



# Recipe for Success

Page 8

*Alexis Prosper takes extra care with the presentation of her Orange Chocolate Hazelnut Cake.*

PHOTOS: ELLIOT POND



## OSU Drag Show

*The political performance art of drag: "Our very existence is resistance."*

Pages 4-5

THE LINN-BENTON  
COMMUNITY COLLEGE

COMMUTER

The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty and students of LBCC. Editorials, columns, letters, and cartoons reflect the opinions of the authors.

**Letters Welcome**

The Commuter encourages readers to use its "Opinion" pages to express their views on campus, community, regional and national issues. The Commuter attempts to print all submissions received, but reserves the right to edit for grammar, length, libel, privacy concerns and taste. Opinions expressed by letter submitters do not represent the views of the Commuter staff or the College. Deliver letters to:

**Address:**

The Commuter Office  
Forum 222  
6500 SW Pacific Blvd.  
Albany, Oregon 97321

**Web Address:**

commuter.linnbenton.edu

**Phone:**

541-917-4451, 4452 or 4449

**Email:**

commuter@linnbenton.edu

 **Twitter**  
@LBCommuter

 **Facebook**  
The Commuter

**Instagram**  
LBCC Commuter

**Our Staff****Adviser**

Rob Prieue

**Editor-in-Chief**

Emily Goodykoontz

**Managing Editor**

Hannah Buffington

**Social Media Editor**

K. Rambo

**A&E**

Samantha Guy - **Editor**  
Steven Pryor  
Morgan Connelly

**Editorial Assistant**

Saul Barajas

**Layout Designer**

Scarlett Herren

**News**

Katelyn Boring - **Editor**  
Josh Stickrod  
Karl Hellesto

**Photography**

Elliot Pond - **Editor**  
Josiah Love

**Sports**

Nick Fields - **Editor**  
Quentin Jeans

**Web Master**

Marci Sisco

**Advertising**

Austin Mourton

**Contributors**

Constance Jones

# WEEKLY TRUMP WATCH

A quick review of President Trump's actions over the last week

**April 18:**

President Trump signs an Executive Order promoting buying and hiring American.

**April 21:**

President Trump signs an Executive Order to identify and reduce tax burdens.

**April 25:**

President Trump signs an Executive Order aimed at promoting agricultural and rural prosperity.

**April 26:**

President Trump signs an Executive Order enforcing statutory prohibitions on federal regulation of education.

**April 27:**

President Trump signs an Executive Order addressing whistleblower protection and accountability at the Department of Veterans Affairs.

**April 28:**

President signs an Executive Order providing an America-first energy strategy.

**April 29:**

- President Trump signs an executive order to address trade violations.

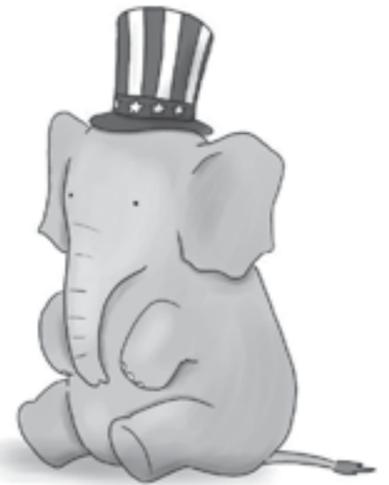
- President Trump establishes the Office of Trade and Manufacturing Policy via Executive Order.

**May 1:**

President Trump establishes the American Technology Council via Executive Order.



STORY BY  
KATELYN BORING  
@K8DOESTHINGS



## CAMPUS VOICE

If you could own any vehicle, what would you have and why?

**JON BUCKNELL**

"I'D SAY SOME SORT OF FIGHTER JET, MAYBE A BLACKBIRD, LIKE A STEALTH JET... YOU COULD GET ACROSS THE UNITED STATES IN LIKE 15-20 MINUTES."

**LAUREN WAYBRIGHT**

"A TESLA, BECAUSE THEY'RE EXPENSIVE AND THEY LOOK COOL."

**SOPHIA KAEUFEL**

"A VW, IT'S A GOOD GERMAN CAR AND I DROVE IT ALL MY LIFE SO FAR -- AND I'M GERMAN, SO I LIKE GERMAN CARS."

**ALEA WEEKS**

"A TESLA, TO HELP WITH SUSTAINABILITY AND TO STOP POLLUTING THE EARTH -- OR TRY."

**EVAN THOMSON**

"I'D PROBABLY GET A PRIVATE JET AND THEN FLY IT ANYWHERE."



STORY AND PHOTOS BY  
K. RAMBO

# "SCARY GARY"

Student artist Rebecca Fewless reveals a powerful perspective

Rebecca Fewless stands smiling beneath a seven-foot, glowering, glittery-eyed demon. She peeks over the rim of her black glasses, long red hair framing her dimples in wisps.

"The happiness of your life depends upon the quality of your thoughts," she says.

The quote, from Marcus Aurelius, is written on a black piece of paper and pinned to a ribbon holding three of Fewless' deeply personal graphite and charcoal drawings. On either side, the giant demon's arms reach out to hold the ribbons. Completing the strange installation, an antique music box sits atop a white pedestal with the skull of a cat painted in red glitter, matching the eyes of the demon.

The imposing installation is hard to miss; "Scary Gary" is part of an annual juried student art show in which Linn-Benton students have the opportunity to show and sell their work, as well as win awards in numerous categories.

Fewless and "Scary Gary" have become well-known sights on campus. Her installation currently dominates a corner of North Santiam Hall's second-floor gallery, while Fewless reigns as the manager of the Hot Shot Cafe, the cheapest place for a cup of joe on campus. Not just a slave to the grind of coffee beans and the caffeine demands of sleepy students, Fewless has been at LB for three years studying graphic design and creating art.

"It just kind of formed itself," she said, smiling and glancing up at her creation. "I wanted to work on something I don't normally do. It was the most fun I've had with art in a long time."

Inspired by the work of a friend, Fewless decided to try something new. She ventured down a darker vein of expression, utilizing "creepy" figures and horror-inspired concepts in her drawings.

"I based them off of my anxiety and

depression and how to work through it," said Fewless. "That pain of something that's not there but is totally real for the individual."

The drawings grew out of Fewless' distress, expressing pain with a visceral quality, yet they also express her positive, determined nature.

"It's [anxiety] not going to go away; it's life and it's just not, and you have to learn to cope with it and focus on the good things in life," said Fewless.

The cat skull and figures in her drawing represent that hope and "happy thought" for Fewless. She encourages viewers to interact with the installation and pick up the music box to listen to its effervescent melody. Even the name of the installation shows Fewless' tendency to lean towards the lighter side of life, calling it "Scary Gary" after the character Scary Terry on the cartoon sitcom "Rick and Morty."

Usually sticking to graphite, Fewless used mixed-media, found materials and paper to create her masterpiece. She had no money for materials and it was different from anything she's ever done, but she had a vision.

"It's something that I don't normally do; I'm very much a graphite person," said Fewless. "Sometimes you get an idea and you just gotta go for it."

The drawings began as an assignment for visual arts instructor Anne Magratten's figure drawing class. Magratten describes the work as "creepy, frightening, dark, and challenging"—but she loves it.

"In Rebecca's installation, we are greeted by a giant intimidating monster and a host of difficult drawings that address sexual violence, depression, and body image," said Magratten. "Rebecca's work is amazing because it visually acknowledges some of the most harrowing aspects of being a woman. Her work touches the fear, isolation, and pain that is silently present in too many lives."

While "Scary Gary" may seem



Rebecca Fewless holds the music box and cat skull pieces of the "Scary Gary" installation.

foreboding from afar, taking a closer look at the drawings beneath reveals meticulous detail and a story full of raw emotion.

"It hurts me to look at her drawings but only because I acknowledge the truth in them," said Magratten. "Scary Gary' allows me to think more deeply about these issues and brings them into a public space of contemplation. Her art is hugely powerful!"

"Scary Gary" is up for sale at an asking price of \$175 and will remain

on display until the end of the show on June 8. Winners of will be announced on Wednesday, May 3 at the gallery reception from noon until 1 p.m.



STORY AND PHOTO BY  
EMILY GOODYKOONTZ  
@SHARKASAURUSX

# LB Hosts ONPA CONFERENCE

College students from around Oregon attend a day of journalism

On Friday, April 28, LBCC, in conjunction with the Oregon Newspaper Publishers Association (ONPA), hosted the Annual Collegiate Day in the Commons. The event had a large turnout with multiple schools in attendance.

Students in journalism programs from around Oregon were able to meet with three speakers from different local newspapers, including Samantha Swindler, a columnist from the Oregonian, Andy Nelson, a photojournalist from the Register Guard, and Lindsay Schnell, a staff writer from Sports Illustrated.

The speakers gave students tips and advice on success in the journalism industry. They also shared stories about their experiences in journalism.

"You can't be afraid of what you are writing," said Nelson.

During the conference, panelists discussed "new age media" and "fake

news." They also talked about how journalism is changing and moving towards the digital age and away from print publications, as well as the limitations some papers have when it comes to how they publish.

It was made clear that journalism is still a relevant and important subject and is still alive and well.

After meeting with the speakers, an awards luncheon was held in the Commons. The Commuter was awarded in 13 categories, including a few first place awards in best photography, best series, best writing, and best design. The Commuter also won second place in the general excellence category. Student papers were judged on volumes from the winter and spring of the 2015-16 academic year, and from this fall.

All in all, the conference provided way for student journalists to see the



PHOTO: LORI FLUGE-BRUNKER

The Commuter crew won 13 awards at the 2017 ONPA Collegiate Day.

differences and similarities in Oregon's college papers, and also to learn new and helpful tips.

STORY BY  
QUENTIN JEANS  
@QL\_ROSE

# “EXISTENCE IS RESISTANCE”



PHOTOS: EMILY GOODYKOONTZ

Miss Dharma Prada MacPherson performs at OSU's Spring Drag Show 2017.

## OSU Drag Show brings LGBTQIA+ community together to celebrate, express, and crown the new Beaver Royalty

The LaSells Stewart Center bubbled to its brim with an uproarious, thousand-person crowd as OSU's Rainbow Continuum hosted the Spring Drag Show 2017 on Saturday, April 29.

A bi-annual event, the show draws performers, students and community members together in a safe space created for total self-expression, breaking down gender-binaries and celebrating each other's existences across the varied spectrums of underrepresented and marginalized communities.

Each spring, a new “Beaver Royalty” performer is voted and crowned by the crowd. Beaver Royalty Contestants compete during the first half of the show, and the winner is announced at the show's close. This year the crowd chose Anastasia Dharma VonSchweets as the new reigning royalty, who performed to “Work from Home” by Fifth Harmony, along with drag performers Misha D and Jay Dates.

“It's exhilarating,” said VonSchweets. “This is a really good crowd, and this is a really good environment to perform in.”

VonSchweets was one of more than 15 performers. However, only five were in competition for the title.

The drag shows blend the downright dirty and hilarious with the classic, heartfelt and beautiful. Each performance is a wholly unique articulation of persona and style, statement and political challenge. The entirety is meant to inspire the audience and flaunt the vibrant spectrum of humanity's differences in the face of homogenized beauty, sexuality, and gender standards.

It's a show that's changed lives.

“This is my second year being a part of the OSU drag show, and my first time was back in 2014/15,” said Carmen Sutra, star local performer. “I discovered the show and attended and was immediately drawn to the stage and I wanted so badly to be performing.”

Since then, Sutra has gained local fame, performing regularly at community drag events and is part of Haus of Dharma, a drag family based in the Linn-Benton counties.

“We [Haus of Dharma] provide drag entertainment and social service provision and referral for LGBTQ+ folks but particularly focused on the trans and gender nonconforming communities,” said Miss Dharma Prada MacPherson.

A previous LBCC student, Dharma has become a social justice leader and well-known drag performer in the community, founding the Haus of Dharma in 2014 with Sativa De Lux. Dharma was crowned Beaver Royalty in 2015.

“Drag has always been a tool for me to explore my gender identity and expression and I use it as a means to empower myself as a transgender womxn as well,” said Dharma.

Each year the OSU drag show has a theme or cohesive element around which performers coalesce. This year's theme was “Existence is Resistance.”



Carmen Sutra (left) and Anastasia Dharma VonSchweets sing a duet, “Powerful,” in honor of the Black Lives Matter movement.

### Upcoming Drag Events and LGBTQIA groups include:

LBCC Gender and Sexuality Alliance meeting Monday at noon in the DAC

OSU Rainbow Continuum meetings every Monday at 6 p.m. in MU 213

The OSU Pride Center, open Monday to Thursday: 10:00 a.m. to 7:00 p.m., and Friday 10:00 a.m. to 5:00 p.m.  
1553 SW A Ave  
Corvallis, OR 97333  
(541) 737-9161

Haus of Dharma, a drag group in the Linn and Benton counties, will perform May 6 in Salem at the Southside Speakeasy.

A performance by Miss Dharma Prada MacPherson at LBCC's OneVibe Diversity Day on May 10 at noon in the courtyard

Dam Right Drag Night on May 19 at The Dam in Corvallis, 21+

The Annual LBCC Drag Show on Friday, June 2 at 7 p.m. in the Russell Tripp Performance Center



Petty Flirtado puts the audience in an uproar as she rips off Timbaland in your DMs' pants during their performance.

“I chose this theme because our very existence is resistance. Us being and living in the present of another day is resistance, which is especially true for folk in marginalized and underrepresented communities, due to their lived experiences,” said Christine Hoang, director of media for Rainbow Continuum.

Hoang believes that this theme crosses all intersections of marginalized communities like the LGBTQ+ community, people of color, and those who live with disabilities or mental illness, which Hoang terms diversabilities and neurodivergencies. For Hoang, existing as resisting means gathering the strength to get out of bed and venture into a “white, abled, cis-heteropatriarchal society.”

Dharma has a similar perspective.

“I am a Pakistani, queer, disabled, transgender, Muslim womxn of color, living with HIV,” said Dharma. “Like my entire existence is systemically challenged and subverted, so for me, just existing is resisting.”

According to Hoang, a community celebrating its existence together becomes a far more powerful form of resistance than the individual alone.

“One person’s existence/resistance fuels another person’s existence/resistance, and that passes on to another. Imagining this as multiple ripple effects, it is more like a tsunami of great social change,” said Hoang.

VonSchweets and the previous Beaver Royalty of 2016, Carmen Sutra, furthered the inclusiveness of the evening through their recognition of race minority struggle with a duet sung in acknowledgment and support of the Black Lives Matter movement.

“It was probably one of my most powerful performances,” said Sutra.

Later in the evening, strapped in rainbow suspenders and microphone in-hand, Sutra belted Beyonce’s “Freedom,” strutting down the stage and through the auditorium aisles.

“My solo routine was another reflection of past events that have occurred, not only in the Black community but in all minority groups including Latinos, Trans, Jewish, Muslims and more,” said Sutra. “The title of the song being ‘Freedom’ already holds a lot of power and meaning to our community, both LGBTQIA and the Black community.”

The show’s continued success leaves behind a legacy of evolving and inviting spaces for LGBTQIA+ and other minorities in the Corvallis and OSU communities. Since January 2017, monthly drag shows called Dam Right



Petty Spaghetti Flirtado performed “Promiscuous” by Nelly Furtado featuring Timbaland.

Drag Night have been held at The Dam, an arcade and bar in downtown Corvallis. These shows are put on by a group not officially affiliated with Rainbow Continuum or Haus of Dharma, but many OSU and Dharma performers can be found on the stage at The Dam.

“As long as there is support from friends, family and community, the success of the show will increase, and the fact that the space remains an open, inclusive, safe spot for many students on campus is key to what the LGBTQIA community represents,” said Sutra.



STORY AND PHOTOS BY  
EMILY GOODYKOONTZ  
@SHARKASAURUSX



Ezi LaChance has performed for four years and chose “Stronger Than You” by Estelle Comp for their first performance of the evening.



Miss Dharma Prada MacPherson performed to “Vogue” by Madonna in celebration of vogue culture and drag house culture.



**WED MAY 10  
11-2  
MOTHERS DAY  
ANNUAL  
PLANT SALE**

In the Greenhouse on the main LBCC campus

With support from Peoria Gardens

*Linn-Benton*  
COMMUNITY COLLEGE

- Organic Vegetables**
- Flowers**
- House plants**
- Hanging Baskets**

**\$\$\$ Great prices!**

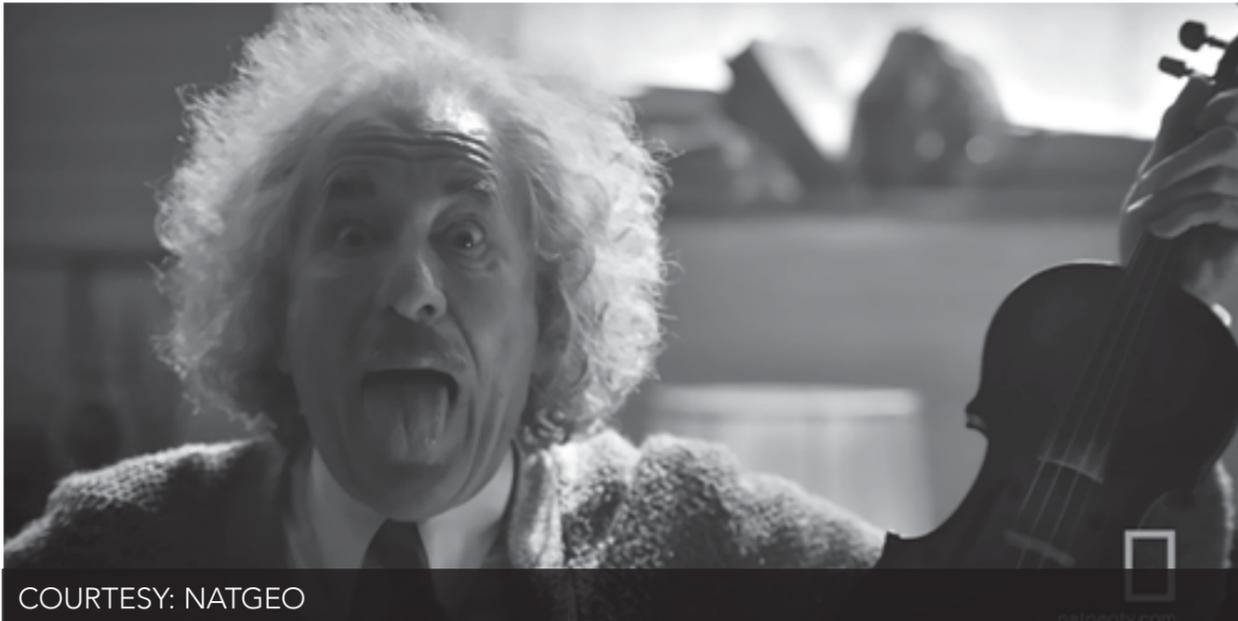
**Fundraiser for the Horticulture Dept.**

**Bring your friends and family. Open to the public.**

**Bring a box for your plants**

**Fuchsia’s**

- PEPPERS, TOMATOES,
- LEEKs, ONIONS,
- MARIGOLDS, CUBAN OREGANO, DILL,
- FENNEL, SQUASH,
- GERANIUMS, LETTUCE,
- FLOWERS, FLOWERS...



COURTESY: NATGEO

## TV SERIES REVIEW:

**Genius**

**NETWORK:** National Geographic Channel  
**STARRING:** Geoffrey Rush, Johnny Flynn, Nicholas Rowe, Samantha Colley  
**GENRE:** Documentary, Drama  
**RATED:** TV-14

REVIEW BY **MORGAN CONNELLY**

Einstein was a genius: we know this for certain, but getting an idea of what exactly his life was like has been a mystery.

“Theory of Everything,” starring the incredible Eddie Redmayne in 2014, was one of the best depictions of another genius’s life; this time, Stephen Hawking. Perhaps this was the aesthetic “Genius,” which premiered on April 25, was going for: a piece about a beloved scientist plucked out of history.

The timepoints we get to observe in Einstein’s life are from when he was in college and in 1932 as a professor at the very beginning of Nazi Germany. The show’s representation of Einstein doesn’t portray a stereotypical media version of a strict scientist, laboring behind his studies and without a sense of humor. He’s a romantic; maybe not a very good one, but he did find love. Mad genius scientists are human too, after all.

National Geographic has put impressive efforts into making “Genius” not only historically accurate, but interesting. Einstein was a man who hated school but loved education. He refused to study humanities because he had no interest, wanting to invest everything into

physics and mathematics.

Einstein was also stubborn, sticking to the facts and a more realistic look on life. Politics disgusted him; philosophy as well. He became a citizen of the world, as his host father put it. When his family failed to understand him, he found comfort in his host family in Switzerland, a large and more liberal family that encouraged Einstein’s perspective on life and the universe.

If you have studied Einstein, even in the slightest, you are probably aware of Einstein’s struggles in school. The teacher judged him for not following the rather solemn, disciplinary take on education. When Einstein switched to an alternative school, however, he thrived. His ideas weren’t shunned, but welcomed.

Einstein was also thought to be Autistic, a common trait that some experts think many geniuses possess. Autism is often addressed as a childhood disorder rather than one that high-functioning individuals and adults also experience. The way the show addresses the unique way Einstein’s brain functions is flattering, still honoring his intelligence while shining positive light and letting

him shine just for being himself.

During his childhood and adulthood, we see Einstein as a professor, teaching how time is not a set concept, and that light travels as waves to the Earth and the rest of our universe. With special effects, we imagine his thoughts, from the way the light beam floats from the Sun to our planet to the way he imagines a ball floating through space.

The series highlights the great questions Einstein asked; questions that were simple in theory, but ones he would spend his entire life trying to figure out. How does light travel through outer space when outer space is nothing but a vacuum, a void? What is time? What is life?

Despite the changing times and the surprise uprising of the Nazi regime, Einstein still persevered as if nothing held him back, leaving a legacy for the STEM fields and people with learning differences. Anyone in need of a great show that’s based on reality but does away with the modern order of things should check out this series.

# STAR WARS: THE LAST JEDI

*First trailer reveals new secrets*

This Christmas, the next highly-anticipated installment in the “Star Wars” saga will arrive with “Star Wars: Episode VIII-The Last Jedi.” While anticipation for the film has remained high ever since the massive critical and commercial success of “Star Wars: Episode VII-The Force Awakens” in 2015, a new trailer for the film has generated further hype for the film ahead of its opening on December 15.

The first trailer bears many similarities to the first trailer for “The Force Awakens”: even though details on the plot itself are scarce at this stage, Rian Johnson definitely looks to not only build on what was given to him, but advance the story of the saga further in honor of its 40th anniversary this year.

Picking up where the events of “Episode VII” left off, the film will follow Rey (Daisy Ridley) as she learns the ways of the Force from Luke Skywalker (Mark Hamill); who has been in hiding in the 30 years after the events of “Return of the Jedi.” However, the sinister First Order will stop at nothing until Luke is destroyed, and the Resistance will face further challenges from villains such as Kylo Ren (Adam Driver) and Captain Phasma (Gwendoline Christie). With the conflict rising, it will be a series of growing challenges for the likes of Poe Dameron (Oscar Isaac), Finn (John Boyega) and BB-8 (voice of Bill Hader).

Even if the trailer has generated further speculation about the film, it hints at many secrets the film holds; including an ominous narration that ends with this phrase: “It’s time for the Jedi to end.”

Since the trailer was first uploaded to YouTube as part of the annual “Star Wars Celebration” this year, it has been viewed over 32 million times. It is also part of a massive marketing campaign that coincides with the 40th anniversary of the release of “A New Hope” in 1977. The video game “Star Wars Battlefront II” will also contain a host of elements tied into the film, some of which hint at redesigned costumes for Rey and Kylo Ren. The film will also be the final appearance of Carrie



COURTESY: DISNEY

Fisher as General Leia Organa, which she completed work on before her sudden death in late 2016 at age 60. Lucasfilm is also in the process of reworking “Episode IX” to reflect her absence before the film’s release in 2019.

Given the building hype, the first trailer for “Star Wars: The Last Jedi” has further stoked excitement for one of the most-anticipated films of the year. It appears the film will make good on its aim to emulate the tone of “The Empire Strikes Back,” regarded by many to be the best film in the original trilogy. Even with the task of following up on the massive success of “The Force Awakens,” director Rian Johnson has risen tremendously to the occasion. The Force should definitely be with “The Last Jedi” when it releases on December 15.



COLUMN BY  
 STEVEN PRYOR  
 @TWITTER

## LBCC Chess Club

Wednesdays: 1 p.m. to 3 p.m.

Thursdays: 2 p.m. to 4 p.m.

Gathers weekly in the  
 Commons Cafeteria

**Beginners  
 Welcome!**



# RELAXATION STATION

Advice from LBCC's Wellness Center

**Q:** Why is it important to relax? I Don't have time for yoga or meditation...

**A:** Our bodies and minds are complex machines, and like many machines - they need a break or they will break.

**Q:** Which is better, yoga or meditation?

**A:** Both are great ways to utilize mindfulness and connect with your body and mind. Yoga classes are a structured process to stretch, strengthen and breathe. Meditation is an exercise to quiet your mind and change your "state" of mind.

**Q:** But what's best?

**A:** Like answering "what's the best exercise" - it's whatever feels good AND that you will do regularly.

Meditation can be simple and short. Spend 5 minutes in a quiet place, sitting comfortably yet with your spine fairly straight. Close your eyes and focus on your breath going in and out. Your mind will wander, but keep bringing it back to your breathing and being mindful of how your body feels.

**Q:** What is "walking meditation"?

**A:** There are some different ways to do this. You can buy a "guided walking meditation" track to listen to while you walk. Or you can just listen to the sounds around you and again, be mindful of your body and the sights and sounds around you. Choose a path that you know, preferably one without traffic and distractions, like the "wellness trail" on the LBCC Albany campus. Spend 10 to 30 minutes walking at a comfortable pace, listening to your breathing, taking in the sights, sounds and smells.

Try one of these relaxation ideas and write me! Let's find ways to support each other finding some quiet amidst a sometimes hectic schedule.

COLUMN BY  
LISA HOOGESTEGER



# CINCO DE MAYO: MORE THAN A DAY OF DRINKING



*Sugary-sweet margaritas are leaving a bitter aftertaste in many people's mouths*

When most Americans think of Cinco de Mayo, the majority envision plastic-beaded jewelry, scantily-clad women, and an extreme excess of alcohol. Music, laughing, and talking fill the air and the scene is set in chaotic and colorful disarray. But this image, while vibrant and full of life, is not how Cinco de Mayo is supposed to be celebrated.

For those who aren't already aware, Cinco de Mayo, is not the Mexican Independence Day (which is Sept. 16). Cinco day Mayo is the day the Mexican people remember when General Ignacio Zaragoza led the Mexican Army into a victory against the French armies in the Battle of Puebla on May 5 of 1862.

"The war with France actually has a lot of significance to American history; the Civil War was going on simultaneously. France would have sided with the confederates in the Civil War, and had they not been sidetracked by the war in Mexico, the Civil War could very easily have had a very different outcome," said Javier Cervantes, Director of Equity, Diversity, and Inclusion at LBCC

In Mexico, Cinco de Mayo is not widely celebrated. All children have the day off of school, but the day is only a national holiday in the state of Puebla, where the battle was won. The festivities are most prevalent and widespread in Puebla. The neighboring state of Veracruz also has a full holiday on May 5, and there are various military-themed parades across Mexico, but the festivities are nowhere near as ostentatious, raucous, and flamboyant as those in most of the United States.

"I feel like Cinco de Mayo is a holiday that is just used in America as an excuse to drink, like Saint Patrick's day is. It would be like another country using the alamo or our independence day as another drinking day," said Moriah Hoskins, an LBCC student of Hispanic descent.

If you would like to celebrate in a way that is culturally accurate or learn more, visit LBCC's Diversity Day on Wednesday, May 10; which will be in the courtyard from 10 a.m. to 2 p.m. and will feature performers,

music, food, club and community tables, and more.

"Cinco de Mayo celebrations are a signature event at Diversity Day, it's one of the most fun days of the year," said Cervantes.



COLUMN BY  
KATELYN BORING  
@K8DOESTHINGS

**THE COMMONS**  
*Cafeteria*

\*\*\* MENU \*\*\*  
5/3 - 5/9

**Wednesday 5/3:** Seafood Risotto, Grilled Steak with Mushroom and Red Wine Demi, Eggs in Purgatory with Garlic Toast, Soups - Tom Kha Gai

**Thursday 5/4:** Pork Ragu with Cavatapi, Chicken Cordon Bleu, Chili Rellenos, Soups - Shrimp and Corn Chowder and African Sweet Potato

Monday-Friday 10 a.m.-1:15 p.m.



## UPCOMING EVENTS

May 3

NSH Gallery Exhibits Annual Juried Art Student Show

- Noon to 1:30 p.m.

Health & Safety Fair

- 6th annual hosted by LBCC Public Safety Office 11:30 a.m. to 1:00 p.m.

May 5

Home Baseball game

- Home vs. Chemeketa CC Double Header 1 p.m. to 5 p.m.

West Albany Musical

- 7 p.m., tickets are \$10

May 6

West Albany Musical

- 2 p.m. and 7 p.m., tickets are \$10

May 9

Society of Professional Journalists Conference

- Eliot Center in Portland, tickets are \$20 each

May 10

OneVibe Diversity Day

- Music, food, dancing, information tables and more. Main campus 10 a.m. to 2 p.m.

May 12

HOME Baseball Game

- 1 p.m. to 5 p.m., LBCC vs. Edmonds CC

May 13

HOME Baseball Game

- 1 p.m. to 5 p.m., LBCC vs. Edmonds CC

May 17

Life-Size Live Chess Match

- 11 a.m. to 1 p.m., in the courtyard.



PHOTO: JOSIAH LOVE

Rania Khafer educates the crowd about the culture of wearing hijabs.

## UNVEILING THE VEIL

World Hijab Day educates the LB community about the true nature of a controversial clothing item

On Friday, April 28, a group of students and staff gathered to learn more about the hijab, a traditional Muslim headdress. The Diversity Achievement Center was filled with the excited chatter of those who yearned to gain knowledge about a garment that has existed since the beginnings of Islam in the 7th century.

After some brief introductions the presentation began. The presentation started by defining the headdress as more than just a veil, scarf or head dress, but as a way of life. Islam didn't introduce the hijab, it embraced it.

Religious headdresses exist in almost every world religion, but their use is not as clearly defined as it is in Islam.

In the Qur'an the definitions for modesty are clear and were written for both genders, so that modesty would be a staple in the religion. The slideshow highlighted an assortment of online images from several religions celebrating modesty as a way of life that encapsulated the way one speaks, acts, and thinks.

The presentation went on to discuss how the lines of modesty have been pushed to oppressive levels by use of the hijab, as well as the response by some muslim women. Finally the hijab was presented as a fashion piece, that can be tied into appropriate and modest outfits for both work and recreation.

The World Hijab Day program was important lesson on how first hand accounts are some of the most viable sources of information available. Hearing about hijabs from muslim women who are proud to be wearing them helped put to rest rumors of oppression and sexism. Combined with delicious middle eastern meal and a respectful and attentive audience, Hijab de-mystified was truly one of the most successful events Linn-Benton has seen this year.

COLUMN BY  
KARL HELLESTO



## GET NUTTY

Culinary students cook to compete in honor of local hazelnut agriculture

Last Friday, April 28, the Culinary Arts program held the second annual Hazelnut Competition from noon. to 2 p.m. in the commons cafeteria. The judging took place in the Santiam Restaurant.

The contestants each prepared a specialty dish made with hazelnuts. Contestant Alexis Prosper made Orange Chocolate Hazelnut Cake with Hazelnut Buttercream, Chocolate Ganache and a Hazelnut Tuile; contestant Chuck Ito made Chocolate Hazelnut Mousse Cake; Freddy Cisneros made Hazelnut Crusted Petite Lamb Chops; Christina Devey made Hazelnut Crusted Chicken Roulade stuffed with Chimichurri and Feta; and Ben Vanderschuere made Wild Mushroom and Hazelnut Risotto.

After an intense tasting of the food by the judges Devey took first place, Prosper placed second, and

Cisneros took third. All three contestants took home a check from the Oregon Hazelnut Industry to promote the local nut industry.

All the contestants were given a cookbook, "Oregon Hazelnut Country: The Food, the Drink, the Spirit," written by a Corvallis resident who was also a judge at the contest, Jan Roberts-Dominguez



STORY AND PHOTOS BY  
ELLIOT POND  
@MARSHALPHOTOS

### Hazelnut Competition Winners

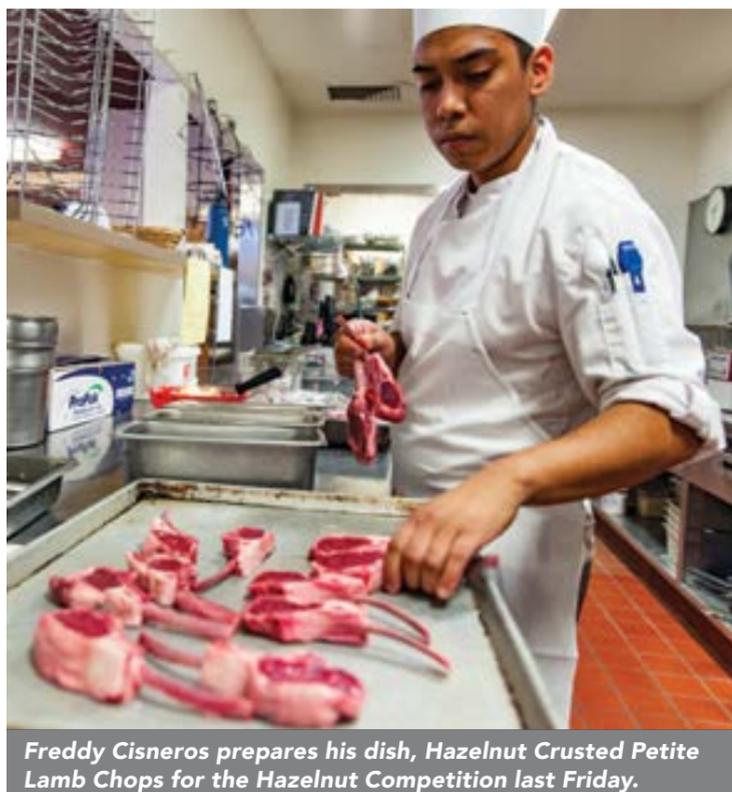
1st place winner is Christina Devey  
2nd place is Alexis Prosper  
3rd place is Freddy Cisneros



Alexis Prosper (left), Ben Vanderschuere (center) and Chuck Ito share the same stovetop during the competition.



Christina Devey checks the roasted hazelnuts before using them in her Hazelnut Crusted Chicken Roulade stuffed with Chimichurri and Feta.



Freddy Cisneros prepares his dish, Hazelnut Crusted Petite Lamb Chops for the Hazelnut Competition last Friday.



**25% Off**  
any Tanning Package

Present current LBCC student or faculty I.D. card.  
535 S. Main Street Lebanon, OR 97355  
Phone: (541) 405-3952  
www.facebook.com/oregonsuntubs/  
Offer expires May 31.