

THE COMMUTER A Student Publication

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Linn-Benton Community College, Albany, Oregon

Small engine program axed; poor job prospects cited

By Jon Taylor
Staff Writer

The small engine repair program at LBCC will be phased out at the end of spring term due to budget cuts, job scarcity and dwindling enrollments, according to Dave Carter, chairman of the small engine department.

Students currently enrolled will be provided with "some sort of offering," Carter said, to provide them with certificates.

"One thing I want to stress is that the student in the middle of the program now is not being abandoned," Carter said. "We plan to phase out the offerings in a responsible manner."

The program was born in the fall of 1973 and served as a separate degree program until it was reduced and merged into the mechanics group during a budget crunch in the summer of 1982.

Carter, whose department chair oversees the automotive and diesel technology degree programs as well, said small engines work is "more avocational than vocational. It's becoming more of a hobby for the students, and therefore it doesn't behoove us to hold a degree program that doesn't promise jobs for our graduates."

The small engine program covers maintenance and overhaul procedures for lawn mowers, roto-tillers, motorcycles, outboard motors, small garden tractors and all-terrain recreational vehicles.

"The basic qualifier for small engines was that they be air-cooled. We worked on 150-horsepower outboards even though they aren't really small engines," he added.

Before small engines merged into the mechanics group in 1982, coursework featured six classes of ten credits each. The reduced program had six-credit classes.

The two-year degree program also called for 20 credits of general education and 40 credits of related vocational areas such as welding and industrial concepts.

Carter plans to use the space from the small engine department in the Industrial C building to expand the other mechanics department areas.

Industrial concepts classes, which cover the basics of mechanics—tools and their uses, fasteners, measuring devices, fittings and basic hydraulics—will fill some of the old small engines area.

The diesel mechanics program will also gain classroom space following the small engines program closure, Carter added.

Students in the small engines program have traditionally been veterans, retired people and rehabilitation students, according to Carter.

"You might add a few walk-ins, but that covers most of the people in the program. Rehab students were people injured in another field, like logging. They needed retraining in a less physically demanding vocation."

One instructor is affected, as are 14 students in the program.

Carl Reeder, a seven-year veteran of LBCC's small engines program, will transfer into automotive technology when the program closes.

Reeder will fill the vacancy created by the retirement of Keith Pond, who authored much of the auto mechanics program when it began as



Photo by Jon Taylor

Herb Parker, small engines and heavy equipment major in his third year at LBCC, examines garden tractor engine with instructor Carl Reeder at left.

a plot program 16 years ago.

The small engines program at LBCC lasted a year longer than a similar offering at Portland Community College's Rock Creek campus.

According to a department spokesman at Rock Creek, that program ended in June of 1984. Like LB's program, job scarcity and low enroll-

ment were cited as causes.

The PCC community education program offers a separate small engine repair class in the evenings. Specializing in lawn care equipment, the class has been offered regularly for several years.

Carter said that an increase in student interest could bring such a class

into LB's community education schedule.

"We would respond to such a need in the community, but it would be a short-term, specialized class limited to one field," Carter said. "Just motorcycles, just lawn care machines; whatever the students asked for."

Roadrunner mascot joins council candidates on ballot

By Marie Parcell
Staff Writer

ASLBCC student council elections will be held May 1 and 2, and 18 students have filed to run for council positions.

Two students will be elected to represent each of the following divisions:

• Arts, Humanities and Social Sciences; Joyce Quinnett, Jackie Cherry and Creighton Lindsay.

• Business; Pat Plunkett, Nancy Baghdadi, Kevin Day and Lily Winans.

• Community Education and Student Development; Tim Bauer and Patsy Black.

• Health Occupation and Physical Education; Patty Gallup and Rodney Scheckla.

• Industrial/Apprenticeship; Wayne Palmquist and Kirk Marcotte.

• Science and Technology; Lester Sitton, Bill Baze and Pam Cyrus.

One student will be elected to represent the school at large. Candidates filing for that position are Bryans Woodhall and Patricia Niemi.

Linn-Benton students will also have an opportunity to vote on eight proposed changes to the ASLBCC constitution on May 1 and 2.

One of the proposed changes is the replacement of the Roadrunner as the Linn-Benton mascot. This has been suggested for several reasons, said student activities advisor Blaine Nisson. One reason is that the most recognizable picture of a Roadrunner—that of Warner Brothers' cartoon character—is copyrighted and cannot be used without payment to Warner Brothers. Another reason is that some students, with some council members among them, are dissatisfied with the image that the Roadrunner projects.

"Some students have told me they don't like the idea of having a mascot that runs around going 'beep beep' all the time," Nisson said.

The council is asking for suggestions from the staff and students throughout the school. The most popular three suggestions and the Roadrunner will appear on the May ballot for a vote. Suggestions must be given to council members or to the office at CC 213 by April 19th.

Another proposal is to change the school colors from royal purple and gold to navy, gold and white. The color purple is difficult to find when buying school jackets, sweatshirts or athletic uniforms, said Nisson, and it fades in the sun. The athletic department at present uses navy and gold uniforms for outside sports.

Other proposed changes deal with academic requirements for elected council officers, special elections, regulations for

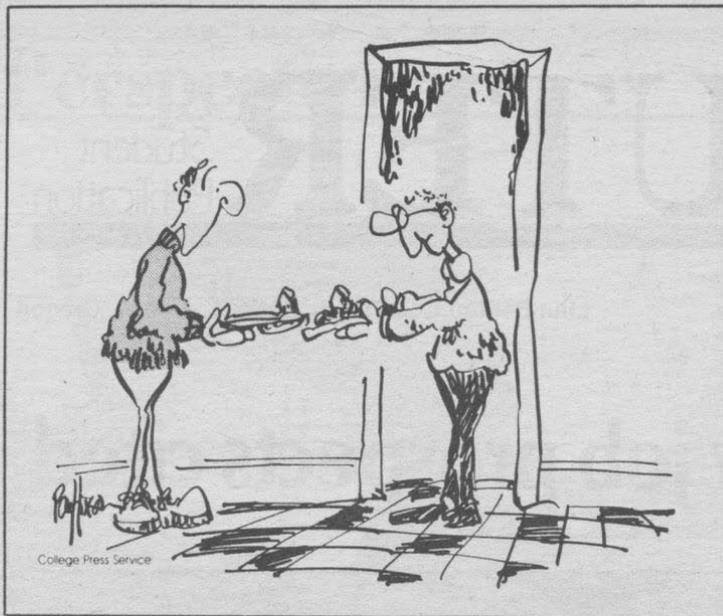
the circulations of petitions, and three other items that Nisson described as rewording the constitution to reflect actual conditions.

The council is working on the exact wording of the proposed changes to put on the ballot, and plans to run a sample ballot in the April 24 Commuter.

The ASLBCC student council last week agreed to support the allocation of \$200 from the community programs section of the council budget to pay for Dr. Michael Giammatteo to speak to Linn-Benton students about job opportunities for new graduates during the CareerFair planned in May by the student employment center.

Student activities advisor Blaine Nisson said that about \$400 worth of tickets have been sold so far for the fund-raising raffle to establish a student emergency loan fund.

At-large representative James Lovelady said that some students find presence of the Joy of Sex books in the bookstore objectionable. Discussion centered on whether the student government has authority to censor the bookstore, on what the wishes of the majority of the student population are, on whether the local community should have a say and on whether the books should be placed behind the counter, as Playboy and Playgirl were, upon council recommendation. No motions were made on the issue.

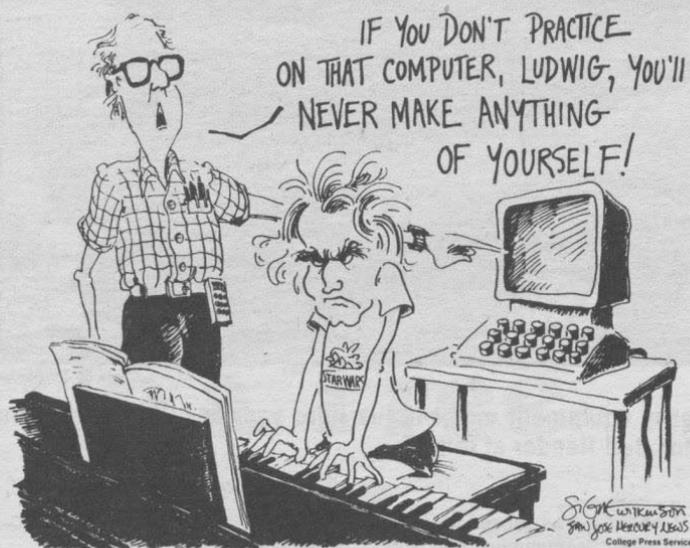


"Hold your tray real still and I bet we can get your lunch to jump back over."

I love LBCC. But once in a while, college starts to get me down. We're almost three weeks into the term and I'm still missing spring break. I've misplaced two textbooks. And every time I go into the library to watch my telecourse tapes somebody else is already watching the ones I want.

When things aren't quite going the way I want them to I like to sit down with the press service cartoon the Commuter gets and find ones that fit my mood. I thought others might like to share in some of my favorites.

Sue Buhler



Journalists Wanted

Applications are now being accepted for the following staff positions on The Commuter for the 1985-86 school year:

- Editor
- Managing Editor
- Photo Editor
- Assistant Editors

Each editorship carries an annual position grant ranging from \$486 for assistant editors to \$1,080 for editor. Experience and/or training in journalism preferred. Interested students are also encouraged to apply for positions as reporters, photographers and advertising sales representatives.

Applications are available from The Commuter Office, CC-210. Call ext. 373 or 218 for information.

THE COMMUTER

Deadline, Friday May 3



Editorial



THE COMMUTER

A Student Publication

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed through student fees and advertising. Opinions expressed in the Commuter do not necessarily reflect those of the LBCC administration, faculty or Associated Students of LBCC. Editorials reflect the opinion of the editor; columns and letters reflect the opinions of those who sign them. Correspondence should be addressed to the Commuter, 6500 SW Pacific Blvd., Albany, Oregon 97321. Phone (503) 928-2361, ext. 373 or 130. The newsroom is located in College Center Room 210.

Commuter Staff:

□ editor, Sue Buhler; □ managing editor, Diane Morelli; □ feature editor, Katie Davenport; □ special projects editor, Scott Heynderickx; □ sports editor, Robert Hood; □ photo editor, Pat Wappes; □ photo lab aide, Doann Hamilton; □ advertising manager, Sherry Oliver; □ office aides, Sherry Baumberger, Lisa Cardamon, Stacy Rowan; □ reporters, Jon Taylor, Ron McMullen, Jesse Rice, Rebeca Janbleh, Robert Botts, Dianne Kuykendall, Denyse Mulligan, Marie Parcell, Joyce Quinnett, Sharon SeaBrook, Christina Bousquet, Katherine Marsh, Quineatta Murphy, Lynette Norton, Steve Nash; □ photographers, George Petrocclóne; □ production staff, Wanda Adams, Nouthack Narukhut, Steve Burke, Michelle Roller, Brian Timian, Josefa Wilks; □ typesetter, Jerri Stinson; □ advisor, Rich Bergeman.

Ooops

The Commuter listed the wrong date for a slide presentation to be given by Kitson Yu concerning the upcoming trip to Hong Kong.

It will be at 7 p.m. Thursday, April 25, in the Alease/Calapooia rooms.

We apologize for the error.

Express Yourself

The Commuter encourages readers to use the Editorial Page to express their opinions on campus and community issues. Guest columns and letters to the editor are welcome. Guest columns must be approved by the editor in advance, but all letters received will be published, space permitting, unless they are considered by the editor to be potentially libelous, obscene or in poor taste. Submissions must be signed, with phone number and address. Please limit letters to 250 words. Editors reserve the right to edit for length, grammar and spelling.

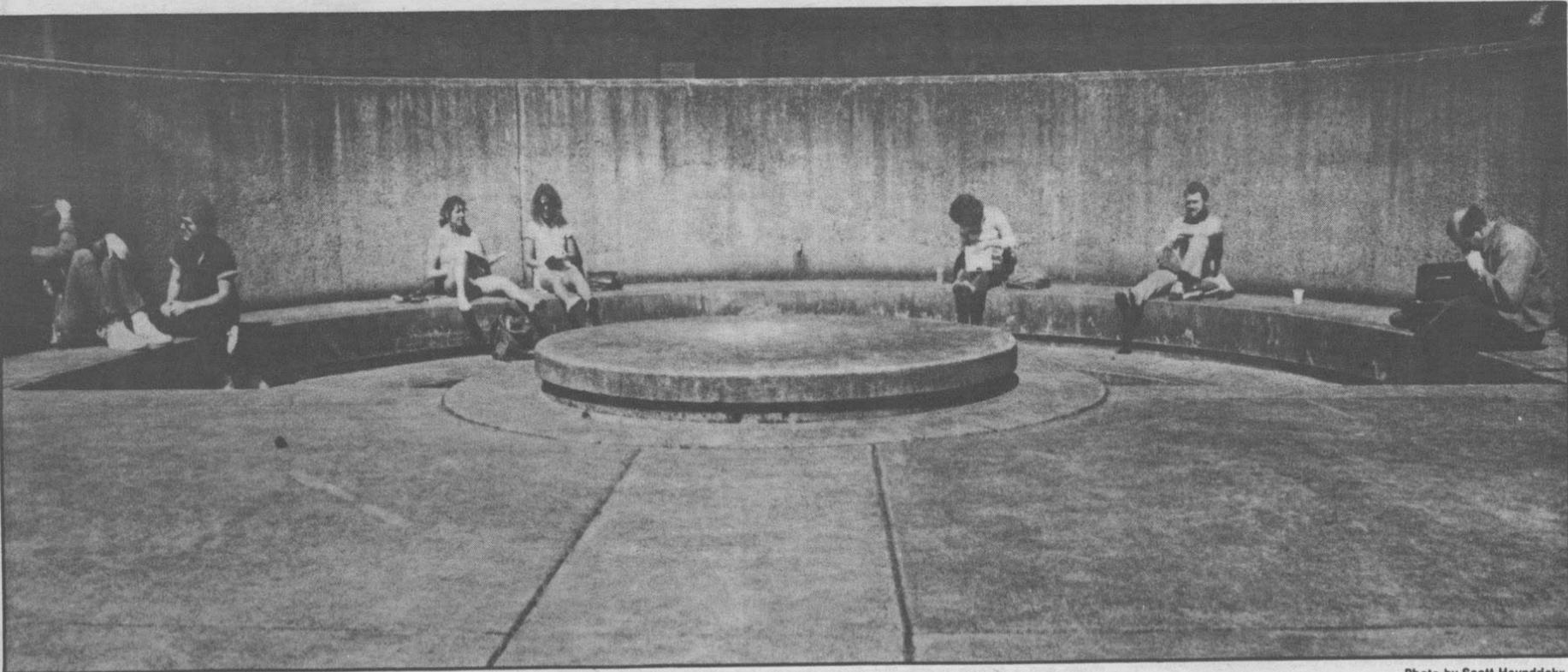


Photo by Scott Heyndrickx

Dried Up

Last week's warm weather enticed students out of the classroom and into the courtyard, where many longingly dangled their feet in the empty fountains. Director of Facilities Ray Jean said the fountains are usually turned on during the first week of spring term, but this year a broken pump has delayed their filling. Many of LBCC's students have never seen the fountains filled, as they are turned off for the winter prior to fall term's first week of classes.

Board to try its first mail ballot in second attempt to pass levy

By Rebeca Janbieh
Staff Writer

LBCC will be the first community college in state attempting to pass levy with a mail-in ballot.

Since the \$1.7 million levy request failed on the March 26 ballot, the LBCC board of education has decided to put a reduced levy on the June 25 mail-in ballot.

Although this is the first mail-in ballot for a college, it will be Linn County's fourth.

"This is a whole new strategy for LBCC, we're excited about it and will certainly be more representative of the voters," said George Kurtz, vice president of business affairs.

The board has not yet set a levy amount for the June election. The amount of reductions being looked at range from \$150,000 to \$190,000.

According to Kurtz there have already been a lot of "cuts, reduction and tightening of the belt," before the original budget was ever put together.

Although there was limited turnout at the March election "it was still a sound defeat, and we simply cannot ignore that message," said Kurtz.

The exact dollar figure, and whether to go for an annual levy or a serial levy, will be decided on or before the May 9 Board meeting.

With an annual levy, LBCC would have two oppor-

tunities to vote on a levy of which the net tax rate may increase. We took one of those opportunities on the March 26 election," added Kurtz.

The failed March special levy of \$1.7 million would have replaced the current \$1.2 million levy, and represented about an 8 percent increase in college taxes.

Herb Hammond, an LBCC board member, said the board was looking forward to a by-mail election. "This will give a broader group of the electorate a chance to express themselves," he explained.

Officials at other colleges will be watching the results. "I think it would be a fascinating experiment," said director of public relations and foundations at Lane Community College, Larry Romine.

According to the county clerk's office, all eligible voters will receive their ballots by June 10 or 11. Voters will need to pay the postage and the ballots must be returned by May 25.

"Voters spend 22 cents on a stamp and that's a lot different than the amount of time, effort and money it takes to get to the polling place," Kurtz pointed out.

Past election records show that mail-in ballots yield from 75 to 95 percent of the vote, and about a 65 percent return of the mail-in ballots within two days.

"It is likely we will get about 70 percent of the vote," said Kurtz.

Dallmann resigns from culinary arts to work at restaurant; cites stress

By Joyce Quinnett
Staff Writer

Charles Dallmann, instructor in Culinary Arts and Restaurant Management at LBCC since 1974, resigned at the beginning of spring term.

Robert Miller, director of Auxiliary Services at LBCC, said Dallmann gave back strain and stress on the job as reasons for his resignation.

Bill LeMaster has been hired to replace Dallmann. LeMaster has a bachelor's degree in education and is a graduate of LBCC's Culinary Arts/Restaurant Management program.

Dallmann is part owner and operator of Papagayo's, a

Mexican restaurant located in Corvallis.

When contacted about leaving the college, Dallmann said that he was working a full compliment of shifts at the restaurant and did not have time to answer questions.

Miller said "It is unusual for an instructor to leave in mid-year." But he did not feel that the department would be hurt by the change.

According to Miller, three years ago the Culinary Arts department had problems with enrollment and one instructor was let go. A year later, the department was reorganized. The heads of the individual departments and Miller were drawn closer to the operations and since then the program has been "a growing concern and one of the outstanding programs in the Pacific Northwest," Miller said.



Photo by Sue Buhler

Vroom, Vroom

Classes in motorcycle safety are frequently taught in LBCC's parking lot on weekends, but this course was a bit different. Last Saturday a group of students learned how to evaluate motorcycle riders for the Department of Motor Vehicles. Evaluators are taught that overall control of the motorcycle is the most important consideration.

Instructor of Year to be chosen

By Quonleta Murphy
Staff Writer

LBCC's Community Education Division will name its fifth annual "Instructor of the Year" from a field of 15 nominees at a banquet on April 26.

The Instructor of the Year award was started to recognize excellence in the teaching process, according to Mike Patrick, LBCC director of Community Education.

Many of the classes in Community Education are taught by part-time instructors, who also hold down full-time jobs elsewhere, according to Patrick.

"The award is a way of thanking those people for doing such a fine job," he said.

Lorraine Steele, Patrick's executive secretary, said the

selection is made by a committee and the winner will be announced at the banquet.

A reception for the nominees begins at 6:30 p.m. in the Alsea/Calapooia Room and dinner follows at 7 p.m.

The nominees are Spencer L. LeForce and Keith E. Vinson from Albany Center; Terri Bartell-Leo, Martha Wehrle and Kimberlee K. Maddux from Benton Center; Ruby Gilbertson, team teachers Robert Gordon and Bruce Montgomery from Lebanon Center; Donna B. Smalley and Mary J. McDonald from Sweet Home Center; Lyndalu Sikes from the Training and Economic Development Center; Jill H. Bucy and Donna J. White from Newport Center; Susan R. Nelson and Al Krug from the Parent Education Program.

Reservations for the banquet are available through Steele at Takena 117, 928-2361, ext. 385. Tickets are \$9.

Finalists picked in Miss LB pageant

By Lisa Cardamon
Staff Writer

Three LBCC students were among the 10 finalists selected for the Miss Linn-Benton Scholarship Pageant.

The winner will be awarded an educational scholarship of \$750.

Janice Vandehey, who is directing the pageant, said the pageant is sponsored by businesses and private individuals who buy advertisements in the program.

Finalists chosen from LBCC are: Jaye P. Parks, psychology major; Joell Brown, first year student and Kim Schmidt, second year student.

"I was really surprised because all the girls are so gorgeous and they have all that floofey hair," said Parks.

Of the 18 girls that tried out initially, 10 were chosen for the final competition and are currently going through a training period that includes mock interviews and practicing of their talent numbers, said Vandehey.

"The girls are also coached on how to walk and do turns down the aisle, guided on how to apply make-up and various other things," said Vandehey.

Parks said that she and Joell will each sing for the

talent portion of the competition and Schmidt will be performing a dance routine.

Parks, who is entering the pageant for the first time, feels it will be a valuable learning experience.

"I like to experience new things because I learn from them and I guess that's the main reason I entered the pageant," she said.

Originally from the Bay Area in California, Parks has been here at LBCC since the fall of 1983 and is majoring in psychology.

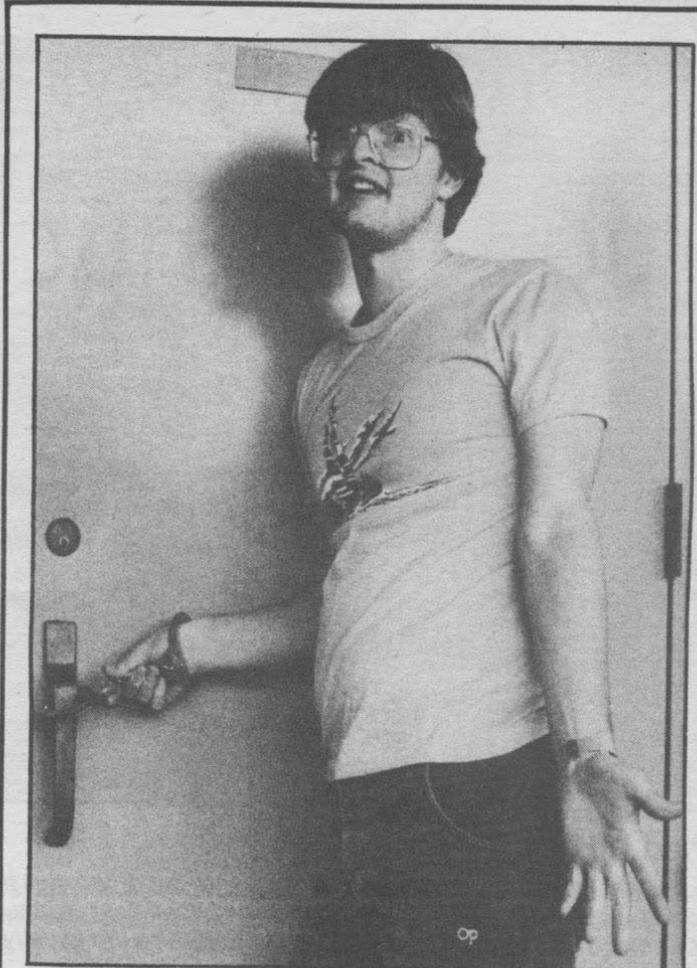
"Psychology is my forte, it intrigues me." Her goal is to attain a PH.D. in phenomenological psychology (this deals with human subjective interpretation), and plans to, if she wins, use the scholarship money to help her get her bachelor's degree.

The next level of competition will be the Miss Oregon contest and from there, Miss America, said Parks.

The Pageant will be held April 27 at South Albany High School.

Tickets are available in Albany at French's Jewelers, in Corvallis at Ear Expressions and at the door.

Doors open at 7 p.m. and the pageant begins at 8 p.m.



Trapped

Photo by Patricia Wappes

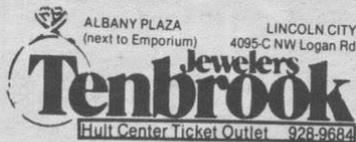
High school students visiting LBCC for a choir concert last week were treated to an extra bit of drama when Ken Craig of Salem was handcuffed to a door in Takena Hall. According to the report filed by LBCC security officer Becky Francis, Craig's friend Stephen Warnock handcuffed him to the door, but discovered he had lost the cuff key. Security cut the chain between the cuffs to free Craig shortly before Warnock discovered the missing key on the ground beside the bus.

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Hospital encourages blood test

Know your blood type? The medical laboratory at Albany General Hospital is willing to tell you—free—as part of National Medical Laboratory Week.

Laboratory personnel are volunteering to give free individual blood typing tests at the hospital on Thursday, April 18, from 6 to 8 p.m. "Everyone's curious about his blood type, and this is a quick way to discover it," said Lab Week organizer Butch Lindsey, MT.

According to Lindsey, blood types are part of human genetic makeup,

but only four types are used routinely in hospital work.

Blood types are especially important with some pregnancies and surgeries. "If you have a rare type, knowing it could make you an important donor to the Red Cross, and if you may need blood, knowing your type can assist the hospital blood bank in faster acquisition," Lindsey said.

The blood typing test will take about 15 minutes to complete and laboratory personnel will be on hand to describe the process. Adults, 12

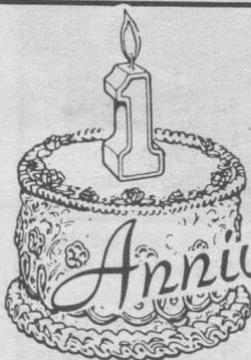
years and older, are encouraged to participate. Children are also welcome, but often they are not enthusiastic about having blood drawn so it is suggested that parents discuss this with children first.

Whether you know your blood type or not, the AGH medical laboratory will be open that night to the community for tours. The lab is located on the first floor of the hospital, 1046 W. Sixth, Albany.

"The theme for laboratory week is 'In Pursuit of Answers' and we think that best describes our staff's contribution to quality patient care," said laboratory manager Dan Cowley, MT. "By participating in the diagnostic process, our laboratory professionals are part of the AGH health care team, the team made up of physicians, nurses and many other health professionals."

The laboratory was the first special service to be offered to patients at Albany General Hospital in the 1940's. It was started from a major donation by Alice Speery Weatherford. The first medical technologist was hired in 1946.

Today the AGH laboratory has 19 employees and the lab is open 24 hours a day. Between 70,000 and 90,000 tests are completed yearly by laboratory personnel who combined have over 200 years' worth of expertise in clinical laboratory testing.



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Yoga instructor says 'innercise' helps relieve stress

By Lisa Cardamon
Staff Writer

"Hatha Yoga? Isn't that some cultish ritual?"

"I think it has something to do with the Bhagwan."

"It's a dance."

Even though it's been practiced in Eastern cultures for about 5,000 years, misconceptions abound about Hatha Yoga. It wasn't until the 1960s that yoga gained increased popularity in Western culture.

Linda Baskerville has been

gears and change some of our patterning—the way we think, the way we move and the way we breathe."

Baskerville and her husband George traveled to India to learn the basic practices of yoga from an Indian yoga teacher named Krishnamurti.

"Krishnamurti practiced yoga daily from the time he was a small child (he's almost 90 now)," said Baskerville. He practiced yoga "to feel more alive."

Baskerville feels that Krishnamurti was a "catalyst" for them.

"As people begin to get in touch with themselves they realize what it feels like to take a nice deep breath and to use their lung capacity as it was intended to be."

teaching Hatha Yoga for 12 years—six through LBCC's Benton Center. She attributes the popularity increase to "the consciousness revolution—the hippie era."

"People at that time were searching and seeking for peace of mind through Eastern philosophy, mind altering drugs and meditation," Baskerville said. She said she feels they were "searching" for a part of them they felt had been lost."

Yoga was attractive at that time because it helped to achieve physical, mental, emotional and spiritual harmony, she said. Those who practice yoga try to bring about a state of unity with their own essential nature.

"Hatha Yoga slows down your breath, mind and body," said Baskerville. "We are in the midst of a society that's very fast paced and yoga wants to slow that down. It wants to shift

"He was the beginning of a beginning. When we realized the vastness of yoga, we wanted to learn more and pass the benefits on to others," she said.

"Yoga is an innercise rather than an exercise," she said. Yoga is a form of meditation and one of the key processes is an increased awareness of "how you think and move." Many times people aren't aware of certain muscles. Baskerville explained that there are literally "hundreds of asanas (yoga postures) designed to bring about an increased muscle awareness."

One benefit yoga offers is increased flexibility. "I can move my body and I don't feel stiff," said Baskerville. "It feels good to have that level of flexibility." Yoga can, in some cases, reduce potential injuries and help you feel younger, she added.

She said yoga is also called preven-

tive medicine because in some cases it can be therapeutic.

Baskerville had several suggestions for reducing stress. "I would suggest they lie down and try to be aware of their bodies and breath. We call this progressive relaxation," she said. "By becoming aware of various bodily parts and concentrating on different muscles you can achieve a relaxed state of mind as well as body."

Baskerville stresses that attention and awareness are important. "Listen to your breath," she said. "Pay attention, be aware and you will relax."

"There are two main reasons why people take Hatha Yoga," she said. "One is to relax and reduce stress and the other is to alleviate or reduce certain back problems."

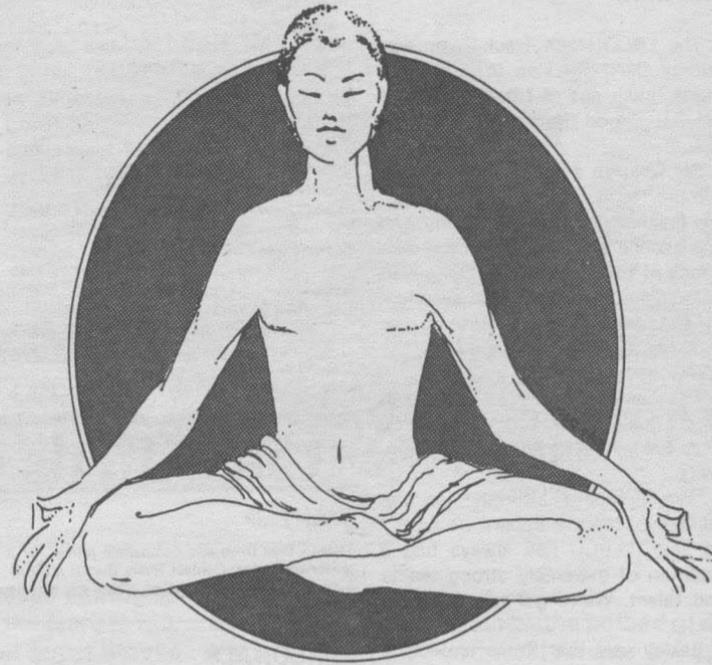
She added that some practice yoga to quit smoking. "As people begin to get in touch with themselves they realize what it feels like to take a nice, deep breath and to use their lung capacity as it was intended to be used," she explained.

Baskerville has between 25 and 30 students in her classes and offers yoga two times a week. She said people come to her classes for one reason and end up discovering new reasons for taking yoga.

"Yoga is a gift you give yourself," she said. "I've realized what a precious gift it is. Most people are busy with other activities; school, work, etcetera." She feels it is important to allocate time for individual work. "Yoga is a gift of time. Time for people to work on themselves."

Baskerville's husband, George, has a master's degree in counseling from OSU and has been using yoga techniques in his counseling practice.

"George counsels the drug and



alcohol abuse population in Corvallis."

Yoga helps some to increase the consciousness of their bodies and gives them an awareness of what they're putting into themselves, she said. Baskerville added that the same principle can be applied to different problems.

"Teaching yoga requires a lot of energy. I want to give as much individual instruction as I can," she said. "I learn so much from my students. They ask questions which force me to think about different aspects of yoga. They keep me on my toes."

Baskerville also offers prenatal

yoga. "Basically prenatal yoga tones the pelvic area, prepares a woman's body for labor and delivery and teaches relaxation," she said. "Relaxing is critical during labor."

"Yoga is designed to be incorporated in stressful situations, when you are under pressure," she said.

Baskerville described the case of one former student. "He was waiting in an office for an interview feeling really nervous and anxious. Suddenly he remembered his yoga and used some deep breathing exercises," she said. "He said it was really amazing how it enabled him to relax. He entered the interview feeling calm."

He got the job.

Business Division banquet to honor outstanding students

By Dianne Kuykendall
Staff Writer

Tickets are now being sold for the 15th Annual Business Division Awards Banquet.

The banquet will be held May 3, at 6:30 p.m. in the Commons.

Laurie Trombley, business division secretary, said tickets may be purchased for \$6.50 at the business division office.

Mike Kauffman is this year's banquet coordinator. He said outstanding students are chosen from four divisions—Business, Office Technology, Data Processing and Culinary Arts. All nominees will receive certificates and the winners will receive plaques. The plaques are donated by local businesses of Albany, Corvallis and Lebanon. These businesses will send representatives to present the plaques to the winners.

The awards will be presented after a dinner prepared by the culinary arts department. Dr. Barr, dean of the combined WOSC and OSU school of education, will be the evening's featured speaker. Gary Ruppert, LBCC music instructor, will play the piano and Patsy Chester, LBCC's new business division director, will be the evening's hostess. FSA is in charge of decorations.

New library tables increase comfort

By Denyse Mulligan
Staff Writer

Two drafting tables have been set up in the library behind the card catalog, so students who are uncomfortable sitting at the regular tables will have a place to stand while studying.

Two more tables will be arriving next week.

The tables are being provided in response to about eight pass-the-buck requests that Bob Talbott, director of the Student Development Center, has received in the last few weeks.

Talbott said he didn't realize some students were having trouble sitting at the library tables, and he was happy to be able to respond promptly to the request.

Dorothy Nissen, accounting major, was one of the students who wrote a pass-the-buck requesting the

tables. Nissen injured her back a year and a half ago, and finds it difficult to sit to do her homework.

"I would sit for a while and then when I'd go to get up I could hardly walk because my back would hurt," she explained. She said the decision to install the taller tables was an "ideal" solution to the problem.

Charles Weyant, reference librarian, said the tables will not only be helpful to the students with back problems, but their location also makes them handy for students using the card catalog.

The two tables that are already in the library came from the graphic arts department. The other two, which will be equipped with height adjustments, are being built by Abbey Furniture in Corvallis.

The LBCC Office of Instruction is paying \$377 for both of the tables.

Classes in job search skills offered

Area residents interested in learning the ins and outs of searching for a job can choose from three different classes this spring.

LBCC's Student Development Division is offering a one-credit "Job Search Strategy" course that meets 1-4 p.m. Wednesdays in room 116 of LBCC's Health Occupations Building, 6500 SW Pacific Blvd., Albany. The course covers skills assessments, resume writing, interviewing techniques, filling out applications and other forms, and how to conduct a job search. Students can sign up during class next Wednesday, April 17.

The same class will be offered evenings in May through LBCC's Albany Community Education Center. The five-week class will meet 7-10 p.m. Tuesdays in room 202 of the Health Occupations Building beginning May 7. Tuition for each class is \$18 and qualified unemployed workers can enroll for one-half the tuition on a space-available basis. Both classes are offered on a pass/no-pass basis.

"Job Search Strategy" also will be covered in a series of free Brown Bag Seminars offered this spring through the Albany Center. The seminars

meet noon-1 p.m. Tuesdays and Thursdays. The series begins April 23 on the main campus and will be repeated at the Albany Senior Center, 489 Water NW, Starting May 14.

Marlene Propst, placement specialist for LBCC's Student Employment Center, is the instructor for the classes and seminars.

For information on the class currently being offered through LBCC's Student Development Division, call 928-2361, ext. 291. For information about the class and seminars offered later through the Albany Center, call 967-6108.

Seminars to celebrate Secretary's Week

LBCC's Training and Economic Development Center will sponsor five workshops on Friday, April 19 to commemorate National Secretary's week.

All five workshops will begin at 8:30 a.m. Three of the sessions—"Professional/Promotable," "Short Cuts in the Office," and "The PC in the Office"—will run until 11:30 and cost \$5 each.

A session on "Resolving Conflict

on the Job" will run until 4:30 at a cost of \$18. One credit will be awarded for completion.

A "Stress at the Office" workshop will also run until 4:30. The \$15 cost includes lunch.

Pre-registration is required for all workshops. For more information, call the Training and Economic Development Center at 967-6112.

Tracksters continue despite turnout

By Steve Nash
Staff Writer

The LBCC Mens Track Team was led by Daryl Stickle to a seventh place finish out of fifteen teams at the Mt. Hood Relays in Gresham Saturday.

Stickle ran a season best 15.4 to win the 110 meter high hurdles. Other top finishers include Kurt Stone who was second in the hammer throw with a toss of 135'5" and Kevin Davis who pole vaulted 14'0" to place second.

LBCC also finished fourth in the 1600 meter relay and sixth in the sprint medley.

The men's team doesn't have much depth this year according to Coach Dave Bakley but he has high expectations.

"We compete strongly for the number of team members we have," he said. "LBCC has always had a tradition of extremely strong teams and talent. We've got talented people."

Bakley said that Stone and Davis are the second best competitors in their events in the Northwest and Stickle may be the best in the high hurdles.

On the women's team Paula Kaseberg leaped to a personal best 31'2" for a fifth place finish in the triple jump according to the women's coach Debbie Prince. Kaseberg also placed fifth in the high jump at 4'8". Other results were not available.

The track teams will travel to Roseburg Saturday, April 20, for a

three-way meet with Umpqua and Chemeketa.

Mt. Hood Relays Men's Results

(Women's results unavailable at press time)

HAMMER—1, John Billingsley, Spokane, 156-2; 2, Kurt Stone, Linn-Benton, 135-5; 3, Matt Goegen, Chemeketa, 135-8.

DISCUS—1, Larry Baker, SW Oregon, 156-8; 2, Tim Jacobsen, Spokane, 150-8; 3, John Billingsley, Spokane, 146-6½.

110 HIGH HURDLES—1, Daryl Stickle, Linn-Benton, 15.4; 2, Brent Wheeler, Highline, 15.8; 3, Kurt Uebel, Bellevue, 15.9.

LONG JUMP—1, Stacy McHenry, Yakima, 23-9; 2, Billy Ayears, Spokane, 23-3; 3, Chris Orblum, Clackamas, 23-1¾.

400 RELAY—1, Spokane, 41.8; 2, Lane, 42.0; 3,

Mt. Hood, 42.8.

1600 RELAY—Spokane, 3:17.4; 2, Mt. Hood, 3:22.1; 3, Bellevue, 3:22.2; 4, LBCC, 3:23.4.

POLE VAULT—1, Mike Thornton, Lane, 15-6; 2, Kevin Davis, Linn-Benton, 14-0; 3, Ken Harris, Green River, 13-6.

DISTANCE MEDLEY—1, SW Oregon, 10:14.6; 2, Lane, 10:24.6; 3, Highline, 10:26.8.

JAVELIN—1, Don Hilse, Spokane, 198-1; 2, Steve Taylor, Mt. Hood, 194-11; 3, Tim Johnson, SW Oregon, 184-9.

SPRINT MEDLEY—1, Yakima, 3:28.5; 2, Bellevue, 2:29.8; 3, Lane, 3:31.3; 6, LBCC, 3:37.4.

SHOT PUT—1, Mark Cumer, Lane, 48-11; 2, Randy Beechenow, Yakima, 45-4½; 3, Richard Merrill, SW Oregon, 44-7½.

800 RELAY—1, (tie), Lane (Ron Breuninger, Lanay Creech, Pat Lanning, Roy Session) and Spokane, 1:28.0; 3, Mt. Hood, 1:30.5.

3200 RELAY—1, Lane (John McCaffrey, Dennis Garboden, Greg Kemper, Seth Simons), 7:41.7; 2, Highline, 7:44.2; 3, Bellevue, nt.

Classifieds

WANTED

T1994A Disk Drive and compatible printer for a reasonable price. Contact Rusty Burton at Computer Lab or leave msg telling where you may be contacted.

PERSONALS

OVEREATERS ANONYMOUS meets Thursday, noon-1 p.m. in CC135. New members are welcome.

Hablas Espanol? Conversational Spanish Table will meet Thur., April 18 at noon in the NE corner of the Commons where the windows meet. All students and faculty who can speak even a minimum level of Spanish are urged to come and converse with Latin American students from OSU. For more info, contact Vera Harding, ext. 201.

What's brewing Becky? Long time, no see. Get a hold of me and let's have lunch. Barbara S.

J.Q., Congrats on your decision to run for ASLBCC—with you all the way! B.C.

Hey! B.R.: Crazy for you. Teddy Bear

ALCOHOLICS ANONYMOUS meets on Mondays at noon in Rm. HO203. Open meeting.

FOR SALE

THE BOOK BIN, now in 2 locations. Used books, bought and sold, excellent stock on hand. 121 W 1st Albany, 926-6869. 351 Jackson, Corvallis, 752-0040.

AVOCET USED BOOKSTORE, quality S.F., Lit., non-fict., much more! Buy-sell-trade, Mon.-Sat., 10-6. 614 SW 3rd, Corvallis, 753-4119.

Unicorn Typing Service. Reasonable rates, fast service. 7:00 a.m.-8 p.m. Pickup and delivery available. 928-2757.

One 40-ride pass. Will sell for \$20. Call Barb between 7-9 p.m. or earlier. Leave msg, will get back. 929-6854.

'Porcelain Collection' Cabbage Patch Kids-signed and numbered by Xavier Roberts, 2nd edition call Diane at 926-6883 (eves.)

LAWNMOWER 3.5 HP motor, good condition, \$85. Call 758-5581.

FRANKLY SPEAKING

phil frank

HE GOT HIS 'JOY OF COOKING'
AND 'JOY OF SEX' BOOKS MIXED
UP. HE'S BEEN THREE DAYS
CLEANING HIS BEDROOM.



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Etcetera

Diabetes

"Dealing with Diabetes," a free symposium, will be held at LBCC on Saturday, April 20 from 9 a.m.-3 p.m. There will be speakers on diet, fitness, understanding diabetes, as well as a special "kids corner" roundtable. Door prizes, handouts, information and sharing are scheduled. Beverages will be provided—bring your own lunch.

For more information and to register call 967-6107.

Journalism

The Portland State University Vanguard will be having an open house for high school and community college students interested in journalism. Our offices will be open to high school students on Saturday, April 27. The open house for community college students is scheduled for the following Saturday. The hours on each day will be from 10 a.m. to 4 p.m.

If you are considering attending PSU, or just interested in journalism, we invite you to attend our open house. If you are planning to pursue a journalism degree, you may also want to consider attending PSU for the first two years and working at the Vanguard.

Our offices are in the Smith Memorial Center (724 SW Harrison St.) in room 429. Coffee, tea and punch will be provided. For further information please call 229-4531.

Concert

The OSU-Corvallis Symphony Orchestra will present a Family Concert at 3 p.m. on Sunday, April 28 in Austin Auditorium of the LaSells Stewart Center.

The tickets go on sale April 15, at the following locations: Stones Piano Co., Music West, Everybody's Records, Tapes and Video, OSU Memorial Union Ticket Office (Hours: 11 a.m.-1 p.m.) and in Albany, French's Jewelry. Tickets are Adults-\$2.50 (\$3.50 at the Door), OSU Students and children under 16-\$1.00 (\$1.50 at the door).

For further information contact Stones Piano Co. 753-5988.

Open House

On April 17, the library will be hosting an open house to celebrate National Library Week (April 15-19).

The open house will run from 2 p.m.-4 p.m. and there will be punch and cookies. Everyone is invited.

Representative

A representative from Eastern Oregon State College will be on the LBCC campus to talk with students who may be interested in transferring on April 22, 9 a.m.-1 p.m. in the Commons lobby at the College Center.

Writer Workshop

Methods enabling writers to release their intuitive abilities will be taught at a one-day workshop at LBCC, 9 a.m.-4 p.m., Saturday, April 27.

A part of the seminar series "A Special Day for Writers," the workshop is sponsored by LBCC's Albany Center and the Society of Children's Book Writers. The workshop is open to writers of any genre, both aspiring and professional, and will be taught by Jan Burr, Seattle columnist for "Insights Northwest." Burr also is a consultant in intuition and creativity and recently released a taped course titled "Creative Imagery for the Writer."

"Creative Imagery for the Writer: A Writer's Secret Weapon" will meet in the Alsea/Calapooia Room on the second floor of LBCC's College Center Building, 6500 SW Pacific Blvd., Albany. Tuition is \$9, plus a \$14 lab fee payable at registration. Preregistration is required by Wednesday, April 24.

For more information, call LBCC's Albany Center, 967-6108.

Hong Kong

Kitson Yu will present a free slide/tape show about Hong Kong at 7 p.m. Thursday, April 25, in the Alsea/Calapooia rooms.

The slide show is an orientation for the Hong Kong Travel Course but is open to anyone interested in learning more about Hong Kong. Refreshments will be served.

For more information, contact Kitson Yu, ext. 175.

New hours

To make career and program counseling more readily available to evening part-time students, LBCC's Counseling Center will be open until 6:30 p.m. each Tuesday evening spring term.

Blood drive

The ASLBCC and RSVP are sponsoring a blood drive on campus Friday, April 26.

The Red Cross will be in Boardrooms A and B from 9:30 a.m. to 2:45 p.m.

LBCC students, faculty and staff, may make an appointment for donating blood by signing up in the Student Programs Office, room 213, or by calling ext. 150.

Reader boards

The reader board in the college center has finally been repaired!

If you would like to have a message on either the reader board in the College Center or the one in Takena Hall (or both), you must put your request in writing and turn it in to either the Student Organizations Office (CC 213) or Teresa Patterson in Registration by Monday noon each week. The boards will be programmed for the week each Tuesday.

For more information, call ext. 150.

ASLBCC Election Days Dance Dance to the top 40 music by...



...and have lots of fun!

In LBCC Commons

This Friday April 19 9pm-1am

Singles \$2 - Couples \$3

FREE REFRESHMENTS!

Extra Innings

By Robert Hood
Sports Editor

With all of the nice weather we've had over the early part of spring it's surprising to hear people talk about thunder. Of course, this isn't the kind of thunder caused by clouds, this is the thunder created by the engines of race cars.

Speedways all over the state of Oregon are getting ready as the nice weather ushers in the start of the racing season. The mid-Willamette Valley is no exception as Lebanon's Willamette Speedway opens up for another season of racing. The quarter-mile dirt oval is one of the most exciting tracks on the West Coast, and according to owner/promoter Clair Arnold this season may be one of the best.

"By the time the Strawberry Cup rolls around (June 1) we could have 100 cars racing every Saturday," said Arnold. This would be quite an accomplishment considering most tracks feel they're successful if they draw a field of 40 cars. Willamette Speedway has an amazing 160 cars entered for the racing season. There're 90 Super Stocks and 70 Jalopies which will battle through September 21 for the point championship.

Last year's defending champ Russ Sell, from Albany, has elected to travel this season so he's not returning to retain his title. He will be racing at Willamette, but he will not seriously run for the points title. Sweet Home's Carl Parks, one of the main contenders for the points title last season, also has decided to leave the points championship to someone else.

"It's time I raced at other tracks besides Willamette," Parks said. "If I ran for the championship I would have to commit myself to racing at Willamette every weekend and I would rather be able to go wherever I wanted."

Even with two of Lebanon's hotshots electing to stay away from the points race the title chase should be interesting. Don Wilson of Coburg will be a man to keep your eye on as he is a weekly contender at the Speedway and is a past champion. Bruce Hipple of Albany will once again be driving the Footwear Express car and if he can receive a little more luck than last season he will be a factor. Lebanon's Ken Wheaton will also be a strong contender.

The Strawberry Cup show will close out the first quarter of the season and will set up a string of eight straight points races which will be crucial to anyone competing for the championship. July 20 brings a double points race as the Mid-Season Championships will start to weed out the contenders from the pretenders. September brings two more double points races, one on the 7th and one to close out the season on the 21st.

Besides the Super Stocks and the Jalopies Arnold has also scheduled the unpredictable Sprint Cars. The Sprinters will make their first showing August 2-3. Arnold also has a tentative date planned for May 31 for the Sprint Cars and Jalopies.

With the Super Stocks and the Jalopies running every Saturday night Willamette Speedway should maintain its reputation as one of the best dirt tracks on the West Coast.

SPECIAL EVENTS

May 25-26 Memorial Classic (points both nights)
June 1 Strawberry Cup
July 20 Mid Season Championships (double points)
August 2-3 Sprints and Jalopies, Super Stocks
August 17 Clay Cup points
August 31-September 1 Labor Day Classic
September 7 Northwest Dirt Track Championship (double points)
September 21 Double Points End of Season

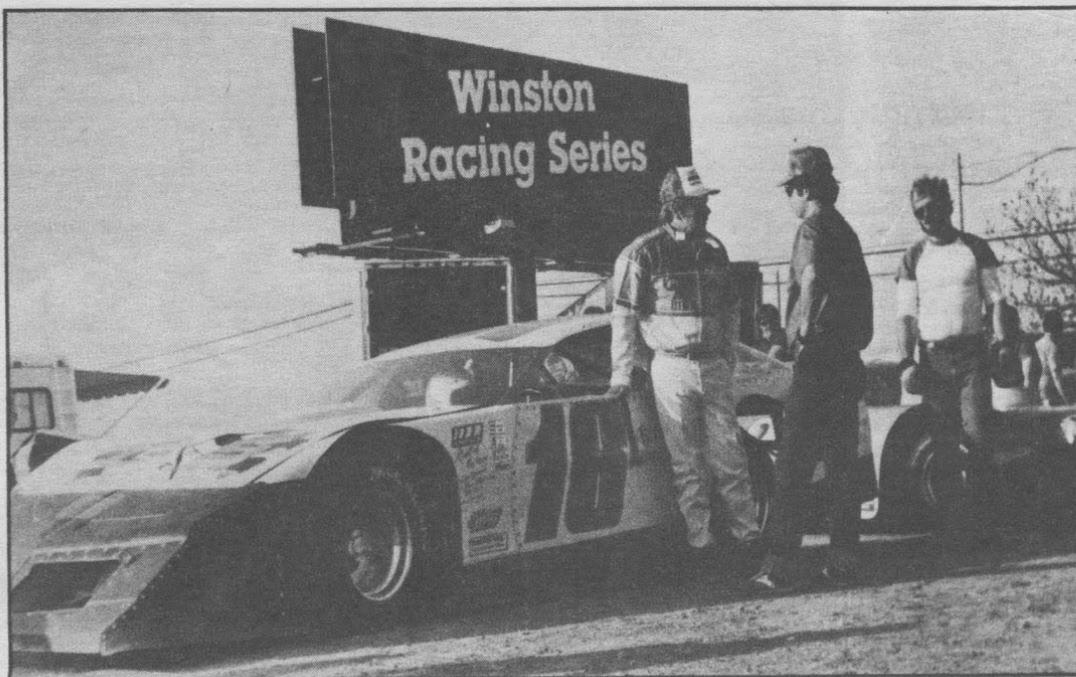


Photo by Robert Hood

Bob Harvey of Roseburg discusses strategies at Anderson, California during the NorCal 150. The race is the annual opener for Super Stocks on the West Coast. Russ Sell of Albany and Carl Parks of Sweet Home each competed in the NorCal 150 in preparation for the upcoming season in Oregon. Lebanon's Willamette

Speedway will once again be the hotbed of dirt track racing in the Northwest as over 160 cars are entered to compete in over 30 races from April to September. Willamette will open the season this Saturday night. The points season starts May 4.

Offensive punch aids baseball team on weekend sweep of three games

By Robert Hood
Sports Editor

Confidence. This was the key ingredient Coach Greg Hawk was looking to add to the Linn Benton baseball team, and after a successful weekend the Roadrunners may have gained some confidence, along with a few wins.

The Roadrunners blasted 19 hits against Western Oregon State to win 18-9. This was one of the best outings of the year for the Roadrunners. Hawk's team also erupted for 23 runs in a double-header sweep over the University of Oregon Baseball Club, routing the Ducks 13-3 and 10-4.

Chris Kemp began the fireworks as he went 3 for 5 with three RBIs against WOSC. Rod Scheckla added a 3 for 3 day and Rick Sermone went 2 for 6 and added four RBIs to

bolster the LB attack.

"I definitely feel this is the type of weekend we needed to get untracked," said Hawk. "We had been losing more and more confidence, but we gained a little back with the wins."

The Roadrunners aren't out of the woods yet. Despite improving their overall record to 5-8, the league record is only 2-6 at press time. Linn Benton will have an opportunity to improve that mark as they face Mt. Hood at home Saturday in a double-header. The two teams split a double-header the first time they met.

If the Roadrunners hope to make a run in the second half of the season they'll have to play some league games as well as they do the non-league games.

ASLBCC Elections

ASSOCIATED STUDENTS

Coffee with the Candidates

April 30th 11:30 - 1pm

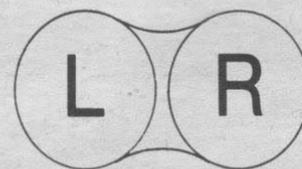
In the Alsea Room

Free Refreshments
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Polls are open from 8:00am - 9:00pm

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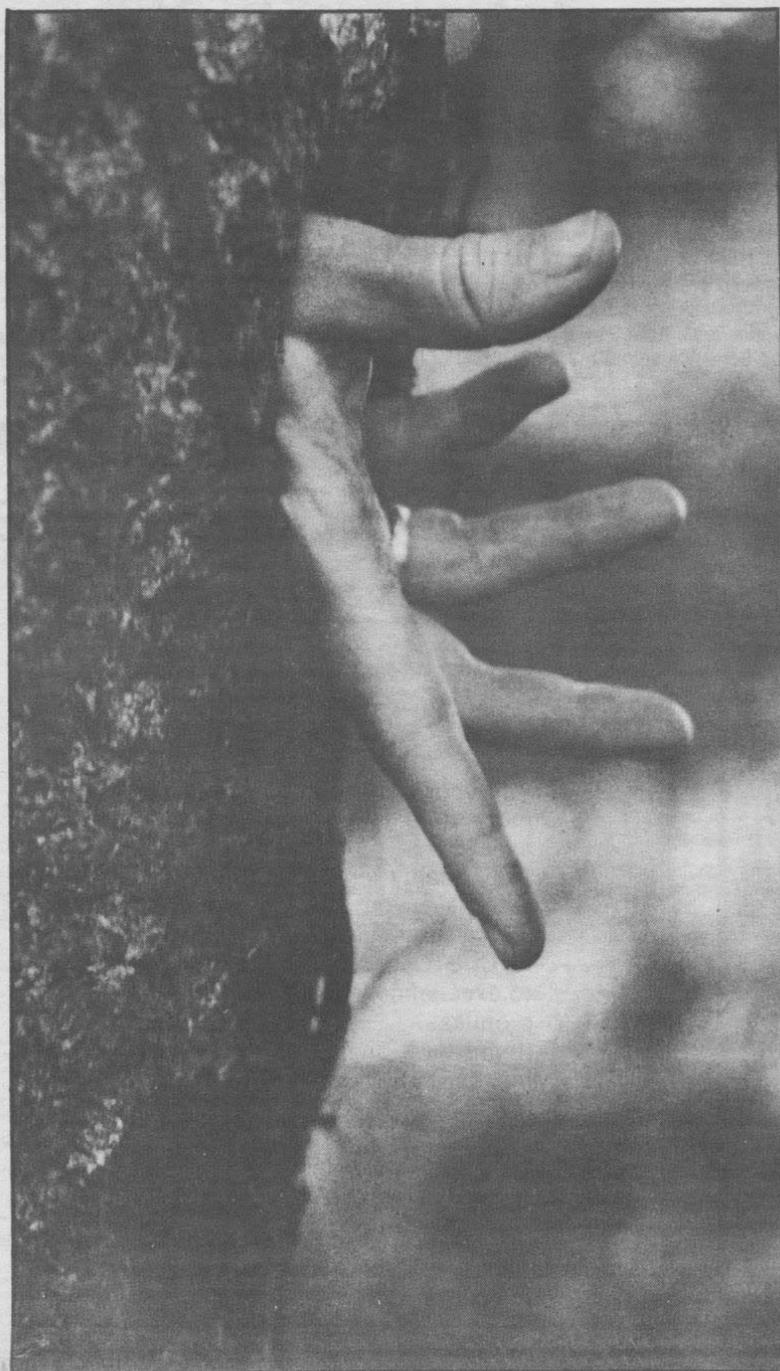
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Perspectives



Fading into the woodwork

LBCC student Gary Koch explored combining human and forest elements for these whimsical poses while shooting an assignment for the Photography I class last term.

Photos by Gary Koch

