

HE MIGHT BE A GIANT

Ex-Roadrunner Nate Pendley hopes to ride his left arm all the way to the major leagues
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JOURNALISM 'FRISCO STYLE

The Commuter explores San Francisco while at the college newspaper convention
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The Commuter

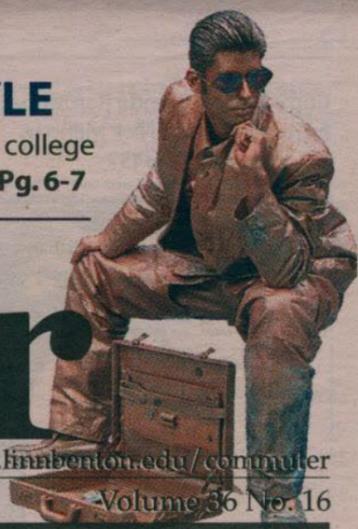
a weekly student publication

www.linnbenton.edu/commuter

Wednesday, March 2, 2005

Linn-Benton Community College, Albany, Oregon

Volume 36 No. 16



Write-in candidates fill holes in ASG ballot

Brian Moore
The Commuter

When the two-day online student body election concluded last Wednesday, all eight ASG positions were filled, even though only two of the candidates were officially on the ballot.

Six of the positions were filled by write-in candidates, which pleased current ASG President Stephanie Quigley.

"I am excited that people took the initiative to write in," said Quigley. "I was nervous that many of the candidates didn't turn in applications, but we got some write-in candidates right before the election."

A total of 97 people voted this year, one more person than last year. Quigley said she wasn't surprised at the online turnout. "I would've expected more votes with write-in ballots at the school," she said.

Bill Hand is the new ASG president.

He won the job with 72 votes. He was one of the two candidates who filled out an application. Erin Hisaw won the job with 75 votes to become the new public relations representative, and she was the other candidate who filled out an application before the election. Quigley is very proud of both candidates.

"I am excited that people took the initiative to write in."

ASG President Stephanie Quigley

"Bill and Erin will do an awesome job once they receive good training," she said. "They are very spontaneous and the office needs that."

Josh Gordon won the job of vice-president with 37 votes, and David Hoskins became the science and industry representative with 8 votes. Roxanne Navarro became the business and health representative with 12 votes and Phillip Jones became the student services representative. Kevin Dugan won the job to become the liberal arts representative and Andy Schmidt became the at-large representative. All candidates will receive training before taking office this spring term.



photo by Megan Pickens

Culinary Arts students Derek Hubbert and Andy White demonstrate how to prepare sushi in the Multicultural Center last Wednesday.

MC and culinary arts team up to demonstrate sushi

Matt Swanson
The Commuter

Imagine one night when you're tired of fixing Hamburger Helper. Going to your favorite downtown cafe or to your parents' house and raiding the refrigerator doesn't sound too thrilling either. You decide on doing something different, something out of the ordinary. You might just decide to make some sushi.

Last Wednesday, the Multicultural Center and the Culinary Arts Department teamed up to demonstrate how to make sushi, a small traditional dish dating back to the Ming Dynasty of China. It has since

been associated more with Japan, where it is also an art form that must be of top quality and is different throughout the regions of Japan.

"Though many people believe that sushi is made with raw fish or meat, this is not necessarily the case," said Derek Hubbert, a second-year culinary arts student. Another second-year culinary arts student, Andy White, also helped with the demonstration. Hubbert added, "It is often made with vegetables, traditional white Japanese rice that is flavored with saki, and is usually dipped in a mixture of soy sauce, wasabi (a hot Japanese green

▶ Turn to "Sushi" on Pg. 4

Graduation deadline nears

Christy Harshman
The Commuter

Students planning on graduating spring term 2005 need to have a graduation worksheet and application turned in by April 8.

"Don't wait until the last minute," said Lynn Groshong, transcript and degree evaluator at LB. "The forms can take some time."

Students need to meet with an advisor to complete and sign the graduation worksheet. According to Groshong, some worksheets may require the signature of a division dean in those cases where course waivers are needed.

The graduation worksheet verifies that students are within one term of graduation. "Plan ahead if you're not sure of your credits situation," Groshong said.

Graduation applications and worksheets can be found in the Admissions Office or on LBCC's Web Page, www.linnbenton.edu/admissions under forms.

Completed forms should be turned in to the Admissions Office no later than April 8.

For questions regarding graduation, Lynn Groshong can be reached by e-mail at groshol@linnbenton.edu or by calling 917-4829.

Mike Weiss back to school after unexpected seizure

Nick Milhoan
The Commuter

LBCC was given a scare last week. History instructor Michael Weiss collapsed in his office after an unexpected seizure. Weiss was found in his office by student Robi Christianson around 9:00 a.m. Tuesday morning and was rushed to Albany General Hospital, where he spent two

days hooked up to numerous monitors and devices.

Weiss had never experienced a seizure prior to this, so it came as a bit of a shock to him.

"They determined it was strange brain waves," Weiss quipped.

Weiss added he has had no ill effects from his seizure, other than a sore tongue that he bit down on during the episode and a sore foot that he isn't sure how or why it

became sore.

"I'm not in any pain, other than my tongue and foot," Weiss said. "I just have a feeling of unreality and exhaustion. I'm ready to go home and sit in my sunroom and eat and labor on all my back work."

Talking with Weiss last Monday, he pointed out what happened to him after arriving at the hospital on Tues-

▶ Turn to "Weiss" on Pg. 4

WEATHER THROUGH THE WEEKEND

SOURCE: WWW.WEATHER.COM


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OPINION

Send letters to The Commuter:
 Turn into Forum 222. Please sign them and
 keep them at 250 words or less

STAR TRIBUNE
 SBK



LETTER FROM THE PRESIDENT

LB's Cavin praises business leaders who advocate for higher education

To the Editor:

On Feb. 17, six local business leaders and two LBCC graduates joined me at the Capitol to talk with legislators regarding the state disinvestment in community colleges. I'd like to thank Larry Mullins, Samaritan Health Services; Bill O'Bryan, National Frozen Foods; Dan Capello, Marler Enterprises Inc.; Marcy Eastham, Hewlett Packard; Jim Denham, Wah Chang; and Rick Rebel, Western States Insurance. Also, LBCC graduates Henry Hamel, a medical assistant at the Corvallis Clinic and Charleen Skipper, a nurse at SHS Lebanon Community Hospital.

Our business and industry message is strong and clear: community colleges are leaders in providing the training for a skilled work force. LBCC serves 14.3 percent of our total district population aged 15 and older compared to a statewide rate of 13 percent. More than 23,000 individuals take at least one class each year at LBCC. Professional technical programs are guided by 38 advisory committees made up of business and industry leaders to ensure that the training reflects their needs. Targeted short-term training is developed for individual employers or to respond to a specific, immediate occupational need in our community.

LBCC has built strong partnerships with K-12 and the university system to smooth the transition for students from one educational level to another. In 2002-03 high school students accounted for five percent of the LBCC student population with 1,284 students earning 9,957 college credits through 33 high schools. The LBCC/

OSU Dual Enrollment program has earned nationwide recognition for innovation.

The economic impact of LBCC in our community is significant. According to a recent socioeconomic benefits study of post-secondary education in Oregon, the existence of LBCC explains \$216 million of all annual earnings in the Linn and Benton county economy. Findings also indicate that a community college education lessens the demand on tax-supported health services, welfare and unemployment benefits, and public safety services.

The community college mission is to provide high quality, accessible and affordable education. In the last two years alone, state support for community colleges has declined by \$62 million, a 12.5 percent decrease. Community colleges in Oregon have raised tuition an average of 20 percent with additional increases likely. Statewide, the decline in state support has resulted in thousands of students turned away from classes where the door has always been open in the past.

Our community benefits in so many ways by the strong partnership between business and industry and Linn-Benton Community College. We are fortunate to have strong business leaders who will give their time to advocate for education so that we may continue to provide training for a skilled work force.

Dr. Rita Cavin, President
Linn-Benton Community College

The Commuter

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www.linnbenton.edu/commuter

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The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty, and Associated Students of LBCC. Editorials, columns, letters and cartoons reflect the opinions of the authors.

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LETTER TO THE EDITOR

Instructor sends letter from Iraq: A hopeful last update from a thankful soldier

To the Editor:

Good Morning one and all!

I hope that everyone had a great weekend! This will probably be my last update and I am very happy that it is. My platoon has completed it's last mission and we are turning in our ammo. We will be in Kuwait within the next 10 days or so and it feels good.

I have included some pictures from some missions that we just finished up last week. One might think that there are wonderful, technological ways to clear routes from the huge IEDs on the side of the roads. There is only one problem, how do you get vehicles into an area of road so dangerous that M1 tanks and Bradleys will not even go there?

This area has cost many men's lives, and it has cost at least two of the afore mentioned vehicles. That leaves one method, insert men by helicopter to clear the road by hand, send the infantry and send us they did.

The IED's that we located those days were tank killers; I am glad that we got them. I have never used a mine detector before. It is unnerving how much metal the Iraqis have in their road grades. The missions were successful and we did not have a single injury or loss.

It would cost a later unit doing the same thing three dead and 10 wounded.

I only had one other dangerous mission after those, and it also went off without a hitch. I can not relay the sense of elation, knowing that you will likely never have to face getting blown up on the roads again.

At this point, I am leaving Iraq with the same 30 rounds that I was issued in Kuwait when we showed up here a year ago. I have never had to shoot an Iraqi, I have only had to take my weapon off safe two times because vehicles were getting too close. My men have escaped injury and so have I.

As a company, we mourn the loss of four of our soldiers who will not return home to Corvallis. We have one company mission left and I pray that all goes well; we have paid enough already for this year.

Last week I also had the opportunity to spend some time with my interpreter while sitting outside the police station in Mushadah. This guy is probably one of the most "liberal" Iraqis that I have ever met. As of January, he had lived through just about every form of government from king to democracy.

After my talk with him I had a new respect for what was going on here in Iraq. He was so excited about getting to vote for his government. His theory was that it did not matter who was President, just that there was one--one that was voted in. For him, it was setting into motion a great transition in his country, there may be rough water ahead but it was in motion now, and now it is up to Iraq. I am glad to be leaving here on a note like that.

We will be in Ft. Lewis by the 17th of March.

I should take time to thank all of you for your support over this year. My wife, for her understanding and skill at keeping the house intact despite the destructive capability of dogs and children. She is by far the most amazing woman I have ever known. My children, for forgiving me my absence over the past year. I am so very sorry. My parents, for their constant support and caring. My adopt a soldier family, for their great cinnamon cookies. My wonderful family, who kept up the communication through it all.

What great coworkers, peers, and friends I have. I have never felt alone here. This would have been so much harder had I not had you all there for me and us. Thank you!

Have a great day!

Lewis Franklin
Instructor of Graphic Arts
Staff Sgt. 1st Cavalry Division

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OPINION

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 keep them at 300 words or less

LETTER TO THE EDITOR

Policing can't solve real issues behind drug problems

To the Editor:

I am writing in regards to the two articles, one by Nick Milhoan titled "The War At Home," and the other by Sheena Bishop titled "Who 'Makes It All' In the World of Drugs and Busts." There are numerous statements made in both articles that are disturbing to me and I wanted to respond to them.

I had intended on pointing out all of the statements that were made in these articles that I took exception to and then rebutting them point-by-point.

The problem that you both miss is that drugs AREN'T the problem here. Most people experiment with intoxicants of one kind or another at some point in their lives. For people between the ages of 14 and 25 it isn't uncommon to binge a couple of weekends a month or more, using everything from alcohol and cigarettes to designer drugs. This behavior isn't abnormal, nor in my opinion, is it something anyone should be concerned about. Just because someone smokes pot a few times a month, or drinks a beer when they get home from work doesn't mean they need to be in a treatment program or that they even have a problem.

The problem is when someone doesn't fit inside his or her own skin. People that have self esteem issues, social issues; complications that inhibit their ability to feel good about themselves and the world they inhabit are the ones with the problem. When someone with these kinds of problems finds a substance, or a behavior (sex for example) that relieves the complications of their situation, they are going to continue to use whatever that "solution" is. It isn't the drugs that are the problem, it is the thinking of the person that uses them and considers an addicted state to be acceptable. Why is it that an alcoholic finds it acceptable to wake up in his or her own vomit again and again? It's because the altered state they are in when that happens is better than reality for them, and any price is worth it if it means they don't have to deal with their discomfort. Trying to stem the flow of drugs into and through this

country by limiting and usurping our civil rights isn't going to stop anything. Scare tactics, like the ones you two used in the wordings of your articles, only serve to further muddy the waters of this issue. What we need is rational thinking about why drugs are popular, who uses them on a regular basis and what can be done to educate, nurture and help the families of this country to raise kids that don't need drugs or alcohol to feel good about themselves.

One of the main points you two both harp on is police involvement. When was the last time you heard about a big drug bust? How often are pounds and pounds of cocaine seized and the culprit caught and sent to jail? I'll tell you, very rarely. Our prisons are overflowing with nickel and dime drug users. Some states have mandatory sentencing guidelines for the sale of drugs. Those guidelines haven't stopped the flow of drugs, nor limited the use of them. All they've done is to fill our prisons with people who were caught selling or in possession of more than a couple of grams of something or another.

The money this country spends on the "WAR ON DRUGS" is virtually wasted. Our tax dollars are funneled into over blown agencies that pay the heads of those agencies millions of dollars while accomplishing very little. Families that don't know how to teach their children to love themselves are the problem. Kids that grow up and don't have a sense of self worth, don't know how to feel "a part of" something positive and productive. That is the problem.

I have to say that I especially took exception to a remark Ms. Bishop made. She stated that "...the 10,000 medical marijuana cards in the state of Oregon make it hard to know if it is really being produced for medical reasons. It is easy with that many legal growers for some of them to slip it to someone else for a different kind of green." GOOD GRIEF!

I think your words speak for themselves. You Ms. Bishop are ill informed, prejudicial and have an axe to grind that makes you capable of impugning the integrity

of thousands of people you know nothing about. You would be wise to be more careful with your slanderous remarks. It may seem like innocent prattle to you, but your words have power, especially when in print, you have no idea of the damage you could be capable of.

Mr. Milhoan, in your piece you quote law enforcement officials about how the crime rate in our neighborhoods are going up, and that it is directly related to the amount of drugs being used. That is such a load of crap. The facts are these; the population of our neighborhoods is going up. More people live here than used to. Just because there are more people, more crime and consequently more drug users, doesn't mean that it is drug users committing more crime.

You paint a picture of an epidemic of drug problems assaulting our lives and that only the "WARONDRUGS" is going to save us from ourselves. If you compare the number of people between the ages of 12 and 25 that live in our area with the number of people in that age group that are using and abusing drugs I think you will have to concede that there isn't anything close to an epidemic. I'm not saying there isn't a problem. What I am saying is that the problem we have as a nation isn't drug abuse. Hopefully you will do some research next time you think about writing something like this and do some comparative research.

There will always be rebels, misfits and abusers that are going to get involved with this kind of stuff. Only through healthy families can we minimize the numbers in that group and encourage a respectful, loving attitude in our children. It all starts at home and we need to find ways to help those homes become the gardens of healthy lifestyles for the children in them. That is the challenge here, not finding ways to stem the use of drugs through law enforcement.

Thank you for taking the time to read this, I appreciate the opportunity to respond to your statements.

Terry Thayer
 Philomath, Oregon

COMMENTARY

Any and all illegal drug use should be cause for concern

Dear Mr. Thayer,

I have a news flash for you, one from the bottom of my heart.

But first, how old do you think I am? Guess my upbringing, my political affiliation, my college major and my relationship with my family.

I am a young, yet experienced 19 years of age. I was raised by a fabulous mother and a stepfather that I have lovingly called my daddy since I was six.

I am not a journalism major. If you really want to know the effects of drugs and alcohol on your body, ask me. I can tell you all about it, and what I can't I can easily look up. I am a pre-medicine student. The human body and stupid things people do to it are issues that run through my brain day and night.

I have watched many of my childhood friends destroy their lives with "a couple weekends a month or more, using everything from cigarettes to marijuana, cocaine and all other kinds of designer drugs," as you say. It is not an innocent act. It is also not as common as you may think it is. Unfortunately, it is becoming more and more common.

When I said that "the 10,000 medical marijuana cards in the state of Oregon make it hard to know if it is really being produced for medical reasons (and) it is easy with that many legal growers for some of them to slip it to someone else," I was stating information straight out of the mouth of Police Officer Ben Silverman of the Lebanon PD, a man with several years experience battling local drug usage.

Crime rates and drug usage rates are directly correlated, as Mr. Milhoan said. The information we used in those stories was taken from local law enforcement. If you can not trust your local law enforcement, who can you?

A child's upbringing does have a factor in their life decisions, but that is not the only factor. My own mother discouraged me from using any kind of substances, but also assured me that she would rather I called her at 2

o'clock in the morning absolutely shit-faced than try and drive home. Because of that kind of support, I never had the desire to be rebellious the way you describe.

And what parent would not flip their lid to discover their 14-year-old getting drunk or high a couple weekends or more a month, or at all for that matter? I thought before that my mother was overprotective, but now that I have paid my own rent a few years and become more acquainted with the real world, I realize that she was, and is, right.

But it is not just my mother and family that taught me right from wrong. The Drug Abuse Resistance Education (DARE) program that I went through in grade school taught me things I would otherwise never have thought of.

Because of police officers like Sgt. Martinez, also from Lebanon, I learned at an early age that drugs, alcohol and cigarettes make you a different person. They affect your moods and your decision making abilities.

If you honestly believe that a drug addict isn't more likely to break into a house, business or vehicle, killing or injuring anyone in the way as they go, to find anything of value they can use to pawn and feed their addiction, you are blind. I have seen it with my own eyes. My own friends who couldn't get their shit together, couldn't sober up enough to realize what they were doing to themselves.

What is really sad is that while some of those friends did get the clue, many are still struggling with it, unaware that it is their family and friends who silently weep inside for them.

Back to your argument, I do know several people with Medical Marijuana cards on a personal basis. I can honestly say out of all of them, only one absolutely refuses to sell his/her crop because that isn't why he/she got the card. This person really does need it for pain management, and I have a lot of respect for that.

The rest sell more than they use, and I firmly believe their cards should be taken away because they are abus-

ing the law, as well as making available a gateway drug. And that is what it is: a drug that leads to the usage of more hardcore substances. I certainly don't want them giving it to my younger cousins, nieces or nephews.

You make one point that I congratulate you on, though I feel your logic is weak.

People do form addictions to replace or forget the emptiness inside. Learning to love yourself does begin at home with your family, but even people who are adored by their family become alcoholics and drug abusers.

Once a child begins schooling, their peers become top dog, not Mom and Dad. This is another fact that I don't believe you are recognizing. It does start at home, but it doesn't stop there.

You cannot pick and choose the kids that your kids accept as friends, at least not in public schools. And while private schools are great, it is not economically feasible for most Americans. This is where law enforcement, teachers, neighbors and even strangers must come together.

I know the popular slogan right now is "It takes a village to raise a child," but believe it when my mother didn't know how to tell me "marijuana is bad" a DARE officer did. When she couldn't quite explain what was happening to my body, the school nurse did. Our family physician set me straight on how important sleep is on my academic performance because I thought Mom was nagging. All of this determined whether or not I would thrive as a human being.

As a community, we all have to pull our own weight. There is a war against drugs, and I am fighting it right now for the children I hope to raise as healthy individuals later, just as my parents and family fought for me. We show our greatest strength in numbers. Will you please open up and fight it with me?

Sheena Bishop
 Managing Editor

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CAMPUS NEWS

News about Linn-Benton Community College, including the administration, faculty and students on campus

CLASSIFIEDS

Help Wanted

For more info about the opportunities listed below, please see Carla in Student Employment in the Career Center (Takena 101).

Bicycle Safety Education Coordinator

(#3112, Albany & Corvallis) If you are an experienced cyclist, have experience with youths & running education programs, this might be the job for you. You visit local schools and train youth on bicycle safety. Averages 30 hrs/week and pays \$14/hr.

Met Lab Testing Tech

(#3114, Albany) They prefer a 2-year metallurgy degree for this full-time position and the pay is \$30-\$36,000/year.

Clerical-Receptionist

(#3107, Philomath) This full-time position is looking for a pleasant person proficient with Word, Excel & Access database. Pay is \$1386-2079/month DOE.

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Are you a student & looking for work? Make it easy on yourself by signing up online. You can keep an eye on student jobs & receive e-mails about potential jobs. Check out www.linnbenton.edu, click "Student Resources," click "Career/Counseling," click "Student Employment," and finally "Student Employment Database".

Scholarships

Dr. Larry A. Mullins Endowed Scholarship for Health Care Administration

Candidates for a Mullins Scholarship must be currently pursuing an undergraduate or graduate degree in health care administration or a related field such as public health, and be currently enrolled in one of the following institutions for the upcoming Fall 2005 semester: LBCC, OSU, Northern Arizona University. Special consideration will be given to applicants who are currently employed in the health field, members or veterans of the U.S. military, and those who are working while attending college. For more information and scholarship application please visit the LBCC Financial Aid office, Takena 117, application deadline is April 29, 2005.

\$2 Million in Sallie Mae Fund Scholarships Available for Low Income & Minority Students

The Sallie Mae fund has announced that it will award more than \$2 million in college-access scholarships for the 2005-2006 academic year. The scholarships target underserved populations in an effort to increase access to higher education. Applications are available on-line at: <http://www.salliemae.com>

Art instructor Litzer to teach in Italy; students have chance to study abroad

Rob Gibson
The Commuter

LBCC's Multicultural Center will be hosting a student information meeting this Friday for those interested in the Study Abroad Program for next fall. This offers students a chance to travel to the ancient city of Florence, Italy.

Students in the American Institute for Foreign Study (AIFS) program will live and study along with other Oregon community college students and instructors during the fall 2005 term.

LBCC art instructor Dori Litzer has already been selected to travel to Florence to teach as part of an Oregon International Education Consortium (OIEC) program, where she will teach 35 students from OIEC community colleges including LBCC.



Dori Litzer

Litzer is very enthusiastic about the fall's upcoming trip, saying that an "opportunity to teach and learn in Florence and the surrounding countryside is an opportunity of a lifetime."

Florence itself is a hub of famous art and architecture, with museums displaying works by such famous and celebrated artists as Leonardo da Vinci and Sandro Botticelli.

Students who join the AIFS program will share a two-bedroom apartment with 3 other students in the program while they live and study in Florence, according to the AIFS pamphlet.

Students in the program will continue their studies from LB, taking at least 12 credits, featuring transferable courses taught by Oregon community college instructors as part of the OIEC and AIFS partnership. According to Tammi Paul of the Student Life and Leadership office, "The unique and wonderful part of this program is that students don't have to step outside their course of study to participate."

This spring, students from LBCC are set

to participate in a similar AIFS program that will send them to London to Study Abroad. Like that program, the AIFS program will be accepting 35 students for next fall from seven Oregon community colleges including LBCC, Central Oregon, Chemeketa, Clackamas, Mt. Hood, Portland and Rogue. Up to five LBCC students will be able to participate.

The program is slated to cost approximately \$7,000 for each student, not including tuition, books or personal expenses. Financial aid is available for those who qualify and additional information will be available at this week's meeting.

The student information session will be this Friday, March 4, from 12:30 to 1:30 in the afternoon in LBCC's Multicultural Center.

Additional information about LBCC's Study Abroad program is available from Paul, director of Student Leadership, Outreach & Retention.

Additional financial aid information is available from John Snyder, director of financial aid. Both directors will be in attendance at the March 4 meeting.

Sushi: Vegetables or raw fish can be used in dish

◀ From Pg. 1
horseradish) and flavored with pickled ginger.

The process usually begins with laying a single square of nori (seaweed) on a bamboo mat that also lies atop a wooden cutting board. It is also recommended to use Saran wrap under the nori to make it easier when rolling. The rice is layered on the seaweed about a quarter of an inch thick and then vegetables are added. Vegetables include bell peppers, sprouts, avocados, cabbage, lettuce, and okra. If a person prefers meat, such as Ahi or Tuna, salmon, eel, octopus, or calamari, it can be added before or after using vegetables.

After the layout, the edges

are moistened and the sushi is rolled and pressed together. Once rolled together, the seal is moistened. The roll of sushi is taken off the Saran wrap and bamboo mat and cut into pieces. Sushi is usually cut into diagonal pieces called nigiri, and served with soy sauce, wasabi and ginger.

Sushi can be made to accommodate any person's tastes. It is served in many local restaurants and also in the LBCC Commons on occasion.

photo by
Megan
Pickens



Weiss: Students, staff offer encouragement

◀ From Pg. 1
day. He said he was thinking of pulling all the machines and devices hooked up to him off and running out.

He was planning on hitchhiking to LB to get to his History of Latin America Class because, as he said, there is never enough time to do the projects and he wanted to make sure students were able to get them done.

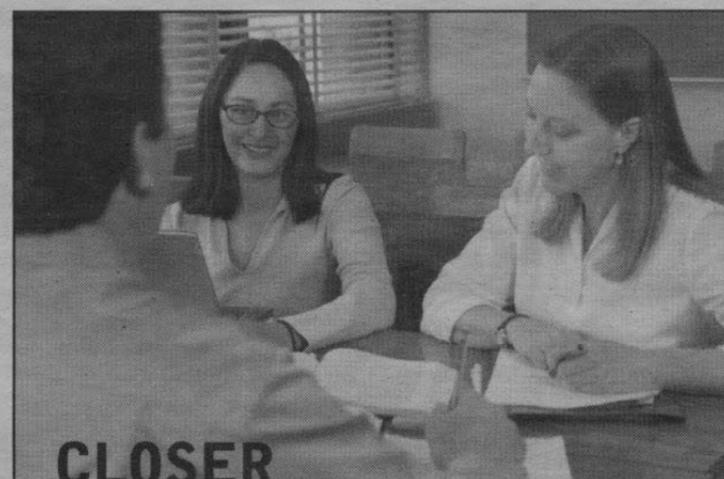
This didn't happen though, as his boss Gary Ruppert came to visit him later that day and advised him to stay in bed and that his classes were either canceled or they found another instructor to cover for him.

Several people have been encouraging Weiss and reassuring him with stories of folks that have had similar situations and many only happened once.

"Maybe its a sign," Weiss said. "I don't know, but maybe."

Weiss wanted to thank all the students and staff of LBCC and couldn't believe how considerate everyone has been.

"I have received so many calls and flowers and gifts from everyone," Weiss said. "It's great and I love it. I look forward to the next few days, weeks and years at LBCC, teaching history and fraternizing with my colleagues."



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DEGREE COMPLETION PROGRAM

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PORTLAND STATE
UNIVERSITY

LBCC MAIN CAMPUS Commons

MAR 2 - MAR 8

•WEDNESDAY: "Hawaiian Theme"

ENTREES: Braised Pork w/Island Applesauce, Chicken w/Honey Sauce, French Toast w/Fruit
 SIDES: Couscous, Roasted Garlic Smashed Potatoes
 SOUPS: Roasted Corn & Sweet Potato Chowder, Roasted Squash Soup w/Candied Pecans

•THURSDAY: "Mexican-American Theme"

ENTREES: Yucatan Style Grilled Shark, Chiles Rellenos, Pollo Jalisco
 SIDES: Corn w/Cream, Frijoles Charros
 SOUPS: Chilled Coconut Soup, Tlalpeno Style Soup

•FRIDAY:

Chef's choice

•MONDAY:

ENTREES: Philly Cheese Steak Sandwich, Beriani Chicken, Vegetable Yakisoba Noodles
 SIDES: French Fries, Green Beans
 SOUPS: White Bean & Ham, Tomato Basil

•TUESDAY:

ENTREES: Roast Pork, Chicken Fricassee, Stuffed Portabella Sandwich
 SIDES: Mustard & Rosemary Potatoes, Pesto Pasta Bake
 SOUPS: Barley Soup w/Sausage, Cheddar Broccoli

WEEKLY MENU

Editor-In-Chief: Nick Milhoan
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 commuter@linnbenton.edu

CAMPUS NEWS

News about Linn-Benton Community College, including the administration, faculty and students on campus

Vet tech students pitch in at Heartland

Dan Wise
 The Commuter

The LBCC veterinary technology program has become a big part of the backbone of the Heartland Humane Society of Corvallis and so have its volunteers.

LBCC students are partnering with Heartland, its employees and volunteers to improve the lives of hundreds of cats, dogs and other small animals.

The students are participating in the veterinary technology program, which is offered every fall and lasts 15 weeks. Instruction dominates the first 12 weeks, while the remaining three are dedicated to hands-on experience in the form of volunteering at Heartland.

"They come to us with so much knowledge and skill. It makes a huge difference to us," said Jaime Fitzpatrick, shelter operations manager.

Last term, approximately 23 students volunteered 400 hours to the humane society, according to Dani Bolda, community relations and volunteer coordinator at the shelter. The program has partnered with Heartland for three years.

Heartland Humane Society is an open-door shelter serving the city of Corvallis and Benton County. They care for over 2,300 animals each year, predominantly cats and dogs but including rabbits, guinea pigs and even rats.



Jaime Fitzpatrick, shelter operations coordinator, brushes Zach at the Heartland Humane Society in Corvallis.

Local veterinarians volunteer to perform a range of surgeries including spaying and neutering. The shelter relies heavily on volunteers to provide a variety of services.

In January this year, almost 800 hours were donated in shelter operations, nearly 100 of which were from youth between the ages of 8 and 15.

The Kiwanis Club also volunteers twice a month to supervise kids who want to help, said Bolda.

The shelter has 17 paid employees and approximately 300 active volunteers, said Bolda. During this last fall, 23 members of the veterinary technology pro-

gram contributed 400 hours.

"I actually went to the OSU pre-vet program and decided not to go to vet school. I wanted to get my feet wet and see if it was what I really wanted to do," said Kelly Yamamoto, an animal care technician at Heartland and a graduate of the LBCC program.

It is a very good introduction, more of a real life program that gets your foot in the door, she continued. All the students are X-ray certified.

Yamamoto believes the high placement rate for graduates is attributed to the program's high quality and an employer's ability to easily train students.

"As a vet assistant, you kind

of learn to do everything. You do everything from cleaning cages to helping in surgery. I really enjoy it because you get more interaction with the animals," she said.

The program is taught by Dr. Marilyn Waters, and it is one of the few in the Willamette Valley, said Yamamoto.

"I came with no knowledge base and struggled through the first two weeks, but Dr. Waters did a very good job of explaining things," said Melissa Bronson, surgery coordinator at Heartland. "Dr. Waters is a wonderful lady and teacher," she said.

Bronson does everything from anesthesia to tracheotomies, to vaccinations, to taking temperatures. "The whole nine yards that has to do with surgery," she said.

"The reason I chose it, is it was a short-term program. I didn't have two years of my life to devote to school," she said.

In addition to its role as a shelter, Heartland provides educational outreach to schools and the community. It spreads its message of humane and compassionate care for animals to elementary schools and once a month it publishes a pet care page in the local newspaper.

The partnership with LBCC has been very successful and helpful, according to volunteer coordinator Dani Bolda. Lots of volunteer help and a source of talented employees make it a great program for Heartland.

Top employee to be honored

Sherry Majeski
 The Commuter

Some people take their jobs more seriously than others. To them, it is more than a job; it is their life. While one person goes to work every day and does what they have to, to keep their job, someone else devotes their life to helping others, "going beyond the call of duty."

They do the best they can at all times to make their workplace a better place for everyone, not just themselves. They are not clock watchers, waiting for the hours to pass. They do not pack up 30 minutes early to get out the door as soon as the clock strikes 5. They do not brush off people who need assistance because they are too busy. They give their "all", at all times. They are there to serve and please.

In the past two years, the Associated Student Government has sponsored the faculty of the year nominations and awards. This year, they have decided to open the awards to all LBCC employees because some employees really outdo themselves and deserve recognition for all they do for others.

Nominations will be open until March 18 and a ballot box is located in Takena Hall. Please nominate an employee who has gone above and beyond their call of duty and who has been a positive asset to your LBCC experience.

Your nominee should have demonstrated enthusiasm and outstanding communication skills. The finalists will be announced on May 4 at the Spring Recognition Banquet at 5 p.m.

Also up for nominations is the campus club. The club and employee of the year will be posted in Takena Hall.

Women's history honored with International Tea

Katie Powell
 The Commuter

This month is National Women's History Month, so LBCC will be hosting an International Women's Day Tea in honor of this worldwide recognized celebration. Everyone is welcome to take part in the activities.

This event takes place on Tuesday, March 8, from 2 p.m. to 3 p.m. in the Multicultural Center. "It is a celebration to recognize women who have made notable contributions in our world today, specifically in education, public policy, and social issues," said Joanne Sé-

crest, who is one of the women in charge of putting the event together. This is a relatively new program at LBCC, and is the third year it is being held, she said.

There will be tea and other refreshments, as well as finger sandwiches and veggies to snack on, said Secrest. A poetry reading will be held, with Lynn Cox, Jane White, and Karin Magnuson. There is going to be a short video shown, called "A Fine and Long Tradition" by The National Women's History Project. Also, the LBCC Chamber Choir will perform and pictures of important women throughout history

will be exhibited.

This year the theme for Women's History Month is "Women Change America". It honors and recognizes the role of American women in transforming culture, history, and politics. "Women Change America" also celebrates the amazing ways in which the spirit, courage and contributions of American women have added to the diversity and vitality of American women. This year all previous Women's History Week and Month honorees will be recognized as well.

This event is sponsored by the Non-Traditional Careers Program, Student Life and

Leadership and the American Association of Women in Community Colleges. For more information contact Kelly Donegan at 917-4461 or visit here in the Multicultural Center located in Forum 220.

CORRECTION

The Feb. 23 issue of The Commuter contained several mistakes in the ASCET club article on page 5. The proper name of the program is Drafting and Engineering Graphics Technology. Not specified was that the 3-D prototype machine is how the club is able to raise most of its funds, by marketing services to local businesses. The prototype machine makes solid three-dimensional models with layers of plastic. Also, statements made by ASCET Vice President Marianne Guidotti were inaccurately attributed to President Heather Baird and Secretary Charlotta Gilbert's first name was misspelled as Charlotte. Advisor Sandy March has a structural drafting background. We apologize for any inconvenience this may have caused.

Read the Commuter

...because that dude on the bus wants to talk about his drywall project...

again.

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IN FOCUS

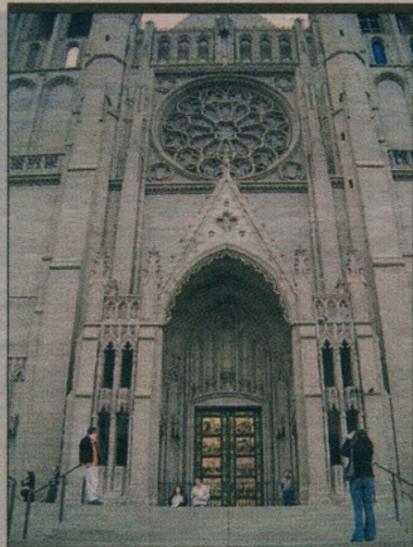


photo by Colleen Jacks
Grace Cathedral in downtown San Francisco. Construction began in 1928 but was not completed until 1964.

ACP conference offers Commuter staff a chance to experience and explore the City by the Bay

Colleen Jacks
The Commuter

As a native Californian, I jumped at the chance to attend this year's National College Newspaper Convention held at the Holiday Inn Golden Gateway in downtown San Francisco last weekend. I grew up about 50 miles from San Francisco, so it was a great way to get my Bay Area "fix."

Several members of the Commuter staff attended the conference. It was a fabulous experience. The seminars, for the most part were helpful and informative. The only drawbacks were logistical in nature—some conference rooms needed a microphone, and some speakers were so good, it would have been nice to have more than the 50 minutes allotted to them.

Adding to the experience was the opportunity to spend an intense amount of time with my colleagues. We were forced, by the situation, to eat, drink and—in some cases—share a bed. It all worked out great. After the seminars were over for the day, we had time to explore the city and all the interesting sights it has to offer.

Whenever we went anywhere, the group voted on an activity and went with the majority decision. As it happened, for the most part we wanted to do the same things. One evening

was spent in Chinatown, we made a couple of visits to the Fisherman's Wharf area and we even got to walk on the Golden Gate Bridge.

To reach all our destinations, we had to take public transportation. At the hotel, we each purchased a three-day pass for \$15, which allowed us access to all the Cable Cars, buses and trolleys, without paying for transfers. Purchased individually, each ride would have cost \$3. The most amazing thing about the vehicles we rode in was how clean they were. Plus, everyone we encountered was very friendly and helpful.

At Pier 39, I went into a shop called Treasure Ireland. Having an Irish background, and once taking a trip to Ireland, I wanted to take a peek inside. The young shopkeeper was from County Donegal on the western coast of the island. Knowing that county is considered the "seat" of my family clan, I told her my maiden name was Sweeney, and she responded that she was a Sweeney, too. I said, "cousin!" She laughed and we shook hands. If I'd had the time, I would have asked for more information about her family background. Maybe next time.

In all, it was a fun and educational trip that I would do again in a heartbeat. After all, as the song says, "I Left My Heart in San Francisco."

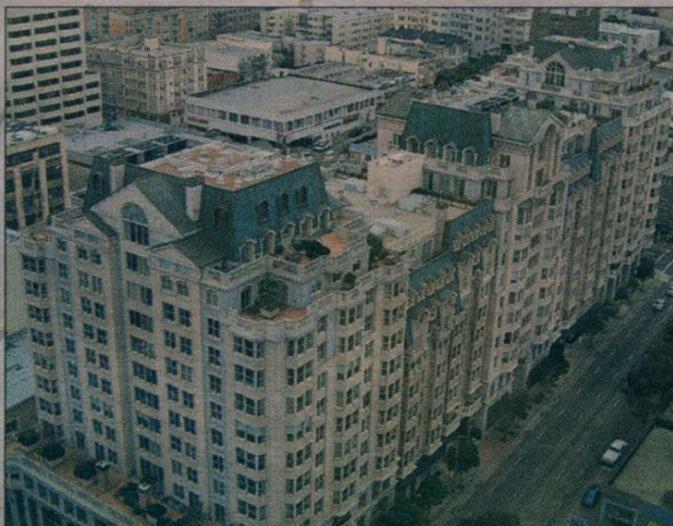


photo by Colleen Jacks
Most conference delegates had a grand view of the city from their upper floor rooms in the Holiday Inn Golden Gateway hotel.

Melissa Chaney
The Commuter

What an experience! San Francisco was an incredibly diverse, very fast-paced city. There were people on a mission wherever you went, and we went to plenty of places.

Public transportation, which we used frequently, has its good and bad aspects, but you shouldn't leave San Francisco without having ridden on the cable cars or trolleys at least once. There is nothing quite like the exhilaration and terror you feel when hanging onto a pole on the outside of the cable car, which is careening up and down the steep streets.

Unsurprisingly, a part of the trip that stands out in my mind is our trek to Ghirardelli Square, because—well, I'm a chocoholic. Delicious is two savory scoops of ice cream in a huge waffle cone that's been dipped in Ghirardelli chocolate—it is pure heaven.

Speaking of heaven, Union Square is a spectacular area containing many stores and shops, such as Macy's and Neiman Marcus. However, while browsing through the designer merchandise you feel, as someone very aptly put it, as if you've lost \$20 just by looking.

Of course one has to mention the Golden Gate Bridge when talking about San Francisco. It's big, beautiful and awe-inspiring, especially when you see the consistent traffic that crosses it every day. Many tourists were walking across it, snapping pictures every where you turned, and despite the strong wind from the bay we joined them.

All in all, this trip was a great success. We learned some new things, stuffed ourselves with good food from various restaurants and then worked off that good food while seeing the sights and traversing up and down the many avenues of San Francisco.

Matt Swanson
The Commuter

THEEWW!!! Okay. My four day adventure in San Francisco was absolutely fabulous! I first visited San Francisco back in 1997; however, this time I got to see and experience more things than before.

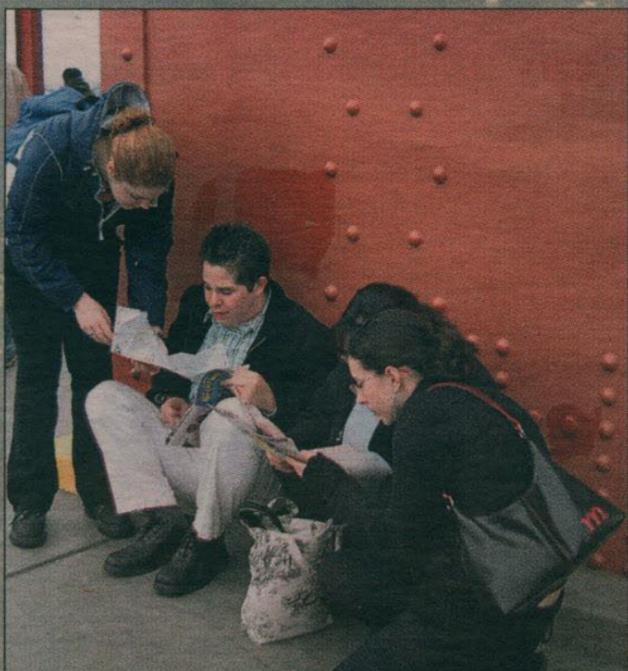
I will never forget our first night there when we all decided to go to Chinatown. We were bombarded by several Chinese women who were half my size, explaining to us that their restaurant was the "Number one Chinese restaurant in San Francisco." When we did finally chose one, the food was excellent.

Just down the street from our hotel on California Street, we visited Grace Cathedral and watched one of our staff members, walk up to the door of

Erik Swanson
the Commuter

Not being used to big cities aside from the U.S., I think it was the little grungy parts of San Francisco that made the biggest impression.

"Woah. A real, live pigeon," I thought, and that it was possible I'd never noticed one of those before in my travels. The creepy guy hanging out after you've withdrawn your money, the diarrhea-inducing Chinese food and the best looking to score a free cigarette and the trip for years to come, after the irritation at the sessions and the late-night room parties fac

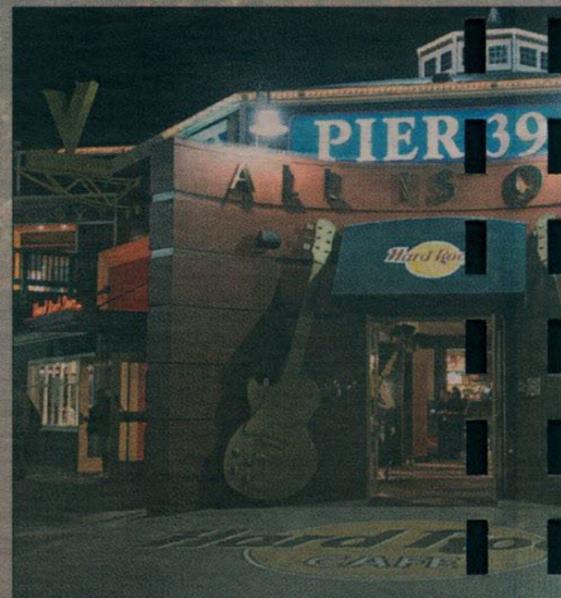


The Commuter staff sits on the Golden Gate Bridge and ponders where to go next and how in the world do we get there.

photo by Colleen Jacks

Hard Rock Cafe sits at the entrance to Pier 39. The cafe recently moved to the waterfront from Van Ness. They display guitars, records and other music memorabilia as well as offering delicious food, named for legendary music artists.

photo by Erik Swanson



San Francisco sky

Expanded feature on selected topics, relating to student life and local issues.

FOCUS



San Francisco skyline at night.

photo by Erik Swanson

Ghirardelli

Nick Milhoan
The Commuter

Being a journalism major and having the chance to go to one of my all-time favorite cities in the world, I couldn't pass up the chance to attend this year's National College Newspaper Convention in the city by the bay, San Francisco.

What a wonderful trip it was (with a few minor exceptions!) From the moment we left the learning, the excitement and the getting to know more about my staff members began.

After checking in at our hotel, we decided to head for Chinatown. We hit all the quaint little shops that charge way too much for crap we don't need. Soon we decided to try and find dinner—what an experience that was. But we did find a nice place to eat.

Next, we hopped on the street car named Van Ness and took a ride down to the wharf. Chocolate was on our minds and what better place than the world famous Ghirardelli Square. Damn it was good!

The first speaker at the convention was, well, all I can say is, I could have used a pillow. I

was hoping it was not a sign of things to come for the rest of the convention.

Friday morning it was time to hit the learning floor. I have to say I enjoyed most every session I attended Friday and the keynote speaker from the San Jose Mercury News was fantastic.

Lunch upon us, we headed for a small place a block or so from our hotel that was just incredible and I definitely will venture back their next time I'm in the Babylon by the Bay.



After an afternoon of journalistic views and more information than I could absorb, it was time to head for the bay and back to Pier 39. Three of us decided Italian was what we wanted, so we headed for Sam Louie's. My crab and shrimp Canneloni was fabulous and the view of Alcatraz, the Golden Gate Bridge

and the bay—what better way to have a wonderful meal than with a wonderful view.

Saturday it was time to learn once again. I went to one session led by the head of the Associated Collegiate Press and I must say I learned a lot from this and other sessions that day.

That afternoon it was Golden Gate Bridge time. We walked about halfway across the bridge before heading back. Soon we hopped on a bus, but didn't stay long. The bus smelled of a dirty bathroom, not very pleasant, but we didn't have to ride long (thankfully), getting quickly off at the first stop.

Night upon us (our last in SF), we split up and I headed for the Castro District. After eating and walking around for a bit, I called up the crew and we decided to get one of us drunk, though I won't say which one, you know who you are Gigs.

But what better way to end a trip than relaxing with a little drink and smoking some stogies in our room! Thankfully, security only asked us to do was to quiet down. All I can say is thank you ACP and the City by the Bay. I will be back again soon!

RESTAURANT REVIEW

San Francisco's best kept secret

The Commuter Staff

Last weekend the Commuter staff was in San Francisco to attend the National College Newspaper Convention, hosted by the Associated Collegiate Press. And let's face it—San Francisco is not the cheapest place to spend time in (if you have been there before you understand).

Eight members of the newspaper staff attended and, being college students, we are all on a budget. So, how do you manage to eat and enjoy yourself, without breaking the bank?

We found that place.

New Village Cafe in downtown San Francisco is a wonderful, quaint and charming little restaurant. Lucky for us it was located right behind our hotel. We checked out the menu as we walked past (something I love about large cities is the ability to look at the menu of a restaurant without having to walk inside) and decided it looked very reasonable and ventured inside.

As we entered, we were greeted by Anna and David Yam, the owners. They seated us at our table, and handed us our menus. Looking over it, we were shocked by the prices. The most expensive thing we could find was close to seven bucks, which as we said a bit ago, is unusual for San Francisco.

One of us decided upon the Blueberry Platter, which consist-

ed of two pancakes, two pieces of bacon (or you can have sausage) and one egg. These were the best blueberry pancakes we have ever had. They reminded us of a muffin, yet with more substance to them. The bacon was cooked to perfection and was first rate.

Two of us choose to have the biscuits and and gravy, which had two biscuits almost smothered in a sausage gravy that was perfectly seasoned and a mound of homefries (quartered red potatoes and onions, seasoned). We all tried the gravy and it is quite possible that it is the best country gravy we've ever had (next to our mother's of course).

Another colleague enjoyed the Breakfast Burrito which as he said was a mouthful. There was so much to it—filled with large pieces of tomatoes, eggs, bacon (or sausage) and cheese—creating a delectable taste combination.

While waiting for our food, we looked around and noticed the walls were decorated with pictures of past diners. Everyone from a simple man and woman, to pilots and police officers gazed down on us, approving our dining choice.

Now the best part about the cafe was not the great breakfast, nor was it the close proximity to our hotel. It was by far the owners and their quick wit and personalities. Nick had originally

thought about ordering the San Franciscan Omelette; however, he chose the pancakes. After this when Anna brought him his food, she said, "Here is your San Franciscan," and when he went to pay for his meal she once again said "Oh yes, you had the San Franciscan." We all talked about this the rest of the trip.

The food was so good that we decided we would go back the next day. On that trip Nick chose the Biscuits and Gravy and again, as we said earlier, it was superb. Megan (the paginator) chose Nick's previous day's venture, the Blueberry Platter. "I usually don't like pancakes, but these were a little taste of blueberry heaven," she said. Another chose the French Toast Platter, which as he said was amazing. The photo editor joined us this time around and he had "Nick's" San Franciscan Omelette and he called it "well-stuffed."



photo by Erik Swanson
Anna Yam, owner and waitress of the New Village Cafe.

While in the City by the Bay, we dined at the New Village Cafe three times and all three were, well, words can not say just how wonderful an experience it was.

As we left on Saturday afternoon, we asked Anna if we can get our picture on the wall and she said if we came back tomorrow (Sunday) we

could get it.

Sunday was a bittersweet day. This would be our last meal in this wonderful little cafe. This time we brought everyone who went to San Francisco with us and got our picture put on the wall. It was so much more than the quality (and quantity) of the food or the very affordable prices, it was the atmosphere and friendly staff that made it such a great place.

So, if you are ever in San Francisco and want to eat great food at very reasonable prices, we suggest you stop by 1426 Polk St. and eat at New Village Cafe and tell Anna and David that the Commuter Staff said, "Hi."

from the ubiquitously accessible Portland, the city of San Francisco that left the deepest impression on me. I thought, amusing myself at the proposition of being one of the passively obnoxious birds hanging around the ATM, innocent until proven guilty, the wonderfully tasty and cheap but not the bemusingly numerous passersby. The things I will remember this trip by are the horribly-organized conference parties fade into lost memories.



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SPORTS

Coverage of competitive and recreational activities at LBCC, as well as from around the state and nation

Former Roadrunner has shot at major league ball

Neal Jones
 The Commuter

In the spring of 2002, Nate Pendley was having a great season of baseball for the Roadrunners.

He had success on the mound with a 3.64 ERA, struck out 39 hitters and a record of 2-3. Even more impressive was his .260 batting average, 30 runners batted in and he scored 23 runs.

LB baseball coach Greg Hawk said, "Not only was Nate an excellent pitcher, but he also led the NWAACC in home runs with eight."

Pendley was co-MVP of the Roadrunners and an NWAACC all-star. "Nate is so sincere, honest, a joy to be around and a real hum baby," added Hawk.

This spring, Pendley will be training in Scottsdale, Ariz. with the San Jose Giants, a Class A advanced minor league baseball team affiliated with the major league team, the San Francisco Giants.

The chance Pendley has to potentially move up to the majors is a big accomplishment considering what he has overcome.

Pendley played high school baseball at West Albany for Don Lien. He showed enough talent to get drafted by the Chicago Cubs right out of high school.

Pendley declined because he wanted to be in school, improve on his pitch-

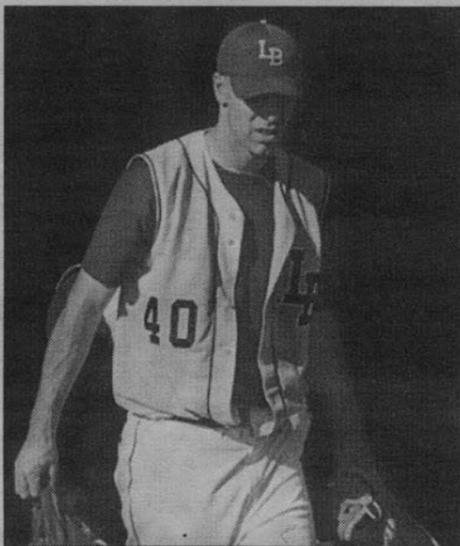
ing, and he felt the competition in a Texas junior college would be good.

He chose Grayson County College but while he was there he suffered a serious back injury. This led Pendley back to Oregon for surgery.

He was afraid he would never playing baseball again because he was having trouble with simple physical activities such as walking. After the surgery he had to stay local, in case there were complications.

He tried LB and Hawk agreed to let him play for the Roadrunners. Pendley felt Hawk did him a huge favor by taking a chance on a player who just had back surgery.

"Greg Hawk did a lot for me and kept my career alive," said Pendley. After the stop at LB, Oregon State took interest in Pendley and recruited him to play baseball. One of his biggest accomplishments



Nate Pendley, shown here wrapping his 2002 season as a Roadrunner, is now playing ball in the minor leagues for the San Jose Giants.

at OSU was when he pitched in a game against Stanford on April of 2003. He entered the game in the seventh inning and was credited with the win against seventh ranked, Stanford. It was Oregon State's first win at Sunken Diamond since 1970. He stayed at OSU for another year and was drafted in June of 2004 by the San Francisco Giants.

Pendley's minor league experiences have been good. He started out on the Salem-Keizer Volcanoes, a Class A-short season minor league team.

While he was there he went 2-0 with a 2.45 ERA, two saves and 20 strikeouts. In the last three months of the season, he got bumped up to the San Jose Giants. There he had an ERA of 1.80 and two strikeouts. The Giants finished one strike away from the championship game.

What he improved on while he was in

the minors, according to Pendley, was the mental aspect of the game, the self-talk, telling himself, "I can do this. I've done this lots of times."

Physically, he improved on locating his pitches, according to Pendley. He said he wants to work on his pitches while he is young.

On his chances of moving up to the majors Pendley said, "What you hear when you are up there is that chances are slim, but I feel I have just as good a chance as anyone at moving up."

"Nate has a legit chance at pro ball," Hawk says. "What's great about Nate is that he stayed home and got exposure from LB."

The Giants are interested in Pendley because he is a six foot four, 220-pound, left-handed pitcher, which is a commodity in baseball. He has a 92 mph fastball that has been clocked at 94 mph and he also brings a curveball and change up.

Next year Pendley is scheduled to play 155 games. "I've never played that many games before. In college I would play around 50 to 60 games. This will be a long and tough season. I will get to see what I'm made of," he said.

During the off-season Pendley stays home with his family and sells insurance. To keep track of how Pendley does this year in the minors go to minorleaguebaseball.com.

Roadrunners miss playoffs after disappointing season finales

Jake Rosenberg
 The Commuter

The LB basketball season ended last week, and not on a high note. The women lost a heartbreaker to Southwestern Oregon, 63-61 while the men lost convincingly in Coos Bay, 102-55, staking claim to post-season idleness.

With all playoff hopes gone, the Lady Runners began their game with the sole intention of ending their season with a win. Kendall Dionne and Brittany Howell haven't been strangers to the top of the stats sheet all year, and Wednesday was no exception with both scoring 15 points.

LB's efforts came just short of victory when SWOCC

handed them their second two-point loss to the Lakers.

The most anticipated game of the night came when the men took the court with their playoff lives hanging in the balance. Besides the Runners being dependent on other divisional games to go in their favor, a win was a must in order to take the final playoff seed.

That task became much harder without NWAACC Southern Division All-Star honorable mention Michael Braziel, who missed significant playing time due to sickness.

Tommy Bain capped off his phenomenal, all-star snubbed season with a 17 point performance, getting some help from fellow big-man Derek Grinnell with 12 of his own.

Sadly those two players accounted for more than half of the Runners total points for the entire contest and were ultimately drowned by the Lakers aggressive play in the end.

"It was never really close," Coach Randy Falk said. "SWOCC jumped on us right away and we just had too many turnovers to come back."

When asked about the upcoming off-season Falk explained, "The next phase is to determine our team needs, then we will begin our recruiting for next season."

The 2004-05 basketball season may be over for the Roadrunners, but you can still catch Braziel playing point guard in the NWAACC All-Star game at Clark College on Mar. 13 at 5 p.m.

The Student Programming Board is currently hiring for next year's team.

- Campus Recreation Specialist
- Political Activities Specialist

Applications are available in SL&L office and are due by **Thurs. March 10 at noon.**

- Interviews will be on Wed. March 16 at 2 p.m.
- These positions will earn up to 12 credits of in-state tuition for 2 terms.

For more information contact **Tamara Britton, SPB Team Coordinator at 917-4472**



The Associated Student Government is currently hiring for one position for next year's team.

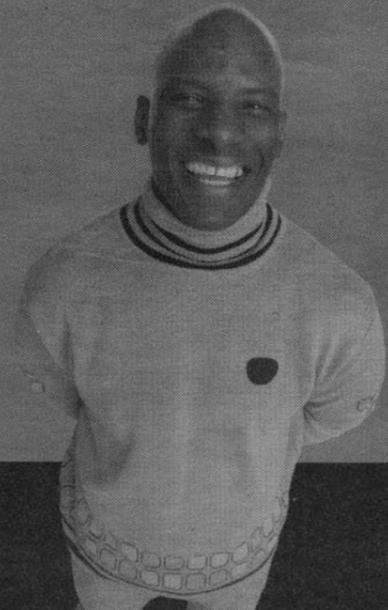
- Business Representative

Applications are available in SL&L office and are due by **Friday March 11, at noon.**

- Interviews will be held on Wed. March 16 at 3:30 p.m.
- This position will earn up to 12 credits of in-state tuition for 2 terms.

For more information contact **Stephanie Quigley, ASG President at 917-4475**

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ARTS & ENTERTAINMENT

Information about plays, movies, books, artwork, and other entertaining or artistic endeavors

Eateries at LB, OSU costlier than brown-bagging

Shelly Murray
 The Commuter

Students are likely to pay a high price for the convenience of eating lunch on or close to campus, especially if they choose the OSU Memorial Union eateries.

It can be up to 75 percent more expensive to eat on the OSU campus than to bring lunch from home. OSU offers a variety of fast food and café style establishments: Carl's Jr., Woodstock's Pizza, Blimpies, Panda Express, Pangea and Marketplace West.

Having lunch at these locations will cost a student between \$4.29 and \$8 for each meal, which includes a main entrée, side item and drink. If students eat on campus five days a week, they will need to budget from \$85.80 to \$160 a month to support the habit.

"OSU did away with the one-price, all-you-can-eat fee shortly after I started working here eight years ago," said Kathy English of Marketplace West, an OSU campus-dining hall. "Now students are presented with an atmosphere similar to that

of a shopping mall eatery, where they can choose from Mexican, Chinese or a deli sandwich" said English.

LBCC has fewer dining options: The Courtyard Café, The Commons and the Santiam Restaurant. Lunch at these facilities can cost from \$4.90 to \$6.30 for a main entrée, side dish and drink. Eating on campus five days a week will cost students between \$98 and \$126 a month.

"The student's perception is that The Commons is higher priced than the Courtyard Café, but that is not true," said Gary Snyder, the Food Service Manager at LBCC. "If students want to dine in the Santiam Restaurant, they will pay higher prices, but the prices are a bargain for what they get. The Santiam Restaurant is a



photo by Kyla Hoyt
Employees of the Courtyard Cafe serve students like this every day.

full-service, lines on table, wait staff establishment where students can expect to spend between \$6 and \$8 for a meal" said Snyder. He acknowledged that "with tuition up and gas up" students might be having a hard time paying for lunch. The Food Services Department is offering an inexpensive entrée to students Monday thru Thursday to help with expenses.

The Culinary Arts Department, which is responsible for preparing all food on the LBCC campus, uses excess fresh foods from planned menu items to create the specials that can only be purchased in the Commons.

"I eat in the café at least three times a week and I like the food. The breakfast burritos are my favorite," said student

Mark Studer, a computer science major, who said he spends about \$6 each time he eats in the café.

Business major, Alison Barker eats in the café about once a month, "I love their baked goods! Their pumpkin and banana breads are awesome but the brownies are my favorite."

Students also have the option of eating at the local convenience stores such as Circle K and 7-11. The price for an entrée, side and drink at Circle K is \$2.98 while 7-11 charges \$3.17 for the same three items.

Spendthrift students can save a wad of cash by shopping for food in advance and preparing lunch at home. A meal comparable to those available on campus would cost about \$2 a day, which adds up to about \$40 a month. Students have the opportunity to save up to \$86 by bringing lunch from home versus eating at LBCC and up to \$120 a month by brown bagging it versus eating at OSU. Students can also save up to \$23 when they choose to bring lunch rather than eating at one of the local convenience stores.

Daily Data Sheet (numbers based on eating lunch on campus 5 days a week)	\$2.00	\$2.98	\$3.17	\$4.29	\$4.90	\$5.50	\$5.69	\$ 6.28	\$6.30	\$7.85	\$8.00	\$9.90
Location (contents)	Lunch From Home (sandwich, can of pop, fruit, chips)	Circle K (hotdog, chips and med drink)	7-11 (hotdog, chips and med. drink)	Carl's Jr. (Famous Star Combo Meal)	The Commons (one slice of pizza, salad and bottled pop)	Woodstock's Pizza (one pizza slice, salad and med. pop)	Blimpies (6 in. Sub, med. pop, bag of chips)	Panda Express (2 Entrée Meal and med. pop)	Courtyard Cafe (whole sandwich, bottled pop, bag of chips)	Pangea (whole sandwich, bottled pop, soup)	Marketplace West (whole sandwich, bottled pop, soup)	Santiam Restaurant (entrées, side, beverage)

Gallery features Eugene artist

LBCC News Service

The AHSS Gallery at LBCC will host the exhibit "A Look Back: Three Decades of Work by Craig Spilman" starting Feb. 28 and running through April 1.

The exhibit features over 30 years of work by the Eugene artist in a variety of media including paintings, prints and drawings. This retrospective gives the public a glimpse of Spilman's evolution as an artist.

Spilman, a former instructor of printmaking, drawing, painting

and design at Lane Community College, is an established printmaker and painter who has held exhibitions both nationally and internationally, including shows in Hong Kong and Australia. He recently curated the Jacobs Gallery 20-year anniversary show at the Hult Center in Eugene.

Spilman will give a slide lecture regarding his work on Thursday, March 10 at 12 p.m. in the Fireside Room on the second floor of the College Center. A reception will follow the lecture at the AHSS Gallery.

Woodcarvings on view at BC

LBCC News Service

Woodcarvings created by LBCC students and instructor Michael Edson will be featured in the south hall art gallery display case at LBCC's Benton Center through April 1.

Edson has taught woodcarving at the Benton Center

seven years. The class, offered Wednesdays from 7 to 10 p.m. during spring term (CRN 43197), is hands-on and designed for the novice woodcarver and the accomplished veteran. Students learn the various forms and techniques of carving.

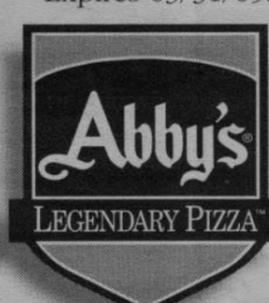
For more information, contact the Benton Center at 757-8944.

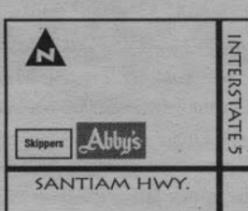
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ARTS & ENTERTAINMENT

Information about plays, movies, books, artwork, and other entertaining or artistic endeavors

Eastwood corners four Oscars as 'Baby' delivers KO punch to Scorsese's 'Aviator'

Carrie Rickey
 Knight Ridder Newspapers (KRT)

The billionaire and the boxer came in swinging—and Jamie Foxx came in singing "What'd I Say" as he hoisted his best actor trophy.

In the end, it was a knockout punch for Clint Eastwood's intimate fight drama "Million Dollar Baby," which took four top Oscars at the 77th annual Academy Awards, including best picture and director. Martin Scorsese's sweeping Howard Hughes epic "The Aviator" captured five, including best supporting actress for Cate Blanchett.

"Baby's" other awards were for actress Hilary Swank, as the flinty boxer

Maggie, and supporting actor Morgan Freeman, as the sage ex-boxer Scrap. Accepting her award, Swank, 30, praised Eastwood as "mo chuisle," Gaelic for "my darling," the term emblazoned on the back of her boxing robe. For Freeman, 67, it was the first win after three previous nominations.

"The Aviator's" Blanchett, 35, accepted supporting actress honors for her edgy reincarnation of Katharine Hepburn (making Blanchett the first actress to receive an Oscar for playing an Oscar-winning actress). "Aviator" swept the artistic and technical awards, taking prizes for art direction, costumes, film editing and cinematography.

In his emotional acceptance, Foxx paid tribute to his late grandmother, his daughter Corinne, and to Sidney Poitier, and spoke of living "the African-American dream."

Former Corvallis resident, Brad Bird took the trophy for Best Animated Feature for "The Incredibles," the retro-modern family comedy about retired superheroes who return to active duty (and one of the year's biggest box office hits).

The ceremony producers had hoped that first-time host Chris Rock would rock the Kodak Theatre. Just for showing up, he received a standing ovation from the assembled glitterati and promptly tweaked celebrity folkways: "Clint Eastwood, he's a star. Tobey Maguire's just a boy in tights." Though he was intermittently amusing, Rock didn't make an indelible impression like Johnny Carson or Billy Crystal.



photo courtesy of Abaca Press

Academy Award winners Best Supporting Actress, Cate Blanchett (The Aviator), Best Supporting Actor, Morgan Freeman (Million Dollar Baby), Best Actress, Hilary Swank (Million Dollar Baby) and Best Actor, Jamie Fox (Ray) pose with their Oscars back stage at Sunday's 77th annual Academy Awards in Los Angeles.

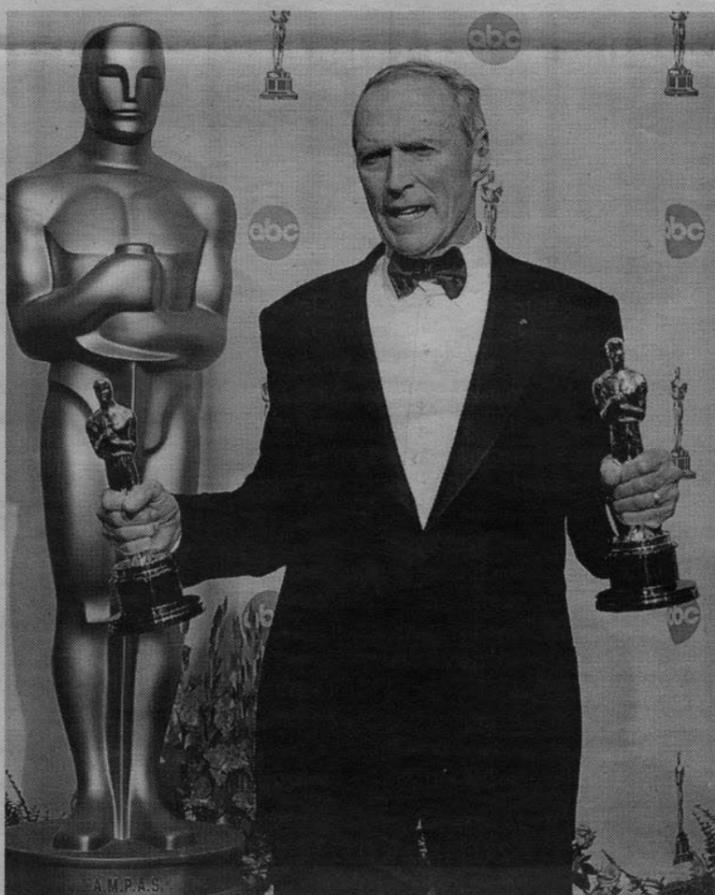


photo courtesy of Abaca Press

Clint Eastwood talks to the press after winning Best Picture & Director for "Million Dollar Baby."

In the face-off between Eastwood and Scorsese, the Oscar-snubbed Scorsese is now zero-for-five in nominations. Eastwood collected his second Best Picture trophy, having won in 1993 for the hit film "Unforgiven."

Sunday marked the third time Scorsese lost the prize to a legendary actor-turned-filmmaker. In 1981, when Scorsese was up for "Raging Bull," Robert Redford ("Ordinary People") took directing honors. A decade later,

Scorsese was up for "GoodFellas," but Kevin Costner ("Dances With Wolves") won. Actors make up the largest bloc of the academy's 5,808 voters.

Generating at least as much suspense as who would win was whether there would be anyone watching. Citing "awards fatigue" from the plethora of other televised trophy fests, ABC worried about viewership—especially because, unlike last year, when "The Lord of the Rings: The Return of the King"

swept top honors, none of this year's best picture contenders is a megahit.

Sidney Lumet, 80, the legendary filmmaker of "12 Angry Men," "Network" and "The Verdict" and a director who has never won a competitive Oscar, was given an honorary statuette by Al Pacino, star of the director's "Dog Day Afternoon" and "Serpico."

"If you pray to inhabit a character, Sidney is the priest," Pacino said in tribute. Cradling the award, the puckish octogenarian thanked his daughters and "the movies."

"Eternal Sunshine of the Spotless Mind," the haunting story about erasing the memory of love gone wrong, took the original screenplay prize for Charlie Kaufman, Michel Gondry and Pierre Bismuth. Screenwriters Alexander Payne and Jim Taylor were honored for "Sideways," their adaptation of Rex Pickett's comic novel about buddies on a bender in the California wine country.

In a first for the Oscars, many of the technical awards, nominees stood onstage like suspects in a police line-up. While this made the ceremony move faster, it was joyless.

The vast disconnect between the popcorn films popular at the multiplex and those being honored on Sunday was spotlighted in a droll pre-taped segment filmed earlier that day at the Magic Johnson Theaters across town. For these movie fans, the best picture of the year was one the Academy forgot: the Wayans Brothers-in-drag comedy "White Girls."

The Oscar goes to...

Best Picture:
 "Million Dollar Baby"

Best Director:
 Clint Eastwood -
 "Million Dollar Baby"

Best Actor:
 Jamie Foxx - "Ray"

Best Actress:
 Hilary Swank -
 "Million Dollar Baby"

Best Supporting Actor:
 Morgan Freeman -
 "Million Dollar Baby"

Best Supporting Actress:
 Cate Blanchett -
 "The Aviator"

Best Adapted Screenplay:
 "Sideways"

Best Original Screenplay:
 "Eternal Sunshine of the Spotless Mind"

Best Foreign Film:
 "The Sea Inside"

Best Animated Feature Film:
 "The Incredibles"
 Brad Bird of Corvallis

Best Animated Short:
 "Ryan"

Best Documentary:
 "Born into Brothels"

Best Art Direction:
 "The Aviator"

Best Cinematography:
 "The Aviator"

Best Film Editing:
 "The Aviator"

Best Costume Design:
 "The Aviator"

Best Makeup:
 "Lemony Snicket's A Series of Unfortunate Events"

Best Visual Effects:
 "Spider-Man 2"

Best Original Score:
 Jan A.P. Kaczmarek -
 "Finding Neverland"

Best Original Song:
 "Al Otro Lado Del Rio" -
 The Motorcycle Diaries

Best Sound Editing:
 "The Incredibles"

Best Sound Mixing:
 "Ray"

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ARTS & ENTERTAINMENT

Information about plays, movies, books, artwork, and other entertaining or artistic endeavors

CALENDAR

THE VIBE

<p>Albany Civic Theater 111 1st Ave. SW Albany 928-4603</p>	<p>March 4-5 Free Range Chix Music and comedy from four talented singers. 8 p.m. \$9 General \$6 Seniors and Under 18</p>
<p>Albany Public Library Main Branch 1390 Waverly Dr. SE Albany 917-7580</p>	<p>Wed, March 2 Dr. Seuss is 101: A Seussathon A reading celebration! 11a.m. - 7 p.m. 4 - 5:30 p.m. party Free</p>
<p>Friends Meeting House 3311 NW Polk St. Corvallis 753-9955</p>	<p>Sat, March 5 Poets for Peace: International day of Poetry Against the War Featuring Eleanor Berry and Roger Weaver 7:30 - 9:30 p.m. Free</p>
<p>Linn-Benton College Forum 6500 Pacific Blvd. SW Albany 917-7777</p>	<p>Sat, March 5 Children's Performing Art Series "Dengmo, Camaroon Storyteller" 11 a.m. Free</p>
<p>Linn-Benton College Multicultural Center 6500 Pacific Blvd. SW Albany 917-4561</p>	<p>Tues, March 8 International Working Women's Day Tea Recognizes the accomplishments & contributions that women have made over the years. 2 - 3 p.m. Free</p>
<p>Mission Mill Museum 1313 Mill St. SE Salem 503-585-7012</p>	<p>Tues, March 8 Eline Hoekstra Dresden Speaker: Holocaust Survivor Holocaust survivor and author shares her personal experiences. Author of "Wishing Upon a Star: A Tale of the Holocaust and Hope" 12 p.m. Free</p>
<p>New Morning Bakery 219 SW 2nd St. Corvallis 541-754-0181</p>	<p>Fri, March 4 Melange, Cafe Music & European Folk 7:30 p.m.</p>
<p>Novak's Hungarian Restaurant 2306 Heritage Way SE Albany 967-9488</p>	<p>Mon, March 7 An Evening with Winemaker Forrest Klaffke A dinner with Willamette Valley winemaker. Featuring fine wines and great food. 6:30 p.m. \$50 per person, includes Four course dinner and four different wines Reservations Required</p>



Taste Tasting

photos by Aubri Martin

LBCC Culinary Arts majors Derek Hubbert, Adriene Ewanchyna and Rodrigo Huerta dish out samples of their "chocolate lasagna" at Saturday's Chocolate Fantasy fundraiser in Corvallis. Although the students entry did not win any prizes, it did receive praise from those in attendance. This is the fifth year LB students have participated in the event, which raises funds for ArtCentric. LB's entry was the creation of Derek Hubbert, who was aided by Ewanchyna, Huerta, Shawn Floyd, Missy Blair, Andy White and Sheri Snook. Hubbert also designed the chocolate sculpture (at left in the top photo). At right is another one of the many chocolate treats presented by local bakers at the event.



Lantern Theater Co. shines in 'The Sword in the Stone'

Sherry Majeski
 The Commuter

Albany Parks and Recreation Children's Performing Art Series presented the Traveling Lantern Theatre Company, with "The Sword in the Stone" at the LBCC Forum on Saturday afternoon.

"The Sword in the Stone" is a story of a young boy who liberates his destiny. Young Arthur stumbles upon Merlin, an old sorcerer who gives him guidance through his fumbles. Arthur experiences total amazement when he finds that he is the only person who can pull the sword out of the huge stone in which it has been embedded. By doing so, he has proven his worthiness to become a just, ethical and admired King Arthur.

The production was nicely done and the performers kept the children laughing throughout the entire performance. Merlin and the young boy kept the children intrigued and mesmerized with their live theatre.

The performance included some audience participation and invited a few children on stage for their moment to shine with the actors. Suzie Schmidig, who is 5, was spellbound when she said, "There was a cartoon in there!" Jackie Brown, who is 8, said the best part of the show was when she got to go on stage with Robin Hood and be one of his outlaws. Ruchi Agarwal, another 5-year-old, thought the most amusing part of the show was when the other guys couldn't pull the sword out of the stone.

The Traveling Lantern visits cities nationwide and educates children while entertaining them. They have been bringing stories to life for children,

giving them an active theater experience, exciting their minds and tickling their imaginations for 18 years.

They modeled their show style after traveling actors from the Middle Ages through Elizabethan times. They traveled from village to village putting on a repertoire of different performances. Traditional stories have been modernized and embellished for amusement. Audience participation allows an active part in the play by cheering the hero, booing the villain, warning of danger, creating sound effects and sometimes even becoming characters in the story. This style of entertainment has evolved over the ages in England and in Italy and has become a traditional and beloved entertainment for children.

Traveling Lantern currently has a 20-show repertoire. Seventeen of these shows are literature-based plays and three are biographical. Each fall and spring the group hits the road nationally to entertain and educate children. All shows use a team of two actors, who perform with many changes of character and costume. Stories cover topics and eras from ancient Greece to modern times.

Their teams travel in one vehicle, with all their props, costumes and set pieces. The simplicity of this design allows for quick set-up and breakdown at each venue and allows flexibility. Performances can be set up in gyms, cafeterias, multi-purpose rooms, courtyards, etc. All plays are geared for (but not limited to) children in K-8 grade levels. Shows last about 45 minutes and actors can be packed up and on the road within a half an hour of finishing. Each show costs \$425 to produce and is free to view. However, donations are gladly accepted.

The 2005 Spring Schedule

- March 5: Kengmo at LBCC Forum
- April 2: Anansi the Spider at the Russell Tripp Performance Center
- April 23: Chinese Acrobats at LBCC Gym
- May 21: Alborada at Monteith River Park