

October 20, 2010

# The Commuter

Student Publication  
Vol. 42 No. 5



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Up a Win  
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# Facebook Never Forgets

**Luke Ketter**  
Contributing Writer

A recent article from MSN's Technolog, "Facebook users can no longer delete chat history," reveals that social networkers on the site will no longer be able to erase posts and comments. The author, Athima Chansanchai, seems somewhat vexed by this, but more on a personal convenience level than an outrage over limiting our freedom level. I will say that I am no fan of Facebook; I do have an account that I basically never use. I do find it interesting, though, how afraid we seem to get whenever Facebook, or any website really, tries to limit the abilities we have as users.

As a culture we spout volumes of things into the great unknown of the internet and we never really know where it all goes. Everything from e-mails to credit card numbers we float around in cyberspace trusting, generally, that everything will be OK and that we are safe from people snooping about us. For the most part we are, but the fact is that in the anonymity of the internet, we expose ourselves in very personal ways that we would never do in real life. We do it without thinking: we email dirty jokes and pictures, we say ridiculous things and we act irresponsibly. The difference is, usually we have no idea that we are being watched. There is no trust issue because we never really think much of Yahoo, Gmail and many of the other sites. The email providers we use are like a telephone, always there taking care of everything, and you don't ever think of it as something you have to be skeptical of because these things just are what they are, they are place holders for the information

that we need, they don't have a soul.

Thus entered Facebook. Facebook is unique because it has personality; not only can we link up with old friends, new friends, red friends, and blue friends, it gives us something back – it allows us to poke each other in a way that's not dirty. It gives us access to countless games and therefore countless more potential friends.

Facebook wasn't just a switchboard of typed communication, it was like a digital mall where we could all meet and hang out whenever we wanted to for as long as we needed. The frustration comes because of the trust; Facebook is the high school best friend that you went to parties with that turned around and stabbed you in the back. It lead us all down the primrose path of how we can show off pictures of how "I got like totally wasted" and it told everyone that it was awesome that we did it.

Now Facebook tries to take away some of the freedoms it allowed us from the beginning, things like not really, technically, deleting pictures right away. Now its taking away another power, a power we don't have most places online but we appreciate it when we do. It's deflating and demeaning that Facebook doesn't seem to trust us with our own information. Really the answer is that, as a culture, we need to stop sharing our lives online and assume no one will ever know. Until then Facebook will always face an uphill climb when it comes to how much power the user has. Every time the Facebook team tries to limit it, it will be a public relations issue, and it should be because sometimes it's nice to be in control.

**Jesus Alcaras**  
Contributing Writer

It's 6 a.m. in Corvallis, the fog is invading the morning with a shivering cold that travels up your spine. A granny admires the morning dew while she reaches across the kitchen top where a computerized coffee maker fills her a cup of morning espresso. Lost in her thoughts, her mouth reaches for the tip of the cup and waits for the first taste of black coffee to go in. "Aeee!" A sudden scream fills the early morning as she curses her modern machine. Granny's extra hot beverage has burned her tongue. Technology has failed her.

The internet is a piece of technology that many times fails and can cause damage in various ways. You've got to be careful what you write online because you might burn yourself or someone else.

It is without a doubt an era of modernization in which one development after another strikes and affects the voices of millions of people. It seems that in order for us to recognize this powerful danger, something terrible has to emerge. Look at the example of college freshman Tyler Clementi and how he jumped off a bridge a few days after his sexual encounter with another man was broadcast online. Clementi's roommate Dharun Ravi, and Ravi's friend Molly Wei were shortly arrested on invasion of privacy charges. They haven't said why they allegedly broadcast the video, but by all accounts they were good students who had no history of cruel behavior.

Experts view situations like these as evidence for students and schools to self-regulate

# What the Digital World Is Costing Us



Sugar Pond@flickr.com

online activity. Jim Steyer from Commonsense Media says, "I think that the technological revolution has in some cases outpaced schools' ability to keep track of it." Brandon J. Mendelson mentions in blogcritics.org, "The consequences of misusing Facebook can damage a student's chances for their career and hinder their social life."

Suddenly, boys and girls are now equipped with the power to harm others without limitation. "I think it's a case where good kids can do terrible things," says John Palfrey of the Berkman Center for Internet and Society and author of "Born Digital: Understanding the First Generation of Digital Natives."

More than just a privacy issue, it is a matter of moral conscience. Tyler Clementi considered his digital life more important than his real life, and ended up killing himself. How often did you tweet or post on Facebook last week at school? Students are using school resources to chat and blog about others all the time. Suddenly the power of gossip

has acquired a destructive force without limitations. People now have the power to destroy someones reputation in a number of minutes. Does it have to cost a life to recognize the harm it inflicts?

What would you think if you knew that cyber bullying was indeed taking place in this college?

The fact that students lack the criteria to discern these situations is inherited from the ignorance that our own educators posses regarding technological changes. Is it a matter of education? It is far more common seeing students blogging on their cell phone while in class than taking notes.

When reflecting about digital life, look at how technology pushed Tyler Clementi to take his life. It's not funny anymore like it was when a coffee maker burned Granny's tongue; it is definitely a higher cost which colleges should realize they are being made accomplice to by permitting their resources to be used to maintain this new digital way.

## Perspectives: What do you think is a traditional college student?



Adam Scottaline  
Biology

"A poor idealistic kid."



Elyse Loriny  
Animal Science

"Someone who looks really tired."



Joe Miner  
Nursing

"A 20-year-old."



Vuthy Pen  
Engineering

"Someone fresh out of high school."



Mike Walters  
Physics

"Any responsible person who works hard."

# Let Your Geek Flag Fly

Adam LaMascus  
Opinion Editor

“I play Dungeons & Dragons.” This statement will often elicit a laugh and a comment along the lines of “nerd.” Why though? Why are role-playing games (RPGs) such as “Dungeons & Dragons,” (D&D) so criticized in society? Probably because intelligent and creative people are often mocked for their hobbies.

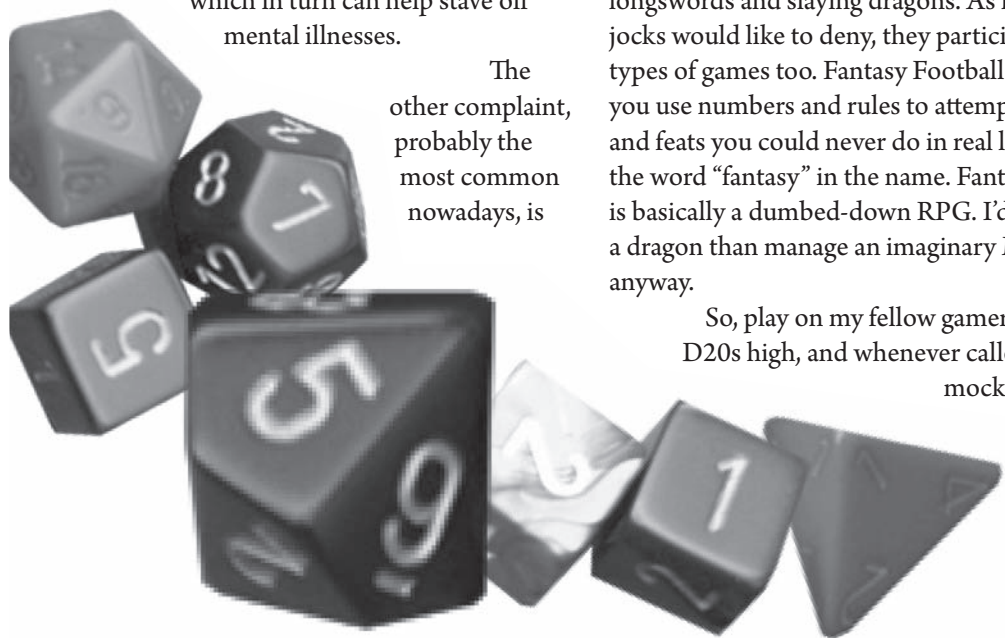
The oldest complaint, that seems to be slowly dying out, is the complaint from the religious Right claiming that playing things like D&D encourages Satan worship, increased crime rates (due to a blurring of reality and the game) and suicide. Too bad that numerous studies show that this is completely unfounded. One site, rpgstudies.net, has collected almost 200 articles from various doctors, institutes, research centers, and psychologists from all over the globe on the topic of the effects of RPGs. Many of the studies showed that games like D&D actually decrease violence and suicide rates. Numerous reports showed that schools and psychiatrists often use D&D or a similar game to help develop self esteem and mental capabilities. By the way, the Franklin Institute says that being creative, learning, memorization, and problem solving act as mental exercises for your brain and prevent it from atrophying, which in turn can help stave off mental illnesses.

The other complaint, probably the most common nowadays, is

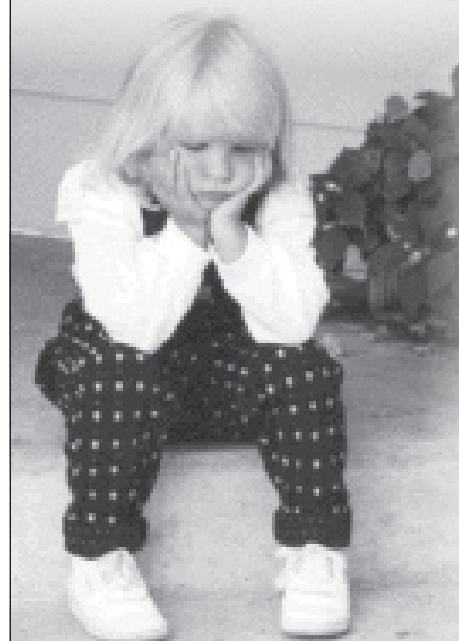
that it is “nerdy.” So what? I’d like to point out that the multi-million dollar video game industry is still considered by some to be nerdy, which goes to show that being a nerd isn’t a bad thing. A study by the Academic Department of Psychiatry for St. Mary’s Hospital in London discovered that the biggest behavioral difference between RPG players and non-players is that players are more likely to list “reading” as a favorite pass-time instead of “partying.” Cool, reading grows brain cells instead of killing them and you can’t catch syphilis or get pregnant from a book. You’ll also remember the book in the morning, and it won’t just take off and never call you back. On a similar note, another study published in the journal “Psychological Reports” found that the average RPG player has above average intelligence, above average creativity, and above average problem solving skills. This reminds me of an occasion where my ex-stepbrother, a baseball player, was mocking a bunch of nerds, and his mother pulled him aside and said: “Do you know what you’ll be calling those people in ten years? ‘Boss.’”

What is, in my mind, most amusing about this is that RPGs are not limited to wielding longswords and slaying dragons. As much as many jocks would like to deny, they participate in these types of games too. Fantasy Football? A game where you use numbers and rules to attempt challenges and feats you could never do in real life. It even has the word “fantasy” in the name. Fantasy Football is basically a dumbed-down RPG. I’d rather slay a dragon than manage an imaginary Michael Vick anyway.

So, play on my fellow gamers, hold those D20s high, and whenever called a nerd or mocked for it you can just laugh and keep on rolling.



## Will you be our friend?



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***commuter.linnbenton.edu***.

## BACK *in the* DAY

Adam LaMascus  
Opinion Editor

### This day in history ...

#### Oct 20, 1935: March no more ...

The so-called “Long March” ends. The March occurs during the Chinese civil war, takes place for about 370 days, when the Communist Chinese army fled with 86,000 soldiers from an army of 300,000 Nationalist soldiers. The Red army, led by Mao Zedong, flees northwest into some of the roughest terrain in all of China. Only 7,000 soldiers escape. However, from this disaster the Communists are able to come back and conquer the country. The Long March is still celebrated in China.

#### Oct. 21, 1600: Banzai!

Tokugawa Ieyasu triumphs at the Battle of Sekigahara. With this victory begins the Tokugawa shogunate, which rules a finally unified Japan until about 1867.

#### Oct. 22, 1844: No comment ...

Thousands of Christians sell all of their worldly possessions in anticipation of the Second Coming of Christ. The day, known as “The Great Anticipation” occurs because preachers William Miller and Samuel Snow declare that “extensive research” proved 10/22/1844 to be the day of Reckoning. Needless to say, Jesus didn’t arrive, and Oct. 23, 1844 is known as “The Great Disappointment.” Miller wrote in his journal that for weeks afterward, people would ask him why he was still here, as he was supposed to have “gone up.” He writes that at one point a child mockingly asked him if he had forgotten his ticket. Ouch.

#### Oct. 23, 425: It’s good to be the king ...

Valentinian III is crowned Emperor of the Western Roman empire. Except he is only six years old at the time. His reign proves to be disastrous. The empire loses its holdings in North Africa, Spain, Gaul (France) and Sicily. Additionally, northern Italy is pillaged by Attila the Hun. To top it all off, Valentinian is not only a terrible boss, he is totally self-indulgent and causes a massive fiscal problem for the empire. Pretty much the only positive thing occurring during his reign is that his general Aëtius defeats Attila near Chalons. I’m pretty sure he still gets a negative score.

#### Oct. 24, 1929: Everything old is new again ...

The Stock Market crashes, beginning the Great Depression. This day is known as “Black Tuesday.” The Depression doesn’t really end until the outbreak of WWII. Too bad our wars aren’t fixing our recession.

#### Oct. 25, 1944: Unbelievably brave ...

Heinrich Himmler, leader of the SS, orders a crackdown on the “Edelweiss Pirates,” a group of young people predominantly between the ages of 14 – 17 who helped army deserters hide, hid from the government themselves, ambushed and beat up Hitler Youth patrols. During the crackdown, thirteen teenage leaders of the group are arrested and hanged in the public square in Cologne, where a memorial in their honor now resides. The crackdown fails to break their spirits, and the Edelweiss Pirates continue to operate.

#### Oct. 26, 1977: Miracles of modern medicine ...

The World Health Organization declares this day to be the day humanity defeated Smallpox. This date is selected because it is the day that the last natural case of Smallpox was found and cured, in Somalia, no less.

### Thought for the week:

“No revolution is worth anything unless it can defend itself.”

-Vladimir Ilyich Lenin

#### Cover Credit:

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**THE COMMONS FARE**  
10/20-10/27

**Wednesday**  
Dishes: Beef Stew; Lavender, Fennel & Garlic Rubbed Pork Chops and Kolokopita  
Soup: Red Lentil and Chicken & Rice

**Thursday**  
Dishes: Turkey Club, Chili Verde and Thai Green Curry w/ Tofu  
Soup: Turkey Vegetable and Beer Cheese

**Friday**  
Chef's Choice

**Monday**  
Dishes: Buttermilk Baked Chicken, Monte Cristo and Frittata  
Soups: Pozole and Creamy Tomato

**Tuesday**  
Dishes: Beef Stroganoff, Fish à la Florentine and Sweet & Sour Tempah  
Soups: Cheddar Cauliflower and Beef Vegetable

# Touch Your Ta-tas Early and Often

**Kay M. Roth**  
Contributing Writer

Two of the most frightening words a woman can hear: Breast Cancer. Emotions – rage, fear, anger, pity, despair and confusion ensue. Treatment options must be decided on. Many women become overwhelmed by the plethora of decisions that must be made, often quickly. Their families attempt to support them, yet they often feel alone with their disease. It doesn't have to be that way.

Early detection of breast cancer by screening procedures such as mammograms can help women begin their battle before the cancer has spread. According to the American Cancer Society (ACS), when breast cancer is left undetected until symptoms occur, it's more likely that the cancer has travelled beyond the breast. Many doctors agree that because cancer masses discovered through screening exams are usually smaller and often still confined, early detection can save thousands of lives each year.

There are many resources regarding early detection. That in itself can be overwhelming. Who does a woman turn to? Who knows best? Who can help? While national organizations such as the ACS and CancerCares are wonderful organizations that offer great information, it is often a personal touch that can mean the difference in a woman's physical and emotional well-being. That's where Project H.E.R. comes in.

Project H.E.R. (Help, Enlightenment, Resources), a program available through the Corvallis Clinic, brings breast health services to women in Linn, Benton, and Lincoln counties. Joann Stutzman, the nurse navigator, and Sarah Blanton, Project H.E.R. coordinator, are both available to help women learn proper breast health techniques. If breast cancer has already been diagnosed, the women can help patients as they proceed through treatment.

Detecting breast cancer in its early stages means more treatment options are available. Taking those steps for early detection is much easier than some people think. There are three steps suggested by organizations such as the ACS and Project H.E.R. for good breast health care.

Mammograms can be the most important part of early breast cancer detection. Simply put, it is an x-ray of the breast that is quick, easy and safe. Mammograms can detect cancer as small as a

pea well in advance of a self-exam or even a clinical exam. There is however some controversy over when women should start getting mammograms.

The Susan G. Komen Foundation, an organization designed to advocate women's health, states women at the age of 40 should begin having yearly mammograms. The U.S. Preventive Services Task Force suggests waiting until age 50 due to false positives being reported in women between 40 and 49 years of age. When in doubt, the best advice is to discuss breast health with your personal physician.

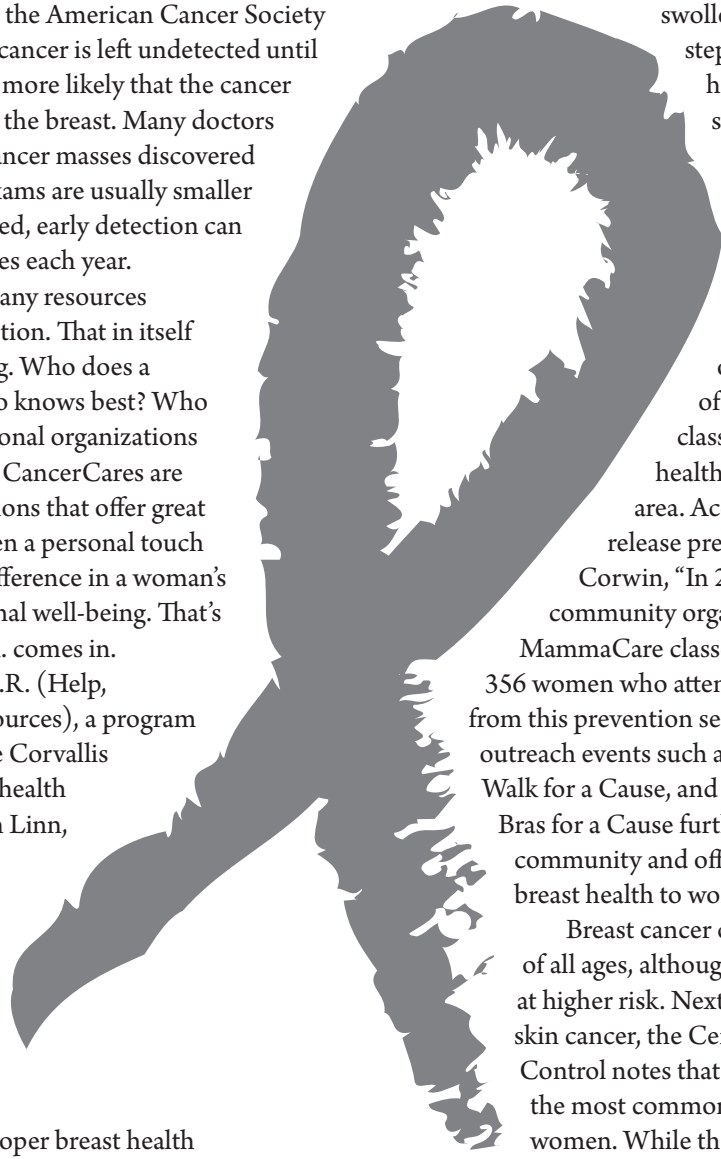
Project H.E.R. supplies women with handouts describing how to perform self-exams. "The best time to do a breast self-exam is when your

breasts are not tender, or swollen." Following the steps noted in the handout, the group suggests following up with a doctor when any changes from previous exams have occurred.

Project H.E.R. offers a wide variety of services, including classes about breast health, to women in the area. According to a press release prepared by Judy Corwin, "In 2008, 24 different community organizations hosted MammaCare classes for a total of 356 women who attended and benefited from this prevention service." Community outreach events such as OSU Pink Outs, Walk for a Cause, and Creative Crafts Bras for a Cause further inform the community and offer information on breast health to women in the area.

Breast cancer can affect women of all ages, although those over 50 are at higher risk. Next to non-melanoma skin cancer, the Center for Disease Control notes that breast cancer is the most common type to affect women. While the national average of women who will be diagnosed

with breast cancer is 119 out of 100,000, the National Program of Cancer Registries reports 129 out of 100,000 women will be diagnosed in Oregon alone this year. Although that rate might not seem particularly high, one of those 129 women could be your mother, sister, neighbor, friend, or even you. While a diagnosis years ago might have meant hopelessness, today that is often not the case. Much of the newfound hopefulness is due to the ability to discover breast cancer much sooner. Today, early detection often means, literally, the difference between life and death.



**For more Project H.E.R. information contact:**  
Joann Stutzman or Sarah Blanton at 541-738-2065  
or online at [www.corvallisclinic.com/projecther](http://www.corvallisclinic.com/projecther)

## Writing Center, Help! Insert "Effective Title" Here

**Lacey Jarrell**  
Managing Editor

The Writing Center hosted its second workshop, entitled "Effective Titles: More than the Icing on the Cake" Monday in the Learning Center. The workshop was the second in a three-part series.

Approximately a dozen students attended to hear Victoria Fridley, Writing Center coordinator, discuss the importance of a well-developed title and the processes that can help fine-tune a student's ability to construct one. The workshop was titled "More than the Icing on the Cake" Fridley said, because a title is the first impression that the reader gets and it can say a lot about a body of work.

When working on essays, or other personal writing, titles can be fun, whimsical or poetic as long as they grab the reader's attention. Fridley used Peter Benchley's "Jaws" as an example. Although Benchley himself was not initially happy with the simple title, he was forced to compromise the name with an editor shortly before press. The one-word title became a legendary hit because it has elements of intrigue and intensity, while suggested titles of the book like "The Shark," or "The Jaws of Death" may have been too overly simplistic.

Student Brandon Lee is currently writing an essay entitled "Logging was the Best Job I Ever Had" in a Writing 95 course. After attending the seminar, he said he realized the title doesn't reflect what he wants people to know most about his experience – that logging was dangerous, but fun work.

"I want [the title] to sound like something someone would want to read, something fun," he said.

According to Fridley, titles of scientific papers should be direct and to the point. When brainstorming titles for a serious piece of writing, Fridley advised putting yourself in the shoes of the readers. "If you are writing an informative or scientific article, you need to value clarity over creativity."

At the request of an instructor, e-mail subject lines were also discussed. Subject lines are considered the title of an e-mail and can be used to introduce the reader to the content of the e-mail, and can be used to elicit action. Subject headlines such as "For Your Information" (FYI) indicate an e-mail is purely informational, while a headline labeled "Reply Requested" will indicate a reader should be ready to respond. Correct labeling can help instructors efficiently sort out unwanted e-mail and will often garner a better response.

If students gain anything from the workshop, Fridley hopes it is that titles are important, but the way students come to a decision on a title can vary.

This concept is exactly what student Denise Vera said she is taking away from the workshop. Vera, who is enrolled in Writing 122 this term, said she found Fridley's advice about waiting until she has completed the writing process to decide on a title very helpful.

Oftentimes as students write, they make discoveries as new information emerges out of an essay; "You may not even know what the center of the work is until you are finished writing," Fridley advised.

The last workshop in the Writing Center series, "Navigating Challenging Electronic Citations," will be held 3 - 3:45 p.m. Monday, Oct. 25 in the College Skills Zone Classroom, WH 225. For more information, contact the Writing Center at 541-917-4708.

**Final Workshop:  
Navigating  
Challenging  
Electronic  
Citations**

**Day:** Monday, Oct. 25  
**Time:** 3 - 3:45 p.m.  
**Place:** College Skills  
Zone Classroom, WH-225

**Writing Center at a glance**  
**Fall Hours:**  
Mon - Fri, 9 a.m. - 12 p.m. and 12:30 - 4 p.m.  
**Phone:** 541-917-4708  
**E-mail:** WritingCenter@linnbenton.edu  
**OWL Website:** http://lbcc.writingcenteronline.net/

## Office Hours: Q&A with Sheri Rogers

**Justin Bolger**  
Editor-in-Chief

**Commuter:** How long have you been working at LBCC?

**Sheri Rogers:** I am new, brand new. I just moved in from North Carolina. I've been at Cleveland Community College the last ten years.

**C:** What tipped you off to this job? What made you want to come?

**SR:** Well, I'm from Oregon; I grew up in Corvallis. I've been hoping to come back, and I saw the opening, so I just had to apply. I was thrilled to actually get the position.

**C:** What inspired your interest in mathematics?

**SR:** I've always enjoyed it; I like problem solving. I enjoy the logic that goes with it. I did a few things prior to teaching math, I taught music for 11 and a half years. I also have a bachelor of music and music education. I taught fifth and sixth grade music, then choir, and drama.

**C:** What are your thoughts on the connection between math and music?

**SR:** There are connections for some people. I don't think you have to be mathematic to be a great musician. With some people, working with music is very analytical because you'll take it in then take it all apart to see what works. Also, there's the counting that goes along. A



Sheri Rogers Photo by Justin Bolger

lot of people like to make that connection.

**C:** Do you have any extracurricular activities or hobbies that you like to do?

**SR:** I have a 6-year-old, Michelle. She's my biggest hobby right now. Any extra time I have is usually devoted to her and my husband, Mike - just trying to spend time together. We go to the park, I like to go on walks for exercise, I like crafts and read if I have time.

**C:** Do you have a teaching philosophy?

**SR:** I could write a whole paper on that. I love being in the classroom and getting to know the people. I see each one as someone that I can help along their road. Each one has some ability, some more than others that are excellent at everything, and others struggle. It's my job to try and get them to where they are and help them progress so they can pass the class. Each

**Where to find  
Sheri Rogers**

**Office:** IA - 218  
**Phone:** 541-917-4756  
**E-mail:**  
rogerss@linnbenton.edu  
**Office Hours:**  
10 - 11:30 a.m. Mon/Wed;  
by appt. Tue/ Thur

**Classes at LBCC:**  
**Math 60**  
Intro to Algebra  
**Math 97**  
Practical Geometry  
**Math 241**  
Calculus for Business

person deserves that right to approached and helped.

**C:** Any particularly interesting stories or quirks about you?

**SR:** I try to bring some humor to the classroom, even if that means poking fun at myself in order to get them to laugh and give me their attention. I will call myself a math nerd, it helps some feel better about themselves and not think they're a nerd. We drove across the country this summer to get here, which is the first time my 6-year-old has ever done that. Thank goodness for the portable DVD player. Had a tire blow out in Idaho, other than that we made it. Now we're looking for a house. My dad is still in Corvallis, he taught at Western View but it's no longer there. He also did some historical tours of Oregon. I also have two sisters that live here.

## Academic Success Seminars

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Wednesday	Oct. 27	Albany	IA-201A	2:00 – 2:50 p.m.
Wednesday	Oct. 27	Lebanon	LC-205	5:00 – 5:50 p.m.

### Overcome Test Anxiety

Tuesday	Nov. 2	Benton Center	BC-232	5:00 – 5:50 p.m.
Wednesday	Nov. 3	Albany	IA-201A	2:00 – 2:50 p.m.
Wednesday	Nov. 3	Lebanon	LC-205	5:00 – 5:50 p.m.

### Accomplish Your Academic Goals: Tips to Overcome Procrastination

Tuesday	Nov. 9	Benton Center	BC-232	5:00 – 5:50 p.m.
Wednesday	Nov. 10	Albany	IA-201A	2:00 – 2:50 p.m.
Wednesday	Nov. 10	Lebanon	LC-205	5:00 – 5:50 p.m.

**Academic Success Seminars are organized by the Learning Center. For more information and to sign up, visit SIS under 'Study Skills' or call 541-917-4684.**

LBCC is an equal opportunity educator and employer. Persons having questions about or requests for special needs and accommodations should contact the Disability Coordinator at Linn-Benton Community College, RCH-105, 6500 Pacific Blvd. SW, Albany, OR 97321, phone 541-917-4690 or via Oregon Telecommunications Relay TDD at 1-800-735-2900 or 1-800-735-1232. Contact should be made 72 hours or more in advance of the event.



**Linn-Benton**  
COMMUNITY COLLEGE

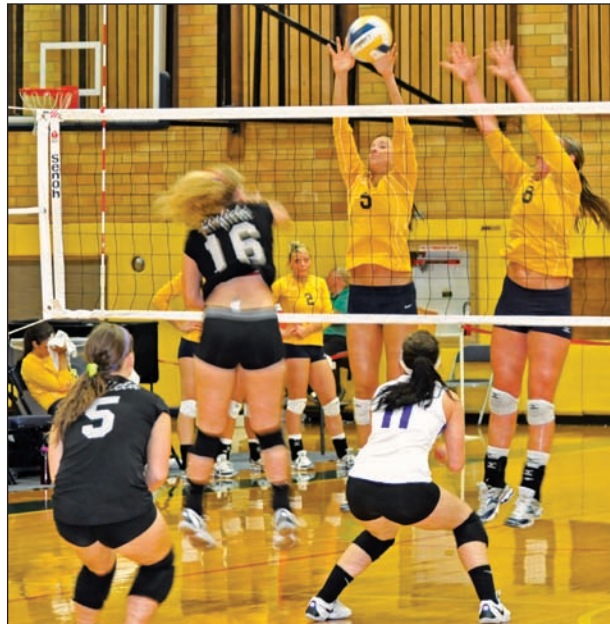
# Roadrunners Take Third in Volleyball Tournament

**Scott Landgren**  
Staff Writer

This past week was a long one for the Linn-Benton Volleyball team. Last Wednesday night LBCC hosted Linfield College JV and won three games to none. After the win on Wednesday, the team headed up to Vancouver, Wash., and took part in the Clark College Crossover Tournament, which was held last Friday and Saturday. LBCC finished with a 3-3 record after the tournament and took third place out of the eight teams that were there.

LBCC played consistent during all three of the games on Wednesday night versus Linfield College JV. The scores of the games were 25-16, 25-13 and 25-13. On Wednesday night LBCC was lead by sophomore Emily Buchheit, who had 11 kills. Two freshmen, Juianna Evola and Lacy Wood, each had 8 kills. Sophomore Amy Trower added 7 kills to the impressive list. The team was lead by Sophomore Mackenzie Gundlach who had 28 assists, while the whole Linfield team combined for only 11.

After their impressive win Wednesday night, the Roadrunners headed up to Washington. At the Clark College Crossover Tournament on Friday LBCC ended up with one win and two losses. They beat Everett in two



LBCC players Juianna Evola (left) and team captain Emily Buchheit go for a block in their match last Wednesday. Photo by Tony Brown

games, the scores were 25-12 and 25-13. LBCC lost to Walla Walla in three games; the scores were 23-25, 25-19 and 15-12. LBCC also lost to Clark in three close games; the scores were 27-25, 18-25 and 21-19.

"This weekend was a learning experience for us.

We were able to see lots of teams that we will see later in the NWAACCs," said outside hitter Emily Buchheit.

Saturday was a good day for LBCC. They finished the day with two wins and only one loss. LBCC lost to Tacoma in two games; scores of the games were 25-23 and 25-15.

LBCC beat Bellevue in two games; the scores were 25-12 and 25-11. LBCC also beat Clark in two games; the scores were 25-15 and 25-23, to capture third place.

After all of the games last week LBCC's record now stands at 21-13 overall and the team is currently third in the Southern Region with a 3-2 record.

LBCC outside hitter Kristina Crivello was named the tournament MVP. "She did really well and you could see it; defensively she was so strong. Also she was loud and got our team motivated," said teammate Amy Trower.

LBCC has a chance to show their growth as a team this week when they play a tough Mt. Hood team.

"This is a big week for us. We need to come out with the belief that our best effort will beat these teams. We have proven that we can stay with any team in the NWAACC now," said Head Coach Jayme Frazier.

LBCC returns home on Wednesday, Oct. 20, at 7 p.m. to host the match with first-place Mt. Hood Community College.

## Our Fighting Sheep

**Nicholas Woods**  
Contributing Writer

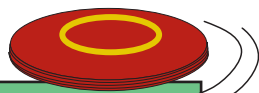
Linn-Benton's Ultimate Frisbee Club, otherwise known as the Fighting Sheep, is a small club trying to get back on its feet. They are seeking to rally new players and raise individual skill levels so they can once again play competitively.

"It would be great to have enough members for a team," said Jordan Bergstrom, a new member of the Ultimate Club, who is dual-enrolled at OSU.

During fall and spring term the club is just a skeleton. A few members along with their faculty adviser, Greg Mulder, get together to throw the disc around between classes on Tuesday afternoons. During winter term the members of the club become much more actively involved. On Monday evenings for the entire term the club gets together at Corvallis High School to play. During these nights the club shows its bulk boasting enough members to play two games at once. Mulder is currently working on recruiting more members who are interested in playing during fall and spring terms.

In past years the LBCC Fighting Sheep were an extremely competitive and skilled group of players who competed regularly with teams from other colleges and universities not only from Oregon but around the world. According to Mulder the team several years ago beat a team from Belgium in a "tightly contested match" that took place in Hawaii. Mulder attributes the downfall of this once-large and highly skilled club to school budget cuts which have greatly limited the ability to travel and compete against other teams.

This new school year the group will continue to bring in new members and focus on their own skills while growing together as a club. If you are interested in joining this club you can find out more about this and other campus clubs by going to LBCC's campus club website, by contacting Art Mota who is now starting his second year as our school's campus club coordinator, or by contacting Greg Mulder the faculty adviser. "Ultimately the most important thing is just to get people outside together," Mulder said.



**LBCC Ultimate Frisbee Club**

**Meets:** Monday nights at CHS during winter term.

**Contact info:**  
Greg Mulder  
mulderg@linnbenton.edu

## LBCC Dance Club Brings Island Moves to the Mainland

**Tony Brown**  
Photo Editor

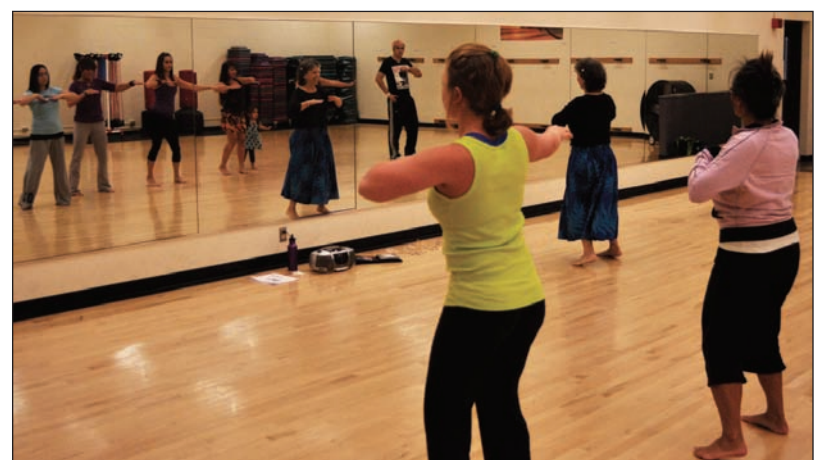
Students and LBCC Dance Club members got a chance to learn the hula dance at a workshop last Saturday.

The workshop was taught by Barbara Landau of the Halau Pu'uwai O Ke Kuawa (Heart of the Valley) hula group from Corvallis.

"There are several styles of dance taught at LBCC, but the hula is not one I know," said Katherine Sanders, LBCC Dance Club advisor.

Hula tells a story through the motions of the body and is accompanied by music or chants. The movement of the hands and arms are very important and can represent the waves, the beach, a home, the sun, or the mountains.

The dance has history that goes back thousands of years to ancient days but was almost lost in the 1800s when missionaries went to the



Barbara Landau teaches students the hula at a workshop last Saturday. Photo by Tony Brown

islands.

In the past, the hula was danced for religious rituals. The rules were strict and dancers were required to know each dance. Dancers learned them in schools in their youth.

Now the hula is more for entertainment, but it still teaches the viewer about the history and traditions of Hawaii. Who knows, you may find yourself doing the hula some day.

**Go online at [commuter.linnbenton.edu](http://commuter.linnbenton.edu) to see more photos and videos from the workshop.**

**For info on Hula lessons:**  
Barbara Landau  
541-908-9190

**For more info on The Dance Club:**  
Katherine Sanders  
ksanders@willamette.edu

**Mark your calendars:**  
The dance club will be holding another workshop in Nov., and will be performing a feature show in Apr.



Scott Johnston works slowly and carefully to perfect his welding "bead."

Photo by Paul Schlegelmann



Natalie Paul (left) and Danette Baxter dissect and identify parts of sheep brain for BIO 232, Anatomy and Physiology.

Photo by Lacey Jarrell

## Scenes Around Campus



Stephanie Runge registers to vote outside The Hot Shot Thursday at LBCC. The table was sponsored by Oregon Student Public Interest Research Group. Lauren Kim, a campus organizer for OSPIRG, promotes the organization's volunteer and internship opportunities.

Photo by Audrey Gomez



LBCC student Jennifer Davis does a knee to chest stretch (known as Apanasana in India). This move stretches the lower back, tones abs, and aids digestion.

Photo by Heather Hoppe

## Visual Arts Club Gets Ready for Halloween

Audrey Gomez

Copy Editor

### \$5 Hand-Painted Pumpkins!

The Visual Arts Club (VAC) is having a pumpkin sale. Club president Jasper Hostler says that "the Graphics Arts program has been struggling," but they have a great group of people involved this year. They're hoping to become more active on campus.

The sale starts Wednesday, Oct. 20 in Takena Hall from 10 a.m. – 2 p.m. Pumpkins will also be available on Thursday, Oct. 21 from 2 – 4 p.m., as well as the following Wednesday and Thursday.

The pumpkins were donated by Bose Farms in Albany. This is the first year they've been involved with the VAC. A member of their summer crew, Keith Folsom, is also in the Graphic Arts program. Byron Bose said that Folsom also designed their corn maze.

The Visual Arts Club meets Tuesdays at 10:30 a.m. in the Graphics Art room.



LBCC's Visual Arts Club is selling hand-painted pumpkins for \$5.

Photo by Audrey Gomez



Toni Klohk (far right) introduces a class to the stretch zone concept in the DAC.  
Photo by Jesus Alcaras

## Education Class Stretches Minds at DAC

Jesus Alcaras

Contributing Writer

On Oct. 5, Christy Stevens, instructor of the Multicultural Issues in Education Class (ED-219), accompanied an eager crowd of diversity-hungry students to the Diversity Achievement Center, where students had an opportunity to learn about resources offered by the DAC as one of their required assignments for a Multicultural Field Experience.

DAC Coordinator Toni Klohk talked about concepts such as being different, the comfort zone, and the stretch zone.

The stretch zone is about experiencing things that “stretch” your comfort level or introduce you to new ideas. This can be anything from attending a punk rock concert to visiting a mosque or homeless shelter.

Klohk also shared some of her own experiences involving diversity.

“I consider myself a little short person. Did you know that there is a little short people’s culture?” she asked.

Some students were shocked to hear Klohk’s remarks about her personal life. However, she continued, “I grew up in poverty and I identify as a little short person, as a mother, and as a woman.”

She asked the attendees to recognize their own sexuality, skin color, and economic status as some of the factors for their unique identity.

“Diversity starts with different personal experiences.”

Klohk asked the students questions to ponder regarding multicultural field experiences: What could you experience that is different? What gets you out of the comfort zone? What is something that you may hold an unconscious stereotype about?

Klohk closed by inviting the class to give their multicultural presentations to other students at the DAC.

## Students Get Chance to Shop ‘Til They Drop at the Bookstore

Justin Bolger

Editor-in-Chief

Out of thousands of entries, Tara Earp and Meg Maynard are the lucky champs of the LBCC Bookstore Shopping Spree, and they’re taking their prize today!

Today, Oct. 20, these two will arrive at the bookstore at 3 p.m. to get the low-down on their shopping guidelines. The hope is that a crowd will gather to cheer their fellow students on as they dash for gold in the allotted 60 seconds.

The known restrictions are the textbooks and electronics. According to bookstore manager Lawrence LaJoie the store has an obligation to keep the textbooks out of contests like this, and the electronics are off-limit due to their “high dollar volume” and “already minimal margin” for profits. Everything else is definitely up for grabs!

Smaller contests like raffles tend to just fizzle out. The goal of the shopping spree is to

create a longer lasting boost in campus morale.

“We wanted to give somebody a big surprise!” said LaJoie. “They will be remembered on campus as two winners.”

“When I got the call that I won, I was totally shocked!” said Earp. “I was excited, though, because they said they were aiming for the 20th, which is my birthday and thought ‘what a great way to spend my birthday.’”

The hope is that any hype from this year will add to the interest in years to come along with a greater likelihood that the bookstore will be able to do this again. However, there is no guarantee that it will happen again. LaJoie needs to see “how everything shakes out” by the end of the contest before they decide how possible that is.

“I am hoping to get a coat that I saw first, then I am getting something for my daughter, but I don’t really feel like I have much of a game plan,” said Earp.



### Tuesday 10/26

Migrating Towards Justice: Stories to Transform People and Policy  
9:30 – 11 a.m. • Diversity Achievement Center  
Presented by Witness for Peace Northwest.

### Wednesday 10/27

Art Faculty Exhibit Auction  
Noon – 1 p.m. • South Santiam Hall Gallery  
The reception offers the last chance to bid for work in the Silent Art Auction being held this month to benefit the gallery operating fund. Up for auction are more than a dozen pieces donated by LBCC art faculty members Gary Westford, Analee Fuentes, Dori Litzer, Jay Widmer and Rich Bergeman.

### Thursday 10/21

Frida Kahlo Party  
7 – 9 p.m. • Corvallis Art Center  
There will be dessert, drinks, music, readings, a silent auction and an art exhibit. The cost of admission is \$15.

### Saturday 10/23

Independent Travel Class  
10 a.m. – 4:50 p.m. • Albany Senior Center  
The class Art and Soul of Independent Travel is designed to help you leave the tour bus behind and strike out on your own. Learn solid planning advice from two seasoned travelers. Topics include transportation, accommodations, camping, money-saving suggestions, travel safety and more. Emphasis is on European travel but other destinations are welcome. Cost for the class is \$29. For more information or to register, contact LBCC Albany Community Education at 541-917-4840.

Festive Sparking Wines Class  
6:30 – 8:50 p.m. • CC-213  
Sparkling wines can make fine dinner wines and great every day wines. Learn about the variety of methods for making sparkling wines and sample a few including dry, sweet, and red sparkling wines. Students must be 21 to attend. Cost for this non-credit class is \$29 plus a \$25 lab fee. For more information or to register, contact LBCC Albany Community Education at 541-917-4840.

### Friday 10/29

Halloween Bunco Night  
6 – 9 p.m. • Fireside Room  
Come for an evening of food, fun, and prizes! Play Bunco! Come dressed up in your best Halloween costume! It’s a Potluck, so bring a snack to share. Beverages will be provided. Bring a friend or two! Even if you’ve never played, or don’t know what it is, come along anyway. Admission will be \$5. For more information contact Jeanine at 917-4236.

### Saturday 10/30

Zombie Prom  
6 – 10 p.m. • The Commons  
A group of students are going to Egypt in March, and they’re planning a Zombie Prom as a fundraiser. Prices are \$10 per person and \$15 per couple in advance. At the door that night, it’s \$12 a person and \$18 a couple. There will be a DJ with music and dancing, of course, but also costume contests, door prizes, photos, and refreshments. We encourage Zombie costumes, but all costumes are welcome.

**Thursday, October 28, 7:30 pm**  
an inspirational talk, OSU Memorial Union, Journey Room

### Find your calling...

and change the world

At a crossroads in your life or career? Worried about your Major? Attend this free talk and learn how to think about your life purpose from a deeply spiritual perspective that opens up unlimited possibilities.

Speaker Chet Manchester has worked professionally as a creative director and filmmaker and now speaks to interfaith audiences around the world as a Christian Science lecturer. Listen to other talks he’s given at [www.christianscience.com/lectures](http://www.christianscience.com/lectures)

For more information on the event, call the Corvallis Christian Science Reading Room at (541)753-5840

Sponsored by the Albany and Corvallis Christian Science churches

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by Michelle Strange

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# SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level: **1** 2 3 4

				4		1		
		2	1					4
			9		6	8	3	
	3			9			6	
	4		3		5		2	
	5			2			7	
	9	5	4		2			
7					1	5		
		6		3				

### Last Week's Puzzle Solved

5	2	3	7	1	8	9	4	6
6	8	7	2	4	9	1	5	3
9	4	1	6	5	3	7	2	8
8	6	5	9	2	1	3	7	4
7	1	4	5	3	6	2	8	9
3	9	2	4	8	7	5	6	1
4	3	8	1	7	5	6	9	2
2	5	9	3	6	4	8	1	7
1	7	6	8	9	2	4	3	5

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit [www.sudoku.org.uk](http://www.sudoku.org.uk)

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# HOROSCOPES

Your weekly guide to the Zodiac

## ARIES

3/21-4/19

A wise man once said, "Whenever you start feeling lazy, stop, and start being awesome again."

## TAURUS

4/20-5/20

Don't trust authority. They will lie to you and you're better than that.

## GEMINI

5/21-6/21

Do you know why everyone is avoiding you? Because you're a twin and twins are just creepy. It's a scientific fact.

## CANCER

6/22-7/22

My favorite crab is Sebastian. Do you think all crabs have that accent and can do the calypso? I bet they can.

## LEO

7/23-8/22

I use to have a pet cat, but this funny thing happened. I stopped feeding it, and it died. True story!

## VIRGO

8/23-9/22

Everyone thinks you're really boring. Well, everyone except for your pet gerbil. But your gerbil can't talk so he doesn't count.

## LIBRA

9/23-10/23

People always come to you with their problems and it's getting on your nerves. Start giving them bad advice and then smack 'em. They'll stop.

## SCORPIO

10/24-11/21

A lot of people are afraid of scorpions. They freak people out. Try and avoid those people.

## SAGITTARIUS

11/22-12/21

You have no direction in life. You should get a hobby; it will give your life meaning and purpose.

## CAPRICORN

12/22-1/19

You're surrounded by lazy jerks. Find better friends.

## AQUARIUS

1/20-2/18

Rivers ... lakes ... streams ... waterfalls. Oh crap, now I have to go to the bathroom.

## PISCES

2/19-3/20

I could tell you what your horoscope is, but then I'd have to kill you.

## THE COMMUTER STAFF

The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty and Associated Students of LBCC. Editorials, columns, letters and cartoons reflect the opinions of the authors.

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### Letters Welcome

The Commuter encourages readers to use its "Opinion" pages to express their views on campus, community, regional and national issues. The Commuter attempts to print all submissions received, but reserves the right to edit for grammar, length, libel, privacy concerns and taste. Opinions expressed by letter submitters do not represent the views of the Commuter staff or the College. Deliver letters to The Commuter Office, Forum 222 or at [commuter@linnbenton.edu](mailto:commuter@linnbenton.edu)

**Web Address:**  
<http://commuter.linnbenton.edu>

**Phone:** 541- 917-4451, 4452 or 4453

**Fax:** 541- 917-4454

**Address:** 6500 SW Pacific Blvd. Albany, OR 97321

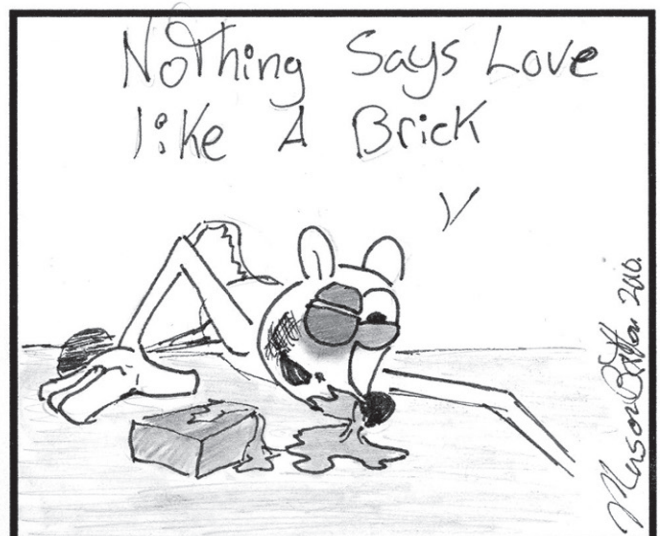
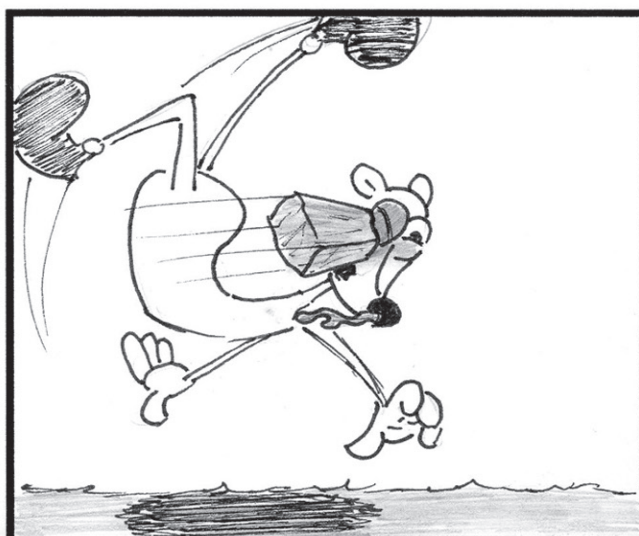
## New year. New look.

Check out The Commuter's new look at [commuter.linnbenton.edu](http://commuter.linnbenton.edu) and keep up-to-date on all the latest campus news.

## Paired Bananas

An LBCC student-generated comic.

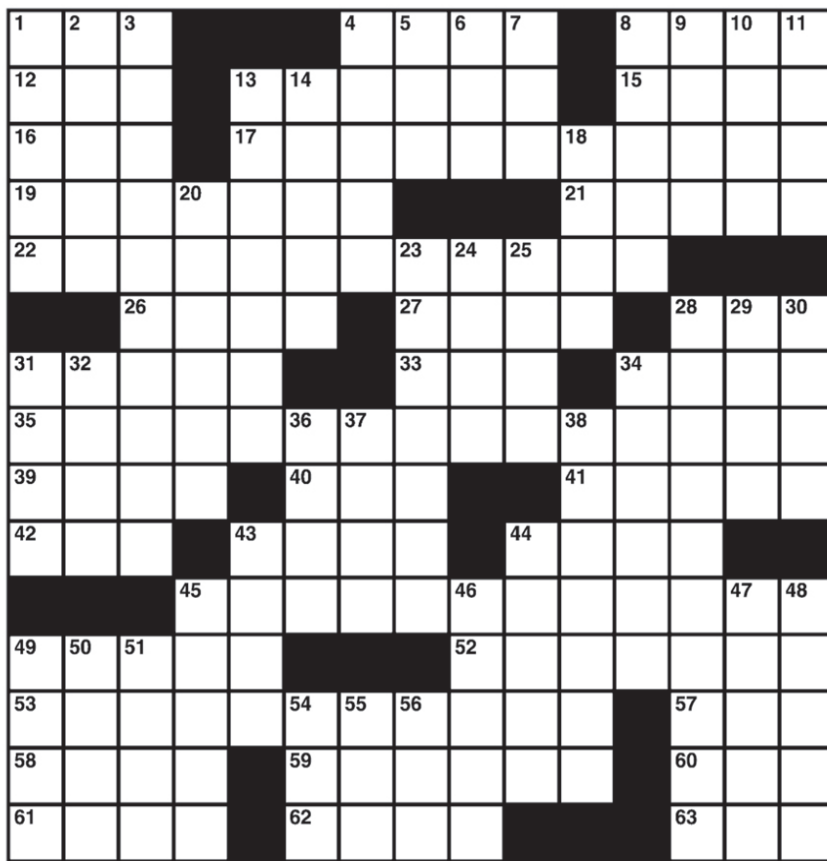
By Mason Britton



## Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

- ACROSS**
- 1 Apply lightly
  - 4 Alice doesn't work there anymore
  - 8 Spring
  - 12 Off-named time
  - 13 Some trick-or-treaters
  - 15 Annual spring race, for short
  - 16 "Smoking or \_\_\_?"
  - 17 Park official who tickets speeding bears?
  - 19 More than upset
  - 21 Dickinson output
  - 22 Smallest allowable bet?
  - 26 Pinnacle
  - 27 It'll grow on you
  - 28 Tennis court ploy
  - 31 Like some stockings
  - 33 Drop the ball, e.g.
  - 34 Course-plotting "Star Trek" crewman
  - 35 Steals a plumbing supply?
  - 39 Cubist Juan
  - 40 Provide support for
  - 41 Columnist Noonan
  - 42 Tax form ID
  - 43 Parsley relative
  - 44 Field of study
  - 45 San Fernando creator of fake van Goghs?
  - 49 Zeal
  - 52 They help get the lead out
  - 53 Burrowing critter cited for excellence?
  - 57 "Mazel \_\_\_!"
  - 58 Big picture
  - 59 Pictures on a screen
  - 60 Nile snake
  - 61 "Forget it!"
  - 62 Low islands
  - 63 Some appliances
- DOWN**
- 1 Casual fabric
  - 2 Commercial suffix suggesting pasta
  - 3 Stereotypical pratfall cause
  - 4 Web surfing tool
  - 5 Pablo's "that"
  - 6 USPS delivery
  - 7 Turkmenistan, once: Abbr.
  - 8 Eyelid application
  - 9 Certain Caltech grad: Abbr.
  - 10 Citrus drinks
  - 11 Combustible heap
  - 13 They're scheduled to be awarded at the Staples Center on 1/31/2010
  - 14 International Court of Justice site, with "The"
  - 18 Declare as fact
  - 20 Wealth
  - 23 Sweet-talk
  - 24 Seniors' D.C. lobby
  - 25 Miss
  - 28 Identifier seen on a carousel
  - 29 Jackie's designer
  - 30 Hide, dog-style
  - 31 PDA entries
  - 32 "I'm all \_\_\_"
  - 34 Derisive looks
  - 36 Suspect's concern
  - 37 Sledding spot
  - 38 Hullabaloo
  - 43 Scurry
  - 44 "Parties must ever exist in \_\_\_ country": Edmund Burke
  - 45 Spokesperson
  - 46 Hoods with safe jobs?
  - 47 Irregularly notched
  - 48 Much of a bride-to-be's mail, for short
  - 49 "Right on!"
  - 50 Seized wheels
  - 51 Crashing bore
  - 54 Pen name
  - 55 Doc bloc
  - 56 Word with care or dream



By Dan Naddor

### Last Week's Puzzle Solved

A	B	S	C	A	M	T	H	U	S	S	O	S		
C	O	L	L	I	E	R	A	G	U	H	I	C		
D	R	E	A	D	N	A	U	G	H	T	A	L	E	
C	A	D	S	A	M	A	R	A	M	E	N			
			S	E	C	O	N	D	N	A	T	U	R	E
T	B	A	Z	E	S	T	I	E	S	T				
P	O	L	A	R		S	N	L	E	D	A	M		
K	I	D	N	A	P	S	O	L	D	N	A	V	Y	
E	L	O	I	E	P	A	O	D	D	E	R			
			M	I	N	I	M	A	R	T	A	S	A	
I	S	L	A	N	D	N	A	T	I	O	N			
V	O	I	L	A		S	I	S	I	G	E	T		
A	B	S		D	N	A	S	E	Q	U	E	N	C	E
N	E	Z		A	B	I	E		U	N	L	A	C	E
A	R	T		Y	A	R	D		E	A	S	T	O	N

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## Classifieds

**Deadline:** Ads accepted by 5 p.m. Friday will appear in the following Wednesday issue. Ads will appear only once per submission. If you wish a particular ad to appear in successive issues, you must resubmit it.

**Cost:** Ads that do not solicit for a private business are free to students, staff and faculty. All others are charged at a rate of 10 cents per word, payable when the ad is accepted.

### Help Wanted

See Student Employment in the Career Center (Takena 101) or see our website at [www.linnbenton.edu/go/StudentEmployment](http://www.linnbenton.edu/go/StudentEmployment). LBC is an equal opportunity institution.

**Automotive Tech** (#8476, Corvallis) Looking for 2nd year auto student to work part-time and maybe in the future work full-time. Could be a great CWE job!

### Access 2010 Database

**Developer** (#8520, Salem) This part-time job is non-paid, but you will acquire experience and can earn Cooperative Work Experience (CWE) credits in gov't.

**Personal Chef (Gluten Free)** (#8515, Corvallis) This one day a week (3-5 hrs) job can

**Personals:** Ads placed in the "Personals" category are limited to one ad per advertiser per week; no more than 50 words per ad.

**Libel/Taste:** The Commuter will not knowingly publish material that treats individuals or groups in an unfair manner. Any advertisement judged libelous or in poor taste by the newspaper editorial staff will be rejected.

earn you CWE credits and will give you experience in preparing lunches and dinners. Equipment provided. Nonpaid, but mileage reimbursed.

**Permit Coordinator** (#8507, Corvallis) Just 20 hrs/week and you can be the system administrator for the development tracking software programs. You need an associates degree or equivalent combo of education, experience and vocational training.

### Housing

**Room for Rent** \$400 a month covers it all. Share a house with one adult male and one black lab. No pets, you can share mine, and no smoking. 541-619-4554.

Persons having questions about or requests for special needs and accommodations should contact the Disability Coordinator at Linn-Benton Community College, RCH-105, 6500 Pacific Blvd. SW, Albany, Oregon 97321, Phone (541)-917-4690 or via Oregon Telecommunications Relay TTD at 1-800-735-2900 or 1-800-735-1232.

Contact should be made 72 hours or more in advance of the event.

Where on Campus Am I?



Photo by Tony Brown



**Last Week's Answer:** A table in the atrium outside the campus bookstore.

**Last Week's Winner:** Sorry, no winners this time but submit your answers for a chance to win this week.

**Do you know where this picture was taken?**

Answers must be e-mailed to [commuter@linnbenton.edu](mailto:commuter@linnbenton.edu) by 8 a.m. the following Monday. One winner will be drawn from correct entries each week and will win a prize.

## Add/Drop

An LBC student generated comic.

By Maggie O'Reilly



# Erna Reborn in "Avalon"

**Justin Bolger**  
Editor-in-Chief

"Avalon" is the meditative soundtrack for the savage rocker at heart. Sully Erna, front man and vocalist for Godsmack, released his first solo album, "Avalon," on Sep. 14. Warning: This is not a rock album.

While it is quite different, Godsmack fans shouldn't be put off by these new sounds, and will learn to embrace the difference, as anyone wanting music with heart would.

Kristyn of Pop Culture Madness says, "Sully Erna truly shows his amazing versatility as an artist, and the lyrical content exposes Erna's more vulnerable side."

Erna is a man who fully understands both the falls of regret and paths of redemption, and his journey is brought to light throughout this entire album. It all feels very personal (after seven years of effort, it would have to).



"It is so pure and organic, every ounce of my blood, sweat and tears has been poured into this body of work," said Erna in a blog entry on Godsmack.com.

Joining Erna on this album are Lisa Guyer on vocals; Irina Chirkova, a classically trained cellist from Bulgaria; and the Irish percussionist of Dead Can Dance, Niall Gregory.

In large part, the sounds of "Avalon" are very tribal and worldly. Listeners also get the occasional taste of

## Avalon track list

01. Avalon
02. 7 Years
03. Broken Road
04. Sinner's Prayer
05. My Light
06. The Rise
07. Until Then...
08. The Departed
09. Eyes Of A Child
10. In Through Time

classic piano played by Erna himself. Of course there is a little spice of the hard rock style sprinkled across several tracks.

In an interview with Billboard.com, Erna says, "It's going to be very Native American tribal rhythms mixed with Middle Eastern bluesy kind of vocals."

My favorite songs on the album are by far "7 Years" and "Broken Road." They most strongly represent the ideas of hope and perseverance. I feel these

two tracks best represent the album as a whole.

"7 Years" is easily the longest piece on "Avalon," and it's worth every moment. Throughout the duration, you get lost in the emotion behind the lyrics, feel the essence of the iconic tribal beats and understand the clever fusion of Erna's grizzled rock vocals and Guyer's soothing, sometimes Middle Eastern flare.

In contrast, "Broken Road" feels more like listening as an old soul tell his tale of adversity and rising against it – complete with touching piano accompaniment.

The entire album really caught me off-guard. I'm not sure what I expected, but it wasn't this. Thank goodness I was wrong! Erna pioneered a different path, and it served him well. I highly recommend "Avalon" to any music enthusiast – whether you're a diehard fan of his alt-rock band Godsmack, or you're more into bohemian indie stuff, you will love Erna's solo debut.

## Grillin' It Up, Hillbilly Style

**Lacey Jarrell**  
Managing Editor

If y'all ever had a hankering to head down to the holler for some chow, you don't have too far to travel anymore.

Featuring cherry- and apple-wood barbecued home-style dishes as their claim to fame, the Hillbilly Grill is Lebanon's newest restaurant.

Never having been there before and unsure of the wayward theme, my date and I walked in ready for whatever was going to come our way.

Upon entering, the first thing we noticed was how small the place is. The restaurant offers only four tables, with a max seating of 15. We would later find out just how small the restaurant is when the dinner rush hit.

After we ordered at the counter, we sat down to take in the ambiance. The Hillbilly Grill is classically decorated in true hillbilly fashion with American and Confederate flags donning the walls. Collections of WWF fighter figurines and ceramic cows, among other things, were displayed on various bookshelves. There was even a talking Bill Clinton doll.

The food came quickly and looked de-lish. We ordered the barbecue rib dinner and barbecue chicken dinner, both slathered in barbecue sauce. The chicken was a leg/thigh combo and the ribs were a big beautiful slab of meat. The chicken was



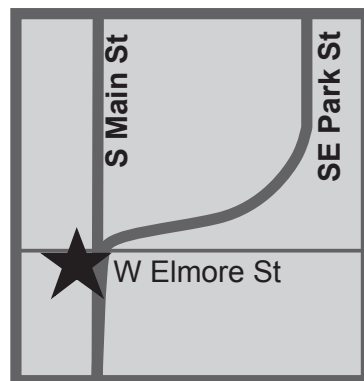
Ribs and coleslaw at the Hillbilly Grill in Lebanon.

Photo provided by Lacey Jarrell

juicy, done perfectly in fact, but the ribs were on the low side of good. It was pretty apparent that the barbecue sauce was added after the meat was cooked. I think a great touch for both the dishes would be to cook them with the barbecue sauce on them (or at least heat it up before it's put on).

Each dinner was served with a side. We ordered coleslaw and potato salad, and got hearty portions of both. The home-style potato salad was a big hit with my date, as it was creamy with lots of egg and big chunks of potato.

As we ate, a small dinner crowd filtered in. The tables filled up fast and when another couple and a party of four arrived, the place was packed. The couple was able to sit at a small bench near the register, but the larger party was left standing. Since no one seemed to know for sure how long the wait would be, we decided to head out.



Other than the fact that the food came on paper plates, in a plastic bowl, served with plastic utensils, and served on a TV tray displaying fruit, it was an alright dinner.

Our meals together, including one drink, only totaled \$16, which seemed fair.

The experience was good, but probably not one we'll repeat. If you're looking for a place where you can dig into an inexpensive meal and get down and dirty with your food in true hillbilly style, the grill is the place to go.

## redbox review

### MacGruber (Rated R, Runtime 90 min.)

**Ashley Christie**  
Page Designer

Do you remember when "Saturday Night Live" ("SNL") was good, on a regular basis?

One of my least favorite recurring characters to come out of "SNL" in recent years is MacGruber. It features Will Forte as a poor man's MacGuyver who inevitably gets himself blown up at the end of every five minute sketch. I don't know who thought that making it longer was the missing ingredient to making it funny, but they were sorely mistaken.

(On a side note, I don't know why I thought making it longer would be worth watching.)

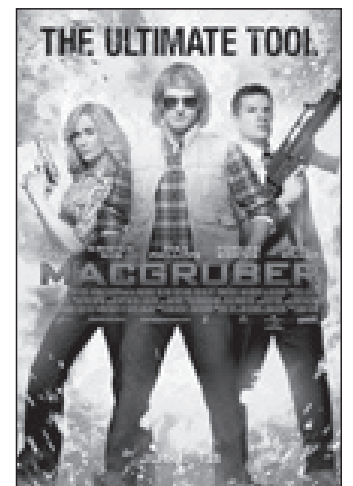
In the movie, MacGruber is retired but is enlisted to stop his nemesis Dieter Von Cunth (Val Kilmer) from blowing up the world, or something like that. MacGruber rounds up his old team but when they're accidentally killed by one of MacGruber's home-made bombs, he's left with only Vicki St. Elmo (Kristen Wiig) and Lt. Dixon Piper (Ryan Phillippe).

Some other things blow up, Val Kilmer has a ponytail, there are lots of penis jokes, MacGruber dresses Vicki up in really bad disguises (which I think is supposed to be the joke), and at one point he has sex with the ghost of his dead wife. All in all it's just a mess of painfully unfunny crap.

It's not a big surprise really. When you start with bad material you get a bad product. Besides, not many of the late-night sketch comedy show's characters have made the successful leap from TV to the big screen. For every "Blues Brothers" there's a "Superstar" and "Ladies Man."

"MacGruber" made me feel sorry for Ryan Phillippe and Val Kilmer. Who knew that Batman was so desperate for work that he had to sign on for this?

Mainly, I just felt sorry for myself and anyone else who has had to sit through this pathetic attempt at comedy. While watching this movie I could feel the brain cells slowly evaporating. I want them back. I want my 90 minutes back. But most of all, I want my \$1 back.



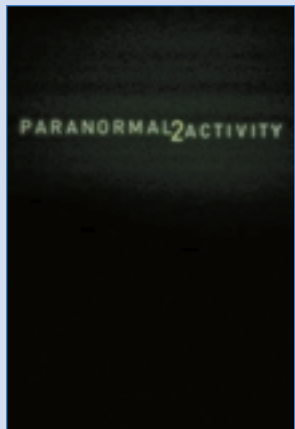
## Coming attractions

### Paranormal Activity 2

They're heeerrreee. Just in time for Halloween, the follow up to last year's "Paranormal Activity" is hitting theaters. Be prepared for thrills and chills in this supernatural horror flick.

**Rated:** R

**Runtime:** 91 min.



### Hereafter

Clint Eastwood's newest drama about three different people from three different walks of life all affected by death. Matt Damon stars as the psychic that connects them all. Bryce Dallas Howard and Jay Mohr also star.

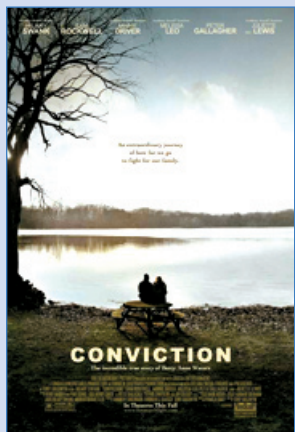
**Rated:** PG-13  
**Runtime:** 129 min.

### Conviction

When Betty Anne Waters' brother is wrongly accused of murder and sentenced to life in prison, the single mother puts herself through law school in hopes of overturning the conviction. Based on a true story, Hilary Swank and Sam Rockwell star in this emotional drama.

**Rated:** R

**Runtime:** 97 min.



Sources: [Imdb](http://imdb.com), [Yahoo! Movies](http://Yahoo!Movies.com), [Fandango.com](http://Fandango.com)

# Ital Kitchen Parks in Corvallis

**Maggie O'Reilly**  
 Head Cartoonist

Affordability, simplicity, and mobility are three reasons that food trucks have gained in such popularity over the last year. Downtown Corvallis is finally starting to get in on some of that action with its latest addition to the foodie scene, Ital Kitchen.

According to partners Michael Edel and Jessica Keagle, the small menu consisting of spicy jerk chicken and barbecue chicken sandwiches, both served on "Dave's Killer Bread" (a popular whole wheat brand) quickly became a success at Reggae festivals and helped land Ital at its current location on the corner of 3rd and Madison.

The sandwich is an enormous – if not a bit messy – tribute to meat lovers everywhere, a straight-up meat and bread masterpiece at \$5 a pop. If you're not in the mood for a sandwich, you can also get chicken over rice. But vegetarians don't despair, what will really knock your socks off is the



Ital Kitchen owners Jessica Keagle and Michael Edel in front of their food truck at 3rd and Madison in downtown Corvallis.

Photo provided by Ital Kitchen

### Sesame Crunch Slaw.

This slaw is no mere side dish. It's an amazing mixture of cabbage, red cabbage, carrots, cranberries and sliced almonds, all dressed in a tangy sesame dressing. At a price of only \$2, you get a large tub that I guarantee you will jealously hide from your roommates.

Yes, it's that good.

Ital Kitchen also serves

cucumber salads and ginger ale, and Edel says they're looking to expand the menu soon. I'm personally rooting for a coleslaw-topped pulled pork sandwich.

You can check out Ital Kitchen Monday - Saturday 10 a.m. to 6 p.m., and again Thursday - Saturday 11 p.m. to 3 a.m. for the late-night crowd.

Remember to bring

cash!

# "RED" Means Go ... Now!

**Jesus Alcaras**  
 Contributing Writer

What a ride! "RED" is worth watching for many reasons.

First and foremost, it is a nice clean CIA parody that does not depend on blood-spilling gore to deliver a great film.

The action starts when agents attack Frank Moses (Bruce Willis) and make his life miserable. Frank seems to be bored with his life already, so he delights in kicking butt with the help of his retired CIA friends.

It is rated PG-13, but it almost hits R for violence and some strong language; otherwise, it's explosive and action-filled (but not gooey-blood-splattering-all-over-the-place action). At times the special effects are somewhat simplistic and very entertaining, ensuring the enjoyment of your popcorn without inverse gut contractions.



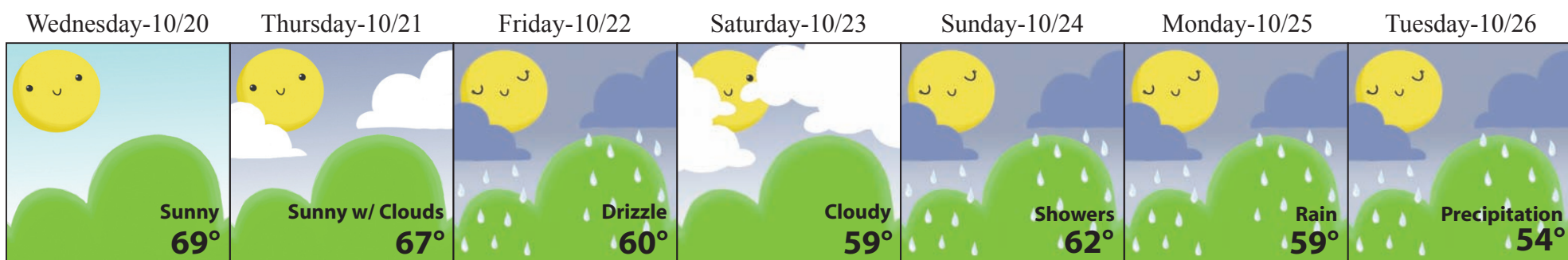
The other actors make a fabulous combination: Morgan Freeman, Mary-Louise Parker, John Malkovich, Helen Mirren, Brian Cox, and Karl Urban as the bad guy. Urban is the CIA's heartless goon with a perfect haircut.

"RED" is based on Warren Ellis' comic of the same name. Although the film does retain a few of the key story elements, it is an entirely different take on it. The comic is based on revenge and violence when Frank kills everyone who knows of his existence in order to stay hidden and retired. The comic is dark and brutal – the movie is fun and entertaining.

"RED" combines action with extremely fun comedy. If you are up for a good laugh and enjoy the humor of Bruce Willis movies like "Die Hard," this is your kind of show.

A definite must-see.

## Weekly Weather Predictions



Warning: These are only predictions. For up-to-date forecasts, please look out your window. Source: [accuweather.com](http://accuweather.com)