# 

Linn-Benton Community College • Albany, Oregon

Volume 44 | Issue 21



LBCC baseball player in a March 15 game against Treasure Valley Community College. See more photos online at: wp.me/p14GZu-rPKX

## Roadrunners Split with Chemeketa

**Ron Borst** 

**Contributing Writer** 

he LBCC Roadrunner "boys of summer" entered league play against Chemeketa on Saturday with a bang, homering in game 1 to win 13-5. Although a doubleheader game 2 loss (3-2) soured their soaring start, the Roadrunners look to the game with Clackamas as a way to bounce back.

"When you play close, you get snake-bit," said Coach Hawk, referring to the game 2 loss. LBCC had an early lead, but did not capitalize. Nevertheless, this team is as resilient as a blackberry bramble, and expectations run high. The defense has been solid, and the pitching staff have kept opponents on their heels.

Jacob Herklotz homered twice for the Roadrunners.

With nine wins against five losses, the LBCC baseball team is looking forward to the rest of the season and a run at the conference playoffs. With a deep pitching staff, solid defense, and clutch hitting, the team is well-positioned to reach preseason goals of a winning record and a playoff spot.

This week, the team is on the road. First, with Clackamas, then a double header at Southern Oregon on Saturday. The boys return home for a doubleheader home slate versus Lane C.C. on Tuesday, April 9.

Come out to the ballfield on April 9, enjoy the weather, and support the team against archrival Lane. Bring lawn chairs and blankets, and family and friends. Admission is free, an unbeatable price for superb baseball at the college level.

Come support your Roadrunners!

> April 6 **SWOCC**

April 9 Lane C.C.

April 13 Mt. Hood C.C.

April 16 Chemeketa C.C.

> April 18 Linfield JV

April 20 Clackamas C.C.

> April 23 **SWOCC**

April 27 Lane C.C.

April 30 Mt. Hood C.C.

May 4 Chemeketa C.C.

May 7 Clackamas C.C.

> May 11 **SWOCC**

May 14 Lane C.C.

May 16 Mt. Hood C.C.

All games at 1 p.m. **Bold Dates = Home Games** 



-NEWS-

**Budget Cuts** pg. 3

-COMMUNITY-

Healthy Apps pg. 4

-A&E-

LBCC Choir pg. 8

#### THE COMMUTER **STAFF**

The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty and Associated Students of LBCC. Editorials, columns, letters and cartoons reflect the opinions of the authors.

> **Editor-in-Chief:** Sean Bassinger

Managing Editor: Justeen Elliott

**News Editor:** Nora Palmtag

**A&E Editor:** Ian Butcher

**Sports Editor:** Michael Rivera

**Opinion Editor:** Will Tatum

Webmaster: Marci Sischo

**Page Designer:** Ashley Christie

Advertising Manager: Natalia Bueno

**Advertising Assistant:** Dorine Timmons

**Photo Editor:** William Allison

**Staff Photographer:** Michael DeChellis, MJ Kelly

Adviser: **Rob Priewe** 

**Cartoonists:** Jason Maddox

**Copy Editors:**Justin Bolger, Ted Holliday

**Staff Writers:** Dale Hummel, Alex Porter

Newspaper Distribution Facilitator: Dale Hummel

#### **Letters Welcome**

The Commuter encourages readers to use its "Opinion" pages to express their views on campus, community, regional and national issues. The Commuter attempts to print all submissions received, but reserves the right to edit for grammar, length, libel, privacy concerns and taste. Opinions expressed by letter submitters do not represent the views of the Commuter staff or the College. Deliver letters to The Commuter Office, Forum 222 or at commuter@ linnbenton.edu



The Commuter

@lbcommuter



Web Address: commuter.linnbenton.edu

Phone: 541- 917-4451, 4452 or 4453

Address: 6500 SW Pacific Blvd. Albany, OR 97321

## Fine Dining Options for Students

Sarah Booth

**Contributing Writer** 

Did you know that there is a fine dining restaurant right here on the LBCC Albany campus?

Located on the second floor of the Calapooia Center in room CC-201 is our very own Santiam Restaurant. They are a full service restaurant serving lunch during fall, winter and spring terms, Monday through Thursday from 11 a.m. to 12:30 p.m. They exist to provide the second-year students in our culinary department experience creating high-end dishes in a restaurant environment.

Everyone is welcome to come and experience these delicious dishes at very affordable prices. They're a restaurant just like any other; reservations are a good idea, but walk-ins are



William Allison

Travis Curry serves customers at the Santiam Dining Hall (CC-201), open Mon. through Thurs., 11 a.m.-12:30 p.m., offering full restaurant service.

always welcome.

Their menu changes every term, with specials that change daily as students create new dishes to challenge

their skills. During spring term, the restaurant will feature appetizers of coconut shrimp, chicken satay, and daily soups. They'll also have entrees

such as pan-seared wild salmon, grilled hanger steak, and fettuccine carbonara.

In addition, they always have an assortment of freshly-made desserts. Prices are very affordable with large entrees ranging from \$5-8.

All menu items are à la carte, so if you don't have time for a full threecourse-meal, feel free to come in just for one of our appetizer specials or for a quick entrée such as the new grilled chicken panini. They also offer coffee, espresso, and freshly made pastries from 9:30-11 a.m. Monday through Thursday.

Check out their website at www. linnbenton.edu/dining-on-campus/ santiam-restaurant, which is updated with their menu daily. Call for reservations or directions at 541-917-



Michael DeChellis

Sophomore Trevor Nix at bat in the March 15 game against Treasure Valley Community College.

#### Roadrunner Baseball

Come cheer on the baseball team at the next home game:

#### April 9 at 1 p.m. against Lane C.C.

See more photos online at commuter.linnbenton.edu

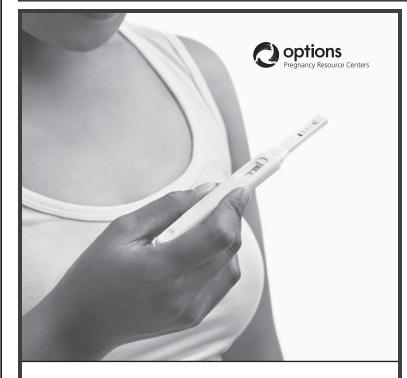
More info about the team at linnbenton.edu/athletics



Your Guide to the Interwebs

#### **Need a laugh?**

Check out the April Fool's Day edition of Series of Tubes online at: wp.me/p14GZu-rPLj



#### Pregnant? Take control.



Scan to schedule a confidential appointment and take control of your unplanned pregnancy.

867 NW 23rd St, Corvallis

1800 16th Ave SE, Albany 541.924.0160

possibly pregnant.org





## College Budget Cuts and What it Means to Students

Sean Bassinger

Editor-in-Chief

Men's baseball, women's basketball, and ESOL programs are shutting down as a result of recent announcements regarding LBCC budget cuts.

The recent budget adjustments, which will begin on June 30, are all part of a greater redesign program for the college. These plans also make up for a \$2.9 million shortfall due to minimized state funding, decreased enrollment, and other factors involving healthcare benefits packages for retired staff. Along with these and other eliminations, tuition will also be set to an increase of \$3 a credit, making the new price-per-credit \$94 if implemented.

Announcements regarding these changes were released via email last term when LBCC President Greg Hamann addressed the campus community.

"To say the least, none of this has been easy and many 'solutions' have been proposed, tested, and subsequently discarded before arriving at the one I now have to share with you," Hamann said in his letter.

Other cuts being made include the college's Turning Point Transition program, ESOL program and a temporary suspension of the graphic arts department next year due to the retirement of one faculty instructor.

Although they won't be eliminated, Hamann also outlined changes occurring with LBCC's adult education and GED programs.

"The financial investment in this program will be significantly reduced, including the reduction of two faculty positions through retirement and reassignment," he said.

According to outlines of the instructional redesign, the college's primary goals are to increase completion rates by 50 percent and to ensure its completion agenda allows for students to acquire essential tools for contributing towards local communities.

"While the mission for our community college has not changed - we always have been and always will be about making our communities stronger, better places to live and to work - the means by which we are now being directed to pursue this mission has become more precise, more strategic," Hamann said. "At the national,



President Greg Hamann talks with a student in the courtyard.

state and local level, the focus is on 'Completion."

The college's administration hopes these instructional redesigns will help improve communication among students and their departments of study in order to increase awareness of their personal needs.

"Nothing about this has been or will be easy, but I believe this Plan is the best possible strategy for moving forward, and in the end, it is this belief that will enable us to do the hard work and important work ahead," Hamann said in the closing of his letter.

How do you feel about the budget cuts? Do you think it will impact your education? Share your thoughts online at: commuter.linnbenton.edu

#### **Budget Cut Breakdown**

**Ron Borst** 

**Contributing Writer** 

The innovative thinking that has come to define LBCC continues to evolve in the Reclaiming the American Dream focus, and in the way of "community education playing a larger role, one that is designed for economic opportunity," said LBCC President Greg Hamann. The focus on "completion and economic stability" will be more direct, Hamann added.

But the cost of education, specifically running an education business, can be restricting. Less federal money, less state money, and less tax revenue has spelled doom for education in America's poor economy. The budget crisis has hit everywhere, and in March 2013, that crisis summoned the Grim Reaper from the dark depths and onto the diamond at LBCC.

Baseball is over at the school. Along with women's basketball, English Speakers of Other Languages, Turning Point Transitions, and reductions in graphic arts and GED programs, budget cuts across the board hit the college hard this spring.

The Center for Teaching and Learning Excellence has been eliminated. The program employed one faculty staff and one support staff. Both those positions are history. In a letter to LBCC staff, President Hamann stated, "This program provides valuable services [...] and will need to be revis-

The LBCC nursing program, one of the most recognizable in the state, is losing one staff. Math faculty will be reduced by one. Another position in student affairs, gone. art department, one staff reduction. One support position in administration and two in business, healthcare, and workforce have been eliminated.

All of these cuts add up to less education for students and more workload for an underpaid LBCC staff. In all, 23 people lost jobs. However, many will lose so much more.

Many of these programs were successful and helpful curriculum for the community, but were no longer cost effective in the way of "graduation and completion" visions. Restructuring some of these course studies is of high priority. In the graphic arts department, expansion is simply on hold while the staff refocuses.

"The goal is to rebuild and redesign," said a staffer who wished to be unnamed. That LBCC staffer also said, "No current students will be affected, as our goal is always graduation."

The state of the union, in the sense of our youth, has been dealt with harshly, like the Oregon spring, a howling wind of budget cuts and opportunity lost, that seem less like nature and more like a man-made travesty.

## Student Honored for Speaking Up

**Emily Smucker** 

Contributing Writer

What does it take to make an impression at LBCC? What does it take to change people's minds about issues that matter?

Jorge Alejandro Canales, who goes by "Alex," is a shy and friendly first-year student. Only a few years ago, he didn't even think he'd end up in college. However, after only a couple terms, he became one of the recipients of the first ever Analee Fuentes Unity Award for Diversity and Social Justice.

The Analee Fuentes award, established this year, was named after instructor Analee Fuentes due to her efforts of bringing awareness to social justice issues. The award seeks to honor students and staff who show a dedication to diversity and social justice.

Canales won the award because of something that happened Fall Term in his "Intro to College Writing for English Language Learners" class. The teacher, Mary Browning, asked the class to read an article titled "The English-Only Movement." The class, half native English speakers and half non-native speakers, got into a huge debate about it.

"It was really intense," said Canales.

A few native English speakers declared that they didn't want to

learn another language, and that foreigners should learn to speak is a very good student. "He really is an example to other students English. They claimed English should be the official language of that hard work, motivation and self-management will lead to sucthe United States.

Canales began debating from the other side. His point? Americans, no matter where they go in the world, can usually find someone else who speaks English.

No one ever tells them to not speak their native language, and if they need medical assistance, someone will understand them and help them. Why can't non-native speakers in America have the

Canales's contributions began to change people's opinions on the subject. "The comments became more compassionate," said Browning. According to Canales, one girl who backed the Englishonly movement later said, "Maybe I'm just a little white girl from

Browning was proud of Canales for speaking his mind. When she heard about the Analee Fuentes award, she promptly nomi-

"Alejandro Canales lives his life with integrity, and thus influences those around him," she said in her nomination email.

Canales has made a great impression on LBCC in a very short time. According to Jared Westover, one of his instructors, Canales cess," says Westover.

Canales never even considered college until some of his coworkers decided to pursue their GED and asked Canales to join them. After earning his GED, Canales began thinking about what else he could do with his life. "I don't do anything but work," he thought. "What else can I do?"

Canales said he decided to go to college, even though that wasn't something his peer group was into. "Sometimes they're like, 'what are you doing?"

Right now, his major remains undecided, though he is interested in science. He loves National Geographic and has dreams of working for them. However, he doesn't know if that will ever be possible. "Maybe I'll get there when I'm like 80," said Canales.

If you ask Canales about his award, it is easy to see that he is pleased and humbled at the honor. Though he is somewhat shy and reserved, he is also unafraid to stand up for what he believes in, especially something as close to his heart as the English-only

"In the end, we all came here for opportunities," said Canales.

## What's Your Number? The Quantified Self Movement

Smartphone Apps and New Technologies are Aiding in Weight Loss and Healthy Living

William Tatum

**Opinion Editor** 

Have you weighed yourself lately? Kept track of your calories? Tracked how many steps you took? Weighed your stool or tested your urine? If you have, you are part of an increasing number of Americans who are engaged in self tracking.

According to a January survey from the Pew Research Center's Internet & American Life Project, "69 percent of U.S. adults track a health indicator like weight, diet, exercise routine, or symptom. Of those, half track 'in their heads,' one-third keep notes on paper, and one in five use technology to keep tabs on their health status."

While most self-trackers "keep track in their heads," a growing subset, known as the quantified self movement, uses smartphone-enabled technology like the Nike Fuel Band, the Fitbit, and wearable sensors from companies like MC10 to go beyond simple dietary tracking.

They use these tools to track everything from hydration and perspiration to heart rates and steps taken per day. There are even apps for testing one's urine (Uchek) and feces (PoopDiary) for the extreme self-tracker.

The quantified self movement isn't your typical movement, as it doesn't



have any fancy slogans, self-help books, or paid workshops. It's a true grassroots movement of people using technology to generate real-time data on their lives and then via the internet sharing their results to inspire and compete with others.

The most basic approach used is to chart relevant statistics like weight, calories eaten per day/meal, and hours/minutes spent exercising in a simple spreadsheet or application. This data can be gathered with simple tools like a standard scale and a stopwatch,

or with more sophisticated tools like wearable sensors and temporary electronic tattoos. That data can (and the apps do it for you) then be visually represented in a way that is more easily understood, like line graphs showing trends or pie charts breaking down where your calories come from.

One person who used this method with great success was Jae Osenbach. Tracking her own dieting process while sharing it online, she learned that she lost more weight when she had her beloved chocolate, so long as

she also replaced 150 calories from other foods with 150 calories of pine nuts.

Before embarking on this tracking, she had assumed, like many, that in order for her diet to work she would have to forgo her love of chocolate. Avoiding chocolate caused her to struggle and "cheat" on her diet. After learning that she need only replace other calories with pine nut calories, she maintained her diet and continued losing weight.

The movement is about to take a

giant leap forward beyond scales and smartphones, with electronic temporary tattoos and wearable computers. Made possible by companies like MC10 and research like the kind done at Oregon State University on flexible transistors, these wearable, replaceable sensors will enable individuals to monitor and track their health in real time in a way that, up to this point, was limited to medical professionals.

While companies like MC10 already market products that sense impacts and monitor heart rates in real-time, other companies like Apple, Samsung, and Google are working on wearable computers, watches, and glasses that will work in conjunction with smartphones. The natural synergy between wearable computers and wearable sensors cannot be overstated

The combination of even more powerful devices with even smaller and cheaper sensors will enable individuals to track their health status in ways that doctors used to dream about. Instead of wondering how many calories you burned on that jog or whether you drank enough water, you will be able to look at a screen and know exactly how much you need to drink or how much farther you need to run.

## **Opinion: Use Your Turn Signals**

Justeen Elliott

Managing Editor

You know those two bulbs covered in plastic right above your break lights? Those are called turn signals. Maybe using turning signals is like learning how to walk again. You forgot that you have legs and just don't know how to use them anymore.

How many times have you been inside of a car where you, or whoever the driver is, yells at the car in front of you for not using their turn signals?

I think what irks me the most is when you see a cop not use their turn signal, yet if the cop saw you do that, he would flip-a-bitch and pull your ass over, just to give you a \$500 ticket for not using your blinker. The Society of Automotive Engineers followed 12,000 cars and observed when the car did and didn't

use their blinkers, and they came to the conclusion that 48 percent of the time, drivers fail to use their turn signal from lane to lane. Meanwhile, 25 percent of the time, drivers fail to use their blinker when turning.

According to the SAE research, nearly two million crashes each year occur because the driver didn't use the proper turn signal or use a turn signal at all. They also found out drivers ignore their blinker approximately two billion times a day.

Many people believe that a turn signal isn't needed for every little thing you do; I used to be one of those. I never knew that in order to even pass a vehicle on a two-lane road going in opposite directions, that a turn signal is needed when you are behind the vehicle and decide to turn, and then when you pass the vehicle to get back into your lane. According to Oregon state law, a turn signal is needed during a lane change, passing another vehicle, and when deciding to turn.

Not only does getting a ticket for not using a blinker affect you and your bank account, but it also affects your car insurance too. Your car insurance premium could go up by 25 percent and you could lose your "Good Driver Discount," if you had one to begin with, according to MSN Money.

Now, if you were to somehow get into an accident due to not using a blinker, your insurance could reduce your claim.

If failing to use your signal puts you at more than 50 percent at blame for the accident, your claim can either be denied or could be reduced, according to Penny Gusner, the consumer analyst at CarInsurance.com.

Who wants an expensive ticket with the possibility of your insurance rate going up? So, wherever you go, please make sure to use your blinker, not just for you, but the people around you, too.

## What do you think?

Both letters to the editor and guest columns are welcome.

Submit your thoughts to commuter@linnbenton.edu



The Commuter attempts to print all letters received, although we reserve the right to edit for grammar and length. Letters that raise libel, poor taste or privacy concerns will not be printed.



Twisted Gun sculpture by Karl Fredrik Reutersward at the United Nations Sculpture Garden in New York City.

## Can't We All Just Get Along?

**Sean Dooley** 

Contributing Writer

ur country is on the edge of a civil war, and not the type of civil war we've already had. Right now we are in a vicious war of ideologies. However, if a physical war broke out, we know who would

I would like to see the more liberal people win a war with their rehabilitation programs vs. the conservatives with their guns. This extreme political divide begs the question: Where can we find a common ground and become a united front?

There's no easy solution. I bit my tongue earlier this year when the gun control debate was at an all time high, becuase I was honestly sick of hearing any side say

Taking away the guns might avoid somebody like Plaxico Burress almost shooting himself in a nightclub, but there will be people, let's say in MS13 gang, who would probably still own guns. At the same time, keeping all the guns won't stop what gun violence there is. Although it seems like politicians are looking for solutions on their soapbox, in reality they are just getting off by arguing with each other.

In fact, this is all they're debating aside from everything our country faces: Gun control, sequesters, the threat of North Korea, terrorism, and so-on.

However, I mentioned solutions. Thanks to unnecessary technology, the ability to perform unneeded tasks causes society to forget how to do things. Due to these abilities, we have a society and culture where certain aspects of the human race rapidly devolve. Politicians

have fallen prey to such devolution because such technology has given them the urge to end their career via junk pictures, racial slurs, or iPhone videos. They don't acknowledge the responsibility of being a public figure who would be caught on tape doing anything.

One question: What did you do when your Nintendo was acting weird and the game wouldn't play?

You blew into the game cartridge and put it back in, and if it didn't work you'd hit the reset button. This needs to happen politically in our country. However, simply hitting the "reset" button isn't as easy as it sounds.

We need to go through what I'd like to call an absolute political, social, and cultural armageddon. We need a collapse like we've never seen before, something that gets liberals and conservatives not talking about the bullcrap expending our time and money right now. I'm real glad my tax money, not much money anyways, is going to people bickering. I am literally paying someone to argue.

Isn't that a fun thought?

Maybe what will happen during this armageddon is that the left and right will have no meaning anymore. It won't be about whether there should be no guns or guns of any kind, whether abortion should be legalized, or whether gay people should have the right to marry or not. When things get so bad, only the essential ideas of law and politics will matter. No political distractions will exist.

Some may ask why I think chaos is good. I want this to happen because right now, politicians and their terrible excuses for lawmaking while claiming "the other guy did it" are essentially the same as farting and blaming the guy across the aisle. And that's Washington D.C. has become: a big fart.

And the constituent has followed suit.



#### **Dale Hummel**

Staff Writer

s you may have heard by now, there will be some very noticeable cutbacks Aon campus that will affect us all in an attempt to battle a gaping \$2.9 million hole in the LBCC budget. The Oregon and U.S. economy have been struggling for years, and the effects have been noticeable. With the decline of employed people paying taxes comes the shortfall of the state and federal budget. A 5 percent drop in enrollment here on campus is also a part of the reason for the budget cutbacks.

Republicans and conservatives blame The Obama Administration and  $\,$ the Democrats for a badly floundering economy, while the Democrats and progressives point their accusing fingers at the Republicans for stifling what they call "economic growth." No matter who may be at fault, one thing for certain is our government's lack of fiscal responsibility.

Since LBCC receives money from the state government, and the State of Oregon has higher-than-average unemployment numbers, it stands to reason that there would be consequences for the lack of tax income from working people. According to www.deptofnumbers.com/unemployment/oregon, Oregon has suffered with an 8.4 percent unemployment rate since last January. The national unemployment rate at that same time was 7.9 percent. There's no knowing if this could be the consequence of a Democratic and progressive-run

The Albany Democrat-Herald reported that LBCC President Greg Hamann said that 23 positions will be eliminated, the baseball and women's basketball programs will go, and there will be a \$3 raise in tuition, making the total percredit amount \$94. Whether you're partial to a person on the layoff list, a men's baseball or women's basketball fan, or a student on a tight budget, these cuts affects us all. The tuition hike is pending the vote from the LBCC Board of Education and will likely take place June 30.

At the risk of sounding like a heartless animal, the cutbacks might be a good thing. Although the idea of losing important and extremely qualified people and very worthy programs definitely hurts the institution, this could be the long painful treatment we need for our financial ailments.

When the typical family experiences economic hardships, what would be the logical thing to do? Borrow money from family members, take out another credit card, take out an additional mortgage on the family house, or ask the government for a bailout? Of course not! The American family ought to use common sense. If the family members cannot find additional income, they should eliminate unnecessary expenses. Luxuries would stop, and no more spending beyond their means. Maybe if the current presidential administration tried this more often, we wouldn't be where we are today as a country.

Perhaps if LBCC didn't try relying too heavily upon the finances from an already burdened tax payer and a state in a recession and found ways to be more efficient with tuition and tax payer money, things may be different. It is well known how tough the economy is here in Oregon, but looking toward a balanced budget as a butcher with a block full of meat isn't quite the way most of us would like to see it.

No one on campus wants to see faculty and staff leave, or programs get cut. However, if we all look at it in a fiscally conservative way, the cutbacks may be for the better. After all, we all need the school to have a balanced budget to operate effectively. As the saying goes, "what doesn't kill us makes us stronger." It is very unlikely that Greg Hamann's choice to eliminate positions and programs will kill the school, but perhaps it will makes us more aware of our financial choices when economic times get better.

Share your thoughts online at: commuter.linnbenton.edu



The Commuter is looking for reporters, photographers, cartoonists, columnists, and copy editors to join the staff. No journalism experience required.

> Applications available in The Commuter office (F-222). Call (541) 917-4451 for more info.

commuter.linnbenton.edu

**LBCC News Service** 

A free Career Fair will be held at Linn-Benton Community College Thurs., April 11 from 10 a.m. to 2 p.m. in the Activities Center gym, Albany campus, 6500 Pacific Blvd. S.W.

More than 50 businesses, industries, and government agencies will provide information on careers and employment opportunities. College advisors will be available to answer questions on career and technical training programs.

Be prepared to ask questions, distribute your résumé, and complete applications. For sample interview questions and tips, check out the college web site at www.linnbenton.edu/go/career-fair and click "Job Seeker Links."

Employment, training, and family needs agencies will be on hand to inform job seekers about their services. LBCC will offer workshops to enhance job search skills, and employment specialists will provide resume and interviewing

#### **Participating Employers**

Aaron's Aflac Albertina Kerr Centers ATI Wah Chang Benton County Human Resources Benton County Sheriff's Office Bi-Mart Corporation BlueSun Inc CARDV Central Electrical Training Center Central Willamette Comm. CU City of Corvallis Police Department Clackamas County Climax Portable Mach. & Weld. Farmers Insurance Fiserv, Inc. Goodwill Job Connection Home Life Inc. Kidco Head Start Lowe's RDC Marion County Sheriff's Office Mid-Willamette Family YMCA Miller Timber Services, Inc. ODOT Office of Civil Rights

Oregon Army National Guard Oregon Department of Forestry Oregon Department of Revenue Oregon State University - Athletics OSU Federal Credit Union Pacific Natural Foods Pape Machinery, Inc Professional Interpreters Renew Consulting, Inc. RISE Inc Robert Half Samaritan Health Services Secretary of State Selectemp Employment Services Shangri La Corporation SOS Employment Group Somebody Cares Relief Organization The Corvallis Clinic The Home Depot T-Mobile U.S. Army Albany Recruiting Station U of O Human Resources US Bank ViewPlus Technologies Work Unlimited, Inc.



WorkSource Oregon

Wednesday: Grilled Chicken Marbella\*, Cajun Catfish Sandwich, Vegetable Strudel. Soups: Chili Mac and Split Pea\*

Thursday: Shrimp Creole\*, Grilled Pork Chop with Chimichurri, Macaroni and Cheese Gratinee. Soups: Tortilla Chicken\* and Dilled Potato Chowder.

Friday: Chef's Choice

Monday: Braised Chicken Marsala, Fettuccine Bolognese, Tofu Thai Green Curry over Steamed Rice\*. Soups: Chicken and Rice\*. and Beer Cheese

Tuesday: Monte Cristo, Buttermilk Baked Chicken, Sweet and Sour Tempeh\*. Soups: Sausage, Potato and Kale\*, and Corn Chowder

Items denoted with a \* are gluten free

## **Career Fair Coming** New Poetry and Photo Exhibit

**LBCC News Service** 

The Willamette Valley PhotoArts Guild and the LBCC Poetry Community are celebrating National Poetry Month in April with an exhibit at the South Santiam Hall Gallery at Linn-Benton Community College, 6500 Pacific Blvd. SW, Albany.

"Ekphrasis: Photos Speak Out" features 20 pairs of photographs and poems on view from April 1 – May 3.

A reception and book release will be held in the gallery on Wednesday, April 3, from noon to 1 p.m., when the poets will read from their work and be available to sign copies the exhibit catalog.

In addition to the exhibit, a silent fund-raising art auction will be held during the exhibit to benefit The Valley Writers Series, a non-profit group that sponsors local workshops and readings by prominent authors. The auction items will be on display and open for bidding until April 19, with the final week of bidding continuing online at tinyurl.

In her artist's statement for the exhibit, Ruth Krueger, LBCC's student poet laureate, writes: "A picture portrays what humanity needs to see. Likewise, a poem speaks what humanity needs to hear. A combination of poems and pictures, then, is electricity. [...] In matching words to image, we get light to contrast darkness. May you find in our offerings a sense of balance, of stirring and peace, sorrow and joy, struggle and hope."

The 19 poets participating in the exhibit are Jeff



Phil Coleman's "Blossom Lane," one of the works on disply in SSH through May 3.

Fearnside, Chris Risely, Jane White, Eliot Kurfman, Hannah King, Mark Weiss, Jed Wyman, J.D. Mackenzie, Crash, and Alison Ruch, all of Corvallis; Ruth Krueger, April Wheeler, and Krista Ruck, all of Lebanon; Amy Earls, Karelia Stetz-Waters, Travis Chambers and Robin Havenick, all of Albany; Kiera Eller of Philomath, and Lucette Wood of

The 10 participating photographers are Jack Larson, Rich Bergeman, John Morris, Kat Sloma, Craig Hanson, Margie Kinch and Owen Bentley, all of Corvallis; Phil Coleman of Lebanon; Ellen Hamill of Albany; and Walt O'Brien of Eugene.

The SSH Gallery is open from 8 a.m. to 5 p.m. Monday through Friday.

#### Chefs to Show Off at Annual Competition

**LBCC News Service** 

The 4th annual Chefs' Show-Off cooking competition and food fair will be held Sunday, April 7, from 2 to 5 p.m. in the Linn-Benton Community College Commons dining hall, 6500 Pacific Blvd. SW, Albany.

Cosponsored by Ten Rivers Food Web and LBCC Culinary Arts Department, this event showcases food and those who produce and process it from Benton, Linn and Lincoln coun-

Taste samples from local chefs: Patti D'Eliseo, A Posto Personal Chef Services, Newport; Todd Ketterman, LBCC Culinary Arts instructor; J.C. Mersmann, Gathering Together Farm

Restaurant, Philomath; and Mitch Rosenbaum, Mennonite Village, Al-

Chefs will be cooking using local ingredients and available to talk with guests about paring food with beer, wine, and cider.

Admission includes sampling of products from local farms, restaurants, food businesses and LBCC Culinary Arts student creations during a Food Fair in the Commons dining room. Many of the products will be available for purchase.

The Food Fair shines a light on farmers and food entrepreneurs, highlighting the ever-growing local food system

Advance tickets are \$15 at First Alternative Co-op stores in Corvallis or online at www.tenriversfoodweb.org and at the door.

Limited space is available in a cooking class with Albany Chef Matt Bennett of Sybaris. Cost is \$45 and includes event entry. Register online at www.tenriversfoodweb.org.

Tasting workshops will be held each hour to help you learn the complexities of different food combinations. Cost for each workshop is \$5. Drink tickets are \$5 at the door.

This event is cosponsored by LBCC Culinary Arts, Ten Rivers Food Web, Oregon Tilth, Stahlbush Island Farms, Nichols Garden Nursery and Mennonite Village. For more information, contact Chef Scottie Hurley with LBCC Culinary Arts at 541-917-4385 or hurleys@linnbenton.edu.

**Deadline:** Ads accepted by 5 p.m. Friday will appear in the following Wednesday issue. Ads will appear only once per submission. If you wish a particular ad to appear in successive issues, you must resubmit it.

Cost: Ads that do not solicit for a private business are free to students, staff and faculty. All others are charged at a rate of 10 cents per word, payable when the ad is accepted.

**Personals:** Ads placed in the "Personals" category are limited to one ad per advertiser per week; no more than 50 words per ad.

Libel/Taste: The Commuter won't knowingly publish material that treats individuals or groups in unfairly. Any ad judged libelous or in poor taste by the newspaper editorial staff will be rejected.

Help Wanted

Sign up at www.linnbenton.edu/go/StudentEmployment to look at student & graduate jobs. After completing a simple Student Employment Profile form, you will ha postings, many of them are self-referrals. If you have questions, please email jobs@linnbenton.edu or call 541.917.4803.

Web System Administrator (#10219, Hillsboro) Administrator and support lead specialist for the county's WEB server software and Content Management System. Have the opportunity to employ her or his technical programming and development skills as opportunities arise. : \$5,768.45 - \$7,008.74/Month

CWE Computer Desktop Support (# 10205, Albany) Maintain equipment and providing user support. In this position you will provide Tier I support, including the installation of PC software, printers and various peripherals, and provide tier 1 support for users and management. Windows 7/XP operating system support. Microsoft Office 2003/2010 Product Support. \$10.66 /hr Closes 4/30/13

Library Associate (#10222, Salem) Assists professional librarians with division services by coordinating major program areas such as events, cataloging, collection, or patron services. Prepares a variety of statistical reports related to division services. Resolves patron concerns about registration, fines, lost materials, requests, etc. \$18.81 \$22.95/hour + Benefits

Lead Baker (#10226, Corvallis) Manages a full service kitchen for the district's bakery functions and related services in accord with federal, state, and district standards and procedures. Leads and coordinates the Food Service Program by testing, adapting and creating new recipes that meet the needs and quality expectations of the district food service program. Leads the work of others. \$11.26 - \$11.82 Closes 4/15/13

Persons having questions about or requests for special needs and accommodations should contact the Disability Coordinator at Linn-Benton Community College, RCH-105, 6500 Pacific Blvd. SW, Albany, Oregon 97321, Phone (541)-917-4690 or via Oregon Telecommunications Relay TTD at 1-800-735-2900 or 1-800-735-1232.

Contact should be made 72 hours or more in advance of the event.

### SURREAL LIVING

Wednesday, April 3, 2013

#### Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

#### **ACROSS**

- 1 Dawn goddess
- 4 Starbucks flavor
- 9 Bring about 14 "\_\_\_ 'nuff!"
- 15 Saint associated with the Russian
- alphabet 16 Weed B Gon maker
- 17 Kitchen backups
- 19 Took to jail
- 20 Alley Oop's girl
- 21 Displayed 23 Minnesota
- twins?
- 24 Snootiness
- 26 Great server 28 Island big shot
- 31 North Carolina team
- 35 Grassy tracts
- 36 Illustrator Silverstein
- 38 Rub the wrong away
- 39 For what \_\_ worth
- 40 Container for the end of 17-, 31-, 47 or 64-Across; there's a literal one in each foursquare puzzle corner
- 42 Veep before Al
- 43 Put into law 45 Bridge expert Sharif
- 46 Clears after taxes
- 47 Octane rating sites
- 49 Widely separated
- 51 Opposite of away
- 52 Part of a yard 53 Prefix with meter
- 55 Astronomer
- Tycho 58 Western border
- lake
- 62 Demolish
- 64 Bonneville Speedway feature
- 66 Chicago hub
- 67 Tours ta-ta
- 68 ALers who don't play the field
- 69 Adlai's running mate
- 70 Computer image dot
- 71 Manager Torre

1	2	3		4	5	6	7	8		9	10	11	12	13
14	$\vdash$	$\vdash$		15	$\top$	$\vdash$	$\vdash$	$\top$		16	$\vdash$	$\vdash$	$\vdash$	$\vdash$
17			18		$\top$		$\vdash$	$\top$		19		$\vdash$	$\vdash$	$\vdash$
20	$\vdash$	$\vdash$	$\top$	$\vdash$		21	$\vdash$	$\vdash$	22			23	$\vdash$	$\vdash$
			24	T	25				26	$\vdash$	27			
28	29	30		T	$\top$		31	32		$\top$	$\vdash$		33	34
35	$\vdash$	$\vdash$	$\top$		36	37		$\top$		38	$\top$	$\top$	$\top$	$\vdash$
39	$\vdash$	$\vdash$		40		$\vdash$	$\top$	T	41			42	$\top$	$\vdash$
43	$\vdash$	$\vdash$	44			45	$\vdash$	$\vdash$	$\vdash$		46		$\vdash$	$\vdash$
47	$\vdash$	$\vdash$	$\top$	$\top$	48		$\vdash$		49	50		$\vdash$	$\vdash$	$\vdash$
		51	T	T	$\vdash$			52		$\vdash$	T			
53	54			55	T	56	57			58	$\vdash$	59	60	61
62		$\vdash$	63			64	$\vdash$	$\vdash$	65		$\vdash$	$\vdash$	$\vdash$	$\vdash$
66		$\vdash$				67	$\vdash$	$\vdash$	$\vdash$			68	$\vdash$	$\vdash$
69	$\vdash$	$\vdash$	$\vdash$	$\vdash$		70	$\vdash$	$\vdash$	$\vdash$	$\vdash$		71	$\vdash$	$\vdash$

#### By Don Gagliardo

#### **DOWN**

- 1 Gas sign north of the border
- 2 Columbus's home
- 3 Prefix with gram
- 4 Obama's opponent
- 5 Skinny Olive
- 6 Interbreed 7 Word with five or noon
- 8 Too
- 9 General Mills cereal
- 10 Heavenly altar
- 11 Eclectic bimonthly digest
- guard: bit of catchers' gear
- 13 Tons of time
- 18 Actor Kinski 22 "This means \_\_!"
- 25 Itch source
- 27 Musket end? \_ light:
- filmmaking arc lamp
- 29 WellPoint rival
- 30 Is in the running for
- 31 Abounds 32 Jessica of "Dark
- Angel"

#### Wednesday's Puzzle Solved

F	L	0	W		Α	M	М	0		Α	Т	Е	Α	М
Α	0	N	Е		٧	L	Α	D		D	Е	L	Т	Α
D	0	U	В	L	Е	Т	N	D	Е	M	Ν	_	Т	Υ
Е	M	S		Е	Ν	٧	Υ		R	_	Т	Z	Υ	
			Е	Е	G			Α	_	R	S			
S	Q	U	Α	R	Е	D	Α	Ν	С	Е		S	Α	D
Т	U	L	S	Α		Α	L	D	Α		S	Α	D	Е
J	Α	Ν	Е	Т		┙		Е		С	L	U	М	Р
0	R	Α	L		Р	L	Е	Α		Α	U	D	$\perp$	Т
Е	K	Е		G	R	Α	Ν	Ν	Υ	S	M	Ι	Т	Н
			Z	0	0	S			٧	Ι	Р			
	1	D	Α	Н	0		0	X	Е	N		Е	S	Р
S	L	1	Р	0	F	Т	Н	Е	Т	0	N	G	U	Е
Т	Е	N	Р	M		D	0	N	Т		Ι	Α	М	S
U	R	S	Α	Е		S	Н	0	Е		K	N	0	Т
-10					_									

(c)2009 Tribune Media Services, Inc.

- 33 Exams for future litigators, briefly
- 34 Taste or touch
- 37 Hula
- 40 Trips
- 41 Thereabouts
- 44 USN noncom
- 46 Birth-related
- 48 Sea, to Sartre
- 50 Amount of soup on the stove
- 52 Cartoon cat 53 Oklahoma tribe
- 54 Outbursts from Homer
  - 56 "Stat!" cousin
  - only known!"
  - 59 Meccan pilgrimage
  - 60 First century Roman emperor
  - 61 Latin being
  - 63 "\_\_\_ you serious?" 65 Top with a slogan

#### THE SAMURAL OF PUZZLES By The Mepham Group Level: 1 2 3 4 8 5 6 3 9 8 3 9 5 6 8 9 3 9 6 3 6 Last Issue's Puzzle Solved

1	3	8	4	2	5	6	7	9
5	6	4	9	1	7	8	3	2
9	2	7	3	6	8	5	4	1
7	5	2	1	8	6	4	9	3
4	8	3	5	7	9	1	2	6
6	9	1	2	3	4	7	5	8
8	4	5	6	9	2	3	1	7
2	1	6	7	5	3	9	8	4
3	7	9	8	4	1	2	6	5

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

By Jason Maddox

An LBCC student-generated comic

© 2010 The Mepham Group. Distributed by Tribune Media Services. All rights reserved.









commuter.linnbenton.edu



# Hooya! "G.I. Joe: Retaliation" is Bigger and Better

**Ted Holliday** 

Copy Editor

As a kid, there was nothing like pulling out the G.I. Joe figures from the toy box, setting them up, and having an imaginary battle to determine the victor. The Joes usually won. Imagining the G.I. Joes going against impossible odds, unknown evils, and pulling out a victory in the last minute is what made using imagination exciting. It's nice knowing the outcome of the battle, but each adventure was different and suspenseful.

Along comes "G.I. Joe: Retaliation," the theatrical adaptation of those lost play days. In the new movie, the Joe team gets betrayed by the highest level of government. During a secret operation in Afganistan, an unknown enemy ambushes them.

Three surviving members of the ambush begin a quest to find their attackers and bring them to justice. With the Joe team in disarray, they contact an old source to help obtain their goal: General Joe Colton (Bruce Willis). Colton helps the team prepare for their mission and become armed to the teeth with awesome weapons.

The good guys, Duke (Channing Tatum) and Roadblock (Dwayne Johnson), are best friends. They have great chemistry on-screen and have a battle of wits that's refreshing and funny to watch.

Lady Jaye (Adrianne Palicki), one of two women in the film, provides a strong supporting roll. Director Jon M. Chu does a fabulous job in making her a versatile player. First, she kicks ass with style, and then shows us that Lady Jaye can use her feminine side to sneak in and provide a sucker punch. With the exception of James Bond, men just can't pull this off.

On the evil side, Zertan (Arnold Zosloo) has taken over the President's (Jonathon Pryce) role by masquerading as the President himself. Cobra Commander (Luke Bracey) has escaped his prison with the help of Storm Shadow (Byung-Hun Lee). Together, they plan on world domination.

The story and idea are easy to follow. "G.I. Joe: Retaliation" also features strong action moments, including a more unique fight scene on a mountain. It's well executed visually, and brings that dangerous feeling of falling to the situation.

Certain movies are made to be watched in 3D, but this isn't one of them. With the continuous explosions, gun fire, and acrobatic fight scenes, 3D is over stimulating and visually unpleasant. Regardless, this is a must-see in regular 2D.

Though this is an action/adventure film, the blood and guts are kept to a minimum, which makes it fun for all ages above the age of 13. This is a Saturday date night movie and worth the ticket price.



## **Choir Wins in Aloha State**

**Nora Palmtag** 

**News Editor** 

The LBCC choir has been on a mission in the South Pacific. During spring break, they went to the Hawaiian National Heritage in Honolulu on March 23. Overall, 59 students participated in the programs.

Choir director and conductor James Reddan posted his thoughts regarding these events on the choir's Facebook page.

"Congratulations to the LBCC choirs at the Hawaiian National Heritage Festival," he wrote. "[One gold and two silvers], invitation to the festival of gold, outstanding choral ensemble trophy, choral sweepstakes trophy [...] lots of wonderful things today. Feeling so humbled to be the director of such wonderful students."

"And congrats to Travis Bazanele on winning the Maestro award at todays festival," Reddan continued. "You all make LBCC, Albany, and Oregon proud!"

Kim Garwood Willaman proudly displays one of the trophies won in Hawaii by our choir.

Willaman also posted a picture of all three trophies with a comment.

"These are all of the trophies we pulled yesterday," She posted. "Though



Kim Willaman

The LBCC Choir performs at the Hawaiian National Heritage on Oahu.

the clear one in the bottom middle is one Travis personally earned: The Maestro Award. So we did [okay]."

On this trip, the choir members were able to do some sightseeing: Tour and performances of the Polynesian Cultural Center on the Island of Oahu, Tour of Pearl Harbor, and Visit to the USS Arizona Memorial. There was also the Hike of Diamond Head Crater.

The choir also performed a tribute performance at the USS Missouri at Pearl Harbor, the site of the Japanese surrender at the end of WWII.

In the past year, the choir visited

Washington D.C., London for the 2012 Summer Olympics, and Honolulu. They also competed at the International Championship of Collegiate a cappella.

The chamber choir has been named semifinalists for the American Prize in Choral Performance for the past two years, and this year, both the chamber and concert choirs have been named semifinalists.

Next year, the chamber and concert choirs will compete in the ninth World Choir Games in Riga, Latvia with additional performances in Helsinki, Finland, and Tallinn, Estonia.

Source: accuweather.com

#### THIS WEEKEND AT THE MOVIES



Evil Dead Rated: R Genre: Gore Remake



Jurassic Park Rated: PG-13 Genre: Dino Rerelease

Sources: IMDb, Yahoo! Movies, Fandango.com

#### **WEATHER** Wednesday (4/3) 72°/46° Sun Mix Thursday (4/4) 62°/50° Oregon Friday (4/5) 61°/44° Rain Saturday (4/6) 55°/40° Rain **Sunday** (4/7) Shower Mix 57°/39° **Monday** (4/8) Showery 61°/35° Tuesday (4/9) Cloudy 57°/40°

