course documents.
* Put all due dates for exams and assignments in your calendar.
* Create your own schedule for completing coursework.
* Have questions? Post them on the ***Question and Answer Forum***. This is the fastest and most efficient way for you to get an answer.
* Read information that comes to you via the Announcements.

**Accessibility Resources:** Request a meeting with your instructor during Week 1 if you have a documented disability and need accommodations, your instructor needs to know medical information about you, and if you need special arrangements in the event of an emergency. Make your request for accommodations through the Center for Accessibility Resources Online Services web page every term. If you believe you may need accommodations but have not registered with CFAR, visit the CFAR website at www.linnbenton.edu/cfar for steps on how to apply for services or call 541-917-4789.

**Cheating/Plagiarism:** Using someone else’s work as your own or using information or ideas without proper citation (which is called plagiarism) can lead to your failing the assignment, test or class. Bibliographies and in text citations are required whenever you use outside sources, including internet sources (unless otherwise indicated by me).

\*Your question will come from the current week’s reading and/or slide presentation

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| --- | --- | --- | --- | --- | --- |
| **Date** |  | **Presentation/topic** | **Chapter(s)** | **Post**  **Question\* to**  **forum**  **by 9am** | **Tasks Due by 9am on Monday…** |
| 4/6 | 1 | Models of abnormal psychology and treatment; community prevention and intervention approaches | 1 and 2 | ***Thursday***  ***4/9*** | ***Monday, 4/13***  Moodle text quiz: Chs. 1 & 2  Question forum response  Assignment |
| 4/13 | 2 | Clinical diagnosis, assessment, and treatment  Stress and wellbeing  Disorders of trauma and stress | 3 & 5 | ***Thursday 4/16*** | ***Monday, 4/20***  Moodle text quiz: Chs. 3 & 5  Question forum response  Assignment |
| 4/20 | 3 | Anxiety, Obsessive Compulsive and Related Disorders | 4 | ***Thursday 4/23*** | ***Monday, 4/27***  Moodle text quiz: Chapter 4  Question forum response  Assignment |
| 4/27 | 4 | Depressive and Bipolar Disorders & Suicide | 6, 7  14 (pp. 436-443) | ***Thursday 4/30*** | ***Monday, 5/4***  Moodle text quiz: Chs 6, 14 (pp. 436-443) and 7  Question forum response  Assignment |
| 5/4 | 5 | Disorders Featuring Somatic Symptoms & Eating Disorders | 8  9 | ***Thursday 5/7*** | ***Monday, 5/11***  Question forum response  Assignment  ***Exam 1*** *(Chs 1-7 and 14 pp. 436-443)* |
| 5/11 | 6 | Substance Use and Addictive Disorders | 10 | ***Thursday 5/14*** | ***Monday, 5/18***  Moodle text Quiz: Chapter 10  Question forum response  Assignment |
| 5/18 | 7 | Neurodevelopmental Disorders & Disorders of Sex and Gender | 11  14 (pp. 450-468) | ***Thursday 5/21*** | ***Monday, 5/25***  Moodle text quiz: Chs 14 (pp. 450-468) and 11  Question forum response  Assignment  **Final Project Due** |
| 5/25 | 8 | Schizophrenia & related disorders  Disorders of Aging and Cognition | 12, 15 | ***Thursday 5/28*** | ***Monday, 6/1***  Moodle text quiz: Chs 12 & 15  Question forum response  Assignment |
| 6/1 | 9 | Personality Disorders | 13 |  | ***Monday, 6/8*** |
| 6/8 | ***Exam 2 is due by 5 pm on Tuesday, 6/9*** | | | | |

**Grades** are figured on straight percentage based on the total number of points possible. I encourage you to check in with me about your progress throughout the term to maximize your success and minimize any surprises.

A= 90-100% B= 80-89% C= 70-79% D= 60-69% F= 59% or below

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| --- | --- | --- | --- | --- |
| **Course Requirements** | | |  |  |
| *Requirement* | *Summary* | *Points Possible per unit* | *Units* | *Total Points Possible* |
| **Project** | As part of a public information campaign (prevention), create a fact sheet and infographic on some topic related to abnormal psychology. This could be a disorder, a treatment or part of treatment, or some factor that contributes to psychological disorders (such as stress). This is worth a substantial portion of your grade and will be graded accordingly. Plan ahead! | 75 | 1 | 75 |
| **Chapter Quizzes** (on text only) | Online, open book quizzes, include T/F, multiple choice and matching items. T/F = 1 pt.; multiple choice with 1 answer = 1 pt.; multiple choice with more than one 1 answer = 2 pts; Matching = 3 pts. | Variable types/  values totaling 10 points | X8 | 80 |
| **Class Question (group forum)** | Graded on quality of question and quality of response. Posted questions must adhere to the standards outlined in the ‘Questions for Deep Thinking’ handout. Responses must contain information gained in the course and/or a credible outside resource with citation. | 6 | X8 | 54 |
| **Moodle Exams** | Exam 1: Course material Weeks 1-5 | 75 | x2 | 150 |
| Exam 2: Course material Weeks 6-10 | 75 |
| **Assignments** | Assignments are designed to assess your overall comprehension of the week’s assigned topic (from text & slide presentation). | 10 | X9 | 90 |
| **Total Possible Points** | | | | **449** |

**Incomplete Grades:**You may be eligible for an ‘Incomplete’ grade if you have finished 90**%** of the class work. If you have an ‘Incomplete,’ all coursework must be finished by the end of the next term. You must contact me at least one week before the end of the term with proper documentation to receive an Incomplete.