# **HE 151 Drugs in Society**

## **Fall 2021**

Class Time: Internet We will have 4-5 zoom meetings for discussion, lecture and guest speakers. Dates TBA but Thursdays at 10-11 am will be the day / time.

**Course Description**: This course will provide students with a fundamental understanding of the effects of drug use, misuse and abuse of several widely used drugs in our society. An emphasis will be placed on contemporary issues involving the effects of drugs on the individual.

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\*\*Please note that this course will count for a Criminal Justice degree requirement or HE elective. It will also count toward AAOT and many associate degree electives. If you have taken the LBCC HS 205, this course is the same course - you should not take HE 151..

**Course Outcomes and Objectives**: Upon successful completion of this course, with a C grade or better, the student will be able to:

- 1. Demonstrate ability to recall historical precedents and social implications of drug use.
- 2. Examine and identify ways that drugs influence and alter psychological processes and physiological functioning of the brain and nervous system.
- 3. Recall and describe the basic processes and terms of dependence and addiction.
- 4. Demonstrate knowledge of signs and symptoms of various drug classes.
- 5. Identify and outline the controlled substance schedules, legislation and regulations surrounding drug use.
- 6. Analyze the concept of harm reduction and discuss examples.
- 7. Develop an application through writing and discussion for the role of individual responsibility, lifestyle behavior, public policy, economics, education / services in combating illicit drug use.
- 8. Demonstrate an awareness of the social, legal and ethical issues surrounding drug use.
- **9.** *Identify and describe the five classes of drugs discussed in class.* This will include several illicit, ergogenic, over-the-counter, inhalant and legalized drugs.
- 10. Be able to list at least five related reputable resources for acquiring information about drug use, abuse and treatment options at the local and national level.

### Required Reading Material: (Do not purchase text)

Online education resources will be used this term. This will include assignments you will need to research articles and watch online open videos assigned.

### **Evaluation Criteria**:

Week 1	Zoom introduction, credible resources	20 points
Week 2	Key terms, video clips	25 points
Week 3	Drug legislation and media resource	40 points
Week 4	General terms /glossary, Chasing Heroin	40 points
Week 5	Article review assignments	20 points
Week 6		
Week TBA	(Zoom) two guest speaker questions	30 points
Week 7	Signs and Symptoms	30 points
Week 8	Neurotransmitters / physiology	40 points
Week 9	Cannabis and resources & extra cr opp.	25 points
. Week 10	Outcomes and wrap up discussion	30 points
. Week 11	Final reflection due	40 points
	Week 2 Week 3 Week 4 Week 5 Week 6 Week TBA Week 7 Week 8	Week 2 Key terms, video clips Week 3 Drug legislation and media resource Week 4 General terms /glossary, Chasing Heroin Week 5 Article review assignments Week 6 Week TBA (Zoom) two guest speaker questions Week 7 Signs and Symptoms Week 8 Neurotransmitters / physiology Week 9 Cannabis and resources & extra cr opp. Week 10 Outcomes and wrap up discussion

Total Points: 310-340 (points may vary depending on guests and assignments)

Late Work: I will have all assignments due this term by Sundays at 11 pm of the assigned week. By Monday, any late assignment will lose 10% of points. By Monday of week 2, the assignment will be minus 20% points. Late assignments from weeks 1 through 5 will no longer be accepted after week 5. Too many late assignments by students does not allow me to stay current with all of the grading.

### Assignments explained in further detail below:

- 1. Assigned online reading article reviews: There will be 3-5 summary assignments for you to find online related to a particular topic that I will assign. I will have questions assigned to each of these assignments for you to complete.
- **2.** *Open media / news article summary*: Throughout the term, you will research current news articles from local and national media outlets related to the different topics we discuss.
- **3.** Video review and questions: There will be 3-5 video / clips related to the various classes of drugs or drug concepts. I will have questions for you or I may ask you to summarize the video after reviewing.
- **4.** Concept / Glossary assignment: I will have a list of concepts and terms for you as we progress through the term that will need to be researched and defined.
- **5. Outcomes and resource list.** This will be a final list of questions for you to answer about information learned throughout the term.

- **6. Zooms and discussion.** We may have two zoom guests this term depending on availability. You will need to attend two zoom meetings to listen to guests. It may be recorded if you cannot attend in person. I will be taking roll and notes will be turned in following speakers. I will have day/date and time for you as we progress but please expect a Thursday 10:00-11:00 am.
- **7. Week one introduction:** In moodle, I will have some questions related to drug use and its impact in your life and / or your community. This is an assignment that normally is shared in the classroom on day one (1) of the term. I will be asking you to share some of this on our first zoom meeting together.
- 8. Reading Schedule: Please be prepared to complete all research online.
- **9. Extra Credit:** I will likely be giving 5 extra credit points for attendance in zoom sessions rather than penalizing absence. Only the first session will have points attached for attendance. I will need to take attendance on the first Thursday so I know who is in the class. There will be a maximum of 15 points extra credit.

## **Grading Protocol**

90-100% = A

80-89% = B

70-79% = C

60-69% = D

Below 59% = F

A student is asked to drop if they have not attended in moodle by Sunday of Week 1. If the student attends beyond the 1st week, an A-F grade will be given. Audit and pass / no pass grading must be discussed with the instructor and arranged with registration prior to the third week of classes.

#### **CFAR Statement:**

Students who may need accommodations due to documented disabilities, who have medical information which the instructor should know, or who need special arrangements in an emergency should communicate with their instructor during the first week of class. If you believe you may need accommodations but are not yet registered with the Center for Accessibility Resources (CFAR), please visit the **CFAR Website** for steps on how to apply for services or call (541) 917-4789.