

## **SYLLABUS**

*Linn-Benton Community College  
Health and Human Performance Department*

**Course:** HE112 Emergency First Aid  
**Instructor:** Staff  
**Class Time:** 8am-5:50pm  
**Class Room:**  
**Office Phone:** 541-917-4251 Marge Moore

### **Course Description:**

Covers basic first aid to prepare the student to properly administer the necessary immediate care to an injured or suddenly ill person.

### **Text and Supplies:**

- LBCC First Aid packet- Will receive in class

### **Course Objectives:**

Students will receive information on the following material to help them assess and provide skills to those in need:

- Emergency principles and legal responsibilities
- How to reduce the risk of disease transmission when giving care.
- How to activate the emergency medical services
- When to move an injured or ill victim
- Signals of emergencies and follow-up care:
  - Cardiac
  - Breathing
  - Seizures
  - Bleeding
  - Stroke
  - Primary/Secondary surveys
  - Types of wounds
  - Shock
  - Poisoning
  - Burns
  - Head injuries
  - Eye Injuries
  - Bites/Stings
  - Fractures/Sprains/Strains
  - Heat/Cold emergencies
  - Diabetic episodes

### **Skill objectives:**

At the end of the course, the participant will be able to demonstrate the following skills:

- Primary and Secondary survey
- Face up and recovery positions
- Foreign body airway obstructions
- Bandaging a variety of wounds/injuries:
  - Closed spiral
  - Reverse Spiral
  - Cravat

- Figure 8
- Impaled object
- Splinting
  - Forearm
  - Lower leg
  - Ankle splint
- Sling/ swath

**Criteria for course completion and certifications:**

1. Students must attend all class sections
2. Demonstrate:
  - Correct decision-making,
  - Sequence care steps properly
  - Complete ALL required skills without coaching or assistance
3. Written examination with a score of 80% or better
4. Receive said card at the end of class when required components are completed.
5. First Aid card is valid for 3 years from the date on the card.

**Course Comments:**

1. The course includes diverse learning opportunities:
  - videotaped presentation; instructor led discussions, skills demonstration and practice,
  - instructor led scenarios and peer practice sessions
2. Grading Components:
  - Hands on skills for sections
    - 17 skills; 2 points each
  - Written Exam
    - 25 questions- 2 points each
  - Participation
    - 6 points
3. Grading Scale:
  - **A** 81-90
  - **B**-72-80
  - **C**- 63-71
  - **D**- 54-62
  - **F**- 59-0
4. You should contact your instructor during the first week of class if:
  - You have a documented disability and need accommodations,
  - Your instructor needs to know medical information about you, or
  - You need special arrangements in the event of an emergency.
  - If you think you may need accommodation services, please, contact Disability Services, 917-4789.
4. The LBCC community is enriched by diversity. Each individual has worth and makes contributions to create that diversity at the college. Everyone has the right to think, learn, and work together in an environment of respect, tolerance, and goodwill. LBCC prohibits unlawful discrimination based on race, color, religion, ethnicity, and use of native language, national origin, sex, sexual orientation, marital status, disability, veteran status, age, or any other status protected under applicable federal, state, or local laws. (for further information

