**Syllabus: Introduction to Abnormal Psychology (PSY219)**

**Summer 2020**

**Instructor:** Laura Backen Jones, Ph.D.

**E-Mail:** jonesl@linnbenton.edu (use email to contact me\*)

**Class Meets:** Online (via Moodle). The class is **asynchronous**, meaning that you can access it at your convenience.

**Office hours:** Mon and Wed, noon to 1:00 (via Zoom).

**\*** When you email me, it isimportant that you identify your full name, course you are attending and course time**.** Due to my busy course load, I cannot respond to emails that do not include this information.

**Course Description**

An introduction to the study of psychological disorders, including issues of diagnosis and treatment. Topics include stress and effective coping, models of abnormality; overview of major disorders, including diagnostic considerations; current research on treatment effectiveness; the effects of stress on our psychological wellbeing, and the impact of psychological disorders on society.

**How Does this Online Class Work?** Each week, you’ll have an interactive slide presentation with audio, visual and video components. Simply read the presentation, complete the activities, view the embedded videos and/or resources and complete your weekly assignments. You will also participate on an online discussion forum. In addition, you will have a final project.

# Required Materials: Text Comer, R.J. (2019). Fundamentals of Abnormal Psychology, 9th Edition. Worth Publishers: New York, New York.

**Course Learning Outcomes**

As a result of successfully completing this course, I expect you will:

* Critically analyze the relationships between humans and the natural world.
* Recognize & articulate the interplay between social and/or natural forces & individuals.
* Use analytical and scientific thinking to draw reasonable conclusions.
* Synthesize diverse perspectives and express them in a coherent and applicable manner.

Online courses take the place of three hours of lectures and outside class assignments required in a traditional face-to-face class. You should expect to devote about 10 hours per week on the online interactions and other class assignments. Set aside specific time each week to work on this class.

**Important Note**: All of your coursework will be completed via Moodle. You must be able to upload assignments and take exams on Moodle. It is an expectation for this course that you will use Moodle independently and seek help from the [student helpdesk](http://library.linnbenton.edu/student-help-desk) or [eLearning center](https://www.linnbenton.edu/faculty-and-staff/college-services/information-services/services/elearning/) if you have questions related to using Moodle. If you are not prepared to work independently with Moodle, drop this course immediately.

**To Prevent being Dropped:** This course is in high demand.To prevent being dropped, you must post a response to your Weekly Activity and complete the ‘Help me get to know you” questionnaire by 9 am on Thursday, July 2.

**Instructor Responsibilities:** The current week’s content and assignments will be posted on Moodle. I will be available to support your learning when requested. I will hold you accountable by following through with course objectives and syllabus content. My aim is to facilitate a learning environment that encourages active, effective and respectful activities, discussion and learning.

**Student Responsibilities**

* Critically read/analyze assigned information.
* Use your LBCC email account to communicate with me.
* Effectively participate in class assignments, activities, quizzes, and evaluations.

# Course Requirements

**Note:** Weekly quizzes, assignments, forum activities, and exams *take place on Moodle. Be sure to do your assigned reading and engage in the Weekly Slide Presentation before completing the point earners below.*

Your final grade in this class will be determined by your performance on the following:

***Quizzes****:* Open book online quizzes on your text only at the Moodle site for this course. Item types include true/false, multiple choice, and matching. T/F = 1 point; multiple choice with 1 answer = 1 point; multiple choice with more than one 1 answer = 2 points; matching = 3 points. You will have 15 minutes to take each quiz. Available by 9 am on Monday and open until 9 am the following Monday.

***Discussion Forum:*** You will respond to a video, reading and/or self-assessment and also respond to a classmate. Complete the current week’s reading and slide presentation before you respond to the forum. Grade is based on the qualityof your response. Response due by 9 am on Thursday and reply to a classmate due by 9 am the following Monday.

***Two online exams*** assess your understanding of the course material. Exam 1 covers lecture material and text through Week 4. Exam 2 covers lecture material and text from weeks 5-9. Items consist of multiple-choice, true/false and matching. Exams are on Moodle. I will post a study guide for Exam 1 by the end of the 2nd week of the term.

***Class Assignments:*** Weekly assignments are based on the week’s reading and slide presentation so you need to read the week’s slide presentation before you complete your assignment Response due by 9 am Thursday and reply to a classmate due by 9 am the following Monday.

***Final Project:*** Due by 9 am on Monday, August 17. As part of a public information campaign (prevention), create an infographic describing a psychological disorder from the experience of a famous figure who has/had a known disorder (includes at least a testimonial from that person). This is worth a substantial portion of your grade and will be graded accordingly. You will need to work out some technology to do this so plan ahead!

**Policy Regarding Assigned Work:** I do not accept late work (really). Use the information on the course calendar (below and available separately on Moodle) to create your own plan to complete your assignments. Coursework is submitted/conducted online via Moodle.Course work by email will not receive a grade.

**Tools for Success in this Course:** In an online course, the teacher is a resource in learning, while the student takes a more active role in the process. If you are new to online learning, be aware that you will need to take the initiative to read all documents and materials thoroughly for your own understanding. Self-direction and self-discipline are critical. It is up to you to keep track of deadlines and complete and upload your assignments. The assignments, exams and weekly forums are ways for me to gauge your understanding of the teaching/learning process in which you are participating. I am here to help. I will respond to your assignments with feedback. If you have carefully read course materials and still have a question, post your question to the ***Question and Answer Forum*** right away.

**Preparedness:**Complete your assignments in the calendar above before 9 am on Thursdays and Mondays as designated. As I stated above, I do not accept late assignments so prepare in advance.

**GETTING STARTED**

* Read the syllabus and all other course documents.
* Put all due dates for exams and assignments in your calendar.
* Create your own schedule for completing coursework.
* Have questions? Post them on the ***Question and Answer Forum***. This is the fastest and most efficient way for you to get an answer.
* Read information that comes to you via the Announcements.

**Accessibility Resources:** Request a meeting with your instructor during Week 1 if you have a documented disability and need accommodations, your instructor needs to know medical information about you, and if you need special arrangements in the event of an emergency. Make your request for accommodations through the Center for Accessibility Resources Online Services web page every term. If you believe you may need accommodations but have not registered with CFAR, visit the CFAR website at www.linnbenton.edu/cfar for steps on how to apply for services or call 541-917-4789.

**Cheating/Plagiarism:** Using someone else’s work as your own or using information or ideas without proper citation (which is called plagiarism) can lead to your failing the assignment, test or class. Bibliographies and in text citations are required whenever you use outside sources, including internet sources (unless otherwise indicated by me).

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| **Date** |  | **Presentation/topic** | **Chapter(s)** | **Forum and Assignment Responses\* due****by 9am Thursday…** | **Tasks Due by 9am on Monday…** |
| 6/29 | 1 | Models of abnormal psychology and treatment; community prevention and intervention approaches   | 1 and 2 | ***July 2*** | ***Monday, 7/6***Moodle text quiz: Chs. 1 & 2 Forum reply to classmateAssignment reply to classmate |
| 7/6 | 2 | Clinical diagnosis, assessment, and treatment  Stress and wellbeingDisorders of trauma and stress | 3 & 5 | ***July 9*** | ***Monday, 7/13***Moodle text quiz: Chs. 3 & 5Forum reply to classmateAssignment reply to classmate |
| 7/13 | 3 | Anxiety, Obsessive Compulsive and Related Disorders | 4 | ***July 16*** | ***Monday, 7/20***Moodle text quiz: Chapter 4Forum reply to classmateAssignment reply to classmate |
| 7/20 | 4 | Depressive and Bipolar Disorders & Suicide | 6, 714 (pp. 436-443) | ***July 23*** | ***Monday, 7/27***Moodle text quiz: Chs 6, 14 (pp. 436-443) and 7Forum reply to classmateAssignment reply to classmate |
| 7/27 | 5 | Disorders Featuring Somatic Symptoms & Eating Disorders | 89 | ***July 30*** | ***Monday, 8/3***Forum reply to classmateAssignment reply to classmate***Exam 1*** *(Weeks 1-4)* |
| 8/3 | 6 | Substance Use and Addictive Disorders | 10 | ***August 6*** | ***Monday, 8/10***Moodle text Quiz: Chapter 10Forum reply to classmateAssignment reply to classmate |
| 8/10 | 7 | Neurodevelopmental Disorders & Sexual Disorders and Gender Variations | 1114 (pp. 450-468) | ***August 13*** | ***Monday, 8/17***Moodle text quiz: Chs 14 (pp. 450-468) and 11Forum reply to classmateAssignment reply to classmate**Final Project Due** |
| 8/17 | 8 | Schizophrenia & related disordersDisorders of Aging and Cognition | 12, 15 | ***August 20*** | ***Monday, 8/24***Moodle text quiz:  Chs 12 & 15Forum reply to classmateAssignment reply to classmate |
| 8/24 | 9 | Personality Disorders | 13 | ***August 27*** | ***Monday, 8/31***Moodle text quiz:  Chs 12 & 15Forum reply to classmateAssignment reply to classmate |
| 8/31 | ***Exam 2 (Weeks 5-9) is due by 5 pm on Tuesday,  September 1*** |

**Grades** are figured on a straight percentage based on the total number of points possible. I encourage you to check in with me about your progress throughout the term to maximize your success and minimize any surprises.

A= 90-100% B= 80-89% C= 70-79% D= 60-69% F= 59% or below

**Incomplete Grades:**You may be eligible for an ‘Incomplete’ grade if you have finished 90**%** of the class work. If you have an ‘Incomplete,’ all coursework must be finished by the end of the next term. You must contact me at least one week before the end of the term with proper documentation to receive an Incomplete.

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| **Course Requirements** |  |  |
| *Requirement* | *Summary* | *Max Points Possible per unit* | *Units* | *Total Points Possible* |
| **Help me get to know you survey** | Must complete before 9 am Thursday, July 2 deadline or be dropped from the course.  | 3 | 1 | 3 |
| **Assigned Reading** | Assigned reading listed on Moodle (weekly section) also Course Calendar.1-3 chapters per week. **Do your assigned reading before you complete the tasks below.** | N/A | N/A | N/A |
| **Weekly Slide Presentation** | After you do your assigned reading, interact with the Weekly Slide Presentation.  Embedded learning resources in the presentation include information, videos, select reading related to the topic, and individual activities (no need to turn these in - activities target material that will be on the exam). Completing the activities will help you remember what you  need to know for the exams.  | N/A | N/A | N/A |
| **Chapter Quizzes** (on text only) | Online, open book quizzes, include T/F, multiple choice, and matching items. T/F = 1 pt.; multiple choice with 1 answer = 1 pt.; multiple choice with more than one 1 answer = 2 pts; Matching = 3 pts.  | 10 | X8  | 80 |
| **Class Assignment** | Engage in an evidence based activity used in the field and post your experience (in response to a prompt) by 9 am on Thursdays; reply to a classmate before 9 am the following Monday. | 10 | X9  | 90 |
| **Moodle Exams** | Exam 1: Course material Weeks 1-4 | 75 | x2   | 150 |
| Exam 2: Course material Weeks 5-9 | 75 |
| **Forum Activity** | A self-assessment or other content related to course topics. Respond by 9 am on Thursday, reply to a classmate by 9 am the following Monday. | 10 | X9 |  90 |
| **Project** | As part of a public information campaign (prevention), create an infographic describing a psychological disorder from the experience of a famous figure who has/had a known disorder (includes at least a testimonial from that person). This is worth a substantial portion of your grade and will be graded accordingly. Much more information about this on Moodle. **You will need to work out some technology to do this so plan ahead.** | 75 | 1 | 75 |
| **Total Possible Points** | **488** |