Wednesday, April 9, 1997

Linn-Benton Community College, Albany, Oregon

Volume 28 No. 19

# Authors gather in cafeteria to offer food for thought

by Mary Hake of The Commuter

The cafeteria will be buzzing this afternoon from 3 to 5 p.m., but not with the usual hungry, chatting students. More than 20 Northwest authors will be present, along with their books for sale, to chat with the public at an Authors' Afternoon.

This free event is sponsored by LBCC's Alpha Tau Upsilon chapter of Phi Theta Kappa International Honor Society in conjunction with their honors study topic, "The Arts: Landscape of Our Times."

Various genres will be represented, with books for all ages, including children's picture books, cookbooks, mysteries, biographies, self-help, how-to, poetry, historical romance, educational and nature guidebooks. Some of the participating authors are:

• Margaret Anderson of Corvallis, whose 18th children's book is just out;

• Linda Williams, director of the Punkin Seed Preschool in Lebanon, who wrote"The Little Old Lady Who Was Not Afraid of Anything;"

• Elsie J. Larson of Gresham, author of "Bombus," a new children's picture book, and two adult historical novels:

• Betty M. Hockett of Newberg, with 14 books of international biographies written for the 4th-6th grade level:

• Patricia H. Rushford of Vancouver, Wash., author of The Jennie McGrady mystery series for youth, which was nominated for an Edgar and a new adult mystery series, as well as nonfiction titles "The Humpty Dumpty Syndrome," "Caring for Your Elderly Parents," "Emotional Phases of a Woman's Life," "What Kids Need Most in a Mom," "Have You Hugged Your Teenager Today," "Lost in the Money Maze" and "The Jack & Jill Syndrome: Healing For Broken Children;"

 Katharine E. Matchette of Tualatin, with "Walk Safe Through the Jungle" (middle school) and "Libby's Choice" (young adult historical);

(Turn to 'Northwest' on Page 2)





Photos by Roger Lebar

#### Jolt!

Concerns over speeding in the parking lots led to the installation of speed bumps in six locations along North Drive and West Way recently.

Although not a hit with drivers, the bumps have helped slow traffic, according to security officer Vern Jackson. "It's still a drag race between the bumps, but at least they are placed by crosswalks and pedestrians have a fleeing chance."

## Explore career options at today's fair

Nearly 80 businesses and industries will be represented at the annual Linn-Benton Community College Career Exploration and Community Resource Fair today in the Activities Center from 2 to 7 p.m. The public is invited to check out some of the region's top employers and learn what they are looking for in prospective employees.

Workshops on LBCC programs of study, admissions, financial aid, career planning and various em-

ployer presentations are scheduled. Times will be announced.

Local organizations that assist with employment, training and family needs will also be present.

New this year is the opportunity to explore non-traditional careers, breaking the gender stereotypes.

This free event is sponsored by the Linn-Benton Community College Student Employment Center and the Oregon Advanced Technology Consortium.

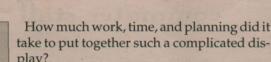
#### **Books: The Other Channel**

#### Library clerk makes statement with display on technology

A head in a TV. Action figures escaping the screen. Barbies in a boob tube. Your face in a PC monitor mirror

It's all part of the anti-tech display in the LBCC Library created by cataloger James Creighton.

Responding to questions posed by The Commuter, Creighton explains why he put together the exhibit, which opened on April Fool's Day and will be up through the month.



I spent about three months of spare time working on it. Some of the details were worked out right up to the day I set up the display. The mirror tiles, for example, I bought on the way home from work the day before I put the display together. I spent many pleasant and peaceful evenings working on dead TVs on my kitchen table until midnight.



It looks like it required some expense for material—how was that handled? Did you get any help from the library?

(Turn to 'Library' on Page 2)



#### ✓ Lost Butts

Photo by Roger Lebar

Survey gauges staff and student attitudes on smoking areas

Page 3

#### INSIDE THIS ISSUE

#### **Check This Out**

Warning: If you're planning on blowing this popsicle stand, Friday is the last day you can drop and get a full refund.

#### ✓ Quick Start

Roadrunners come back strong from a rough road trip to go 4-1 in league

Pages 8-9



#### **CAMPUS NEWS**

# Library display questions benefits of television and mass media

I hope people look at

about what it means to

them, and figure it out

—James Creighton

instead of being told.

this display, think

✔ From Page 1

The expense for the project was covered by me. No government grants or college funds involved. There were many generous donations from people and that helped a lot. I put out an e-mail on campus a while ago, asking for dead

on campus a while ago, asking for dead TV sets. I got five TVs given to me, along with a computer, some stereos, CD players, the heater, and the power strip. A friend of mine gave me some telephones.

The mannequin is one of several that I own, the film reels were junk ones from the Media Department. To fill in the odds and ends, I shopped a lot of Goodwill stores. The broken TV I bought the Saturday

before setting up the display for the sole purpose of breaking it. That was a nice feeling. One of the TVs I found lying along the road.

A friend of mine gave me a box of toys one day that provided the inspiration and many of the figures for the Saturday Morning and Barbie TVs. Looking at that box of toys, I was really amazed at how hideous so many of them are. It seems amazing to me that children are given such demented things to play with. The boys are given gross monsters and violent action figures. The girls are given dolls that glorify glamour and romance.

Considering that girls and boys are given such opposite toys, is it any wonder that women and men find it hard to relate to each other?



What possessed you to go to all this work to make this display in the first place?

As part of my job in the library, I put up a monthly display. Usually, I use book covers or posters to increase the awareness of what the library offers. This time I used the theme of "Books: The

Other Channel."

The idea is to read more instead of

watching TV. I just got a bit more involved this time. I have always been a creative type of person, but I haven't always done anything about it. I would get ideas, but talk myself out of doing them. The last couple of years

though, I have been allowing myself to be creative and pushed myself to follow through on my ideas.

I find that creativity is an escape from grappling with life. We all have a choice about how we want to live. I choose to tune out the clamor of society and spend some time quietly being creative.

It works well for me, and I would like to find ways to share the idea with others. A lot of people would like to draw, write, photograph, play music or sculpt. It seems hard for people to justify the time to do these things, but ironically, they will spend a lot of time watching TV. Whatever your creative interests are, make the time to do them. It's important.

About three years ago, I moved to a different house and when the cable TV company wanted \$30 to reconnect, I told



Photos by Roger Lebar

Library staffer James Creighton, below, spent many days constructing the display in the library, which takes a hard look at the impact the information age has had on society.



I never hear a phony laugh track again, it's fine with me. I know there are good things on TV, but I get tired of wading through all the garbage to get to them. I watch movies on tape now, but other than that, I don't watch TV. I also cancelled the newspaper, because I got tired of reading about all that is negative in our society. Since unplugging, my wife and I spend a lot more time talking to each other. We read more books and talk

them to forget it. I don't miss TV at all. If

Q

about what we read.

What message do you want people to come away with after seeing the display?

I'm not one to do a lot of selfconscious mumbling about artistic aspects and symbolism of the human struggle type of

thing. I hope people look at this display, think about what it means to them, and figure it out instead of being told.

Try to challenge yourself, learn to be yourself, go with your feelings, walk

outside and look into your own window and figure out if that is what you want to see. At least for awhile, turn off the TV, put down the paper, shut off the radio, stop self-medicating and see what happens.

There are a lot of other channels.

#### Northwest authors present everything from cookbooks to children's books

#### ✔ From Page 1

- Mary Jane Kelso of Marcola, with four mystery novels and some \$1 children's books;
- Geneva Iijima of Oregon City, with two books on origami;
- Birdie Etchison of Ocean Park, Wash., who has a historical romance series set in Portland in the early 1900s, a guidebook on the Long Beach Peninsula, a devotional called "Don't Drop the Sugar Bowl in the Sink!," and who wrote "The Celebration Family" with the Nasons;
- Lebanon writer Alice Swope, who has an instruction book for freelance writers:
- Albany author Susan Foss, with two "Road Magic" books;
- Pat Kennedy of Corvallis, author of "Raising Sons Without Fathers" and "The Hyperactive Child;"
- Joan Craig of Jefferson, who teaches children with disabilities at her Mid-Valley Learning Center in Albany and wrote "Help is on the Way" and "Mama Fanalli's Secret Italian Recipes;"
- Burt Hotchkiss of Sweet Home, author of "Your Owner's Manual;"
  - •Bev Haven of Jefferson;
- Ida Olivia Hurst of Lebanon, a fourtime Golden Poet award winner, with her book and tapes of "My Kaleidoscope of Poetry and Stories;"
- Albany author Doug Johnson with "The Biscotti Book;"
- Corvallis author Gregg Mackie's novel "The Taming of Lucifurr;"
- Charlies Stoakes of Albany, who wrote "The Two Wheel Horse;"

and LBCC instructors:

- Douglas Cazort, with "Under the Grammar Hammer" and "Chairman Casort's Little Red Book of Writing;"
- Beth Camp, whose third book, "Effective Workplace Writing," was recently published; and
- Bob Ross, with "Wildflowers of the Western Cascades."

This event offers the public an opportunity to interact with published authors, to purchase their books and to get them personally autographed.

#### New LBCC class prepares students for Western Oregon State University

Do you have what it takes to survive at a four-year college? A new study skills class, designed for students transferring to Western Oregon State University, may help in finding answers.

"College Learning and Study Skills—Transfer to Western Oregon State University," a new three-credit study skills course, began Monday March 31 and will continue accepting new students through April 11.

Students who enroll for fall term at WOSU will

receive early registration privileges for completing this course.

"Most students begin college without the basic study skills necessary to tackle the demands of a four-year institution," said course instructor Dory Leahy. "By learning certain methods of studying, students could actually cut their study time in half."

In addition to acclimating students to WOSU, the class will teach them how to study more efficiently,

take notes, mark their textbooks, memorize information and prepare for tests.

WOSU Professor Ed Wright will assist students in selecting a major, instruct them on computer research and e-mail skills, introduce them to advisors and conduct field trips to see the departments and learning resources available at WOSU. The class is listed as course number CG111, CRN 42951, and it meets Monday, Wednesday, and Friday from 2-2:50 p.m. in T-213.

#### commuter staff

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty or Associated Students of LBCC. Editorials, columns, letters and cartoons reflect the opinions of those who sign them. Readers are encouraged to use The Commuter Opinion Page to express their views on campus or community matters. Address correspondence to The Commuter, 6500 S.W. Pacific Blvd., Albany, OR 97321; telephone (541) 917-4451 or 917-4452; Fax (541) 917-4454; E-mail commuter@gw.lbcc.cc.or.us. The newsroom is located in Room 210 of the College Center.

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#### AMPUS NEWS

### Tech program awarded \$56,000

by Allison Ross of The Commuter

In an effort to help local manufacturing technicians improve their skills, the state's Regional Strategies Board awarded LBCC \$56,100 last month.

According to Michael Patrick, LBCC

gling to keep up with the vastly chang-

ing manufacturing equipment and pro-

tion, repair and preventative mainte-

mine which skills need to be upgraded

and then devise curricula to teach those

skills. Also, LBCC will conduct a pilot

training course in the three highest pri-

ority skills. Local industries will then evaluate the effectiveness of the instruc-

"We'll help private industries train their technicians on installation, calibra-

The college will use the grant to deter-

associate dean of the Science and Industry Division, many maintenance technicians are strug-

duction processes.

nance needs," Patrick said.

"The training should make our local equipment technicians more valuable employees to the company."

-Michael Patrick

lege with the project.

volved Willamette Industries, Hewlett-Packard's Inkjet division, Oregon Metallurgical Corp., Oregon Freeze Dry Foods, Willamina Lumber and Nypro. LBCC will contribute \$3,500 plus the use of the campus facilities and instructors.

The six companies involved with the

grant have been invited to form a com-

meeting in about two weeks and hope-

fully

1997

panies

have the pro-

way by fall of

The com-

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According to Patrick, it is rare to get funding to put so much development into a course curriculum.

"The training should make our local equipment technicians more valuable employees to the company," he said. "It should also help reduce the companies' need to recruit skilled workers from out of state."

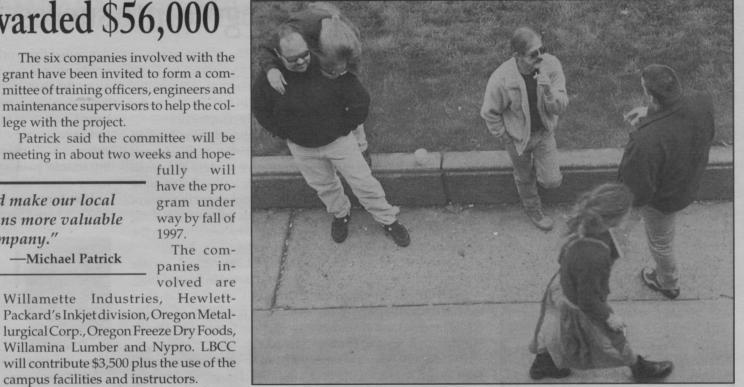


Photo by Roger Lebar

Students take a smoking break outside the courtyard entrance to Takena Hall.

#### New trustee added to LBCC board

by Schellene Pils

of The Commuter

The LBCC Foundation has just added a new trustee to its 26-member board.

Molly O'Hearn, former alumnus of OSU and U of O, where she received bachelor's and master's degrees in busi-

ness management, says, "I'm hoping that I can make a contribution to the longterm success and stability of the program as a liaison into the Corvallis community," adding that she "grew up in Albany

and has been an enthusiastic supporter

O'Hearn is vice president of corporate development for the OSU Federal Credit Union, where she's made her career since 1986. She is also involved with the Corvallis Chamber of Commerce and the Rotary Club of Corvallis as a member of the board of directors, and is president of the board of directors for da Vinci Days in Corvallis.

The primary focus of OSUFCU, according to O'Hearn, is being active with the community and education. Her job is to insure positive communication with LBCC and the community and to assist with long-term funding. O'Hearn's involvement with the foundation also coincides with the opening of the new Albany branch of the OSUFCU.

The foundation, which was formed five years after the college was founded, is a non-profit educational foundation whose only purpose is the support of LBCC students and programs, said George Kurtz, executive director. The foundation receives donations, real property and money, and uses the assets, which currently total \$1.5 million, primarily to support scholarships and endowment funds at LBCC.

#### Honor Society elects officers next week

by Mary Hake

of The Commuter

Phi Theta Kappa, LBCC's honor society, will hold election of officers at its monthly members' meetings next Wednesday and Thursday, April 16 and 17, at noon in Industrial Building C Room 105, near the greenhouse. Members unable to attend the meeting may vote in Takena Hall Room 101 those same days.

Candidates include Gloria O'Brien and Mary Hake for president, Jason T. Graves for vice president, Jadin C. Jackson for treasurer, Marty Thompson for public relations secretary, Dave Warneking for activities coordinator and Stephanie Moore for fund-raising coordinator. The positions of recording secretary and membership coordinator still need to be filled.

All members and interested students are encouraged to attend the meetings. Topics to be discussed include the shadow program for high school students, orientation and induction of new members, and the quad "garage" sale scheduled for May 17. Donations of new and used items to sell will be accepted by Phi Theta Kappa. Tables will be avail-

able for rent for \$10 and \$5 for members. To sign up, call 752-6544 or e-mail bushnej@lbcc.cc.or.us.

More than 270 letters were mailed out last month inviting LBCC students who qualified for membership last term to join this international honor society. Anyone who has earned a 3.5 or higher cummulative GPA for 12 or more credits is elligible to join.

Prospective members may attend any of the four orientation meetings scheduled for Monday April 21 and Tuesday April 22 at noon and 3 p.m. each day in AHSS Room 103.

Induction of new members will be on Friday May 30 at 7 p.m. in the Forum.

A newsletter will be available next week with more information on the elections and upcoming events. Any member who would like to receive one may pick one up in the library foyer, the bookstore, Takena Room 101 or from the PTK mailbox in the Student Life and Leadership Office, at the meetings or request it by E-mail.

For more information contact advisor Rosemary Bennett at ext. 4780 or stop by Takena Room 101.

#### Campus smoking attitudes sought

Students and staff are being asked their opinions about the number and placement of designated smoking areas on campus in a survey being distributed this week.

According to Glenda Foster, secretary to the Health & Physical Education Department, the survey was designed by the 10-member Smoking on Campus used to determine if there is a demand for specifically designated smoking areas, and where those areas might be located. Any recommendations to change the campus smoking policy would be sent to the President's Council.

The Commuter is reproducing the survey below as a public service. Respondents are asked to complete the in

e college	e, which is a sub-committee of e-wide Wellness Committee. d the survey results will be	form, clip it out and deposit it in the b located in front of the First Stop Center Takena Hall.
	completed survey forms to the cistration Office and Welcome	"Survey Box" in Takena Hall, between Center.
Circle o	one answer to each of the follo	wing questions:
1. I am	a A. Student	B. LBCC Staff member
2. How A) B) C) D)	many hours per week do you More than 30 hours per week About 20-30 hours per week About 10-20 hours per week Less than 10 hours per week	spend on campus?
3. I sm A) B) C) D)	oke: Regularly (more than once ever Occasionally (only once a day) Seldom (maybe once or twice Never (I am a non-smoker)	
4. I wo A) B) C)	uld like to see: Designated area(s) on the main I do not want any smoking are It doesn't matter	n campus for smokers ea(s) on the main campus for smokers
	le all that apply) Covered area Area is away from doorways a Seating available Close to restrooms	area free of cigarette butts on the

6. List the top 5 areas where you would like to see a designated area for

Phone:

7. I would be interested in a program to help me quit smoking:

smokers.

Name: \_

Comments?

4.

#### news briefs

#### Artistic collaboration offered on April 16

Artists of all persuasions are invited to spend two hours in a supportive, sharing atmosphere of creativity. Bring your newest or incubating project and share its aspects with other artists. The two-hour session, sponsored by the Valley Writers Workshop will be from 3-5 p.m., Wednesday, April 16, at AHSS 103.

#### Security Office offers tips during crime week

In recognition of National Crime Victims Week, the LBCC Security Office wants to remind students that refusing to be a crime victim is not hard to do.

- •Always lock your vehicle and place valuables out of sight.
  - Walk in groups when possible.
  - Walk in well-lighted areas.
- •Have keys ready before you arrive at your vehicle.
- •Don't look like a victim. Walk briskly, with confidence.
- Always be aware of your surroundings.
- Report all suspicious activity to Security at extension 4440.
- Register your vehicle with Security.

#### Pastors for Peace seeks donations for Cubans

Pastors for Peace is planning another shipment of materials to the children of Cuba. They are looking for donations of items such as toys, school supplies, musical instruments and medicines. They are also in need of cash donations to purchase shipping space for the supplies. They will be hosting a reception and potluck dinner for the "Caravanistas" and their supporters at the United Presbyterian Church, 330 5th Ave., Corvallis, upstairs, at 6 p.m. Monday, May 5. Contact Ed at 541-926-7070.

#### Trees offered for sale by horticulture students

On Friday, April 11, at the campus greenhouse, the LBCC Horticulture Club will be selling three-year-old Ponderosa pine trees in an effort to raise money to establish a scholarship fund. They also hope to use some of the money to enlarge the greenhouse. The trees are \$5 each or \$30 for 10. The sale will run from 1-5:15 p.m.

#### Ostrich dinner planned by culinary arts students

The Culinary Arts Department will host its First Annual Ostrich Dinner on April 21 at 7 p.m. in the Commons. The four-course meal includes three gourmet ostrich dishes and dessert for \$12. Call ext. 4385 for reservations.

#### Support group forms for gays, bisexuals

Counselor Angie Klampe is starting a support group for gay, lesbian and bisexual students sponsored by the Women's Center and the counseling department. The first meeting is on Monday, April 14, from 7:30-8:30 a.m. in AHSS

#### CAMPUS NEWS

# LB grad turns degree into successful medical career

by Stan Willenbring

LBCC graduate

It has been almost 20 years since I sat in those classrooms by the pastures along Pacific Boulevard. In fact, for all I know now, those pastures might be housing developments.

Since then, my career has taken a number of paths, leading to my current position, which I feel is a fairly worthy story of success that began as an associate degree student at a small community college in Oregon's Willamette Valley. So I thought it appropriate not only to update the school about the saga of one of its aging alumni, but also to pass this information along as an encouragement to those students who are sitting in the classrooms I once occupied.

I was a student at LBCC during 1978-1980 in the Associate Degree Nursing (ADN) program. I graduated in June of 1980, worked briefly at a nursing home in Corvallis and then moved to Seattle, where I worked for a few years in a large HMO hospital and at Harborview Medical Center (the Pacific Northwest Regional Trauma Center).

In 1983, my wife and I moved back to New England, and I continued to work as a nurse in a small community hospital and then for several years in a nursing home in Presque Isle, a small community in the very top of northern Maine.

During the last few years there, while I was working in the nursing home, I went back to school to complete a bachelor's degree in biology and secondary education at the University of Maine campus in Presque Isle. At the time, I intended to switch from nursing to teaching high school science, but during my bachelor's degree work I became interested in research and decided to go onto graduate school.

So, upon completing my bachelor's degree in biology and education in June of 1990, we moved to Lebanon, N.H., where I became a graduate student in the department of physiology at Dartmouth Medical School.

I completed my doctorate in physiology at Dartmouth in August of 1994. From there we moved to Tulsa, Okla., where I conducted a two-year research fellowship at the Oklahoma State University College of Osteopathic Medicine. There I

continued the work I had begun as graduate student, developing animal models to study how peripheral nerve injury alters the characteristics of synaptic transmission between the peripheral and central nervous systems. During the most recent course of my research, I have particularly focused on trying to employ the simplest model (frogs) to study how changes in spinal synapses contribute to the development of intractable pain syndromes such as those experienced by many cancer and AIDS patients.

Last June, we moved to our current address in Beckley, W.V., where I have been teaching full-time. I teach clinical

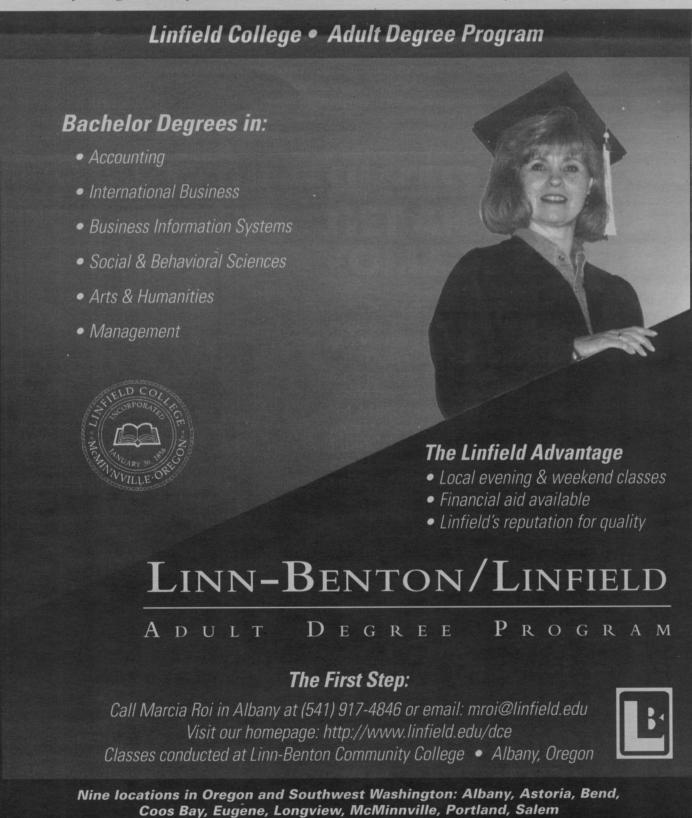


There is a bit of work between there and here, but all of it, including my years at LBCC, is a wealth of experience to me today.

basic sciences in a physician's assistant program and other clinical programs, including some associate degree health care programs like the one where I began my education at LBCC. However, in June of this year, we will be moving one more time, this time to Kikeville, Ky., where I have been appointed as assistant professor of physiology and pharmacology at the newest medical school in the nation, the Pikeville College School of Osteopathic Medicine.

I would like to encourage all those students who are currently working toward their various degrees at LBCC that, yes, you can begin with a community college education and use that good foundation as a springboard to a lifetime of achievement. There is a bit of work between there and here, but all of it, including my years at LBCC, is a wealth of experience to me today. The experiences I have had as a community college student, as a first-generation college student and as an associate degree nurse, continue to help me today in the classroom and in advising my own students.

I would not trade away those experiences at any price.



#### LOCAL NEWS

#### Are you guilty of DWY (Driving While Young)? You're not the only one

**by Renee' Lunsford** of The Commuter

When a young friend was recently pulled over by the police for going a few miles per hour over the speed limit, I didn't think too much about it. He told the usual story about how everybody else was going faster, but they pinpointed him. The second time it happened, it was late at night and the officer asked him if he'd been drinking, made him go through a few routine tests, then turned him loose with a warning.

He was taking all of this in stride until the third time, which occurred about a week later, again late at night. This time the officer ran through the alcohol tests, but went a little further with his questioning.

As his friends listened and laughed from the truck, the officer said, "You've been smoking pot haven't vou?"

My friend replied, "No, sir, I don't smoke pot."

The officer continued on with comments like, "Oh, come on, I had lots of friends when I was in school that smoked pot. Let me look at your tongue."

When the fellow arrived at my house, he was visibly upset. "That was so insulting," he said. "It was like I was judged guilty before the guy even talked to me."

Not really thinking about it too much, I quipped, "Well, you know, it's that truck you're driving; it fits a certain look."

"What are you talking about?" he asked. I told him what I had learned in a criminology class I had taken in college.

The facts the professor rattled off reminded me of Jeff Foxworthy's humorous country song, "You Might Be a Redneck."

One refrain goes "If people frequently stop at your house mistakenly thinking you're having a garage sale, ... you might be a redneck."

But according to Benton County defense attorney, Steven Black, the criteria in this situation was not meant to be funny, it's meant to help control crime.

It goes something like this: If you're young, you might be a criminal. If you're male, you might be a criminal. If you drive an old car, you might be a criminal. The list goes on to include such factors as driving a dirty car, driving after 10 p.m. and belonging to a minority.

Black says in the last 20 years, "The police have developed a new set of policies or instructions that they

get from the academy. And this new tool is called modeling. It's a useful tool in lots of things."

Black explains it in this way. "We can model something in advance of building it or doing it to see how things are going to work out." For instance, "if they're trying to predict the weather, they want to build a model that has enough detail that lets them plug in all the variables and the places in the world that affect our weather.

This idea of modeling is carried over into police profiles. They know from sociologilogical studies that the cal and psychoaverage drug user has certain characteristics, and they're able to build a model of what an avdrug user looks like. erage They are told what these models are, and

various things."

"For example, there used to be a lot of terrorists on airplanes," he said, "who would hijack the airplanes. The FBI and various other groups got to-

gether and devel-

they use them for

oped a model of what a terrorist would look like, how old they should be, what countries they should be from, how much luggage they should have, . . . all these things. When people would go through check points to get on an airplane, they would be examined to see if they fit these models. And because immigration and customs don't have time to check everybody, they have the right to discriminate amongst the group of people they do check."

"They used to go on instinct, now instead, they have this helpful tool, a profile" he added. If a person fits this profile, they are much more likely to be questioned.

Other models that they've developed are for drug couriers: "young (late 20s, early 30s) Hispanic male driving alone in a certain model and make of car (generally a Trans Am or Thunderbird) on I-5 meets the profile which has actually been issued to state police."

Initially profiles are pretty effective, Black said, but then the people being profiled modify their profiles. "Because the police are so dependent on them, they're not catching them."

He mentioned an article in the paper that talked about a group of housewives who had just been caught for smuggling drugs.

Housewives were chosen because they didn't fit the profile. He said that they were caught because somebody in the group attempted to recruit a new person, and that person reported them to the FBI. "Otherwise they'd still be going strong."

Black said that the American Civil Liberties Union (ACLU) believes use of profiles "is discriminatory in a very broad sense." Police don't have probable cause for stopping certain individuals except that they meet a certain profile.

Polly Nelson, from the Eugene branch of the ACLU, told about the use of "sweeps" near the college campus. "They seemed to target people with long dread-lock hairstyles, earrings and baggy clothes.

Is that legal? Neither Black nor the ACLU think it is. Black said they've initiated several lawsuits to stop people from using profiles.

Nelson says it is difficult to prove the facts in these cases, but records show similar instances in other locations.

Black and Nelson, who both work in college towns, say they receive a lot of complaints involving college students or young people.

So why, when Albany area police say they don't use profiles, does it seem like young people or college students are still targeted? Albany Police Department Lt. Phil McLain, says visibility is a factor. "When kids have to do something, express themselves or whatever, their private area is an automobile."

Nelson says the same holds true in Eugene. Crimes such as drug dealing and prostitution may go on behind closed doors in an affluent neighborhood, but, "if people don't see it, they don't get upset by it," he explained. "But if it's a homeless person panhandling or a college student jaywalking, it's right out there and they (the public) don't like it."

Black says, "In general what it comes down to is this—the officials in our system have discretion. At every level there is discretion; there's discretion with the police, there's discretion with the prosecutors, there's discretion with the judges."

How this discretion is used seems to determine whether or not our system is fair and just.

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#### ARTS & ENTERTAINMENT



#### Form and Figure

This photograph by Shannon Weber is among several student works on exhibit this week in the AHSS building.
Ceramic and photographic work by students of Jay Widmar and Rich Bergman are included in the show.

#### Umbrella debuts in May

The opening of the Eloquent Umbrella 1997 publication, LBCC's collective creative journal, will be on Saturday, May 17, at 7-9 p.m. at the Corvallis Arts Center, where writers will read their work.

The Valley Writers Series open mike of the Eloquent Umbrella readings will be on Wednesday, May 28, 12 to 1 p.m. in the College Center Board Rooms.

The Eloquent Umbrella goes on sale in May at the following locations: LBCC Bookstore, on main campus, LBCC Lebanon and Benton Centers, Grass Roots Bookstore in Corvallis, The Book Bin in Corvallis, the Corvallis Arts Center, an Rainbow's End in Albany.

For more information contact instructor Linda Smith at 541-753-3335.

#### Internet Intersection: Sites to See

**compiled by Cindi Fuller** of The Commuter

100 most popular web sites: www.hot100.com/

Games, games, games:

www.gamesmania.com/cgi-bin/default.exe?english/

Toongrams-cartoon postcards: www.toongram.com

The Main Quad-on-line greeting cards: develop.mainquad.com/flashcards.html

Great games and prizes: www.ridler.com/home.html

lokes:

www1.web21.com/jokes/

Live Concerts:

www.liveconcerts.com/

MTV on-line:

www.mtv.com

CBS Sportsline:

www.sportsline.com/

The Creative Zone-for musicians and designers:

www.creaf.com

The worlds top 1,000 web pages: wss5.websidestory.com/wc/world.html

# What do ANSWERS and FREE PIZZA have in common? You can get both WEDNESDAY APRIL 16th

Next Wednesday we will have four local pastors here to answer any questions you have about spiritual and religious things. We will also have free PIZZA for the first 100 people there.

Where: FORUM ROOM 104 When: WEDNESDAY APRIL 16<sup>th</sup> NOON-2:OO

Sponsored by Campus Crusade for Christ and Chi Alpha



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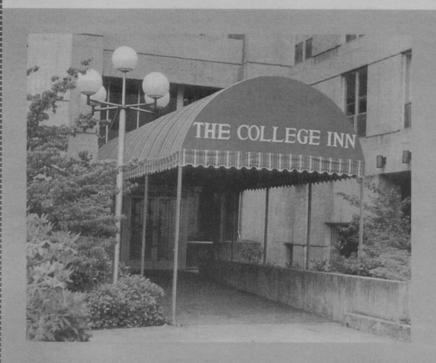
Meet John Nguyen, Peace Corps Agriculture Volunteer, Guatemala (1988-92) and learn more on:

> ~ Wednesday, April 9th ~ Information Table College Center–Commons Lobby, 2nd Floor 10:00 am – 3:00 pm

For more information, call John at 1-800-424-8580, press 1.

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#### **Coming concerts** and attractions

compiled by Cindi Fuller of The Commuter

- April 15, Ray Davies (of the Kinks), Aladdin Theater in Portland, Ticketmaster.
- April 26, Roots of the Blues which includes; Norman Silvester Band, Duffy Bishop, Paulette Davis & Sonny Hess, Sheila Wilcoxson & Backwater Blues, Jim Mesi, Bill Rhoades, Paul Brasch, The Golden Eagles with Mel Solomon. Crystal Ballroom.
- April 30, Ringo Starr and his All Starr Band including Peter Frampton, Dave Mason, Jack Bruce, Gary Brooker, Simon Kirke. Schnitzer in Portland,
- May 5, KISS, Key Arena in Seattle, Ticketmaster.
- •May 6, U2, Autzen Stadium in Eugene, Ticketmaster.
- May 14, Rush, Rose Garden in Portland, Ticketmaster.
- May 17, Rush, Gorge Amphitheater, Ticketmaster.
- May 25, Tina Turner, The Gorge in George, Wash., Ticketmaster.

#### At the WOW Hall in Eugene

- April 11, Floater, Petal at 9 p.m., Heavy Rock, \$7 at the door.
- April 12, Growers Market 25th Anniversary Celebration at 8 p.m., free ad-
- April 13, Pele, Juju at 8 p.m., World Beat, \$10 advance and \$12 at the door.

For more information contact Bob Fennessy at (541) 687-2746 or 687-2747.

#### At the HULT in Eugene

- April 9, Chef's Night Out at 6:30 p.m., in the Lobby, \$50/\$35
- April 10, SHOcase free noon concert presents the Eugene Ballet Company at 12:15 in the Lobby.
- April 12, String Trio of NY with Bang On a Can all-stars, provocative, sexy, loud, acoustic improv with a totally urban sound. Shows are at 7 and 9:30 p.m. in the SORENG, tickets are \$15.

For more information contact the HULT Center Ticket office at (541) 682-5000 or for 24 hour event information call 682-5746 and the e-mail address is http://www.hultcenter.org

#### At the coast

- April 18-19, Concerts by the Sea presents Loretta Lynn in Lincoln City
- April 19, Connie Hansen Garden-Rhodie Walk.
- Show at Depoe Bay.
- •May 3-4, Spring Kite Festival, "Dances with Wind," in Lincoln City.
- •May 9-11, Oregon Coast Cribbage

For more information contact Lincoln City at (503) 994-2164 or 1-800-452-2151.

#### At OSU

- April 9, "How Anti-Environmental Rhetoric Threatens Our Future," by Dr. Paul Ehrilich, Zoology Dept. at 7 p.m., for more information call 737-1562.
- April 11, "A Window to Paris," International Film Series at 7 and 9 p.m., Center for the Humanities, Gilfillan Auditorium tickets are \$3. For more information call 737-2450.
- April 13, India Night (cultural dances, dinner), 5 p.m. at the Memorial Union Ballroom. Tickets are \$8 for adults and \$7 for students. For more information call 758-8582.

#### ARTS & ENTERTAINMENT



Photo by Josh Burk

#### Till Death Do Us Part

They look happy now but it wasn't long before the bride mysteriously turned up dead in a dinner theater performance of "I Now Pronounce You . . . Murdered" in the commons late last term. About 140 turned out for the audience-participation play.

#### **Creative Connections**

compiled by Cindi Fuller of The Commuter

#### 'Showboat' opens in Albany

Albany Civic Theater presents "Showboat," directed by Ross Jackson. This classical musical spans a generation in the lives of river-boat showfolk in the turnof-the-century South. ACT's production is a play for the whole family's enjoyment. Shows will be April 11, 12, 18, 19, 25, 26 and May 1, 2, 3 at 8:15 p.m. Afternoon performances are on April 13, 20 and 27 at 2:30 p.m. Tickets can be purchased at Sid Stevens Jewelers 967-8140 and Rice's Pharmacy 752-7779. Tickets are \$8 for general and \$6 for juniors and seniors.

#### **Auditions in Albany**

Auditions for "Fortinbras" will be held at the Regina Theater on April 14, 15, 16 at 7:30 p.m. Scripts are available for checkout at the ACT mail room. There are 11 available parts for men and four women's parts. For more information, contact Tori Baur at 928-3513 or e-mail to tjbaur@aol.com

#### Jazz at LBCC

"Everything You Always Wanted to Know About Jazz But Were Afraid to Hear," • April 26-27, Classic Wooden Boat a jazz concert and lecture, will be held on Sunday, April 13, at 3 p.m., in Takena Theater. Tickets are \$5 at the door. For further information contact the LBCC Performing Arts Department at 917-4536.

#### **Portland Juggling Festival**

The largest regional juggling festival in America returns to the Reed College Sports Center on April 11-13 for its sixth year. There will be over 30 workshops on juggling and related circus arts, a dessert party, open juggling until 2 a.m., hourly door prizes and several professional prop vendors. Registration will be at the Reed College Sports Center, across the street from the Crystal Springs Rhododendron Garden on 28th Street. Doors open at 6 p.m. Friday, April 11, and at 10 a.m. on Saturday and Sunday. Daily passes are available. The Juggling and Vaudeville Extravaganza is the festival's peak event and will be at the Cleveland High School auditorium on Saturday, April 12, at 7 p.m. Tickets are available at the door or through Fastixx (503)224-8499. For further information, contact Festival Director Eric Bagai at (503)653-2614 or e-mail ejbagai@teleport.com. The festival web site is at http://www.teleport.com/~slc/pjf/

#### Artists exhibit ceramic sculptures and paintings

Artists Linda Brewer and Vince Carl will exhibit their ceramic sculptures and painting-collages from April 14 - May 2, in the Art Gallery, Room 100 in the AHSS building at LBCC. The exhibit is free and open to the public from 8 a.m. to 5 p.m. weekdays. A closing reception will be held in the gallery on May 2, from 6 - 8 p.m. For more information contact Patty Robidart, Gallery Coordinator at 967-7069-H.

#### 'Fooling Around With Words III' draws crowd to Benton Center

by Mary Hake

of The Commuter

"You'll never learn to write from reading books (on how to write). You learn from writing books."

That was the advice from Sara Backer, one of the writing instructors at the Benton Center's "Fooling Around With Words" annual workshops for writers last Saturday. About 75 people attended the seven three-hour classes taught both morning and afternoon by professional writers from the Corvallis area.

Backer's session, entitled "Make It Through the Middle," helped participants analyze why their writing falters in the middle of a fiction piece. She said this is because writers are UFOD: uncommitted, frustrated, overwhelmed and/or discouraged.

Backer explained that a writer must determine how much structure is necessary to be most productive. A serious writer needs to be a workhorse, not a racehorse, she said.

According to Backer, there are three reasons why writers may be uncommitted. They are too busy, with other priorities taking precedence over their writing time; they are lured away by the next idea, which is usually no better than the current one; or they think ahead to rejection, which keeps them from pushing themselves to go further, to take risks.

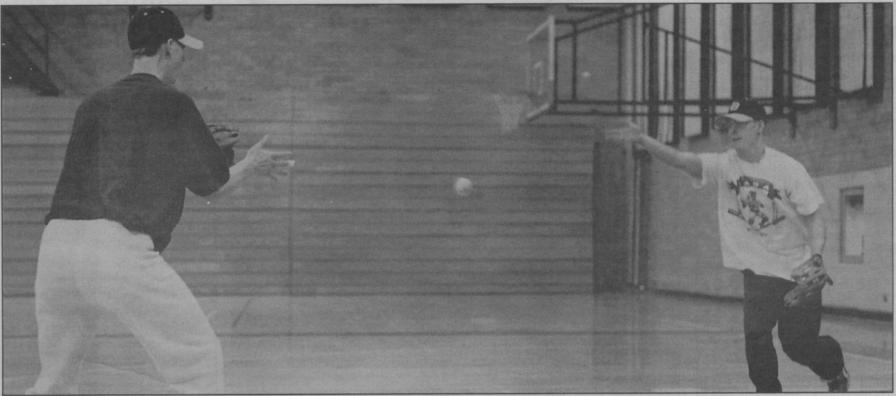
"If you aren't making mistakes with writing, you're not writing well," she

Backer, who has a master's degree in creative writing from the University of California, has taught many courses there and at Shizuoka University in Japan. She said, "Writing stories and novels is not a commonplace pursuit, not a hobby like collecting stamps; it is an art," she said. "Art is special."

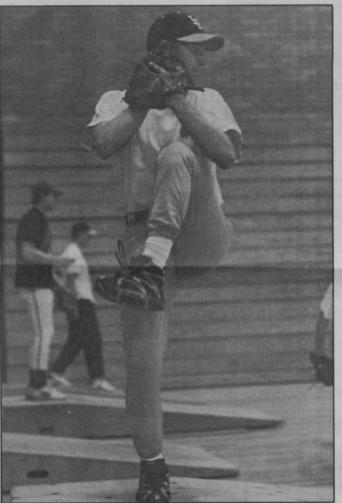
Other workshops offered were:

- "Writing Deep Fiction" by Gregg Kleiner, a graduate of the U of O School of Journalism and author of "When River
- · "Finish It" by Dr. Dorothy Mack, who also teaches Intro to Writing and Write Your Life Story for the Benton Center spring term.
- "Put on the Editor's Hat" by Anne Warren Smith, a well-published author who is also teaching a 10-week Fiction/ Nonfiction Workshop and two Saturday seminars, From Character Comes Story on April 19 and Write the Personal Essay on May 3 at the Benton Center.
- "Writing From Your Funny Bone" by Sue Ann Walker, who helped students gain a fresh perspective by using writing tools as a cartoonist would.
- "Real Poets Read Pulp: An Intro to Tabloid Lit" by Jessica Lamb, who has a master's degree in comparative literature from Stanford and who helped create a series of oral histories for The Oakland Reader. She also teaches Interviewing, A Writer's Art at the Benton Center this term.
- "Poetry and Healing" by Susan Spady, the 1993 William Stafford poet. She said poems are often written to express pain, to show life. "The poem, in a way, becomes a vehicle for recognition," she explained, adding that over the years the poem becomes less important and the writing more important.

#### SPORTS PAGE



Jake Williams awaits the quick toss from Robbie Hollister as the infielders practice taking ground balls and turning double plays in the gym.



Right-handed pitcher Ryan Scroggins begins his wind up from the wooden pitching mounds used for indoor practices, while southpaw Jason Hall finishes up his pitch in the background.



Sophomore catcher Neftali Aguiar takes a solid cut during batting practice while freshman outfielder Barry Banville awaits his pitch. In rainy weather, the team sets up cages in the gym to get in their cuts.

# Caged 'Runners

Bad winter weather forces the Linn-Benton baseball team to take practice indoors, resulting in a rough start this spring season

The Roadrunners were able to take infield and hit against live pitching only once during the rainy winter term before playing the first two games of their road trip against Walla Walla Community College two weeks ago.

Needless to say, a rusty bunch of Roadrunners lost the doubleheader by identical scores of 4-2. They then got shut out in their next game against Columbia Basin Community College 6-0, but finally broke out the bats to dominate the second game 18-7.

However, that win came at great expense to coach Greg Hawk, who had promised the team that if they won he would do their laundry

The 'Runners later lost 13-5 to Blue Mountain Community College in Pendleton, which gave them a 1-4 record for their spring break road trip to eastern Oregon and Washington.

But LBCC proved themselves to be the "comeback kids" when they returned home to

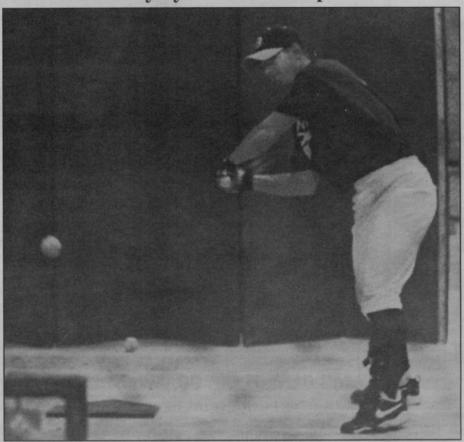
The Roadrunners were able to take infield face a three-game series with Tacoma last ad hit against live pitching only once during week.

Linn-Benton held a lead most of the way in the first game until Tacoma scored three in the top of the eighth inning to tie the game at 5-5. Then with the bases loaded, the Tacoma pitcher balked the winning run in.

In the doubleheader the next day, LB fell behind early in both games, but behind some strong hitting, the Roadrunners staged a comeback and won the first game 7-4. In the second game, the Roadrunners were scoreless until the seventh inning, when they came back from four runs down to tie the game. And when Tacoma scored three more in the eighth, the 'Runners came back again, tieing the game at 7-7 before it was finally called because of darkness.

LB ended the spring break preseason with a 4-4-1 record before opening the regular season at home against Chemeketa.

#### Photos and story by Shawna Phillips



John McManus focuses on the advancing ball and starts his swing during batting practice late last term.

#### SPORTS PAGE

#### hawk squawk box

"You've got to be outside to experience the game, and we



weren't outside very much. If you're not outdoors, it's hard to be in rhythm early."

—Gregg Hawk

# Five track athletes qualify early

by Shawna Phillips of The Commuter

At the end of the first week of the spring term, five tracksters had already qualified for the NWAACC Championship meet.

Four of the athletes qualified at last Saturday's Willamette University Invitational in Salem. Kyle Sherrod qualified in the 100-meter with a time of 11.03; T.J. Pinkston qualified in the 110 hurdles with a time of 15.72; Rich Stauble high jumped a lifetime best 6-5 to place sixth and qualify; Matt Phillips pole vaulted 15-0 to qualify finishing second overall.

"I think we're about where we expected to be. We have a lot of people who have qualified for the Northwest Championship already," commented Coach Brad Carman. "I expect a few more. Matt Phillips should qualify relatively quickly in the vault. Rich Stauble has really come along, and Kyle Sherrod has really surprised and impressed me."

At the LBCC Multi-Event over the break, James O'Kane finished second out of six competitors in the decathlon, with a score of 5,922, to become the first one to qualify for the decathlon and the high jump. Josh Bjornstad was the only other Roadrunner to compete in the decathlon, and he is expected to make it as a near qualifier. He finished fifth, scoring 4,676.

O'Kane also won the long jump, shot put and javelin events, while Bjornstad had personal bests in the long jump, high jump and shot put. They also tied for first place in the 100-meter dash.

"I'm hoping the decathletes step up their second day. Their training's been going well, so I expect a better second day than what we had at the qualifying meet. If that happens, they both should be very competitive," Carman said.

Toward the end of the break, LB competed in their first league meet, the Southern Region Preview at Clackamas. Although no team scores were kept, Linn-Benton finished in the top five in five events. Melissa Gale, the only Lady 'Runner to place in the top five, came in third in the javelin throw with 124-1.

For the men, Stauble finished first in the high jump with a mark of 6-4. Sherrod placed in the top five in both the 100-meter dash (second) and the 200 meter (fifth). The men's 4-x-100 relay team, consisting of Sherrod, Stauble, Ryan Grant and Dan Grissom, finished third with a time of 43.3.

"In general I was pretty happy. There were only two or three events where we didn't do well," said Carman.

This weekend the team will be attending the Mt. Hood Relays in Gresham on Saturday.

## Roadrunners jump out to 4-1 league record

by Shawna Phillips

of The Commuter

Relief pitchers Dan Bowers and Mickey Lydic combined with some late hitting and a little fence rattling to save the day for the Roadrunners last Saturday in a doubleheader at Southwestern Oregon Community College.

"We got behind in both games to come back in a flurry," Coach Greg Hawk commented. "I thought that the emotion of our bench and their attitude and their ability to make a little noise and get players fired up midway through both those games made a difference."

In Game 1, starting pitcher Brian Fauth gave up only two runs, but the 'Runners couldn't get their bats hot until the seventh inning, when sophomore Omar Cepeda hit a solo home run, his second of the year. In the eighth John McManus hit a double to left, scoring Craig Pfeifer, and was followed by Robbie Hollister's RBI single. Barry Banville then walked and Domingo Amaya drove in the last two runs of the inning for the 7-2 victory.

Robbie Hollister went 3-5, and Amaya was 2-4, with two RBIs. McManus added two doubles and two RBIs.

Game 2 started out even worse, as new pitcher Robbie Greenawald gave up five runs in the first two innings. Lydic then took over and dominated the Laker offense, holding them scoreless the rest of the way and allowing LB to stage another comeback. The rally started in the fourth when Banville singled and Cepeda got on with a fielder's choice. Roger Sebastian and Chris Burton then drove both runners in. LB scored four more in the fifth to take the lead. With Amaya and Sebastian on base, Burton singled into left center. While Amaya scored easily, Hawk took a chance and waved Sebastian in. Although the throw was good, Sebastian slid around the tag to score what turned out to be the winning run.

LB won the game 6-5, with Robbie Hollister, Amaya and Banville going 1-3. Burton was 1-2 with three RBIs.

"Danny Bowers and Mickey Lydic both threw outstanding baseball. I think that'll give them a good shot in the arm as far as moving up the ladder and looking for some quality league starts," said Hawk of his winning pitchers.

Exactly one week earlier, the 'Runners pulled out a sweep against Chemeketa in their league opener. In the first game Linn-Benton belted out 14 hits including two doubles (Banville and Neftali Aguiar), one triple (McManus), and a home run (Cepeda) to give Brannon Cedergreen the 11-6 victory.

In game 2, it was all Linn-Benton pitching, as the Chiefs were held scoreless by winning pitcher Fauth, and Bowers, who earned the save. Jaime Hollister went 1-3, scoring two

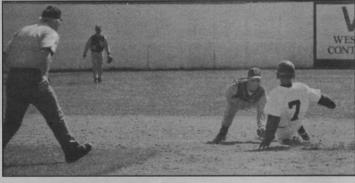


Photo by Shawna Phillips

Sophomore Jamie Hollister puts the tag on a Laker trying to make second base in Saturday's doubleheader.

runs with one RBI. J.J. Walker went 1-2 and scored one run.

"We made them play defense and put the ball on the ground. When you make them play defense, then you have a chance to win," Hawk said.

LBCC's only league loss came last Tuesday when they traveled to Mt. Hood. It was a true pitching duel as Cedergreen and the Saint's starting pitcher went head to head. Both pitchers held the offenses scoreless until the eighth inning, when a Saints batter took one pitch from Cedergreen and drove it out of the park. Despite striking out 13, Cedergreen suffered a heartbreaking 1-0 loss.

"We didn't swing the bats very well," admitted Hawk. "In college baseball you've got to score runs, at least one run, to win games and we didn't do that."

The only extra base hit for LB was a double by Cepeda.

In non-league action the 'Runners traveled to McMinnville to play two games against the Linfield J.V. team last Thursday. Hawk used those games to take a look at his pitchers, and despite the 2-for-4 offensive efforts of Adam Gudger and McManus, the Roadrunners lost 5-4.

A scary moment came for the Roadrunners as Pfeifer, a sophomore outfielder, collided with the fence as he was chasing a fly ball. Luckily, he only had a mild concussion, but because nobody else was near Pfeifer when the accident occurred, the Linfield hitter ended up with an in-the-park home run in the 3-1 loss.

The Roadrunners, with a 4-1 league record and 7-7-1 record overall, will be on the road this week. They travel to Clackamas for a makeup doubleheader and then to Lane on Saturday for another twinbill. Both begin at 1 p.m.

#### jock in the box



Who: Brannon Cedergreen

What: Sophomore Pitcher

Recent Highlights: Against Mt. Hood last week he threw 13 strike outs and gave up just one

Stats: 2-2 record, 2.74 ERA, 30 strikouts.

Sports Hero: Sandy Koufax Worst Sports Moment:

"I was playing on the Senior Babe Ruth team, and we were in the Northwest Regional Championship game. I was supposed to pitch that day, but I didn't end up getting to. I warmed up for about three innings in the bullpen and never got to pitch. We ended up getting 10-runned in the championship game."

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**YWCA Camp Westwind** is recruiting staff members for a one-week camp. The camp will be held June 15-21, at Camp Lane on Highway 126. Information packet is available in the Career Center at T-101.

Willamette National Forest has temporary employment opportunities in the following areas: Senior Community Service Employment Program (SCSEP); Youth Conservation Corp (YCC); Student Temporary Employment Program (STEP); Applications accepted through local State Employment Offices, or participating offices. Also students may be recruited through their counselling offices. For more information, go to the Career Center, Takena Hall or call 917-4780.

The City of Lake Oswego Parks and Recreation dept. is now accepting applications for the Summer Day Camp Program and the Swim Park. Day Camp employees are responsible for planning activities for children ages 4 to 10. Positions include Leaders and Aides. Swim Park positions include Lifeguards and Head Guard, responsible for overseeing operations and supervising guarding staff. For more information go to the Career Center, Takena Hall or call 917-7480.

Northwest Youth Corps (NYC) is a summer education and job training program for high school youth ages 16-19 and are now offering jobs as Assistant Crewleader and Crewleader. Summer camp is from May 29 or June 6-Sept. 1; and Fall camp is from Sept. 7-Oct. 12. For more information go to the Career Center, Takena Hall or call 917-4780.

Camp Zanika Lache, representing Camp Fire Boys and Girls is hiring for Counselors, Unit Directors, Life guards, and many other positions. For more information go to the Career Center, Takena Hall or call 917-4780.

EXCELLENT PAY. APPLY NOW FOR SUM-MER WORK. Seeking Manufacturing Field Service Technicians to perform residential roof repair and recoating from about May 1 to Sept. 12, 1997. Starting dates in June also available. Pay-\$10.00-\$12.00/hour. Opportunities for overtime. Must be willing to travel throughout NW for extended periods. Company pays during overnight travel for approved expenses for room/board and meals. Strenuous activity, heavy lifting, heights and long hours. Pre-employment and random drug tests required. Previous roofing, construction or painting experience preferred. APPLY NOW! To request a job application, call (541) 928-6397 or mail your resume to: American Cemwood, ATTN: Human Resources (MFST) 3615 Pacific Blvd. S.W., P.O. Box C, Albany, OR 97321.

Mt. Hood Kiwanis Camp Program is an outdoor recreational facility which serves children, youth and adults with disabilities. They are now recruiting counselors for the 1997 summer camp. Participating counselors may earn six undergraduate or graduate practicum credit hours through Portland State University while gaining valuable personal and professional experience working with a wide range of individuals.

Agri-Tech Inc. of Oregon is advertising for approximately 20 Summer Seasonal positions. The jobs that are currently open are as follows: Tractor Operator, Loader Operator, and Site Lead.

The Chicago Botanical Garden will begin its selection process to fill positions for the 1997 Internship Program in late March. See information in the Career Center.

New jobs waiting for You! You will find new employment opportunities waiting for you every week at the Career Center in Takena Hall. There's something for everyone. You will find part-time ful -time, workstudy, cooperative work experience (CWE) and internships. With summer coming up fast, you will need to start looking for information on the summer jobs including those at resorts and camps— why not enjoy the summer while working! Some of the new openings waiting for you are: Clerical Specialist, Medical Transcriptionist, Service Technician, Chairside Dental Assistant, Dishwasher,

Cashier, Grill Cook, Mechanical Drafter, Drafting Technician, Engineering Aid, and Office Supply Management Trainee. Check us out between classes—the Career Center is on the first floor of Takena. Let us help **you!** 

#### **SCHOLARSHIPS**

Transportation Assoc, of Portland Scholarship. Eligibility: full-time, minimum GPA 2.75 & field of interest in Transportation/Distribution/Logistics, Deadline: April 25 1997. Applications & add'l info. in the Career Center in Takena Hall.

Zonta international scholarship. Eligibility: Women currently enrolled at LBCC or Oregon State. Up to eight \$1000 awards given. Applications & additional info available in the Career Center in Takena Hall. Deadline: May 1, 1997.

Three \$500 scholarships are being offered to students attending Pacific Northwest two-year colleges. These scholarships are intended for students whose training will lead to or enhance a career in public water supply. Application deadline is April 14, 1997. Applications are available in the Career Center in Takena Hall.

Japanese Studies Scholarships are being offered through the Consulate-General of Japan. These scholarships provide selected students with a monthly stipend of 142,500 yen, transportation to and from Japan and university tuition. Dates of study are Sept. or Oct. 1997 to Aug. or Sep. 1998. Language proficiency required. Deadline April 16. Please go to the Career Center in Takena Hall for more information.

\$500 Scholarship prize awarded by the American Merchant Marine Veterans for the best 8-to 10-page essay on the role of the U.S. Merchant Marine during WW II. For rules and format information please go to the Career Center in Takena Hall. Deadline: April 15, 1997.

Applications are being accepted for the Clifford J. and Grace M. Taylor Scholarships which are available to students enrolled full-

time in a medical or engineering related field of study. The award shall cover tuition, books, and fees. Applicants must be a U.S. citizen and Oregon resident. Deadline: April 15th. Go to Career Center, Takena Hall.

#### FREE MONEY FOR COLLEGE!

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#### FOR SALE

HP 48G Calculator - Barely used one term, \$85 OBO. Call 924-9382. Please leave a message if no one picks up.

1990 Pontiac Lemans, 2-dr HB, Red w/grey cloth interior clean; runs good, excellent gas mileage, 4 spd, good tires, custom rims, 75 K miles, great fast car! must sell \$ 2,500 541-924-0584.

1983 Volvo GL Diesel, 4dr.Sdn, 151 K miles, 4 spd. w/overdrive, 27-30mpg, AC, Sunroof, PW, PDL, PS, well maintained, runs excellent, needs tires, must sell \$2,000 541-924-0584.

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#### **MISCELLANEOUS**

FREE 1997 SUMMER BULLETIN! Oregon State University Summer Session. Open enrollment-no admission requirements. Phone registration begins April 17. Many four-week courses offered. Call today for free bulletin-1-800-375-9359 or 541-737-1470. Or check the latest on the Web: http://osu.orst.edu/dept/summer.



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# SUMMER SCHOOL FOR PEOPLE ON THEIR WAY TO THE TOP.

If you didn't sign up for ROTC as a freshman or sophomore, you can still catch up to your classmates by attending Army ROTC Camp Challenge, a paid six-week summer course in leadership training. By the time you graduate from college, you'll have the credentials of an Army officer. You'll also have the discipline and self-confidence it takes to succeed in college and beyond.

ege and beyond.

Find out more. Call Captain Wirth at (541) 737-3511.



#### Criminal Justice Careers Day April 17, 1997

Are you interested in a future in Law Enforcement, Correction, Parole and Probation, or other criminal justice fields? Western Oregon State College invites you to Criminal Justice Careers Day — a one day program allowing you to investigate educational and employment opportunities through workshops and a career fair hosting over 40 criminal justice agencies.

The program begins at 9:30 am and concludes at 3:30 pm. Please contact the Office of Admissions at (503) 838-8211 if you have questions or to register for this program

Western Oregon State College (503) 838-8211 V/TTY

#### pete petryszak

# Watch your wallet; here comes the IRS

Tax time is here again. It's a curious thing that in the USA, where patriotism and pride in our form of government are present in virtually all sectors of our society, the revenue collection that funds that government is hated like it is. Certainly, anything that takes money out of our pockets isn't likely to be too popular, especially when we can't find anything it's been used for that we like.

Getting hit with a big tax bill after finally landing that dream job and taking home what looks like a healthy paycheck is like a punch in the gut. And the mere fact that we have to open up all of our financial records for the government to peruse is intrusive. Add to this the fact that the IRS can audit you at any time, and that the agency, which happens to be adjudicating a dispute between itself and you (a slight conflict of interest?), will in all likelihood find you to be in arrears. It's no surprise that the IRS and taxes in general are so universally despised.

Taxes are now so loathed that policy debates are often short-circuited by debates over how to pay for all the wild and wonderful things the government wants to do for us. In many cases I think it's better for the legislators to do nothing rather than put their latest, greatest idea on our tab. However, for the infrequent times when Congress or a state legislature actually puts together a worthwhile program, I wouldn't like to see them aborted by lack of resources.

Reforming the tax code is essential to getting our government to function as it was designed. How can a government of, by and for the people work when the people can't stand paying the bill to operate that government, particularly at times when there is widespread disagreement over what we should be buying with our money.

I have a couple of ideas to make taxes less painful. The first would be to let taxpayers check off which agencies or departments their taxes would go to. If a taxpayer didn't want to bankroll the NEA or the CIA, he or she wouldn't have to. And if an agency didn't get the money it had budgeted, tough luck. Agencies or departments that build up a surplus could expand or pay into a trust to pay down the national debt.

My other idea is to scrap the tax code entirely and, when Congress builds its budget, it would have to pass a new tax for each program. Taxpayers could then see what percentage of their tax dollars were going to various areas of government, like defense, welfare, law enforcement, education, highways and the rest.

The reservation some government leaders have about tax reform is that the new code would fall shorter than the current one in meeting the government's bills. Given the size of our debt, though, it doesn't seem that important. We're already \$5 trillion in the red. Our national debt will be with us for at least the next 100 years. What difference does it make if next year's budget falls \$300 billion short instead of \$100 billion?

I think it's time to step back from our tax laws and build a new system from scratch. It seems obvious that the current system is so unpopular that it is getting in the way of debates over the real issues. It doesn't make sense that a government established to serve the people be so roundly disliked due to its tax-collecting bureaucracy. The mere mention of the IRS is enough to raise some people's blood pressure, so why not revamp the system and present it to the taxpayers under a new name? In today's anti-tax climate, any change would probably be considered an improvement.

#### letter

# Student wants to see LBCC faculty and staff in the spotlight

To the Editor:

I would really like to see an article in each Commuter that spotlights one of the professors or staff here at LBCC. I believe this would introduce the instructors to the students and familiarize students with who's who. I also feel the part-time staff should be spotlighted. There are many very good qualified instructors that only teach one or two classes. I'd like to see this. It would have helped me as a new student.

Tracy Bohna

#### OPINION PAGE



#### commentary

#### Don't spit in my path, and I won't spit in yours

by Denise Magee

for The Commuter

Whatever happened to good old-fashioned manners and the rules of etiquette?

As members of community sharing space with other people, we are bound by a code of conduct. We are taught by our parents and teachers as young children what is acceptable behavior and what is not.

Being a responsible citizen goes beyond mere pleasantries and polite interactions. A conscientious citizen doesn't throw his trash on the ground, let his dog run loose, engage in activities that create excessive noise or spit on public sidewalks. David Morris, vice president of the Institute for Local Self-Reliance wrote an article in the Utne Reader titled "The Civility Wars." He says that a survey conducted in 1996 by U. S. News and World Report "found that nine out of 10 Americans consider incivility a serious national problem; half deem it a very serious problem."

I know that spitting on the ground is not the most serious issue of incivility facing our nation today, but I do regard it as an uncivilized and uncouth act. As I walk through the campus at LBCC dodging offensive globs of goo, I find myself more than a little peeved.

At the risk of making a sexist statement, I have observed that the majority of the "spitters" on campus are male students.

This is not to say that women don't spit on the ground, just that I have never seen them doing it, nor have I ever witnessed a professor spitting on the ground. This is not a scientific study; these are merely my own personal observations. I have heard testimony from other female students who have also seen male students spitting on the ground, sometimes right in the very path they were walking in.

Tammy Ames, a fellow student and a member of the women's volleyball and basketball teams here at LBCC, says that there is an area in the gym where male students spit on the floor. She tells of having to retrieve balls that inadvertently roll into this land of ooze and macho mucus. Yuck! Not only is this gross, it is also unsanitary. Why should our female athletes or anyone using these facilities have to put up with such Cretan behavior?

The burning question is, why do they spit?

I have to admit I didn't have the courage to approach a "spitter" and inquire. It may be due to the politeness bred into my personality not to ask rude questions, or maybe I feared they would become angry and spit on me.

Whatever the reason, it leaves me to make my own assumptions. Is there a biological need to spit, or is it simply a show of machismo? I understand when one is suffering from a cold that coughing up phlegm is common and probably necessary. One can discreetly use a Kleenex or handkerchief or avail oneself of the use of a restroom.

With exception to the common cold, I have to say that I have never felt the need to spit and I have never been compelled to spit on the ground.

I am sure I must cut a comical figure picking my way across campus, veering right then veering left, hiphopping over gelatinous globs of goo. I feel like a soldier caught in a minefield trying to avoid taking that fateful step. I find myself searching for dry land, each dry patch an island in a stream of loogies.

Making foot contact with one of these globs is like stepping barefoot on a slug on a warm summer's evening. In each instance you are faced with the unpleasant task of ridding your foot of this gross attachment.

Admittedly I write this tongue in cheek: spitting is one of the minor issues I face during my day. But I wonder if it is not the beginning of some larger issues. When we start to disregard our surroundings and show a lack of respect for our environment, I wonder if our disregard for people is not far behind.

In her book "Miss Manners Rescues Civilization," Judith Martin "sees the downfall of civilized societies coming from a lack of courtesy." Perhaps my main concern is for the loss of consideration for other people we share our lives with.

If we cannot give simple respect to each other, we have lost the ability to honor one another and, most importantly, ourselves. Taking pride in oneself and one's surroundings is the first step toward respecting another person and their rights. An infringement on one person's rights is an infringement on the rights of all of us.

Caring about the sensibilities of other people and conducting oneself in a seemly manner is a sign of maturity. We could all benefit from an increased awareness of the rights and feelings of those around us. If we remain accountable for our actions and the impact they have on other people, we could live our lives with far fewer conflicts.

#### FXPRESS YOURSELF

Readers are encouraged to use The Commuter's "Opinion" pages to express their views on campus, community, and national issues. Submissions may be in the form of letters to the editor or, for topics that require deeper analysis, guest columns. Letters should be no more than 250 words, and will be edited for grammar and spelling. In order to confirm the authorship of letters, they must be signed, with phone number and address included (phone numbers and addresses will not be published). As general policy, The Commuter will not publish anonymous letters to the editor, although the editor reserves the right to make exceptions when conditions warrant. Readers who wish to submit guest columns should contact the editor in advance.

# If you want to get your A's you need your Z's

by College Press Service

ITHACA, N.Y.—More than 80 percent of college students report that they "power nap," according to a Cornell University survey.

survey of 802 Cornell University under graduates found that 81 students say they take at least one nap a week to help restore their mental and physical powers.

To sleep researcher and long-time nap advocate James B. Maas, a professor of psychology in Cornell's College of Arts and Sciences, that's good news. He says too many students still fail to acknowledge their need for sleep.

In fact, he's such an advocate of getting enough shut-eye that he spends an entire

three and a half weeks of class time in his introductory psychology class lecturing about the importance of sleep.

"We need three things to stay alive and healthy: nutrition, exercise and—no matter what shape we're in-adequate sleep. We must educate people about their own sleep needs, which

usually are underestimated," the psychologist said. Last fall Maas surveyed his Psychology 101 class, which, with 1,300 students each semester, offers a reasonably representative cross section of the university's 13,300-member undergraduate student body, he says.

verall, 81 percent of students said they take at least one nap a week; 17 percent reported napping at least four days a week; and 17 percent said they never napped.

Maas, who claims to have coined the term "power nap" for the 20-minute snooze that leaves nappers more productive, says college students, on average, get less than seven hours of sleep a day.

Maas says about a third of Americans somehow survive on fewer than six hours of sleep. That's far

less than the American norm of 10 hours a day in the 1800s, before Edison invented the electric light bulb and people stopped going to bed when it turned

"It may be that 10 hours of sleep a day is normal for human beings; certainly most of us function better with at least eight hours," Maas said.

ara Murphy, a University of Miami junior, says she pays a price if she doesn't get her eight hours of sleep every night. "If I don't sleep I get headaches and I get grouchy," says Murphy, who also likes to take a half-hour nap during the day.

For college-age students who are tempted to

drink and drive with inadequate sleep, the Cornell psychologist cites a recent finding: A driver who consumes one beer on five to six hours of sleep is just as impaired as an eight-hour sleeper who drinks a six-pack.

"When drowsy drivers say, 'I don't understand—I only had one drink,' they may be telling the truth," Maas said. "But they're failing to recognize the effect that insufficient sleep has on our minds and bodies."

Cornell sophomore Susan Goodman says she thought she was Superwoman—able to get by on two hours of sleep at night and still get good grades. "I was sure I had my body fooled," Goodman said. "Yes, I was tired and yes, I wasn't feeling top notch, but I was doing well. Then I crashed."

aas said while it's possible to live with a sleep deficit for a while, the body can't sustain that way of living for long. "Sooner than we expect, our bodies have a way of collecting that sleep debt, and the results can be disastrous," he said.

Mike Homel, a Miami sophomore, agrees. "I missed an exam once because my alarm won't wake me up if I don't get enough sleep," he said.

by Lance Dunn

to bed at the same time every night, including weekend

> · Get enough sleep every night to be fully alert al day.

• Get up at the same time every morning, without an alarm, seven days a week.

 Remember, sleep debt is a like a bank account. Put back what you take out.

• If you are unable to get enough sleep at night, take a 15- to 20-minute "power nap" when you feel drowsy in the afternoon.

· Avoid alcohol within two hours of bedtime.

Stop smoking.

 Reduce caffeine intake from coffee, sodas and chocolate after 2 p.m.

Exercise and eat a proper diet.

• Be sure your bedroom is quiet, dark and

 Periodically check the level of comfort and support of your mattress and pillow.

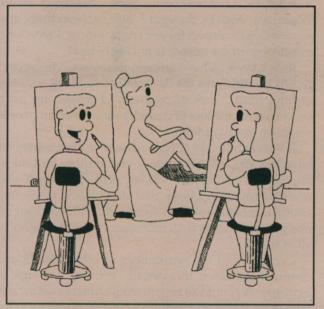
 Create a relaxing atmosphere in the bedroom, free from stress and tension. Make your sleep area your sleep area. Avoid studying in bed.

 Take a hot bath or do stretching before bedtime.

• If your mind is focused on work and worries at bedtime, write down your concerns on "worry cards."

 Develop a ritual of reading for pleasure before you turn off the lights each night.

#### **Reality Bites**



Something tells me my parents ain't gonna put this one on the fridge.



Uh . . . . . Coffee?

Pidn't get all your classes this quarter? Not to Worry Everything you need to know can be learned in the privacy of your own derm

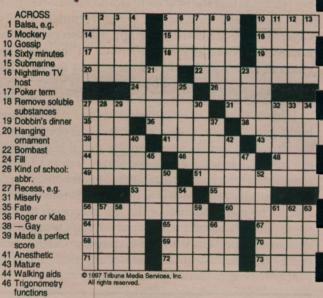








#### Weekly Crossword



7 Crowd noise 8 Hidden treasure 9 Merman and Kennedy 10 In flower 11 Shakespearean king PARTIES SINES SEN TO THE CHORN SEN THE CHORN SE

king
12 Against
13 Pear
21 Diner sign
23 Head: Fr.
25 Gives off
27 Location 28 Regional 29 "—'clock schol-

69 Design transfer 70 Tins 71 Collar 72 Playground item 73 Son of Seth DOWN 1 Huh?

41 Anesthetic 43 Mature 44 Walking aids 46 Trigonometry functions 48 - Francisco

49 Ran away to

wed 51 Toasted breads

55 River in France 56 Lunch 60 Prizes

64 Alphabet run 65 Devastating

weapon 67 Writer Ephron 68 Danny De —

friendly) 4 Formal

2 A Chaplin 3 On the — (not boredom 37 A Fonda 40 Look to one for help 5 Kind of job

30 System of moral conduct 32 Scandinavian 33 Feel malicious pleasure 34 Shows signs of

cles 45 Line of junction 47 Duck 50 Fears 52 Strut

54 Tag 56 Church part

LEACH OATS 42 Like many arti- 57 Newspaper

58 Eight: pref. 59 Sites 61 Horse 62 007 movie 63 Back talk 66 Demented