

# THE COMMUTER

LINN-BENTON  
COMMUNITY COLLEGE

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# COMMUTER

**Cover Credit:**  
Marwah Alzabidi

**On the cover:**  
I am UCC

The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty and students of LBCC. Editorials, columns, letters, and cartoons reflect the opinions of the authors.

**Letters always welcome.**

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# SLC: REACH OUT

As we are sure you are aware of, Thursday morning our neighbors at Umpqua Community College suffered tremendous loss at the hands of an armed assailant. Maybe you heard about it from a friend, or maybe it came across your Facebook newsfeed; once at first, and then again and again as more details unraveled. Maybe you furrowed your brows in confusion, or maybe you just sat down and cried.

Regardless of how you encountered this tragedy, you are not alone. We are a Community College, and we strongly emphasize the "community" aspect.

Your student leaders have been working tirelessly with administration to ensure that we are doing everything in our power to take care of our LBCC family. We shall be in solidarity with UCC, but we shall also provide for our own.

There are counseling services available for anyone who needs someone to talk to on campus. Buttons are available to show support for the victims and survivors of the dreadful attack, and the Student Life and Leadership office in the Forum building next to the Hot Shot Cafe should be thought of as resource for students.

Patience, understanding, and time is needed for healing from this, but let us also take this time to reach out to one another. Call someone you care about. Share a smile with a stranger. Let us take this time to be a good listener and a strong friend.

And if you can't be strong, come see us. Our community is stronger than ever, and we're here for you.

- Your friends at Student Life and Leadership, LBCC

# CAMPUS VOICE

The UCC shooting has affected LBCC students on different levels. This is how a few students reacted when asked about the tragedy.



Dual enrolled animal science major, Gabriele Jamaine, has friends who knew some of the students injured in the shooting. She finds it terrifying that something like this happened so close to home. She still feels safe on campus, but the thought of possibility resides in the back of her mind.

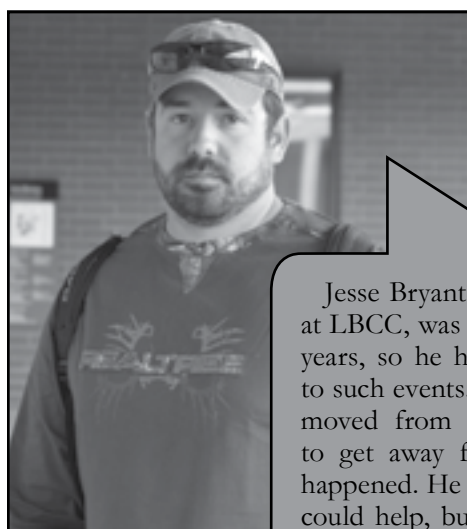


Troianne Wilkinson, an art major, was not affected on a personal level, but the fact that it happened to such young college students, weighs heavy on her heart. Concerns for her safety on campus are not a factor because if someone wants to do something like this, they'll find a way.

Biology major, Klayna Palacios, says she, "has grown numb to shootings." The rise in hate crimes and violence concerns her. Her only concern with campus safety is the possibility of security guards becoming armed and having guns on campus.



Sean Brodie, a fermentation science major, is originally from Michigan where family and friends raised concern to his safety when hearing the news at UCC. He says, "Maybe having a first response system, or a more strict security could help."



Jesse Bryant, a forestry major here at LBCC, was in the military for five years, so he has grown desensitized to such events. Bryant and his family moved from California to Oregon to get away from crime, then this happened. He says, "Arming security could help, but banning guns is not the answer."



**STORY BY**  
MARINA BRAZEAL  
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# STUDENTS SUPPORTING STUDENTS

*Campus unites in a show of solidarity*



Tragedy struck Oregon in the form of recent events at Umpqua Community College in Roseburg. A shooter opened fire at the college on Oct. 1, leaving nine victims wounded and nine dead, according to CNN. A community is left shaken, but does not stand alone.

The Student Leadership Council at Linn-Benton Community College instantly jumped into action to support UCC in any way possible. Nikki Aman, volunteer coordinator, describes what the intentions of the council are, especially in the wake of a local crisis.

"We are servants to the students, to represent them," said Aman.

That representation does not stop at Linn-Benton borders. The SLC hope to collaborate with other Oregon colleges to offer a community of support and love for those affected by this devastating event.

Spearheading the movement is Lina Demorais,

legislative affairs director. Demorais is currently working on creating care packages for those affected. Some of the items included will be letters of comfort, soothing scents, chocolates, school supplies, stress relief guidance, and even counseling service information.

"We want them to feel supported," said Demorais.

President of the SLC, Paola Gonzalez, spoke about how the news of UCC hits home.

"This isn't just something that happened at UCC, this is something that happened to our community. The SLC feels the need to personally reach out because this incident is so close to home."

Demorais and the rest of the council would love student support throughout this process of grief. They created a memorial by the LBCC bookstore where buttons are provided, and a large board is available for students to sign their condolences.

A candlelight vigil is being planned. Demorais has set the date for Wednesday, Oct. 7 from 5 to 7 p.m. There are also blood drives in the Roseburg community but the SLC would like to remind students that blood donations are always needed, especially following events such as these.

For further information or opportunities to help, the SLC has executive meetings Mondays at 4 p.m. in Red Cedar Hall, room 116, and event meetings Wednesdays same time, same place.

STORY BY  
BREANNA RAE  
@BREANNARAE9



PHOTO BY: MARWAH ALZABIDI





# COMMUNITY COLLEGES UNITE

Tragedy hits Roseburg, school shooting leaves 10 dead, 7 injured



UCC is blocked off at the opening to the road of the college.

Last Thursday at 10:38 a.m., a gunman entered Umpqua Community College, and opened fire. Ten were killed, and nine seriously injured who were treated at Roseburg's Mercy Medical Center.

Community Colleges are a web of close-knit communities; when tragedy strikes one, all are affected. Vice President of Student Affairs, Bruce Clemetsen, commented on the shooting,

"We all have colleagues and friends in the [Umpqua] community... we are ready and prepared to assist in any way they need."

In the wake of the Umpqua shooting, Linn-Benton Community College is providing counseling support for all students and staff at the Fireside Room

There will be a memorial space on the first floor of the Benton Center, as well as in the Bookstore on the Albany Campus. LBCC has a place for prayer and meditation located in the Diversity Achievement Center

on the Albany campus.

Although the majority of us hope these types of tragedies will never happen, this situation presents an opportunity to reflect on LBCC's protocol . A great resource for students and faculty is the LBCC Public Safety App. The app contains action plans, contacts in case of emergencies, maps, and information leading to LBCC's Threat Assessment Team.

Entering your phone number into your Webrunner account is another helpful source. You will receive timely and detailed texts covering emergencies in the area.

Umpqua Hospitals have made a plea for blood donations, specifically type O blood. If you are ready and capable, donating could save the life of a colleague, friend, or peer. According to the Red Cross one donation is enough to help save up to three lives.



PHOTO BY: MORIAH HOSKINS

## AT A GLANCE

**What:** LBCC students are planning to hold candlelight vigils for UCC in the courtyard on the Albany campus, and at the LBCC Benton and Lebanon Centers at the same time.

**When:** Wednesday, Oct. 7, from 5 to 7 p.m.

**Program:** Plans include music, poetry readings, veterans' participation, and a memorial display.



STORY BY  
AMANDA BELVINS  
@YOURLOCALSQUID

# ADVICE FROM WEISS

Question: I am feeling weird. I heard about the shootings down at Umpqua CC, and I am upset about it, but I'm not. I think I should be more upset than I am. Do you know what I mean? Am I weird for not thinking about it more?

Answer: Emotions about an event like this often come to us in waves. but the waves are often different from each other.

The first wave after a sudden tragedy is often shock, where we feel very little. It's as though the news is so stunning that it shuts down our emotional system for a little while. Other waves may be anger, sadness/grief, and a time where we kind of try to "strike a bargain with fate." We think, "if I just do this, or that, then I'll never have such a terrible thing happen to me."

It's only later that a wave of acceptance comes upon us. And this is where we can face the reality of what has happened, and the sadness that it brings, and begin to move on with our lives.

We all get emotional waves from critical events in different ways from one another,

and so it's important not to be judgmental about them. Not judging of others and their emotions, and, perhaps most importantly, not sitting in judgment of ourselves. If what your emotional system needs for you is to go numb for a few days, that's not something to criticize yourself for. It's just a way that you take care of yourself. Other kinds of emotions will almost certainly follow later.

However, if you find yourself stuck in one of the "waves" for a long period of time, then you might want to see a counselor, at the college or in the community... Also if a sudden wave of emotion overwhelms you, you might want to talk that through with someone.

This tragic shooting has made it a very strange beginning to the term, for many of us, and we need to give ourselves, and others, a lot of understanding and acceptance at this difficult time.



COLUMN BY  
MARK WEISS

We stand with our friends  
and colleagues from  
Umpqua Community College.

Lucero Alcaraz, 19, of Roseburg  
Quinn Glen Cooper, 18, of Roseburg  
Kim Saltmarsh Dietz, 59, of Roseburg  
Lucas Eibel, 18, of Roseburg  
Jason Dale Johnson, 33, of Winston  
Lawrence Levine, 67, of Glide.  
Sarena Dawn Moore, 44, of Myrtle Creek  
Treven Taylor Anspach, 20, of Sutherlin  
Rebecka Ann Carnes, 18, of Myrtle Creek



# STUDENT TURNED INSTRUCTOR

There's a new Instructional Support Assistant on campus



Brie Wood's journey at Linn-Benton started over a decade ago. She has had different roles over the years, and all have been in the same room the "Math Classroom": student aide, instructional assistant part-time, Math 20 instructor, and now instructional support assistant.

At first Wood wanted to become a pharmacist. She started her college education in 2002 in the Pharmacy Technician program at LBCC.

While taking classes, Wood found out she enjoyed math just as much as she was good at it. She made the decision to switch from the Pharmacy Technician program to pursue mathematics in 2003.

During her time as a student, Wood began work as a student worker in 2004. She helped at the math angle, one-on-one tutoring, and math help desk at the Albany campus, Benton Center and Lebanon Center.

She graduated with her Associates of Science in Mathematics from Linn-Benton in 2007.

Wood graduated from Oregon State University with her Bachelor's in Mathematics in 2009.

In January 2010 Wood started her teaching career at LB. As an adjunct faculty working 20-25 hours a week. As well as being an adjunct, she continued helping at the math angle and the math help desk.

"I could always count on Brie to be exceptionally patient and kind to students. She has a confidence and an ability to explain math concepts that students appreciate," said Vikki Maurer, mathematics instructor.

Spring 2015 was the last term Wood worked as an adjunct faculty. Linn-Benton welcomed the new Instructional Support Assistant in summer 2015.

"I'm really enjoying it," said Wood. "I like that this position lets the student get to know you really well, and then the students feel comfortable enough to come back and ask questions."

Wood's position allows for students to come in outside of class time for one-on-one help, and enables instructors to have the necessary materials prepared for lecture; and Wood is available to assist in training future aides for Math 20.

"She readies the classroom and supports the instructors in a variety of ways," said Maurer. "I feel fortunate to have such a competent, bright, capable, creative instructional assistant. Brie is awesome!!," said Maurer.



STORY AND PHOTO BY  
MELISSA CHANDLER  
@MJEFFERS

Linn-Benton Community College  
Department of Equity, Diversity & Inclusion and  
Community Action for Racial Equity (CARE)

## FILM SCREENING

"White Like Me is a phenomenal educational tool in the struggle against racism... Tim Wise cogently shows whites receive systemic privilege and forcefully challenges the nonsense that by being color-blind, Americans can get beyond the nation's racial hump."  
— Eduardo Bonilla-Silva, Ph.D  
Author of *Racism Without Racists*

**FREE & OPEN TO THE PUBLIC**

**When:**  
October 11, 2015  
**Location:** Albany Public Library  
(2450 14th Ave. SE, Albany)  
**Time:** 4-6 PM  
Questions: 541-917-4461

**ABOUT THE FILM WHITE LIKE ME:**  
An exploration of race and racism in the US through the lens of whiteness and white privilege. It reassesses the American ideal of meritocracy and claims that we've entered a post-racial society. An examination of race-based white entitlement programs that built the American middle class.

Tim Wise's live lecture October 14, 2015 in Albany at LBCC's Forum Lecture Hall: F104 at 2:00 P.M. and in Corvallis at OSU's LaSells Stewart Center at 7:00 P.M.

Sponsored by:  
Linn-Benton Community College  
DIVERSITY ACHIEVEMENT CENTER  
G.A.R.E. Community Action for Racial Equity  
Human Relations Commission  
Albany

**TIM WISE**  
antiracist essayist, educator, author of:  
**WHITE LIKE ME & COLORBLIND**

Two Mid-Willamette Valley Lectures: October 14, 2015  
 ❖ **Albany: LBCC Forum Lecture Hall F-104, 2 P.M.**  
 Questions: 541-917-4461 For special accommodations 541-917-4789  
 ❖ **Corvallis LaSells Stewart Center, OSU 7 P.M.**  
 Questions 541-737-3665

"The irony of American history is the tendency of good white Americans to presume racial innocence. Ignorance of how we are shaped racially is the first sign of privilege."  
—Tim Wise

**FREE & OPEN TO THE PUBLIC**

In other words. It is a privilege to ignore the consequences of race in America."  
—Tim Wise

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# THE GREAT COFFEE DEPRESSION

A coffee shortage caused by drought, rising temperatures, and low prices threatens consumers

You can't buy happiness, but you can buy coffee, and that's pretty much the same thing, right?

But what if you can't buy EITHER?

That's right, folks. A coffee shortage is upon us.

Now, college is a full time job -- and then some. The days are long, compacted, and sometimes hard to power through without a little caffeine buzz. A study by the NPD Group discovered that coffee consumption among college students has had almost a 15 percent increase just in the last decade.

"I need coffee after pulling an all-nighter, studying for exams," said Ag-Business major Elisabeth Clevenger. "I don't know what I'd do without it!"

Students aren't the only people guzzling all this coffee! In the U.S. alone, over 130 million people are coffee drinkers, and globally, over 12 billion pounds of coffee are consumed annually.

Last Thursday, chairman and chief executive officer Andrea Illy of Illycaffè SpA, one of Italy's top coffee roasters, told Bloomberg.com some very unsettling news about the world's beloved coffee.

Apparently, emerging markets, especially in China's middle class, have been growing rapidly, followed by a dramatic increase in coffee consumption of almost 14 percent. That means that in order to meet demands, global production will have to increase by over three and a half million tons in the next ten years.

Although Brazil is responsible for about one third of all coffee, a historic drought has caused their production rate for 2015 to fall as much as global consumption has risen, according to Brazil's crop agency, Conab.

Brazilian farmers have seen this coming for months, but the numbers are finally starting to set in.

Global consumption is not the only variable that is rising.

Ranked as number two on the global exchange website, just below petroleum, coffee is the inhabitant of roughly 11 million hectares of the world's farmland, and the U.S.'s largest food import.

After the beans are harvested, before they end up in your morning coffee, they must first go through producers, middlemen, exporters, importers, roasters, and retailers. The industry is booming.

But along with drought, rising temperatures in Latin American countries, such as Brazil, are certainly no help.

"I visit farms quite often, and the farms are always going higher in the mountains, higher in the mountains," said Jean-Marc Duvoisin, CEO of Nestlé SA's Nespresso, for Bloomberg. "Warming has a negative impact."

When all's said and done, however, it all falls back on money.

Coffee plantation working conditions and wages can be very poor. In many

cases, workers get paid when they reach a certain quota, so they'll bring their children, as young as six years old, to help. It is not uncommon for a plantation worker to average three dollars per day.

In Guatemala, for example, where workers often live on the plantations, many of the boarders use the same water to cook, wash, and bathe. Overtime is common, but being paid for it is almost nonexistent.

In many countries these conditions are being recognized; they are beginning to enforce labor laws and increase wages, but the money for all that doesn't pop up out of nowhere.

According to [globalexchange.org](http://globalexchange.org), farmers are having such a hard time making any profit off of coffee, that the amount of coffee being grown is failing to keep up with consumers' demands.

Not enough coffee to go around? Fear not! According to Bloomberg, producers, government officials, and industry representatives are working together right now to tackle this issue at the Global Coffee Forum in Milan, just in time to kick off the next growing season.

"The fact that coffee shops look set to be faced with rising costs due to the National Living Wage coming into force could limit their ability to absorb any rises in coffee wholesale prices. This makes it more likely that they'll feed these through to consumer-facing prices," Kiti Soininen, head of UK food, drink and

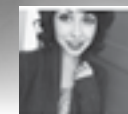
food service research at Mintel, told The Independent last week.

"I work two jobs and have school. I'm a half-a-pot-per-day kind of girl!" said student Jesse Hyde, 20.

Pretty soon, consuming mass quantities of coffee could get pretty expensive. There seem to be two choices for avid coffee drinkers like Clevenger and Hyde.

Start stocking up now, or else come to terms with the fact that 8 a.m. finals may never be the same, and find another synonym for happiness. Supply and demand, folks.

"Sooner or later, in months or years, we'll have to make a bold decision about what to do," Illy said to Bloomberg. "We don't know where this coffee will come from."



STORY BY  
KATHERINE MILES  
@KATEMARIEMILES

# STAY COMFY: DRESS WITH STYLE

Great style goes beyond the clothes and the trends



Karlie Bullis (left) and Quiannah Ohren show off their street style.

Oscar de la Renta once said, "Fashion is about dressing according to what's fashionable; style is about being yourself."

Regardless, many think fashion is all about rules, restrictions, and sometimes even ethics. Its rules are tedious, and the industry that runs it demands too much, as consumers are asked to keep up with the looks of the season in order to be considered fashionable.

By definition, fashion is a popular trend and style is a distinctive appearance. Most people have developed their personal style, or are still in the process of finding their style's signature. Your life is ultimately dictated by you, so your style is going to be a reflection of who you are as a person.

Rather than listen to the magazines, which frequently insist that we should be placing more of an emphasis on fashion, we should be emphasizing any given consumer's outlook on the clothes

he or she will be wearing. It is true that we often buy fashion for a statement. We want to appear wealthy, well-off, or trendy. Whatever the reason, eponymous fashion designer Marc Jacobs insists that "Clothes mean nothing until someone lives in them."

Scroll through the pages of Teen Vogue magazine and you will find that the most stylish people are those who wear exactly what they want. In the world of college and endless piles of homework, this ultimately means a more comfort-based style that requires little thought to put on, and will allow us movement all the way through a middle-of-the-night study session.

"I just wear jeans and nice shirts," admits freshman Dorothy Stanearth, "but sometimes I'll dress up a little, if I feel like it."

As you emphasize a need for style, the rules of fashion no longer are necessary.

Therefore, you are allowed the freedom to clothe yourself however you choose. Our lives get too busy to throw on an outfit that a Vogue editor would only call fashionable for such a short period of time. Style is a story that tells the world about who you are, and life doesn't have to be perfect to be wonderful.

COLUMN AND PHOTO BY  
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@MORGANCONNELLY97

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# MARIJUANA, MORE THAN RECREATIONAL

A doctor and patient talk about success treating cancer with marijuana



The use of marijuana for medicinal purposes, even though legal in Oregon since 1998, remains a topic of debate in both medical and civilian conversations. Many still consider it a mind-altering recreational drug with no medicinal value. The legal use for recreational purposes starting this month fuels the debate further.

A doctor and patient talk about their experience using and prescribing the drug.

She's a grandmother in her 60's. Two years ago she was diagnosed with breast cancer. She's one of the 220,000 women diagnosed with breast cancer each year, according to breastcancer.org.

For her, the first year of treatment was the most painful. She experienced the most pain, not from the cancer, but from the treatment for the cancer. She was lucky if she had an appetite, and even luckier if she could eat. She was uncomfortable, and needed something to make the anxiety and pain go away.

For her, marijuana was the answer.

Living in Corvallis and not yet retired, she does freelance work for the state of Oregon. For that reason, she asked to remain anonymous in fear of retribution. But her message is clear.

"I believe in medical marijuana. It would be my pain regulator drug of choice."

After experimenting with prescribed drugs such as Percocet and codeine, she found that their side effects made her

feel worse than she felt before taking them. They brought on symptoms that made her want to take another drug to counteract them. She saw a potentially dangerous cycle if she didn't try something else.

Americans for Safe Access, a group of 50,000 members including medical professionals, patients and activists for medicinal use, agree with her regarding options for safer treatment than synthetic drugs.

"In terms of the research, there's a lot of popular misconceptions of the use of cannabis, like it will destroy your brain," said Christopher Brown, press secretary. "In reality, damage is pretty mild. There's a lot less than a lot of other drugs prescribed by doctors."

She believes that more conversations should focus on the legal drugs prescribed to patients that are proven far more addictive and harmful than marijuana. During her cancer treatment, she once had a doctor prescribe her 85 oxycodone. She wondered how it was acceptable for them to give her drugs of that strength in bulk, but not for them to give her a medical marijuana card.

Exhausted from the extra load of symptoms caused by her painkillers, she sought out a recommendation to use medical-grade marijuana. To her surprise, she found it didn't make her feel sick like the other medications. In fact, she felt better.

"It's the only thing I can use for pain management," she said. "Percocet makes me deathly ill. Codeine makes me deathly ill. I really had no alternative, and overall it was more effective."

Today, doctors struggle with the decision to associate their name with recommending marijuana for medicinal use. In part this is because it's still illegal on a federal level; but many also are afraid of professional suicide if they are flagged for supporting it.

"If you sign medical marijuana cards you often can't get a job at hospitals. That scares doctors

into not wanting to do it," said a doctor serving the Willamette Valley. "It's something that's perfectly legal, but people in the community will scoff at it."

The doctor asked to remain anonymous for the same reasons. But, his message is also clear.

"I think it should be legal."

He recommends appropriate patients to the drug. The bulk of his recommendations are for patients with chronic pain, PTSD, seizures, and cancer.

"I always try to encourage them to do edibles or vaporizers," he said. "The smoke is more damaging to their lungs."

Most of his patients come to him in severe pain, or in turmoil from the loss of bodily control they have with continued use of narcotic painkillers. Some patients come to him taking prescribed methadone and oxycodone, for example, and are scared of becoming physically dependant.

"They want a natural option, not addictive, and something they have more control of than pain medicine," he said.

He explained that, while some argue that marijuana is addictive, studies have not proven it to be physically addictive.

"There's a psychological dependence, which is different than addiction," he said. "In one study 7 percent [of participants] saw addiction, which was the same percentage of the placebo effect."

More research and case studies are showing that the drug goes beyond a purely recreational drug. Even the American Medical Association changed its stance.

In its 2009 Report of the Council on Science and Public Health, the AMA recommended "That our American Medical Association support reclassification of marijuana's status as a Schedule I controlled substance into a more appropriate schedule." It also recommended "That our AMA support efforts to cease criminal prosecution and other enforcement actions against physicians and patients acting in accordance with states' medical marijuana laws."

If reclassified out of Schedule I, marijuana would no longer be bunched with drugs such as heroin and LSD. As described by the DEA, Schedule 1 drugs are "the most dangerous drugs of all the drug schedules" and have "no currently accepted medical use."

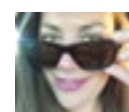
As of October 2015, there are over 70,000 registered medical marijuana users in Oregon, according to the Oregon Health Authority. Of those, the Corvallis-based grandmother joins nearly 5,000 other cancer patients.

**"It's the only thing I can use for pain management," Percocet makes me deathly ill. Codeine makes me deathly ill. I really had no alternative, and overall it was more effective."**

- patient

## BREAST CANCER FACTS

1. One in eight women will be diagnosed with breast cancer in their lifetime.
2. Breast cancer is the most commonly diagnosed cancer in women.
3. Breast cancer is the second leading cause of death among women.
4. Each year it is estimated that over 220,000 women in the United States will be diagnosed with breast cancer and more than 40,000 die.
5. Although breast cancer in men is rare, an estimated 2,150 men will be diagnosed with breast cancer and about 410 die each year.



STORY BY  
ALLISON LAMPLUGH  
@LUCYLAFLOURE



# ROADRUNNERS WIN IN PINK

Team raises awareness for breast cancer

In honor of Breast Cancer Awareness Month, the RoadRunners wore pink shirts during their game Oct. 2 against Mt. Hood.

Audience members wore pink in the form of headbands, shirts, and shoes. People in attendance were definitely “digging” pink in support of LB volleyball and the fight against breast cancer.

The admissions fee, concessions, and donations totalled \$223.71. The funds went to the Side-Out Foundation.

The Side-Out Foundation started with a coaching job, a second diagnosis of breast cancer, a high school volleyball team, and determination. Dunetz created the Side-Out Foundation to reach other athletes and cancer patients. Through the foundation’s events and education, he brings hope and energy to the breast cancer cause. And it all began with one magical season.

The Side-Out Foundation’s October event brings together volleyball players across the nation to raise funds for breast cancer research, demonstrate the power of teamwork, and show support for people with the disease. The events are supported by middle school, high school, and college students nationwide.

Funds raised for The Side-Out Foundation go directly to its own cutting-edge clinical trials at renowned medical institutions.

After Friday night’s game Linn-Benton is on a three-match win streak.

Mt. Hood scored the first point; however, LB didn’t let them get too

far, and within seconds, scored and didn’t look back.

The first set of the match the RoadRunners ended with 25-8 in favor of LBCC.

The RoadRunners were quick on their feet and fast to spike the ball over the net.

“We did really good and kept our intensity,” said freshmen Chase Bohman.

In the first game freshman No. 8 Alyvia Sams dove for the save to score the RoadRunners another point putting them at 11-4 against Mt. Hood.

During the second game the RoadRunners got a second wind and won 25-20. It was close. Both teams were in the game with all hands on deck.

“We did very well,” said Malie Rube. “We played a very dynamic game.”

In the final set of matches the RoadRunners focused in and really drove the game home. Final score for the third was 25-12.

The RoadRunners kept the same energy and pressure on Mt. Hood throughout the match, shown in the consistent scores throughout the game.

“We’ve been focusing on small details and discipline,” said Coach Jayme Frazier.

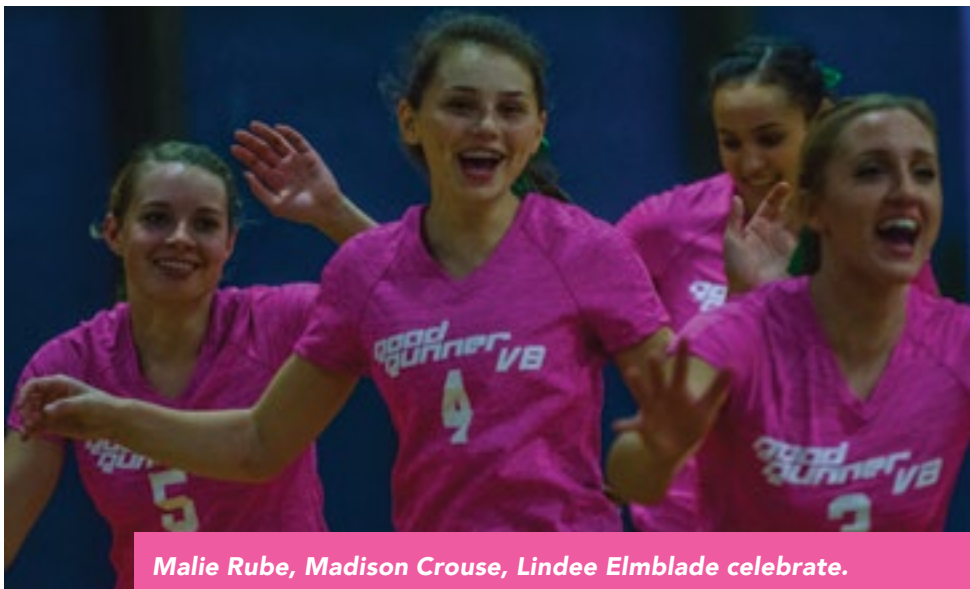
Due to the tragedy at Umpqua Community College last week, the UCC volleyball game will be hosted at LBCC at 6 p.m.



STORY BY  
MELISSA CHANDLER  
@MJEFFER8



Sydney Amundsen Blocks Jazmayne Williams.



Malie Rube, Madison Crouse, Lindee Elmlade celebrate.



Malie Rube spikes the ball.



Samantha Rouleau winds up for the spike.

PHOTOS BY ANDREW GILLETTE



# DUCKS FLY HIGH IN THE SECOND HALF

Oregon rebounds from terrible loss to get first Pac-12 win

Oregon did exactly what they needed to do against Colorado.

The game wasn't pretty, perfect, or out of this world. It was, however, exactly what Oregon needed. The Ducks had to get a win to get the bad taste out of their mouth from the beat down at the hands of Utah.

Oregon's much-maligned secondary turned in their best two quarters of football this season. The Buffalo's only sustained drive came when Oregon turned it over on downs near midfield. The Buffalos drove the ball down 45 yards in 3:45. Every other drive was either a punt, fumble, or turnover on downs by Colorado.

Quarterback play was a big question coming into the game, and after the game there are more questions than answers for Mark Helfrich. After being ineffective in the first two drives, Jeff Lockie was benched for Eugene native Taylor Alie. Both quarterbacks looked like fish out of water at times. Lockie threw an ill-advised pass, rolling to the right across his body; the ball hung in the air and was intercepted. This is a throw any quarterback coach will tell you that you can't ever make. Alie made plays with

his legs, but looked like the inexperienced quarterback that he is when he got past his first read on pass plays.

Alie and Lockie were rotated throughout the game.

When Vernon Adams is healthy, do the Ducks continue to rotate all three quarterbacks, just Lockie and Adams, or Alie and Adams? The quarterbacks need to be managers of the game instead of trying to make the big play downfield. Think Nate Costa instead of Darron Thomas.

The Ducks are going to win by getting the ball to their running backs.

Royce Freeman was the steadying force that the Ducks needed him to be. They fed him the rock 27 times, and Rolls Royce ended the game with 167 yards and two touchdowns. Oregon is going to go as far as Freeman takes them. Having the best collection of talent at wide receiver doesn't mean anything if you can't get them the ball. That's why Freeman is going to continue to get all the touches he can handle.

True freshman running back Taj Griffin emerged as the clear number two running back, behind Freeman. Griffin's a freak athlete and gives the Ducks a

true change of pace, running back with his 4.3 40-yard-dash time. Griffin ended the game with 110 yards. It was the first time two ducks have gone past 100 since De'Anthony Thomas and Marcus Mariota did it against Virginia in 2013.

Enter Washington State, their air raid offense, and the mad genius Mike Leach.

Leach is one of the biggest characters in college football with his off-the-wall comments during press conferences.

"We've got seats in the team meeting room that make Joe Dahl look like a normal person, and I look like a kid in a high chair," said Leach at Pac-12 Media Day.

He then goes on to talk about how he didn't know about libraries until first or second grade.

"So then I had never been to a library before, but I heard there were libraries, and I was pretty young. I was probably, I don't know, first or second grade. I'm like, what is this? You can get a book and take it with you? So I asked my mom, why haven't I heard of this? We have to go," said Leach.

Everyone needs a little Leach in their life.

Luke Falk is at the helm for the

Cougars. He's leading the Pac-12 in yards per game with 364.8, and he is completing 72 percent of his passes this season right behind Cody Kessler of USC.

This will be an interesting matchup for the Ducks. This game is going to be high scoring since both defenses rank in the bottom half of the conference. The last team to have the ball might just win the game, because of the inept defensive units on both teams.



STORY BY  
JASON CASEY  
@REALJASONCASEY

## SPORTS BULLETIN

### LBCC Volleyball

Friday, Oct. 9  
vs Umpqua  
Albany, OR  
6 p.m.

Saturday Oct. 10  
at Southwestern Oregon  
Coos Bay, OR  
1 p.m.

### OSU Football

Saturday Oct. 10  
at Arizona  
Tucson, AZ  
1 p.m.

### UO Football

Saturday Oct. 10  
vs Washington State  
Eugene, OR  
3 p.m.



# DIVERSITY ACHIEVEMENT CENTER

*The New and Improved DAC: Check Us Out!*



PHOTO BY CHRISTOPHER TROTCHIE

Have you been to the Diversity Achievement Center (DAC) this year? If not, prepare for a new and improved experience!

The DAC is a welcoming, safe, inclusive, and culturally respectful place for learning, meeting, study, and social activity. Located in the Forum, room 220, we welcome all students and members of the campus community to attend events, engage in activities and learn about diversity, inclusion and unity. It's also great place to relax, eat lunch, and meet new people.

Our focus is to enhance the LBCC experience and embrace difference while empowering people to challenge themselves to learn and appreciate uniqueness. In this way we can all contribute to a more

diverse, socially just and inclusive world. We recognize that each community member adds to diversity in the fullest context.

The DAC's services are available to help you enhance your educational and developmental goals by learning about varying perspectives and using critical thought, as well as gaining knowledge of the college's support services and community resources.

The DAC is a mosaic of cultures, genders, generations, races and life experiences, with varying abilities and identities. We recognize that diversity is fluid and how it is manifested in a rapidly changing world.

We host and sponsor many activities, programs, and workshops for students, staff, and community that

celebrate LBCC's rich diversity. The DAC offers student employment through the Federal Work-Study program and in the form of tuition reimbursement. Information and applications are available in the DAC.

The Equity, Diversity and Inclusion staff and student leaders invite you to consider the welcoming and comfortable DAC for your meeting space. Whether for a one-time activity, a workshop, or regular club meetings, the DAC is available 9 a.m. to 3 p.m. Monday-Friday or after hours by arrangement.

We've been called "the campus living room." Stop in soon, and find out why!

## We're here to:

- Provide a safe space and programs where cross-cultural learning occurs around issues of diversity, inclusion, unity, and social justice.
- Offer opportunities for skill development, coaching, mentorship, and empowerment that enhance capacity for self-advocacy in a diverse world.
- Supply accurate information, support, and education regarding academic and career choices.
- Make available professional development opportunities for students and staff through constructive and critical dialogue that enhances cultural fluency and competence.

## Services we provide:

- Personalized assistance with the college experience and accessing LBCC and its available resources.
- Professional development for students and staff centered on cultural fluency, cultural competence and development of confident interpersonal communication skills around diversity issues.
- Referrals to community resources and other college departments.
- The DAC Annex (IA-204): a multi-purpose "quiet room" for use in 15-20 minute intervals. Key is required and is available in the LBCC Library--ask at the front desk.
- Three student computer work stations
- BRAND NEW! GoPrint pay-to-print station

## The DAC offers:

- Six 3' work tables and chairs
- One 6' and one 8' table that can also be set up
- Conference table with seating for 8-10
- White board and flip-chart easel
- Media cart and projection screen for PowerPoints or showing movies
- Comfortable lounge area with convenient electronic charging stations for phones, tablets, or laptops

SINCERELY,  
**THE DAC**

**COMMUTER**



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Advertise with the Commuter [commuterads@linnbenton.edu](mailto:commuterads@linnbenton.edu)





COURTESY: GENRE FILMS

## MOVIE REVIEW:

**The Martian****DIRECTOR:** Ridley Scott**STARRING:** Matt Damon**PRODUCTION:** Genre Films, International Traders, Mid Atlantic Films, Scott Free Productions, Twentieth Century Fox Film Corporation**GENRE:** Action, Adventure, Sci-Fi**RATED:** PG-13**OVERALL RATING:** ★★★★★REVIEW BY **KYLE BRAUN-SHIRLEY**

The topic of who the best film directors are is hotly debated amongst film buffs. One name that might come up is Ridley Scott. Scott is known for directing classic films such as “Gladiator” and “Alien,” and helming the modern masterpiece “Blade Runner.” Scott’s latest directorial outing is “The Martian,” and it marks a return to form for the filmmaker.

“The Martian” is a science fiction movie based on the book by the same name. From the stunning visuals to the humor and awesome soundtrack, the movie fires on all cylinders. Everything about this film works together to make it one of the stand-out films of 2015.

Starring Matt Damon in the leading role as astronaut Mark Watney, the film follows Watney after he is presumed dead and left on Mars. With limited resources and no sure way of telling when or if he’ll ever be rescued, Watney must use his intellect and ingenuity to stay alive. The film features Jessica Chastain, Sean Bean, Jeff Daniels, Chiwetel Ejiofor, and

Donald Glover in supporting roles.

The cast and characters are great, particularly Damon. He deserves an Oscar nomination for his performance, and it’s due to the levity and heart that he brings to the role. Most people would drown in despair if they were in the same situation as Watney, but the character handles it with optimism. The other actors do a solid job supporting, both figuratively and literally. The assistance their characters provide Watney comes from a place of genuine concern, and all the actors show that.

The beginning of the film wastes no time getting into the story, and this is both a good and a bad thing. It’s negative in the sense that the beginning may be jarring for some viewers, as there isn’t a lot of set up. The positive is that it doesn’t get tied down explaining when and why. It leaves the time period in which these events are taking place ambiguous, and focuses more on the story at hand. Information like what year the film is set in is unimportant to the plot. It leaves details like that to

the viewer’s imagination.

One of the best and most surprising aspects of “The Martian” is how funny it is. The humor comes from the script, which manages to pass between moods and themes seamlessly. It transitions from light and hilarious one minute, to serious and dramatic the next. Without softer moments throughout, the movie would be more morbid and far less entertaining.

What will stay with most moviegoers after the credits roll is the inspiring nature of “The Martian.” It’s inspiring not only because of how it tells the story of one man’s unique struggle to live, but also because it presents a world united under one banner working together. It might be idealistic, but it’s heartwarming too.

Funny, inspiring, heartwarming, emotional, and dramatic. “The Martian” hits all the right notes and leaves the audience with the kind of rewarding feeling that only a movie of this caliber can deliver.



COURTESY: CROSS CREEK PICTURES

## MOVIE REVIEW:

**Black Mass****DIRECTOR:** Scott Cooper**STARRING:** Johnny Depp, Benedict Cumberbatch, Dakota Johnson, Joel Edgerton, Kevin Bacon**PRODUCTION:** Cross Creek Pictures, Dune Entertainment, Grisbi Productions, Le, Vendian Entertainment**GENRE:** Thug Thriller**RATED:** R**OVERALL RATING:** ★☆☆☆☆REVIEW BY **CHRISTOPHER TROTCHIE**

“Black Mass,” starring Johnny Depp, falls flat leaving moviegoers wondering what’s next for Depp.

From the run-up to this thematic depiction of South Boston’s most notorious ‘80s street thug Whitey Bulger, “Black Mass” looked comparable to movies such as “Casino,” “The Departed” or “Killing Them Softly.” What was delivered felt like a waste of time about 20 minutes in, and never found redemption in the 102 following minutes.

It seems the film’s director Scott Cooper, director of “Crazy Heart” and “Out of The Furnace,” might be out of gas as his newest creation sputters to a stop on the highway to cinematic fame. A Google search of the historical events this movie is based on is more engrossing than what was presented to moviegoers.

The general theme of any organized-crime flick is a recipe for success in most cases. It’s not hard to blow up

a few cars, and have bad guys do away with other bad guys while letting the beautiful dame escape the horrors of street life as true love saves a lost young man. Of course, that depiction is vague and silly, but the point is, it works. This movie did none of the above.

“Black Mass” is a portrayal of a real-life relationship that formed as two childhood friends found themselves on opposite sides of the law as adults. Joel Edgerton plays the role of FBI detective John Connally, new to the force and working to put a stop to mafia activity in Boston. Depp plays the hardened criminal James “Whitey” Bulger, a prototypical egomaniac. At first they work together ridding Boston of the mob, but it’s not long before Whitey shows the entire city of Boston who’s really in charge.

Depp has established versatility as an actor over the years by successfully moving from one character to

another, never portraying the same persona along the way. But his portrait of South Boston’s late ‘80s terror is, at best, awkward and predictable. Instead of the well-developed character that moviegoers are used to from Depp, his newest incarnation has about as many layers as a cheap piñata.

Supporting actors Benedict Cumberbatch, Dakota Johnson, and Edgerton along with the mighty Kevin Bacon don’t do much to help this limp film captivate audiences. In fact, this movie might be the kind of material that slips off the table and is forgotten as soon as possible.

If you’re into action-packed no-holds-barred thrillers this is not the film for you. Save your 20 bucks.





COURTESY: WARNER BROS

## ALBUM REVIEW:

**GO:OD AM****ARTIST:** Mac Miller**ALBUM:** GO:OD AM**RELEASE DATE:** Sept. 19**LABEL:** Warner Bros**OVERALL RATING:** ★★★★★REVIEW BY **BENJAMIN SCHEELE**

If lyrical content can be used as an emotional barometer, the last few years have not been overly kind to Mac Miller.

His last project, "Faces," a jazzy, drugged-up, worn-out trip through the mind of a weary existentialist, was released about a year and a half ago to generally good reception. Since then he has battled and possibly defeated multiple substance abuse problems, recovered from depression, and signed a multimillion dollar deal with Warner Bros. records. All of this sets the stage for the Pittsburgh rapper's most highly anticipated project to date, GO:OD AM.

Generally more upbeat and confident, GO:OD AM is a definite departure from the morose tone of his more recent work, while clearly not a return to the carefree antics that saw him jump into the spotlight in 2010. This is a more mature album; Mac comes in with fresh perspective, as a man who has seen the highs, lows, and everything between fame and all the baggage that comes with it.

Of course this maturity and perspective is brought to us with all of the deft, complex, and seemingly effortless rhyme schemes his listeners have become accustomed to over the past couple years. The lyrically diverse composition is laid over fantastically lush production from Pittsburgh studio ID Labs, making this a truly pleasing album to listen to from front to back.

According to recent tweets from Mac, GO:OD AM

was predated by nine complete albums, which were scrapped in favor of this one. That makes it the fruition of over a year of labor, but at places it feels like it could be a Best Of collection from those nine albums.

Not to say any of the songs are bad, but sonically this album has a wide variety of sound across the board; any sense of real narrative is gone by the back nine of the project. This is not necessarily a bad thing. It allows Mac to showcase the full range of his improved compositional and musical talent; but don't be expecting a cohesive storyline, at least in the traditional sense. The album really opens in terms of diversity during the closing tracks, with the hard-hitting trap kicks of "When in Rome" followed immediately by a romantic jazz/rap hybrid ballad. There aren't many albums with such eccentric song selection, yet they mesh together seamlessly.

Mac's self-aware witticisms are still present, such as in the standout song "Brand Name," where he manages to pull off the triple entendre, "PA's baby, I ain't been to PA lately/see, I left, they call me Shady/I'm a white rapper, they always call me shady."

He gets into more serious self analysis during "Perfect Circle/Godspeed," after a small interlude halfway through with a truly haunting holiday voicemail from his brother, seemingly unsure if he would ever see his sibling again. This sets the stage for the lyrically impressive and harrowing reflection on depression, drug

abuse, and its consequences, with lines like, "But white lines be numbing them dark times/ Them pills that I'm popping, I need to man up /Admit it's a problem, I need a wake up/ Before one morning I don't wake up." The song is a bit of a microcosm of the whole album thematically, admitting the mistakes in his past without condemning them entirely. This ambiguous approach is summed up well in the line, "Every devil don't got horns, every devil don't got capes."

Overall, harmonization and control of melodies have improved dramatically: taking a natural gift for catchy hooks and polishing it to the point of perfection, and using his voice as many ways as possible -- from a supporting chorus in "100 Grandkids" to a mesmerizing bridge in the closing track "Jump."

In terms of pure composition GO:OD AM is a very polished and well-made album, the best of his young career. He brings five very different features along for the ride, and although they all have different styles they blend well on the album, complementing each track perfectly without overshadowing Miller. The eccentric choices, Lil B, Chief Keef, Ab-Soul, Miguel, and Little Dragon, are, in context, perfect for this project: something that on paper shouldn't work, but that comes out a clean, polished project worthy of the praise it is sure to receive.

## TV SERIES REVIEW:

**Once Upon A Time****SHOW TIME:** Sunday 8 p.m.**NETWORK:** ABC Network**WHERE YOU CAN CATCH UP:** Seasons 1-4 are on Netflix**OVERALL RATING:** ★★★★★REVIEW BY **MARINA BRAZEAL**

COURTESY: ABC NETWORK

This thrill-seeking, storytelling, heart-wrenching TV series started taking viewers on a journey through separate worlds almost five years ago.

It all began when a young boy, Henry, came across a storybook filled with well-known tales, such as Snow White, Pinocchio, Beauty and the Beast, Rumpelstiltskin, Frozen, and the list goes on. Henry soon realizes that these stories are not just words on pieces of paper, but the real life adventures of small town StoryBrooke's very own residents.

The fifth season of "Once Upon a Time" premiered Sept. 27 on ABC.

Throughout the previous seasons, StoryBrooke encounters challenging endeavors that help develop

the plot and the characters. This all leads viewers up to season four's extreme cliffhanger. StoryBrooke's savior, Emma Swan, sacrifices herself for a friend, resulting in Swan becoming "The Dark One," the darkest magical being in all the realms.

The premiere takes viewers to the Enchanted Forest where Emma is searching for a cure to the darkness inside her, while others are encouraging her to embrace her new power.

In an online article, executive producer, Adam Horowitz, states that in season five, they want to reflect the world for what it is today. His goal was for viewers to relate to the struggles happening in the show.

This binge-worthy series has been on the must-watch

list on Netflix for a couple of years. It includes raving reviews and a five star rating. The first few episodes are a little slow, and lacking in excitement, but once your attention is grasped, you're hooked, and you're three seasons deep before you know it.

Prior to the premiere, ABC hosted interviews with OUAT's cast. They discussed how they relate, and contrast, with the characters they play. This allowed audience members to gaze into the lives of their favorite characters.

The Sept. 27 season premiere jump-started ABC's hit drama series, and the intensity of the first episode is a sign of more action-packed episodes to come.



# THE COMMONS

## Cafeteria

\*\*\* MENU \*\*\*  
10/7 - 10/13

**Wednesday:** Kalua Pork with Steamed Rice\* and Macaroni Salad, Roasted Chicken with Citrus and Herbs\*, Gnocchi with Browned Butter. Soups: Mulligatawny, and Potato Leek.

**Thursday:** Eggs Benedict, Sweet and Sour Tempura Shrimp with Steamed Rice, Grilled Polenta. soups: Italian Sausage Soup, and Creamy Pumpkin Soup\*

**Friday:** Chef's Choice

**Monday:** Poached Salmon with Citrus Beurre Blanc\*, Grilled Pork Chop with Peach Chutney\*, Vegetable Quiche. Soups: Chicken Noodle, Split Pea\*

**Tuesday:** Chicken Massaman Curry with Steamed Rice\*, Meatloaf with Bourbon Cream Sauce, Eggplant Parmesan. Soups: Beef Barley, and Cream of Onion\*

Menu is subject to change without notice.  
Items denoted with a \* are gluten-free

Monday-Friday 10 a.m.-1:15 p.m.



### DID YOU KNOW?

Bears have a bad gag reflex.



# NETFLIX

RECOMMENDATION

## "Batman"

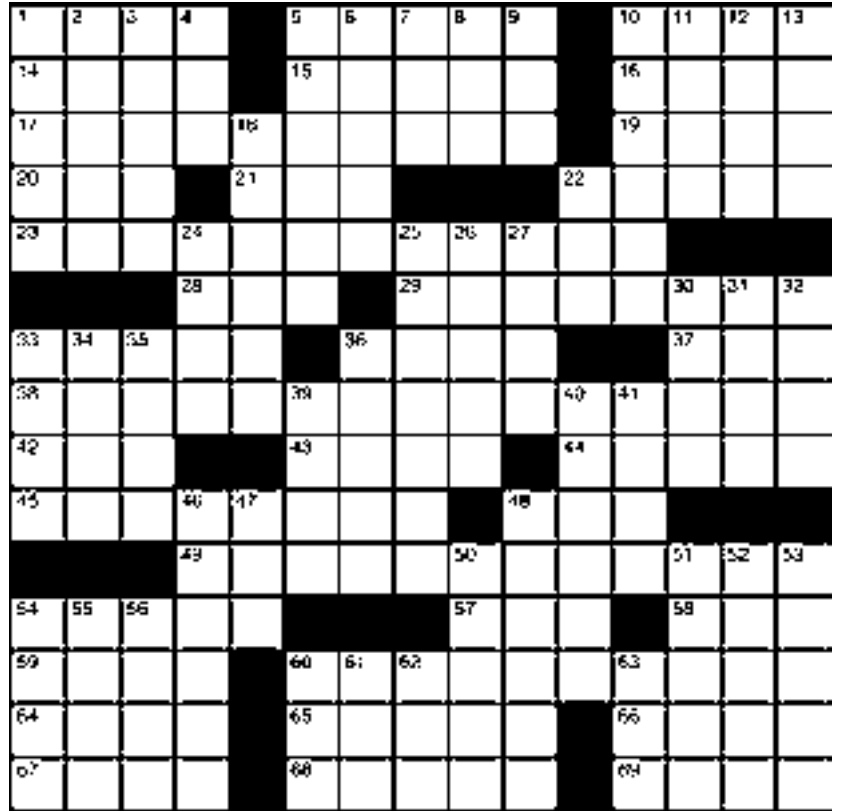
Tim Burton's "Batman" is hailed to this day as one of the best Batman movies of all time. Many people consider Michael Keaton to be the quintessential Caped Crusader.

FOR RELEASE OCTOBER 7, 2015

## Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

- ACROSS**
- 1 Great Salt Lake component, to a chemist
  - 5 Moved for a better view, in a way
  - 10 Lucy's partner
  - 14 Fairy tale villain
  - 15 Yoga position
  - 16 Pair in a loaf
  - 17 Sleeping in the great outdoors, e.g.
  - 19 Big East or Big South org.
  - 20 Generation
  - 21 Org. recommending flossing
  - 22 Like many stunts
  - 23 Making sense
  - 28 In the past
  - 29 Start of a spelling rule broken by deists?
  - 33 Flooded
  - 36 Bring \_\_\_ a substitute
  - 37 Co-star of Burt in "The Killers"
  - 38 Fair odds
  - 42 Prefix with fold
  - 43 "I get the idea!"
  - 44 Skeptical
  - 45 Guard
  - 48 Korean automaker
  - 49 Airport agent's request
  - 54 Adolescent sidekick
  - 57 Indifferent response
  - 58 "I did not need to know that"
  - 59 Letter-shaped building part
  - 60 Hockey punishment for the starts of the longest across answers
  - 64 Narrated
  - 65 "State of Affairs" star Katherine
  - 66 Clanton foe
  - 67 Jazz finale?
  - 68 Schmoes
  - 69 Leaf support
- DOWN**
- 1 Ravi's musical daughter
  - 2 Disco era suffix
  - 3 Mean
  - 4 Wing alternative
  - 5 Flatly denied it
  - 6 Hit \_\_\_: experience delays
  - 7 Put out on the infield
  - 8 One at the front?
  - 9 Butter serving
  - 10 "Meet the Parents" actor
  - 11 Contents of some envs.
  - 12 Neb. neighbor
  - 13 "Do as \_\_\_ ..."
  - 18 \_\_\_-Ashbury: San Francisco section
  - 22 Court official
  - 24 Smidgen of spice
  - 25 Take the top medal
  - 26 By surprise
  - 27 New Age musician John
  - 30 Compete in a heat
  - 31 At any time
  - 32 "Nothing to it!"
  - 33 Siesta hrs.
  - 34 Charging cable, e.g.
  - 35 Not fer
  - 36 Graphic novel artist
  - 39 Isle of Mull neighbor
  - 40 Land
  - 41 Tide type
  - 46 Classic Fords
  - 47 Accelerator particle
  - 48 Mournful tolls
  - 50 Physical likeness
  - 51 Chance to swing
  - 52 Three-ingredient treat
  - 53 Common dinner hr.
  - 54 Nabisco cracker
  - 55 Concert reed
  - 56 About 500 pounds of cotton
  - 60 Scholar's deg.
  - 61 Want-ad abbr.
  - 62 Quick drink
  - 63 Aye or hai



By Howard Barkin

10/7/15



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10/7/15

# SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level:

- 1 2
- 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit [www.sudoku.org.uk](http://www.sudoku.org.uk)

SOLUTION TO TUESDAY'S PUZZLE

6	4					5		
	1	5	9	6			8	
	3						9	
7		3	6					
			2					
			5	9			3	
		5				7		
	9		4	3	8	5		
	3					1	9	

6	1	3	2	7	9	8	4	5
9	7	8	4	5	3	1	2	6
4	2	5	8	1	6	7	3	9
2	3	9	7	8	5	4	6	1
1	8	7	3	4	2	9	5	6
8	5	4	6	9	1	3	7	2
3	0	1	5	2	4	6	8	7
7	4	2	9	6	8	5	1	3
5	8	6	1	3	7	2	9	4

10/7/15

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# JUST STUFF

*Joseph Quiner*

White boy  
White male  
Cisgender  
Straight  
Thin blonde  
Christian  
2 car family

My parents hugged me enough to where I felt wanted but it wasn't overbearing.  
Parents cosigned my loan  
I have enough money to buy pizza  
I often have enough money to pay for gas to drive all the way to Eugene just for poetry  
I have 1,130 Facebook friends  
I have a Netflix and Hulu plus account  
I have no reason to hate myself  
I more often than not hate myself  
People who look like me run the world  
People I think look like me  
Because sometimes when I wake up I don't want to get out of bed because I'm scared I'll walk by a mirror and see myself  
They tell me it's just a state of mind but it's a state I don't want to be in like Idaho or Missouri  
I'm hurting but to them I can't just rub some dirt in it, I can't just walk it off because when I walk it off I want to walk off a bridge.  
In elementary school they asked us what we wanted to be when we grew up and I said coal miner, my parents bought me a hard hat so I could look the part; but I never became one.  
I wish I would have said happy because I look the part but what if I never become happy  
I am trespassing in my own skin and violators will be shot on sight  
I'm bad at being me  
I'm bad at being mean  
For some reason I think people that look like me are supposed to be mean.  
Because the bullies who hated me looked like me  
Made fun of me for being skinny but hated the fat kid  
I was too pale but they hated the black kid  
Hated my church but spit hate speech compositions fueled by their religious convictions.  
Their insults were hollow/shallow  
Because I was already full, of self-loathing  
Felt like I was wearing depression, but I could afford name brand clothing.  
I didn't understand why I wanted to die  
I don't understand why sometimes I want to die  
Because when you're depressed it's not that you're sad like when you binge watch every episode of hoarders  
It's when nothing is right writing poems feels unnatural  
Your home feels inhabitable  
People asks what's wrong.  
And all I can think of to answer is  
Me  
But I decided not to worry  
I decided it's okay to cry, to cry for no reason  
It's okay if chicken nuggets make me feel better, or for three days straight wear the same sweater or rewatch hoarders.  
Cisgender  
Thin blonde  
Straight  
Cosigned  
White male  
White depressed male  
White depressed poetry writing pizza affording sometimes just cries for no reason, white male.  
But there is a reason, the reason is I just wanted to cry.  
And I'm depressed sometimes, and maybe you're depressed sometimes  
And that's just us, That doesn't have to define us.  
But one thing I did learn from hoarders is  
everything else is just stuff.

# FALLEN ANGELS

*Alyssa Campbell*

Unheard whispers  
Buried within each shallow corpse  
Jumping from peaks  
Of deceived musings  
Wings that never expand  
We used to fly naturally  
Now we rely on hallucinogens  
The harder it hits  
The further we ascend  
Numbing ourselves  
To escape his wrath  
Anticipating salvation and  
Grace

# POEM BY POEM

*Juan Felipe Herrera*

Poem by poem we can end the violence  
every day after  
every other day  
9 killed in Charleston, South Carolina  
they are not 9 they  
are each one  
alive  
we do not know  
you have a poem to offer  
it is made of action — you must  
search for it run  
outside and give your life to it  
when you find it walk it  
back — blow upon it  
carry it taller than the city where you live  
when the blood come down  
do not ask if  
it is your blood it is made of  
9 drops  
honor them  
wash them stop them  
from falling



# ROCKET LAUNCH

*Rocket Club is taking off*

Since the success of LBCC's Space Exploration Club and OSU's rocket club in 2015, the two schools have combined to form one large team for 2016. As recently as last weekend, the team has been sending up weather balloons locally. These balloons are trying to locate the perfect angles to run live feeds for NASA.

All of this is to prepare for a full solar eclipse in August of 2017, an event that only occurs about every 100 years. The 34th parallel between Albany and Salem is going to be one of the best spots to observe the event, and NASA wants to record it from the sky and record the shadows across the Willamette Valley. Levi Willmeth and Delphine LeBrun Colon, just two of the members available

for comment, are super excited about the upcoming events.

When asked what they really needed going forward on these projects, the answer was surprising.

"Although we are always in search of mathematicians, and physicists, what we really need is some people who are in search of other degrees. Degrees in business management, marketing, journalism, photography, social media and web design. There are many different aspects to actually getting something into space that people don't realize, and we are hoping that we can find some people who are ready to jump in and help us launch this club into an even more prestigious club than it is," said Willmeth.

"I feel very lucky to be a part of this

program; there are many benefits. You get to rub elbows with companies like Intel, Hewlett Packard, Google, and of course NASA. And it certainly looks good on a resume," said Colon.

You may have never considered the galaxies of space, but if you ever have, consider the possibilities of how your degree could help all of us here on this blue planet we call home, and you might find your career rocketing in a new direction.

More information on this club is available on Moodle.



STORY BY  
BRIAN HAUSOTTER  
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CORVALLIS-OSU  
**SYMPHONY ORCHESTRA**  
110th Season

The Corvallis-OSU Symphony Society presents

**Classical Connections**

SUNDAY, OCTOBER 18  
3:00 PM  
LaSells Stewart Center

Albinoni: Oboe Concerto  
with Fred Korman, oboe

Mozart: Sinfonia Concertante for Violin and Viola  
with Inés Voglar, violin, and Joël Belgique, viola  
David Hattner, guest conductor

Beethoven: Symphony No. 9  
4th movement  
with OSU Choruses  
and Corvallis Repertory Singers  
Steven M. Zielke, conductor

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