



WOMEN FOR THE FUTURE

PHOTOS: ELLIOT POND

Christine Webb talks about how she and her daughter Alaina Grimm stood for four hours to march in solidarity with women around the world.

LBCC Celebrates International Women's Day

The first Women's Day was organized by The Socialist Party of America and took place on Feb. 28, 1909, according to the United Nations, which officially adopted March 8 as International Women's Day in 1975.

Nearly 70 people celebrated International Women's Day at two events happening simultaneously at LBCC on March 8. The events took place from noon until 1 p.m. in the Calapooia Fireside Room and in the Diversity Achievement Center. Catered events took place discussing activism, health, and gender equality.

In the DAC, presentations were made recounting experiences at the Women's Marches in Portland and Washington D.C.

Cynthia De La Torre, President of the Our Revolution club, first presented a slideshow of photos taken at the Portland Women's March and gave context for the motivations of the march, where over 100,000 people attended on Jan. 21.

"The first reason was to exercise our first amendment rights and a lot of people probably don't consider dissent patriotic, however history has showed us that it very much is," said De La Torre.

De La Torre also included solidarity with groups that will likely be affected by the Trump administration as a motivating factor for the march, listing LGBTQ+ people, undocumented communities, refugees and Muslims. The final reason was "our future."

"Our future as women and also in regards to our worker's rights, our disability rights, the environment, and generally all of our civil rights," said De La Torre.

The early Women's Day gatherings were to advocate for voting rights, increased access to education and protesting poor working conditions.

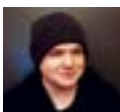
Retired Minister Christine Webb, of Albany, gave a presentation in the DAC detailing her experience at the Washington D.C. Women's March. An estimated 500,000 people attended including Janet Mock, Angela Davis and Gloria Steinem as speakers.

In the Fireside Room, the LBCC chapter of American Association of Women in Community Colleges hosted the Annual Working Women's Tea.

LBCC Wellness Advisor Lisa Hoogesteger M.S. gave a presentation titled "Well-being and Women: Powerful" highlighting the 5 essential elements of wellness as explained by Tom Rath and Jim Harter. The elements are Career Wellbeing, Social Wellbeing, Financial Wellbeing, Physical Wellbeing and Community Wellbeing.

"In terms of takeaways, my objective was to have everyone who participated learn something new about Well-Being and its power in our lives, consider a new skill or activity to try to enhance well-being, meet someone new," said Hoogesteger.

Hoogesteger also included communication tips for women to be powerful including clarity and confidence and asking for what you want. Hoogesteger also encouraged attendees to consider when speaking up would make a difference and when it would be helpful to just listen.



STORY BY
K. RAMBO
@K_RAMBO_



Cindy Sparks tries the well-crafted hors d'oeuvres that were served for the Women's Tea party.



Islamophobia

"When Muslims are harassed, when our LGBTQ friends are attacked in hate crimes, when our black brothers and sisters are gunned down, when what is left of Native land continues to be stolen, and when undocumented individuals among us are targeted, my heart hurts."
Read more on page 4.



ACA vs AHCA:

Everything you should know about the proposed healthcare bill to replace ObamaCare. **Read more on page 9.**

THE LINN-BENTON
COMMUNITY COLLEGE

The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty and students of LBCC. Editorials, columns, letters, and cartoons reflect the opinions of the authors.

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The Commuter encourages readers to use its "Opinion" pages to express their views on campus, community, regional and national issues. The Commuter attempts to print all submissions received, but reserves the right to edit for grammar, length, libel, privacy concerns and taste. Opinions expressed by letter submitters do not represent the views of the Commuter staff or the College. Deliver letters to:

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WEEKLY TRUMP WATCH

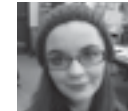
A quick review of President Trump's actions over the last week

March 10:

- President Trump announces his official, three phase repeal and replace plan for Obamacare, which you can read more about on page nine.

forth by the Department of Labor in August 2016 that supported state endeavors to establish retirement plans for workers who do not have access to a long term, tax free savings plan.

died on thursday, and was a well decorated World War II veteran.



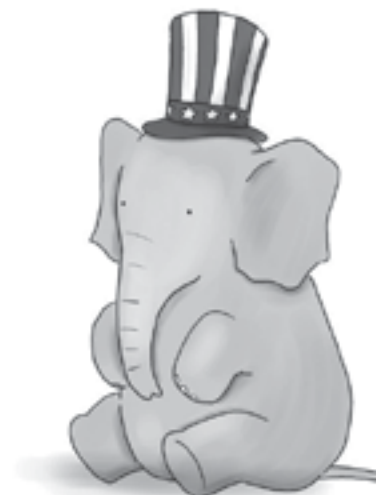
STORY BY
KATELYN BORING
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March 13:

- President Trump signs an executive order aimed at investigating, simplifying, condensing, and restructuring the executive branch.
- The Trump administration declares its strong support for the Senate passage of H. J. Resolutions 66 and 67, which would nullify the rule set

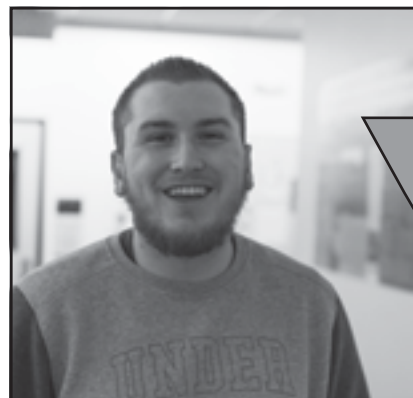
March 14:

- President Trump signs H.R. 609, which names the Department of Veterans Affairs health clinic in Butler County, Pennsylvania the Abie Abraham VA Clinic. The namesake of the clinic



CAMPUS VOICE

If money was no option, where would you go for spring break and why?

**KEVIN SNYDER
AGRICULTURE SCIENCE**

"I PROBABLY WANT TO GO ON A SMALL TRIP TO EUROPE, AND TRY TO SEE THE BIG PARTS OF IT. BUT SINCE I LIVE SO FAR FROM HOME, I AM JUST EXCITED TO GO BACK HOME (CENTRAL CALIFORNIA) TO SEE MY FAMILY AND FRIENDS."

**SACHEL HUNT
ELEMENTARY EDUCATION**

"I WOULD GO TO DISNEYLAND, AND ALSO TO VISIT MY AUNT WHO LIVES IN CALIFORNIA. I HAVE NOT SEEN HER IN YEARS."

**SARAH WRIGHT
ANIMAL SCIENCE**

"I WOULD GO TO PARIS BECAUSE IT SEEMS BEAUTIFUL, AND I WANT TO VISIT THE EIFFEL TOWER."

**BRITTANY FRANCO
PRE-NURSING**

"I WOULD GO TO FIJI, BECAUSE IT HAS GREAT BEACHES, WARM WEATHER AND NOT AS MUCH RAIN."

**JENNIE LINK
BIOLOGY AND ART**

"I'M ACTUALLY GOING TO BELIZE FOR A MARINE ECOLOGY RESEARCH EXPERIENCE."



STORY BY
SAUL BARAJAS



PHOTOS: ELLIOT POND
SLC Vice President Justin Noll.



SLC President Brian Ixthlahuac.

MEET YOUR NEW LEADERS

Ixthlahuac and Noll address new roles in student government

Now that the LBCC Student Leadership Council election is over, the two winners shared their views on their new positions.

Newly elected SLC president Brian Ixthlahuac and vice president Justin Noll will officially take office later this year in May. They are working with the current SLC staff to transition themselves into their new positions. The two agreed to an interview where they were asked a few questions about what they plan to do now that they have been elected. They shared their ideas on what they plan to do for the student body before and after they take office, issues they notice facing students at LBCC, and what they feel their roles will look like in their new positions.

What would you say your mission statement is?

Ixthlahuac: My mission statement would be to never turn a blind eye towards someone looking for help.

Noll: I want to use my service over the next year towards helping the student body have more opportunities to be engaged.

How do you plan to apply the lessons you've learned from past experiences in student government and various extra curricular activities to SLC president and vice president?

Ixthlahuac: Communication is key to make a group event work. I am going to express an open arms attitude which will act as a way for people to

communicate with ease.

Noll: How to work with people who have discernible differences from me. In a student leadership position such as SLC VP, the position requires the student leader to serve everyone. As someone who is liberal-minded when it comes to social issues, the people who I grew up with were mostly conservative-minded. Yes, I butted heads several times, but I successfully collaborated with people who had different beliefs than I do. I was able to do that because we treated each other like people, not as conservatives or liberals.

What are the biggest issues facing LBCC students that you would like to address?

Do you have a plan to fix them?

Ixthlahuac: An issue I see facing LBCC student is a lack of involvement due to the lack of advertisement. For example, today [03/08] was International Women's day and the DAC [Diversity Achievement Center] had a great presentation from women that marched in the Women's March on Washington and Portland, but not a lot of people came because they were unaware of the event.

Noll: There is much to be improved upon with involvement and engagement within the student body, mainly with time limitations and division. Many students are in circumstances where they can't be involved in anything outside of their classes. I hope to fix that through outreach efforts, from SLC Q&As to art initiatives. When it comes to division, this is an issue that stems from the November election. The day after Trump won the electoral college, the campus was silent.

All the liveliness in the student populous disappeared. Yes, it is not as silent now, but there are a lot of wounds remaining. What I hope I can do is lead by example through lending my ears to students' voices that need to be heard. That can help with the healing process.

What are some ideas you have to better utilize the LB Live app for the student body?

Ixthlahuac: The way I would better utilize the app would be to establish a reminder on the app or create a way that the app will save the date of an event and notify the person a day before to ensure that the student does not forget.

Noll: There is a little bit of irony to this answer, but getting in-person feedback to what students would like to see added, improved, or removed would be valuable. I know, it is a technological age. In spite of that, I want to interact and learn more from the students since that's how we (the student leaders) can definitively learn more to improve the utility of the app.

What would you like the SLC to improve while you're in office?

Ixthlahuac: I would like to see the amount of people coming into the SLC asking about SLC positions increase.

Noll: I would like to see SLC be more face to face with students. Over the past few weeks, I've gotten to see the amount of work the SLC is doing (answer: a large amount). Being realistic is important in

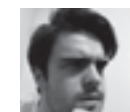
terms of integrating new initiatives, but I believe that the new staff and I will be able to accomplish having more face to face interactions.

How do you plan to involve yourself in the student body until you take office later this year?

Ixthlahuac: I plan to attend all the SLC meeting and go around introducing myself to the LBCC staff.

Noll: I'm currently working with the current SLC staff to get the transition going early so that the current staff doesn't have as much on their shoulders during training. I'm learning more about what efforts and events are going to be carrying over. With that, it will allow me to get involvement and engagement efforts started sooner.

If anyone has any questions you can visit the SLC office at the northeastern part of the courtyard by the Hot Shot Cafe on the LBCC Albany Campus.



STORY BY
JOSHUA STICKROD
@STICKRODJOSH

LBCC Chess Club

Gathers weekly in the Commons Cafeteria

Mondays: Noon - 3 p.m.

Tuesdays: 10 a.m. - 1 p.m.

Beginners Welcome!

A CALL FOR UNITY

Civil rights activist and attorney Zahra Billoo challenges anti-Muslim bigotry in the United States

In America, the term “Muslim feminist” is still relatively unknown. “How can a woman practicing Islam be a feminist?” some may ask, citing popular examples of female suppression within traditionally Muslim countries to support their disbelief. However, despite these common notions, Muslim feminists are more abundant and widespread than most people realize. Zahra Billoo is one such person, and considers it her duty to educate people on the misconceptions associated with her religion.

Quoting Billoo’s words from the Portland Women’s March in January, opening speaker Professor Mehra Shirazi introduced the activist to the audience on Feb. 23 at the OSU LaSells Stewart Center.

“I am an American Muslim woman and daughter of immigrants, a person of color, a community organizer, and a civil rights lawyer,” Shirazi, a representative from the OSU Women’s Studies Department, read. “I and American Muslims like me are committed to putting our faith into action. We live and breathe the understanding that justice cannot be for just us, that our liberation is interconnected, that we cannot be free at each others’ expense, or if any of us remains targeted.”

Cloaked in a neon blue hijab, she continued with increased passion.

“When Muslims are harassed, when our LGBTQ friends are attacked in hate crimes, when our black brothers and sisters are gunned down, when what is left of Native land continues to be stolen, and when undocumented individuals among us are targeted, my heart hurts. We all hurt. But we are also fired up,” said Shirazi.

Executive Director of CAIR’s San Francisco office Billoo spoke to a crowd of around 200 people about Islamophobia, its consequences, and its solutions. Titled “Islamophobia and the Muslim Ban,” her speech also covered the surprising causes of anti-Muslim bigotry and acquainted people with her organization, the Council on American-Islamic Relations, also known as CAIR. In a call for unity, Billoo also touched briefly on issues facing other minority and marginalized people.

“How are you all doing?” She asked, once everyone was seated. “Okay, that is good. So, it is your job tonight to cheer me up. Because what I am struggling with is that yesterday, the Department of Education withdrew protections for transgender students seeking to use restrooms of their choice. I believe it was the day before that that orders were given to clear out the last protest camps in North Dakota ... And of course there is the Muslim Ban.”

She paused to take a deep breath.

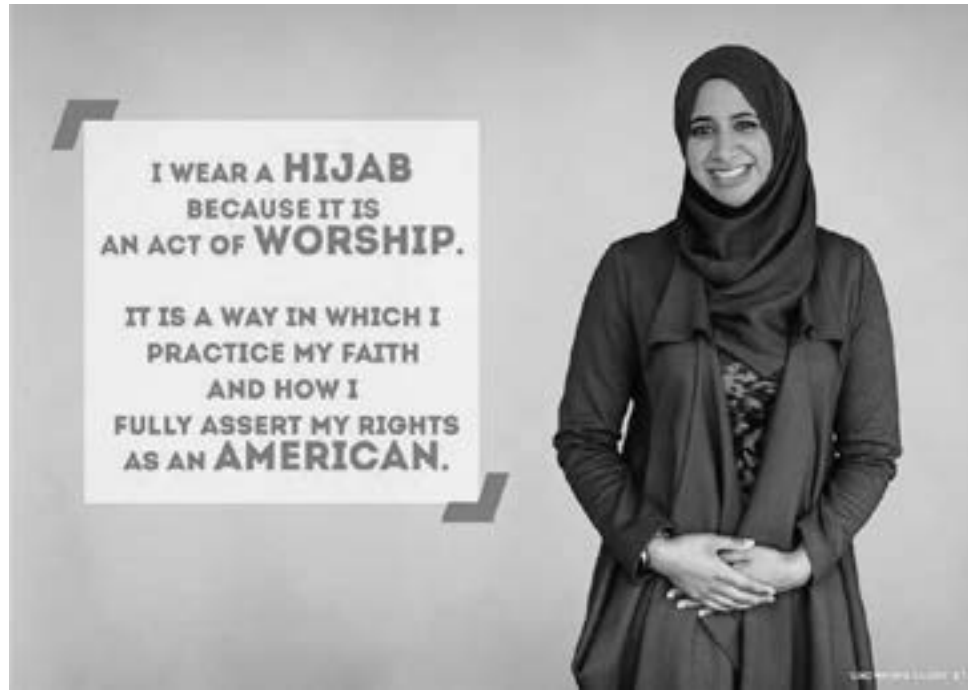
“Out of respect for the office, I will not be calling our President any names,” Billoo said. “But I will be focused on what we’re dealing with right now. We live in challenging times, we live dark times. We don’t live in new times. A Muslim Ban explicitly is something new, but the No-Fly List, travel restrictions, FBI surveillance on members of my community is not,” she said.

Billoo highlighted what she believed to be hypocrisy on the U.S government’s behalf. Referencing the famous sonnet etched into the Statue of Liberty’s pedestal, the Muslim Ban, she said, conflicted with the original American stance on immigration.

In addition, Billoo denounced the United States’ role in the plight of the seven blacklisted nations. Iraq, Iran, Syria, Sudan, Somalia, Libya, and Yemen have all endured direct or indirect U.S bombing in the past, she said, and America has also aided Saudi Arabia in its own attacks upon Yemen. “We stood by and didn’t intervene while a genocide happened in Syria,” she said.

According to Billoo, not only does this immigrant restriction waste resources, but it also creates a false sense of security.

“There have not been any terrorist attacks on U.S soil from refugees,” said Billoo. Many of the countries from which convicted terrorists originated, such as Afghanistan or Pakistan, were not included in the Muslim Ban.



Fear-mongering tactics and general ignorance contributed to CAIR’s founding.

Established in 1994, CAIR’s mission statement is to “promote justice, enhance the understanding of Islam, and empower American Muslims.” With Islamophobia reaching an all-time high, the non-profit’s services are more important than ever. CAIR is what Billoo called “the first line of defense.”

CAIR provides free counseling to Muslim victims of discrimination and access to “culturally competent” attorneys. Cases in the past have varied from police harassment to prejudice in the workplace or classroom. Training members on how to talk to the media is also one of its fundamental jobs, as doing so allows Muslims to communicate with ‘Middle America,’ the large group of citizens who remain undecided about Islam.

Billoo said that academics have used the term ‘Islamophobia,’ defined by CAIR as anti-Muslim prejudice or bigotry, prior to 9/11.

“We were already seeing it in action in Iraq. We were seeing it in law enforcement and government targeting and we’re seeing it in the movies. Even in the 80s and 90s, Muslims played one role in Hollywood, and it was someone taking over a plane,” she said.

In order to decide upon a name, they took inspiration from terms such as anti-semitism and homophobia, which have helped illuminate and condemn prejudice in their designated areas.

“In places where I come from, like San Francisco, San Jose, and Los Angeles, people understand that that kind of bigotry is not welcome in a workplace,

it’s not welcome in a school environment—that’s not how we talk about each other,” she said.

Despite an increase in support, CAIR reported a rise in Islamophobia and other minority hate crimes between 2015 and 2016. The U.S government, she said, “is doing little to condemn these acts and denying any knowledge.” According to Billoo, the Republican presidential debates revolved around radical and anti-constitutional Muslim reforms, such as monitoring Muslim neighborhoods, which she claims do not actually exist.

Religious, sexual orientation, and racial divides transcend political parties, however. In fact, Billoo condemned both Democrats, Republicans, and outliers for their harmful rhetoric and weak track

“We’re going to the townhalls, we’re voting for them, we’re giving them money, and we’re withholding those things from them when we don’t like what they do.”

Garnering support from government officials is more important than many people realize. Ten out of 50 states in America have passed anti-Muslim laws, Billoo said, instigated by representatives who have warped ideas pertaining to Islam. A “small, vocal minority” of Americans have managed to influence more than just their local legislators, however, and have expanded their influence to public schools, businesses, cities with large transit systems, and police forces. These individuals comprise what Billoo calls an “Islamophobia Industry,” or a series of around twelve dozen alleged non-profits whose “full-time job” is to spread anti-Muslim bias and hatred.

For children and adults who have never met another Muslim, Billoo said, these instances of propaganda can further stoke the flames of fear.

The First Amendment that allows anti-Muslim activists to voice their opinions, however, also protects Billoo and her allies right to speak out against them. Thus, while support from local and national officials is necessary, there is great power to be found in average citizens and organizations like CAIR. Billoo encourages allies to combine forces with all other targeted minority groups.

“We’re more powerful together,” said Billoo. “All these agencies that are targeting our groups are cooperating. If we’re going to out organize them, we better be talking to each other.”

The protests staged at airports in late January serve as examples of effective teamwork.

“One of the most heartening things we heard from people who were detained was ‘we could hear the chanting on the outside, and we knew that we weren’t going to be abandoned,’” said Billoo.

Lawsuits and court involvements are also key to success, the latter of which was directly responsible for postponing the travel ban.

“Those of you who know me, know that this isn’t the first fight,” said Billoo. “And to those of you who are younger than me, let me assure you that it won’t be the last fight. The way we sustain is by being with each other, by taking care of our bodies and our spirits, by being positive ... In the end, if we’re relying on each other, then let’s make sure that we’re taking care of each other, so we can continue to show our [unity]. Let’s celebrate the wins, because as human beings we need wins.”

At the end of Billoo’s monologue, the audience rose from their seats in a thunderous standing ovation.

Mohammed Shakibnia, Shirazi’s son and an OSU pre-law student, spoke positively about the event as well.

“A point that resonated with me throughout Zahra’s speech was when she explained all the issues people are facing/have been facing are interconnected, whether it being Black Lives Matter, protests like The Women’s March, protecting undocumented immigrants, or fighting against Islamophobia. The notion that when ‘one group’s rights are on the line, all of our’s are’ emboldens the effort and makes the resistance stronger.”

record in promoting universal tolerance.

To the surprise of many, she even commended former President George W. Bush and criticized his liberal successor, President Barack Obama. Bush “was a war criminal ... he illegally invaded Afghanistan and Iraq with his administration,” Billoo said, but he also emphasized early on in his presidency that Muslims themselves were not the enemy--terrorism was.

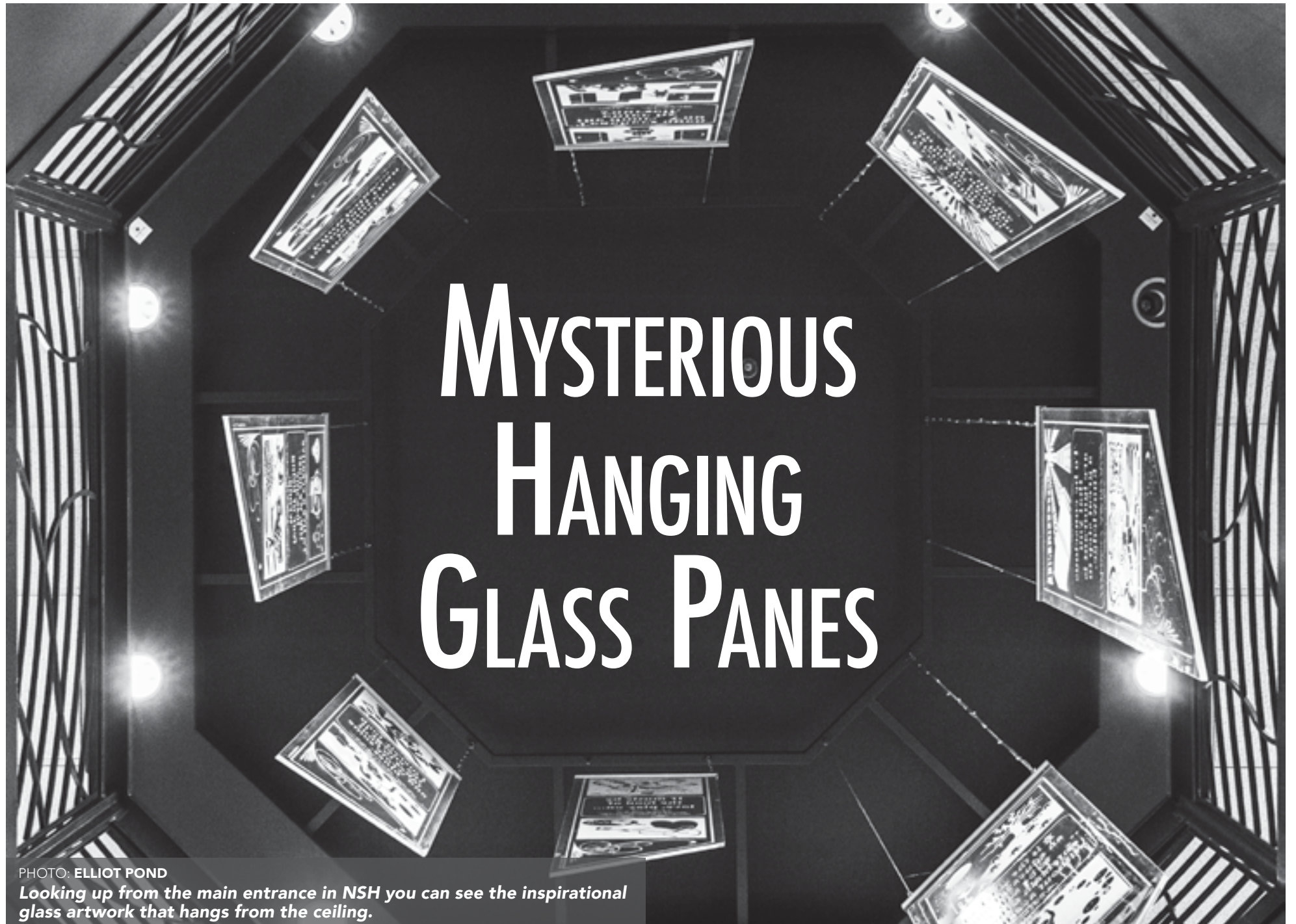
“Republicans and the right-wing of this country were kept at bay for a long time because he said the correct words,” she said.

Championed for his humanitarian efforts, in reality Obama failed to accomplish much of what he promised the American people, according to Billoo. She questioned his purported progressivism, citing his anti-undocumented immigration policies, continued surveillance of mosques, and his reluctance to close or reform Guantanamo as reasons for concern. His stance on gay marriage was less than satisfactory, in her eyes. While the LGBTQ community and allies fought decades for equality, Billoo argued that Obama merely took the credit.

Seeking to change this political trend, CAIR focuses some of their limited resources on empowering the underrepresented, including “young people, people of color, poor people, people from the Middle East and South America, central America.” It’s imperative, Billoo believes, that these groups are given the support and help needed to find their voices in the election process.

“Let’s make sure we’re holding our elected officials accountable,” Billoo said.

STORY BY
MEGAN STEWART



MYSTERIOUS HANGING GLASS PANES

PHOTO: ELLIOT POND

Looking up from the main entrance in NSH you can see the inspirational glass artwork that hangs from the ceiling.

NHS Wowzerwall Chandelier

Sunshine fills the room, and beautiful art pieces hang in a circle of creativity.

There are eight beautiful hanging glass art pieces in North Santiam Hall here at LBCC. They are collectively named the "Wowzerwall Chandelier".

Wowzerwall is an acronym for "Walls of Wonder Zestfully Executed by Roy".

The Roy in Wowzerwall is a retired Roy McFadden of "Roy McFadden Design Inc.". Roy McFadden graduated from the Los Angeles Art College of Design in 1972.

Each chandelier piece is engraved with

a famous quote accompanied by artwork pieces done by an LBCC student.

McFadden and his company translated these students' artwork as a "computer-cut-transit," so that they could be etched into the angled 1/2" clear acrylic sheets. McFadden used a method called sand blasting which engraved the art pieces.

The famous quotes include one from Duke Ellington reading "I merely took the energy it takes to pout and wrote some blues."

One faculty member, Karelia Stetz-Waters, whose office is just down the

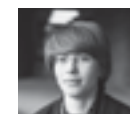
hall, said that "It has always been a part of the landscape."

The artwork pieces were built in 2006, along with the building.

The students who worked on it are Casey Tennant, Paul Richards, Jennifer Kretz, Jamie Brassfield, Matthew Zedwick, Vinessa Mayer, Christina Chase, Patrick Bettag, Alice Tetamore, Nicholas Kessi, Stephanie Wyant, Rachelle Swaney, Adam Schneider, Victoria Bottemiller, and John Redman.

Stetz-Waters said "Sometimes when you're alone in the room, you

can hear it creaking like someone is walking. It has always creeped me out," said Stetz-Waters



STORY BY
CONSTANCE JONES
@CONSYMJONES

A BITTERSWEET ENDING

Women's team falls to Spokane in Sweet 16

Linn-Benton women's basketball team put up an admirable effort in the sweet 16 of the Northwest Athletic Conference playoffs this past weekend in Everett, Washington. The Roadrunners faced off against the Spokane Sasquatch on Saturday, March 11. Unfortunately, due to seeding, the Roadrunners had to face off against a red-hot Spokane team that finished their season 14-2 and number one in their division. The final score was 70-57 in a game that the Roadrunners kept competitive until the very end.

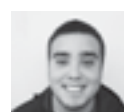
LB was able to make this a tight game all the way up until the fourth quarter. At the end of the third the score was 46-42 in favor of Spokane. The name of the game seemed to be defense, as both teams finished sub-50 percent on field goals with LB finishing with only 36 percent for the game while holding Spokane to 44.

The fourth quarter is where the

game started to slowly slip away, as the Roadrunners were outscored 24-15; the team just couldn't get into a scoring rhythm. Leading scorers for LB were Kasey Anderson, Courteney Landis, and Molly Aranda who finished with 16, 11, and 10 respectively.

Spokane was led by a dominating performance by sophomore Brianna King who finished the game with 26 points along with five rebounds. All in all, the fact that the team was able to keep the game close against such a dominant opponent was exciting to watch, even if the outcome wasn't a win.

In only the second season back since the program was dropped in 2013 the women's team was able to finish the season 9-7 in league and 16-13 overall. With eight freshmen on this team's roster, the Roadrunners should be able to take this season's experience and build upon it for success next year.



STORY BY
NICK FIELDS
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PHOTO: EMILY GOODYKOONTZ

Student Derek Espinoza sits his truck in the LBCC parking lot. (Photo taken a few days after this story was written.)

STUDENT SPOTLIGHT: DEREK ESPINOZA

LBCC student faces endless schedule with positivity

A small, slight young man with a dimpled smile, two nose rings, and a distinctive, mustard-colored scarf peeked over the top of his red truck, hopped to the cement ground, and slapped his hands together to rid them of dirt. He shot a fleeting glance at the rectangular flower bed draped across the back of his truck before offering a fast grin.

"I planted them about twenty minutes ago," said 18-year old Derek Espinoza with an undisguised flicker of pride. The two-year LBCC student stepped around the side of his pick-up, revealing the other essentials of his outfit: jeans, a men's black puffer vest, a black long-sleeved shirt, and black boots. Once considering fashion design as a major, Espinoza has a unique style.

"The first thing that pops into my head is tie-dye and Birkenstocks," said his close friend, Sofia Alexandra Torres, who also attends LBCC. "He has such a hippie vibe about him, it's actually pretty great."

But Espinoza's outfit choices are not the only vibrant facets of his personality.

At 5:45 p.m., he strolled into the Heritage Mall in Albany, on his way to clock in early at Rue21, his second job that day. A full-time student who works around forty hours a week, he has little time for relaxation, let alone hobbies.

"[I take my busy schedule] day by day, I guess. I try to do all my homework by night before I go to sleep," said Espinoza. "To be honest, I don't get to study as much as I want, but that's okay. That's all I can do."

Any spare hours that he does have are usually dedicated to his friends and his family.

Upon entry into Rue21, Espinoza's first order of business was to greet and engage the cash registrar in friendly conversation. During a lull in purchases, he leaned against the counter and talked animatedly, breaking off in mid-sentence to shout an occasion "Hey!" or "How are you?" to a passing co-worker.

"I've been there for two and a half years," he said. "I absolutely love my job, just because of the people I work with. I'm basically best friends with everyone."

The only downside, he said, is having to fold the store's ugly sweaters.

Usually, Espinoza will arrive five to ten minutes before his shift begins and assist his fellow co-workers still on duty in any way he can. Despite receiving only six hours of rest on a good night, Espinoza is a bundle of energy, at one point in the night bounding over to a display rack and retrieving an article of clothing

"No matter how big his problems are, he's always there for you and wants to make you happy... Derek has helped me look at life with different eyes and realize that life is a lot more beautiful than I thought"

upon a customer's request.

"Let it be known that Derek is crazy and somehow needs no sleep," said Torres. "The kid does not sleep, I swear. That's the only way he does it. He would rather be out having fun than be home sleeping."

Slinging a pair of pants over his shoulder, Espinoza manned the check out counter with ease, able to efficiently rotate between greeting customers, answering questions, and scanning items. "Any plans for the weekend?" he'd ask each person in line. Once, when a woman talked about her plans for much needed relaxation, he responded with a fervent, "I hear that!" With the exception of a few rude customers, Espinoza generally enjoys working as a sales associate. Interacting with other people is a passion, and he hopes to apply this interest, as well his natural charisma, in his desired career field: anthropology.

"I'm really into the diversity of ... humanity in general," said Espinoza. "I really want to work with people in several different countries, like ... with people who give aid and making sure they are helping the people ... [in the] culture's perspective, rather than just bringing in their American way."

It's important, he believes, to avoid ethnocentrism and

focus instead on understanding the individual needs of those in that particular society.

"Derek has always accepted the differences between people, religions and cultures," said Lisa Espinoza, his mother. "And yes, while not always agreeing with a specific side, has respected the rights of others and their own beliefs and [is] at least willing to look at their views and gain perspective."

He is also a passionate environmentalist, and loves to hike through the wilderness, friends and a dog at his side. However, despite his love for this small-town perk, Espinoza has dreams of bigger pastures.

"I would love to move to a big city somewhere because I absolutely hate living in a town of fifty-thousand people," said Espinoza, with a rueful smile. "Basically a big city with a population of Oregon. I love the nature of Oregon and the experiences I've had with growing up and being outdoors, but I'm ready for a change."

Unfortunately, he has a few more years before he can accomplish his goal. With a sickness in the family and money tight, Espinoza's feet are planted firmly on Albany soil for the time being.

"I'm just ... trying to save money so that I can move when I need to, and also my mom's got cancer, so I'm working because I'm trying to help her pay part of her medical bills, which is racking up immensely," Espinoza said. "My paychecks in retail are not fantastic, so [this last summer] I was like 'I need another job' ... that's when I applied at Carino's ... I spend four days of the week there."

The work isn't his favorite, but as he puts it, "I don't make minimum, so there's something to smile about." Next fall, Espinoza will attend Oregon State University for his bachelors, but hopes to receive his masters in another country.

"I admire his positive outlook on life. He has so much going on in his life and he always has a smile on his face," said Torres. "No matter how big his problems are, he's always there for you and wants to make you happy ... Derek has helped me look at life with different eyes and realize that life is a lot more beautiful than I thought."

STORY BY
MEGAN STEWART



MOVIE REVIEW:
Yo-Kai Watch: The Movie

STARRING VOICES OF: Johnny Yong Bosch, Joey D'Auria, Brent Pendergrass, Alicyn Packard, Melissa Hutchison, Paul Greenberg, Meyer DeeLeuw, and Jenn Wong
PRODUCTION: Disney
NETWORK: Disney XD
DIRECTED BY: Shigeharu Takahashi and Shinji Ushiro
GENRE: Action, Drama, Sci-Fi
RATED: TV-Y7
OVERALL RATING: ★☆☆☆☆
 REVIEW BY **STEVEN PRYOR**

“Yo-Kai Watch: The Movie” is an adaptation of the Japanese video game from Level-5 and the anime series of the same name. While the concept of the series admittedly has potential; the film never takes advantage of what it can do and ultimately ends up as a total mess that embodies the worst of children’s filmmaking and English dubs of anime.

The film follows Nathan Adams as he travels back in time 60 years to help preserve the creation of the Yo-Kai Watch with the help of his late grandfather Nathaniel. With the aid of yokai (mythological Japanese creatures) companions Whisper and Jibanyan, they aim to stop the villainess Dame Dedtime from bringing chaos to the world. Even if the setup of the movie is familiar; it lacks the story and characterization of better anime films such as Hayao Miyazaki’s classic “My Neighbor Totoro.”

Many characters in children’s anime have had unique personalities and characteristics that distinguish them amongst one another. In this film, virtually no character goes outside a single dimension. When Nathan’s most defining trait is being “average” by his own admission, it does not work in favor for the audience to connect with him. The voice acting of the principal cast doesn’t help either, as it’s more wooden than the lumberyard at Home Depot. The normally lively Johnny Yong Bosch lacks direction as Nathan, which is a shame, because he’s usually an exceptional anime voice actor. Here, his performance conveys less emotion than his role as Adam Park in earlier seasons of “Power Rangers.”

In fact, the characters come off less like characters and more like glorified merchandise. In its native Japan, “Yo-Kai Watch” has amassed a multimedia empire of toys, video games and other tie-in goods; and the film broke Japanese box office records during its original release in 2014. Here, however, the movie was only given a single night of theatrical showings before being put on Netflix and Disney XD; and the series has had more mixed success. Despite the industry hyping the franchise as “the next Pokémon,” the Western world and a large number of Pokémon fans do not share that sentiment.

The film’s English dub was tied into the release of “Yo-Kai Watch 2: Bony Spirits and Fleshy Souls” in the US, and the film loosely adapts the game’s story in a meandering and doddering 96-minute runtime that steals character and story elements from better films such as “Back to the Future” and “Star Wars.”

One of the few positive things the movie has is the animation. The artwork is full of bright colors and smooth movements, and the environments in the past timeline of the film are full of great details that almost make it look like an old photograph. Yet, the artwork of the film is nowhere near enough to save it. Despite Nathaniel being hailed as a genius in the film’s world, he constantly insults Nate and is unwilling to accept others’ help in his quest. The setting, which in the Japanese version of the film is the fictional town of Kemamoto (based on the real-life area of Kumamoto, Japan); is also changed to the fictional town of Harrisville, Idaho despite the obviously

Japanese elements in play. Least of all, the film’s final act devolves into a hot mess of incoherent CGI action straight out of the video games the film is advertising.

Furthering the disappointment with this film is the fact that when promoting “Bony Spirits and Fleshy Souls” at E3 in 2016, series creator Akihiro Hino expressed hope that the “Yo-Kai Watch” series would “bloom like a flower” by this year. So far, it hasn’t. The games have only sold a combined 150,000 copies as of this writing; and they were met with a mixed reception among critics (though many who have played them said they were an improvement over the original “Yo-Kai Watch”). While the series has had some mild success in Europe, it hasn’t become “the next Pokémon” that it was hyped as.

Despite Level-5 and Hino’s best efforts, the series has largely failed to resonate with general audiences and has been mostly ignored if not outright dismissed by longtime “Pokémon” fans. Even with heavy marketing, Nathan Adams, Jibanyan and Whisper haven’t made the same impact Ash Ketchum, Pikachu and Professor Oak have. While the “Pokémon” films have often taken a darker tone than the anime they’re based on, “Yo-Kai Watch: The Movie” is little more than the same kind of flickering lights and toys offered by the TV series at feature length. It may entertain a small child, but with a host of better options available on Netflix and Disney XD; it’s not recommended for much of anything or anyone else.



MOVIE REVIEW:
Pokémon: Volcanion and the Mechanical Marvel

STARRING VOICES OF: Sarah Natocheny, Haven Paschall, Michael Liscio Jr., Alyson Leigh Rosenfeld and Ikue Ohtani
PRODUCTION: Disney
NETWORK: Disney XD
DIRECTED BY: Kunihiko Yuyuma
GENRE: Action, Drama, Sci-Fi
RATED: TV-Y7-FV
OVERALL RATING: ★★★★★

REVIEW BY **STEVEN PRYOR**

After 10 years on Cartoon Network, the “Pokémon” anime made its move to Disney XD this past November, beginning with the 19th film installment: “Pokémon: Volcanion and the Mechanical Marvel”. Airing alongside the first two episodes of the anime adaptation of “Pokémon Sun and Moon,” this movie provides a flawed but fun addition to the series’ canon and a solid end to the “XY” series films.

Many years ago, an ancient Pokémon known as Magearna was created as a guardian to the Azoth kingdom. The massive steam Pokémon Volcanion was also its closest companion until they were driven into hiding by people that wanted to hunt them down.

In the present day, Volcanion and Magearna awaken and must form a reluctant alliance with Ash, Pikachu, Serena, Clemont and Bonnie in order to elude a group of bounty hunters hired by the evil Chancellor Alva (voice of Billy Bob Thompson).

Complicating matters is Volcanion being attached to Ash with electromagnetic clamps for a portion of the

film, as well as technology known as a “Mega Wave” that forces Pokémon to Mega Evolve against their will.

While the film may not be the best entry in the long-running adaptation of the hit anime and video game series, it still manages to be an entertaining take on the “Pokémon” franchise that helps introduce two powerful legendary Pokémon to the series. As an animated film, it also does a better job at embracing the outlandish scenarios the games often present than infamous live-action bombs such as the 1993 “Super Mario Bros.” movie. Magearna’s design resembles a Poké Ball crossed with BB-8 from “Star Wars: Episode VII-The Force Awakens.” The Azoth kingdom combines medieval cogs and clockwork with modern technology cribbed from an Apple store, and Volcanion’s relationship with Ash plays like a PG-rated version of “Mad Max: Fury Road.”

The animation is also a delight to behold, full of stunning environments and beautiful colors. The film’s final battle takes place atop a massive airship as

“Ash-Greninja” and the Complete Form of the mysterious Zygarde clash with Chancellor Alva and his team of Pokémon under control of the Mega Wave.

One noted flaw is the pacing of the film. At a brisk 93 minutes, the film can feel a bit overstuffed at times. Many of the battles with Alva’s mercenaries play like a round of one of the video games on a large amount of Mountain Dew and M&Ms. Also, Volcanion’s disdain for humanity can get a tad heavy-handed. Thankfully, the animation remains a joy throughout, and Volcanion does get better as the movie goes.

While not in the same wheelhouse as some of the darker films in the series, “Pokémon: Volcanion and the Mechanical Marvel” is a solid entry into the long-running saga and a good start to the “Pokémon” series’ run on Disney XD. With the promise of more episodes of the “Sun and Moon” series and a 20th film on track for this July in Japan, the “Pokémon” series will continue to delight children and the young at heart for years to come.

STRESS-FREE. HA!

LB's new Well-Being Advisor Lisa Hoogesteger talks health and wellness

Did you know “desserts” spelled backwards is “stressed”? No, that’s not a recommendation to eat chocolate, but there are other ways to cope with stress. Stress itself is one thing, but the key is in how we react to a situation and what that does to our body and mind. And how we choose to handle it. So back to the chocolate idea, a short-term fix might be to have chocolate. Or to distract yourself with a video game, or avoid studying by chatting with a friend. When you choose too much of the distraction and not enough of the action needed to meet your goals, your stress level may rise and the sense of overwhelm takes over. So try some of these for a short-term power burst. You can do it!

Quick Stress Tips:

Deep breathing. Really. Take five seconds. Sit up tall, shoulders back and take a slow, deep breath, pushing the air into your belly. Hold for a few seconds, slowly exhale. Repeat 3 more times. This can help produce a “relaxation response”, slowing your heart rate and calming your racing mind. Try it!

Positive self-talk. Come on, cheer yourself on. You usually say positive, encouraging things to your friends, so treat yourself the same. You got this! You are prepared, you are capable, you’re doing your best. Let the stress go.

Get active. Did you know they are adding more recess in elementary schools? Research shows students get better test results and report less stress when they have a good amount of exercise. So take frequent breaks, walk around where you are, stretch, do a few jumping jacks. It will help.

Active Minds Club at LBCC. This club is focused on mental/emotional health and well-being. They are reframing “dead week” to be “quiet week”. Relax. Refuel. Give yourself a break. In the DAC from 12-2pm this week. Coloring (ahhhh!), snacks (yum!). Wednesday is also a movie – Silver Linings Playbook, and Thurs. has the Chess and Poetry clubs with some fun distraction from studying.

If you’re interested in hearing about the Active Minds Club, contact Justen Noll, Justen.Noll.6855@mail.linnbenton.edu

If you have comments, questions or critiques for this column, write to hoogesl@linnbenton.edu (Lisa Hoog)

COLUMN BY
LISA HOOGESTEGER

Lisa Hoogesteger



FUN TIMES

LBCC hosts their 40th Annual Family Fun Day with over 200 hundred in attendance.

The sound of children laughing, jumping in the bouncy-houses, and the slap of their feet as they ran around the gym filled the air at the fair.

On Saturday, the 40th Annual Linn-Benton Family Fun Day brought people from miles around together to have fun with their families and friends. Held in the gym in the Activity Center, this family fun fair ran from 10 a.m. to 2 p.m., and boasted of 19 different booths designed for children ages 1 to 6, including mini golf, bouncy houses, and a playdough table. For older children, there was face painting and a scavenger hunt to win prizes.

“There’s at least 150 people here right now. They come to get out of the house when it’s raining, and some families have been coming for years,” said Jerri Wolfe. Over 200 people ended up attending this family friendly event.

As Chair for the Department of Education, she and Program Director Aoife Magee worked together to put this event on.

“We do this fair to give back to the community,” said Wolfe. “The proceeds become scholarship money, and it brings people who may not be able to afford more expensive events.”

In addition to the faculty and staff present, many parents helped out with the fair. Parent Stacie Cheeke helped out with one of the booths, and also assists in the Timber Ridge Co-op Preschool.

“I love being in the classroom with my son and watching him make friends,” said Cheeke. “It’s good to see him with other kids and this is a great program.”

STORY BY
CAMDEN JONES



Roadrunner Athletics
PLAY DAY!

Saturday, April 8
11:00am - 2:00pm
LBCC Activities Center

indoor/outdoor fun
for K-5 kids and families
FREE ADMISSION!

1K/2.5K Fun Walk
on LBCC Wellness Trail

volleyball - basketball - baseball
soccer - Quidditch - and more!

linnbenton.edu/athletics



DID YOU KNOW?

Blue used to be the color most associated with St. Patrick. Green was considered unlucky, and the Irish Presidential Standard is still blue.

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A CHORAL CONCERT
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7:30 p.m.

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Persons having questions about or requests for special needs and accommodations should contact the Disability Coordinator at Linn-Benton Community College, RCH-105, 6500 Pacific Blvd. SW, Albany, OR 97321. Phone 541-917-4690 or via Oregon Telecommunications Relay TTD at 1-800-735-2900 or 1-800-735-1232. Contact should be made 72 hours or more in advance of the event. LBCC is an equal opportunity employer & educator.

ACA vs. AHCA

What you need to know about the Republicans' proposed healthcare bill

If you think healthcare is expensive, you're not wrong: according to Debt.org, it's often the number-one cause of bankruptcy in the United States.

Republicans in Congress have given the long-awaited details of what they are calling the "American Healthcare Act," or AHCA. The bill is essentially meant to reach the Republicans' long-held goal of "repealing and replacing" what it has called ObamaCare.

Critics across the political spectrum have not held back comments on their concerns or their outright dislike of the AHCA. The American Medical Association, the American Hospital Association, the American Nurses Association, and even the AARP have stated their against this bill.

But what exactly would happen if the bill gets passed?

Repeal and Replace

To repeal ObamaCare, the AHCA needs 60 votes in the U.S. Senate in order to be turned into law. Right now, there are a total of 52 Republican and 48 Democratic senators, stacking the odds against the Republican Party. But according to NBC News, "Republicans are using a budget process called reconciliation to pass the AHCA." This means that the bill would only need 51 votes to pass, so as long as the bill has a "budgetary impact" its passage could be expedited (assuming, of course, that the U.S. House also approves).

Are your healthcare needs covered?

AHCA would eliminate some of the additional assistance that the Affordable Care Act offered. Former President Barack Obama had 10 "essential benefits" that were part of his Affordable Care Act, benefits that were required by most insurance plans. Included in these benefits: maternity and newborn care, mental health services, addiction treatment, prescription drugs, rehabilitative services, preventive services, and pediatric services, according to NBC News. If the AHCA passes, it would cut some of the ties with Medicare/Medicaid, taking away some of these benefits.

NBC goes on to say that mental health and addiction would be the most impacted by a defunding. Also up in the air in terms of healthcare defunding is Planned Parenthood. The nonpartisan Congressional Budget Office estimates that this could result in thousands of births of babies without maternity healthcare.



Cost and effect

Healthcare insurance relies on a generous amount of "healthy individuals" (those who don't rely on healthcare as much because they're healthy) to balance out the people who had a stronger need for healthcare (because of their need for insurance). Under the Affordable Care Act, people do not need to pay a "fine" unless they are uninsured. When more Americans leave their insurance programs because they don't need them anymore, the rates of insurance are expected to increase. The Republican plan would make rejoining an insurance plan much more expensive, allowing insurance companies to charge a 30 percent premium.

Some Americans on the Affordable Care Act who voted for Donald Trump are angry with the potential of their insurance being replaced with a version that loses its value. TIME magazine reported one example where a woman would receive more than a 50 percent deduction from her annual pay. Instead of receiving \$10,000 to help tackle medical bills, she would only receive the proposed \$2,000-\$4,000 tax credit.

The angst of some Republican voters about the future of their healthcare has some Republican senators questioning whether to vote for the AHCA. Defunding their healthcare could lead to distrust from the people who voted the representatives into office. The biggest changes of the AHCA concern funding; should this be passed, the funding Obama and Congress formerly funneled towards Medicare/Medicaid would receive major cutbacks.

A key part of this bill is tax credits: a deduction of a few thousand dollars based off of income and insurance payments. In a way, the AHCA is arguably similar to Reaganomics, a term used to describe former President Ronald Reagan's theory that cutting corporate taxes would stimulate the economy, along with very little interference from the government, and everyone would benefit accordingly.

Critics, however, believe the proposed AHCA will lead to more tax breaks for the wealthy. It is estimated by the New York Times that the proposed Republican repeals would lead to over \$100 billion collectively in tax cuts over the next 10 years for those making over \$1 million annually.

Age is another key factor when discussing this bill. While a 21-year-old on the plan pays about \$1,700 in premiums under ObamaCare, a 64-year-old would have to pay \$14,000 with the AHCA. These extreme prices for senior healthcare are thought to be a consequence of a citizen's health needs during their later years.

The Congressional Budget Office estimates that 14 million Americans could lose their healthcare in 2018, while another 10 million Americans could lose their healthcare insurance by the year 2026. The money that would be cut from Medicare/Medicaid is estimated to be \$800 billion.

In Conclusion

Healthcare is about to enter a new era, should the American Healthcare Act be passed. The amount of money people will receive for healthcare is dramatically decreasing, while premiums could sharply rise for the elderly. In addition to the price changes, Medicare is also expecting huge cuts, not just in terms of an estimated \$800 billion budget cut, but 14 million people could lose their coverage by the year 2026.

For more information, visit the bill's website at <http://www.speaker.gov/HealthCare>.



STORY BY
MORGAN CONNELLY
@MADEINOREGON97

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Nurture

Smoke escaped our lungs, moving toward the heavens,
A fog dome blocked its passage, fortified in fluorescence,
We found our words in silence, reflection in cement,
We found riches in our souls, with not a penny to be spent,

Streetlights forming spotlights, as all the worlds a stage,
Spectating, watching actors, with futures bought and paid,
We moved through the production, the act came to a close,
Many of us stayed, when lines became mere prose.

And we paused:

Before we saw the sun rays-
Before the city came to life,
An anguished scream came forth,
Tearing at silence, embodied strife.

Human screams of agony echoed coldly in a concrete maze,
Bounding through mountains of glass and their reflective display,
Knowing full well, that they can't take the pain,
Known as another day.

Searching for food,
Clamoring for shelter
Trying to do well,
In this industrial hell.

Well.

The city is a cruel place, it feasts upon its own,
Every golden street we walk, paved in human bone,
Richer in tragedy than it could ever be in dreams,
The spectacle lied before us, coming apart at the seams.

Moving from our perch,
Beginning on our way,
Night seemed far behind us,
And It was just another day.

By J.H. Boldcrow

The Value of a Picture:

I started life a partially colored picture
Choices made for me that were mine alone to make
A tentative life story already plotted out
To make things easier for me, since I am a woman

My chapters and illustrations were chosen by others
Because I'm a diabetic, I can never fully function
I fear no god, so I'm immoral by default
I'm bisexual, therefore I don't exist at all

I am chained to the roles of a society girl
Forced to quell the flames of the infernos within
My voice either forced into silence and submission
Or falling upon deaf and apathetic ears

My picture is almost completely colored now
My chosen colors clashing with those chosen for me
My attempts deemed naive, even futile
As I attempt to color my own life story

So mothers, fathers, teachers, and friends
If the lives of our posterity are truly ours to shape
When it comes time to color in their life stories
We must color the children all free

By Katelyn Boring

Enternet

Electronic abstraction of the human existence,
Wires that bind the ties of that which connects us,
Artificial reality furthers the living spectacle,
Turning relation into a detached ideal.

Share your life en masse,
Getting clicks of approval,
Introduced to
The most rewarding sense of removal.

Look at what we have become:
Miserable, isolated, scarred,
Detached, but not from
A vague sense of love from afar.

Can you feel yourself slipping away?
Futuristic, dehumanistic decay.

By J.H. Boldcrow



UPCOMING EVENTS

March 15

Artist Talk

- Brittney West discusses her artistic process noon to 1 p.m. in Santiam Hall Gallery

March 16

Cathedral Classics

- March 16 at 7:30 p.m. in the Russell Tripp Performance Center

March 17

Baseball Game (HOME)

- 12 p.m. at the Baseball Field

Artist Lecture/Workshop

- Cuban artist Ramiro Diaz Rodriguez 7:00 p.m. at the Benton Center

March 18

Baseball Game (HOME)

- 12 p.m. at the Baseball Field

March 20-24

Book Buyback

- Sell your used textbooks at the bookstore!

Finals Week

- Good luck from all your friends at the Commuter!

March 23

LBCC scholarship workshop

- 5:30 PM in the Fireside Room, CC 211, Albany Campus

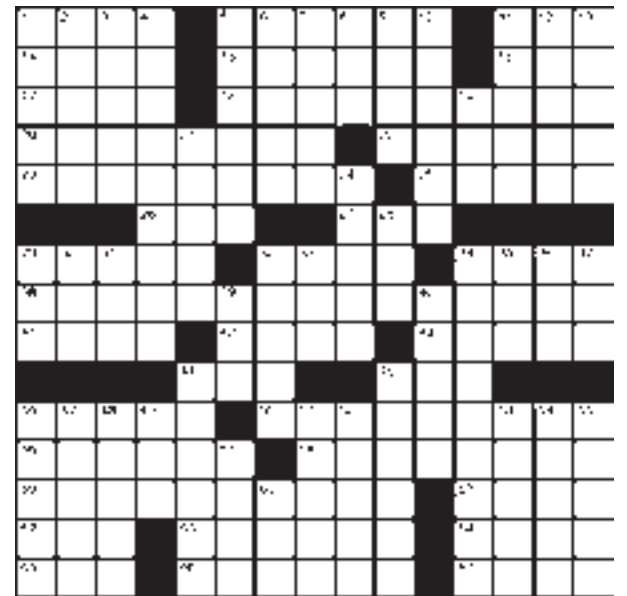


Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

ACROSS

- 1 Red planet
- 5 Put down stakes, maybe
- 11 Jack Sprat's no-no
- 14 "Yeah, whatever!"
- 15 It traditionally translates to "O come"
- 16 Elem. school basics
- 17 Facts and figures
- 18 Thing to make when a Post-it isn't handy
- 20 Surgeons' tools
- 22 Call it a night
- 23 Fan magazine for teens
- 25 Exclusive, as communities
- 26 Veto vote
- 27 "Blessed ___ the peacemakers": Matthew
- 29 Carrying a weapon
- 32 Clearance event
- 34 Enveloping glow
- 38 Best Picture of 1965, and a hint to the ends of 18-, 23-, 50- and 59-Across
- 41 Geologic periods
- 42 Any time now
- 43 Not up to the task
- 44 Distant
- 45 Supermarket chain with a red-and-white logo
- 46 Take off
- 50 Warm, muted color
- 56 Former Indian prime minister Gandhi
- 58 College class staples
- 59 Frenzied state
- 61 Shabby wear
- 62 Prefix with cycle
- 63 Sprawling property
- 64 To be, to Berlioz
- 65 Scale fifth
- 66 Game with falling blocks
- 67 Revolutionary



By Steve Blais

3/8/17

DOWN

- 1 Central position
- 2 Beaded calculators
- 3 Change the price of
- 4 Blah quality
- 5 Paid a visit
- 6 Fred's dancing sister
- 7 High-IQ group
- 8 Pasadena winter hrs.
- 9 Floride, par exemple
- 10 Downpour
- 11 Forward-facing side
- 12 Clarinetist Shaw
- 13 The way things are going
- 19 Gun lobby org.
- 21 Site of much Spanish art
- 24 Eagle's picker-upper
- 28 Gridiron enforcer
- 29 Had a bite
- 30 Pi follower
- 31 Dudes
- 32 Sleep-disturbing sound
- 33 Excitement
- 34 In the altogether

The Commuter has Solutions



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3/1/17

THE COMMONS Cafeteria

*** MENU ***
3/15 - 3/16

Wednesday: 3/15 Black Box Menu

Thursday: 3/16 E1 - Chili Verde, E2 - Beer Brined Chicken with Pan Gravy, Veg Entree - Spinach and Ricotta Stuffed Shells with Roasted Red Bell Pepper Cream Sauce.
Soups: Saffron Chicken Orzo and Tomato Garlic and Herb.

Monday-Friday 10 a.m.-1:15 p.m.

SANTA CLARITA DIET



NETFLIX RECOMMENDATION

"Santa Clarita Diet"

Hopefully you have a strong stomach when deciding to click on Netflix's new comedy series "Santa Clarita Diet," because the first 10 minutes include ample amounts of vomit. The show was aired on Feb. 3, and stars Drew Barrymore as a realtor/wife who undergoes a sudden transformation into a flesh-eating zombie. FYI, this is definitely not for those with a weak stomach.

SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level:

- 1 2
- 3 4

SOLUTION TO LAST EDITION'S PUZZLE

6	2	9	8	1	3	5	7	4
1	4	3	2	0	7	8	6	9
5	8	7	4	0	9	1	2	3
4	5	8	3	7	1	9	6	2
8	9	1	5	2	4	7	3	6
3	7	2	6	9	8	4	1	5
7	3	5	9	8	2	6	4	1
9	1	4	7	3	6	2	5	8
2	6	8	1	4	5	3	9	7

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

		1						
2		4				7		9
	3			5	9		2	
4					8	9		
	2			4			1	
		6	3					2
	1		6	8			9	
9		7				6		1
						5		

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10 AM TO 5PM

time to get your projects finished and prep for finals

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