

Sunday

Laughter is the sun that drives winter from the human face. -Victor Hugo

Source: Weather.com

PAGE TWO

OFF BEAT

Hey! Let me go! Stop!

A businessman was sitting on a toilet in the men's room in a Tennessee office building doing his business when a robber got down on the floor, stuck his head under the stall door and demanded money. The businessman refused. So the robber grabbed the guy by his ankles and started pulling him out into the main area, ripping his trousers in half in the struggle. The robber ran off with the left half of the pants, which contained the wallet. Fortunately, the man kept his cash in his right front pocket.

Maps are for sissies!

The Chinese captain of a tanker full of highly explosive jet fuel calmly proceeded up the English Channel the wrong way as dozens of other boats scattered frantically from his path to avoid a head-on collision and certain death. A French Coast Guard patrol aircraft informed him via loudspeaker of his error. The captain had to be directed to the correct lane as he had no maps.

Intentions were good

A man in Lock Haven, Pa., was in debt to his bail bondsman who got him out of jail after he was charged with burglary. The man had to pay up or go back to the slammer, but he didn't have the money. So he robbed a bank.

Needing some love

For the past year, a well-dressed, middle-aged man has been strolling around Toronto striking up conversations with unsuspecting young women before suddenly and forcefully hugging the ladies and kissing them on the lips. He was finally arrested. Det. Sgt. Dave Perry said, "I don't know why he was doing this."

Time for the zoom

A cameraman filming a women's volleyball match in Rome was focusing on body parts that had nothing to do with the game. The ladies complained. The referee warned him to stop it no less than four times, then threw him out of the arena.

-From KRT News

Pizza and root beer Saturday

The LBCC Intramural Recreation Team will sponsor a Pizza Mugger Social after the home games against Clackamas Community College on Saturday, Feb. 23 at 8:30 p.m. in the Activities Center Gym. The event is an alcohol awareness night featuring free pizza and root beer, plus music and fun. Pepsi-Cola of Corvallis sponsors the Mug Root Beer Garden.

The company donated four cases of root beer to Student Life and Leadership's Intramural Recreation Team in support of the team's efforts to promote healthy choices regarding alcohol and other drugs. The event is open to the public. For more information, contact the Intramural Recreation Team Coordinator Amy Willis at 917-4463.

Banquet tickets on sale

On Friday, March 1, the Culinary Arts Department will be hosting a Winter Banquet. The theme this year is "A Prelude to Spring" and will feature a dinner of prime rib. It will be held in the Commons, starting at 6 p.m. at the cost of \$19.50 per person. The menu is as follows:

Appetizer: Three cheese platter w/fresh fruit, served with a glass of 2000 Bellfountain Cellars Dry Reisling. Salad: Couscous served with baby greens and a Champagne vinaigrette. Entree: Herb-rubbed Prime Rib au jus lie w/ twice baked potato and vegetable bundle, served with a glass of 2000 Robert Mondavi Central Coast Private Selection Merlot. Dessert: Chocolate espresso cheesecake with a raspberry sauce.

Tickets will be available for sale Monday, Feb. 11 at 9 a.m. in the Conference Services office, room CC214. Payment is due upon reservation. Or call Laurie Chang at 917-4391 with credit card reservations.

'Negritude' poetry reading

Chris Gray, an African-American and African-Caribbean poet, who lives and works in Corvallis, will read African poetry next Wednesday, Feb. 13, from 11 a.m. to 11:50 a.m. in the Fireside Room. He will



speak about the "Negritude Movement" that began in France and spread to French-speaking Africa and Caribbean islands. He will read poems by poets who were part of that movement or influenced by it. Sponsored by the Valley Writers Series.

Valentine poetry reading

Please join Jane White, Jane Donovan and AAWCC for a romantic reading of love poems on Thursday, Feb. 14 from noon to 1 p.m. in the Siletz room. This program is brought to you by AAWCC. A soup and roll lunch will be served. The cost is \$1.50 for members and \$2.50 for non-members.

Wacky Wiffle Ball today

Come play a game of Wacky Wiffle Ball today, Feb. 13, from 3:30 - 5 p.m. in the Activities Center Gym. There will be food, raffle prizes and fun. Come in a team of four or more and receive extra raffle tickets. Fit and Fun Dollars will be awarded to all that participate. Help beat those winter blues by joining other staff for a game of Wacky Wiffle Ball!

High school preview night

Linn-Benton Community College's Preview Night will share information with parents and high school students who are trying to make decisions about college.

Monday, Feb. 25, from 6 p.m. to 8 p.m., students and their parents are invited to a series of workshops designed to help them make sound decisions about college and careers. Participants will learn how to finance a college education, will visit with an academic advisor and participate in a campus tour. Information will be available about

the LBCC/OSU Dual Enrollment program. Students can find out how to earn college credit before high school graduation, and discuss summer-school options for getting a head start on college.

To register by phone call 917-4490, or register online at www.lbcc.cc.or.us/openhouse. The event starts in the Commons Cafeteria on the second floor of the College Center Building.

Children see sharks

The Oregon Coast Aquarium is hosting a day camp for children ages 7 to 11, and it's all about sharks. The P.D. Shark Day Camp, named after the Aquarium's P.D. Shark Kids Club, will be held March 27, from 9 a.m. to noon. Children will immerse themselves into total "sharkness." They will witness shark feedings, compare various styles of shark teeth and learn why they are so different.

Register by March 22 for this three-hour shark adventure at the Oregon Coast Aquarium P.D. Shark Day Camp. For more information call the Aquarium at 541-867-FISH, extension 5221 or surf www.aquarium.org.

'Doors of Hope' open

"Windows of Need, Doors of Hope," is a multisensory, walk-through exhibit show-casing the local and international relief efforts of Northwest Medical Teams to put an end to human suffering. This free exhibit will open at the Salem Fairgrounds on March 13 and will continue through March 17.

LGBTA film festival

The Lesbian Gay Bisexual Transgendered Association is sponsoring a Winter Film Festival every Wednesday from 3 to 5 p.m.

"I've Heard the Mermaids Singing," from Canada will be shown today in the Board Rooms of the College Center.

On Feb. 20, the film will be Great Britain's "The Full Monty." And on Feb. 27, the LGBTA will show a film called "Fire," from India. Both "The Full Monty" and "Fire" will be shown in the Fireside Room.



Campus Crunch

Charles and Julie Holden were pulling out onto Pacific Boulevard from Allen Lane last Wednesday when they were struck by a car driven by Katrin Garrard and spun into a light pole. The Holdens were treated and released from Albany General Hospital. Garrard was cited for failure to yield.

Photo by Jenn Geiger

THE COMMUTER STAFF

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed by student fees and advertising.

Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty, Associated Students of LBCC or the Cupid Contingent. Editorials, columns, letters and cartoons reflect the opinions of those who sign them.

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Advisor, Rich Bergeman.

Photos by Chad Richins

LBCC staff members (left) look grim

as they listen to President Jon Carnahan (above) talk about budget

cuts the college is making for spring term and next year to make up for a shortfall in state funds. In the meeting

held last week Carnahan said the cuts will mean fewer classes offered in

most divisions but that no instructional programs will be

Campus News

UNDER KNIFE

College cuts classes, personnel, services to balance a budget crippled by the state-wide recession

by Chad Richins and Wendy Geist of The Commuter

Whether you know it or not, your life is being affected by the recent state budget crisis.

If you are an LBCC student, staff or faculty member, the effects will be noticeable by next term and last for the foreseeable future.

A look at the faces in the crowd at last week's college staff meeting showed that people are not happy about upcoming budget cuts. President Jon Carnahan has asked all divisions to prepare cuts of about 4 to 6 percent. The cuts will not be across the board, so some departments will be hit harder than others.

At the same time, recent news from the special session of the state Legislature has not been good for revenue projections, so the specter of even larger cuts loom on the horizon.

According to Gary Ruppert, director of the Arts and Communications Division, if deeper cuts are called for, entire programs will have to be looked at for elimina-

Under the current round of projected cuts, most programs are reducing the number of classes taught by part-time instructors, so some part-time instructors will have fewer classes to teach, and a few will have none.

Here is the run down of cuts so far by division:



Arts & Communication

The Performing Arts Department was probably the hardest hit in this division, as Takena Theater manager Bruce Peterson's contract was cut from 11 months to nine months as well as being cut from full-time to threequarter time. The department also lost the services of shop foreman Ken Richardson, whose job will be eliminated next year, and music classes taught by part-time

Department Chairman George Lauris said that the cuts will force his department to eliminate the usual fall-term performance and perhaps more. "I think it is important to put a face on the problem, because budget cuts can be cold and sterile as statistics," he said.

The reason for the cuts, according to an obviously agitated Lauris, is that "people like some of what we do, but don't know how we do it." Lauris points out the fact that while the Takena Theater is used for meetings and rentals and other uses, that didn't spare it from cuts.

The photography program was also heavily hit, losing part-time instructional assistant Kent Bean altogether, as well as several sections of photography classes taught by part-time instructor Kurt Norlin. The journalism program will lose one key class, Editing and Page Design, which will be cut from the degree next year so instructor Rich Bergeman can teach one of the photography classes that otherwise would have been cut.

In the English Department there has been speculation that the Eloquent Umbrella, LBCC's student-produced literary arts journal, may fall victim to budget cuts. The department must reduce the number of literature and writing classes taught by part-time instructors, and the Literary Publications Class, which produces the Eloquent Umbrella under the direction of part-time instructor Lane Millet, may be one of those to go.

The number of courses taught by part-time instructors in graphics, pre-press technology and social sciences will also be reduced.

Business and Computer Systems

According to Director Jerry Wille, the Business and Computer Systems Division is going to have to cut \$90,000 from its budget next year, but he doesn't expect to cut courses or faculty.

He explained that he is holding firm to not cutting courses and instead is looking at reducing support staff and supplies. Changes will be implemented between now and the end of the school year, said Wille.

The division will be cutting the cost of materials and supplies in computer paper, pens and pencils, copy

(Turn to "Budget Cuts" on Pg. 4)

MAL members debate Middle East concerns

by J.Oxley

of The Commuter

Since Sept. 11 a lot of Americans have suddenly focused their attention on the Middle East, but for a small group of LBCC students, this focus is nothing new.

The Model Arab League (MAL) is a leadership development program of the National Council on U.S. and Arab relations, and it has been in existence at LBCC since winter of 2001.

The National Council on U.S. and Arab Relations is a D.C.-based non-profit group that seeks to promote greater U.S. understanding of Arab countries, the Middle East and the Islamic world through educational programs.

"I think it's a really important area with the whole Middle East conflict going on," said Diane Hale, former student at LBCC and president of the Model Arab League club.

The MAL is a replica of the League of Arab States. Similar to the United Nations, this national and regional organization was formed in 1945 to coordinate the common good of all Arab countries, Hale explained

The mission of the LBCC MAL is to:

- ·Foster a multicultural understanding on a global level;
- Provide opportunities for LBCC stu-

"I think it's a really important area with the Middle East conflict going on."

—Diane Hale

dents to practice in-depth research, writing, negotiations and debate, parliamentary procedure, policy-making skills, and political savvy;

- · Open avenues for international studies to LBCC students; and
- Enrich the LBCC community with this bridge to the Middle East region;

Eight to twelve students meet once a week to plan activities, discuss current events and share individual research findings on the Middle East.

"You learn a lot! You learn incredible amounts about the Middle East and you also get to practice debating skills, research skills and parliamentary procedure," said Summer Beanland Southgate, a student at LBCC and the public relations representative for the MAL.

In April the club will send two teams of delegates to the Northwest Model Arab League Conference 2002 at Portland State University. MAL teams from different colleges and universities in the Northwest will come together to debate issues

of concern in the Middle East.

When the LBCC MAL students attend the conference they will be discussing current issues in Saudi Arabia, arguing from the Saudi Arabian perspective. The students will also represent the country of Oatar.

Last year, LBCC's MAL delegates presented Kuwait. Because the program was new, students only had five weeks to prepare. Yet, by the time the conference was over, the LBCC delegation went away with top honors. They received the outstanding delegation award and more individual awards than any other school, said Tom Broxson, a geography instructor at LBCC and the group's advisor.

According to Broxson, they did so well last year that this year they want to send two teams instead of just one.

Currently the MAL is still recruiting for a few more students to complete their two teams. Students interested in becoming involved can contact Tom Broxson at 917-4594 for more informa-

"The best thing about the MAL is that you learn about what is going on in our world right now," Broxson said. "To understand what is happening is so crucial to all of us."

Pakistani flag stolen from LB balcony

by Amanda Humphreys of The Commuter

The Pakistan flag has been reported stolen from outside the LBCC Multicultural Center.

Roxanne Allen, ASG vice president, said that they do not know why the flag was stolen or who stole it, but it is possible that the international affairs surrounding Pakistan may have played a part in the crime.

Head of LBCC security Vern Jackson, said that the theft was minimal, because the flag costs only \$30. If the thief were caught he said he would refer the suspect to the dean of student services. He said that he did not see any reason for the theft and that there are no suspects.

Allen also said that the Student Life and Leadership is going to be putting more flags up regardless of the theft. She said that 70 more flags will be hung along the courtyard balcony later this term, making a total of 81 international flags. She said that concerns of the theft reoccurring is not a big concern and that theft is not likely to happen again.

Seattle-to-NY peace walkers join Corvallis anti-war vigil

by Chad Richins

of The Commuter

Last Wednesday in Corvallis a group of peace walkers joined anti-war activists outside the Benton County Courthouse for a joint peace

Walkers from Japan and the United States joined local peace activists that have been protesting every day outside the courthouse since the war in Afghanistan began in early October.

The walkers arrived in a drizzling rain with hand drums, candles and full rain gear. Looking like they had been on the road a while already, the walkers stoically endured the rain and were appreciative of the many honks they got from passing motorists who appeared to support their

Jim Mason of Indiana joined the Seattle-to-New York walk in Washington and said the goal of the endeavor is to foster "prayer for forgiveness and peace for the whole world."

During their trek they have often been hosted by churches or community centers or Native American spiritual centers, and have seen a lot of hospitality, according to Mason.

The flame they carry is from the original embers of the fire from the bombing at Hiroshima that ended WWII.





Photos by Chad Richins

Budget Cuts: Students will find fewer classes beginning next term

From Page Three

paper, and inkjet cartridges in the Forum Computer Lab, which his division operates. Forum Computer Lab hours will not be reduced, however.

"We hope all the cuts here will be temporary," said

Engineering and Industrial Technology

According to Director Fred Haynes, the division is going to have to cut \$129,000 to \$150,000, which is between 4 and 6 percent of its operating budget.

He said some changes have already taken place. A machine tool class was dropped because it had an enrollment below 12, and the students were switched to another class midway through the term.

Other things being cut are materials and supplies, part-time faculty salaries and overtime dollars in classified positions. Cuts have already taken place in materials and supplies and in some positions. Others have been notified, and those cuts won't take effect until June.

"Students will notice that we have lost a teaching position and there will be less assistance in classes because some instructor-assistant hours have been reduced," said Haynes.

Math and Science

Director of Math and Science, Elizabeth Lundy, said her division will see a 5 percent budget reduction over a year and a half, starting this term. Classes, materials budgets and travel expenses will be reduced.

She said contracted faculty and support staff positions will not be cut, but that people who work by the hour will see reductions in their work week. She explained that her division is trying to reduce expenditures in the face of higher enrollment this year than last. Come spring term, she said, students will find many courses full and will have to wait to take them in the fall "We are trying to sprinkle it out. We are trying to squeeze instead of chop." —Elizabeth Lundy

or summer instead.

Lundy also said students will see less choice when registering for classes because the division will reduce classes that historically have had lower enrollments. For example, if a class has been offered fall, winter and spring in the past and they could fit everyone into the class in two terms instead of three, then they won't offer the course winter term.

Web-based courses such as calculus, which have lower enrollment, had to be dropped, she said. Calculus will still be offered in classrooms in the morning and evening, but Lundy says that still means an option has been taken away from the students.

"We are basically rearranging students and it is a difficult thing to do," explained Lundy. "It is hard for the instructors, whose whole mission is to teach, to have students come to them and ask to be added to a full class, and there is nothing they can do about it. It pulls at the heart strings."

Lab supplies are the last thing the Math and Science division will cut. "We are already down to the bare bones with lab supplies, and we want to serve the

Explaining her approach to reducing the number of available classes, Lundy said, "We are trying to sprinkle it out. We are trying to squeeze instead of chop."

Health and Human Performance

Jim Bell, director of Health and Human Services Division, said he would rather not speak to The Commuter about the cuts he made in his division.

muter learned that one of the expected cuts is the and freezing another from being filled.

elimination of the intercollegiate track program. LBCC has competed in track and field with both men's and women's teams since the early 1970s. At least two Olympic athletes, pole vaulter Kory Tarpening and decathlete Dan O'Brien, have honed their skills at LBCC.

The cuts to other departments in the division have not been made public.

Extended Learning

In one of the paradoxes of the way colleges are financed, LB is building a new satellite center in Lebanon and proceeding with plans to rebuild the Benton and Sweet Home centers while at the same time the number of class offerings is being reduced. According to Carnahan, this is because the construction projects are funded through a voter-approved capital bond measure that cannot, by state law, be used for operating expenses, like salaries and supplies.

Student Services

Although the college has decided to keep subsidizing the Linn-Benton Loop Bus so that students can ride for free, the bus system still faces a funding shortfall of \$10,000, which may lead to the elimination one or two runs a day. The first run to go would be the last run of the day at 6:45 p.m. The Loop Bus Committee would like Oregon State to help fund the program, but so far OSU has expressed no interest in contributing.

The Learning Center recently announced that it will be open at night only on Tuesday and Thursday starting spring term, and has already reduced Saturday hours by opening two hours later at 9 a.m. In addition, hours for the writing desk and science desk will be shortened.

Diane Watson, Dean of Student Services said that Student Life and Leadership will no longer run through the summer, and that her department has had to make However, according to other sources, The Compersonnel reductions, losing one contracted employee

Local activists discuss alternatives to war at weekly Peace Forum

by Thomas McGeary of The Commuter

Local peace activists Gene Russell and Ed Epley led a discussion on alternatives to war at Friday's weekly Peace Forum in the Multicultural Center.

Russell is a Vietnam veteran and Epley is a former merchant marine. They both addressed protesting and its use as a grass-roots option to solve international disputes, as well as the need for a world criminal court and peaceful solutions.

The speakers questioned the image of the vilified Middle East and the administration's decisions to actively limit peace efforts. They brought into question the unilateral nature of the government, which only serves to polarize countries.

The way the post-Cold War pattern of sovereign U.S. military aggression has been conducted poses a danger



Photo by Chad Richins

Activist Ed Epley (left) talks with students at last Friday's Peace Forum in the Multicultural Center.

to any hope for world peace, they said. The true beneficiaries of this war are oil interests and military and weapons industries.

The speakers also refused to accept the media as impartial, pointing out the media's pursuit of ratings and profits. They stressed the need to actively search for new avenues of information, including the BBC and the Nation. Both said governmental policy should be responsible for offering alternatives to war.

Every night since the bombing began in Afghanistan, Russell and Epley are part of a peace gathering in front of the Benton County Courthouse in Corvallis. People meet and light candles to remind as a reminder that there are alternatives to war.

The third installment of the weekly Peace Forums, sponsored by LBCC's Peace Studies Program, will be Friday, Feb. 15 in the Multicultural Center at noon.

Campus News

Disability services offered in Takena Support Lab

by D.D. Malloy of The Commuter

When Adero Allison volunteered to help disadvantaged children in Detroit, as a teenager, she had no idea it would lead her to LBCC where she now coordinates Disability Services.

As a high school student, she cared for children that were so abused they developed neurological handicaps. Some had physically disabling birth defects, and others suffered various mental illnesses.

"One of the children lay in his bed all day. I would hold his hand and speak softly to him. One Thalidomide girl had short arms and little hands but she was very smart. I learned at an early age that there are many forms of handicaps."

Now, Allison directs the assistance program that helps approximately 200 students annu-

One of the major components of the program is the Takena Support Lab. It has many high tech computers that make it possible for the hearing or visually impaired to learn thorough alternative methods of assimila-

"Kurzweil, the company that makes Stevie Wonder's keyboards, also makes a text scanner, which through optical character recognition, translates the text into audio," Allison explained. "Another device, the

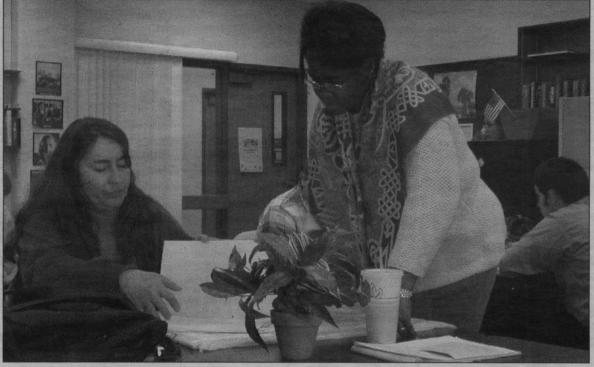


Photo by Jenn Geiger

Disability Services Coordinator Adero Allison (right) has been helping people in need since she was a teenager in Detroit. Today she helps disabled students cope with college.

Zoomtext, reads the content on the Internet and translates it to audio."

She noted that the Takena Lab also has a scanner which can take text from a book and save it in a student's computer document file. Other technical marvels and software are also avail-

"It is very important for me to point out that the Takena Support Lab is not just for students with special needs. It's available to all students. We have three

staff members to help students with math and English composition." Located in T221, the lab hours are Monday through Friday, 7:30 a.m. to 4 p.m. In addition to seven on-line computers the lab also has conventional learning resources such as TV-VCR, dictionaries, writing guides, atlases, and ergonomic keyboards.

The study area seats about 25 and provides a more intimate quiet learning atmosphere than other study areas on the campus. "Welike to maintain a home room type of atmosphere," said Kathy Knecht-Minor, Support Lab Coordinator, pointed out. "I begin offering math assistance at 8:30 in the morning and I am usually more available at that time because we have fewer students early in the day."

Faculty in the lab also emphasize that they support students in developing organizational and study skills with the goal of improving their grades.

Disability Services will also

assist students with note- taking, interpreters and technical assistance. Coordinators may offer help in test accommodation such as extended time. Allison, made it clear, "This assistance does not change the content of the test."

The service designs individual programs to meet the entry level capabilities of the student. Services are available at all the Linn-Benton Centers provided arrangements are made and written requests submitted.

Guidelines for admission into the Disabilities Services program are based on standardized documentation established by the Oregon Association of Higher Education and Disability.

Although the program is funded primarily by the LBCC general fund, designated vocational rehabilitation programs may provide students with financial assistance.

In Detroit, Mich., Allison graduated from Wayne State University with a degree in music therapy and later earned her Ph.D.

She worked with Goodwill Industries in Detroit for 10 years developing supportive employment jobs for the disabled and assisting them in making the transition from a group home to independent living.

The disability services program at LBCC provides this same kind of assistance.

Foundation fund-raising activities benefit students

by Suzie Downing

of The Commuter

In a year that has produced statewide budget cuts and a slowdown in the economy, the LBCC Foundation will make \$82,000

foundation endowment fund has risen from \$1.2 million in

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The

Doug Keck

tor of Development Douglas R. Keck. He has taken the institution from a fund-raising only organization to one with a fundraising mindset by cultivating donor relationships in the community through special events and face-to-face solicitation.

At the conclusion of this year's annual fund drive, donations totalled over \$89,000, reaching Keck's goal of a 30 percent inv i d u a l crease over the previous year. The goal for the 2002 drive is to organize students to help in the fund-raising activities that will happen in the fall.

Other foundation activities include an annual golf tournament, an annual meeting and dinner, a summer dinner event held at Willamette Valley Vineyards, and estate planning seminars for professionals and the general public.

Formed in 1972, the LBCC Foundation supports a variety

\$100,000, and Keck said he hopes of activities on the campus each year. In addition to scholarships, grants and loans, the foundation replaces instructional equipment on campus, brings in visiting scholars, enhances the college library and expanding technology and funds major new

campus facilities through capital campaigns.

For information on scholarships available, students can visit LBCC website www.lbcc.cc.or.us/foundation or stop by the Foundation office in the College Center.



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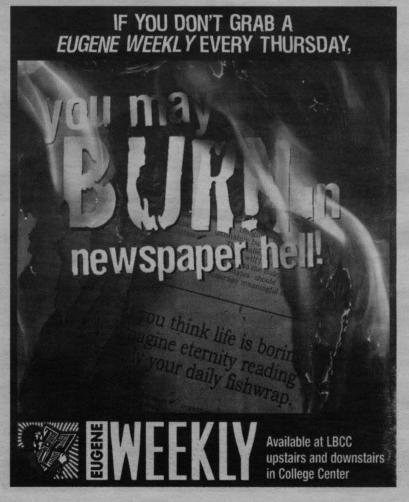
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FIGARO'S PIZZA







From ARPAnet to XML: The evolution of the Internet

by Greg Dewar of The Commuter

A few years ago, if you even knew about the Internet, it was thought of as something for huge corporations or computer geeks in their parents' garage.

Today, millions of people use the net on a daily basis. The generation now in school takes it for granted; we just assume that it has always been here and always will be.

What was it like to wake up and not be able to have the news, stock quotes, movie show times, maps, dictionaries, encyclopedias and billions of personal web pages at your fingertips? Ask the pre-1990 generation.

A world without the net is a scary place. They had to get dressed and go out into the world, check out books instead of searching web-pages and buy newspapers instead of reading the latest news on msn.com. The Net, or the Web, has grown into an information giant. It can bring information anywhere in the world to your fingertips in literally seconds.

By definition, the Internet is a decentralized, worldwide network of computers that can communicate with each other.

The Internet began as the ARPANET (Advanced Research Projects Agency) during the Cold War in 1969. It was developed by the Department of Defense in conjunction with military contractors and UCLA, to explore a communications network that could survive a nuclear attack. They first started sending messages short distances and eventually across the ocean to France. It continued because it was found to be an easy way of communication and data transfer.

The Internet was not really created by any one person but teams who worked together to create it. Al Gore was once mistakenly quoted as saying that he created it, when he was really saying that he helped do the legislative work that allowed it to be created.

The code that makes the displaying of web pages possible is called HTML (Hyper Text Markup Language), and it is basically in everything: e-mail, web pages,

downloadable movies and pro- Those were the days of Pentium grams, chat-rooms, and instant messengers. Go to "view" on your browser and click on 'source"— it will display the pages of code necessary for that

Several years ago it was the processing power of computers

that held the Internet back because the servers were slow and it could take up to five minutes to load a page.

286s with 26K modems. Today we have Pentium 4 processors accompanied by DSL, T1s and cable modems at least 50 times faster. It now takes barely five seconds to load a page, and downloading is that much faster.

When Bill Gates allegedly said: "640K should be enough memory for anyone" in the early 1980s, he had no idea how fast we would move. But when you think about it, five years from now cable, T1 and DSL may look like incompetent snails.

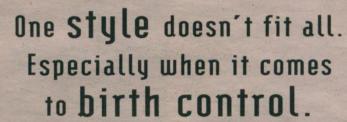
Limited HTML also held back Internet capabilities and yielded browser errors. Browsers

were also not able to handle some advanced code configura-

Thanks to HTML 4 and faster connections, the Internet is becoming the main media source for the computer savvy, and even those not so savvy.

The Internet has come a long way from the days of Bill Gates and the ARPANET, and its future is full of potential. It may not always be run through phone lines or cable, and it may not function like it does now. HTML will probably disappear or be so modified we won't recognize it. But there will always be a means of getting information to your home, office or hand-held via downloading, uploading and

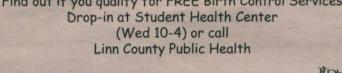
The Internet might even replace TVs and phones; or they might be combined. We'll just have to wait and see.





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ARTS & ENTERTAINMENT

A & E PROFILE: KURT NORLIN

Who: Photo Lab manager and instructor of photography.

From: Born in Salem, Ore.

Background: Attended Central Wash. University, OSU, U of O. Four years in Navy on reconnaissance photography plane. Seventeen years in Army National Guard. He has been doing photography since '61, has exhibited in New York, Chicago, Portland, Seattle; currently works mainly with digital images, montage, collage.

Favorite book: Reads mostly magazine and books on photography, Digital Fine Art, PC Photo Most recent book: Pinhole Photography by Barbara Ess
Music: Blues, jazz; current favorite, John Coltrane
Theatre: Recently saw "Glass Menagerie"

at

Future plans: To keep exhibiting and working

here

LBCC

Admired artist: Betty Hahn



Free trip to Asia Fest in Eugene set for Saturday

Yesterday, in case you were not anywhere near campus, a celebration of Lunar New Year took place, including a cacophonous parade with a genuine Chinese parade dragon and entourage. Sponsored by the Multicultural Center and the Associated Student Government, the dragon was purchased from a company in San Francisco and was shipped originally from China.

As part of LB's continuing celebration of the Chinese Lunar New Year, the Student Programming Board is planning a trip for students to the Eugene Asian Festival on Saturday, Feb. 16.

They will be departing from Takena Hall at 10:30 a.m. and returning at approximately 4:30 p.m. It will be free to the first 12 students, with valid ID, who sign up in the Student Union. Free lunch will be provided at the festival, which showcases art demonstrations such as Chinese brush painting, pottery, Temari, watercolor, basketry and Bonsai.

Other features will include martial arts demonstrations (T'ai Chi, Tae Kwon Do, Kung Fu), flower displays, Chinese Lion dancing, food demonstrations, exhibits and booths with information about Oregon's Asian Culture.

STUDENT ART SPOTLIGHT



Dali Portrait, oil painting by Corvallis artist Brandon Peery, a student in Analee Fuentes Painting 281 class.



Floater plays the Venetian in Albany Friday

by Chad Richins of The Commuter

Byva! Productions presents Floater, an alternative rock concert, with special guests, The Godlings and Alkai Digginson. Friday, Feb. 15, at the Venetian Theater in downtown Albany. Doors open at 6:30 p.m., show starts at 8 p.m. Advance tickets \$10, door tickets \$12. This could be an all ages show with 21+ bar and lounge.

The Venetian Theater is located at 241 First Ave. West in Albany.

Free Tickets
Wolfgang
Amadeus
Mozarts's
"COS'I fan tutte"

Portland Civic Auditorium Saturday February 16th 7:30 PM Sharp

Stop by Student Life & Leadership Office to enter!

Deadline to enter is February 15th, noon

Drawing will be February 15th, 12:30 pm

Must be present to win, or send "proxy"



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CLASSIFIEDS

HELP WANTED

Inclusion Assts. (Albany) #1226. If you are in the education program and would like to work with children, these jobs are perfect! You need to have some experience with preschool children. The jobs pay \$8/hr, are about 20hrs/week and could even be a good CWE job for an education student. You can indicate which county or city you are interested in. Contact Carla in Student Employment (Takena 101) to get more information.

LBCC CWE Intern (Hewlett-Packard) #1217. This great parttime, flexible job is 20hr/wk. and provides great work experience in the corporate world. If you have completed one term at LBCC, can commit to the job for one year (including summer) and are interested in working in a library environment, see Carla in Student Employment in the Career Center (T101) to get your referral!

Service Technician (Albany) #1240 If you want to learn commercial

Crossword

ACROSS

4 Humiliates

10 Norwegian

capital 14 The whole of

15 No-good-nik

16 Lead balloon

17 Hypocritical

20 Chow down

25 Blast letters 26 Team cheer

27 Inarticulate comment

28 Class writing

authenticity

37 Lena or Ken

30 Honorable

34 Proof of

38 Peruke 39 Pursuing 41 Furnish, for a

time

21 Like nonbelievers

respect

19 Phony

23 Caroled

1 Shell-game item

refrigeration and equipment repair or have the training / experience, this part-time job is for you. Work is 20-40 hour/week, and pays \$10-25/hr. See Student Employment (T101) for your referral on this great opportu-

CWE PC Computer User Support (Wah Chang, Albany) #1241 This cooperative work experience job requires a LBCC computer-degree student who has completed two terms. This job is part-time during school and full-time during breaks and summer and pays \$9/hr. See Carla in the Career Center (Takena 101) before this job is filled!

FOR SALE

Wood futon frame and mattress. Great Condition. Works great for couch or bed. Queen size. \$60. Call Amanda ~ 738-8840

1996 Red Mustang. 5 speed, V6, new tires, CD, wheels, all power options \$6000. 503-581-9393.

Nickel/Silver mix Evett closed hole flute. Excellent condition, great beginning student flute. Nice tone. \$225. Contact Lydia Eaton, 929-5368

1990 Honda Accord LX, \$4100/ OBO, bought for \$4900 in '00. 4door, 165K, burgundy. All power, sun roof. Clarion CD player, bonus speakers, alarm, new alternator, brakes & battery. Great Condition, runs like steel. Caitlin 738-6880

Black, Plastic Vito Clarinet, comes with case. Great for beginning players. In great shape, have questions call Gelina @ 757-9766, \$150/OBO

'98 Honda CR 250 motorcycle. Like new. \$3500/OBO. Call 438-4176 for more info.

1995 Dodge Neon. Good Condition. Runs. \$2500/OBO. Call Katy or Mark @ 503-394-2343

SCHOLARSHIPS

Attention Students: Located in the Learning Resource Center are many different scholarships. Some of the latest available applications which have just recently come in are: •Order of the Eastern Star • Essay contest-AtlasShrugged • National Italian Foundation • St. Elizabeth Health Services • Southern Oregon University • Meridian Park Hospital Auxiliary - Geraldine Stephenson • Oregon Logging Conference • American Water Works Association/ Pacific Northwest Division • Oregon Fire Chief's Association - Neil Hamilton Memorial • Prenursing and Nursing Scholarship . To find out if you are eligible and what the requirements are for each of these and others which are available, visit the LRC 212 today.

MISCELLANEOUS

Do you need tutoring help with writing assignments? Call me...35 years writing/editing experience. Reasonable rates. Karen Randolph 757-9013

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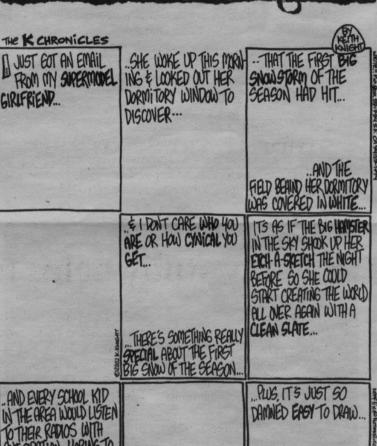
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TO THEIR RADIOS WITH ANTICIPATION .. HOPING TO DISCOVER THAT SCHOOL HAD BEEN CANCELED FOR THE DAY. YEAH .. SANOW IS PROBABLY WHAT I MISS MOST ABOUT LIVING ON THE EAST COAS

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-Nancy Bell

Campus News

Corvallis hospital pays students' tuition to get more nurses

by Suzie Downing of The Commuter

If you're short on cash but want to train for a great career, the Nursing program at LBCC, in cooperation with Samaritan Health Services, might be just what you're looking for.

Samaritan Health Services has an ongoing program that pays the tuition of students who are accepted into the Nursing program, provided they agree to commit their first two years of employment to one of SHS' sites, according to Nancy Bell, Professional Development Department Manager at Good Samaritan Hospital in

"This is a great educational opportunity for students and encourages and promotes health care careers," commented Bell, "There is also a tuition reimbursement program in place for students wanting to become Phlebotomists, Unit Secretaries and Medical Secretaries, although they are structured differently."

Samaritan Health Services includes sites in Corvallis, Albany, Lebanon, Sweet Home, Lincoln City, and most recently, Newport. Two years ago they entered into a cooperative agreement with LBCC in order to support each other and increase the number of nurses. This year \$65,000 will again be donated to the program from Good Samaritan Hospital's Social Accountability budget to provide an additional full-time nursing in-

The two-year Nursing program at LBCC is open to both men and women, preparing students to be highly skilled RNs oriented to patient care.

Currently there are 100 students enrolled in the program, four of which are taking advantage of the SHS offer. Fourteen students who applied did not get in last fall, according to Faye Melius, Department Chair for the program.



Photo by James Bauerle

Nursing student Deanna Hoover rearranged the IV stand in the Health Occupations Nursing Lab.

"There is still a large contingency of persons wanting in," she said. Melius pointed out that students must have completed courses in Writing 121, Math 65 and college chemistry to enroll.

Upon graduation, students hired by SHS enter the Graduate Transition Program. New graduate nurses

are paid at their regular starting wage (currently \$21 per hour at Good Samaritan Hospital) and are assigned a preceptor for several weeks. One day per week they receive additional educational training at their job site.

This program provides a transition between nursing school and on-the-job, ontheir-own patient care, allowing new nurses to

gradually assume more responsibility and confidence in their new career.

According to Bell, SHS was a pioneer in offering a transition program and it has helped them to attain a 90% nurse retention rate for program participants.

"SHS is unique in the pride that it takes with its employees and wanting to see them grow," she said.

In 2001, SHS hired 56 new nurse graduates, 33 of those from LBCC. Two were hired at Albany General Hospital, four at Lebanon Community Hospital and 27 at Good Samaritan Hospital in Corvallis, according to Christine Terpack, Administrative Secretary for SHS Human Resources.

Students wanting additional information regarding the Nursing program should contact Fave Melius at 917-4514.

For information on the phlebotomy and secretary programs visit the LBCC website at www.lbcc.cc.or.us or call 917-4780 for student advisors. Information regarding employment at Samaritan Health Services can be obtained by visiting their website at www.samhealth.org.

Faculty study helps nursing assistants find job satisfaction

by Wendy Geist

of The Commuter

A study of high turnover rates of Certified Nursing Assistants (CNA) has shown that one reason may be there is not enough job satisfaction.

Two LB faculty have worked to find ways to turn that rate around—Missy Dutson, contact for the CNA program and faculty of the Health Occupations/ Service Education Center; and Greg Hopkins, of LB's Training and Business Development Center. Dutson and Hopkins have collaborated on a study funded by a grant from the Northwest Health Foundation to find out why CNAs are leaving their jobs

Three local nursing homes participated in the study. Dutson and Hopkins conducted surveys and worked with representatives, management and nurses.

"We thought that wages were one of the main reasons for the high turnover rates," said Dutson. "But instead we found out that the problem was with full employment, not being satisfied, not feeling good about the job, having enough time with patients to feel like you are doing a good job, and recognition and being appreciated."

Over the course of the study, which started in January of 2000 and ended in July 2001, changes were made. The nursing homes incorporated an appreciation day for their CNAs, presented

badges and certificates to make notice of the good work they were doing, and put information about new employees up on a bulletin board so that they would be recognized by staff and residents. "Discipline Sheets" were changed to "Coaching Sheets."

Dutson explained that Oregon's nursing homes are filled with very impaired patients. Many of the easy to-carefor patients are in adult foster care, assisted living, in-home care or retirement homes. This leaves Oregon nursing homes with a majority of patients who require a lot of care.

CNAs help people with the activities of daily living, or "ADLs" as Judith Gott, RN, calls them-things like toileting, dressing and hygiene. Gott is a

director of nursing services at the Mennonite Home of Albany, which participated in the study. It has about 75 to 80 CNAs on

LB offers a 150-hour course to become a CNA, which graduates about 100-200 people a year. Classes are held at local nursing homes in a class size of 10 stu-

"I, myself, started in the CNA program at LBCC," said Gott. "I realized that we weren't being recognized as professionals. Nurses were sent to training programs and seminars. So I started our own CNA seminar here at the Mennonite Home and it is now in its fourth year. It provides educational topics to CNAs. One is on stress manage-

Dutson added, "Many people

use the CNA program as a stepping stone to go into the field of nursing. The program gives them the opportunity to see if they like working in the health

Response to Dutson and

Hopkins' study produced a job satisfaction increase of 6.7 percent in two of the participating nursing homes. Ten months after the start of the study, the turnover rates of CNAshad gone down by 30 percent.



If you plan to participate in the commencement ceremony and/or plan to graduate Spring Term 2002, vou must turn in vour graduation application to the Admissions Office by:

April 12, 2002

Note: you may be required to meet with your advisor before you apply, so don't wait until the last minute!



You can print a worksheet and graduation application from LBCC's home page, www.lbcc.cc.or.us/admissions/forms.html. Select the name of the form you wish to print. You may also pick up a form at the Admissions Office.

Caps and gowns will be available to order in Takena Hall prior to the commencement ceremony, which will be held June 13, 2002.

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SPORTS PAGE

Upcoming home games key to LB's playoff hopes

of The Commuter

The men's basketball team's drive to the playoffs hit a slight bump against Mt. Hood in Gresham on Saturday, where an 86-74 loss dropped the Roadrunners (10-12, 5-4) into the fourth spot, tied with Chemeketa.

The Runners will have an opportunity to wrap up a playoff birth in the last five remaining regular season

The team had been playing hot prior to Saturday's loss, winning five out of their last seven games dating back to Jan 12.

"We let the game get away from us," said Head Coach Randy Falk. "There were far too many turnovers. I believe the only obstacle in our way now will be our own selves. If we can take care of the ball we can compete with anyone. I fully expect that for Wednesday's game we will take much better care of the

Even with four players in double figures, the Runners were not able to take control of the game in the second half. Sophomores Garrett Hollen and Nate Marks helped to carry the load, scoring 17 and 19 respectively. Sophomores David Michaelis and Kraig Schuler both chipped in as well, scoring 27 between the two of them.

In a game where many of the stats were comparable there was one that stood out like a sore thumb-turnovers: Mt. Hood, 9; Linn-Benton, 24.

Those 24 turnovers resulted into 23 points for the Saints, who also carried a 31-point advantage off the

The Runners must now put Saturday behind them and start gearing up for what will be a big two weeks that will determine whether they will be playing or watching come playoff time.

Four out of the last five games will be at home, and that could be a big advantage with the last few games having so much at stake.

"We need to look past this game with Hood and take it one game at a time the rest of the way," says Michaelis. "We have a lot of focus on these next five games, four being at home."

The team's next game is Wednesday at Lane in Eugene, and then they return home Saturday Feb. 16 for a 4 p.m. game against Chemeketa.



Photo by Stefanie Hessenkemper

The Weight Room in LBCC's Activities Center has a minimum number of open hours every week when students can make use of the equipment at no charge.

Local gyms offer exercise outlets

by Jered Reid

of The Commuter

It's already February, and many of us are stuck with New Year's resolutions, to become healthier and start exercising more. If you are one of these people having troubles getting started, there are plenty of great and affordable exercise centers in the Corvallis and Albany area.

For those people in Corvallis, you might want to check out the Corvallis Fitness Center (CFC), located on Third Street, between Firestone and the Dairy Queen.

The CFC is a fitness-only gym, which means it offers a variety of accessories and equipment for all fitness needs. They have a full gym of both free weights and machine weights, as well as 70 cardiovascular machines. These include treadmills, bikes and stair machines. All of the center's cardiovascular machines are state-of the-art and equipped with a TV, CD player and tape player.

Members can also enjoy aerobic workouts in classes that CFC offers, such as, kickboxing, dance, body pump and yoga.

When done with a workout, members can enjoy other luxuries, such as hot tubs, steam rooms, a massage and tanning beds. The CFC offers a full-size locker room for their members as well as daycare.

The going rates for students to attend the center are charged by the term and are currently \$119. Since some of the winter term has expired, students will receive a reduced rate for this term. The CFC is regularly \$39 per month for singles, \$59 per month for doubles, and \$79 per month for

For people living in Albany, the top local gymsare the Albany Athletic Club and the YMCA. Both gyms offer a variety of weights, cardiovascular machines, classes and recreational sports.

The Albany Athletic Club has both free weights

and machine weights, as well as aerobics. Members can also take advantage of the classes offered, such as yoga, circuit training, body toning, abs and step classes. For recreation the club has both basketball and racquetball courts.

The club has a full-size locker room for both men and women that includes massage tables, tanning beds, hot tubs, and jacuzzi. The club also offers a day care.

The Albany Athletic Club is located on Hickory Road, just off Highway 20. Rates for the club are \$34 a month for students and \$83 a month for families, members can take \$5 off their monthly bill by having it drawn directly from a checking account.

The YMCA of Albany, is located on Pacific Boulevard just down the street from LBCC. The YMCA is \$24 a month for students and \$59 a month for families.

There are many exercises that members can enjoy at the YMCA, which include a full size weight room, and a separate room for cardiovascular exercise. The YMCA also has aerobic classes that include yoga kick boxing and other aerobic

The YMCA has racquetball courts, a basketball gym, and an Olympic-size pool. Many special programs are offered, such as a day care, kids programs, swimming lessons and health evalua-

A full-size locker room is available for both men and women, equipped with hot tub and steam rooms.

For LB students who do not want to spend any money, remember there is a weight room on campus, in the AC building. There are free times posted outside of the room for students do not have weight classes. If you're a person who needs to be put on a solid schedule, LBCC does offer weight-lifting classes for spring term.

Women up end Mt. Hood

By Jered Reid

of The Commuter

The Lady Runners propelled themselves into a dogfight for the playoffs with a victory over Mt. Hood Saturday.

LB squeaked by the home team Saints 67-65 to move into a three-way tie for fourth place in the Southern Division.

Coach A.J. Dionne's team is tied with Chemeketa and SW Oregon; all three have a league record of 4-4. In third is Lane,

with a 5-3 record. The top four teams of the division will advance to the NWAACC Championship Tournament.

This month will determine if the Runners can make it into the playoffs. With five games left in the season, four of them will be at home. This week LB will be tested as they play both Lane and Chemeketa. If LB can win both games, they will be sitting in great position for the final couple of weeks.

Tracksters tune up in Reno

by Alexis Urhausen

of The Commuter

On Saturday, Linn-Benton Community College sent four athletes to Reno, Nev., to compete in the Bill Cosby Indoor track and field meet, and prepare for the outdoor season.

Heidi Van Dam had personal bests on both the shot put and weight throw with marks of 34 feet 5 inches and 38 feet 7 inches.

Freshman Kevin Silbernagel improved his personal best in the 800-meter run with a time of 2:1.44. He finished fifth overall. "Silbernagel's run was especially impressive" commented track

coach Brad Carman, "considering that it was on a wood, 200 meter banked oval track."

TJ Vetkos cleared 13 feet in the pole vault while Justin Kennedy cleared 12 feet and ran 8.36 in the 55-meter high hurdles.

To sum up the meet Coach Carman stated he, "was very pleased with the way Kevin ran, and how Heidi threw. Overall it was a good trip, good exposure for the athletes that are planning to compete at a four-year school after Linn-Benton."

The outdoor season begins March second at Linfield Col-



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- Numerous beading classes offered
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All chocolate half price during the month of February

Sports Page

OSU's annual Vertical Fest set for Feb. 23

by Phillip Ruzek of The Commuter

The thrill of competition awaits beginning and experienced climbers at OSU's 10th annual Vertical Festival Saturday, Feb 23.

The cost to enter varies with age: youths from 8-16 pay \$20, while ages 17 and up pay \$25. On the day of the event the entry fee goes up to \$30. All entrees receive a Vertical Festival Tshirt, a goody bag and potential to win prizes.

Operations Coordinator Kristie Deschesne described it as a great event.

In order to enter, people must sign a liability waiver and be 8 or older. There are four divisions: Youth ages check in at 7:30 a.m. and start climbing at 8 a.m.; beginners check in at 10 a.m. and start climbing at 10:30 a.m.; intermediate climbers check in at 1 p.m. and start climbing at 1:30 p.m.; advanced climbers check in at 3:30 p.m. and start climbing at 4 p.m.

The difficulty level goes up from 5.8 to 5.13, which is a scale that represents the steepness of the rock.

The OSU Climbing Center will be closed the first three days before the event so organizers can set new routes, use new holds and get new ropes.

"We really try to put on a great event," said Deschesne. "The students who work at the climbing center put in an amazing amount of work getting ready. They spend lots of time talking it up to participants and getting volunteers to help set routes."

Sponsors of the event so far include Metolius Climbing Gear, Entres Prises, which manufactures climbing walls, Prana clothing gear, and Clif Bar, which manufactures nutrition bars

Mail-in registrations can be sent to Vertical Festival, Attn: Kristie Deschesne, Department of Recreational Sports, 204 Dixon Recreation Center, Oregon State University, Corvallis, OR 97331.

Drop-off registrations can be delivered to Deschesne, 204 Dixon Recreation Center. Payments must be cash or check only, make checks out to the Department of Recreational Sports.

For more information contact Deschesne via email at kristie.deschesne@recsport.orst.edu or call 541-737-6828.

Dixon to house improved rockwall in 2003

by Phillip Ruzek of the Commuter

If midterms are beginning to drive you up the wall, you can find 4,000 square feet of stress relief underneath OSU's Reser Sta-

Oregon State University's Climbing Center offers a great way to forget classroom hassles. Open to everyone, the wall features 900 modular holds, 36 climbing stations equipped with ropes, and a 60-foot traverse wall with natural rock.

Rock climbing provides a rich educational environment, promoting self confidence, trust, communication, overcoming basic fears, problem-solving, and achieving goals, says Operations Coordinator Kristie Deschesne.

The OSU climbing wall "is fairly unique," said Deschesne. The center was built in 1989 and 1990 by volunteers from OSU and Corvallis who were skilled rock climbers. The Recreational Sports Department secured the space and provided the materials for the volunteers. The climbing center is equipped with many training features such as cracks, pockets, and some bouldering areas.

The climbing wall will be moved to the Dixon Recreation Center by mid or late 2003 because of widespread popularity. The new site will better enable climbers to climb higher and farther, and will increase OSU's income. The Dixon site will provide 7,000 square feet of climbing surface; the current wall only provides 4,000.

"The construction project is just getting started," says Deschesne. When OSU opens the new climbing center, the 12-year-old climbing wall will be reverted to a controlled intercollegiate athletic room. Deschesne also says that it might become a visiting-team locker room.

The current OSU indoor climbing center features hangboards, harnesses, hardware available for checkout, climbing shoe rentals, and routes that change every term. Difficulty ranges from easy to hard. For beginners the wall offers low angles; for the more advanced, there are cracks, pockets, chimneys and friction climbs. Overhangs, aretes and high angles are also included.

Instructors will assist you in learning everything about rock climbing. To use the facility all climbers must attend an orientation session or pass a belay skills test and sign the liability waiver each year. It's free to OSU students with their student I.D. card, and free for DRS members with their OSU or Recreational Use Card. Guests sponsored by OSU students pay only \$4; unsponsored guests pay \$5, and shoe rentals are \$1. Family climbing hours are available on weekends during the academic year. Children must be at least 12 to enter the gym, and in all cases must be sponsored and belayed by a parent or legal guardian until age 18.

For more information contact Kristie Deschesne via email at kristie.deschesne@recsport.orst.edu or telephone at 541-737-6828.



Photo by Phillip Ruzek

OSU's Climbing Center offers beginning and experienced climbers a place to practice out of the elements. The climbing wall is slated to move to larger quarters in Dixon Recreation Center next year.

Commons

Menu Feb. 13 - Feb. 19

Wednesday

Baked Stuffed Snapper
Jerked Chicken w/Mango Salsa
Rommali Roti w/Curried Vegetables
Grilled Vegetable Beef Soup
Roasted Garlic Pesto Soup
Taco Salad

Thursday

Lemon Chicken w/Steamed Rice Braised Lamb Shoulder Huevos Rancheros Gazpacho Soup Beer Cheese Soup Grilled Chicken Spinach Salad

Friday

Chef's Choice

Monday

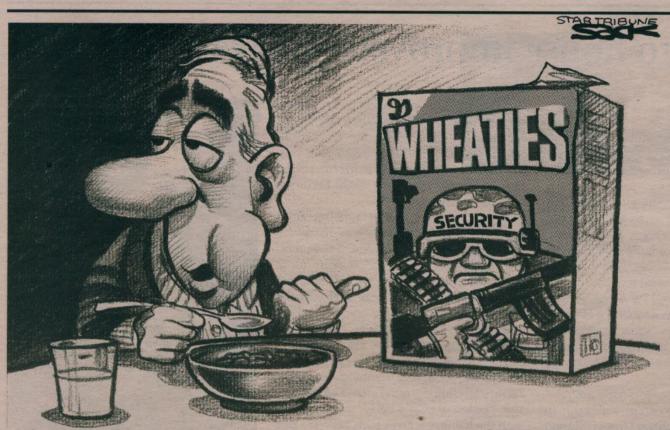
No School



Tuesday

Hungarian Chicken
Beef Tamales
Sweet & Sour Tempura Vegetables
w/Steamed Rice
Egg Flower Soup
Veggie Tomato Soup
Grilled Chicken Caesar Salad





I SEE THE NEW WINTER OLYMPICS COMMEMORATIVE BOXES ARE IN...

COMMENTARY

Instead of 'I got mine and you better get out of the way' lets give sense a chance

by Chad Richins of The Commuter

It was nice for a while after September 11 when people were being courteous drivers and polite to each other in stores. I was actually able to cross the street a few times without dodging cars or being honked at while I was in a crosswalk

But now it's back to the same routine as before. Every time I leave my house to walk to the shopping center on Circle Boulevard in Corvallis, I get halfway through the crosswalk and somebody either blows by about a foot away from me or leans on the horn like I am holding them up from getting to a sup-

Chad Richins

port group for people with no bladder control. What is it about getting behind the wheel of a car that makes some people maniacal? When you see someone at a crosswalk waiting to cross the street, do you slow

down and stop for them, or do you swerve at the curb to make them jump back and scream? What is the common sense move there? Does it make a difference if the person is an elderly woman or a child, or is a pedestrian a pedestrian?

I tend to get a little heated when people don't respect my

crosswalk. I guess I will be one of those old men who walk around shouting at cars and shaking my fist.

As it is, I will usually just focus on getting out of the road, but if someone actually honks at me in the crosswalk, I'll stop in my tracks and make them stop so they realize I am in a crosswalk. Then I give them the stinkeye and move on. I sometimes think of carrying a nice big tomato or a water balloon to pelt irresponsible motorists, but I know that would probably end up in litigation.

I just wish people were better citizens, better neighbors, so that it wouldn't seem like everyone is so self-

The more I think about it, the more I see that it is a symptom of a larger problem. The fact that people in this country are so independent as to be anti-social. With more than 200 million cars on the American road,

it is not the best place to be a bicyclist or a pedestrian. Even fairly bike-friendly towns like Corvallis are dangerous to travel in if you are not in a two-ton Suburban assault vehicle.

The whole driving deal is weird because I love to drive. There is nothing better sometimes than a big car on the open road, but when I think of all the accidents and deaths on the highways each year, I wonder why we can't engineer better cars. I mean, they make dragsters so they could push them off a four-story building and the driver has a good chance of walking away. Why can't we make cars safe? Is it money? Of course it is, in a way. But it is also just the fact that people don't really

Until you are sitting in a little chapel looking at your favorite cousin lying in a box, it's all a game of percentages and acceptable losses. It doesn't matter to you

That is what makes America cheap and nasty, the whole idea of "I Got Mine and You Better Get Outtta My

> Way." "If You Don't Like The Way I Drive, Stay Off The Side-

There might as well be a slot machine with a pull handle on the dash of your car every time you turn the key, because as some people found out last week outside LBCC, you never know when it's going to go down and

the metal will bend and the glass will fly.

I know I'm basically talking to hear my head rattle here. No one is going to say, my god, he's right! Let's all be responsible drivers and courteous citizens and not build cars that go 200 mph when the speed limit is 65. Let's watch out for dogs and kids and, what the heck, everybody else too!

I know newspaper columns don't change the world any more than bumperstickers do, but why not give sense a chance?

And when you see someone in a crosswalk, slow down, stop, roll down your window and get a little fresh air, maybe check your hair in the mirror or tune the radio.

Chill, baby, chill. That way you look cool, the person in the crosswalk feels safe, and everybody goes on their merry way.



Treat others equally; go ahead and share constructive feedback

Greetings from the Multicultural Center!

Here in LBCC's own "living room" of the world, we are learning valuable lessons about what multiculturalism looks and feels like. Sometimes, the center is very quiet, with one or two people stopping in to grab tea or ask a question. At other times, it is a cacophony of voices from all different perspectives.

There is only one rule at the center and it is posted on the door: "Hate Free Zone." Or, we put it a different way: "Be nice."

Recently, I checked in with the Multicultural Club members to see if they felt that this simple guideline is enough to ensure that everyone feels safe. The students were very clear that any more rules would pre-



Susan Prock

vent them from learning about each other's culture. The students were adamant that discussion, along with the ensuing agreement or disagreement, is the only way to truly understand other perspectives.

Discussions here in the center are not always agreeable, and sometimes they can be downright uncomfortable for me. For instance, one day, there was a morninglong discussion about the appropriateness of our policy in the U.S. to aid developing countries. The group was comprised of international, domestic, young, old, female and male voices. They did not resolve the issue or come to an agreement. But they all left on good terms and came back the next day to do math homework.

Lately, the conversations have centered on personal and group responsibility. For instance, when someone says something that offends you, do you gently share that with the person, or do you ignore it? When someone joins your group as a peer, do you treat them equally, even if it means offering negative, but constructive criticism? Although changing our language to reflect respect for all people is important, the real meaning of embracing diversity is not being politically correct, it is extending both welcoming conversation and sharing negative, but constructive feedback.

Otherwise, you may find yourself guilty of what Dr. Sondra Thiederman calls "guerilla bias," in her article, "Hidden Bias, The Most Dangerous Enemy." The fact is that we all have biases that we must struggle with and they are not always easy to see. And, according to Thiederman, it is the hidden biases that do the most damage to ourselves and to the very people we are striving to treat equally.

As Thiederman notes, "Guerilla Bias is dangerous because it is based on the subconscious premise that...those outside the "majority population" are somehow fragile, quick to explode or in need of special treatment." She goes on to explain that this hidden premise often shows up in a reluctance or fear to provide negative, but constructive feedback to persons we label as "minorities," such as women, persons with disabilities, persons with different sexual or gender orientation, international or immigrant students or students of color.

So, how do we strive to eliminate "guerilla bias?" I'd like to hear from you. Drop me a line at procks@gw.lbcc.cc.or.us with your thoughts and ideas on this. Or, drop by the center and jump into the discussion. We'd like to hear from you!

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All letters received will be published, space permitting, unless they are considered by the editor to be potentially libelous or in poor taste.

Drop letters off at the Commuter office, Forum 222 or email us at commuter@ml.lbcc.cc.or.us