LBCC Occupational Therapy Assistant Program  
Course Syllabus  
OTA 125 Therapeutic Use of Self

Winter Term 2022

**Day/Time:**                        Guided, self-paced course with specific due dates

**Location:**                           Online Via Moodle Course OTA 125

**CRN:** 32668

**Instructor:**

● Name:                                Emily Lorang, COTA/L

● Office Hours 1:00 p.m. – 3:00 p.m. Wednesdays or by appointment

● Office Location:                HOC 206

● Phone Number:               (541) 918-8831

● Virtual Office: <https://linnbenton.zoom.us/j/4868233098>

● Email Address:                 lorange@linnbenton.edu

**Resource(s):**

* Taylor, R (2020) *The Intentional Relationship: Occupational Therapy and Use of Self* (2nd ed.). F. A. Davis Company
* American Occupational Therapy Association. (2020). Occupational therapy practice framework: Domain and process (4th ed.). *American Journal of Occupational Therapy*

**Course Description:**This course allows for individual reflection and online group discussion of the concepts used to develop a practitioner’s planned use of their personality, insights, judgments, and perceptions during the therapeutic process.

Emphasis is placed upon the development of skills that promote the student’s ability to use empathy, clinical reasoning, and collaborative endeavor to establish and maintain positive therapeutic relationships with clients. This, in turn, prepares the student for supporting their client’s occupational performance and participation.

**ACOTE Standards:** This course meets the following 2018 ACOTE standards: B.1.2, B.4.1

**Course Learning Outcomes:**

1.    Identify and employ therapeutic use of self, according to the Occupational Therapy Practice Framework, Fourth Edition

2.    Express confidence and demonstrate competence in using concepts and central elements of the Intentional Relationship Model to promote client engagement and therapeutic outcomes*; including, but not limited to, demonstrating an understanding of the impact interpersonal communication styles have on the therapeutic relationship.*

3.    Reflect on and discuss select occupational therapy practice concepts and issues related to the employment of therapeutic use of self in a variety of settings, with multiple client/patient populations*; including, but not limited to, demonstrating an ability to adapt one’s interpersonal communication techniques to foster the therapeutic relationship.*

4.    Apply “Clinical and Professional Reasoning” as related to therapeutic use of self in preparation for fieldwork experiences.

5. Compare and contrast the predominant health beliefs of select cultural groups.

6. Articulate one’s current level of cultural awareness/cultural competency.

**Learning Activities:**Reading assignments.  Individual reflection.  Writing assignments. Online group discussion boards. Individual assessment.

**Assessment Tasks:**Achieving passing grades on written assignments and assessments.

**Grading Criteria:**

Discussion Boards (2 @ 10%)                                  20%

Interpersonal Traits Profile Summary & Goals 10%

Self-Assessment of Modes Questionnaire & Summary 10%

Cultural Health Beliefs & Impact on Engagement in Occupations 10%

Quizzes (5 @ 4%) 20%

Midterm 20%

Final: Profile/Mode Analysis Reflection Paper 10%

**Grading Scale:**

·         A = 90% to 100%

·         B = 80% to 89%

·         C = 75% to 79%

·         Fail = < 75%

Class Schedule

|  |  |
| --- | --- |
| Week of: | Reading/Assignments |
| **Week 1**  Jan. 3rd-7th | -Read Chapter 1  -Read Page 20, Therapeutic Use of Self section, of the OT Practice Framework, 4th Edition  -Complete **Assignment #1**:Discussion Board #1 by 8:00 a.m. on 1/14/22 |
| **Week 2**  Jan. 10th-14th | -Read Chapter 2  -Quiz 1 (After reading Chapters 1 & 2)***NOTE- The Quiz will be open from 1/13/22 at 8:00 a.m. until 8:00 a.m. on 1/21/22. If you miss the submission date, you will NOT be able to take the quiz.***  -Complete **Assignment #2**: Interpersonal Traits Profile and create Personal Goals, submit by 8:00 a.m. on 1/21/22 |
| **Week 3**  Jan. 17th-21st | -Read Chapters 3 & 4  -Quiz 2 (After reading Chapters 3 & 4) ***NOTE- The Quiz will be open from 1/20/22 at 8:00 a.m. until 8:00 a.m. on 1/28/22. If you miss the submission date, you will NOT be able to take the quiz.***  -Complete **Assignment #3**: Self-Assessment of Modes Questionnaire and submit Summary Of Your Therapeutic Style by 8:00 a.m. on 1/28/22 |
| **Week 4**  Jan. 24th-28th | -Read Chapters 5 & 6  -Quiz 3 (After reading Chapters 5 & 6)***NOTE- The Quiz will be open from 1/27/22 at 8:00 a.m. until 8:00 a.m. on 2/4/22. If you miss the submission date, you will NOT be able to take the quiz.*** |
| **Week 5**  Jan. 31st- Feb 4th | -This week begin work on Profile/Mode Analysis Reflection Paper (Due by 8:00 a.m. on 3/11/22)  **MIDTERM DAY IS ON *THURSDAY, FEBRUARY 3, 2022*** |
| **Week 6**  Feb. 7th-11th | -Read Chapters 7 & 8  -Complete Assignment #4: Discussion Board#2 by 8:00 a.m., 2/18/22 |
| **Week 7**  Feb. 14th-18th | -Read Chapters 9 & 10  -Quiz 4 (After reading Chapters 9 & 10) ***NOTE- The Quiz will be open from 2/17/22 at 8:00 a.m. until 8:00 a.m. on 2/25/22. If you miss the submission date, you will NOT be able to take the quiz.*** |
| **Week 8**  Feb. 21st-25th | -Read Chapters 11 & 12  -Read Articles in Week 8 in Moodle on Culture and Healthcare  -Submit Assignment #5: Cultural Health Beliefs and Their Impact on Engagement in Occupations by 8:00 a.m. on 3/2/22 |
| **Week 9**  Feb. 28th-March 4th | -Read Chapters 13 & 14  -Quiz 5 (After reading Chapters 13 & 14) ***NOTE- The Quiz will be open from 3/3/22 at 8:00 a.m. until 8:00 a.m. on 3/11/22. If you miss the submission date, you will NOT be able to take the quiz.***  -Submit Final/Assignment #6: Profile/Mode Analysis Reflection Paper by 8:00 a.m. on 3/11/22 |
| **Week 10**  Mar. 7th-11th | -Read Chapter 16  -NOTE: Your Final is your Profile/Mode Analysis Reflection Paper. It is due by 8:00 a.m. on 3/11/22 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

NOTE: YOUR PROFILE/MODE ANALYSIS REFLECTION PAPER IS YOUR FINAL. IT IS DUE BY 3/11/22. THERE IS NOT AN EXAM FOR THERAPEUTIC USE OF SELF ON FINALS DAY: MARCH 17, 2022.

**Diversity Statement:**

The LBCC community is enriched by diversity. Each individual has worth and makes contributions to create that diversity at the college. Everyone has the right to think, learn, and work together in an environment of respect, tolerance, and goodwill.

**Services to Students with Disabilities Statement:**

LBCC is committed to inclusiveness and equal access to higher education. If you have approved accommodations through the Center for Accessibility Resources (CFAR) and would like to use your accommodations in this class, please contact your instructor as soon as possible to discuss your needs. If you think you may be eligible for accommodations but are not yet registered with CFAR, please visit the [**CFAR Website**](https://www.linnbenton.edu/cfar) for steps on how to apply for services. Online course accommodations may be different than those for on-campus courses, so it is important that you make contact with CFAR as soon as possible.

**Philosophy on Attendance and Participation:**

See Occupational Therapy Assistant Student Manual

**Policy on Late Assignments and Missed Examinations:**

See Occupational Therapy Assistant Student Manual

**Policy on Academic Integrity:**

See Occupational Therapy Assistant Student Manual

**This syllabus is subject to change.**

-----------------------------------------------

**General Course Expectations**

**Course Questions:** General questions pertaining to the course should be posted in ***The*** ***Virtual Office*** forum in Moodle, in case there are other students with the same question. This allows the instructor to answer the question one time for everyone instead of multiple times. If you have a personal question or one that does not pertain to the course, please contact the instructor via email for the timeliest response as **email is the instructor’s preferred method of communication**. Please allow 24-48 hrs. for the instructor to respond to email, particularly on weekends.

**Preparation:** This is a self-paced course, however, there is strict adherence to due dates. The assigned reading for this course can be lengthy so please plan accordingly. Ensure that youhave the required technology in place and in good working order at the beginning of each term, per the OTA bulletin.

**Inclement Weather Policy (Winter Term 2022):** In the event that there is inclement weather and the LBCC Albany Campus is **CLOSED**, all online OTA classes will be canceled for that day. Instructors will post an announcement in their course regarding whether or not an alternate assignment or a video lecture will be assigned. Students are responsible for checking their email, course announcements, and the LBCC website for notifications regarding inclement weather.

**Policy on Constructive Discourse:** In this class there may be times when you disagree with opinions being expressed. It is important that you respond to these opinions in an appropriate, respectful, and professional manner. Healthy disagreement and discussion are a central component of this class and are encouraged, but must be done so on a professional and constructive basis.

**Assignments:** All written assignments for our course are submitted electronically via the corresponding assignment link in Moodle on or before the due date listed in the syllabus, ***unless otherwise noted***. Please read the following instructor expectations for assignments:

* Name, course number and course name, and term in the ***upper left hand corner*** of the document (template provided). Assignments without a name will be subject to an automatic point deduction of **10%.**
* Files saved and named according to the following example: Lastname\_Firstname\_Nameofassignment\_W21 (i.e. Lorang\_Emily\_Assignment1\_W22)
* MS Word (97 or higher) is the format of written assignments to enable the instructor to make comments directly into the document. Assignments submitted in all other formats (PDF, Google Docs, JPEG, OpenOffice, RTF, WordPad, Pages, etc.) will receive an automatic point deduction of **10%**.
* The required font size for all written assignments is 12pt. Calibri or Arial with 1” margins and double-spaced (unless otherwise noted).
* Assignment revisions may be resubmitted if completed **BEFORE** the due date. Late assignments will not be accepted per the OTA Student Manual.
* Research papers (if assigned) are to be formatted in accordance with APA guidelines. Students are encouraged to utilize resources such as the Publication Manual of the American Psychological Association, online writing labs, or the Learning Center to assist them with these assignments.

**Quizzes/Exams:** Our goal is to help shape you and prepare you for the profession. While quizzes and exams help prepare you for the knowledge you need, seeking out information and problem-solving help prepare you for the clinical reasoning skills that you need to be successful. One way that I can help you develop these skills is to coach you in the various ways you can learn the information. That is why, before I meet with students regarding individual questions from quizzes or exams, I ask that you employ the following strategies first:

* When reviewing the quiz, note the questions that you answered incorrectly and then see if you can locate the correct answer in the readings
* If you still cannot locate the answer, ask if a classmate would be willing to discuss the question(s) with you

**OR**

* Ask your study group if you can review the quiz together. Have a discussion about how your classmates arrived at the correct answer.

There is incredible richness and value in taking the time to have these conversations to augment your learning. As Instructor, I am not the only source of information. If (after you have gone back through the reading and met with a classmate or your study group) you still cannot find the answer, please contact me to set up an appointment and I will be happy to meet with you. Also, please know that I am human and subject to error. On those occasions that there is a mistake on the quiz or exam, I am committed to making it right so that it is equitable for everyone.