 COURSE SYLLABUS

Psychology 101: Psychology and Human Relations

Fall 2018

MWF   1:00

Room:  NSH-210

Instructor: Mark Weiss

Office: IA-222

Office Hours: MW 2:00

Email: [weissm@linnbenton.edu](mailto:weissm@linnbenton.edu)

        Textbook: Psychology for Living by Kirsh, Duffy, and Atwater. 11th Edition

The text is available at the bookstore both new and used. There are enough used copies for all students in the class. It's also available with some online book sellers.

 Course Description: PSY 101 focuses on practical applications of psychology to relationships and personal development. Topics include self and social perception, emotional self-regulation, relationship formation, and a brief introduction to the clinical aspect of human behavior.

 Requirements: There will be a quiz question every class session (which can be emailed to me anytime the same day). The question will be based on the reading due for that class session (see the schedule below).

There will be a final paper due at the end of the term. There will be no final exam.

 Course Objectives: Students will be able to: 1) recognize and articulate social and person forces affecting human relations; 2) use analytical/critical thinking in drawing conclusions about human relations; 3) synthesize diverse perspectives and explain them in a coherent manner and express them objectively, 4) understand the importance of self-engagement, taking responsibility for their own learning while interacting with others in a respectful manner; and 5) develop an understanding of cultural, ethnic, and gender differences in applying the principles of psychology as a science.

 Success in Class: This is a lecture, small group discussion, and student participation class, which calls for a great deal of interpersonal communication. So attendance and participation will be critical to your success. Students who miss more than three classes should consider withdrawing and taking the course at a better time for them. For a single absence, please see me in my office hours.

 Courtesy and Classroom Decorum: Please be mindful that everyone is here to learn Cell phones and other devices should be turned off. Differences of opinion are encouraged and should be respected, as long as they are presented in a constructive and courteous manner. Participation in class discussions is expected, and that means both contributing and listening respectfully.

Drop Policey: Students who do not attend during the first week will be dropped from the class.

Incomplete Grades: Students who complete at least 75% of the class, but are unable finish “may” be eligible for an incomplete grade, and extra time to finish. This would only be if there are special, extenuating circumstances.

 Students With Disabilities: The Center for Accessibility Resources provides reasonable accommodations, academic adjustments, and auxiliary aids, to ensure that qualified students with disabilities have access to classes, programs, and events at LBCC. Students are responsible for requesting accommodations in a timely manner. To receive appropriate accommodations from LBCC, please give the Center for Accessibility Resources advance notice of your disability and specific needs, as some accommodations take days to weeks to have in place. Contact the Accessibility coordinator in RCH-105, 6500 SW Pacific Blvd. Albany, Or. 97321. or call 541-917-4789, or use Telecommunications Relay TDD at 1-800-735-2900 or 1-800-735-1232.

 Emotions and Trigger Points: Psychology, like many subjects, can bring up difficult issues for students.  It’s important for students to know that, if you find yourself feeling stressed from any class, you can request to see a counselor. Counselors are located in the Career Center in T-101.

Counseling Services: Counselors are available in the Advising Center in Takena Hall at the Albany Campus; and at the Learning and Career at Benton Center, in Corvallis.

Personal Services: Any student who has difficulty affording groceries or food, or who lacks a safe and stable place to live, is urged to contact a Student Resource Navigator in the Single Stop Office (Takena-112): Amanda Stanley, [stanlea@linnbenton.edu](mailto:stanlea@linnbenton.edu), 541-917-4877. The navigator can connect students to resources. Furthermore, please talk with your instructors if you are comfortable doing so. This will enable them to provide any resources that they may have.

 Student Instructional Services: There are instructional support services at the Learning Center in WH-226, the Writing Center in WH-200, and the Support Lab in RCH-114. The Library is located in WH-137. Each of LBCC’s centers (Benton Center, Lebanon Center, and Sweet Home Center) have similar services.

Statement of Inclusion: The LBCC community is enriched by diversity. Everyone has the right to think, learn, and work together in an environment of respect. Tolerance, and goodwill. We will work toward creating a community without prejudice, intimidation, or discrimination.

                               --------------------------------------

                   End of Term Paper: Due no later than 1:00, December 3rd

Pick ONE of the following three assignments and write a 3-5 page, in depth, paper.

      1. Take at least two career tests, in the Career Center. After taking them, work with a Career Specialist to search information on at least two jobs... Use all of this information to write your paper.

      2. Go to [ted.com](http://ted.com) and watch the following two videos:

a) "The New Era of Positive Psychology," featuring Martin Seligman

b) "The Surprising Science of Happiness," featuring Dan Gilbert

Write a paper with your critical opinion of the information presented.

      3.  Go to [ted.com](http://ted.com) and watch the following two videos:

a) "Vulnerability" by Brene Brown

b) "Shame" by Brene Brown

Write a paper with your critical opinion of the information presented

                     --------------------------------------------------------------

      Grading System:

27 quiz questions (one per class session). Worth 3 points apiece.=81 points

End of term paper, 3-5 pages, worth 20 points.

101 points possible. 90=A. 80=B. 70=C, 60=D

                   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

        Class Schedule with Required Reading For Each Class Meeting

9/24  Overview and a discussion of how to be successful in class

9/26  Chapter 1: Pages 3-12

9/28  Chapter 1: Pages 12-19

10/1  Chapter 2: Pages 23-32

10/3  Chapter 2: Pages 32-40

10/5  Chapter 3: Pages 45-58

10/8  Chapter 4: Pages 63-76

10/10  Chapter 5: Pages 81-94

10/12 Chapter 5: Pages 94-103

10/15  Chapter 6: Pages 107-115

10/17  Chapter 6: Pages 115-122

10/19  Chapter 7: Pages 127-133

10/22   Chapter 7: Pages 134-146

10/24   Chapter 8: Pages 151-167

10/26  Chapter 9: Pages 171-183

10/29  Chapter 9: Pages 183-191

10/31  Chapter 10: Pages 195-208

11/2     Chapter 10: Pages 208-213

11/5     Chapter 11: Pages 217-226

11/7     Chapter 11: Pages 227-237

11/9     Chapter 12: Pages 241-237

11/12  Holiday

11/14  Chapter 12: Pages 253-259

11/16  Chapter 13: Pages 265-283

11/19  Chapter 14: Pages 287-296

11/21   Chapter 14: Pages 296-307

11/23   Holiday

11/26   Chapter 15: Pages 311-323

11/28   Chapter 15: Pages 323-333

11/30   Chapter 16: Pages 337-351

12/3    Final Paper due at 1:00 in NSH-210 (if not emailed in earlier)