

FIGHTING FOR THE CAUSE

Albany's Victory Gym raises over \$3,525 with boxing event to fight drug and alcohol abuse ▶ Pg. 9

A WORLD OF EXPERIENCE

LB students share their personal stories about their cultures and coming to the U.S. ▶ Pg. 6-7



www.linnbenton.edu/Commuter

The Commuter

a weekly student publication

Wednesday, November 19, 2003

Linn-Benton Community College, Albany, Oregon

Volume 35 No. 7

Donations sought for LBCC families in Iraq

Julian Fields
The Commuter

The Classified Association's Social Committee is putting together a military care package for family members of LBCC employees currently serving in Iraq.

There are currently five soldiers stationed in Iraq and one member of the faculty training to depart. Andrew Washington, son of Michael Washington, a custodian at LBCC; Jed Ayers, son of Red Ayers, an instructional assistant for the welding program; Steve Folts, son of Pam Folts, a speech instructor and stepson to Hal Eastburn, a music instructor; Makao Santos, son of Elaine McDougal, who works in purchasing at LBCC; Matt Bledsoe, son of Patrice Wright, box office coordinator; and Lewis Franklin, a faculty member in the Graphic Arts department who is a National Guard officer currently train-

ing in Texas.

The program has been running since Oct. 27 and ends Dec. 12. Located in the Arts and Communication department is a long list of items that people are encouraged to donate.

Most toiletries are accepted, however, aerosol shaving cream is not. Comfort items such as sunglasses, lip balm or headache medicine are fine.

General supplies, such as batteries or phone cards are also accepted. PowerBars, jerky, powdered drinks, hard candies and other foods are all okay to donate.

Perishable items or foods that can melt will not be sent to the troops.

The package will be sent out the week of Dec. 15 and take six to eight weeks to reach the troops, so take into consideration what foods you are sending.

Further information is available from Arts and Communications Secretary Tammi Wright.



photo by Jeremy Hennig

Secretary Tammi Wright helps organize a gift drive for members of LB's staff and their families who are serving in Iraq.



photo by Jeremy Hennig

Joe and Matilda Novak stand outside their restaurant, now located across from the Heritage Mall. The Novaks will again host a free Thanksgiving dinner this year, and will be able to fit in more diners in their larger building.

Free Thanksgiving celebration given by LB Board member

Becky Kendall
The Commuter

For those who are facing the prospect of a solitary Thanksgiving, Novak's Hungarian Paprikas Restaurant is opening its doors once again to offer free food and company.

LBCC Board member

Joe Novak, owner of the restaurant, has been providing free food on Thanksgiving for 18 years now.

"We are very excited to do it," said Novak, referring to his wife, Matilda Novak and himself.

The doors will open at noon on Thanksgiving Day and food will be served until 2 p.m.

"It will be a typical, all-American dinner and anyone is welcome to come," Novak stated. "But by 2 o'clock the food will be gone, so come early." Novak's Hungarian Restaurant is located at 2306 Heritage Way S.E. across from Heritage Mall, a new location from last year.

Novak addressed the expense of the annual meal by saying, "How can I afford not to? God's been good to us and so we give back."

"How can I afford not to? God's been good to us and so we give back."

▶ Joe Novak

Student loan burden can be cut by volunteering

Adam Peoples
The Commuter

As rising tuition forces more and more students to go deeper into debt to pay for college, various strategies to reduce or eliminate loan repayments are gaining in popularity.

At LBCC, the average student loan for fall term, as of Nov. 17, was \$2,093. By the time they finish a two-year or four-year degree, most students will be faced with thousands of dollars in loans to repay.

But there are ways to beat the system. Students looking to reduce their debt after graduation can get help under certain programs sponsored by the federal government.

According to an online guide to financial aid, FinAid.com, the U.S. Department of Education will cancel all or part of a loan if certain requirements are met. Known as "loan forgiveness," this practice can reduce the students' debt.

"It would encourage more people to get involved," said Chelsea Schumacher, a student at LBCC.

Volunteer work, military service and teaching in certain communities are among the options to pursue loan forgiveness. Additionally, legal and medical services can earn students economic relief.

Specific programs can also set their own criteria. For example, Michael Murphy loan recipients study-

ing law enforcement, law, penology, probation and parole can work off their loan at one-fifth per year serving as an Alaska State Trooper.

Volunteering is the most accessible option for students. AmeriCorps awards \$4,725 to paying off loans for full-time service. Students may also choose to do part-time volunteer work, though the loan payment rewards are lower. AmeriCorps is a national network of over 50,000 members who work in social and environmental services. For information

on what loans are eligible for award, students may visit AmeriCorps.org, or call (800) 942-2677.

The Peace Corps also offers a variety of benefits to student volunteers. Each year of service in the Peace Corps can earn a 15 per-

cent reduction of the outstanding balance on a Perkins loan, accumulating up to 70 percent of a loan. Stafford loans, as well as direct loans and consolidation loans, can be deferred, though the process can be discouraging.

"Because the rules that authorize deferment are complicated and subject to change, it is best to talk to a Peace Corps recruiter about how this benefit applies to your situation," states the Peace Corps website.

The Peace Corps' regional recruiting center spokesman, Jim Aguirre, reminds students that financial aid should not be the sole purpose for choosing to volun-

▶ Turn to "Loans" on Pg. 4

"If you're interested in serving other people overseas, there's a huge amount to be gained by joining."

▶ Jim Aguirre

WEATHER THROUGH THE WEEKEND

SOURCE: WWW.WEATHER.COM



Opinion.....	2
Campus/Local News...	3-5
In Focus.....	6-7
Sports.....	8-9
National News.....	10
A & E.....	11-12

INDEX

The
Commuter

Opinion Editor: Erica Hennig
 Editor-in-Chief: Michelle Bertalot
 Telephone: 917-4451

OPINION

Send letters to The Commuter:
 Turn into Forum 222. Please sign them and
 keep them at 250 words or less



Abortion: A woman's choice also affects father and children

Erica Hennig
 The Commuter

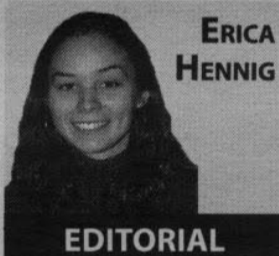
Abortion means death. Whether you are "pro-life" or "pro-choice," the difficult reality is that a new life has disappeared with only a moment's chance in this world. I'm sure it would be hard for either side of the debate to see what happens in an abortionist's clinic.

Women who have miscarried are likely to have feelings of emotional numbness, fear, shame, rage, loss, grief and sadness. Mothers are helped in the grieving process by naming their child and recognizing their dreams and wishes for the child. Women who have abortions and then realize it was a mistake will often go through this same grieving process.

Women often go about equal rights all wrong. Feminism has come to be thought of as a ridiculous, dirty word due to radical demonstrations, rather than thought-provoking arguments. I make my own decisions about human rights, and many times they are not at all what the majority of people think women want. I don't think of abortion as a right—only as killing and death.

While I know that abortions are done for a variety of reasons, I feel it is morally wrong. At the same time, we're not the ones to judge women who have abortions, after making it legal and in all stages of pregnancy. I know several women who have had abortions. While I feel that it is wrong to knowingly kill a human life, especially one's own child, I also don't take it upon myself to call them a murderer, as many pro-lifers choose to do. I can only say that it's wrong.

In this "civilized" society, we tell people "Killing is OK, but just do it before they are born." We have decided not to give rights to all humans, only those lucky enough to make it to term and that the family or society deems OK. At the same time we give this supposed right, there are many myths about abortion, protracted by radical pro-choicers, clinic workers and referral agencies that the public should be aware of. Teenagers may be urged to have an abortion by the boyfriend or even forced by their parents. Others get abortions out of fear for what people will think at



"By abortion, the mother does not learn to love, but kills even her own child to solve her problems. And, by abortion, the father is told that he does not have to take any responsibility at all for the child."

▶ Mother Teresa

school, afraid of the ridicule that they will receive being a young mother. Counselors at school or referral centers may lie, saying the baby is not very developed or that it is just a blob of tissue. Many pro-lifers have also committed atrocities: Bombing clinics, thus killing both mother and child in ironic, radical demonstration.

Pregnancy is brought about by two people, but we still call abortion a "women's issue." This just makes matters worse for women, as we place all the blame on them. Mother Teresa argued that abortion does not teach love, but to avoid giving the unconditional and heart-wrenching love it takes to raise a child.

She wrote, "By abortion, the mother does not learn to love, but kills even her own child to solve her problems. And, by abortion, the father is told that he does not have to take any responsibility at all for the child he has brought into this world. That father is likely to put other women into the same trouble. So abortion just leads to more abortion. Any country that accepts abortion is not teaching its people to love, but to use any violence to get what they want. This is why the greatest destroyer of love and peace is abortion."

Most abortions happen in the first trimester, when the fetus is developing the fastest, so that near the end of this period it is very much taking shape and nothing like a "blob." At four weeks, the fetus has arms and legs beginning to show. By 10 weeks, he is about an inch long, with arms, legs, fingers and toes that he uses to kick, wave and generally move around in the womb, though the mother won't feel it at this stage.

Abortion methodology is also in the news. RU 486 is referred to as "the morning-after pill," or what people commonly think of as "emergency contraception,"

but it is in fact an abortifacient. Its makers spout, "It's what women have wanted for years: A safe and effective way to end pregnancy." I haven't wanted it!

Mifepristone was approved in the U.S. in late 2000, but recent deaths attributed to the pill have called this decision into question. News of women dying days after taking the drug have caused Rep. Jim DeMint, S.C. and others to call for an investigation into whether the FDA followed proper procedures in its approval of the drug. I hope that women and their partners will think twice before using this drug or any other abortion procedure. I have to agree with DeMint though. What a farce that RU 486 is called "safe and effective," when it is designed to kill.

COMMENTARY

Taking in nature nurtures your soul

Mike Johnston
 The Commuter

In today's America, people are finding themselves bogged down by deadlines, paychecks and paper work. Inhabitants of this society suffer headaches, backaches and all sorts of mental illnesses. When someone looks for an escape, they choose alcohol or medications.

But, there is one simple cure that goes overlooked. If anyone is feeling like society is pressing down on them harder and harder, they should merely take a break. It may not seem possible to just up and take a break from life, but it can be done.

Nature has proven to me that it is the ultimate healer. Not only can it constantly regenerate itself, but it also has the power to regenerate the people of the Earth's energy. Nature already gives us most of our resources and we take them greedily, but she has one resource that can never be depleted.

That resource is her spirit.

A walk through a forest can, and often does, replenish a stressed out soul. When someone breathes in clean air, drinks pure water and takes in beautiful images, their lives can be changed. Saturating one's life with these purities will bring a benefit better than any medication made by man.

Seeing nature doesn't have to involve taking your paid vacation or a journey miles from home. Nature is everywhere in our lives. We should make time to watch the birds as we look out the window of our office cell; we should appreciate a flower without having to pick it.

We are not as far from nature as we might think. In reality, we are a strange part of nature. I believe that our dysfunction with nature comes not just from our greed, but from our ignorance.

If we knew how interconnected we are and how important we can be, how could we bear to damage the source of our being?

Next time you start finding it impossible to live in our society, stop. Don't live in our society. Instead, live in our biosphere, live on our planet. Our society should come secondary after our home. Never forget where we came from.

It could save your sanity to drop your keys and take a walk now and then.

The Commuter STAFF

www.linnbenton.edu/commuter

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Editor-in-Chief: Michelle Bertalot

Managing Editor: Adam Peoples

Copy/Opinion Editor: Erica Hennig

Arts & Entertainment Editor: Peggy Isaacs

Sports Editor: Jacob Espinoza

Contributing Editor: Mike Johnston

Photo Editor: Jeremy Hennig

Photo Assistants: Bonnie Quinones, Scott McClure, Lewis Forquer

Advertising Manager: Skyler Reed Corbett

Advertising Assistants: Melissa Friend, Brent VonCannon

Online Editor: Laurent Bonczijk

Production Coordinator: Aaron Kiersky

Reporters: Mariah Thompson, Mischa Brittin, Brian Finley, Rebecca Kendall, Carissa Marshall, Brent VonCannon, Josey Bunnell, Julian Fields, Brandon Dixon, Abe Choate

Production Crew: Nathan Roose, Justin Sitton

Advisor: Rich Bergeman

Phone: (541) 917-4450, 4451, 4452 or 4453

Fax: (541) 917-4454

Address: 6500 S.W. Pacific Blvd., Albany, OR 97321

Campus Office: Forum Room 222

commuter@linnbenton.edu

Editor-In-Chief: Michelle Bertalot
Newsroom Desk: 917-4451
 commuter@linnbenton.edu

CAMPUS NEWS

News about Linn-Benton Community College, including the administration, faculty and students on campus

Salmon dinner promotes culture, community sharing

Brian L. Campbell
 The Commuter

The Multicultural Center invites expects a record turnout for its fourth annual Native American salmon dinner Friday, Nov. 21, in the College Center.

The dinner will be held from 6 to 9 p.m.

The deadline for reservations is past and Multicultural Center Coordinator Susan Prock said that with 300 people already signed up "chances of getting in don't look good."

The purpose of the dinner is to welcome Native Americans to the community, and to share

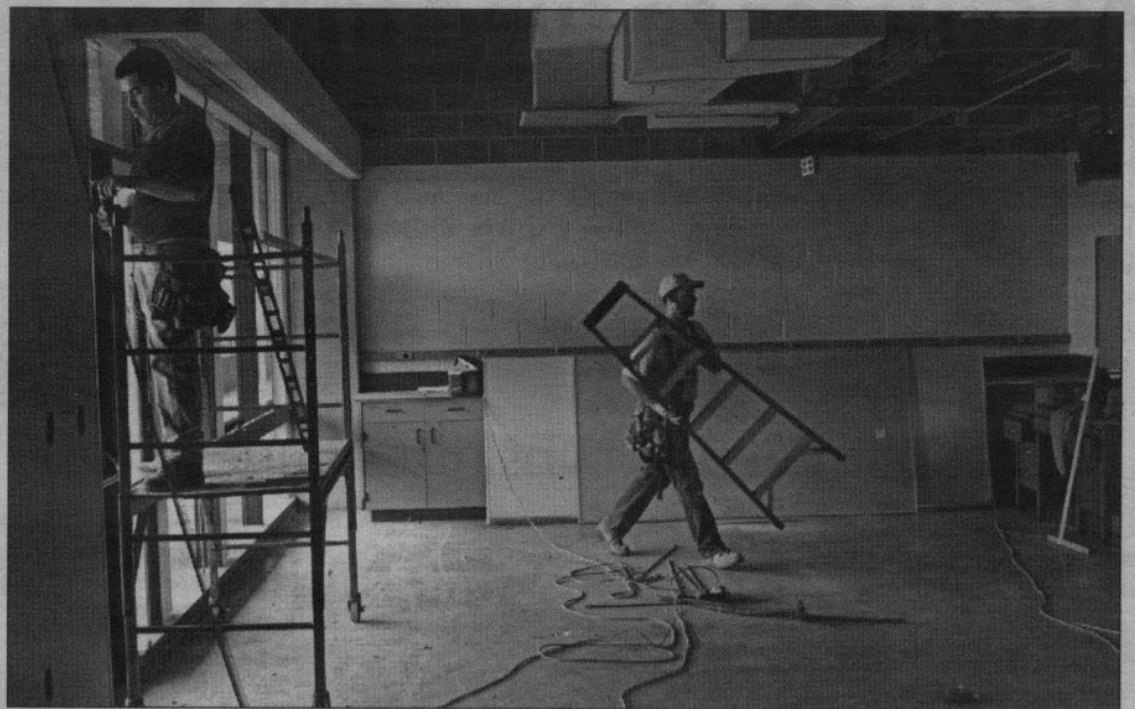
information about Native American culture.

The dinner is offered free for students and their families, but a \$5 donation is suggested for all others.

After the dinner, Singing Bones and Friends will be sharing their culture and a friendship dance with the attendees.

"They will be serving salmon and fried bread, the other side dishes are a surprise," commented Prock.

The first dinner offered four years ago attracted 50 people, the second one in 2001 brought in 75, and last year 250 people attended.



Out With the Old

photo by Jeremy Hennig

Miguel Perey and Paul Hazelton of Haas Construction in Eugene get the old Electronics Lab ready for its new occupants. The drafting Engineering Program, which plans to move in next term. The Electronics Program was eliminated in budget cuts last year and the Drafting Program needs more space.

ASG organizing parking spot drawing to raise scholarship funds

Mike Johnston
 The Commuter

The Associated Student Government (ASG) has started to put together plans for a fundraising drawing that could give five lucky winners their own private parking space where they want it on campus.

If the plans go through as planned, the drawing should be held sometime during the next term.

"Our plans are really in the rough draft stages right now," ASG President Oren Hawksford commented. "The proceeds will go to a scholarship fund for students. We feel that it's a great cause."

The ASG has the go ahead to draw up plans and scoping out ideas to see how the drawing will

work best. After their plan is constructed, they will take the plans to the board that deals with parking.

"It's not a for sure thing, but it is definitely off the ground," commented Hawksford. "We hope that it goes through. We feel that it is a good thing because I am sure anyone would want a front spot reserved for them and the money would go to help Linn-Benton students."

Hawksford hopes that if the drawing takes place next term, it will become a permanent fundraising device and be used in the future.

"We would like some input on this idea or any questions. We would greatly appreciate the help," Hawksford asserted. If anyone wishes to ask questions or give any ideas they should stop by or call the ASG office and leave a message or ask to talk to an ASG representative.

33rd Annual Children's Winter Festival to be held in December

Mischa Brittin
 The Commuter

The 33rd annual Children's Winter Festival may not be until December, but Student Life & Leadership is already looking for volunteers to help stage the upcoming event.

Every year SL&L organizes scores of volunteers, mostly students, to put on a multi-faceted celebration for children aged 12 and under.

This year's celebration will be held on Saturday afternoon, Dec. 6, and will include a number of activities.

There will be Irish dancers,

cookie decorating, international holiday games and, of course, pictures with Santa.

All of these activities will be free to children. There is one exception, however, pictures with Santa will cost \$1.

SL&L is searching for volunteers to lead the children in the cookie decorating event and other activities. Some of the activities include helping parents and kids find their way around campus during the day of the event.

Interested students can sign-up on a sheet in the Student Life & Leadership Office located in the Student Union.

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Newsroom Desk: 917-4451
 commuter@ml.linnbenton.edu

CAMPUS NEWS

News about Linn-Benton Community College, including the administration, faculty and students on campus

ASG votes to fund three Thanksgiving baskets

Josey Bunnell
 The Commuter

LBCC Associated Student Government's weekly meeting on Nov. 12 voted unanimously to donate \$300 to build three food baskets for the Thanksgiving food drive.

The ASG members plan to go shopping on Nov. 19 to purchase all the non-

perishable foods and certificates for perishable items that are needed.

The baskets will include things people would need to feed four people. The baskets will be distributed through the annual food drive.

In other action at last week's meeting, an invitation from Chemeketa Community College to participate in their college bowl tournament did not pass. The ASG

declined the offer due to the short notice and LBCC not currently having a club. Students who are interested in forming a club can contact Student Life and Leadership located in the Student Union for more details.

Old business that was touched on briefly by representative David Villeneuve was a progressive film series every Monday during February on cam-

pus. Each film will be followed by a discussion led by Rensch Community group in Corvallis.

Also, the "President's Social," in which students can meet the new president of LBCC, Dr. Rita Cavin, is currently set for Jan. 26 in the Multicultural Center. This event will be a time for students and faculty to address concerns, questions and comments.

Loans: Volunteering subsidizes huge college loan debts for outgoing students

▲ From Pg. 1

teer. "If loan forgiveness is your only reason, (Peace Corps) is not a good option," stated Aguirre. He adds, "If you're interested in serving other people overseas, there's a huge amount to be gained by joining."

Oregon State University's Peace Corps Campus Representative, Mike Roman, can be contacted at (541) 737-0525. Roman was an education volunteer in Kiribati, and is available to discuss options for students interested in volunteering.

Service in the Army National Guard may make students eligible for up to \$10,000 of loan repayment. Through the U.S. Armed Forces Student Loan Repayment Program, qualified applicants can pay off their loans while serving their country in a military branch. Students should contact their local chapter of the Army National

Guard to see if the military path to loan forgiveness is right for them.

Taking the social service route, full-time teachers serving in communities with low-income families may receive partial reduction of their Perkins loan. "(The National Defense Education Act) forgives 15 percent of your loan for the first and

second years of teaching service, 20 percent for the third and fourth, and 30 percent for the fifth," states FinAid.com.

Serving the community through public interests and non-profit positions is yet another option for students. According to the site, physicians practicing in "areas that lack adequate medical care" may be

eligible for academic assistance from the National Health Service Corps.

LBCC students interested in pursuing loan forgiveness options are encouraged to speak with a counselor.

Additionally, the Internet hosts a vast amount of resources on loan forgiveness, dealing with eligibility, requirements and

general information. While the immediate rewards may seem enticing, potential applicants need to remember these are serious endeavors.

The Financial Aid Office reported that \$165,991 in Perkins loans had been issued to 204 students; 462 Stafford and Parent Plus loans were processed, totalling \$1,228,471.05.

CAMPUS SHORTS

Peer-to-peer student success workshop

Today at 12 p.m. in Forum 113, five students with different levels of knowledge and experience at LBCC will be speaking to other students about their time at the college. The goal, according to Student Ambassador Stefanie Hessenkemper, is to reach out to students who feel lost or who are having a tough time making it at college, offer advice, inspiration and referral peer to peer. Snacks and prizes will be available.

"Turkey Trot" today

LBCC's annual "Turkey Trot" will take place today at noon on the LBCC track, as weather permits. If weather is bad, it will take place in the courtyard of the main campus. There is no need to form a team and there will be door prizes and raffle tickets for each five laps completed. The event was discontinued by Student Life & Leadership, but the Independent Association of Classified Employees and the Seaside Wellness Team will be co-sponsoring the event, as well as the Spring Fun Run on main campus in the future. All staff, faculty and students are invited to participate.

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LOCAL NEWS

News on happenings around the county including Albany, Corvallis, Lebanon, Philomath, Sweet Home and Tangent



photo by Scott McClure

Volunteers Joyce Dart, Janine LaFrench and Jim McDaniel serve up meals at the Lebanon Soup Kitchen at the First Christian Church on Monday. The Lebanon Soup Kitchen plans its traditional Thanksgiving meal next Wednesday from 5 to 6 p.m., which is the same day and time the St. Mary's Soup Kitchen in Albany will offer its Thanksgiving dinner. In Corvallis, the Stone Soup Kitchen is assisting the Big River Restaurant, which is expecting about 200 people for its Thanksgiving Day meal.

Free Thanksgiving dinner at Big River Restaurant

Brian Finley
The Commuter

Stone Soup Community Kitchen serves anyone in need of food assistance. An average of 50 to 70 people per night at various churches around the community.

Although Stone Soup has served Thanksgiving meals in the past, they are doing things differently this year.

Sister Kathy Carr, the social Ministry Coordinator for St. Mary's Church, explained that due to the success of the Big River Restaurant, they will not have a meal on Thanksgiving, but rather they will have a family dinner on Nov. 20 from 5:30 to 6:30 p.m.

The dinner will include a full meal and entertainment for children.

"This holiday season, we are trying to reach out to families to come on a regular basis. We know there are a lot of families in our communities who need food," explains Sister Carr. With Stone Soup not having a meal, Big River is prepared for 200 people. This year, a bus has been donated by Laidlaw, though the bus stop sites have not been finalized.

Those who want to donate food or money to Big River, may call Jan Bieliman at 757-0694. However, the kitchen does not need volunteers at this time.

For more information call Ron Wilson at 758-1227.

STONE SOUP MEALS

- Mondays and Thursdays at St. Mary's Church at 5:30 p.m.
- Wednesdays and Fridays at St. Mary's Church at noon
- Tuesdays at the First Christian Church at 5:30 p.m.
- Fridays Central Park at 2:15 p.m.

Free seminar will explore pros and cons of low-carb diets

Mike Johnston
The Commuter

An hour-long seminar about low-carbohydrate diets will be held by the Seaside Team, a committee on wellness, Nov. 21 at noon in the Fireside Room.

The speaker, Carol Walsh, MS, registered dietician from the Corvallis Clinic, will talk about the pros and cons of such a diet. Pam Dunn, chair of the Department of Family Connections says, "(Walsh) will give us a balanced approach to low-carb diets. She will talk about both the positive effects and the negative effects of Atkins-like diets."

The Atkins Nutritional Approach takes a somewhat new approach to weight loss. People on the diet are allowed to eat larger quantities of nutrient-rich food as long as they avoid food that contains carbohydrates, such as high-sugar foods, breads, pasta, cereal and starchy vegetables. Meats, nuts and many fruits support a low-carb diet.

This approach to weight loss works by allowing your body to feed off of its own stored fat. The fat cells in your body store in carbohydrates. When these carbohydrates are not being added,

the body chooses its own fat cells as its new source of carbs. Fat in the body is thus used more quickly than with most diets

New kinds of low-carb foods have been popping up to fit this diet. Ice creams, breads, noodles, tortillas and other usually high-carb foods are being introduced with lower carbs. Some grocery stores have opened sections where such food can be found, and new food stores specializing in low-carb foods have opened recently. Some restaurants are also adding low-carb meals to their menus.

Not only does the diet help people thin up, it also reduces the risk of Type II diabetes, which comes from the body's overproduction of insulin. "The Type II Diabetes Diet Book" by Robert E. Kowalski says eating too many carbohydrates compels the body to create excess insulin, thereby

creating risk for diabetes.

Many critics complain that the low-carb diet is unbalanced and therefore unhealthy. They feel that many of the important vitamins that are essential to a healthy body are missing.

Another problem with these diets is low-level depression. The insulin that is created by carbohydrates affects the levels of serotonin, the most important neurotransmitter in the brain. Without this neurotransmitter the brain functions incorrectly, leading to sadness and other unpleasant emotions. This is one reason that dieting can fail—people on diets begin to eat more in order to please the brain with food that will give them more serotonin, leading to weight gain.

Kowalski insists that the drug Trazodone, which increases the amount of serotonin, be taken while by those on low-carb di-

ets. It may seem radical to use an antidepressant in order to lose weight, but the amounts taken are much smaller than the amount used for those who have severe clinical depression. Kowalski believes that on a diet only 25 to 50 milligrams are necessary, while people using it for clinical depression would usually take about 400 to 600 milligrams.

Still other people think that this diet may be bad for the heart. Eating large amounts of meat products, which is almost essential to having low carbohydrates, can lead to high blood pressure and heart diseases. But, lessening the fat in the human body will, in turn, help lower blood pressure and help the

heart. So, some physicians assert that a balance must be met. Walsh will be addressing similar issues in her seminar.

Family Connections and the Seaside Team work together to bring awareness about wellness issues to LBCC. They put on about five seminars a year having to do with health and fitness issues.

"We call these meetings brown bag seminars. People who wish to attend can bring lunch and listen to the speaker as they eat," says Dunn.

Students, staff and guests are welcome to attend the lecture or others in the future. Soup and rolls will be provided at the low-carb diet seminar.

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INFO

LIFE ABROAD IN AMERICA

International students bring unique perspectives to LBCC. By presenting both our differences and similarities, they can help to understand world relations. We introduce five students from all over the globe who have settled in our community. They bring stories and photographs of the lives left behind.

LAURENT BONCZIK - BELGIUM

Hi, I am a 24-year-old Belgian. I moved to Oregon about three years ago. Why Oregon? Because I was an exchange student in Winston, Douglas County and loved it so much that I wanted to come back.

I have traveled extensively and plan on doing more of it in my lifetime. So far I have been to France, Great Britain, Ireland, the Netherlands, Germany, Austria, Italy, Greece (Crete and Rhodes), Kuwait, Iraq, all the Western States (Washington, California, Idaho, Wyoming, Mon-

tana, Arizona, Colorado, New Mexico, Utah) as well as Virginia, New York City and Florida.

I moved to Corvallis last year, after spending the best part of two years in Winston, Ore.

I will be graduating in June with an Associate of Arts Oregon Transfer in Journalism if I don't have to spend another spring break in the Middle East.

Although I don't know yet where I will earn my bachelor's degree, I would like to attend Berkeley or NYU (I am accepting donations by the way.)

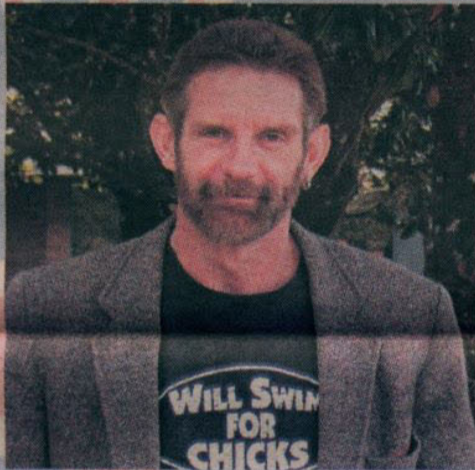
To pay for school I work as a school bus driver in

Corvallis and fulfill a six year's obligation in the U.S. Marine Corps Reserve in Portland.

I like the geography and scenery of Oregon, although as I look out my window on this early Sunday afternoon I kind of wish it would be a little drier. I really like the flexibility of the higher education and being able to pick most of my classes.

I miss my parents and friends the most, with the beer and food coming in a close second. I try to go back to Europe every year and each time I have brought back as much beer as my carry-on luggage would allow.

MARK WILKINSON NEW ZEALAND



Mark "Beach Bum" Wilkinson is a 45-year-old New Zealander, who first moved to the U.S. in 1978 to go surfing in Hawaii. He stayed in Hawaii for about seven years and then returned to New Zealand. Wilkinson then moved to Oregon in 1994 because his ex-wife wanted to be closer to her family. He currently lives in Albany.

"I am addicted to surf," said Wilkinson. Growing up in New Zealand, he used to skip school when weather was good for surfing. "My high school was only two miles away from a great surf beach," he said.

By encouraging his daughter to attend college after high school, Wilkinson "realized that I liked it for myself," and started at LBCC.

Wilkinson isn't homesick, but at times he misses New Zealand. Wilkinson states life there has a slower, more posed pace, and people drive on the left side of the road.

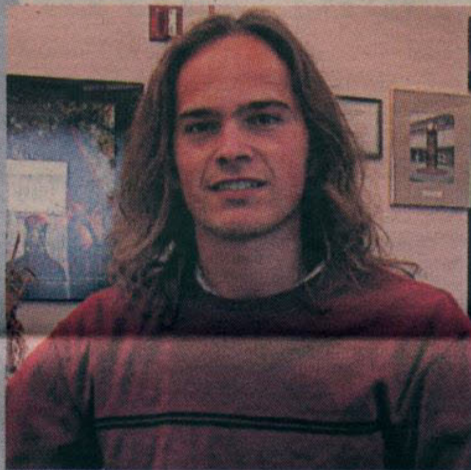
When asked what he would miss from the U.S., he said, "The women, the culture, and the Constitution."

As one can imagine, his passion for surfing developed when he was young. He followed the "endless summer," hopping from one island to another in the Pacific Ocean so he would never be cold or stop surfing.

Wilkinson's travels, to surf, have taken him to Australia, Fiji, Indonesia, Singapore, Bali (where he lived for three months), Tahiti, Mexico and Canada. "I still want to go to Europe," he said.

Wilkinson plans on graduating from LBCC next summer.

PETR HORAK CZECH REPUBLIC



Petr Horak is 22 and from the Czech Republic. Two years ago, he came to visit an old family friend for three months. In Czechia he had started studying "machine engineering," but failed because the education system of the republic forced him to go into manual labor.

When Horak returned to Europe he applied for a student visa for the United States. "The reason why I stayed here," Horak commented, "is because I was surrounded by very nice people." He met his host family, across the street from family friends, through their seven-year-old twins.

Horak misses his family and friends: In the Czech Republic it is customary for families to stay together. One of his brothers lives only seven miles away from the family home and the other still lives in the family home. His most horrible moment ever, he recalls, "was to spend last Christmas away from family."

He received his English as Second Language Certificate last March, but is undecided about his major, which may be philosophy or counseling.

When asked to compare the United States to the Czech Republic, Horak explained that "family support is greater in the Czech Republic."

Horak has traveled to California a few times since coming to the U.S. and really enjoyed it. He has also traveled to Germany, Poland, Slovakia and Austria.

YU-PING HUNG TAIWAN



"The United States is a better environment to live and get a higher education," said 21-year-old Yu-Ping Hung. She is a sophomore at LB from Taiwan, whose parents applied for her visa. When she turned 18, her parents told her that she would be going to college in the United States instead of Taiwan.

Hung had planned on coming to the U.S. to earn her master's degree or Ph.D., but never to get her bachelor's degree. She is a business major and plans on attending OSU after she graduates from LBCC.

Three years ago, Hung moved in with her aunt, a longtime Corvallis resident. Even though she lives with a family relative, she says that she misses her family and friends. However, she returns to Taiwan once a year.

"I am homesick sometimes and I miss my friends, the food and my parents," she said, "But not in that order," she added.

Hung said that if she had to leave she would miss the geography of Oregon. She also enjoys the fact that "people smile to strangers here."

Some things about the U.S. have shocked her though. She thinks that there are too many sexual topics, even in the classroom and that what some people discuss openly with classmates should be kept private.

She has traveled a little on the West Coast, visiting California and Washington before moving to Oregon. Hung feels accepted by the local community and keeps learning about the U.S. Recently, she rode a horse for the first time and admitted that "It's easier than to ride a buffalo."

ROSESHARON BADIDI NIGERIA



Rosesharon Badidi is a 22-year-old young woman from Nigeria. She and her family moved to Corvallis three years ago. Until she moved she was living in the city of Binin in the state of Edo. She is the eldest and shortest of four. "I am not really that short, I am five feet five inches," she is quick to add.

Even though the Nursing major keeps in touch with her friends via e-mail, she regrets not being able to go back to Nigeria to visit them, due to the price of the plane tickets. "I miss everything about Nigeria," she says.

Her dad, a former school inspector in Nigeria is now an LBCC student, too. Her mom, who worked for 18 years as a Bible Studies and Economics teacher now works as a certified nursing assistant.

Even though Badidi is terribly homesick, she says that she likes the better education. "There are lots of strikes and school closures in Nigeria," she says. Sometimes schools are closed for months at a time and you do not know when it will reopen, Badidi explains.

When asked what she disliked most about coming to America she said, "People ask dumb questions." "They want to know if I have ever seen a lion, when I lived a bigger city than Portland." People are also surprised to learn that English is the official language of Nigeria.

The young woman admits that before she came to Oregon her favorite sport was soccer, but since then she has fallen for basketball.

FOCUS

Expanded feature on selected topics, relating to student life and local issues.



YU-PING HUNG AND FRIENDS STRIKE A POSE



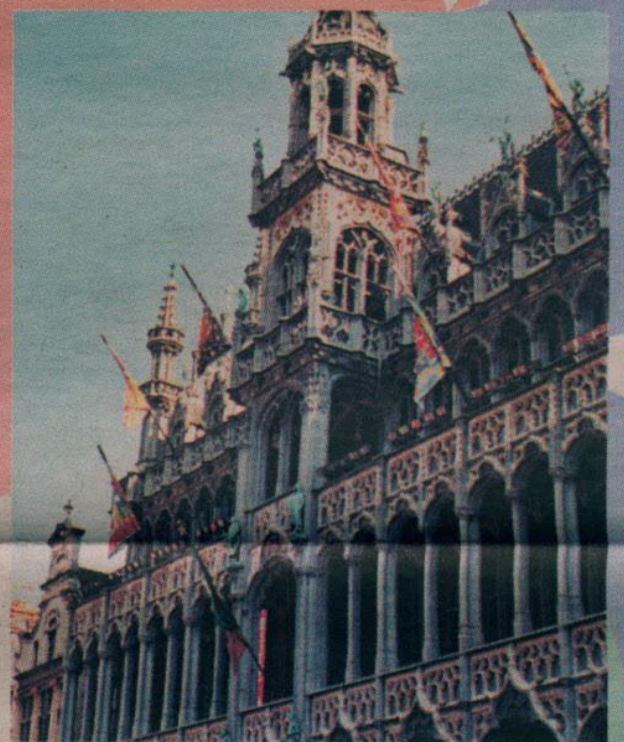
THE MUSEUM OF THE BREWERIES, BRUSSELS



LOOKING SHARP... HUNG WITH HER CLASSMATES



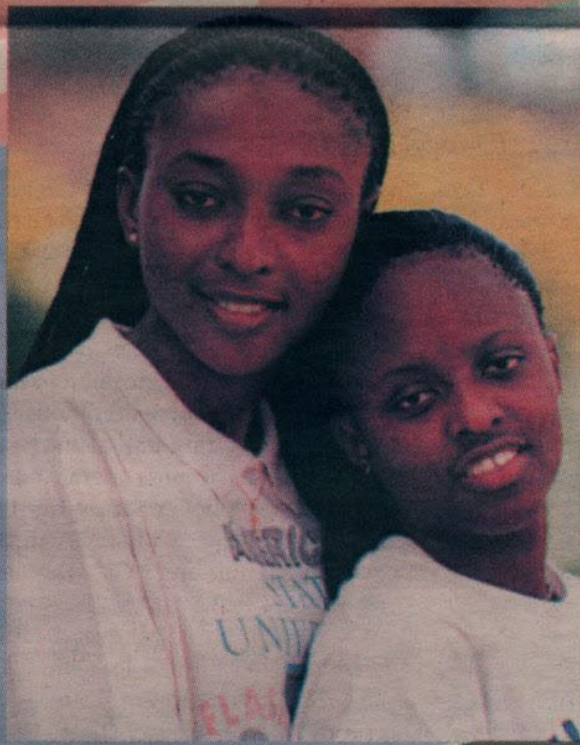
ALL DRESSED UP!



THE KING'S HOUSE, GRAND'PLACE, DOWNTOWN BRUSSELS



ROSESHARAON AS A CHILD

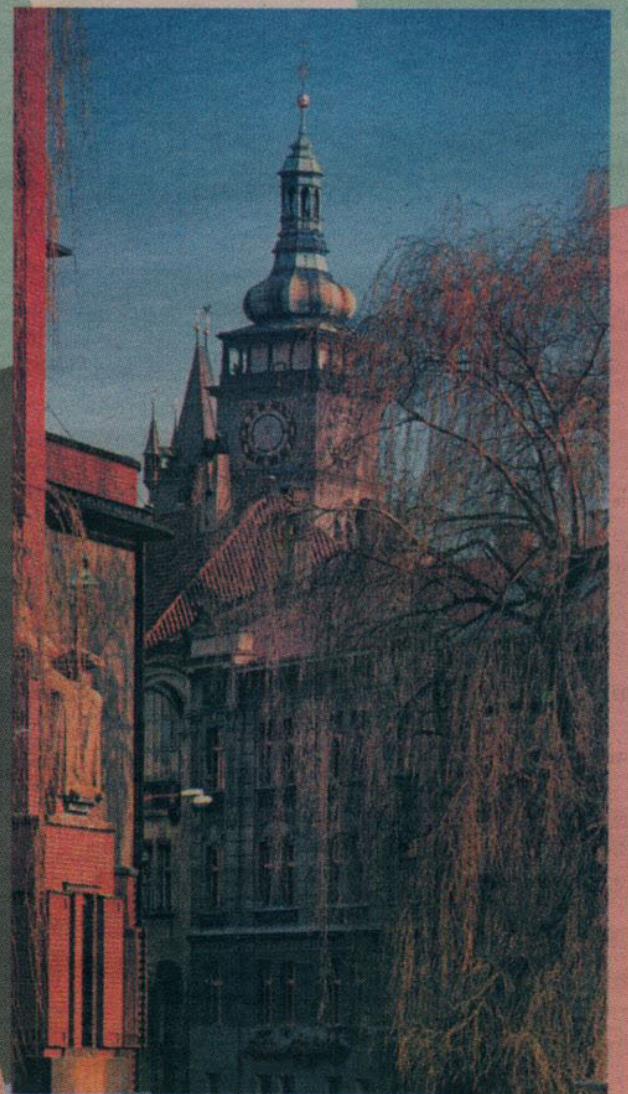


NESNJUOBI AND ROSESHARON

Individual portrait photos by Scott McClure for The Commuter. Personal photos provided by their respective owners.



WILKINSON CATCHES A WAVE OFF THE COAST OF BALI



THE WHITE TOWER, HRÁDEC KRÁLOVÉ, CZECH REPUBLIC. PHOTO BY MIROSLAV PODHRÁZKY

Sports Editor: Jacob Espinoza
Newsroom Desk: 917-4453
 commutersports@linnbenton.edu

SPORTS

Coverage of competitive and recreational activities at LBCC, as well as from around the state and nation

Heartbreaker ends Runners' season

Jacob Espinoza
 The Commuter

Linn-Benton closed its volleyball season last Wednesday with a loss to division champions Clackamas CC. Game 1 began sluggish, with sloppy play on both ends of the net. Linn-Benton managed to take a 9-8 lead after sophomores Angela Burrignt and Amber Opoien combined for a block, but Clackamas quickly responded and the game was tied at 15-15. Linn-Benton was unable to keep up with Clackamas throughout the closing stretch and lost the first game 30-20.

Game 2 was close throughout. Linn-Benton took a 14-12 lead after consecutive kills by Marcy Drake, but again sloppy play put Linn-Benton behind, giving Clackamas an 18-14 lead. The Roadrunners managed to keep the game close, but the momentum shift seemed too much to overcome as they lost a very close second game 30-28.

Game 3 was dominated by Lindsey Schiely of Clackamas CC. Schiely was named as the Southern Region's Most Valuable Player and finished the match with a match high of 23 kills. Schiely pressured LB from all angles.

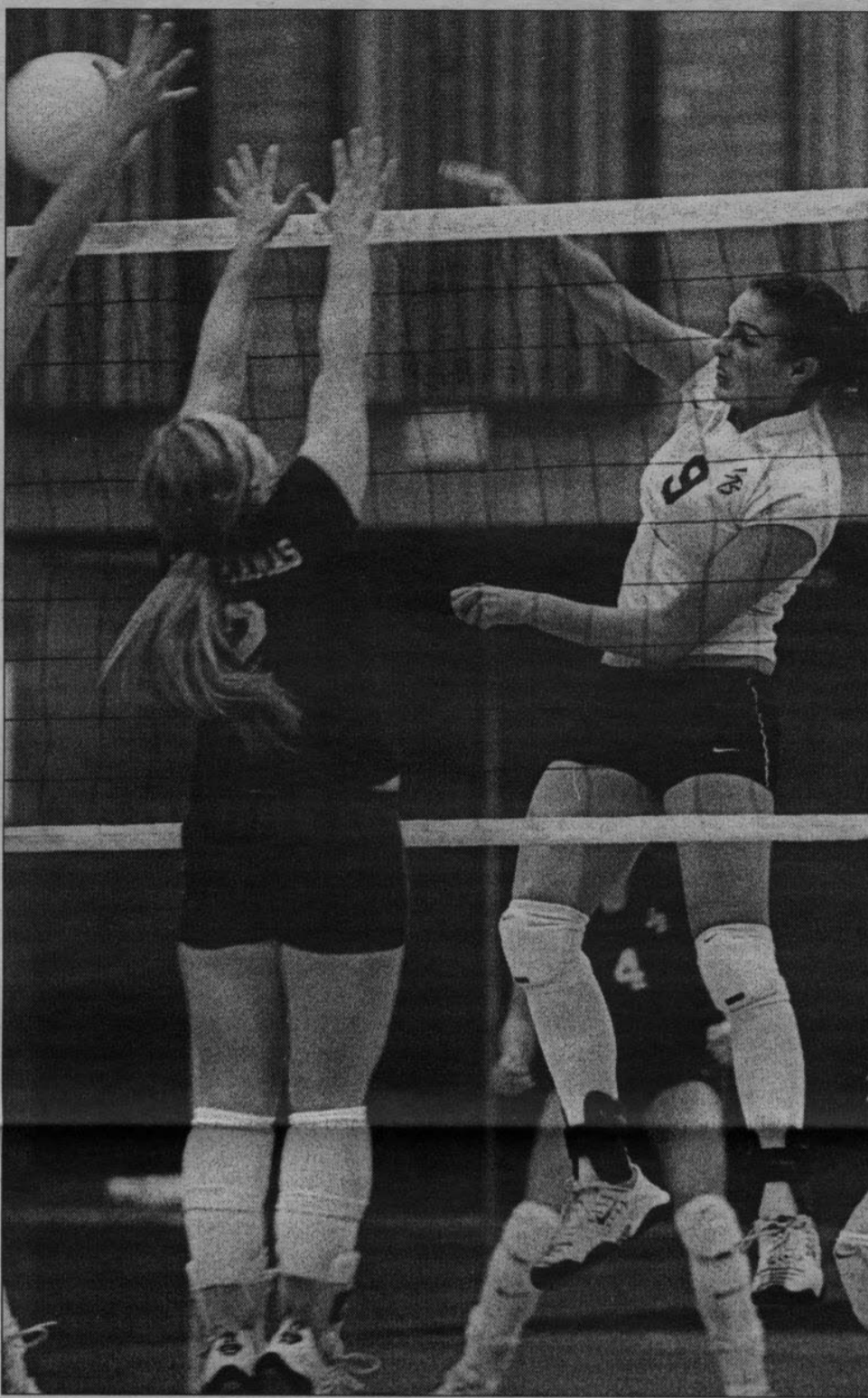
The emotionally and physically drained Roadrunners had no response, losing the final game of the season 17-30.

"We came out stronger than we had most of the season," explains Coach Jayme Frazier, "but we kind of let up toward the end."

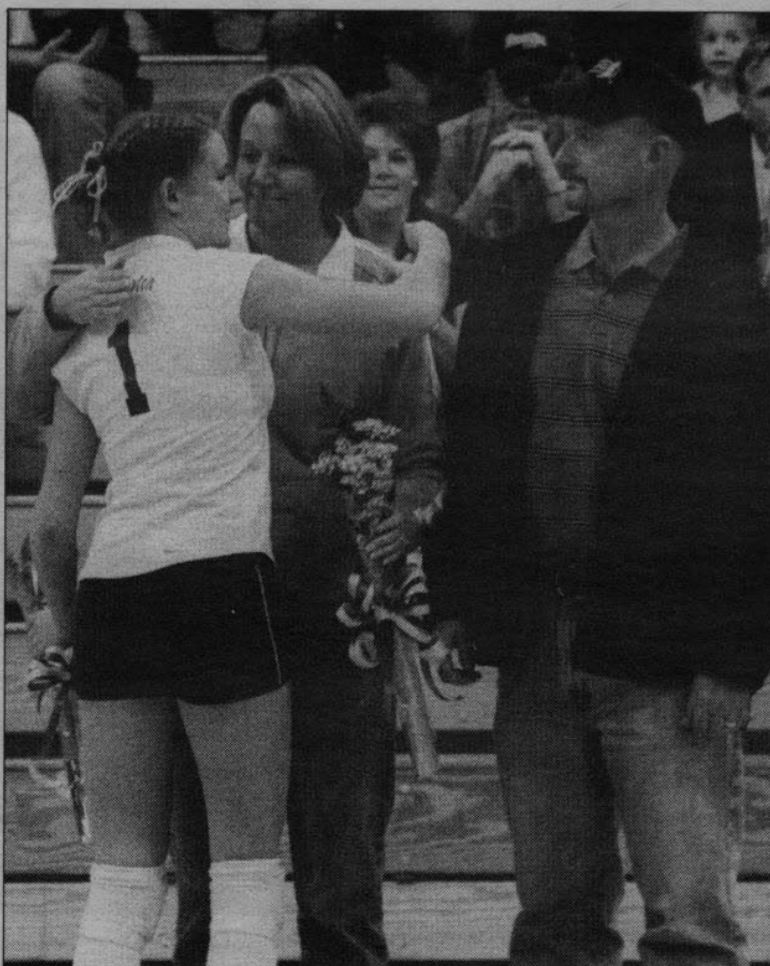
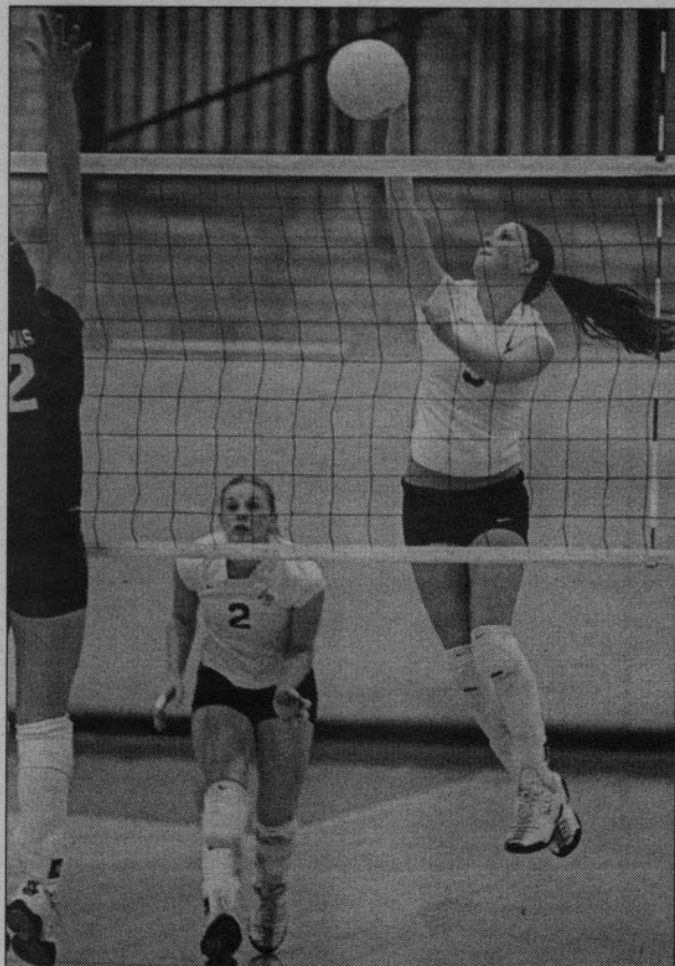
Linn-Benton's returning sophomores, Beka Buhl, Holly Prinslow and Opoien all played well in their final match. Opoien led with 10 kills and 21 digs, Buhl added 9 kills and 14 digs, and Prinslow led with 34 assists.

Though Linn-Benton's season ending record, 1-9 in league play, was not up to their expectations, it is not an honest representation of the team's competitiveness through out the season.

"We were competitive with everyone we played," said Frazier. "We beat number one teams from other regions in tournaments throughout the year, and we beat quite a few number two teams from other regions. We were extremely competitive every match, but we just weren't able to close (games.)"



photos by Lewis Forquer
 Roadrunner Marcy Drake (above) slams a shot past Clackamas CC defenders in last Wednesday's season-ending loss, while Beka Buhl (below left) goes for one of her nine kills and Amber Opoien gets in position to dig in case of a block. It was the last home game for the Roadrunners, who honored their sophomore players—Buhl, Opoien, Holly Prinslow, Mahria Zook, Megan Drake and Angela Burrignt. Below right, Prinslow receives flowers and a hug for her efforts from her parents.

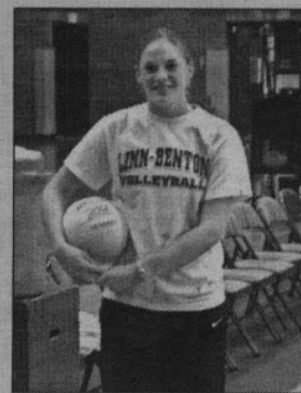


PLAYER'S DIARY

Runner's World: Athletes deserve more recognition

Amber Opoien
 for The Commuter

Being a student athlete is not all fun and games. Actually, it is a pretty hard task. I am not one to complain, but there is a lot of pressure on student athletes. There are certain requirements that you have to follow to play the sport you love. In high school, you had to have a grade higher than a D in all your classes to be eligible. In college, there are more rules and guidelines.



Amber Opoien

For volleyball, you have to be registered in at least 12 credit hours fall term. If you are a returning sophomore, you also have to have passed at least 36 credit hours the previous year. This may not seem so hard, but athletes also have practice and games. Sometimes we get home really late from a game, for instance when we go to Southwestern Oregon CC in Coos Bay, we get home around midnight or later, and still have to find time for homework. You find yourself not wanting to get out of bed to go to your 8 or 9 o'clock class the next morning. It takes a lot of time management and commitment. We do get study time, though. We have a study table one night a week that lasts one to three hours long. This is very helpful.

Being a student athlete does pay off. Not only do some players get their tuition paid for, but there are many other benefits. You stand out, or at least you feel like you do. Many times you find that other people look up to you because of your hard work and effort.

I love that I get to keep playing the sport I love and it doesn't interfere with my school. I guess it makes you feel special because people are paying you to come here. You realize that you are making a difference and that you are truly wanted.

One of the best rewards for me is that it makes my parents happy. They can come to games and be proud that I am their daughter. Not only that, but I am a source of entertainment. In my opinion, being a student athlete shapes character. You go through so many challenges on and off the court. How you deal with them shows you and everyone around you who you are.

There are many ups and downs to being a student athlete but when it comes down to it, the ups are well worth the downs. There are more rewards than I can describe. So take some time to support the LBCC athletics and see for yourself what pleasure not only the athletes get, but everyone around them.

Sports Editor: Jacob Espinoza
Newsroom Desk: 917-4453
 commutersports@linnbenton.edu

SPORTS

Coverage of competitive and recreational activities at LBCC, as well as from around the state and nation

Hip-hop: The next sport to battle in the 2004 Olympics?

Jacob Espinoza
 The Commuter

Is hip-hop a sport? Not hip-hop as in iced out rappers and drive-by shootings, but the four elements of hip-hop, DJing, emceeing, break dancing and graffiti.

Should break-dancing and DJ battles be the next events at the Olympic Games? Should ESPN broadcast highlights of graffiti and emcee battles on Sportscenter?

What separates the two forms of expression?

Are breakdancers really so different from gymnasts? Are emcee and DJ battles really so different from games of tennis or volleyball? Are graffiti artists really so different from basketball players?

Visually, break dancing and gymnastics are both extremely similar. Both involve performed athletic movements of grace, judged on creativity, difficulty and technique. Gymnastic floor routines are even performed to music, which is the essence of break dancing.

Emcee and DJ battles are not visually similar to volleyball or tennis, but in concept they are nearly identical. Both are based upon competitors, not able to touch each other, trying to get an object past their opposition.

In tennis, the object is a tennis ball. In an emcee battle, the object is vocabulary.

As Anna Kournikova manipulates her opponent out of position with strategic strokes, an emcee must embarrass his opponent with clever punch lines of poetry. The most potent ball placement wins the point in tennis, the most clever punch

line wins the round in an emcee battle.

Graffiti is like basketball in many ways. Graffiti artists have complete freedom on their canvas, other than the limits of their paint and creativity. Basketball players have the same freedom on the basketball court, but must follow the rules of the game.

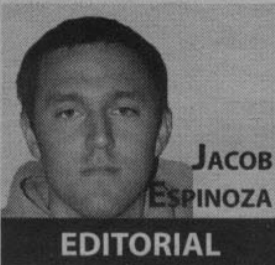
Though the form of painting and scoring a basket may seem dissimilar, imagine that all of the players on the basketball court, as well as the basketball, laid a path of paint as they traveled. Imagine if Tracy McGrady laid shadows of paint as he managed to shake a double team, spin baseline and throw down the reverse dunk. It would be a masterpiece without a doubt.

The same lines, angles and curves that are used in basketball to get to the basket are used in graffiti to decorate the canvas.

The obvious argument is that emcee battles and graffiti artists do not involve any type of physical endurance. If this were true then chess would not be considered a sport. Yet ESPN, the reigning king-network of sports, airs chess matches, as well as youth spelling bee competitions, frequently.

What exactly is a sport? A sport can be a recreation or a reason to live. It can give people goals and a sense of achievement. It can raise people on pedestals, only to knock them off. It is a competitive form of self-expression. It is love and war meshed together.

What is hip-hop? The two are virtually two in the same: Competitive art.



JACOB ESPINOZA
 EDITORIAL



photo by Scott McClure

Robbie Tumarder battles Roberto Rodriguez in the 125-pound class during last weekend's Tournament of Champions at Albany's Victory Gym. The event was a fundraiser for alcohol and drug prevention.

Victory Gym fights drug abuse

Jacob Espinoza
 The Commuter

Last Saturday at West Albany High School, 92 amateur boxers took the ring taking part in the "Tournament of Champions," presented by Albany's Victory Gym. The two-day event included 44 bouts.

Victory Gym is owned by Jessica and Daniel Dunn, and began as a small underground facility. It has managed to become a complete athletic facility because the owners have put the gym's profit into the gym's expansion.

Victory Gym has also dedicated itself to helping out the community. They pride themselves in helping out troubled youth, even working with probation officers, to find a positive outlet for their energy.

"Some youth may not excel in team sports," says Daniel Dunn, "but when they come into the gym they might find something they can excel at."

The proceeds from last weekend's tournament are being donated to FACT, Families & Agencies Coming Together, with hopes of pre-

venting drug and alcohol abuse within the Albany area.

"I had a boxer who had a drug issue," says Dunn, "I told myself that if I could do anything to help I wouldn't let it happen again."

West Albany High School was also willing to help out with the cause and donated its gym for the tournament, which was able to raise \$3,525 for the FACT program.

Bo Marthaller was one of the Victory Gym boxers who participated in the tournament. After being injured playing football for OSU, Marthaller took up boxing as a way to rehabilitate after his injury.

As the main event on Saturday night, Marthaller won a decision after a close fight against Enrique Gallegos, the No. 8 ranked 165-pound amateur boxer in America. The victory advanced him to a fight next week in Portland against Jorge Caldera, winner of Sunday night's main event, for the State championship.

Victory Gym is currently planning a St. Patrick's Day challenge. Daniel Dunn says he hopes to get all the best fighters from Oregon and surrounding areas to participate in the event.

Hunters reconcile recreation, quality of life by following tradition

Laurent L.N. Bonczijk
 The Commuter

Deer and Elk hunting season is coming to an end and while some people are telling tales and reliving the high moments of their hunts over a beer or two, others wish they could have went or wonder why people hunt.

Reasons for people to hunt seem to boil down to a couple: Tradition and mistrust of commercially produced meat.

"I hunt because it is the way I grew up," says David Ness, 43, of Albany. Ness says that he has hunted everything that is legal to hunt in the state of Oregon but turkey, and feeds his family with the bounty of his hunts. For Ness and others, hunting reconciles recreation and quality of life, the joys of spending time camping in the wild and the knowledge that the meat you are eating is pure and wholesome. Unlike commercial cattle, wildlife does not get antibiotic or steroid shots to increase its growth rate and it is not fed with the ground carcasses of its own.

"We buy a turkey for Thanksgiving,

and a ham for Christmas, but the rest of the meat we eat is what I hunt," said Ness.

Ness likes to use a 30-06 for deer and a more powerful .338 WinMag for elk. For bird hunting, he uses a 12-gauge Remington pump, "I like to know that I have that third shell," he says.

His advice for a beginning hunter is to take a hunter safety course. "I have taken it twice, just because after a few years I wanted to get a refresher." Ness says the next step is to get familiar with your

weapon. If you don't have one, Ness advises to buy a new 30-06. Lastly, he advises to get a good scope, recommending a Leupold as a great choice. When these preparations are complete, you need

to go scouting and finally what may be the hardest, pack them out.

LBCC student, Mark Wilkinson is a bow hunter. He used to rifle hunt in his home country of New Zealand where hunting is allowed year round without license or tags. When he moved to Oregon, he decided to start bow hunting because the season is longer, and there are too many people with rifles during rifle season he says.

Wilkinson is not only a hunter but has worked as a guide and later a manager

on a hunting ranch in Colorado. The guiding work pays well he says, about \$200 a day plus tips and the average tip for a successful guide is \$300 to \$400 he says, some-

times guides will receive rifles, spotting scopes or other gear as tips. Hunters who come to those private ranches pay about \$4,500 for five days of elk hunting.

Wilkinson's favorite game is elk. "I am a really picky hunter," he says "I look for a six-pointer or a really good five-pointer." Because Wilkinson is a vegetarian, "The animals I kill go to my buddy, who has five kids," he says. "Some people call what I do trophy hunting," he says, "but really the bull I kill is seven or eight years old and has had time to live his life," he says. He explained his choice of hunting only big animals because they yield more meat and it allows for younger animals to grow, keeping a steady supply of bulls.

His advice to the beginning bow hunter is to go to a professional bow shop and get fitted into a bow whether it is new or used. Next, go to the field with a successful hunter. But what may be the best investment for the hunter is a pair of good binoculars, he says. According to Wilkinson, the Nikon Monarch gives you the best bang for your buck.

HUNTING TIDBITS

- The gauge of a shotgun is determined by the number per pound of round lead balls of a diameter that just fits in the barrel.
- Caliber is the fraction of the metric value of an inch to equal the diameter of the inside of the barrel (.223 x 2.56cm = 5.56mm).
- Six-pointer means there are six points on each antler of the animal

Editor-In-Chief: Michelle Bertalot
Newsroom Desk: 917-4451
 commuter@linnbenton.edu

NATIONAL NEWS

Current events from across the United States and pertinent international news

CLASSIFIED ADS

SCHOLARSHIPS

In need of some money? Check out the scholarships listed in the self-service kiosk in the Multicultural Center, second floor in the Forum building.

Classifieds in The Commuter: Our classified ads are free for students! Contact the Ad Dept. at 541-917-4452 today.

FOR SALE

6ft. by 8ft. Appliqued quilt needing small repairs. \$100 obo. Call Sylvia Baarstad 541-738-0706

WHAT YOU NEED TO START JAMMING! '96 Ovation Celebrity Deluxe Electric/Acoustic Guitar, 15 Watt Austin Guitar Amplifier w/Line In, Instrument Cord & Case: \$500 firm. Call Sky Corbett (541) 981-9201

WANTED

Photography student looking for people to pose in portrait studies. Will trade photos for time. Please call Scott at (541) 981-9091.

Do you knit, sew, crochet or do woodworking? Do you have a heart for babies? We make items for NICU's and at-risk pregnancy centers. If you are interested in volunteering please contact Heavenly Angels in Need (HAIN), email Mary marymg1@hotmail.com or see www.HeavenlyAngelsinNeed.com for more information.

FOR RENT

Need Instruments? Many local businesses can set you up! Talk to a music store near you about student rental rates!

Upscale 2BR 2BA Apt in Corvallis only \$549 on 1 year lease. 738-0303

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HELP WANTED

UPS (#2173, Albany) Only one more recruitment coming to LBCC where you can apply & interview for positions currently open at UPS. Pays \$8.50/hr for up to 19 hours/week. Shifts available are 4:30-8:30am and 5-9pm. See Student Employment in T101 for more details!

Home Care Workers (#2167, Linn & Benton counties) Sign up to care for disabled people; training will be provided. It takes 1-2 weeks for the application process, so you need to apply now. Please see Carla in Student Employment (T101) for more info!

Truck Service Tech/Truck Mechanic (#2170, Brooks) If you completed your Diesel/Truck training or are close to completing it, entry-level position might be for you! Sign up with Student Employment in T101 for information on how to apply today!

Special Education Assistant (Bilingual in Spanish) (#2172, Albany) This part-time 2.5hrs/day (9:15-11:45am) position needs a person who wants to work with children. See Carla in LBCC's Student Employment (T101) for the whole scoop!

Classifieds in The Commuter: Our classified ads are free for students! Contact the Ad Dept. at (541) 917-4452 today.

Chopper crash draws jeering Iraqis

Jeff Wilkinson and Maureen Fan
 Knight Ridder Newspapers

MOSUL, Iraq - The U.S. military has launched a fresh series of attacks on insurgent positions in central and northern Iraq, as the investigation continued into the crashes in Mosul of two helicopters over the weekend that killed 17 101st Airborne Division soldiers.

With scout helicopters overhead and surrounded by jeering crowds, investigators picked through the wreckage of the downed helicopters, but were unable to confirm reports that they had collided after one was fired on and perhaps struck by a rocket-propelled grenade.

In Tikrit, the 4th Infantry Division launched the latest in a series of offensive strikes aimed at rooting out the insurgency that has been attacking coalition forces 35 times a day. The operation involved close air support for ground troops and the use of heavy weaponry not seen since the main phase of the war ended on May 1, including the launch of a satellite-guided missile with a 500 pound warhead from a mobile launch pad north of Baghdad.

Also on Sunday, Al Arabia Television broadcast an audiotape that they said was Saddam Hussein's voice for the first time since just after his sons were killed in Mosul in July. Giving greetings for the Muslim holy month of Ramadan in measured tones and with a tired cadence, the speaker called on Iraqis to fight the transitional authority. It was not immediately clear whether he was referring to the upcoming provisional government that Iraq's Governing Council announced on Saturday.

Occupational forces are in trouble, the speaker said, in an apparent reference to all military forces working with the Americans.

The two helicopters downed in Mosul were on separate missions, flying after dark when the incident occurred about 6:30 p.m., a spokesman said. They crashed on two rooftops about 250 yards apart.

One Black Hawk carrying 12 soldiers was responding to reports of a bank being fired upon in the Bab Sinjar neighborhood in west Mosul. Seven soldiers were killed and five injured in that crash.

It is unclear whether the helicopter collided with another Black Hawk transporting 10 soldiers to an undisclosed location. All 10 soldiers in the second helicopter were killed.

101st Division spokesman Maj. Trey Cate said there were no reports of civilian casualties. "We can't find any," he said. "I hope there aren't any. We don't need to make anymore enemies."

If the incident proves to be the result of hostile fire, it will be the most deadly single attack on U.S. forces since the beginning of the war.

Fellow soldiers in the 101st Airborne said they were stunned by the deaths.

"It's a shock; it's hard," said Spc. Paul Garza, 26, of San Antonio, Texas, who was guarding the perimeter around the wreckage on Sunday. "We haven't talked too much about it. How do you talk about the death of a soldier?"

Spc. Michael Pearson, 21, of Livermore, Colo., said he was angry about the incidents "because there is nothing we can do about it. They were good men and women and they didn't deserve to die that way."

The two soldiers were part of a large cordon of troops securing the perimeter of a four-lane boulevard in the working class residential area where the crashes occurred.

At each intersection large crowds, mostly young men and boys, taunted the soldiers. The soldiers responded by shouting and

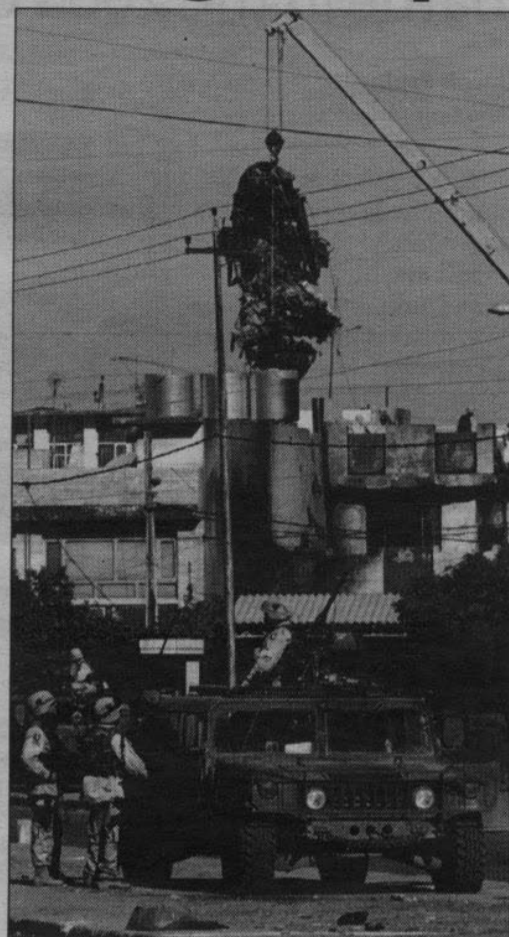


photo by KRT News

The investigation continues over the cause of the crash of two helicopters that killed a total of 17 soldiers over the weekend in Mosul, Iraq. The helicopters crashed about 250 yards apart from each other. While U.S. investigators were on scene, they were jeered by Iraqis.

cocking their weapons and at least once threatening the crowds with billy clubs.

"We hate them," said Ahmed Abdullah, 21, who sells cigarettes from a street cart. "We don't want them here. Everyone is happy (the Americans) lost the helicopters."

Love triangles seen as more common

Robert S. Boyd
 Knight Ridder Newspapers

WASHINGTON - Researchers exploring relations between the sexes have come up with intriguing findings about the different ways men and women behave when they're entangled in love triangles.

Such situations, involving two males and one female, or two females and one male are surprisingly common, according to psychologist David Buss, who described the results of these studies at a recent conference at the University of Tennessee, Knoxville.

Nearly half of those in one survey of 1,242 Midwesterners, aged 20 to 65, claimed they had managed to steal, or borrow, someone else's wife, husband, girlfriend or boyfriend, reported Buss, a professor at the University of Texas, Austin.

About one-third of those interviewed confessed that rivals had filched partners from them, permanently or for a fling.

In a recent blizzard of reports in scientific journals, based on more than 12,000 interviews, researchers discussed the various tactics employed in these three-party affairs. Gay relationships weren't counted.

Two frequent behaviors are described as "mate poaching,"

an attempt to mess with an existing romantic relationship, and "mate guarding," a counterstrategy to ward off interlopers.

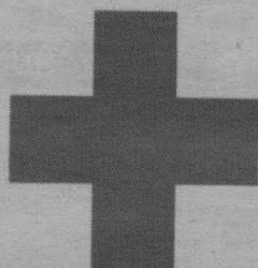
In one mate-poaching study by Buss and his associate, psychology professor David Schmitt of Bradley University in Peoria, Ill., 60 percent of the men and 53 percent of the women admitted they had "attempted to lure someone else's mate into a committed relationship." The researchers defined a committed relationship as marriage, living together or "steady" dating.

The same percentage of men, but only 38 percent of women, said they'd sought brief sexual flings with other people's mates on one or more occasions. Nearly half of these attempts succeeded, Schmitt reported.

Much higher percentages of both sexes said they'd been the targets of mate poachers: 93 percent of the men and 82 percent of the women said poachers had sought them for long-term relationships; 87 percent of the men and 94 percent of the women said the poachers wanted casual sex.

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COMMONS

Put it on your plate!
 Nov. 19th-Nov.25th

Wednesday

Baked Stuffed Snapper
 Pork Lyonnaise
 Rommali Roti w/ Curried Vegetables
 Steamed New Potatoes w/ Fine Herbs
 Currant Almond Pilaf
 Glazed Carrots & Turnips
 Grilled Vegetabl Beef
 Roasted Garlic Pesto

Thursday

Lemon Chicken w/ Steamed Rice
 Braised Lamb Shoulder
 Huevos Rancheros
 Mashed Potatoes
 Cauliflower w/ Cheddar Cheese Sauce
 Gazpacho & Beer Cheese

Friday

chef's choice!



Monday

Chicken Kiev
 Swedish Meatballs w/ Butter Noodles
 Port. Mushrooms w/ Spinach & Rice
 Creole Rice
 Jandiniere Of Vegetables
 Cream of Broccoli
 Italian Sausage

Tuesday

Hungarian Chicken
 Garlic Shrimp Tacos
 Vegetable Lasanga
 Roasted Red Potatoes
 Batonet of Root Vegetables
 Paysanne Marmite
 Vegetarian Tomato

A & E Editor: Peggy Isaacs
Newsroom Desk: 917-4453
 commuter@linnbenton.edu

ARTS & ENTERTAINMENT

Information about plays, movies, books, artwork and other entertaining or artistic endeavors



photo by Jeremy Hennig

Illusions

Work by students in Doris Litzer's Drawing I class is hanging in the Commons this month. The students were working on assignments in Xerox integration, using spatial illusion and collage still-lives using negative space.

LB choirs join with OSU symphony to ring in the holiday spirit with song

Mariah Thompson
 The Commuter

As the days get shorter and the temperature drops, our thoughts turn to the holidays and to friends, family and times shared with those we love. Some might even say that you can hear music in the air, bringing everyone together.

You can experience the graceful melodies of the holiday season in the coming weeks as the LBCC music program stages a series of concerts.

The LBCC Concert and Chamber choirs, as well as the Linn-Benton/OSU Community Chorale, all directed by Hal Eastburn, will be performing in three events this holiday season.

The first concert is Nov. 23 at the LaSells Stewart Center on the OSU campus in Corvallis. The concert features the OSU choirs, as well as the Linn-Benton/OSU Community Chorale and the OSU symphony in a performance of Beethoven's Ninth Symphony. The concert begins at 3 p.m. There will be a total over 280 performers. Tickets are \$20 and are available in Corvallis at Creative

Craft and Frames, Gracewinds Music, Grass Roots Bookstore and from 8 a.m. to 1 p.m. at the OSU music department. They are also available at Sid Stevens Jewelers in Albany.

On Dec. 4, The Holiday Treat, including the LBCC Concert and Chamber Choirs will perform at Takena Theater on the LBCC campus. The show starts at 8 p.m. and costs \$5.

Also, on Dec. 7, a concert will be held to celebrate the 25th season of the Linn-Benton Community Chorale. The Chorale will perform Hal Eastburn's *Hodie*, *Today Christ is Born*, a Christmas cantata for chorus, soprano, brass quartet, harp, timpani and organ. The concert will also include the LBCC Chamber Choir and the OSU Chamber Choir, which is directed by Dr. Steve Zielke. The show begins at 3 p.m. at the First Presbyterian Church, located at 114 SW 8th St. in Corvallis. Tickets are \$10.

Tickets for the December concerts are available at the door or at the LBCC box office beginning Nov. 17. Box office hours are: Monday through Friday from 8 a.m. to noon and 1 to 2 p.m.

Fans flock to latest 'Matrix' but many leave disappointed

Tim Woodruff
 The Commuter

On Nov. 5, the final link of the Matrix trilogy was set into place, when "The Matrix Revolutions" was released to the public. Standing in front of the Corvallis cinema hours before show-time would be an expected requirement for those looking to view the movie in its opening nights. The scene was that of excitement. Fans were sure this would be an amazing piece of cinematic history, but most expecting an epic movie would later find themselves disappointed.

The Matrix is a computer program that installs a belief into those inside it that what they touch, smell, see and hear is reality. The creation of the program was brought about when the machines that humans slowly became dependent upon became too powerful and gained control of mankind. Humans were no longer living in the real world, they were living in a computer program, with the exception of a community of refugees living in Zion, the last known human city, located near the earth's core, which was the only place left that held enough heat for human survival. Slowly survivors began unplugging people from the Matrix. Soon a man by the name of Neo, played by Keanu Reeves, was released. Some, who believed in a certain prophecy, thought Neo to be "The One," the man who held the power to save people from the Matrix and to stop the machines from destroying Zion.

During the first two movies the plot was based around Neo

becoming more confident with his powers. A love story began between Neo and Trinity, played by Carrie-Anne Moss, who earlier had also been released from the Matrix. Slowly in the second movie the war on Zion was introduced to an unsuspecting audience and they were left to ponder what surprises the last link of the puzzle held.

Standing outside the theater waiting for "Revolutions" many seemed excited. "I'm pumped, man," said one eager teenager, "I loved the first two, I can't wait to see what happens." After the movie, however, the audience seemed rather disappointed by the plot and ending. "All right, where's my \$6," blurted one disappointed fan. Others thought the ending set up for another movie, saying that it would not be the last Matrix they would ever see hit the box office.

"It was a let down," said Hillary, a Corvallis resident. "It didn't explain enough. It left you with a lot of questions."

Baltimore, an LBCC student, said, "It was all right, definitely worth watching, but not more than once."

Ben Woody, a Corvallis resident, simply stated, "it doesn't surprise me that it sucked."

The basic mood in the theater after the credits started rolling was disappointment. Some even began laughing, but others seemed satisfied with the film.

"I don't know what everyone's problem is," said Jonathan, an OSU student. "I came here expecting a horrible movie, because everyone told me it was, and left rather satisfied."

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A & E Editor: Peggy Isaacs
 Newsroom Desk: 917-4453
 commuter@linnbenton.edu

ARTS & ENTERTAINMENT

Information about plays, movies, books, artwork and other entertaining or artistic endeavors

ART HAPPENINGS

AHSS Gallery

LBCC Campus
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 Albany
 (541) 917-4540

November

Carmen Borrassa
 Oil Paintings—First
 in a series of guest
 artist exhibits and
 presentations
 Free

LaSells Stewart Center

OSU Campus
 26th & Western
 Corvallis

Nov. 23

Linn-Benton/OSU
 Community Chorale
 and OSU Symphony
 perform Beethoven's
 Ninth Symphony
 3 p.m.
 \$20

Boccherini's

Coffee & Tea House
 208 1st Ave.
 Albany
 (541) 926-6703

Nov. 21- Bob Dylan's

Grandmother
 Folk & Rock on
 Harmonic & Bass
 8:30 - 10:30 p.m.
 Free

Nov. 22 - Casey Hurt

Contemporary
 original vocals on
 piano & guitar
 8:30 - 10:30 p.m.
 Free

Fox & Firkin

202 SW 1st St.
 Corvallis
 (541) 753-8533

Nov. 20 - Sweet Spot

Rock \$ - TBA
 9:00 a.m.

Nov. 21 - American

Hit List
 Rock \$ - TBA
 10 p.m.

Nov. 22 - Dot Dot

Dot & Pellet Gun
 Rock \$ - TBA
 9 p.m.

Nov. 23 - Blues Jam

no cover
 6 p.m.

Old World Deli

341 SW 2nd St.
 Corvallis
 (541) 752-8549

Nov. 25 - Ramblin'

Rex
 Blues & Gospel
 6 - 9 p.m.
 Free

Squirrel's Tavern

100 SW 2nd St.
 Corvallis
 (541) 753-8057

Nov. 22 - Eleven Eyes

Rock
 9:30 p.m.
 \$3



photo by Jeremy Hennig

Peter Cornett signs a drumstick for a fan after the concert at the MU Ballroom in Corvallis last Friday. The band played "Danny Boy" and "Cinema" which in the past they have omitted from their live shows.

Floater rocks OSU students, fans

Michelle Bertalot
 The Commuter

With a solo bass line and the beginning sounds of an airplane readying for take off last Friday night it was understood the time had come.

Floater was going to take the stage. After over half an hour wait, the crowd in the MU Ballroom greeted Floater wholeheartedly, screaming, pushing and exhibiting their natural human instincts. The first song the band played, "Zero Hour" was the opening song off of their newest CD "Alter."

The trio is made up of Robert Wynia on lead vocals and bass guitar, Peter Cornett on drums and Dave Amador on lead guitar.

Floater's roots extend into Eugene, where they started out playing garage parties and the University of Oregon beer garden.

"They have kind of a Tool sound," explained Loni Manbigo, an LBCC student, "people really get into it." This was Manbigo's first Floater concert. "I expect a lot of people to be pushing each other around, a real hard concert," she explained.

Floater lived up to the expectation of their fans and minus a few mosh pit mishaps, the concert went well. Mosh pits and injuries have a hand-in-hand relationship and three fans, attempting to crowd surf in the small ballroom, fell flat on their backs.

"People were really good about picking each other up," said Brian Myers, a sophomore at LB.

Surprisingly, "Danny Boy" and "Cinema," the band's most popular songs were played. In the past, Floater hasn't played these songs, despite the fans' love for these favorites. Another thing that shocked me was the band didn't come back for an encore. In the past 11 shows, this was the first I haven't seen Floater come back for an encore.

"They have kind of a Tool sound. People really get into it."

▶ Loni Manbigo, LBCC student

There were a few problems about having the concert in a ballroom. The shape of the ballroom is very narrow compared to venues like the Crystal Ballroom or the WOW Hall, which have more open space. The narrow shape prevented the mosh pit from growing anywhere but narrower and because there were only speakers in the front of the stage and not the back of the ballroom, the sound was very bottlenecked.

Also, there was some obvious confusion about how to get into the ballroom. The ballroom is downstairs inside the MU building. "There was really no instruction at all to get tickets. I waited in three different lines, it was kind of disorganized," explained Manbigo.

"Security was good, they kept things reasonable, but they weren't so interfering that they didn't make it a stressful situation," said Myers about the five security personnel present.

For most, including myself, this was not the first Floater show attendees had been to. "I've seen Floater around five times, but not in Corvallis," said Myers.

The band produced seven CDs in the 11 years they've been together and have played over 500 shows.

Floater is looking for fans to participate in a documentary about the band who have, according to their newsletter, been to "roughly 40 shows and have a unique experience to share about interaction with other fans and possess a great deal of Floater memorabilia."

Fans who are interested the documentary should e-mail Cassandra Thorpe, manager, at cassandrathorpe@hotmail.com.

The next Floater concert in Oregon will be New Year's Eve at the McDonald Theater in Eugene. The show is all ages and \$16 in advance.

For more information visit the band's official website at www.floatermusic.com.

Hill's City Bus takes listeners on melodic ride to school

Mariah Thompson
 The Commuter

Hill's City Bus doesn't care what you think.

They don't care if you hate their songs. They don't care if you come to their shows. They don't even care what you say about them behind their backs.

They just want to play music, and if you're along for the ride, all the better.

Hill's City Bus is a local band from Corvallis. It features Derek Sibert, 22, on vocals, Paul Yannello, 26, on guitar, Steven Pagenstecher, 22, on bass and Dan Loomis, 21 on drums.

Sibert, Pagenstecher and Loomis are all currently



Steven Pagenstecher, Dan Loomis and Derek Sibert are members of the Corvallis band Hill's City Bus.

attending OSU, where they met in the dorms and started the band two years ago.

The style they play is something that all members have a hard time describing. With 13 original tracks on

two CDs, some of their music sounds similar to old Incubus, but some is more melodic.

They've even got a funk track. It's a style unlike almost all the current Corvallis bands, but the band members say that if you are into something new and different, you'll like it.

The band usually plays in Eugene and Portland at clubs or bars that are 21 years of age and older.

If you were on the OSU campus last Friday, you may have caught sight of them opening for Floater in the MU Ballroom. Though currently in a writing phase, Hill's City Bus plays whenever they can.

To find out more, including show dates and CD info, you can visit their website at www.hcbonline.net