LINN-BENTON COMMUNITY COLLEGE DANN HIT COLLEGE

VOLUME 46 • EDITION 22 MARCH 11, 2015

LIFE, RACE, & THE U.S.



Contraction of the second seco

Cover Credit: Christopher Trotchie

On the cover: Ceph Poklemba paints on LBCC lawn for art class.

The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty and students of LBCC. Editorials, columns, letters, and cartoons reflect the opinions of the authors.

Letters Welcome

The Commuter encourages readers to use its "Opinion" pages to express their views on campus, community, regional and national issues. The Commuter attempts to print all submissions received, but reserves the right to edit for grammar, length, libel, privacy concerns and taste. Opinions expressed by letter submitters do not represent the views of the Commuter staff or the College. Deliver letters to:

Address:

The Commuter Office Forum 222 6500 SW Pacific Blvd. Albany, Oregon 97321

Web Address:

commuter.linnbenton.edu

Phone: 541-917-4451, 4452 or 4449

Email:

commuter@linnbenton.edu



@LBCommuter Facebook

The Commuter Google+ LBCC Commuter

Our Staff

Adviser Rob Priewe Editor-in-Chief Allison Lamplugh Managing Editor Christopher Trotchie

Photography Marwah Alzabidi Cat Regan Nakul Kataria

News Editors Denzel Barrie Katherine Wren Georgia Dunn-Hartman Joy Gipson



The first step after graduation is to land the perfect job, however to successfully complete this task you have to address specific factors.

Salary negotiations are cumbersome. The \$tart \$mart workshop on Thursday, March 5 was hosted by Theresa Johnson, health instructor, in the Fireside Room from 4 to 7 p.m. It taught students that it is possible to receive an adequate salary based on skills.

Dana Emerson, a communication instructor, presented several important factors to becoming successful such as your circle of friends, personal appearance, and the tone of voice.

A person's circle of friends is an essential factor when considering a career. Being surrounded by people who are positive influences and potential references is important.

"You'll always know how people perceive you because of how they perceive your friends," said Emerson.

Sometimes the best option is to rearrange your circle of friends to receive the best kind of attention and be perceived as respectable. Be surrounded by people who will help you achieve goals. A circle of friends can start with

START SMART

Salary negotiaions are essential to your livelihood

professors, counselors and advisors. watching," "People are always said Emerson.

Dress for success and the career desired. It all starts with dressing seriously. Dressing in slacks, a nice shirt, and decent shoes says a lot about a person. Looking professional will help land and increase chances of a professional job.

"Exercise your expertise," said Emerson.

Lastly, learn how to assert yourself. It is all about the tone of voice used to communicate. A soft spoken individual cannot be heard and won't be taken seriously. Someone who talks too loud may be taken as rude, possibly losing the I loved that we got a booklet to bring attention of people.

Find that middle ground, that inbetween voice, that welcomes the listener but also asserts itself. Know the audience in order to adjust tone accordingly.

Son Le Hughes, the director of accounting and business, described the informational interview. It is the interview before the actual interview, a chance to find out what the employer wants and to see if the two of you are a match.

"Networking is important and staying consistent," said Hughes.

When networking it is best to write a letter or email within a few weeks. Taking a few minutes to do so shows your gratitude for the time that was spent with you. It also helps to build a relationship with a person in your network.

After the initial networking, it might be necessary to change those social or

professional networks. With this change, it's possible to gain new experiences and broaden your professional references. It's good to also keep contact with previous contacts, never knowing whether they will be needed later.

"Create the path for yourself," said Hughes.

To conclude the workshop Johnson had attendees pair up for an activity. It was a mock negotiation interview. One person was the employer of a bookstore and the other was the potential employee. At the end of the mock negotiation everyone shared what salary they agreed to.

"The event was very informational and home. I now know that if I want equal pay than I need to ask for it," said student Angela Odom. 🛛

STORY AND PHOTOS BY MELISSA CHANDLER @MJEFFER8



Klayna (left) and Mextli Palacios



Sports

Cooper Pawson Andrew Gillette Caleb Clearman **Trever Cooley**

Poetry Kent Elliott

A&E Mathew Brock

Editorial Assistant and Distribution Melissa Chandler

Comic Cameron Reed

Layout Designer Nicole Petroccione

Contributers

Dale Humme **Richard Steeves** Paige Harkless

Web Master Marci Sishco

Advertising Natalia Bueno Nick Lawrence

COMEDY FOR EVERYONE

We've all seen TV shows like "Whose Line Is It Anyway?" or "Saturday Night Live." Well, if you want to bring that kind of laughter, spontaneity and creativity to LBCC then the Improv Club is for you.

Improv Club President Hodge Dubois is recruiting new members to have fun and play improv games. The club calls itself the Comedy Syndicate, and promises a good time in a judgementfree environment.

"We play a variety of improv games that will keep you on your toes, as well as keep you laughing and having a good time, because that's really the sole purpose of this club - just having fun," said Dubois.

Members don't need to be performing arts majors or have any comedic or theater experience to join. The club is open to anyone, but just don't be shy! The club often meets in the courtyard to entertain unsuspecting students.

"If the weather is nice enough and there's a lot of people in the courtyard, I might just decide to send out a club-wide call to arms and just start entertaining the people there, because what is the Improv Club if not spontaneous?" said Dubois.

The club meets on Fridays, either in the courtyard or the choir room. At the

start of the term, depending on member schedules, the meeting time is between noon and 3 p.m. The club also tries to be involved with campus events to spice up the scene.

"We're just a group of fun-loving, silly people. If this club sounds fun to you I highly encourage you to get a hold of me," said Dubois.

Contact Dubois at james.dubois.8103@ mail.linnbenton.edu. **9**



STORY BY ALLISON LAMPLUGH **@LUCYLAFLOURE**



APPLIED TECHNOLOGIES

LBCC hosts high school students for the High School Industrial Skills Contest

The Russell Tripp Performance Center packed in approximately 250 prospective LBCC students from 19 different Oregon high schools for an industrial skills awards ceremony Wednesday, Feb. 4.

Students in attendance toured LBCC's Albany campus facilities throughout the day, had a barbeque lunch behind the Industrial Arts Building, and finished up their trip with an awards ceremony. The awards acknowledged the high schoolers' abilities in industrial technologies such as welding, fabrication, and reading technical drawings, among other skills.

David Becker, dean of business, applied technology, and industry, took the stage with a presentation about employment opportunities in the industrial jobs market. He outlined what emerging job markets are trending toward, and discussed many ways that a two-year degree or certificate can be a viable way for students to prepare for the future.

"Seven out of ten jobs in the next ten years are going to require a two-year degree or certificate," said Becker.

He pointed out that many graduates with four-year degrees are competing for low-paying, entry-level positions in the professional sector. Becker also discussed nationally rising college debt, and pointed out that a bachelor's degree may not be the best choice for everyone.

"Today you can go to community college for two years and be out making as much, if not more money, than someone who has a four year degree," said Becker.

Becker concluded his presentation with a short video about the current job market, and handed the event over to David Ketler, an LBCC instructor, for the award ceremony.

Ketler took the stage and began calling out students' names from a long list of winners. He recognized each student's achievement in one or more fields out

of a wide range of fields that included: drafting and engineering, heavy equipment, diesel technology, machine tool technology, and welding technology.

Students in attendance were in the running for prizes that ranged from LBCC hats and sweatshirts to welding hoods and welding machines. Prizes were provided by community members as well as by LBCC.

As Ketler called out each name, the room erupted with applause, followed by hoots and cat-calls that interwove the groups of students in the room into a fabric that shared the same common thread. $\mathbf{9}$





LEARN LESS ALGEBRA

Math 98 adds a more useful transition for those who don't plan to exceed math 105.

for their degree: LBCC introduced Math need in 105."

There's a new path to Math 105 that have Math 98," said Vikki Maurer, math allows students to learn only the algebra instructor. "We're cutting off processes needed to reach 105 as a stopping point for 111 and calculus that you will not

Math 98 is considered an intense fivecredit course and meets five days a week. "I think the way they designed it is od. You constantly have to use your

LBCC Commissions A NEW APP

LBCC's security office develops app to keep students safe and up to date.

LBCC now has a Public Safety app. The app can link you directly to the Public Safety office in the event of an emergency on campus. The app also links you to the LBCC homepage with the swipe of a fingertip, allowing students quick and easy access to Moodle, Webrunner, and other college services.

LBCC Manager of Safety and Loss Prevention Marcene Olson helped create the app.

"We wanted the reporting link so folks could access it properly... especially the emergency action plans," said Olson.

The Public Safety app was developed and is managed by a firm called Como. Como has given LBCC a slight discount, charging the school \$25 a month for service.

The app is available free for download on smart phones, tablets and android devices. If you haven't already downloaded the app, the process is simple. Search "LBCC public safety app" in your mobile device's app store and the familiar face of Rocky the RoadRunner should appear. From there, download and enjoy an end to your sleepless nights. 9



RICHARD STEEVES @RSTEEVES84



DID YOU KNOW?

The platypus is one of the few mammals to produce venom. Males have a pair of spurs on their hind limbs which secrete venom. The after effects are described as excruciatingly painful, while the venom is not lethal to humans, it is lethal to smaller animals.

98 as a new course fall term 2014.

"Someone wanting to take 105 would want to take 98 as to not over prepare for going into 111," said Hollis Duncan, math instructor.

Math 98 eliminates certain processes of algebra that are not required for the 105 course. Previously, Math 95 was the stepping stone to 105. However, 95 prepares students for both 105 and 111 courses. For students who don't need to continue to levels above 105, some of the material in 95 is irrelevant.

"When you take out all the unnecessary processes and leave the concepts, you

Students seeking an AAOT degree in art, criminal justice, music or theater or those seeking an Associate of Science in art, communication, English, foreign language, human development, human services, journalism, liberal studies, music, or theater, may take Math 98. It is not a course for S.T.E.M. students, as Math 95 is required for their degree.

Students taking the course should have completed algebra in high school. However, there is no prerequisite to place into the class. The course focuses on rebuilding skills that students have seen before but may have forgotten.

brain," said Carol Cole.

The course employs a workbook style, with few materials needed and no lectures. Instead it focuses on problem solving, critical thinking, and group work.

"I like how everybody helps each other; if we get stuck, we help each other out," said Alexis Delgadillo. **Q**



STUDY JAM!

Prepare for finals at the Study Jam!

Albany - On Saturday and Sunday, March 16 and 17, the Albany campus library and Learning Center will be open from 10 a.m. to 5 p.m. The Math Angle will be open from noon to 4 p.m. Free drinks and food will be provided in the Hotshot Cafe from 10 a.m. to 5 p.m.

Corvallis - Study Jam at the Benton Center will be Sunday, March 16 in the Learning and Career Center and the Learning Annex from 10 a.m. to 4 p.m. There will be several drawings for prizes throughout the day. Tickets will be handed out at check-in station in the LCC. Pizza, snacks, and drinks will be provided by the Student Leadership Council.

EQUAL ACCESS FOR EDUCATION

The Center for Accessibility Resources accommodates students based on individual needs

The Center for Accessibility Resources is a great way to get accommodations for disabilities or special needs. Those in need of these services can visit the Center's office, Red Cedar Hall (RCH) Room 105, for assistance.

The Center for Accessibility Resources (CFAR), formerly known as the Disability Services Office, is a program run by Carol Raymundo.

Once you are ready to attend college and feel you may need some help in being successful, you can contact CFAR. There you will meet with Raymundo, and work with her to see if you qualify for accommodations.

CFAR operates on a case-by-case basis, and if a student doesn't have documentation but can clearly identify where their learning is impacted, they can get accommodations. Testing for your needs is done in a lab, in a quiet atmosphere.

In the first month of winter term 2015 CFAR accommodated 682 students, who collectively received over 1,103

The Center for Accessibility Resources accommodations. These numbers grow a great way to get accommodations throughout the year.

Students who may need accommodations need first to plan ahead, making sure they know how they are going to attend college, and how they are going to pay for it. Students should have already taken their placement tests.

Students then can go in person or apply online to get started with requesting accommodations. Then they will meet with Raymundo and see what accommodations are available.

CFAR has accessible formats, classroom and lab accommodations, curriculum accommodations, testing accommodations, and help for the deaf or hard of hearing.

CFAR also provides accommodations to students who may not be able to keep up with assigned work. Assistance needed could be something as simple as needing a chair because your back hurts, or as complex as needing someone to read for you because you can't read. CFAR accommodates from the smallest things to the biggest things.

"Center for Accessibility Resources isn't a scary place. We hope students feel comfortable coming here." said Raymundo. "We want to make sure that if they have questions they are able to ask them, and feel like they can."

Changing the name to CFAR was a consideration, not a requirement, she said. This was done so students would feel more comfortable approaching the office.

The CFAR support lab is located at RCH, Room 114. Once students receive their accommodations, they can get started with scheduling all of the tests for their classes (if they are going to take their tests in the quieter lab as one of their accommodations). Jennifer Walker will be there to set appointments.

Students will get their course syllabi on their first day, which is where they can find all their test dates.

"It is very important that you start scheduling your tests the first week of school, especially finals, because the

testing area fills up fast," said Walker.

The lab has quiet, distraction-free cubicles. There are two types of cubicles: ones with desks facing the door and windows, and ones without windows.

Students must first be registered with CFAR for quiet testing, and then students must fill out a form that states what accommodations they intend to use.

Once the appointment has been set, students will give that form to their instructors. The instructors will fill out their part and take the test to the lab before the date set to test.

"Anyone can use the support lab. You don't have to have accommodations. If you just want a place to get away from the stressful college atmosphere, come here, use the computers, go on Facebook, play a game, just take a break. Just not during finals week, because they are full," said Walker. $\mathbf{9}$

STORY BY CAROL COLE

LBCC REPRESENTS OREGON AT CHORAL CONFERENCE

Choral conference offers two students the chance of a lifetime

LBCC students projected their dynamic range all the way to Salt Lake City.

Two LBCC choir students received the honor of traveling to Utah to attend the 2015 National Conference for the American Choral Directors' Association. Approximately 2,000 students, teachers and conductors met to study the craft of music.

The days of Feb. 25 to 28 were packed with classes, workshops, rehearsals, and performances for Katharine Dunigan and Alyson Fewless. Both choir students were accompanied by their conductor and instructor, James Reddan.

Selection for the event was specific. Fewless attended because she is the only member of the LBCC choir currently working as a conductor. Dunigan was invited as member of an elite group of students accepted onto the ACDA as part of the 2015 ACDA Collegiate Honor Choir was amazing, especially since she was the only college student from the State of Oregon accepted into the ensemble."

Dunigan earned her place on the Latin-American themed choir consisting of 200 singers. Those selected beat out 3,000 students who auditioned for a coveted spot.

"At first I wasn't sure if I wanted to audition. But after talking with my mom and director, James, I came to the conclusion that it would be a great learning experience for me," said Dunigan.

Dunigan's days were long, rehearsing for eight hours on both Wednesday and Thursday in preparation for the Honors Choir performances on Friday and Saturday. She performed at several different times and locations; one Saturday performance in particular was special. With 1,100 singers on the stage, the Honors Choir merged with the Mormon Tabernacle Choir and the

Mormon Tabernacle Symphony to sing "He's Got The Whole World."

"When I was 17 I sang in Carnegie Hall which was my first big audience and I loved every second of it. This was just as awesome and I can't wait to sing in front of an even bigger audience," said Dunigan.

Fewless will be putting what she learned in the workshops to immediate use. She attended two workshops for her job conducting the Santiam Canyon Community Chorus, comprised of members 40 years and older. With that in mind she took classes for evolving voices, designed to help conductors adjust warms-ups for voices not in their prime.

Fewless also attended a workshop specifically for her conducting job at Santiam High School. Since most of the boys in her choir are at the age of puberty, she took a class focusing on boys' voices and picking songs appropriate for a young man's changing voice. "It was a lot of information to get in

four days," said Fewless. "It was kind of cool because I had something in common with everyone there."

Both Dunigan and Fewless were able to attend concerts to watch peers perform a cappella, both modern and renaissancestyle. They had the opportunity to meet performers prominent in the choral world, such as the King Singers, a vocal ensemble from Sweden.

"It was a little bit intimidating talking to them because they're kind of like rock stars," said Fewless.

The experience was a good one, by unanimous accounts from all three.

"I am so proud of [Dunigan and Fewless] and how much they have grown and achieved through this experience," said Reddan. "This was truly a learning and musical experience that they will never forget." **9**

Collegiate Honor Choir.

"It was truly special having two of our LBCC choral music students there to represent the State of Oregon," said Reddan. "Watching [Dunigan] perform





PHOTO: JAMES REDDEN

Alyson Fewless and Katharine Dunigan (right)

COURTESY: AIMEE MELL

Katharine Dunigan on the Honors Choir performs with the Mormon Tabernacle Choir and Symphony.

COOKING WITH WADLOW

A former LBCC culinary student learns and lives the trade

Andrew Wadlow has had a passion for the culinary arts since he was 6 years old, cooking with his grandparents for holidays. Born in Corvallis in 1983 and growing up in Albany, Wadlow wanted to never have a 9-to-5 job. He fulfilled that goal, and is currently the catering chef at LBCC.

Wadlow's path to being a chef wasn't traditional. In high school he didn't take any culinary art classes but instead spent his time in a band. Wadlow didn't think he was going to be a chef, he was going to be a music teacher.

"Life just happened. I didn't go to school right out of high school. I was playing music professionally and wasn't really making a living."

His band was called Falling Up. Wadlow had many roles in the group playing the keyboard, turntables and synthesizers. He also did the programming and electronics.

restaurants for a while and was a food service director at a school. He also worked at the Mennonite Village retirement living facility for four years. He then decided to try out culinary school because he wasn't interested in regular academic classes.

In 2004, he enrolled in the two-year Culinary Arts program at LBCC.

"The main difference between the first and second year is the structure. The first year curriculum is very structured and the students' tasks are given to them by the instructor."

In the second year students are more free to direct themselves.

"This allows them to learn how to think for themselves and be ready for the workforce."

If you go to the Commons Cafeteria, you will see the first and second year students practicing their craft.

There are challenges for Chef Wadlow Taking odd jobs, he worked in when trying to get the students to buy into

the curriculum. For example -- macaroni and cheese. Someone could have made it a certain way their entire life and that's how they want to make it. Getting them to buy into a technique that might be more efficient and save time is difficult at times because they think they already know how to do it.

For him, the most challenging area of the kitchen is the bakery.

"I am more of a chef than a baker. The intricate finesse kind of work I struggle with at times."

Wadlow enjoys cooking seafood and American-style barbecue. His joy of cooking doesn't end at LBCC; he often cooks meals at home for his wife and children.

On a typical day Wadlow arrives at LBCC at 6 a.m. with three to five events to cater. He works with the students on various projects to complete their orders, ranging from coffee setups to lunches and dinners. Most days they are finished



by 3 or 4 p.m. However, there are days that keep him around until 9 or 10 p.m.

Before teaching at LBCC he was the executive chef at Mennonite Village. He has now been a chef on campus for three years. \mathbf{Q}

STORY AND PHOTO BY JASON CASEY

UNCOMMON COMMONS



Wednesday, March 4 was theme day in The Commons. Once each term the culinary arts students chose a food to feature on the menu. This term they chose authentic dishes from Japan. Students voted Lucas Pscheidt as sous chef. He helped to plan the menu, made sure the kitchen stayed on schedule, and helped put finishing touches on the dishes. Diners had their pick from three kinds of made-to-order sushi rolls.

Chef Todd Ketterman (left) with first year Gage Reddington



PHOTO STORY BY MARWAH ALZABIDI @TWITTER



PROGRAMS PROGRESS HIGH SCHOOL STUDENTS

LBCC's Partnership Programs offer high school students a chance to prepare for their college education

By forming partnership programs with over 10 different high schools, including multiple facilities in Albany, Corvallis, Philomath, and Lebanon, LBCC is able to offer high school students the chance to enroll in college classes and work toward a degree while completing a high school diploma.

There is no catch. In fact, student participants in these high school campus programs may receive paid tuition and books for up to 12 credits per term. This way, high school students looking to get a jump start into college may start a college program early and choose from a wider selection of classes than what's available at their high school.

Each high school handles the rules of the program a bit differently, but there are generally two groups of participants. In the Expanded Options Program (EOP), junior and senior high school students take a mix of classes at their high school

and at LBCC. These students have not yet met all requirements for a high school diploma, but are working toward it while starting college.

Advanced Diploma (ADV) students, on the other hand, are often "fifth-year" high school students, meaning they have chosen to defer their regular high school diploma and enroll full-time at LBCC. Think of it as a one-year scholarship for books and tuition, up to 12 credits a term. Once their fifth year is done, ADV students will receive their high school diploma (which may be considered an "advanced diploma" if they have met its requirements) and will have a free year of college under their belt.

According to Jeanine Howell, an assistant for the high school programs, "Most students may enter EOP during any term, but advanced diploma students are encouraged to sign up for fall term." Deadlines for sign-up vary between

high schools, except that for students entering in the fall a general application must be returned to the high school by May 1.

"It's a positive program to entice students to go to college," said Tiffany Madriaga, a counselor for participating high school students. "Students see the program as a way to transition into college without racking up student loan debt. It's very exciting for them."

Indeed, after finishing a placement test and following the requirements outlined by LBCC and the participating high school, students have access to many more learning opportunities as well as individual support and advising from several of the staff on campus.

"I'm still getting used to the transition between high school and college," ADV student Sam Cutting said, "But it's like free food; you don't pass up free food."

Many students report successful

outcomes from being in the program, and some manage to earn an associate degree after graduating.

In the words of Nick Pugliese, a Lebanon High School student in the program, it's "a less known opportunity to save both money and time."

According to Madriaga, around 900 students have signed up initially for the program this year, with hundreds currently participating this term. Students entering in the fall term must meet strict deadlines and attend orientation sessions in the summer.

For more information contact Carol McKiel, director of the high school campus programs at LBCC. Also be sure to check out LBCC's high school program website to learn more about the high schools involved and their unique requirements. **9**

STORY BY JAKE PFEIL

ARTS & ENTERTAINMENT

COURTESY: **NETFLIX**

"The Unbreakable Kimmy Schmidt" pretends to be quirky, light-hearted fare, but this show is really dark. It's the most subtle, well-done black comedy I've ever seen on TV.

It's her first day of everything.

Kimmy Schmidt (Ellie Kemper) spent 15 years in an apocalypse bunker with three other women, held hostage by the Reverend Ricky Wayne Gary Wayne (Jon Hamm). When the "Indiana Mole Women" - as they become known on TV – are finally rescued, Kimmy decides to start a new life in the Big Apple. She stumbles across Lillian Kaushtupper (Carol Kane), a batty old landlady with a room to rent. Lillian recruits her to be the roommate of Titus Andromedon (Tituss Burgess), a struggling, unemployed actor who can't pay said rent. Kimmy moves in and bungles her way into a job as a nanny for Jacqueline Voorhees (Jane Krakowski), a career trophy wife living a life of hip trends and nervous breakdowns on her husband's dime.

All the characters are cardboard cutout stereotypes straight out of Central Casting. Kimmy is the relentlessly positive type. Lilly is the dotty old lady who is sharper than she first appears. Titus is so, so gay, holy crap, he is the gayest gay to have ever gayed. Jacqueline is the aging Manhattan socialite who ignores her spoiled kids and stresses over her possibly-philandering husband.

Even the plots are cookie-cutter sitcom shenanigans. In one episode, Kimmy is tapped to throw a big, trendy birthday party for Jacqueline's bratty-butprecocious child (because of course he is). Everything goes wrong and Kimmy needs the help of her friends to succeed; hijinks ensue. In another, Kimmy goes back to school for her GED, only to discover a burned-out teacher who must be inspired to love teaching and take care of his students again.

"The Unbreakable Kimmy Schmidt" is built out of all the same banal building

blocks they use to put together every Monday night prime-time piece of sitcom garbage you've ever seen. But it's so much more than that, and so much better than that, it'll just blow your mind.

Take Titus, for example, who quickly becomes Kimmy's best friend and who is so stereotypical as to be almost actively offensive. He begins the show as a superficial "gay best friend." By the end of the show, we realize he's an immensely talented man who grew up black and gay in the deep south, and came to New York to escape and achieve his dreams (only to fail).

Kimmy has a perpetually sunny exterior, but you're not three episodes in before you start to realize that her "unbreakable" cheerful facade looks a bit manic. That can-do grin of hers begins to look like gritted teeth holding back the screams, because she's just escaped from 15 years of being a lunatic's abused sex slave in an underground bunker.

All of the characters on the show are like this, and all of these revelations come in a series of punchlines and blow-off quips. It's as if the writers of the show said to themselves, "Let's take the absolute worst situations we can imagine, turn them all into jokes, and see if anyone notices."

"The Unbreakable Kimmy Schmidt" is an amazing satire and hilarious black comedy, mocking Internet trends, television, history, and pop culture with deft and subtle ease. It grabs all of those Central Casting tropes and cliched sitcom situations by the ankles and turns them upside down to shake their pockets out for loose change. And it all happens at a rapid-fire, literally blink-and-you'llmiss-it pace. ♥

STORY BY MARCI SISCHO @MARCISISCHO

STEAM'S NEW GAMING GEAR

Steam reveals details and release dates for some of it's new PC gaming hardware, including its new virtual reality headset

UNBREAKABLE

The future of PC gaming will soon be here. This weekend the game company Valve announced some interesting new technology it's hoping to serve up next November to help take PC gaming into a new era.

Over the last year Valve has talked about its Steam Machines, small but device that allows you to stream gameplay powerful gaming computers, along with the reveal of its very own Linux-based operating system Steam OS, which went into beta last year.

To add to the saliva-inducing technological buffet of recent years, Valve long-forbidden territory of couch space, has now revealed the details for much of stereotypically home to those diehard its new gaming related hardware. Here's console gamers. what they tossed our way last Saturday.

traditional, wireless gaming controller geared more towards PC games. It features two track pads, a single paddle, a standard array of four buttons, and HD haptics for more precise response for controller vibration.

Next they have the Steam Link, a from your gaming computer to any screen connected to your home network, including your TV. It was designed so that you can take the power of a gaming PC anywhere in the house, including the



VR headset, available for game developers hopefully their innovations will prove to this spring. The unique aspect this virtual reality headset brings to the table is built-in auto orientation, to eliminate the motion sickness that plagues most prospective virtual reality headset users. Valve is ahead of the curve when it comes to the future of gaming, and

MEDIA BULLETIN

be as revolutionary as they are making them out to be. **Q**

TV SERIES REVIEW: Unbreakable Kimmy Schmidt

NETWORK: Netflix STARRING: Ellie Kemper, Tituss Burgess, Carol Kane **PRODUCTION:** Little Stranger Universal Television **CREATORS:** Robert Carlock, Tina Fey **GENRE:** Comedy **RATED:** Not Rated OVERALL RATING: ★★★★

The Steam Controller is a non-

Finally, the most intriguing of Valve's recent announcements is its new Steam



COLUMN BY MATHEW BROCK @MATHEWQBROCK



DID YOU KNOW?

Japense crows have learned to pick up lost money and use it to buy food from vending machines. Some areas have installed bird-specfic machines to accommodate them.

Game	Platform		Develop	ber	Relea	ase Date
Giana Sisters: Twisted Dreams-Director's cut	PC, PS4		Soedesco		March	n 13, 2015
LA Cops	PC		Team17		March	13, 2015
Battlefield Hardline	PS3, PS4, X360,	ХО	EA		March	17, 2015
FINAL FANTASY TYPE-0	PS4, XO		Square En	ix	March	17, 2015
The Elder Scrolls Online: Tamriel Unlimited	PC, Mac		Bethesda		March	17, 2015
Warlocks	WiiU		One More	Level	March	17, 2015
Movie Stu	dio	Directo	r	Genre		Release Date
Cinderella Walt	Disney Pictures	Kenneth B	ranagh	Romance, Fanta	sy N	March 13
Run All Night Warn	ner Bros.	Jaume Col	llet-Serra	Action	٩	March 13

CREATIVE CORNER

"What I Found Implied when I Pitched the Idea that Strangeness Exists"

"Listen, listen! Thimbriggor's real! It exists!" the prophet proclaimed. And his passion implied sincere belief. But still, even so, I found it hard to accept. The rabid idea of "Thimbriggor" was all twisted with strangeness. It was hard for me to buy the prophet's pitch. With my hard bat of doubt I swung at his pitch, "Your claim doesn't prove something so odd exists," I said, uneasy with "Thimbriggor's" strangeness. "Your distrust," he replied, "has clearly implied a locked mind that rejects each new idea. Free your heart, and own the wealth your soul has found." We argued for hours and hours until I found his force of conviction made disbelief pitch over and die. I embraced the idea that love is a bird, and that all that exists is naught but the oneness our being implied in a universe twined and glazed with strangeness! We went into town to preach all the strangeness and soon there were crowds of the people who'd found our words had unbound them from what was implied by their too boring lives. The tent we then pitch rings with the throng crying "Thimbriggor exists!" The amazing power of an idea. How quick the worm turns, we had no idea, a town's esteem is mercurial strangeness. They said that a hearsay heresy exists. And soon all around, the prophet and I found the cries of the mob rose to a fever pitch. We fled from the fate our blasphemy implied. Thimbriggor was not on my mind which implied safety is greater than some big idea. The prophet was caught and then covered in pitch and feathers and made to dance out his strangeness. I crept from the town hoping not to be found, I can take the loss if my world still exists. The burnt idea that Thimbriggor exists

"Flawless"

There is no flaw In stars. No doubt Within their light— No faith To lose, No heaven To withhold Or devil to convict. They shine for any one Or thing Or beast— They light a path to God That leads Beyond God. There is no flaw in stars.

By Tony Makosica

"Star Light"

As I look towards the desert night Where all is bitter and sour I have found a peculiar light A graceful golden flower That shines the purest of white With an enlightening power

Like a dove it takes flight With a beauty that cannot be compared For just as I lose it from sight It blooms into a breathtaking flare For it has become my star, my one light

By. Nathan Tav Knight

sent me rolling down a steep pitch 'til I found

my yearnings implied I loved sweetened strangeness.

In the desert where I am ensnared

By. Nethaniel Edwards

SUBMIT YOUR WORK

Submit your poetry to The Commuter by email at commuter@linnbenton.edu or drop by the office in Forum 222.

Join the Poetry Club Tuesdays in the DAC, 3-4pm.

Student Submissions: Drawing 131 Comics

In Analee Fuentes' Drawing 131 class students were assigned to create a comic strip with inspiration from real life. This assignment was confined to one page and thus students had to be able to tell a story with that restriction.



A G E











Rebecca Chandler was inspired by her nephew standing up for his sister against a school bully. She used only a pencil and a ruler to draw this strip titled "Super E." Since her preferred style is cartoons and lettering, this assignment was easy and fun for her.



Jessica Pippin drew this comic strip using colored pencils and sharpie. It tells the story of a car accident that her son believed was caused by Bloody Mary. This was the first comic strip that she created and had a blast doing it despite the one page









Fleeting Curiosity

This comic strip was created by Erik Bourque. He used ink pen and pencil to portray the inclination of people to avoid experiences due to fear of the unknown or a general lack of excitement in life. Bourque's storytelling is stylistic so his biggest challenge was conceptualizing the layout of the comic.



COMIC STORIES BY CAT REGAN **@RAINDANCERCAT**







7-Day Pass... ONLY S30 🧹

The NW Connector runs doily round trip buses from Corvallis to Newport. Affordable three and seven day passes, with unlimited free transfers up and down the scenic coast from Astoria to Yachats.

Plan your trip at: www.nwconnector.net/ coasttovalley

(Oh yeah ... did we mention they're equipped with bike racks?)

NORTH & NORTHWEST

CONNECTOR get on it/



In the 2000 years humans have inhabited the island of Madagascar, it has lost 80 percent of it's forests and 50 percent of it's native species.

DID YOU KNOW?

The U.S. congress passed a bill in 2011 that allows pizza to be classfied as a vegetable due to tomato paste in the sause.

Divinity: Dragon Commander "A delicious smoothie of RTS, RPG, political simulator, and more. Turn into a dragon with a jetpack, marry a talking skeleton, and disgruntle the dwarves by being a liberal." -MATHEW BROCK



TURIYA AUTRY ON LIFE, RACE, AND THE U.S. TURIYA AUTRY ANSWERS QUESTIONS ABOUT



Turiya Autry

LET'S DO LUNCH Eat fresh, everyday at your Co-op. Turiya Autry recently headlined LBCC's Listen for the meaning and intention of Unity Celebration, held in the Fireside Room Wednesday, Feb. 26. Autry inspired a room full of strangers to raise their voices up together, celebrating the diversity that our society has. Listen for the meaning and intention of what people are saying, rather than judging and critiquing based solely on word choice and vocabulary. I see a lot of conversations shut down when a person uses a wrong term

She challenged each person in the room to look at a bigger picture of life, one that includes not just our own vision, but also the attempt to illuminate the backdrop of our individual vantage of life with others' experiences, good and bad.

In this interview, Autry delves even deeper into her concepts in an attempt to offer one thing that seems to be slipping through the cracks of our society: Clarity.

Question: What do events like the Unity Celebration mean to you?

Answer: When we come together and break bread, share in an inspiring event, recognize those who give back - we are building community. To do that with a desire to make the marginalized more visible and central, while embracing the entire community is powerful and necessary. To have unity we must have mutual love, appreciation and respect. In order to get to know each other across our differences, we have to make spaces and places for folks to interact with significant ideas and realities from a variety of angles, not just in a classroom setting. Fusing arts, history, and politics with poetics and appetizers is a win-win.

Q: What is the key to success in navigating miscommunications?

A: Every situation and person is different. There is no one way to avoid miscommunication or navigate through it when it occurs. Here are some things that I find helpful:

I try to remember "unconditional positive regard." Every person has a story and a perspective and is worthy of being seen and treated with positive regard, even when we don't see them at their best selves. We do not know their path and future, or their entire history. We can't change people, they have to change for themselves. We can't enter into debate, conversations and interpersonal relationships, thinking that we can change people. We can give folks information and share our views, but people ultimately change for themselves, when and if they choose, on their own time.

what people are saying, rather than judging and critiquing based solely on word choice and vocabulary. I see a lot of conversations shut down when a person uses a wrong term or isn't as fluid in expressing their ideas. To encourage conversation we have to be open to hearing what people actually have to say without always leaping to the roles of judging and correcting. Once people feel attacked, they start to shut down. For people who are trying to be allies to marginalized folks, it is also really important to listen more, talk less, and do the work. There are libraries full of books and an internet full of resources; don't expect the marginalized to be your encyclopedias and research database. When it comes to identity, dynamics and societal "isms," there is a wealth of material out there. Read articles, watch some documentary videos, read some books, check out some art about it.

Q: How do you think the United states is doing in regards to race relations?

A: Horrible. Unless you consider the true nature of the country and how it was built on ideas of supremacy, by very few over the masses. Race relations were about dominating, annihilating and exclusion; it is what the country was built on. The blood and bones of Native Americans, Black people, immigrants, the poor, and working class folks and otherwise exploited, are the foundation of the U.S. superpower status. In that sense, the country is right on track with its race relations. Five Hundred years of this specific brand of "race relations" has led to a pretty well run institution of inequity: see the One percent- five percent and their rising wealth versus everyone else, see the public lynching revival via police departments and neighbors with guns and chokeholds, see the wage/housing/employment/incarceration/ achievement/wealth gaps.

"Race" is the elephant that's been defecating in the room for 500 years, and folks want to burn a candle under some potpourri and act like everything's good now, but we really don't have time for that anymore. $\mathbf{9}$



STORY AND PHOTO BY CHRISTOPHER TROTCHIE @CHRISTOPHER999



JOB OPENINGS CURRENTLY AVAILABLE

There are MULTIPLE OPENINGS that need to be filled ASAP.

Pays above minimum wage!!!

Are you majoring in any of the following areas?

Biology Science E Chemistry Physics C Business Technology B Water Environmental Technology

Engineering Computers Business Administration 39

Minimum qualifications:

Two terms of applicable college courses Min. 2.0 GPA and 3.0 GPA or better in major) Registering for credits in the CWE program at LBCC Prefer a one-year or longer commitment to employment

How to APPLY???

Contact: Lena Carr or Rich Horton cwe@linnbenton.edu - 541.917.4787 Career and Counseling Center in Takena Hall, Rm 101



"Dabs" — The future of recreational marijuana? A concern to some but welcomed by others, "dabs" remain shrouded in mystery for many.

A "dab" is a highly concentrated form of THC (Tetrahydrocannabinol) or CBD (Cannabidiol) that is derived from synthesizing marijuana. Many other drugs such as cocaine, methamphetamines, and ecstasy use a synthesis process to intensify the effect of the drug.

The term dab comes from the amount of concentrated THC and CBD used to achieve a "high."

Experts agree that the use of dabs is on the rise in America.

Wax, crumble, shatter, honey oil, butter ... none of these names conjure images of Willie Nelson toking marijuana out of an apple or Bob Marley exhaling a bellow of thick smoke with beaming red eyes. With exploding mobile homes, butane extraction methods, and a substance that resembles a designer drug bought and sold in small coin baggies, "dabs" are replacing the image of peace signs, rolling hills of lush green marijuana plants, and VW buses making a break for the state line.

With Oregon's newly passed law legalization of recreational marijuana — it appears cannabis culture will be ushering in a new age July 1. As many Oregonians look to incorporate marijuana into the general dynamics of our society, many are hopeful the drug will boost the state's economic vitality, lower incarceration rates, and possibly take money out of the pockets of criminal organizations.

Opponents seem to agree the new law sets dangerous precedents; ultimately standards seem to be slipping into a drug-induced "purple haze" that could affect many in society. Either way one feels on the matter, life will not be the same.

of solvent residue and can provide the producer with almost 100 percent THC or CBD. With a quality purger, the only other trace materials in the oil will be plant matter.

Strains with higher CBD levels are used for the medical-marijuana industry.

"Cannabidiol (CBD) is a compound in cannabis that has medical effects but does not make people feel 'stoned' and can actually counter the psychoactive effects of THC," according to ProjectCBD.org Director Martin A. Lee. "After decades in which only high-THC cannabis was available, CBD-rich strains are now being grown by and for medical users."

ProjectCBD.org is a non-profit educational program for the promotion of CBD for medical use.

CBD does not give you a mental high and is known to combat multiple illnesses, including nausea, seizures, psychosis, inflammation, tumors and cancer cells, anxiety, depression, and neurodegenerative disorders.

Dabs are sold on the streets and in dispensaries. According to Jonathon effect from ingestion.

From ScienceDirect.com under "Addictive Behaviors," a study by Mallory Loflin and Mitch Earleywine showed that "despite press reports that suggest that 'dabbing' is riskier than smoking flower cannabis, no data address whether dabs users experience more problems from use than those who prefer flower cannabis."

From an article in High Times, Russ Bellville explains that "someone who smokes too much weed may get the munchies and fall asleep, but someone who over-dabs can end up passing out or puking their guts out."

Other physical risks seem to manifest during the onset of the "high" as an experience of anxiety.

Although the feel of taking dabs can "promote a feeling of comfort between friends, it can promote anxiety between strangers," said an OSU student who asked to remain unnamed.

"I was all in my head and my body was just really heavy," said an LBCC student who also asked not to be named in this

"it sneaks up on you, and then you'll just be like, 'oh shit!'"

Brown, a medical marijuana grower and former LBCC student, in Oregon the price can range from \$25 to \$40 a gram on as similar to that of edibles, and that the streets and as high as \$60 in the shops. Some places have been known to price their oil in the \$100 range. Compared to marijuana buds, concentrates are almost twice as expensive. For oil to be sold as medicine, Brown tests for solvents either in-house or in a laboratory. High quality or medical grade oil may have a low solvent level in ppb (parts per billion), requiring a more sensitive test than a standard lab test that determines levels in parts per million (ppm). Brown uses a more sensitive test because his patients prefer the purest oil. The competition is to see who can produce the best dabs. Most dispensaries keep their recipes top secret if made in-house.

article.

The high of a dab was also described the intensity of taking a dab placed it in a realm of being "the designer drug of marijuana." With the advent of dabs, traditional pot smoking may begin to decline. Concerns about using dabs and their long-term effects include addiction, lack of motivation, isolation from "the real world," and an increase of social anxiety. Although it has been argued as physically not possible to become addicted to marijuana, with this new form of synthetic refinement the possibility of addiction is prominent in conversations and articles. As stated in Claire Doan's article on KCRA.com, drug addiction specialist Jon Daily said, "The symptoms of wax, dabs, or butter include psychotic breaks, having hallucinations, seeing things that are not there, hearing things that are not there, having tactile sensations like something's crawling under my skin. It's much more addicting. I think there's going to be psychological ramifications to come. I think we're going to see more psychosis with it, more

anxiety with it. We're going to see more sleep problems with it."

"I've had a 240-600 mg oxycodone habit, quit cold turkey and never once had withdrawal symptoms similar," said an unnamed Corvallis resident who has experienced dab withdrawals.

The prominence of dabs at parties seems to be pretty low, staying more in the end of a "kickback" vibe, no physical activity other than smoking is tied to dabbing. Dabbing is the activity. Taking a dab or not can be the deciding factor of how a person feels for the next six to 10 hours.

For some it has become a normal part of daily life but for most dabs are regarded as a crossroad. The sense of exclusivity that follows dabbers hints at the fact that the dab scene is fairly exclusive.

"Casual dab smokers are hard to find," said the OSU student.

Part of the exclusivity is due to the cost of dabs, while the other part is the cost of obtaining a "dab rig," which consists of using a blowtorch to heat a metal platform that is attached to a glass water piece. Together they resemble the taboo of smoking crack.

"It sneaks up on you, and then you'll just be like, 'Oh shit!"" said the OSU student.

LEGAL IMPLICATIONS

Smoking marijuana has come a long way since "Reefer Madness," an antimarijuana propaganda movie was made in 1936. It has turned from a simple jointsmoking session to "dabbing" out.

Although this "dab" life is becoming more common, it is still marijuana and therefore illegal to smoke, for now.

Under Measure 91, concentrates made at home are illegal to produce, possess or smoke. Homemade production or possession of up to a quarter ounce of homemade "dabs" is considered a Class B misdemeanor, which could result in six months in jail and maximum fine of \$2,500. If caught with more than a quarter ounce of homemade "dabs" it is considered a Class C felony, which entails at least six years in jail and a maximum fine of \$125,000. However, "dabs" made at a state-licensed cannabis retailer are legal to possess and smoke. \mathbf{Q}

The stereotype of a long-haired hippie sneaking off to the alley for a dubie is morphing into a closed-door society of dabbers

THE PROCESSING

Dabs culminate from a process of stripping marijuana plants of the many microscopic trichomes that cover the entire surface of the plant. The trichomes contain THC and CBD, the compounds that give a mind and body high.

There are a plethora of ways to make dabs. There is much debate on what the "cleanest" or "purest" forms of dabs truly are, since most methods involve using a solvent containing harmful chemicals. The most common way of extracting the trichomes is using butane to get the product BHO, or butane hash oil.

Producers use alcohol, water, CO2, propane, and dry ice among other solvents. With the large array of solvents comes a larger array of techniques to wash the trichomes off the plant matter.

The end process includes vacuum purging, which removes the majority

SOCIAL IMPACT

Considering that most concerns around the use of dabs are related to the extraction process which entails the use of a significant amount of butane, it is only reasonable to address the potential health risks a user might incur as a side

STORY BY



@RAINDANCERCAT

GEORGIA DUNN-HARTMAN @GEIRYDER



CHRISTOPHER TROTCHIE @CHRISTOPHER999

ROADRUNNERS RECRUITED TO WOU



Two standout volleyball players say goodbye to LBCC and prepare for spring ball at Western Oregon University

Teammates being recruited to the same school is rare. Paige Kelsey and Sasha Bogdanovic defyed the odds, playing together since high school, and both being recruited to Western Oregon University starting spring term.

"Great to see two of them leave together," said Coach Jayme Frazier.

Both Kelsey and Bogdanovic will leave LBCC after this term and get a head start with their new team during the spring season. Both players are excited to play for a school they feel is a great fit.

"I like the character of the campus and the coaching staff. The program looks promising, and the school had exactly what I wanted to do," said Bogdanovic. "Being teammates since freshmen year in high school, (Kelsey committing) definitely affected my decision."

WOU volleyball was close to making the NCAA D-2 Championship tournaments in 2012 but has taken a step back in the last two years, finishing below .500 in both seasons. Kelsey and Bogdanovic will compete for starting positions against a young squad that looks to make a run at the postseason next year.

"I think this is a great opportunity for them, it fits their academic needs," said Coach Frazier.

Both girls are excited at the prospect of their new alma mater but they each wanted to express their gratitude to both LBCC and its coaching staff on getting the opportunity to continue playing volleyball.

"Its been a great two years here at LBCC, Jayme has been great," said Kelsey.

"I would never have gotten the opportunity to go to WOU without LBCC," said Bogdanovic.

While this is a goodbye, both girls will be back for scrimmage games between WOU, LBCC, and other teams at LBCC on May 8. Those interested in continuing to support the girls at WOU should check the schools website for spring dates. \mathbf{Q}





SPORTS BULLETIN

LBCC Baseball:

vs. Linfield JV Sunday, March 15 1 p.m.

OSU

Baseball:

at Arizona State Friday, March 13 6:30 p.m. Saturday, March 14

6 p.m. Sunday, March 15

1 p.m.

UO

Baseball:

vs. San Francisco Wednesday, March 11 6 p.m.

at California Friday, March 13 7 p.m. Saturday, March 14 6 p.m. Sunday, March 15 1 p.m.

Pac-12 Basketball Tournament:

OSU vs Colorado Wednesday, March 11 6 p.m.

UO vs. Winner OSU/CU Thursday, March 12 6 p.m.

Semifinals

Friday, March 13 8:30 p.m.

Finals

Saturday, March 14 8 p.m.

THE NEW "STAR" TO DANCE WITH

NFL prospect decides to join "Dancing With The Stars" causing people to question where his priorities lie

Michael Sam made history last April by becoming the first openly gay player to be drafted in NFL.

Sam was selected in the seventh round by the St. Louis Rams. Following a three sack, 11 tackle preseason performance he was let go by the Rams, and quickly picked up by the Dallas Cowboys as a practice squad member. Released by the Cowboys on Oct. 21, Sam is currently without a team to play for, but isn't out of work.

On Feb. 23, network officials from ABC released a statement saying that Sam would be participating in the upcoming season of "Dancing With The Stars." It will be the show's twentieth season, and

filming is scheduled to commence on March 20. Herein lies the problem.

The NFL is scheduled to host its firstever Veteran's Combine, something Sam has expressed interest in participating in. The problem is that the combine is scheduled to start on March 22, two days after the start of Sam's new reality TV career.

Personally I'm disappointed, maybe I'm the only one, but I was really looking forward to watching Sam kick the crap out of some big name stars on the football field. Perhaps seeing Sam's talent during a primetime NFL game underneath the glow of stadium lights would help break down some of the barriers and stigmatism

that bigots have about homosexuality.

Dancing with the Stars is a rigorous competition, and by participating in the show Sam is putting his NFL career at risk, begging the question of where his priorities are: on the dance floor or the football field?

Spectacles in the NFL, such as Johnny Manziel, only draw negative attention to their team. More and more organizations within the NFL are concerned with player conduct and off the field issues. Teams are likely to steer clear of a player who is too busy two-stepping or tangoing on national TV to take time to work on what is supposed to be his professional career. I refuse to watch as Sam foxtrot his

way into obscurity. I can only hope the rhumba or samba shakes some sense into him. Hopefully he takes the lead, and returns to the football field.

I do hope Sam has a great time on "Dancing with the Stars," hell, I hope he wins. However, I fear this may be the last we hear of Michael Sam. As CNS News reporter Dylan Gwinn put it, he's "dancing on the grave of his NFL career." **Q**



BASEBALL STRUGGLES TO FIND IDENTITY

For the first time in two years there was a home baseball game at Linn-Benton Community College.

On Wednesday, March 4 LB took to their field to take on Lane CC. It was a moment the baseball program has been looking forward to for the past year.

Lane would prove to be a tough test for the RoadRunners, as they came in ranked second in the preseason rankings and are one of the favorites to win the NWAC this season. LB didn't make excuses and knew the game would be a tough test early in the season. And a tough test it was, as Linn-Benton lost 15-0 in just 8 innings of play.

Expected starter Nolan Bastendorff experienced back spasms while warming up for the game and put Coach Ryan Gipson in a tough situation. Gipson chose to start freshman Ryan Barbarin on short notice.

Linn-Benton fell behind early with passed balls and errors, allowing Lane to score nine runs in the first inning. It was not the start the RoadRunners were hoping for in their home debut.

The rest of the game went similarly to the first inning and mental mistakes plagued LB. When the RoadRunners got men on base they couldn't come through and the game quickly got out of hand.

The tough loss at home showed LB what they need to improve on in order to compete in the NWAC. LB faces a tough schedule early in the season and will test the character and resolve of this young team.

For the weekend series, LB traveled to Eastern Oregon to take on another good team. Treasure Valley CC, like Lane and Tacoma, were ranked high in the early preseason rankings and provided another test in a four game series over the weekend.

Again the RoadRunners found out how important game experience is on Saturday, March 7, when they lost two close games, the first 1-0 and the second 8-7 in a game where Treasure Valley won on a walk off.

The first game Saturday was a pitchers'



The RoadRunners stand and remove their hats for the pledge of allegiance.

duel that showed what LB starter Jake Musial is capable of. The freshman from California threw seven innings and struck out six. Musial allowed only four hits and Treasure Valley's single run came in the fourth inning. LB could not get the bats going and only managed two hits for the game.

Game two of the doubleheader on Saturday showed that LB has some firepower on offense. Austin Kelly led the way going 3-5 with two RBIs. LB got the bats going early as they scored a run in the first inning and then added two more in the third.

With only three outs remaining in the ninth inning, Treasure Valley was able to load the bases and relief pitcher Jake Boyd walked in the winning run. The RoadRunners let one slip away and were determined to get it back in the doubleheader on Sunday.

Sunday unfortunately went the same as the day before and LB lost both games, this time by scores of 2-0 and 8-4. In game one LB got a good pitching performance from freshman Ian Scott. The Seattle native allowed two runs in the first inning. He did not allow any more runs in 5 2/3 innings. Scott only allowed four hits on the day and struck out three. However, he could not get any run support as the RoadRunners struggled at the plate again, managing three hits for the game.

In game two on Sunday, Coach Gipson turned to his ace Austin Kelly to try and salvage one win for the series. Kelly and the RoadRunners again found themselves in a hole early after Treasure Valley put four runs on the board in the second.

LB got back into the game in the top of the fifth inning scoring three runs behind RBIs from CF Henry Rondeau and SS Mike Takamori. LB had an opportunity to score more runs in the inning but Brendan Fricke grounded out with the bases loaded. LB's one-run deficit did not last for long as Treasure Valley scored three in the bottom half of the inning, winning the game 8-4.

At the start of the season and with a brand new roster, LB appears to be still finding its identity. The players have shown what they are capable of in flashes so far this season, but hope to limit their mental errors and put together a complete game in order to start putting some numbers in the win column. $\mathbf{9}$





LBCC ATHLETICS **MAKES CHANGES**

The student in studentathlete comes first for a reason.

LBCC's retooled athletics program expects to meet higher expectations and put the emphasis on "student" in the term "student athlete."

Retooling athletics began last year as the school decided whether to bring back the baseball and women's basketball programs.

"We had to really look at athletics and decide what is the point, what is the purpose of athletic programs at the community college level?" said Leslie Hammond, associate dean.

What the athletics program decided is that the purpose of athletics is to provide an opportunity for students to engage in an activity that they love and that keeps them motivated, so they can pursue their educational goals. Even at a national level this concept holds true.

That being said, LBCC athletics has now set a standard of 50 percent completion rate for the entire program. Holding athletes to a higher standard leads to success academically. According to NCAA.org, as of 2013 the annual graduation success rate is the highest it has ever been with 84 percent of student athletes graduating.

As pertains to LBCC, there is a certain obligation that a community college has in serving its community. Providing opportunities to local athletes who may normally attend LBCC is one of those obligations. Forty percent of every team must be from within Linn and Benton counties and the counties they border, and 80 percent of the players need to be from Oregon.

The third point of emphasis that LBCC has realized is in need of more attention is the community's and student body's involvement with and support for LBCC's programs. The athletics program has ideas in the works that will include community health and wellness fairs, giving people in the community a chance to interact with our student athletes.

"You don't support players at a community college level because you have seen them on TV, you do it because you know them, you have met them," said Dale Stowell, executive director of college advancement and foundation. "If you meet and get to know some of the players on the teams you are more likely to support them." Through these new changes, the athletics program affirmed that there were areas that needed improvement and that in order to maintain an athletics program changes had to be made; and they addressed those needs. The changes may not immediately result in victories, Hammond said, but the college is optimistic that with the academic foundation put in place, the athletic programs will succeed on the field and on the court. The student in student athlete is how LBCC measures success, Hammond said. **9**

Featuring Linn-Benton Community Colleg-Concert Choir Re-Choired Element Chamber Choir A cappella groups: Blue Light Special • The Sirens

> James M. Reddan, conductor Penny Bazanele, accompanist

\$10 Adults • \$7 Seniors & LBCC Students \$5 under 18 (with adult)

Box office open 1-4 p.m. week of performances





www.linnbenton.edu/russelltripptheater • 541-917-4531

Versons having questions about or requests for special needs and accommodations should contact the Disability Coordinator at Linn-Benton Community College, RCH-105, 6500 Pacific Blvd. SW, Albany, OR 97321. Phone 541-917-4699 or via Oregon Telecommunications Belay TTD at 1-800-735-2900 or 1-800-735-1232. Contact hould be made 72 hours or more in advance of the event. LBOC is an equal opportunity employer & educator.

recreational purposes. More than 80,000 square kilometers.

DID YOU KNOW?

John D. Rockefeller founded Standard Oil Company in 1870. As kerosene and gasoline grew in importance, Rockefeller's wealth soared and he became the world's richest man and the first American worth more than a billion dollars. He controlled 90 percent of all oil in the United States at his peak.



STORY BY COOPER PAWSON @COOPERPAWSON



Los Angeles Times Daily Crossword Puzzle Edited by Rich Norris and Joyce Lewis

	ACROSS
1	Bart's mom
6	Pooch in
	whodunits
10	Super-fast fliers,
	briefly
14	Multiple choice
15	options Tater
	Poi base
17	City on Spain's
17	Southwestern
	coast
18	School semester
	Some Neruda
	poems
	Collegian's
	specialty
23	Take home the
04	trophy '70s-'80s TV role
24	for Robin
	Williams
25	Bawl out
	Make illegal
	"Love Madly":
	Doors hit
30	Actor Wallach
31	"I sorry"
	TV athletic award
37	Surgical beam Retire
	Practical joke
43	Prince William's
	alma mater
	Chooses, with
	"for"
	Escape
46	Sound system
10	part Lid for a lad
40 50	Lid for a lad Rio Grande city
52	City north of
02	City north of Pittsburgh
54	Tank or tee
57	Kitchen
	appliance
	Turn over
62	Reagan
	secretary of
ດວ	state Megastars
64	In excess of
65	In excess of Footwear insert
66	Former midsize
	Pontiac named
	for a native
	Maxiaan

1	2	Э	4	5		6	7	8	Ŷ		10	11	12	ľ
14	\vdash	\vdash	+	t		۱5	f	t	\vdash		15-	\vdash	ł	t
17	1—	┼─	╆	╆─		<u>ч</u> н	┢	╆	┼─		19	╆──	╆	t
20	╢──	╢━	╢──	1-	21	┞──	†	1	┨──	22	┞─	┢		1
23	┢	┢		24	\vdash	╋	t		25	⊢	┢	┢	26	12
			28		t		!	29		\vdash		30	t	t
31	·32	33	┱		34	35	36	┡		37	-38		t	t
39		┼━		40	1—	+	†—	ť—	-11	┦──		1-	†—	t
+2	╢──	╢──	╢──	†—		43	†	1	╢──		41	╆	1	t
÷5	┢	┢		46	47		1	,	÷9	÷9	┣		I	1
5C	\vdash	┢	51		t	1	52	53		\vdash		54	55	ľ
		57	╆	†	t	34		1	┼─	1—	29	┞──	t	t
6 0	61	╏──			62	+	†—	- <u>f</u>		63			†—	t
64	┢	┢	\vdash		64	╎	t	t		66	┢	┢	t	t
67	┢	┢	┢		68	╞	t	╋		6 9	┢	┢	t	t
By (L Gail	L Grah		J ki an	d Br	uce `	l Von z	l ko			I	I	<u>,</u> 4/1	<u> </u>

DOWN

1 Colorful parrot 2 Counters with beads 3 Flying '50s film monster 4 Graph paper design 5 Itchy skin inflammation 6 Up and about 7 Bit of dust 8 Gang land 9 Look up to 10 Casual vodka order 11 Prepares for the cattle drive 12 Three, in Turin 13 Distress letters 21 "Water Lilies" painter Claude 22 Ranks below marquises 26 Fully attentive 27 Loses energy 28 Timely benefit 29 Source of a shot 31 Orchard tree 32 Work on a wall 33 Cattle drive concerns 35 Ladder lead-in

Last Edition's Puzzle Solved														
L	A	R	۷	A		S	А	G		S	Ε	М	Ι	s
0	۷	0	Ι	D		0	Ν	Ε		С	L	A	R	κ
L	Ι	N	E	J	υ	D	G	Ε		υ	L	Ŧ	R	А
A	Ð	1	N		۷	А	Ι	Ν	Ε	R		Ŧ	Ε	Ŧ
			N	υ	R	S	Ε	A	G	R	υ	D	0	Ε
Ð	А	G	A	М	A				0	×	Ε	R		
υ	P	1		P	Y	L	0	N	S		Y	υ	R	T
Ð	0	٧	E	S		0	P	P		M	S	D	0	s
s	Ρ	E	Х		S	T	Ε	R	E	0		G	Ŷ	M
		A	G	υ	A				N	0	L	Ε	S	s
٧	A	N	Ι	Ĺ	L	A	F	υ	0	G	Έ			
Е	D	υ		С	A	N	0	L	A		G	0	0	Ρ
L	A	D	L	E		D	0	N	ī	B	υ	D	G	Ε
٧	Ι	G	0	R		Ε	T	A		A	M	0	R	Ε
A	R	E	A	S		S	S	Ε		D	Ε	R	Ε	κ
(c)2	(c)2014 Tribune Content Agency, LLC											4/	1/14	

36 Greenhouse

- container 38 Physics particle 40 Decree in
- imperial Russia 41 Practical joke 47 Coffeehouse
- orders 49 Old reception aid
- 51 Last Olds made 52 Writer Jong
- 53 "Correctomundo!"
- 54 Govt. security 55 One with an unsettling look
- 56 Irritating 58 One may be on
- a woodpile 59 Wood-shaping tool
- 60 Badge bearer
- 61 One who
 - succumbed to a serpent



Job: 1103 Lebanon, OR Pay: \$9.25+/hr Closes: 3/20/15

AUTOMOTIVE TECHNICIAN | PART-TIME

Pay: DOE Closes: 3/23/15 Job: 1119 Corvallis, OR

BILINGUAL ASSISTANT | PART-TIME Job: 788 Albany, OR Pay: \$11.75/hr Closes: 3/30/15

TUTOR | PART-TIME Job: 1023

Albany, OR Pay: \$20+/hr Closes: 4/15/15

For more information, visit

Career Services

Takena Hall | Albany Campus www.linnbenton.edu/career-connections





DID YOU KNOW?

Ants have colonised almost every landmass on Earth. The only places lacking indigenous ants are Antarctica and a few remote or inhospitable islands. Ants thrive in most ecosystems and may form 15 to 25 percent of the terrestrial animal biomass.



69 Skeptical

Mexican

67 Cancún cash 68 Tiff



© 2013 The Mepham Group. Distributed by Tribune Content Agency. All rights reserved.

Wednesday: Chef's Choice Thursday: Braised Chicken, Shrimp Fried Rice, Kale and White Bean Stew* with Toast. Soups: Mulligatawny, and African Sweet Potato* Friday: Chef's Choice Monday: Chef's Choice **Tuesday:** Chef's Choice Wednesday: Chef's Choice

> The Commons will be **closed** 3/19 and 3/20 for cleaning.

Items denoted with a * are gluten-free

Monday-Friday 10 a.m.-1:15 p.m.



The Commuter Wants You! Beginning Spring Term The Commuter will have an open work study position for Social Media Editor. Come join our team and help keep your campus connected to their favorite source of news. For details or to apply stop by our office in Forum 222 on Albany Campus.



LBCC is an equal opportunity educator and employer. Persons having questions about or requests for special needs & accommodations should contact the Disability Coordinator at LBCC, RCH-105, 6500 Pacific Blvd. SW, Albany, Oregon 97321, Phone 541-917-4690 or via Oregon Telecommunications Relay TTD at 1-800-735-2900 or 1-800-735-1232. Contact should be made 72 hours or more in advance of the event.

