Wednesday, April 15, 1998

Linn-Benton Community College, Albany, Oregon

Volume 29 No. 20

# 'I' and 'Y' grades may turn to 'F's' under new policy

by Michele Dardis

of The Commuter

Students who've been accustomed to sliding by every term with Y grades, WPs (work in progress) or Incompletes will soon find that things are changing.

Beginning next year, stricter definitions will go into effect that will standardize the meaning of these so-called "non-completion grades," and instructors will be required to define how they will apply each grade.

As part of the changes, students will no longer be awarded the Y grade for an incomplete class—instead, the instructor must assign a default A-F grade based on the work the student has finished to that point. If the work needed to clear the incomplete is never done, then the default grade stands.

Under current rules, incompletes changes to a Ygrade after the following term, if the work is not done.

Over the last two years the Instructional Standards Committee has studied the use of non-completion grades. The committee, made up of eight faculty members, two administrators, one student and the registrar, have been holding faculty forums, conducting survey, and looking at other schools' polices.

According to committee chairperson Kathy Clark, the Y and the WP grades were originally designed for basic skill classes like Math 20 and Math 65. The reasoning, she said, was that the college didn't want to give discouraging grades to students who were in a transition period and needed time to adjust. She explained that students come to community colleges with all different skill levels, and those who start off behind need some time to catch up.

The old definition of the Y grade was "no basis for grade." However, she said, some instructors would give Y grades for all sorts of reasons, including failure to complete the course, while other instructors felt that students who did too little work to earn a passing grade deserved an F.

Because each department had a different policy regarding the Y grade, she said the committee saw a need to set campus-wide standards.

The new defintion of the Y grade states: "Amount of submitted coursework and of class participation was too insignificant to warrant assigning a grade, as defined in the course syllabus."

(Turn to "Standards" on Pg. 2)



Photo by Ted Hake

### **Capital Honor**

Gov. John Kitzabher presents an engraved plaque to LBCC student Mary Hake, one of 34 Oregon Community College Outstanding Student Scholors honored at the state Capitol on Friday. Following the award ceremony, the Oregon Community College Association hosted a luncheon at the Mission Mill Dye House, where three of the scholars delivered speeches.

# Student Life and Leadership sponsors community service projects for kids and needy

From the LBCC News Service

Students are invited to participate in the second "Into the Streets" program sponsored by the Student Programming Board.

The program encourages staff and students to volunteer for community service projects. Those interested can sign up in the Student Life and Leadership Office, College Center Room 213, for the following projects:

April 21, 2:30–4 p.m.—After School Reading
Program at Sunrise Elementary School

• April 22, 2:30–4 p.m.—After School Reading Program at Waverly School.

Participants will be reading story books to children. A celebration dinner for participants will be held April 22, 4:30 p.m. at Pizza King in

• April 25, 9 a.m.—4 p.m.—Participants will help build the next Habitat for Humanity house in Albany. No experience is necessary. A celebration dinner for all participants will be held the same day at 4:30 p.m. at Pizza King in Albany.

## Plastics class gives cutting edge training

From the LBCC News Service

Seaton McLennan loved yo-yos as a kid, but he's never had the opportunity to make one—until now. In LBCC's first-ever plastics injection class, McLennan can make all the yo-yos he wants with the new behemoth recently installed in his laboratory.

Occupying a primo spot by the large picture windows of IB-120, the Engel CC-90 plastic injection molding machine will form the heart of "Basic Plastic Injection Molding" this term.

Both sections of the new course are full, said McLennan, one of two metallurgy instructors at the college, adding that there's a wait list of seven students for each section.

The new class is the first of four new classes planned by the college to train students for emerging jobs in the plastics industry and quality assurance profession.

"There are a lot more jobs now available in the plastics industry than ever before," said McLennan. Another plastics course and two quality assurance courses will be developed and delivered by McLennan and Steven Soltesz next year.

Although the injection machine can squeeze out parts in seconds, setting up the new three-credit course was a slow-forming process that took several years of correspondence and dozens of meetings.

When the plastics company Nypro opened a plant in Corvallis in late 1994, the company expressed interest

in developing employee training programs with LBCC. The following summer, Nypro sent McLennan to its Nypro Institute training facility in Massachusetts for a 30-day intensive training and apprenticeship program in plastics manufacturing technology.

On McLennan's return, he and Nypro's Gary Freiberg got to work on developing a plastics curriculum, which eventually got the go-ahead from the college. However, a stumbling block arose in that the college had no injection equipment to teach the course with.

McLennan sought out grants to acquire an injection machine and start the program. Susan Boyanovsky, the college's coordinator for integrated manufacturing technologies, wrote for a competitive grant from the Regional Strategies Council of Benton, Lane, Lincoln and Linn counties. Last year, Regional Strategies awarded the college \$66,000, with the condition that the college arrange sufficient in-kind donations.

McLennan and Boyanovsky, with help from Nypro, negotiated the loan of an injection machine from Engel in Guelph, Ontario, Canada. Engel gave the college free use of the \$90,000 machine for a year.

To deliver it to Albany, Kinetics Inc. of Wilsonville paid \$1,500 for shipping. Nypro paid for installation and for plastics course recruitment, curriculum development and facility expenses, a value of more than \$8,000. The Pennsylvania firm of Conair Franklin do-

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## **✔** Family Politics

Mother-son team brings ideas to ASG

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### Inside this Issue

## **Check This Out**

Using your laundry money to buy pizza? Financial Aid checks available today. And don't forget to pay your taxes!

✓ High Speed
Retired LBCC nurse
leaves legacy
of caring



# No bull: LBCC Livestock Judging Team takes third place at Great Western contest

From the LBCC News Service

Linn-Benton Community College's livestock judging team placed third in final team standings in the Great Western contest at Tulare, Calif., on March 14.

With LBCC competing against five teams and 40 individuals, Modesto Junior College in Modesto, Calif. came in first, Lassen Junior College in Susanville, Calif., second; Delta College in Stockton, Calif., fourth; and Santa Rosa Junior College in Santa Rosa, Calif., fifth.

The 11 freshmen students on the LBCC team, coached

by Rick Klampe of Jefferson and Cara Ayres of Sweet Home, took third in Overall, fifth in Beef, fourth in Sheep, first in Swine, and second in Reasons.

In individual placings, for the Overall category, Darcy Francek of Redmond took fifth; Jeremy Kennedy of Vale, Ore., seventh; Chris McBride of Redmond, tenth. In Beef, Kennedy took second, Francek, ninth and Matt Macknair, tenth. In Sheep, Katie Dunlap of Central Point, took tenth. In Swine, Dunlap took second and Francek, third. In Reasons, Kennedy took sixth and DeNae Simms of Lakeview, eighth.



Photo by E.J. Harris

Dining Room Manager Alexis Chambers (far left) directs the culinary arts students who run the Santiam Restaurant on the second floor af the College Center. Usually open only for lunch, the Santiam Restauraunt will serve a special dinner this Friday.

## Santiam Restaurant offers diverse dinner menu

From the LBCC News Service

The Santiam Restaurant will hold a special dinner appropriately entitled "Dinner in the Santiam" Friday April 17. Guest seating will be from 5:30 to 8 p.m.

The menu is slated to include: Six different appetizers, including cracked conch chowder with saffron, orange and coconut for \$4; chopstick spinach salad with Asian tea-spiced scallops and mandarin orange

soy dressing, \$4.50; entress include tequila-citrusroasted red snapper with corn cake, pineapple-roasted pepper salsa and blue tortillas for \$13; rum pepperpainted mahi-mahi with mango marinated mojo and pan-fried plantain for \$14.

Choose desserts such as key lime "natilla en tortilla" for \$2.50 or fallen chocolate cake for \$3. For reservations, call ext. 4392.

## Standards for 'Y' and incomplete grades redefined

✔ From Page 1

Along with the change, which takes effect with the 1998-99 academic year, instructors will be required to define on their syllabi all of the grades they award in their courses, including A-F, I and Y, as well as P, NP and WP (if the class is eligible for those grades.) Instructors who choose not to give Y, F or P grades must note that fact on the syllabus.

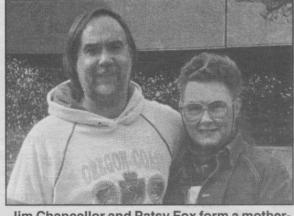
Another rule students should be aware of, according

to admissions officials, is the long-standing rule regarding how many non-completion grades students can have before they will no longer be able to earn a degree. The rule states that students must receive a passing grade in at least 70 percent of the classes they attempt. Non-completion grades are not considered passing grades. However, if students retake a class in which they formerly received a non-completion grade, the first course will no longer count toward this rule.

## Plastics introduces students to new technology

✔ From Page 1

nated a chiller to cool the machine and a drier to keep the plastic feedstock dry, a value of \$15,000. McLennan and Boyanovsky managed to put together donations of more than a quarter-million dollars in cash and in time and supplies. This summer, McLennan will take 12 of 24 weeks of instruction toward a master's degree in engineering for plastics manufacturing at the University of Massachusetts at Lowell. His expenses will be covered by Nypro, a grant from the National Science Foundation and LBCC.



Jim Chancellor and Patsy Fox form a motherson team on student council.

# 'Family values' find place on ASG council

by Melani Whisler

of The Commuter

While at college a lot of students, although most won't admit it, wish they could be closer to their mothers. One student at LBCC has solved that problem by bringing his mother with him.

Jim Chancellor, a third-year student at LBCC, and his mother, Patsy Fox, are not only attending classes together, but also serve as at-large representatives on the student council, and both work together as dishwashers in the cafeteria.

Jim retired from the Air Force after 13 years as an aircraft mechanic and began attending classes in January of 1995. It wasn't until fall term of 1997 that Jim decided to join student council.

"I like to help people," said Jim. "I wanted to help others with the experience and knowledge that I've gained from being a student so long at LBCC."

Patsy, who's in her third term at LBCC, looked at serving on the student council as "a way to learn the college from the inside out," she said.

The best advantage about working with his mother on student council, Chancellor said, is that it's almost like getting two votes for one idea, because they mostly agree on issues.

"Jim notices things more, and he's involved in things that I'm not. And I'm involved in things that he's not," said Patsy.

Aside from working on student council together, they also help each other with their homework outside of school.

"In essence, Jim is my mentor," she said. "He's a trailblazer."

By trailblazer, Patsy is referring to Jim's encouraging his sister to enroll in a welding class with him just for fun. The fun led her to take more welding classes, and now she's a welding apprentice.

Jim's niece will be attending college in Florida next year. "That's three generations (at the same time) of our family going to college," said Patsy.

Like a lot of community college students, both Jim and Patsy hold part-time jobs outside of school. Patsy carried 12 credits last term, and Jim had 11, while commuting from McMinnville each day. Jim has a home in Peoria, but during the school year he and his mom live together to save money on the commute. When times are tough, both wash dishes in the cafeteria and work banquets.

"I'm determined and tenacious," said Jim. "I can do it."

## commuter staff

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed by student fees and advertising.

Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty or Associated Students of LBCC. Editorials, columns, letters and cartoons reflect the opinions of those who sign them. Readers are encouraged to use The Commuter Opinion Page to express their views on campus or community matters.

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## CAMPUS NEWS

# Retired LB nursing instructor still appreciated

by Tricia Vernay of The Commuter

T t's been over 20 years since Adella Nord Wood of Albany taught nursing at LBCC.

But her colleagues and students still remember her good humor, high expectations and helpful atti-

"I enjoyed the students," Wood says as she sits in the living room of her lovely home surrounded by books, family photographs and memories of visits to other countries. "That to me is what teaching is all about. That's what makes it all worthwhile."

One of Wood's former students, Jim Beecroft, who graduated from LBCC's nursing department in 1975, recalls that "Adella was happy and upbeat. She always had a smile, and was very helpful."

He added: "Adella expected a lot, and she accomplished that goal through respect and humor. She made you believe you could do it and that it was best to do it that way. I liked her. Adella was a great lady. We knew she had high expectations, and we tried to deliver. We didn't want to disappoint her."

When Beecroft went to LB, he was a police officer for the city of Corvallis. The expectation at that time was that you were a student or you were something else, he said, but not both. "It took a lot of effort to get through school, and Adella helped in many ways," he said.

For seven years after he graduated, Beecroft worked as a police officer during the day and as a nurse at night. Now he manages the in-patient units at Good Samaritan Hospital in Corvallis and serves in the Medical Group of the National Guard in Salem.

A nother of Wood's former students, Ann Peltier, who manages Linn County Public Health, re members that Wood was a lot of fun and says that she still is. Peltier continues to see Wood, who serves on the Linn County Health Advisory Council.

"Adella appreciated non-traditional students," said Peltier, who came to LBCC in 1974 with a bachelor's degree from Kansas and a family to raise. Peltier went on to get another bachelor's degree from Oregon Health Sciences University, and is now pursuing a graduate degree in public health at OSU. "Adella made us feel we could do it," she said, "and she made us feel that it was important for us to do it."

Wood's feeling for her students is as warm as their recollection of her. She has several stories of unexpected meetings with some of the hundreds of former students that now work in the community.

When she visited a friend recently who was in intensive care at Albany General Hospital, a nurse came up to her and said, "You're Mrs. Wood, aren't you?" After chatting for a while, she said, "I finished at LBCC 20 years ago. You've changed." Wood laughed as she remembered the story. "Well, I think in 20 years, we all change," she said.

A nother time, Wood went to the funeral of the father of one of her former students. After giving the student a hug and telling her "I'm really proud of what you're doing," the student replied, "You made me do it."

"It was a struggle for her to get through the program," Wood remembered. But after she graduated, she went on to obtain a bachelor's and a master's article in the Aug. 29, 1974 Corvallis Gazette-Times.

degree. Now she conducts research in Alzheimer's disease at Oregon Health Sciences University. "To see how well she has done is quite meaningful to me," Wood said. "I do appreciate students thanking me for helping them."

Wood, who was raised in a large family in Wolverton, Minn., completed nursing school in 1943 at Trinity Hospital in Minot, N.D. She earned a bachelor's degree in nursing from the University of Missouri and began

"Continually reading and continually upgrading ourselves is vitally important no matter what field we're in or what age we are."

—Adella Wood



her nursing career as an Army nurse. For two-and-ahalf years, she worked at Schick Hospital, a 2,000-bed facility for returning veterans, at Clinton, Iowa.

After the war, she moved to the West Coast, where she met her husband, Jack Wood, a veteran working in the emergency room at a Puyallup, Wash., hospital. Adella and Jack Wood lived in Coquille for two years and in Astoria for 20 years. They raised a daughter and two sons and became grandparents.

After raising her family, Wood moved from Astoria to Albany, where she began her teaching career at LBCC in 1972, while earning a master's degree in nursing from Oregon Health Sciences University, Wood taught first-year students for three years. For two years, she was chairman of the program. Then, for several years, she taught second-year students.

hen her husband retired in 1980, she did too. But she continued to work part time at the lab. Her husband died in 1990.

"Adella was a warm, out-going and friendly person," said Jackie Paulson, RN, BS, BA, MA, a nursing instructor who came to LBCC the same year as Wood. "She was full of mischief. She worked very hard. She was a fair teacher and a student advocate. Adella loved the students. She loved nursing. She had high standards for nursing, and she wanted people who were committed as well as who were smart or skillful," Paulson said. "She wanted people who had a heart for nursing."

The nursing program at LB had been in place for two years when Wood and Paulson began their teaching careers in the early 1970s. They had 24 students.

"We knew about nursing, but we didn't know about teaching," Paulson said. According to Paulson, she and Wood tried a new curriculum and had success with their students, who kept passing their state board exams. In fact, their students set a precedent in Oregon when every student passed the state board examination for registered nurses in 1974, according to an article in the Aug. 29, 1974 Corvallis Gazette-Times.

The nursing program at LBCC was considered an excellent two-year program that prepared students for bed-side care.

ood and Paulson have noticed dramatic changes in nursing from the 1970s to the present time.

The way HMOs and insurance companies are cutting back on professional nurses concerns Wood. "Professional nurses are important," she said. "A professional nurse needs to be there noting signs and symptoms that could lead to severe difficulties in a patient," she said.

The doctor isn't there 24-hours-a-day. In hospitals and in nursing homes, patients are often acutely ill and are sent home so early now, she said.

"So teaching is important. There is so much to teach patients before they can go home," Wood said. "And I think that requires a professional to do that."

Paulson recalled that she and Wood prepared people for acute care, to work in hospitals. But now the average hospital patient stay has decreased, and there are many more sick people in the community, so the education priority has shifted to also prepare students for long-term care and community health.

Patients are sicker now, Paulson said. "People who would have never lived are surviving, so people who are in hospitals are very sick. Today's students are taking care of sicker and sicker patients all the time."

Another way the nursing profession has changed is the increased use of nursing assistants, Paulson said. "Now nurses do the thinking and planning and use assistants to carry out the care of the patient."

The other big change is the increased use of technology. "Medicine and nursing has gotten so much more technological than it was in my day," Wood said. "I've seen a great change. Much for the better. Much more can be done now than what could be done for patients in years past."

Paulson agreed: "Sometimes you almost have to be a mechanic as well as a nurse to work with all the equipment and machines."

Wood says "caring for the patient is really important and letting the patient know you really do care."

"You can never stop learning," Wood said. "Continually reading and continually upgrading ourselves is vitally important no matter what field we're in or what age we are.

tudents should be actively involved with their families, community and country. We may think we are unfortunate, but there is always someone who is less fortunate than us.

"For those of us who are retired, it's vitally important that we keep up on what is going on in this world and that we keep physically and mentally active," said Wood, who walks daily, does water aerobics, travels and is involved with her family, community and the Friendship Force, an international peace organization.

"Students can learn all the skills in the world, but if they can't communicate or set up relationships with other people they are working with, it is difficult," Wood said. "We need to teach people how to get along in this world. The influence of a teacher can be everlasting."

## Oregonians' suggestions sought to build better government

by Melani Whisler

of The Commuter

Everyone has ideas on how to make our government better. If you think you've got a brilliant idea, or even just a suggestion, now is your chance to make it public. A total of \$35,000 is available to turn Oregonians' best ideas into formal proposals in the 1998 Oregon Better Government Competition.

The contest is open to all individuals and organizations and seeks to generate ideas for improving local governments' services, while at the same time reducing or simply maintaining costs.

Possible suggestions could be new ideas for laws pertaining to transit, fire protection, building inspections, libraries, parks, social programs, water treatment, garbage collection or education.

Short idea papers will be accepted through April 30, and an independent panel of judges will review the entries and select up to 10 finalists. The selected finalists will then have two months to develop final proposals.

The project is endorsed by Gov. John Kitzhaber. Former Oregon Sen. Mark O. Hatfield will be one of the nine judges selecting the winning proposal.

"The Better Government is a positive way for Oregonians to improve our qual-

ity of life," says Cascade Policy Institute Executive Director Tracy Sharp.

This is the third Better Government Competition organized by the Portland based Cascade Police Institute.

Sharp also said that because local governments offer similar services, the 1998 winning ideas stand a good chance of being replicated within, and outside of, Oregon.

Competition winners will be honored at an October ceremony, and their ideas distributed to the media, public officials, community leaders and think tanks in Oregon and across the country.

The two previous competitions have produced five winning ideas that have

been passed as actual laws. About the upcomming winners, Sharp adds, "several proposals have already been submitted, a promising sign."

Idea papers must be postmarked or hand-delivered to the Cascade Policy Institute, on or before April 30. The address is: Cascade Policy Institute, 813 S.W. Alder, Suite 300 Portland, OR 97205. Each idea paper should be 1,000 words or less in length, double-spaced and limited to one subject.

Additional guidelines for the contest can be obtained by calling the hotline (503) 224-1737 or online at www.Cascade Policy.org.



## ASSOCIATED STUDENT GOVERNMENT

Earn tuition grants as a member of the ASG:

President: Full tuition grants Fall, Winter, and Spring terms
Vice President: Full tuition grants Fall, Winter, and Spring terms
Representatives & Public Relations/Secretary: Full tuition grants Winter and Spring terms.

ASG consists of 8 members: President, Vice President and one Representative from each of the following areas: Student Services/Extended Learning, Liberal Arts/Human Performance; Business/Health Occupations; Science & Industry, plus one At-Large Representative and one Public Relations/Secretary. The four representatives of academic areas are required to major in the division which they represent or receive written permission from the dean to represent that division. The At-Large Representative and the Public Relations/Secretary may be from any division. For more information, contact Mathew Alexander at 917-4464.

Applications available now for several positions . . . Pick your application up now in the Student Life and Leadership office CC-213. Applications due April 24 at 12:00 noon. Interviews will be April 29 at 3:30 p.m. in Board Rooms A & B.





Photo by Jeremy Parker

#### **All-Out Effort**

The sand volleyball courts have been the scene of lots of action this term as students in physical education classes take advantage of the spring weather. On May 20 the courts will be the sight of an intramural 2x2 tournament hosted by the Student Programming Board. To sign up, stop by the Student Life and Leadership office in the College Center Room 213.

## Rain lets up for 11-10 win against Clackamas

Arakwa's ninth-inning hit scores two for comeback win

by Shawna Phillips

of The Commuter
Although rain wiped out four of the baseball team's games last week, the 'Runners did manage to sneak in one game last Tuesday against Clackamas at

jock in the box



Who: Rory Collins What: Sophomore third baseman.

Background: Sutherlin H.S./ Sutherlin, Ore.

Baseball Highlights: In last Tuesday's game, he hit .800, with two home runs in consecutive at bats, two runs scored and three RBIs.

Sports Hero: Ty Cobb Best Sports Moment:

"Probably when I got my nose broken by a line drive hit down the third base line a couple of years ago." Scio High School.

Since Linn-Benton's field was too wet to be played on, Head Coach Greg Hawk called everyone he could think of to see if there was still a field that was playable and wasn't going to be used. Scio's field hadn't been touched by the rain all day, so that was where the game was held.

Originally, it was scheduled to be a doubleheader, but it took so much time to find a place to play that the coaches from both teams decided to play a single game and then play two the ext time they meet this season.

When the game finally got underway, the Roadrunner's defense didn't seem to be quite prepared, but the offense stepped up when the pressure was on to score and came out with the 11-10 win.

LB committed seven errors in the game—six in the first four innings—but starting pitcher Robbie Greenawald only allowed one hit and two walks in those four innings, so all that the Cougars could manage was two runs.

The Roadrunners answered by scoring one run in the second, one in the third and four in the fourth. Travis Haima started things off with a single, and three batters later John McManus drove him in. Barry Banville then hit a sacrifice fly that scored Robbie Hollister, who had singled. Then it was all Rory Collins, who hit a two-run long ball, his second home run of the game, to give the 'Runners a 6-2 lead.

Clackamas was down by three going into the ninth inning when their offense was finally able to get something started after two outs. Reliever Mickey Lydic gave up a pair of two-run home runs that gave the Cougars a 10-9 lead.

Once again it was up to the offense to step up as they had throughout the game.

Travis Kundert, who was 3 for 5 with two RBIs, led off the bottom of the ninth with a single, and Hawk gave Roger Sebastian the sign to bunt and try to sacrifice Kundert to second. However, Sebastian was thrown some borderline pitches, so he held off and got the walk. Haima then bunted and advanced both batters.

Freshman Brandon Arakawa then became the man of the hour when he hit a shot just over the right fielder's head that scored both runs and gave the Roadrunners the victory.

"We came out ready and willing to play baseball, worked hard to make it happen, and the baseball gods took care of us," stated Hawk.

Collins was 4 for 5 on the day with two runs scored and three RBIs. Hollister went 3 for 4, while McManus and Arakawa both hit 2 for 4 and drove in two runs

The Roadrunners will have a busy week, facing Mt. Hood for a single game at home on Thursday and two games in Gresham on Saturday at 1 p.m. and 3 p.m. Then LB will return home to play Chemeketa two games on Tuesday April 21 at 1 p.m.

# LB athletes turn in average marks at Mt. Hood

by Shawna Phillips of The Commuter

Despite a first-place finish for Matt Phillips in the pole vault, the Roadrunners had a disappointing performance in the Mt. Hood Relays last Saturday.

Phillips vaulted 15-6, which was good enough to get him past the competition, but it was an average mark for him, according to Coach Brad Carman.

Melissa Clements, Rich Stauble and the men's 800 meter relay team all received third place honors. Dan Grissom, Ryan Grant, Stauble and Phillips made up the relay team that ran the 800 in 1:30.44. In the high jump, Stauble, who has been consistently jumping in the mid-six- foot range, had a mark of 6-4. Clements managed to vault 9-0 despite a strained quadricep.

Tiffany Sytsma, who also suffered from a strained quad, had to drop out of the hurdles and relays.

The women's distance medley relay team of Jamie Borden, Jolene Vandehey, Darcy Zetler and Renee Growcock ran respectable splits and earned fourth place honors with a time of 13:37.42.

Both men's and women's sprint medley relay teams finished in sixth place. Leslie Boer, Jolene Neufeld, Vandehey and Zetler ran the relay in a time of 2:00.78, while Luke Bjornstedt, Josh Bjornstad, Casey Clithero and Eric Johnson ran it in a time of 3:59.81.

Jenifer Schwab also placed sixth in the high jump with a mark of 4-8. Neufeld ended seventh in the long jump with a mark of 15-8.

"Overall, we had an average day," said Carman. "There were no personal bests or outstanding performances."

One major disappointment for the Roadrunners came in the men's 4x100 relay team, which usually manages to finish near the top. This time, however, they dropped the baton.

Linn-Benton's next outing will come at a four-way meet in Salem, when the team competes against, Chemeketa, Southwestern Oregon and Lower Columbia.

"We'll need to step up in a big way in both men's and women's events," Carman commented. "We're looked at to place second, but if we can come through in our events then we'll be looking for the upset."

## EMERGENCY EVACUATION FOR PEOPLE WITH DISABILITIES

Students who anticipate requiring assistance during an emergency evacuation are encouraged to identify themselves to the staff in the Disability Services Office in LRC-200.

#### **Evacuation Procedure**

Elevators should not be used as a means of emergency egress (evacuation). During a campus evacuation, persons who need assistance moving from the second floor to ground level should meet at the top of the stairs, right above the fountain, between the Cafeteria and Business Building. Should a fire or other hazardous condition occur in that area, persons requiring assistance should go to the stair core area between Takena Hall and Health Occupations to receive assistance.

#### **SCHOLARSHIPS**

Audria M. Edwards Youth Scholarship Fund. Eligibility, be gay/lesbian or the child of gay/lesbian parent(s), be a resident of Oregon or Southwest Washington for at least one year, and demonstrate the need of financial assistance. Applications are available in the Career Center in Takena Hall. Application deadline is May 1, 1998.

Zonta Scholarship. All students currently enrolled in undergraduate courses with prior life experiences, who returned to college and demonstrate a willingness to work with children in a job or profession involving the welfare of children, or enrolled in a course of study to train for such a profession or job, or students who demonstrated interest in working to improve the legal, political, economic health and professional status of women. Eligibility: student who is currently enrolled at LBCC or Oregon State. Up to 10 \$1,200 awards given. Application and additional info available in the Career Center. Deadline: May 1st.

The Altrusa Club of Yaquina Bay is soliciting applications of scholarships of \$1,000 to be awarded to local women who are re-entering the job market. Must be a resident of Lincoln County and a "returning student" enrolling

Job Opening:

Computerizer Notetaker

for the Office of Disability Services

We need someone to communicate and take computerized notes with

another student using laptop

Student should have demonstrated

ability to understand, comprehend,

and paraphrase from lectures within various class settings,

including group activites. Jouralism students who are,

possibly second year students, would be great cadidates for this

position. Must be able to type at least 50 to 55 wpm on a laptop

The hours vary, pay is \$10.01 per

hour. If you are interested, please

LRC-200 or call 917-4686.

contact Nancy Sheffield in

computers.

keyboard.

in an accredited post-secondary institution. Additional info and applications are available in the Career Center. Application deadline is April 30, 1998.

The Good Samaritan Hospital Auxiliary Virginia Welch Scholarship is available to men and women who plan to pursue a career in a medically related field in a hospital setting. Eligibility requirements and applications are available in the Career Center. Deadline is

The Meridian Park Hospital Auxiliary is offering the Geraldine Stephenson Continuing Education Scholarship Endowment, a yearly grant up to \$3,000 to an individual or individuals in a medically related field. Requirements and applications are available in the Career Center in Takena Hall. Application deadline is May 15.

The National Poultry and Food Distributors Association Scholarship Foundation awards four \$1,500 scholarships every year to students in the field of poultry science, poultry production, marketing, nutrition and all other areas of study related to the poultry industry. Requirements and application available in the Career Center in Takena Hall. Application deadline May 31, 1998.

#### **HELP WANTED**

Takena Theatre Box Office seeks a reliable, responsible box office assistant during performances. Part-time, Nights and Matinee shows. Eight performances per term. Ability to work with public and attend to details are a must. Will train. Call 917-4531.

The Performing Arts Department is looking for a reliable, responsible house manager during performances in Takena Theatre. Parttime. Nights and matinee shows. Eight performances per term. Ability to work with public is a must. Will train. Call 917-4536

The media department has two work study positions open. Get paid to learn about computers, multimedia, telecommunications and more. If you are dependable, hard working, and want to learn, stop by the media department to arrange for an interview. Ask for Cindy or Rick. We're in the library.

The Sherwin-Williams Company in Corvallis is looking for a part-time employee to begin working immediately. Paint experience helpful but not required. If interested call Chris, 757-1619.

#### **MISCELLANEOUS**

Play Scrabble in Spanish on Wednesdays in the cafeteria at noon. Look for the board and

Lesbian, Gay & Bisexual group meeting every Wednesday this term, from 2-3 p.m. Re: Social activities, support and community building. Call 917-4660 for meeting place. Someone will call you back!



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928-9311

Fri. & Sat. 11 a.m. - 11 p.m.

#### COUPON

Any Giant Pizza

Good at any Abby's location.



**Heavy Lifting** 

Photo by Jeremy Parker

Students look over a display set up by Hessel Tractor and Equipment Co. of Albany at last weeks Career Fair on campus.

## a month for full-time college students discou for LBCC staff on monthly dues

Just a few blocks away: Fully stocked weight room •State of the art cardio equipment •Racquetball •Basketball •Volleyball •Wallyball •Swimming lessons •Aqua fitness classes •Aerobic classes •Hot Tub •Sauna •Free child care •Karate Personal training
 Fitness evaluation
 Dietician After school program
 No-school-day program



We build strong kids. strong families, strong communities. 34th and Pacific, 926-4488



#### Student Union Questionnaire **Results from Winter Term Total Surveys** 120 Total Men 75 **Total Women** Ethnicity White Italian Hispanic Russian Asian Filipino African American Scottish Polynesian Question #1: What activities would you like to see available to students in the recreation room? (Ranked from most to least popular) Video Games Space #2 **Board Games** #5 Ping Pong #3 Question #2: What do you feel is the priority feature to be included in the students center? (Ranked from most to least popular) Open Area Multi-cultural Center **Small Group Meetings** Question #3: Do you think that LBCC should continue providing the health van as a service to students? (Number of responses)

Comments/Questions? Call or drop by

Student Life & Leadership CC-213 or Ext. 4457

Yes

### editorial

## Fatherless daughters shouldn't be neglected

Whether it's from old TV re-runs, commercials, Nick at Night, or from laughing as we dig through our parents old record pile, we all knew Sonny Bono.

The news of Bono's death on Jan. 6 at Heavenly Ski Resort after skiing smack into a tree brought grief and sadness to many people, including his 36-year-old wife Mary (Sonny was 64, almost twice her age) and their two children, Chianna, 6, and Chesare, 9.

But looking deeper into the Bono tradgedy, we see that the loss of this American music icon has left more than a family minus a father—it's left an open seat in the U.S. House of Representatives.

And with much surprise, Mary Bono (Sonny's widow) was recently elected to fill Sonny's old seat, defeating her opponent Ralph Waite, 69, by nearly two thirds of the votes.

This is nothing new. Politicians die and someone else is elected to fill their seat. No biggie. But has anyone stopped to think about the two children who have just lost their father?

I can't comment too well on the lifestyle of children with celebrity parents. My parents weren't very well-known outside our small coastal town of Toledo. But I do know that it involves little or no privacy, as the parents are usually away traveling or just too busy to give the children the love and support that they need. The void left by the missing parents is usually unsuccesfully filled with a live-in nanny or tutors. Years later, the children will show up on a talk show to disclose their childhoods and how their parents never understood or knew them.

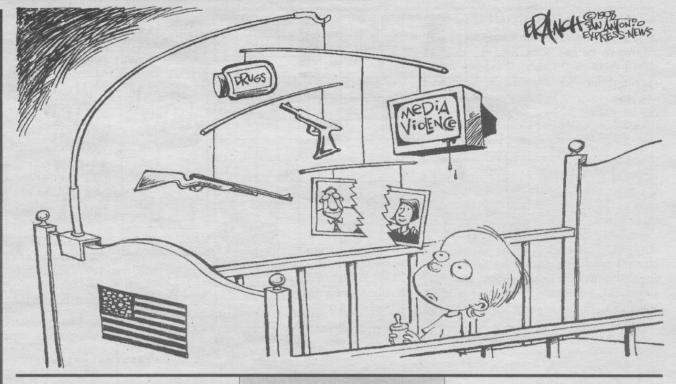
The two young girls have just lost their father. Losing a parent is an indescribable loss. And now they're about to lose their mother to politics.

Sonny's mother voiced her opinion publicly on her dissaproval of Mary's running for Sonny's old seat, and I have to agree with her. Not only does Mary lack the experience that a U.S. Representative should have, she's also leaving her children out in the cold.

In the world of Hollywood, most marriages soon fall apart, especially when the husband is so much older than his wife. Most often, as soon as their children are born, the marriage quickly falls apart. Mary and Sonny's marriage was a different story. Their marriage was a happy one, and it produced two daughters.

If Mary really is trying to carry on her husband's legacy, maybe instead of abandoning her daughters to a life full of public appearances and endorsements, she should concentrate on giving her children the extra love and attention that they will now be missing from their father.

Melani Whisler



commentary

# Blowing off steam during recess helps grade schoolers concentrate better

by Benjamin Sell of The Commuter

Is recess a necessary activity for elementary school children? Does it serve any real purpose? Does it help them in any way that another hour of classroom time

These are just some of the questions being answered "no" by a growing number of school districts across the country, including many in the Atlanta area. In fact, many of these schools have decided to rid themselves of recess altogether in favor of more "seat time."

One of the main reasons is the much wider volume of material elementary schools are now required to cover compared to 20 years ago. Back then it was just the 3 R's, reading, writing and 'rithmetic. Nowadays there is increased demand to teach things like drug prevention, "stranger danger" and even sex education. Consequently, teachers feel they should have more time with the kids in the classroom. But I just can't see how eliminating recess could really help that much.

Children are restless by nature, and recess gives them a chance to get outside and get it out of their system. I can remember how hard it was for me to concentrate on days when we were denied recess because of adverse weather conditions or excessive bookwork. I would practically go nuts trying to sit still. Without that outlet provided by recess, I was full of

My 11-year-old brother agrees. Eliminating recess would be "too boring," he said. "It would be hard to sit still for that long." And most of his friends feel the same way. He said he would gladly go another hour in the afternoon rather than go all day without recess.

I think that would probably be the best solutionadd a little more time onto the school day and keep the recess. Don't take away a kid's chance to get out of his or her seat and run around. Think about it: If the kids have to keep all of their energy bottled up inside, that pent-up force will have to come out sometime.

I'm willing to bet that if recess is eliminated, the occurrence of classroom disobedience will greatly increase. Kids will be bouncing off the walls. Have you ever tried to make an 8-year-old sit still for just an hour? It's virtually impossible. If you don't believe me, just take a kid to church and try to keep him or her quiet. It's a constant battle, and that's only for an hour. Now multiply that by four hours and 30 kids See my point?

Energy release is not the only benefit of recess. Kids also learn important social skills through their interaction with one another. This type of interaction is not possible in a classroom setting, especially the rigorously structured environment that these teachers are ultimately trying to achieve.

Eliminating recess is not the answer to increasing teaching demands. If it is done away with, the concentration levels and therefore the level of actual learning will decline. It's true that demands on teachers today are increasing and that more time is required to teach. But adding another hour to the school day would be a much more effective solution. As long as you break up the long periods of learning with recess, concentration levels would be unaffected, and everyone would be

Don't make kids hate school anymore than they already do. The last thing we need is another crop of high school dropouts. Keep school fun. Keep recess.

### **F**.XPRESS YOURSELF

The Commuter encourages readers to use its "Opinion" pages to express their opinions. Commentaries and letters on campus, community, regional and national issues are welcome.

Submissions may be in the form of letters to the editor or, for topics that require deeper analysis, guest columns. All letters received will be published, space permitting, unless they are considered by the editor to be potentially libelous or in poor taste. Guest columns should be approved in advance by the editor.

Letters should be limited to 250 words or less, and will be edited for length, grammar and spelling. In order to confirm the authenticity of letters, they must be signed, with phone number and address included. As general policy, The Commuter will not publish anonymous letters to the editor, although the editor reserves the right to make exceptions when conditions warrant.



#### **ACROSS** 1 Practice boxing 5 Writer Jong 10 Boo-hoos 14 "Citizen 15 Enticements 16 Casual negative 17 Holm and McKellen 18 Signified 19 Digestive juice 20 Backstabber 22 Merest grip Plaines, IL Haute, IN 26 Actor Ed 29 Tender or Pullman, e.g. 30 Merchant's figures 34 Cylindrical dessert cakes 37 Kline movie 38 \_\_Miguel 38 \_\_ Miguel 39 Before now 41 Slightest bit 42 Mediterranean © 1998 Tribune Media Services, Inc. All rights reserved. peak 44 Leading the way 4/15/98 46 Timidly 48 Stupefied state 7 Nest-egg \$\$ 49 Self-perception 8 Road divider 50 Seedless plants 9 "The Maltese 52 Reply to a Falcon" co-star TNARB smash 10 Secondary title 53 Swindle 11 State on Lake 56 Handgun E E B N S T O B 60 \_\_vera 61 Actress Streep 12 Male moose 13 Storage building 63 Nile queen, 21 To the point casually 23 Hesitation 64 Ran away syllables 65 Arctic goose 25 Animal fats 66 Is unable 26 Donkeys BES TERRE 67 Hardy lass 27 Mower's path 68 Cigar residue 28 Fool 69 Starter chips 29 Parsley family plants DOWN 31 Prescription

DELLED ALOE MERYLL MRAJOIS GUARAJO SHALLAMESENSE SAN EARLIER TAD SANTERING SMISSBOLLS DAVE ASNER CAR SALES DIOHBOT ROTLART E B I C A K W M E K W E SBOS

language 32 Dame Edith 33 Marsh grass 45 Du Maurier classic 35 Knock

repairs

36 Comprehend 47 Indeed 51 Cuban dance 40 Make lawn 52 Cheerful tunes 43 Nobel and

53 Crazy 54 French pronoun

55 Adversaries 56 "Auld Lang

57 Actor Arkin 58 Tenant's outlay 59 Dust particle 62 Cheerleader's

cheer

THE K CHRONICLES Hello? I'll never Join you! You don't Keith. know who Come join This is, do US. you?

MAN .. I USED TO I DIDN'T REALIZE IT UNTIL ONLY BE AFRAID OF RELIGIOUS FANATICS COMING UPTO ME AND TRYING TO GET METO JOIN THER GROUPS NOWADAYS IT COULD BE ABSU-

\*She's one of US, now.

WOMAN IS PURCHASING A SATURN.

& THEY'RE TREATING IT LIKE SHE'S

ABOUT TO EMBARK ON SOME HEAVE

DUTY MUCTI-STEP RECOVERY PROGRAM

This is Julie... And THE AD CLOSES IT'S her very first with HER SLOW

WITH HER SLOW-LY BEING SUR-ROUNDED BY

EOTBIE-LIKE

SATURN OWNERS

JUST THE OTHER DAY. Have you driven a car, lately? Hi. Wha? Uh. no.. nor recently... THERE'S THIS ONE WHERE A YOUNG

THERE'S ANOTHER ONE WHERE THEY SHOW HOW A BUNCH OF GATURN OWNERS & THEIR FAMPLIES GOT INVITED TO VISIT THE PLANT WHERE THEY MAKE THE CARS IN TENNESSEE"



\* Tennessee, Morrana, The Dakotas & Nevada are the strange phenomena capitals of the U.S.A



am

father

your



I SEE AN EPIGORE OF THE X-FILES IN HERE SOMEWHERE

Muffin

1 Theatrical

talk-shows

daughter

Fire"

6 One with regrets

sketch

2 Jack of

3 Freud's

4 Dwells

5 "St.

## By Nora McVittie











