THE COMMUTER A Student Publication

Linn-Benton Community College, Albany, Oregon

VOLUME 17 • NUMBER 15 • Wednesday, Feb. 12, 1986



It didn't last long, but Women's Basketball Coach Greg Hawk and the Roadrunners felt like champions after defeating Chemeketa 44-39 last week. The win left LB in a tie for The thrill of victory

first place until Saturday's loss to Clackamas. Unless Chemeketa loses to Mt. Hood tonight, the Roadrunners will settle for second place.

Diet counselor advises 'we can't all be t

By Cindy Lowther Staff Writer

Americans live in a "schizophrenic society (that says) we should be thin. But there's lots of food. eat up," counselor Linda Moore told a sparse but serious audience at OSU's Health Days last week. "Society worships thinness," said Moore, of

Eating Disorders Counseling and Education Center in Portland. Speaking on "Why Diets Fail," Moore said that characters on TV are thin, giving a subliminal message that we "should all look like (movie and

rock) stars." At the same time, society also promotes overeating with fast foods, food fairs, parties, and women's magazines with diets and double fudge

recipes "It's hard to eat refined fast foods and not gain weight," Moore said. But repeated dieting is not the answer. Moore said diets make it harder to lose weight and keep it off.

"When you go on a diet, you literally declare war on your body." The body sees dieting as a form of starvation, Moore said.

Because the body is "programmed to survive," the metabolic rate drops, allowing the body to be maintained on fewer calories and changes the set point. Moore described the set point as "the body's natural weight when you leave it alone. The body feels safe at this weight," she said. If a dieter loses weight too fast, the body feels starved and triggers eating, creating a cycle.

The diet mentality is "everyone can and should be thin" and "dieting is the way to get there." She added "we can't all be thin. Obesity runs in families.

Moore estimates that three out of four adults in this country have an eating disorder that includes

binging, purging (with laxatives, diuretics or excessive exercising) or obsession with food.

To get out of the cycle, Moore suggested keeping a diary of what is eaten and the feelings experienced at the time in an effort to identify binge "triggers." Moore said "you can't keep weight off as long as emotional problems exist.

Eating can be an emotional coping mechanism for depression, fear, anger, etc. She recommends isolating the issues; asking yourself "What am I trying to get from food?"

For people who are interested LBCC offers a class, Women and Weight, taught by LBCC counselor Joyce Easton. The counseling office also has pamphlets titled, "About Anorexia Ner-vosa" and "About Bulimia." The Women's Center tentatively plans to offer a support group for anorexics and bulimics. Interested people can contact Joyce Easton, ext. 143, for information.

Traffic light input asked at hearing

By Louisa Christensen Staff Writer

A public meeting scheduled for March 3 offers supporters of a traffic light at LBCC's north entrance a chance to present their case before the state Department of Transportation (DOT).

In OSU's East Forum at 7:30 p.m., highway improvement will be discussed and the floor will be open to the public's comments.

Jim Butler, state traffic control engineer, believes that if students and staff at LBCC present a great need for the traffic light it will affect the decision of the DOT concerning placement of a light.

"If the need is presented then it's only a matter of priority," Butler explained. If LBCC is represented there is a good chance of moving the issue past the decision stage, he said.

"The decision hasn't been made yet," was the DOT's reply when asked about the traffic light proposal recently, said Ray Jean, director of Facilities at LBCC. Jean has been working to get a traffic light placed on Pacific Boulevard at the north entrance for a few years. He is concerned about the intersection because of several accidents resulting in severe injuries and one fatality in the past few years.

He said that the process of getting the light is complicated and time con-suming, but, "I hope that it will happen in a couple of years.

Before the state can make a final decision to install a light at the north access to the college, the area must meet a list of eight criteria, said Don Wagner, traffic operations director of the DOT. The "warrants" are based on traffic volume, accident rate, gaps in traffic flow and the history of the area, explained Wagner

"A large volume of information is required, because we don't want a signal in a place where it is not needed." he said.

After the department makes a traffic count and examines other criteria, the traffic light proposal will be put on a "signal priority list," said Wagner

The length of time the proposal stays on the list will depend on how many requirements are met and how much funding is available. But the main factor in accomplishing a decision is usually pressure from a county or city public body, Wagner said.

Citizens concerned about the installment of a light may write to Region 2 Engineer, Bill Anhorn, P.O. Box 14030 Salem, Ore., 97310.

Groups disagree on proposed smoking ban By Todd Powell the issue and make recommenda-Takena Hall

Staff Writer

Three of the five groups analyzing the question of imposing a campus wide smoking ban have come up with a mixed bag of positions on the issue.

Each of the groups was asked by LBCC's president, Dr. Tom Gonzales, to review the smoking issue, giving their recommendations. The five groups involved are: the Faculty Association, Classified Association, ASLBCC, Health Committee and MESA-Management and Exempt Staff Associations.

A campus ban on smoking became an issue when the Faculty Association submitted a resolution to Gonzales on Jan. 7 to: "Restrict smoking on campus, except for the Commons (cafeteria), and to completely ban the selling of tobacco products." Gonzales asked each group to discuss tions before any final decision is made.

"We disagree with faculty," Teresa Thomas, Classified Association president said. "We don't feel a ban is necessary." Thomas went on to say that banning smoking from campus wouldn't really solve the problem. "Ventilation seems to be the main problem," she explained.

The Classified Association's response, which was sent to Gonzales, stated: "The association does not feel that we can infringe upon the rights of the smoker and nonsmoker anymore than has already been established by the Facilities User Committee and the Clean Air Act,' and that, "We would support any efforts the college can make in correcting the ventilation in many areas on campus." One of the problem areas. Thomas said, is the Camas Room in

The Health Committee has supported a plan that would ban smoking from Takena Hall, said chairperson Ann Reeves. She said that for obvious reasons, such as health, they decided it would be best to allow smoking only in the Commons and prohibit smoking anywhere else. Reeves said, "I think smoking should be banned, especially in Takena because it's the public part of our campus." She stressed that Takena is constantly "smoke-filled" and "It's the first place that newcomers see.

Lily Winans, a member of ASLBCC who is handling the smoking issue, said, "This issue (smoking) always comes up. I can think of at least three times it was brought up last year.' But Winans admitted, "It has never come to this point, so it should be in-teresting." She said that ASLBCC hasn't discussed the issue a great

deal, and she wasn't positive how the council will resolve the question. She said she didn't have enough information to make a recommendation because "I'm not sure what the students want." She added that she is tentatively planning to conduct a student survey

The only other group which has yet to respond to Gonzales is MESA, which represents management and exempt personnel. "We haven't had the opportunity to discuss the issue MESA president Mary Spilde yet,

Gonzales said that in order to have a smoking ban it would take "a large majority of people," in favor of the ban. He said that unless most groups were unified for the ban "it will remain status quo or modification." Gonzales said he hopes to "put this to rest" with a final decision by the end of the quarter.



Health-Wise By Diane Morelli

The following information was provided by "Health Line", a newsletter about the Health Line Speech Synthesizer System.

What is Health Line

Starting in January of 1985 DND Business Computer Company and Linn County's Department of Health entered into a joint agreement with the Federal Government to develop a voice synthesis product to increase public awareness of health issues without increasing staff size and budget. From this agreement Health Line was born.

Simply stated Health Line will offer the consumer 24-hour access to the health care provider for urgency assessment and referral on a variety of common health problems.

Editoria

This confidential health service will eliminate unnecessary visits to the participating health clinic, physicians office, or hospital emergency room and will encourage consumers with critical or potentially critical problems to seek help before their condition worsens.

"The difference between this and a system such as Tel-Med, where a topic selection gives you general taped information on a subject, is that the caller is given specific information...No two profiles would necessarily be the same. How It Works

You scan a list of 99 topics that are currently available on Health Line and decide that "sore throat" best describes your condition. From your touch tone telephone you dial the

number listed in the brochure and here is what will happen:

"Hello, welcome to Health Line Linn County's confidential health counseling service."

The voice is that of MAXWELL, a Digital DECtalk voice Synthesizer. The first thing that MAXWELL wants to know is your age. Using the buttons on your phone, you punch the numbers and then hit the "number' (#) symbol button.

The voice asks you to select a topic. You punch 33 and the 'number" (#) symbol button again.

"You have selected topic 33, Sore throat: Any rough or raw feeling in the back of the throat especially when you swallow. I will now ask you a series of yes-no questions. Please wait until I have finished speaking and then press the one button for yes or the nine button for no. Is your temperature 100 degrees or above?" Sure is, you say to yourself,

pushing the one button. "Do you have two or more of the following symptoms-headache, cough, aching joints or bones?" Right again. You punch the 1 button.

"You probably have influenza, stay in bed, keep warm and drink a glass of water or juice at least every two

hours MAXWELL goes on to say you should consult a physician if a severe sore throat develops, if your temperature goes over 103 or if the flu lasts more than eight days.

Here's What to Do

Before you call Health Line, take your temperature. MAXWELL often asks if you have a fever, and it helps to know in advance.

1. To reach Health Line, call (503) 928-1170.

2. First, MAXWELL will ask how old you are. Enter your age by pressing the appropriate phone buttons carefully, one at a time. Then press the # button at the bottom right of your phone

3. MAXWELL will ask you to enter

the number of the topic you are interested in. Enter the topic number, pressing one button at a time. Then press the # button at the bottom right of your phone.

4. MAXWELL will name the topic you have called, give a short description of it.

5. Now, just listen to the questions MAXWELL asks you. When the answer is YES, press the number 1 button on your phone. When the answer is NO, press the number 9 button on your phone.

6. If you would like to change an answer or if you want MAXWELL to repeat a question, press the * button. Press the button once to repeat the last question, press it again to back up another question, and keep pressing until you've reached the question you want to re-answer. Then press 1 for yes and 9 for no.

If you would like more information on Health Line, write: DND Business Computer Company, 707 Northeast Couch Street, Portland, Oregon 97232, (503) 232-2453.

Women's Center deserves home free of harassment

After nine years of trying, LBCC is able to boast a women's support network.

The Women's Center is being housed in the old Veteran's Administration office, which no longer maintains any personnel on campus.

But here's the catch.

When the Veteran's Administration decides to send an agent on campus from Portland the Women's Center is given short notice to vacate the premises for one to three days at a time.

Last week the center simply moved out into the hall. The atmosphere hardly provided a "safe place to talk," for women with a need to.

Furthermore they were deprived of the use of their library and telephone.

But above and beyond that is the insensitivity and uncooperative spirit demonstrated in this case. There seems to be a singular lack of concern for the well being of an organization developed to administer to the special needs of many female students.

The campus "space committee" is supposed to be looking into a new location for the center, but that may take another year.

It seems more reasonable to allow the Women's Center to stay where it is. After all, it has 14 volunteers, work studies and CWE students scheduled to meet the needs of an average of 70 weekly drop-ins, and also maintains a library and telephone at the location.

It seems fair to provide the agent from the Veteran's Administration a temporary office to use when he or she comes down for his or her occasional visits.

This has been suggested, but somebody's not listening. Why not adopt the reasonable and prudent solution and stop continuing to treat women as second-class citizens?

Diane Morelli





Bookstore compares LBCC prices to other stores'

Commuter Archives

February 11, 1976

•The Drug Information Center in Eugene found that 'some cross-top whites (an alleged amphetamine), which is an illicitly manufactured tablet that has a cross on the top," contained "2-3 milligrams of brucine." Brucine is "in the strychnine family and 10-15 tabs of this could be lethal, leading to a strychnine con-

cross-tops, you are strongly advised to send a sample

to Sunflower House in Corvallis for an analysis. •From "Far Afield:" Bill Lanham's topic this week

was cupid "His childhood was an up-hill struggle. He had problems in school and had to leave shortly after the third week of fifth grade.

'He was a nice little boy, and I know he meant well, but someone like him just can't make it in school,' his fifth grade teacher said, 'He would always shoot those little arrows...the school yard was just one big

orgy...' "There was a girl in his life, but only for a short time.

" 'He was a sweet guy, but at times it got pretty em-barrassing,' ex-girlfriend Lucille explained. 'We would get some funny stares going into a movie or in a restaurant. He never wore clothes.'

Fifteen Years Ago This Week February 9, 1971

•The LBCC campus plan won an Award of Merit in the Community and Junior College Design Awards Program. The award was presented in Washington, D.C.

•Actor Victor Buono, "a distinguished actor of stage and screen" came to entertain LBCC students. He starred in such movies as "What Ever Happened to Baby Jane," "Hush Hush Sweet Charlotte," "The Greatest Story Ever Told," and "Four for Texas." He also guest starred in such television programs as "The Joey Bishop Show," "Batman," and "Man from UNCLE."

•A column called "Inquiring Reporter" asked the question, "What do you think is the most pressing ecological problem?" Some student answers were:

Dan Sorensen-"Automobiles and the internal combustion engine."

Judy Hoffman-"Water pollution. It's killing the fish.

Jeff Seber-"Air pollution caused by people."

Diane Quisenberry-"Solid waste from everyone. . .everybody needs to take care of their own

COMMUTER Student Publication IHE

The Commuter encourages readers to use the Editorial Page to express their opinions. Commentaries and observations on campus, community, regional and national issues are welcome

Submissions may be in the form of letters to the editor or, for topics which require deeper analysis, guest columns. All letters received will will be published, space permitting, unless they are considered by the editor to be potentially libelous, obscene or in poor taste. Guest columns should be approved in advance by the editor. Readers wishing to sub-mit a guest column are asked to first discuss their idea with the editor.

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed through student fees and advertising. Opinions expressed in the Commuter do not necessarily reflect those of the LBCC administration, faculty or Associated Students of LBCC. Editorials reflect the opinion of the editor; columns and letters reflect the opinions of those who sign them. Correspondence should be addressed to the Commuter, 6500 SW Pacific Blvd., Albany, Oregon 97321. Phone (503) 928-2361, ext. 373 or 130. The newsroom is located in College Center Room 210.

Commuter Staff:

Commuter Staff: deditor, Diane Morellii; managing editor, Quonieta Murphy; sports editor, Robert Hood; photo editor, Gorge Petroccione; assistant editor, Allie Harper; lab assistant, Sharon SeaBrook; adver-tising staff, Sherry Oliver, Rod McCown, Judy Smith; deditorial assistants, Katherine Marsh, Lisa Car-damon; reporters, Pat Wilson, Lisa Hall, Rena Hall, Annette Krussow, Todd Powell, Scott Montgomery, Louisa Christensen, Crystal Kluttz, Cindy Lowther, Dale Owen, Jamie Putney, Kay Sams, Darin Burt, Lin-da Canoy, Jon Taylor, Margaret Denison, Lyn Thompson; production staff, Robin Colbert, James Hampton, Jan Hulsebus, Pauline Husbands, Lynn Powers, Rich Clarkson, Susan LaBrasseur; Itypeset-ter, Jerri Stinson; advisor, Rich Bergeman.

Ten Years Ago This Week

b) Lath hypering
b)

vulsion and death.' The article went on to say that "if you have any **Express Yourself**

garbage."

Etcetera

Photographers Meet

The LBCC Photo Club will meet Wednesday, Feb. 12, at 4:30 p.m. in the

Program aims to put homemakers to work

By Dale Owen **Staff Writer**

A new program has been started on campus to help "displaced homemakers"-people who have traditionally worked at home providing unpaid services or have lost their dependent source of income.

The program, sponsored by the Community Services Consortium (CSC) in cooperation with LBCC's Training and Economic Development Center (TED), tries to help clients recognize and discover their personal skills and develop communication skills needed to find employment.

CSC is a tri-county social service agency responding to the community needs of Linn, Benton and Lincoln counties.

A department of CSC, the Business **Employment and Training Associates** (BETA) is sponsoring the displaced homemakers program, with federal funds made available by the Jobs Training Partnership Act, according

to Kay Lamplugh, BETA employment specialist.

BETA's coordinator for the program, Carol Barrick, explained that the displaced homemakers program is a short-term program designed to develop self confidence, explore career goals, and provide preparation for work.

Barrick noted that the course offered at LBCC is just one component of the program and that the displaced homemakers program is one of many comprehensive training programs available through CSC.

Participation in the program begins with an orientation and assessment process. Barrick said the process takes approximately one hour to complete and will result in a tentative eligibility determination.

Qualification guidelines include: •Not having worked in the labor force for a number of years because of work in the home providing unpaid services.

·Having been dependent on the in-

come of another family member or public assistance and losing that source of income.

•Expecting the loss of public or other financial assistance. •Experiencing difficulty in obtain-

ing or upgrading employment.

After eligibility is determined, the next phase involves working with a caseworker to formulate an employment plan that will result in a referral to an appropriate training program.

The program requires four weeks of instruction. The first group of participants began classes Monday and will continue meeting weekdays, 9 a.m.-12 pm. in HO 203.

Marti Ayers Stewart and Carol Putnam, course instructors, said that classes will focus on evaluating personal and professional skills in preparing for the transition to the world of work.

Instruction in communication, time management, family financing, assertiveness and career exploration can

"help women take a realistic look at the different roles of student, mother and worker," Stewart said.

advantages of having the program offered on campus are that participants can look at what school has to offer, take advantage of resources and experience college in a safe way-without the risk of losing grants or scholarships.

The program will help people "identify positive things about themselves," Putnam added.

Both instructors emphasized that although they have earned advanced degrees they think their personal experiences as students, workers and homemakers will be helpful in relating course information to program participants.

Anyone interested in more information can contact Carol Barrick at the Albany or Corvallis CSC offices. The phone numbers are 928-6335 for Albany, and 757-6868 for Corvallis.

Willamette Room to view video-tapes of landscape photographer Elliot Porter and slides of documentary photographers George Tice and Murray Riss. Putnam explained that some of the

The meeting is open to all interested photographers. Members and guests are invited to bring their own work for viewing and information articular "Life in China" "Life in China," a five-week class that explores the customs and daily life of the people of China, will begin February 13 at Linn-Benton Community College. The class meets 7:10 p.m. each Thursday in Forum roum 113

class meets 7:10 p.m. each Thursday in Forum room 113. Topics covered in the course include life in the villages; the problems and suc-cesses of factories and mines; a closer look at Chinese hospitals, asylums and prisons; and the closed world of the Chinese court system. Students will also explore the history of Chinese cooking, science and art.

science and art. Instructor for the course is Kitson Yu, LBCC Data Processing and Business faculty. Yu, a native of mainland China, came to the United States in 1969, and has been at LBCC since 1981.

"Life in China" is a non-credit class and tuition is \$18. For more information, call LBCC's Albany Community Education Center, 967-6108.

"Absent Friends"

Tickets are now on sale for "Absent Friends," LBCC's winter Loft Theater pro-

"Absent Friends" will be on stage in LBCC's Loft Theater, room 205 Takena Hall, at 8:15 p.m. Feb. 21, 22, 27, 28 and Hall, at 8:15 p.m. Feb. 21, 22, 27, 28 and March 1, with matinees at 3 p.m. on Feb. 25 and 26. All seats are \$2 general admis-sion. Advance tickets are available at Rice's Pharmacy, 945 NW Kings Blvd., Corvailis; French's Jewelers, 140 W. First St., Albany; and LBCC's College Center Office on the second floor of the College Center Building. Seating for each perfor-mance is 50 and any tickets not sold in ad-vance will be available at the door. For ticket information, ext. 101.

Roberts Speak

Barbara Roberts, Secretary of State will be on campus Wednesday, Feb. 19 from 12-1 p.m. in Boardroom A & B. Bring your lunch.

Women's History

National Women's History Week com-mittee meetings will be Tuesday at noon, February 11, 18 and 25 in Room CC 135. Attendance is essential as arrangements are being finalized. For information, call Marian Cope, ext. 321.

Support Group LBCC women staff and women students are invited to attend the Women's Support Group, Wednesday at noon, February 12, 19, and 26 in Room CC 135. Bring your lunch and a friend. For in-formation call Marian Cope, ext. 321.

History Week

HISTORY WEEK National Women's History Week lun-cheon tickets are now on sale at the Women's Center office, College Center office, French's Jewelers (Albany), and Rice's Pharmacy (Corvallis). Tickets are \$3.95 for taco salad complete lunch. Lun-cheon will be held in the Alsee-Calapoola Rooms from 11:30-1:00. The speaker is Dr. Nancy Wilgenbusch, President of Marylhurst College. For information call Marian Cope, ext. 321. Marian Cope, ext. 321.

Adoption Seminar

A free informational meeting about Linn-Benton Community College's "Avenues to Adoption" seminar will be held 7-10 p.m. Wednesday, Feb. 12, room S-120 at Corvallis High School, 836 NW 11th Street.

The first meeting explores what adop-tion is all about, including costs, pro-cedures, types of children available and adoption agencies.

seminar, call LBCC's Parent Education of-fice, 928-2361, ext. 384.

Tax Help

Students may make appointments for free income tax preparation assistance at the Student Association office in the college center. Help will be available from on until 4 p.m. each Thursday until the

Photo by George Petroccione

Valentine Visit

Children from LBCC's Child Care Lab visited Heart of the Valley Nursing Home in Corvallis last week to spread some Valentine cheer. Amanda Lewis, daughter of Dennis Lewis, presents here hand-made greeting to an appreciative resident of the home.

Center offers women comforting place to talk

Some women find themselves divorced with no job skills.

Others are widowed, trying to move ahead with their lives

family finances

and start a career

help with career decisions, personal problems or confidence building.

Nofziger said women need a place "to land, to cry."

"We are listeners," Nofziger said. "We don't pretend to be therapists," but

with, according to Marian Cope, coordinator of the Women's Center. "It's a

programs.

port "step by step," while others need only to be pointed in the right direction. Mickey Wenner, a work study student at the center, said the key to its success is "respect. We do not exercise our own biases and opinions" on religion

Nofziger added that there are two rules at the center; everyone is welcome

for women. She said that because of an increase in the number of women us-

term that number has risen to 70-80 women per week who drop in.

Women's Week organizers seek creative writing, readers

Students are invited to share their talents during LBCC's annual celebration of national Women's History Week, March 3-7. A Readers' Theatre Hour on Tuesday, March 4, offers the opportunity to perform works by or about women, and a centersheet in The Commuter planned by editor Diane Morelli on March 5 offers the opportunity to publish poems, essays, short stories, sketches and photos in honor of women.

To perform, students can sign up with either of the Janes (Donovan at ext. 216 or White at 219); and to get published they can submit their works to Cindy in AHSS-101 by Feb. 28

A highlight of the week will be a talk by Nancy Wilgenbush, president of Marylhurst College, on "Women: Builders of Community and Dreams,' at a luncheon Monday, March 3 (\$3.95-taco salad and trimmings). Several other events are being organized, and if you want to help or you have ideas, contact Marion Cope at ext. 321.

Some are married and going back to school to learn job skills to help with

Still others are young women trying to break out of women's traditional roles

According to Phyllis Nofziger, peer advocate, the center's goals are to pro-vide a place for women to stop and "chat," to get referral information for

Women really appreciate finding other women in similar situations to talk

safe place to talk," she said.

Many of the women are referred to the Women's Center by social service

Cope said their needs are "real individual," with some women needing sup-

"We are gratified" that men stop by to talk, Wenner and Nofziger said. They

are curious about the center. Cope said it is essential to give good services to provide a comfortable area

Cope said that during fall term 20-30 women per week used the center. This

The Women's Center, located in T 103A, offers support for women who need

various problems and to receive counseling.

she said that there is a counseling intern from OSU available.

The center offers a support group every Wednesday at noon, Cope said.

and other issues, she said.

and no meanness. You can be angry, but not mean, she said

ing the center they need more space

Four Nobel laureates featured at Linfield symposium Pauling, Klein, Milosz, Townes lead parade of dignitaries at four-day event

By Jamie Putney Staff Writer

The first Oregon Nobel Laureate Symposium, featuring Nobel Prize winners in economics, literature, chemistry, peace and physics, comes to Linfield College in McMinnville, Feb. 24-27.

A complete program of the four-day symposium is available upon request and will be distributed at the opening session scheduled for Monday, Feb. 24 at 3 p.m. All of the sessions will be free to the public. The Nobel Prize winning speakers are Laurence R. Klein, economics; Czesław Milosz, literature; Linus Pauling, chemistry and peace and Charles Hard Townes, physics.

Klein won the prize in 1980 for the development of models for forecasting economic trends and designing policies to deal with them.

Milosz, considered one of the greatest contemporary Polish poets, won the 1980 prize for literature. His writings reflect his experience in the Warsaw ghetto as a Nazi resister. Pauling won the prize in chemistry in 1954 for his research into the nature of the chemical bond. In 1962 he was awarded the peace prize for his work on the Nuclear Test-Ban Treaty. He was born in Oregon and attended OSU.

Townes received the 1964 physics prize for his role in the invention of the maser and the laser. He is presently involved in research on the center of the galaxy.

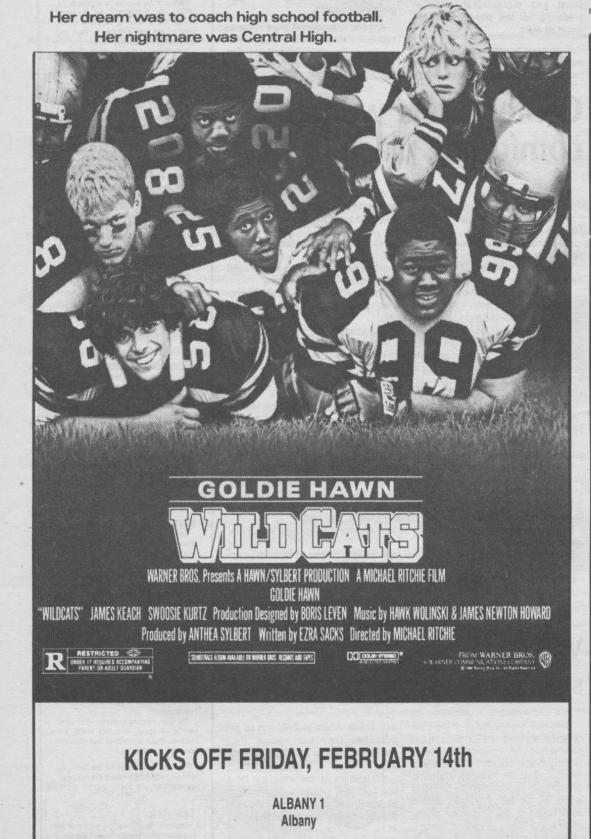
The major evening events will be held Monday, Tuesday and Wednesday at 7:30 in Melrose Auditorium. Monday evening Charles U. Walker, president of Linfield College will give a welcoming statement and will introduce Irwin Abrams, a history professor from Antioc College in Ohio. Abrams will talk about the meaning of the Nobel Prize, followed by an address by Pauling, Nobel Laureate in chemistry and peace.

Tuesday night a round-table discussion, "Re-thinking our Human Environment for the 21st Century," will be moderated by Floyd McKay, news analyst for KGW Ch. 8, out of Portland. The Nobel Laureates discussing the subject will be Klein, Molosz and Townes.

On Wednesday, Feb. 26, Ellen Summerfield, director of International Programs at Linfield will introduce Robert A. McFarlane. McFarlane is a physician from Portland and is president of the Portland chapter of Physicians for Social Responsibility. He will talk on behalf of international

physicians who advocate the prevention of nuclear war. Also, Yolanda King, daughter of Nobel Laureate, Martin Luther King, Jr., will speak about "The Legacy of Martin Luther King, Jr. for the 21st Century."

A reception will follow each evening event in Riley Fireside Room. Anyone interested in attending any of the talks should contact Doug Clark, political science instructor, at ext. 176 about carpools that may be available.



Linn-Benton Community College and Culinary Arts Clubs Presents a Dinner Theater

NEIL SIMON'S LAST OF THE RED HOT LOVERS

with the ALPHA-OMEGA PLAYERS REPERTORY THEATER OF AMERICA

> WEDNESDAY FEB. 26, 1986

DINNER 6:30 P.M. • THEATER 8:00 P.M. LBCC COMMONS • COLLEGE CENTER

> GENERAL ADMISSION \$15 STUDENTS WITH I.D. \$10

Advance Ticket Sales • LBCC College Center French's Jewelers • Albany Yogurt Hill • Corvallis

taff ideas elp LBCC

Linda Canoy ff Writer

listen!

We all need someone to listen to concerns. And Pete Boyse, assist to the president at LBCC, used acronymn LISTEN to help form a n for the improvement of the cole-Listen to the Ideas, Sugges-

ns and Talk of Employee's Now The purpose of the plan is to make institution more effective. So en, people on staff have good as, but they don't know what kind channel to use, so this is just other way to facilitate that cess," Boyse said.

According to Boyse the idea came m a marketing committee's sugstion to help the college improve internal communication. LISTEN nt into effect last spring.

There wasn't a real good suggesform process for staff, and soone mentioned that the staff build have something like the dents "pass the buck," he said.

t least once a month the Com-nicator (a weekly newsletter for ployees) has a form provided for suggestions, anonymous or ned, said Jane White, a staff mber from the Community Rela-ns Office.

One of the reasons it was started s to try and get people on campus plved, to be able to remedy any blems in any area on campus, not related to where they work," ite said.

White explained that once a staff mber fills out the form it is sent to se and he directs it to the appriate department. Once the artment receives the suggestion y take care of the concern or make gestions as to what can be done. s information is then sent back to se and to the staff member makthe suggestion.

ome important improvements e come from staff ideas, said

gave several examples. The rs between the aisles in Takena ater are too dark. Several people e fallen. A possible solution: aisle ts are being considered.

nother problem was that the wer curtains for handicapped in restrooms didn't offer as much acy as a door. Doors were too rictive for people in wheelchairs a heavier curtain was an alter-

omeone else felt that the stairway ne end of the HO building was not ted at night and could be gerous. The solution: exterior ts will be installed above the rs at the top of the stairway and edges of the steps will be painted. oth White and Boyse said that would like to see more staff nbers participate.



"We may have to take our hats off to Reagan and nibble around the edges, too," if the Russians discard in this poker game of nuclear disar-mament, remarked an optimistic Strobe Talbott, bureau chief for Time magazine, in his speech entitled "Nuclear Disarmament: Stars and Soviets.

Talbott, journalist and author specializing in the Soviet Union, expressed his enthusiasm about the "crucial issue" of Star Wars to 1,000 somewhat pessimistic listeners at LaSells Stewart Center last Thursday.

Reagan holds a very strong hand. It is clear he could persuade the Rus-sians to reduce their weapons by onehalf according to Talbott, because "he has leverage in the form of the SDI (Strategic Defense Initiative) or Star Wars.

"Star Wars is a philosophy, deeply flawed," not a bargaining chip like MERV or the MX, Talbott continued, "everybody sees that except for you know who," he said, meaning Reagan.

And now that SDI stands in the way of nuclear disarmament, Reagan can tell the Russians it is still alive and well, but only in the labs; then arrange terms of agreement with the Soviets

After covering the Reagan-Gorbachev summit in 1985, Talbott noted that they spent five hours alone, "eyeball to eyeball," discussing Star Wars, and they produced an atmosphere of "genuine value" after dropping their guard and exploring the true nature of the meeting.

Talbott admits that the summit was a success and also a "sham and a bust.

Gorbachev struck a blow against SDI but failed, as did Reagan, who hung tough, claiming it to be defensive, yet benign.

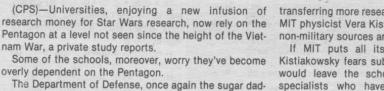
Ultimately Talbott sees the summit as the "ice breaker" because it created a "montent of paradox" when the two super powers faced great danger and great opportunity.

The Soviets still believe in mutual destruction-a balance of terror-and so do many of our own scientists.

"I believe Reagan is the only person who does think SDI will work," Talbott contends.

He went on to say that just because Reagan hung tough on Star Wars doesn't mean he won't accept Soviet terms for the offensive-defensive trade off. The theory is that the U.S. will limit Star Wars (defensive weapons) to lab research, and Russia will cut ICBM (intercontinental ballistic missiles) and nuclear war heads (offensive weapons) by half.

When asked why he thought the originators of SDI, who he said, whispered the idea into Reagan's ear, weren't basing it around extortion and greed, Talbott replied, "I cling to my optimism. Star Wars is the closest thing to a pure Reagan brainstorm we've ever had."



dy of university graduate programs, increased funding for academic research to \$930 million in 1985, compared to \$495 million in 1980, an 89 percent increase, the Council on Economic Priorities reports.

The council traces much of the money to the Strategic Defense Initiative (SDI), the so-called Star Wars program. "We're concerned about SDI research, that it's accelerating a growing dependency on the Pentagon," says

Leslie Gottlieb, spokeswoman for the council. "Half of the federal dollars for math and computer sciences now comes from the Department of Defense,

she says, "as well as 82 percent of astronautical funds and 56 percent of electrical engineering's." The Council on Economic Priorities monitors national security, the environment and corporate social behavior. Its report was the latest in a series the group has issued criticizing SDI.

Receiving the bulk of the Pentagon's favors in 1985 vere Massachusetts Institute of Technology (including its off-campus facility, Lincoln Labs) with \$59,686,000. The University of Texas-Austin received \$5,672,000; Georgia Tech Research Co. (Georgia Institute of Technology's off-campus lab), \$5,586,000; Johns Hopkins University, \$2,894,000; and Stanford Research Labs, \$2,655,000.

MIT-Lincoln Lab's share, comprising 71 percent of all SDI education awards, left it dependent on the Depart-ment of Defense for 59 percent of the school's and lab's combined budget-a total of \$303.5 million, the study

"Here at MIT, plans are already underway toward

but dislike dependancy on Pentagon transferring more research people to SDI programs," says MIT physicist Vera Kistiakowsky. "And at the same time,

non-military sources are decreasing." If MIT puts all its eggs in the Pentagon basket, Kistiakowsky fears subsequent cutbacks in SDI funding would leave the school overstocked with Star Wars specialists who have no conventional programs to research

"It will be like the early seventies, when we had record unemployment among scientists," she says. "I'm not, nor is anyone, saying 'stop all research.' But this massive funding is too much in too-narrow areas. It's distorting the national research balance."

On the other hand, "SDI funds may be our safest bet," Georgia Tech research Bob Cassanova says. "It's my understanding that SDI will be exempt this year (from budget cuts).

Star Wars funding is protected from the first round of the automatic federal budget-balancing cuts mandated by the Gramm-Rudman law. But programs may be vulnerable to the across-the-board cuts in 1987.

Most SDI research at Georgia Tech has been "incrementally funded," Cassanova notes, meaning the Department of Defense can increase, decrease or shift research funds according to its changing needs, thus avoiding long-term commitments to the school.

Despite such uncertainty, Dr. William Rhodes, an electrical engineer at Georgia Tech, says his department already has increased recruiting for SDI-related research. Rhodes conducts research in optical computing for SDI. "I'm sure (federal budget) cuts could affect us," he

says. "We could be overextended fairly easily." Rhodes estimates SDI funding now accounts for five percent of Georgia Tech's electrical engineering budget. At present, cutbacks could eliminate one professorship. But the recent recruiting push may change that, as the school banks on increased optics research during the next few years.





Wash. The regional tournaments run Feb. 21 and 22. The winners are: in backgammon; Rod McGown of Albany, a major in refrigeration, heating and air conditioning; in

women's billiards, Jane Ross; in men's billiards, Ron Swanson; in men's bowling,

Mitch Coleman; and in chess, David Thornton of Albany, a culinary arts major.

Universities welcome Star Wars funds

And The Winners Are... LBCC will sponsor six students to participate in the regional tournaments in Pullman,

Photo by George Petroccion

England tour meeting planned

A preview meeting will be held on campus next Tuesday evening; February 18, to discuss LBCC's 1986 Heritage of England tour. The meeting will be held in the Science-Technology Building, room ST-119, at 7 p.m. Anyone interested in joining this summer's group should plan to attend the meeting.

Registration is now open for this 8th annual travel course, to be conducted from 15 June-3 July. A deposit of \$200 will reserve a place. The total cost of \$2295 includes air fare, hotels with private bath, breakfasts throughout, local transportation in

England, admission fees, and theater tickets to CATS, Starlight Express, and a live Shakespearean performance in Stratford. The 19-day tour emphasizes London, Bath, Stratford, Oxford, and the surrounding areas, and provides a unique educational opportunity for participants. Six college credits are available for those who wish college credit. The tour will be led for the eighth consecutive year by Dr. Dave Perkins of LBCC's

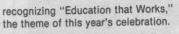
physical science department. Further details may be obtained from Dr. Perkins, ST-103, or from the Albany Center in Takena Hall.

February called community college month

Colleges across the nation are celebrating February as "Community College Month" in response to Presi-dent Ronald Reagan's proclamation and a joint Resolution from Congress.

President Reagan requested all Americans to observe the month with appropriate activities "...to express recognition of the significant contribution these institutions are making to the strength, vitality and prosperity of our Nation."

In Oregon, Governor Victor Atiyeh proclaimed the month of February as "Community College Month" and urged citizens to visit their local community college and join him in



As part of Community College Month, Linn-Benton Community College has invited interested groups to hold their monthly meeting at the college or schedule a speaker through LBCC's Speakers' Service.

Other activities planned during the month of February include LBCC's Loft Theatre presentation of "Absent Friends," February 21, 22, 25, 26, 27, 28 and March 1 and a dinner theatre, "Last of the Red Hot Lovers," February 26, presented by the Alpha-Omega Players of the Repertory Theater of America.

Come in and meet Trina The ACE's Hair Design Phone: 926-7665 Tues.-Sat. 9am-5pm 1860 Grand Praire Rd. SE

GRAD APPLICATION DEADLINES

If you plan on graduating Spring Term 1986 you need to apply by:

> FEBRUARY 14, 1986: If you want a credit evaluation prior to Spring term registration.

APRIL 11, 1986: If you want your name published in the graduation program and newspapers.

Caps and gowns will be available in the Bookstore prior to the graduation ceramony.

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AVOCET USED BOOKSTORE, quality S.F., Lit., non-fict., much more! Buy-sell-trade, Mon.-Sat., 10-6. 614 SW 3rd, Corvallis, 753-4119.

Furniture—Couch, 2 rocking chairs, end tables, bed, dresser, and much more. Almost everything goes...Contact Ron in the pool room from 12-2, MWF.

Cable chains for radials or regular. Never used. \$20 (orig. price \$45) Phone LBCC, ext. 460 MWF, or Eugene 342-7480 T. Th., Sat. Sun. for details of tire sizes which fit.

HELP WANTED

\$ Need Cash? \$500/1,000 stuffing envelopes! Guaranteed! Rush stamped addressed envelope. McManus Enterprises

Box 1458/TC Springfield, OR 97477

WANTED

Typing, \$1.00 page, 928-0530. Student seeks "inexpensive" one bedroom house, cottage or duplex. Must allow pets. References available. Prefer Albany area. Need by Feb. 28. Call 967-7657 after 5 p.m. Sun. thru Thurs.

TABLEAU still needs stories, poems for the March 12 issue. Please place all submissions in the Tableau box, CC 210. Deadline Feb. 21.

PERSONALS

Happy Valentines Day Debbie, Ben, Mark, Stuey and JD whoever you are. (Do I-know you?) Love, Grizelda

MISCELLANEOUS

ENGLAND! Travel this summer with LBCC Heritage of England study tour. Six GS-199 credits available. Learn more by attending preview meeting at 7 p.m. this Tuesday evening, February 18, room ST-119, LBCC campus. Further details from Dr. Dave Perkins in Science-Tech, or Com-munity Education office in Takena Hall. Vitamin Hutch-Mental alertness aids and stimulants. Hours 11-6 Monday through Saturday, 848 Burkhart, Albany

Elsewhere in the News

College faculty jobs are dwindling at a rate matched on by those of postal clerks, a recent Bureau of Labor Statistics study says.

U. Missouri at Kansas City's Adult Extension Program is offering a course in "Advanced Class Cutting," for which registrants are urged to pay \$3 and not show up.

Local child care task force surveys employees' needs

By Rena Hall Staff Writer

A child-care task force has been established in order to conduct a survey concerning area employee's needs regarding child care

The task force was created through the Community Services Consortium to compile, analyze and publish the data which they receive

According to Barbara Bessie of the Corvallis Community Services Consortium, questionnaires have gone out to all major employers in Linn and Benton counties

Bessie said that child care is becoming a national issue for working parents, and industry is being asked on a national level to become involved.

In order to study the issue locally the questionnaire was constructed and dispensed throughout the Willamette Valley. The survey asks questions such as how many children employees have and the age and marital status of the employees

Common problem areas such as dealing with when the children are ill and how their employers react to their missing work due to child-related problems are also addressed.

Bobbie Weber, Parent Education coordinator at LBCC, said the survey will determine how large of a need for assistance there is, and will pool this datainto one report that will tell what is happening in Linn and Benton counties.

According to Weber, by discovering the problem areas for child-care, such as finding care for hours other than 9-5 or having difficulty in getting care in certain regions of the valley, both public and private solutions can be implemented.

Humanities Gallery displays

works by local artists, students

By Lisa Hall Staff Writer

> If you have a few minutes between a class or during your lunch break, take a side trip to LBCC's art gallery and enjoy the collections. You don't have to be a student of Rembrandt to appreciate art.

A series of student projects will be shown in the spring. J. Michael Gatlen, a local watercolor artist, is now showing his work until February 28.

Sarah Otto, a former LBCC graphic art student, is the volunteer gallery coordinator; a job which she has held

for the last two years. She is looking for some out-ofstate artists to exhibit their work

here. "I would like to bring in people who are professional," explained Otto. Currently mostly local people are showing their work, as well as some

students. The exhibits try to cover different mediums. Otto said she arranges for the artist to give a gallery talk about his or her technique and work. These presentations are open to the public

on and off campus. "I want to bring the community into our gallery," said Otto.

In 1982 the gallery lost the funding to hire a coordinator so it had to rely upon volunteers. The LBCC Found tion donated approximately \$1,500 this year towards the gallery

The gallery was established in 1975 and in 1978 it was improved by lighting and layout changes. Wood cases were built by wood technolog, students and plastic cases were in stalled, for the protection of the pieces of art.

"It's a small but intimate gallery, explained Ken Cheney, director of the Arts, Humanities, and Social Science Division. He added that theft has been kept to a minimum, with only two items stolen in 11 years.

The gallery's schedule for spring includes a Regional Juried Show, March 1-21; LBCC Faculty Show, in cluding works by Jay Widmer (po tery) and Rich Bergeman (photography), March 31-April 18 works by LBCC fine art students April 21-May 9; works by Graphic Ar students, May 12-30, and works by photography students during th



Extra Innings By Robert Hood

What goes up must come down. It's an ugly cliche' but it applies very vell to the Linn-Benton women's basketball team.

After defeating Chemeketa 44-39 and capturing a piece of first place in he Northwest Athletic Association of Community Colleges Southern Region standings, the Lady Roadrunners turned around and lost it. lackamas, currently in third place in the standings, upset the Roadruners 69-66 on Saturday. The loss to Clackamas turned Wednesday light's emotional victory into just another win.

"We weren't ready to play mentally," said Roadrunner Head Coach areg Hawk. "We were drained after the win over Chemeketa and we ouldn't get ready for Clackamas."

Hawk gave the team Thursday off to try and recover from Vednesday's victory. Friday's practice was a light workout with no crimmage.

"You can look at the win over Chemeketa a couple of ways," said lawk. "It was a good win but it's hard to regain your emotions for the ext game. Those wins have mixed blessings.'

Unless Chemeketa stumbles against Mt. Hood on Wednesday LB will ave to settle for second place. By winning the league championship chemeketa will earn an automatic berth to the NWAACC Tournament. he Roadrunners will have to win a pair of playoff games to qualify for he tournament field. Dates and places for the playoff games have yet to e announced.

The men hoopsters had any playoff hopes shattered with losses to chemeketa and Clackamas. Despite the losses Roadrunner forward Narence Ingram continued his steady play. Ingram had 21 points and 13 ebounds against Clackamas. Ingram has averaged nearly 20 points and 0 rebounds a game this season-numbers that should earn him allague honors

A new face will be guiding the Roadrunners next season. Head Coach rian Smith resigned last week and hopes to find coaching work Isewhere

"The time was right for me to move on," said Smith, who has coached he Roadrunners to a 19-31 overall record in his two-year stint. "I finished my education at Oregon State so I'm free to look around,"

aid Smith. No announcement has been made as to Smith's successor.

With the end of basketball season and the beginning of good weather e can look toward spring sports. Baseball heads the list, with track a lose second. It will also be a big season in auto racing across the entire tate.

Linn-Benton's baseball team looks to have all the tools necessary for good season. The biggest problems may not be faced on the field but the classroom. Before the talent can get on the field they have to nake grades-a problem the men's basketball team can attest to.

Track has the same situation, some good athletes and possibly a good eason. As long as both teams hit the books, spring sports should be ompetitive



Women ride emotional rollercoaster

Linn-Benton's women's basketball team used its pressing defense and a patient offense to rattle the Chemeketa Chiefs out of sole possession of first place in the Northwest Athletic Association of Community Colleges Southern Region standings last week.

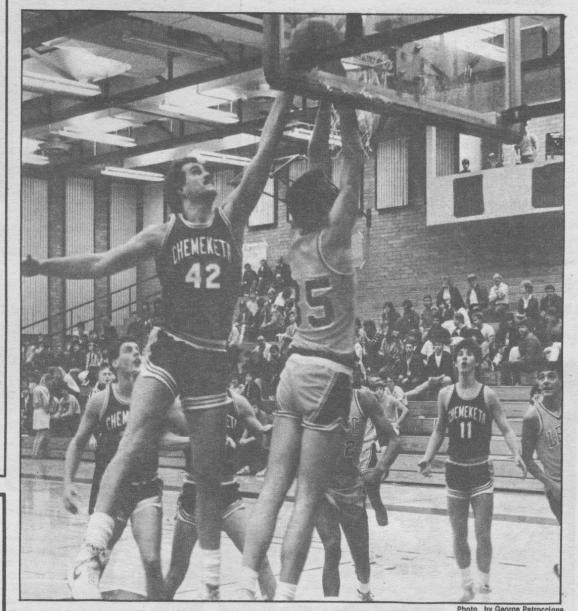
The win left the Roadrunners and Chemeketa tied for the league lead at 9-1, but LB dropped its next game to Clackamas and is now back on second place. If the Roadrunners win their last game and Chemeketa and

Chemeketa drops theirs, the two would finish in a tie for the league championship, and will meet each other on a neutral site for a single playoff game. The winners earn an automatic berth in the NWAACC Tournament Feb. 27-March 1 at Yakima, Wash.

The fans played a big role in the win by frustrating and intimidating Chemeketa; causing the Chiefs 24 turnovers. "They were the best sixth man we could've asked for," said

Coach Greg Hawk. Despite the crowd, Jamie Moberg, the game's leading scorer with 12 points and 6 boards, kept the pace sky high for the Roadrunners. They never looked back, taking a 19-18 first half lead.

"If it comes down to us two again for the championship, no matter where its going to be held, I'll find some way to get our fans there," said Hawk. "If we have to rent a couple of Greyhound buses, that's what we'll do.



Chemeketa's Bryan Buckwalter fouls Roadrunner Dave Gillott, as Gillott goes to

the basket in last week's game between the two rivals.

Men work toward up-beat finish

By Robert Hood Sports Editor

Playing out the string has become a long process for the men's basketball team, but it is finally reaching an end

This week marks the end of a disappointing season as the Roadrunners battle Lane and Portland. LB will take to the road to face the second-place Titans tonight, and will finish the season at home, Saturday, against Portland.

The Roadrunners were blown out in their first league meeting with Lane. The Titans elected to sit their starters because of discipline reasons. Lane's second string promptly opened up a 16-point lead which the Roadrunners never recovered from.

'They have a lot of talent," said LB Head Coach Brian Smith, after view-ing Lane. "It would be nice for our team to upset a team like Lane.

ward, could make first team all-league with two good games this week. Ingram is averaging 20 points a game and 10 rebounds. Despite his good season Ingram will leave LB after this season.

"I want to go to school in California," said Ingram, who has been heavily recruited by several California schools.

"I might be able to play guard somewhere," said Ingram. "There isn't a lot I can do as a 6-foot-3 power forward."

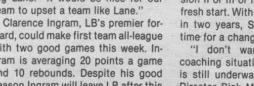
Ingram isn't the only one leaving-Smith handed in his letter of resignation last week. Smith will look toward a bigger school, possibly division II or III or maybe NAIA, to get a fresh start. With a 19-31 overall record in two years, Smith decided it was

coaching situation while the season is still underway," said LB Athletic Director Dick McClain. "As soon as the season's finished we'll begin the process of finding a new coach.

One name sure to pop up in the search is that of assistant coach Al Wellman. Wellman has been involved with the program for two seasons and is familiar with the league.

"Everyone would enjoy playing under Coach Wellman," said center Nick Klungel, who has talked about returning next season.

time for a change. "I don't want to go into the



Focus On:

Greg Hawk

By Robert Hood Sports Editor

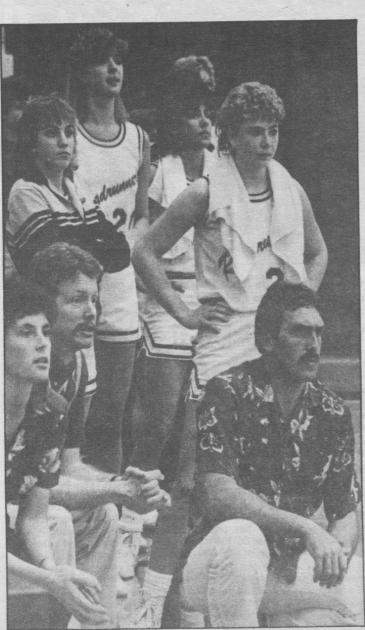
Linn-Benton instructor Greg Hawk takes life at one speed -- full speed. Besides teaching physical education and health Hawk is busy coaching women's basketball in the winter and men's baseball in the spring.

"Life's too short to go half-speed," said Hawk, reflecting on his day-to-day existence. "You have to go full speed all the time."

Hawk coached high school baseball for three seasons before moving into the college ranks. He was an assistant coach at Eastern Washington for a year before taking over for Dave Dangler at LB in 1984.

"Attitude is important in sports as well as everyday life," he said. "If you have a good attitude you'll have better success at whatever you do."

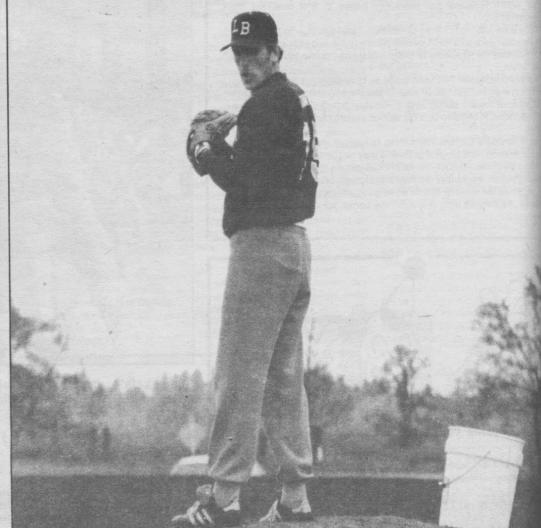
Hawk knows about success. In his two seasons at the helm of the women's basketball team Hawk has never finished lower than 10-2 in league. He is 9-2 going into tonight's game against Lane.











Greg Hawk isn't the kind of coach who sits uninvolved on the sidelines. During the basketball season he can get emotionally wrapped up in the ups and downs of the game as he coaches his women's team, as evidenced by these photos taken during the Roadrunner's last home game this year by Commuter Photo Editor George Petroccione. In the spring, Hawk turns to baseball, where he pitches in during practices to help his team sharpen their batting skills for the upcoming season.