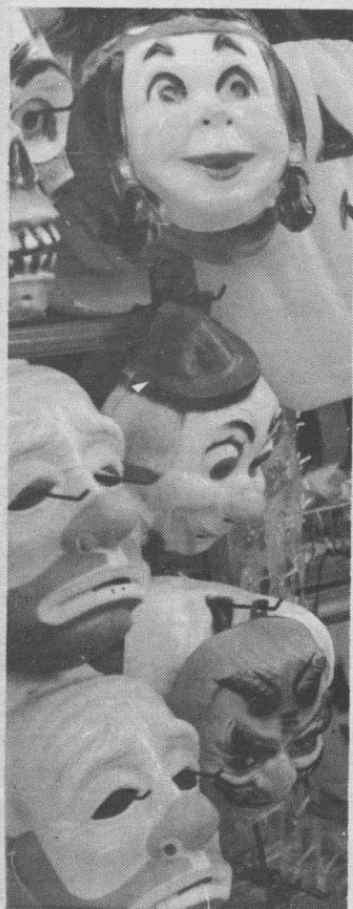


I know MY pumpkin is in here somewhere



The



Commuter

Volume 5, Number 4

LINN-BENTON COMMUNITY COLLEGE, ALBANY OREGON

October 29, 1973

Vets helping vets

Vets outlining association

Last Wednesday, October 24, at 12 noon, Dave Haugen kicked off the latest in a series of veterans meetings. Dave announced that a bill is in Congress that would increase the G. I. Bill by 13.6 percent. This would raise the money for a single full time student to about \$250.

Dave then turned over the meeting to Larry Joyner, Cliff Kneale, and Walt Adams. They in turn discussed the need for the formation of an association of veterans on campus. They stressed the fact that the point of this organization would be to help veterans and assist one another. It is not to be a social club but a service organization.

Walt stated that a petition has already been filed with the school and that the veterans now have to elect officers. Offices open are president, vice-president, secretary, and treasurer. The nominations and elections of officers will be held in the Alesa-Calapooia Room at 12 noon Thursday Oct. 31. All veterans interested in becoming involved with helping other veterans help themselves are requested to attend.

The needs of vets on campus are many and varied, from needing an emergency loan to cover for late payments, the

need for tutorial assistance in those tough classes, to the need for school transportation assistance.

The veterans association on campus will work through campus and local community businesses, clubs and organizations to generate revenues for projects.

Veterans are also working on

a float for the Veteran Day parade on Nov. 12, in Albany. Through the parade, the veterans association hopes to make the community aware of the need for full and part-time jobs for veterans going to school. The parade committee needs much help, anyone interested in helping should contact Ron Marsh or Walt Adams.

BEOG grants

available to students

Certain students may qualify for a grant to help in their schooling. The federal government has set aside money for full time students. The grant is available to students who are taking college credit courses for the first time after high school or the completion of the GED. Applications for this new program called the Basic Educational Opportunity Grant may be found at post offices, city libraries, high schools and other public places. Applications may also be found in the Financial Aid Office, CC-107.

GED. Applications for this new program called the Basic Educational Opportunity Grant may be found at post offices, city libraries, high schools and other public places. Applications may also be found in the financial Aid office, CC 107.

Whether or not students have other financial aid, it could be worth while to look into this opportunity. Mike Patrick or Rita Lambert will be glad to answer any questions or provide any help in filling out the form.

2nd Vice appointed

Student government retreats

In a student government retreat last Tuesday evening, Greg Smith was nominated by President Susan Haines as Second Vice-President to fill the seat vacated by the resignation of Monique Bourandas. The selection was approved by the Senate.

"I think Greg will do a very good job," Susan remarked. He is very interested and has already been busy getting acquainted with his position."

Concerning the vacant sixth

Sophomore Senator's position, Susan said that it would probably remain unfilled unless someone expresses a serious desire to fill the seat.

In a Senate meeting on Thursday, the organizing of a regular courtesy-ride pick-up station for LBCC students in Linn-Benton counties was announced. The Veterans' Club will take charge of the project.

Student government held a retreat this past Saturday to discuss a new school constitution, OCCSA involvement, the possibility of re-establishment of a day-care center and other related topics.

A delegation of six LBCC students will attend a National Student Lobby conference in Eugene on November 8, 9 and 10.

Trouble again at Wounded Knee

The American Indian Movement is requesting donations of blankets, warm clothing and money for the aid of the Indians at Wounded Knee.

These items are badly needed as there has been so much destruction of property at Wounded Knee through fire.

All donations should be turned in to LBCC Indian Counselor Elizabeth Bartman at the Counseling Offices.

UNICEF

One of the United Nations branch organizations is UNICEF, the United Nations Children's Fund, is in need of local help.

Each year, like the Great Pumpkin, thousands of children spring up on Halloween, but, instead of asking for candy, they ask for money; "Trick or Treat for UNICEF."

At local schools, many children are expected to participate this year. There is one problem, that of the little amount of transportation available. Interested persons who wish to contribute one night of driving to help people around the world should contact the Reverend Mr. Orville Coats at 928-3505, 928-4363 or 928-8606.

Opinion

October 29, 1973—Page 2

EDITORIAL

Nixon: politic'n magician

The mystical master has pulled another fast one causing brows to rise from the White House to the Watergate Hotel. With a dazzling deception forming in the wing, Ricky Remarkable tells his onlookers that the tapes will remain locked tightly away. In reply, the tell-tail-telegrams tumble in. Why should this man keep his skin?

The people want King Richard's head, but he seems to have lost it. Defying himself with a feat to outwit, Dick comes across with another neat trick.

The slight of hand routine, shown when Nixon decided to comply with Judge Sirica's court order, holds more to be seen than meets the eye. Tricks of this sort are not uncommon in his trade. The illusion created here may very well have worked, we'll have to wait and see. But keep in mind, that for sorcery to work best one must be able to say and do one thing when another is expected.

The tapes ending up in Sirica's court will not in fact let Richard M. disappear from sight. As the spotlight follows the action, the audience misses the prelude to the next trick.

Mystery and suspense hi-light not only the Watergate game but also the moves and counter moves made from the lofty office on capitol hill. Shiftless reasons for unwarranted actions call for scrupulous investigation. The seesaw of events has had little to no form of explanation to this date, except for the few words surrounding the issues, nothing has been let out.

In the true form of a professional magician the secrets of the trade have been kept, but in this we, the uninformed, see tricks as facts. These facts, most of which are far from the point at hand, show only what is wanted to be seen. A stacked deck, cut any where, will still turn up an ace in the hole. In the hands of an expert cards or tapes held or passed can be manipulated at ease. The idea here is making sure that the focal point is removed from the action. The magic here is not so mystifying if one happens to look at the other hand.

The only action that can be taken to reveal the true aspects of this skillfull act of jugglery is impeachment. Such proceedings will disclose the real rational, whether it is honest or in fact deceptive.

The weekly show that has held a captive audience for months is not over. To come are most assuredly even bigger and better sights and sounds sure to hold every mind at ringside.

In closing, remember this:

Nixon has to be found guilty of only one charge to be removed, but he must be vindicated of all charges to remain.

by Wes Hofferber

Tailfeathers

The dog bites

To The EDITOR

Last week I told you how, as a kid, I managed not to be bitten by dogs. Now I must confess that there was an exception. While walking home one night past the grange, teeth ripped into my knee and disappeared back into the darkness. Frightened, I ran. When I stopped running, I was stunned, and when I entered the house, I was angry. I didn't even notice the creaking steps as I rushed up the stairs to get my rifle.

Dad met me as I was about to leave in search of my new enemy. He asked for an explanation and nodded as I yelled. He placed his hand on my shoulder and explained what should have been obvious. In the dark, I would probably never see the dog. If I did see a dog, there was no way of being certain it was the same dog. And even if I did find the right dog, anger tends to make sighting uncertain. Someone or something else might be damaged by a hasty shot. He agreed the dog should be stopped from his unwarranted attacks. So the next morning he called the Dog Control Officer. The D.C.O. made a thorough search, as time allowed, for the mischievous mutt but to no avail. I was frustrated, yet I realized that not all dogs should be killed in order to get the guilty cur. Still, I was frustrated. I lacked the positive evidence to bring the

guilty dog to justice.

Now is not the time to "curse the darkness" or to go shooting indiscriminantly at just any dog. We may be frightened, stunned and angered by the recent events of the last few weeks. But, if we are to remain a Republic, we must act individually to insure that our Constitution is preserved. And we should be aware of the rights of every individual including the President. No man is above the law. But, every man should be accorded his basic right of presumed innocence until proven guilty in court by facts and not innuendo.

At this point in our history the darkness does surround us. Impeachment is one aspect of that darkness. We owe it to ourselves to understand as much as possible about certain aspects of government's functions. Impeachment is a process brought by the House of Representatives and does not and should not be interpreted as evidence of guilt. Impeachment is (simply stated) a formal demand by the House of Representatives commanding the President to appear before the Senate for Trial. (Political Science people please correct or elaborate upon my definitions.) The members of the Senate act as jurors and the Chief Justice of the Supreme Court acts as the presiding officer. If the President is impeached and if he is found guilty by two-thirds majority of the Senate there is a possi-

bility that some other action short of removal from office could be taken. It is the responsibility of the Senate and the Chief Justice to decide what punishment best suits the crime.

However, if you, as a registered voter, are frustrated by the actions of either the House or Senate, there is still one other opportunity built in to our legal system to insure that the government is responsive to the electorate: Recall. Any public official elected by the people can be removed (re-called) from his office. Recall is a process initiated by the people through a collection of valid signatures on petitions to call for a general election and a simple majority of the popular vote in that election.

Considering reportage by both the media and White House representatives and the swirl of "information" from "reliable sources", a quote from Oscar Wilde comes to mind, "...what twisted paths we weave when first be practise to deceive." Yet Voltaire had one of his characters say, "This is the best of all possible worlds." I believe our form of government can be the best of all possible governments if we force it to work.

Bill Sweet

P.S. From Robert Frost's "Birches," "Earth's the right place for love: I don't know where it's likely to go better."

THE COMMUTER



THE COMMUTER is a weekly publication of the Associated Students of Linn-Benton Community College and students of Journalism 9.026. Editorial views are expressions of the individual staff writer and do not necessarily reflect the views of either the Associated Students or the Administration of Linn-Benton Community College.

Editor-in-chief
Associate Editor
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Ad Manager
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Elane Blanchet
Wes Hofferber
Chung Li Ramsdell
Mike Horvat
Mary Eppes
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Staff: Jerima Akers, Sandy Byington, Debbi Conrad, Chris Dawkins, Douglas McLeod, Mary Risinger, Meg Rothrock, Jeanne Ruckman, Greg Robin Smith, Evelyn Smyth, Lanez Kay Vauble.

Advisor
Happy Birthday Greg!

Bill Sweet

Office hours are 3-4 p.m. Monday, Wednesday and Friday. Address correspondence to: THE COMMUTER, 6500 SW Pacific Blvd., Albany, OR 97321

RHIP OFFS

Doug McLeod

I heard a rumor that our president is making plans to mint a "Nixon dollar". An undisclosed source said that Nixon wants his profile on the face and an engraving of Pat, sewing together a flag, on the back. The "Nixon dollar" may be minted at the Dallas mint, and it's reported that John Conally has volunteered to oversee the job, then will attempt to throw the first buck across the Patomic. The dollars are scheduled for issue in 1976 to commemorate our 200 years of independence. The undisclosed source added, "The Nixon dollar plan may have already hit a serious snag. Prototype dollars sent to the Nevada Gaming Commission for examination and testing, have been coming up 'heads' on every flip."

Here at LBCC, Art Bervin from humanities said, "Everytime I flip up a dollar, I've only got forty cents when it comes down. Personally, I'd feel lucky catching a lead penny if I flipped a "Nixon dollar."

Things aren't all bad. It's good news week for "Spiro Ted". Since resigning the VP post, he's had time to per-

fect his golf game, and hasn't hit a single spectator. Giving credit where credit is due though; since the Committee to Re-Elect the President has stopped paying people to attend his performances, he hasn't had a spectator.

I've been cruising around poking my nose between the bricks, but still haven't found out who Dr. Raymond Needham is. I checked out a hot tip he might be one of the bricklayers working over by the Forum, but it proved to be just a rumor. You should have seen me running to get my face washed before the mortar set up. Bricklayers have a strange sense of humor.

Getting back to campus, (after dark) I asked Kay Holley, an evening student, if people were abusing the parking areas reserved for the handicapped. She said she didn't think so, everyone she saw parking there did have a little limp. Kay also said, "We sure could use another coffee machine around here in the evenings."

Busted, disgusted, and can't be trusted?

Somebody got your share? Tell us, write us, even if you have something nice to say. We'll R.H.I.P. 'em OFF.

Tailfeathers Request to update symposium

To the Editor, Students, Faculty & Staff of LBCC:

I feel that the Indian Awareness Symposium should be held this fall, instead of in the spring. More people would attend a fall showing and it would help local people to better understand the Indian.

If a date is set we may be able to have a panel discussion and invite guests to answer questions.

As was done last spring, the students from Chemawa Indian School would probably be able to attend and sing and dance. It may also be possible to get members of the Bow & Arrow Club to accompany the Chemawa singers, dancers & drummers.

Chemeketa Community College had the last day of their Indian Awareness October 18th and it was interesting. I feel the best parts were the panel discussion and displays put on by Gilbert and Montana Walking Bull, and a Nez Perce family. The dancing would have been better if the room was larger and the tables removed, but Chemeketa is still having many growing pains.

Here at LBCC we have enough room to hold a good show with good results. And instead of

being held at night maybe it could start around 4 o'clock or so.

I would like others who want to help with this idea to write

a note to me and give it to one of the librarians, since I work there when I don't have classes.

Sarah Zastrow

Guaranteed to scare

To the Editor:

I recently heard about an industrious man who has created what he calls "the latest halloween sensation". It's reported to be a "TrickieDickie" kiddie costume, complete with grinning mask and tiny dark blue suit. "Guaranteed to scare," he says. I would like to compliment the bright young man for his idea, but his timing couldn't be worse. He is a year late.

As the long awaited for "halloween" approaches, the na-

tion's top "trick or treat" and his horde of pranksters have virtually brought this country's sense of humor to a screeching halt. There is absolutely nothing funny about the behavior of Richard Nixon.

Our government's constant demands for "treats" while handing out malicious "tricks" no longer tickles our funny bones, but does provoke profound feelings of fear and disgust from us all.

Douglas McLeod

Don't let it die!

You have a choice. A choice of stepping inside a warm and cozy atmosphere, greeted by friendly smiling faces who are ready to serve you a wide variety of natural and homemade food.

"West Bank Cafe" has this to offer and more. Situated on the bank of a river, (located at 919 NE Second Street in Corvallis), you can stroll out to the cafe's back yard and gaze at the beautiful changing colors of autumn and the ever-flowing Willemette River. Or sit yourself inside and witness the view. You might be in time for West Bank's frequent entertainment. This consists of a wide selection of "good ole" country music, ballads, folk, classical, etc. The cafe is open to those of you with musical abilities, so drop in and share your talents. It will be most welcomed!

The idea of a natural foods restaurant was conceived by an enthusiastic group of people who wanted to share their "healthy" talents and serve the community with natural foods. Thus, they exclude preservatives, chemical sprays, imitation flavors, hydrogenated oil, white flour, white sugar, (replaced by nature's own sweetness, honey) canned food, etc.

The menu can't be beat! Consisting of dinner specials through out the week, homemade mayonnaise, soups, bread, muf-

fins, pies, cakes, and any other "specialty" the cafe can originate. It offers a wide selection of twenty different natural juices, variety of sandwiches and the list goes on.

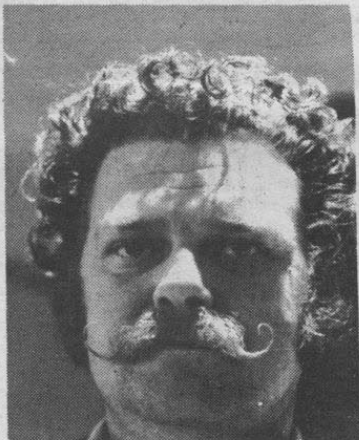
The cafe wants you to help yourself to a natural way of eating out and in turn needs your support. The other choice may be forced upon us by watching the cafe come to a close.

Because of this future threat, West Bank will be holding a benefit concert in the near future to help support the need of the cafe's existence. You can help keep it alive by giving your support and enjoying wholesome, natural good time eating at the same time.

Patricia Akers

Inquiring Reporter:

Do you think Nixon should be impeached?



Dale Butler: "Who doesn't? He, being head man, must be responsible for his actions. He's shown a flagrant disregard for law as well as disregard for ethics and conscience. He's wallowing in corruption."

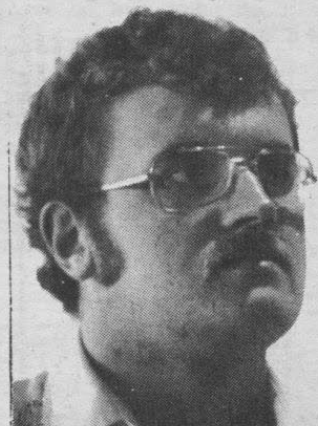
Judy Trefz: "Yes, for not turning over the Watergate tapes. He should not be a privileged person any different than any other guy. He's in hot water now."

Alan Smith: "No. I really think if there was a just impeachment they would have to clean out the House and Senate too. Also under the circumstances of all the crisis situations, he has probably done as good a job as any other man under the pressure."

Scott Weiser: "Yes. I don't think Nixon has enough credibility to remain president whether he's guilty or not. We need to clear the air of government so we can have faith in it again."

Dean Slade: "Well, so far he's so crooked that he should be kicked out. He has no right to stop someone for entering his territory, like he did in firing Cox for pressing the issue."

Roxanne Priestly: "I definitely think tricky Dick should be impeached because if he didn't know about Watergate then he's too dumb to be president and if he did then it's obvious he shouldn't be president."



Mike Reed: "I don't think he should. If they impeach Nixon who's going to take his place? I don't think he's totally responsible because the president doesn't have that much power."

Linda Summers: "I'm very confused about the whole issue. Right now you don't know who to believe and who not to believe."

Fill Hartwig: "I think he should be impeached even though he finally gave up the tapes. It's too late after he fired all those people. He blew it."

Dale Smith: "Certainly. No question in my mind at all. He's putting himself above the laws that you and I have to obey. Everyone who believes in justice, freedom and equality cannot tolerate such actions."

Sam Coulston: "We want him out. I think he's a louse; he's for Nixon and not the public. I can't even find anyone who voted for him anymore."

Connie Norton: "If a president ever deserved to be impeached it is Nixon."

Ted Claremont: "Yes. I just don't like the things he has done and his whole general attitude."

Karin Hunter: "I think the fact that there are so many people who have such negative feelings about what Nixon has done indicates that his impeachment would be to the benefit of the country."



Write to your Representatives-

Sen. Bob Packwood
6327 New Senate Office Bldg.
Washington, D.C. 20510

Sen. Mark Hatfield
426 Old Senate Office Bldg.
Washington, D.C. 20515

Rep. Al Ulman
2410 Rayburn House Office Bldg.
Washington, D.C. 20515

Rep. Edith Green
2441 Rayburn House Office Bldg.
Washington, D.C. 20515

SCHEDULE WEEK OF OCTOBER 29 TO NOVEMBER 2

- Oct. 29, Mon: Play tryouts "The Matchmaker" 3&7 pm, Alsea Rm. FSA Program Committee Meeting, 12 noon, Board Room A. Classified Salary Committee, 12-1 pm, Santiam Rm. Agriculture Club Meeting, 12-1 pm, Willamette Rm.
- Oct. 30, Tue: ACCF Committee Meeting, 2 pm, Willamette Rm. Board-Staff Collective Bargaining Teams, 12-2 pm, Alsea Room. Meeting: Dr. Adams, 12-1 pm, Willamette Rm.
- Oct. 31, Wed: Division Directors Meeting, 2-4 pm, Santiam Rm. Faculty Committee Meeting, 2:30-5 pm, Willamette Room. On-the-job-training, 12-1 pm, Board Room. Veterans Meeting, 12 noon, Alsea Room. Art Exhibit, John Materson, Serigraphs, College Center thru November 30.
- Nov. 1, Thru: Narcisco Yapes, Guitarist 8 pm, Gill Colliseum.
- no nov. 2, Fri: 2001 Space Odessey, Fireside Room. All day Thursday, last showing 7 pm, all day Friday until 5 pm.

Wednesday with Wheatfield

Pounders have had a run in with Wheatfield once before. Back in March of this year their toe tapping filled Chubby's Corner to the brim.

Don Ross (upper right) contemplates his next chord while Pete Wolfe (below left) and Will Hobbs ignore his indecision and continue playing.

Wheatfield is composed of Pete Wolfe, on acoustic guitar, bass and banjo; Will Hobbs, acoustic guitar, mandolin, harmonica and flute; and Don Ross, on mandolin, electric and acoustic guitars. Their music blends elements of bluegrass, country and folk into pristine, easy-grinning music.

Pete and Will grew up in

Indiana, about 20 miles apart, but never knew each other until they both had moved to Eugene. They met at the Odyssey coffee house, and began playing together.

Then, about one and a half years ago, Don joined them to form Wheatfield. Between gigs,



Don Ross (upper right) contemplates his next chord while Pete Wolfe and Will Hobbs ignore his indecision and continue playing.

Don teaches country and folk guitar.

They have a single, Ashland, written by Will, on Wheatstraw records. Recently they have

sent demo tapes to a number of record companies, hoping for a contract. They are also thinking of expanding to add an organist and another banjo.

PALS look for friends

PALS, a sort of big brother, big sister program is being activated on a campus wide basis at LBCC by director Gary Bonds.

He said that so far five women have signed up and that he would like an equal or greater number of men to become active. One possibility is the use of man-woman teams to become PALS to the youngsters who are mostly victims of broken homes.

"We have an abundance of kids," Gary explained, "mainly in the 5-10 age group. One of the major problems we want to deal with is that of kids who are, because of divorce or what-

ever being raised without a male-image to relate to. That is why we especially need men who are willing and able to spend an hour or so a week being friends to a fatherless child."

PALS is a very flexible program as far as time and organization are concerned. There are enough children involved to choose sex and age group preferences.

Gary has office hours between 11:00-12:00 at the student affairs office. Profile forms are available there to fill out in order to join the program.

Music heard from Knight to night

On Monday and Thursday nights, good jazz can be heard from the music room in the Humanities Building, H-213.

The sound is from the LBCC Stage Band, directed by Mel Knight, which recently has been

formed here.

The course is offered this term as a test to see if there is enough interest in the school to continue. According to Mr. Knight, there is much more interest than anticipated.

The style of the music played is that of Chicago, Blood, Sweat and Tears and Stan Denton.

The band now has eighteen members, but could use a few more. The group incorporates mainly trumpets, trombones and saxophones. Also included in the eighteen players are a base guitarist and two drummers. Additional musicians needed are piano, lead guitar and saxophone players.

Mr. Knight also directs the well known Lebanon Stage Band. He graduated from Lewis and Clark College with a Masters in Music Composition and attended the University of Nevada in Reno.

Interested persons should contact Mr. Knight on a practice night. The course may still be taken, but no credit is given.

Halloween here once again

The Beltane Fires on May Day, of the old Scottish calendar, marked the festivities for the beginning of summer. October 31 marked the end of the summer in the old British Isles inhabited by the Celts and Anglo-Saxons. This day was also celebrated with fire festivals as the new year's eve. Significance laid with the return of the herds from pasture, the harvest, renewal for the year to come, the practice of trying to foresee the future

by ritualistic means, and the belief that the dead were expected to return to their homes this particular evening.

Halloween was considered the only night on which the help of the devil could be procured for foreseeing such entities as marriage, luck health, and death. Games were played to determine who would have a lucky year and who would marry during the coming year. Bobbing for apples evolved from these sacred rites. This night,

with so many demon-like influences prevailing, people kept a night watchman to guard their homes. In Scotland a turnip was used in the form of a jack-o-lantern.

These old rituals and beliefs have passed into the form of folk lore, but the tradition of mischief-making, and the presence of ghosts and goblins in one of the darkest nights of the year, has kept some of the spirit alive.

Liberal hours in LRC library

Books from the Linn-Benton Community College Library may be borrowed now by district residents who are not students of the college.

According to Stan Ruckman, Head Librarian and Acting Director of the Learning Resource Center, the library has had to restrict its privileges to students until recently. However, volume content is now over 20,000 and 346 periodicals are received so a sufficient amount of material is on hand to consider non-student loaning.

Ruckman said the library welcomes non-student resident visitors and use now and will issue cards upon the proper identification.

Library hours are from 7:30 a.m. until 9 p.m. Mondays through Thursdays, 5 p.m. on Fridays. No weekend hours are scheduled at present.

Some limitations are placed upon the use, such as a limit of 2 books on any one topic at a time, prompt return of books requested for student use, sacrifice of library privileges for constant misuse or overdues.

The library has seating for 132. Ruckman suggested that non-student users might find the hours after 4 p.m. the most comfortable when traffic becomes very light.

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Features

October 29, 1973—Page 5

Graphic communications

New classes draw attention

Graphic communication is a new program at LBCC this year. It deals with communicating ideas through visual impact in any media, including: newspaper and magazine layout, advertising and commercial illustration.

Dwain Wright is the only graphics instructor this year. He graduated with a master's degree in art from UCLA on June of 1971 and has much experience in the field of graphics as a freelance commercial artist.

Graphic communications is a two year program. The first year is designed to give the student an overall view and background experience with commercial art. The second year allows the student to specialize in areas of interest such as printing, photography or illustrating.

Specific skills learned include such things as silkscreening, graphic photography (including color separation), layout techniques, the use of different artists' tools, the making of lithographs and many, many other related skills.

Practical projects such as designing the sign for this year's Albany United Fund drive and a brochure for the graphics department, acquaint the students with the actual work and conditions they will be facing once they are really working in the graphics field.

The class recently went to Portland to observe offset lithography at Sweeny, Krist and Dimm publishing house. The students witnessed the whole



Dwain Wright, graphics communications instructor, and Dick De Ferrari, General Chairman of Albany United Fund drive, admired sign designed by Dwain's classes.

process from the assembly of the materials sent to be published to the finished bound publication.

Last week the class visited

the Democrat-Herald to observe the printing and layout departments of the Albany newspaper. Later there will also be trips to paper mills and other printers.

Open gym at the Y

LBCC students may use the YMCA gym free of charge at specific times during the week.

Any student may play handball, at the "Y" from one thirty to four o'clock every day. If interested just sign in at the front desk at the "Y".

The gym is open every Mon. night from 7-9 pm for any activity except handball.

Writing clinic

Is there an English teacher in the house?

Is your parallelism faulty? Are your pronoun references ambiguous or your infinities split? Worse yet is your pen producing fragments? Don't despair—help is on the way! The Writing Clinic, located in LRC 211, is in operation every day of the school week. The new facility is designed to give aid to students suffering from various writing skill deficiencies. Assistance is available to students referred by writing

course instructors or on a drop-in basis to any student desiring help with writing tasks. The clinic is staffed by Ruth Vincacel and Delores Oster, of the Humanities Department. Instruction is conducted on an individual tutorial basis, with materials and techniques selected to suit specific student writing problems. If YOU get a queasy sensation every time an instructor asks you to take pen in hand, you may want to

alleviate this symptomatic distress by visiting the writing clinic during any of the following hours:

Monday and Wednesday
9:00 to 10:00 am
12:00 to 1:00 pm
3:00 to 4:00 pm
Tuesday and Thursday
11:00 to 1:00 pm
Friday
9:00 to 10:00 am
12:00 to 1:00 pm

West invites all: Music mushrooms at LBCC

From nothing two years ago, Dick West has built today's LBCC music department. During those two years, the courses offered have doubled and are still growing. Music literature, voice instruction, chorus, and guitar lessons were the classes offered during the first year. Students this year can take the added classes; music theory, band, instrument lessons, or join in with "Tomorrow's People", the pop music choir. Plans for more courses are in the making. These are tentatively in the lines of more private tutoring and children's music education.

Dick has three major types of students he tries to reach. The performer is one. Dick tries to help the person to learn what he needs to know to get out and perform in public as well as play for himself. Preparing to go on for a B.A. is the second type. The third type is to learn music as an advocacy.

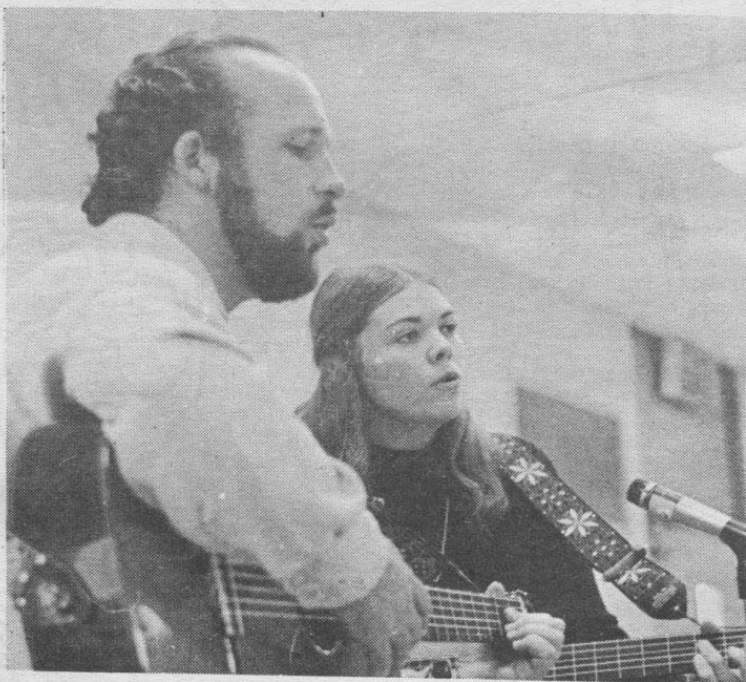
"Tomorrow's People", the chorus group with excitement for flavor, is to perform in the Fireside Room on November 28 at Noon. The class performed 25 times in public last year and expect to do more this year. Currently they are seeking funds to travel to EXPO '74 in Spokane, Washington. "Tomorrow's People" are seeking engagements to raise donations to finance their trip. They perform all types of modern pop music from jazz to folk to rock.



Dick West

The concert choir will unfold for the Christmas season. They will be performing in a number of places in the surrounding communities. They sing mostly classical but include some religious selections.

Dick tells us, "I have an open invitation to the faculty and students to join in with the festivities of the music department. I believe music to be helpful as well as enjoyable to all people."



Dick West and student sing and play guitar. Learning duets is a regular feature in West's music classes.

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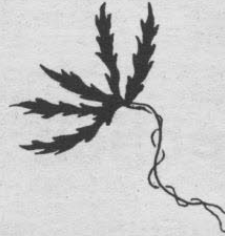
Excuse me, depression
 it's too dark in your cafe
 my friend
 would like
 a poem
 moving freely
 on sweet thoughts and
 and I'll have
 a short story
 with a Cheshire cat
 scrambled on
 a mushroom top,
 hold the grin, to go.

Pat Mittelstaedt

Curious child

While blonde pigtailed
 tickled the pavement,
 she peered into
 the mouth
 of the monster
 who munches
 leaves and litter
 then drinks from the gutter.

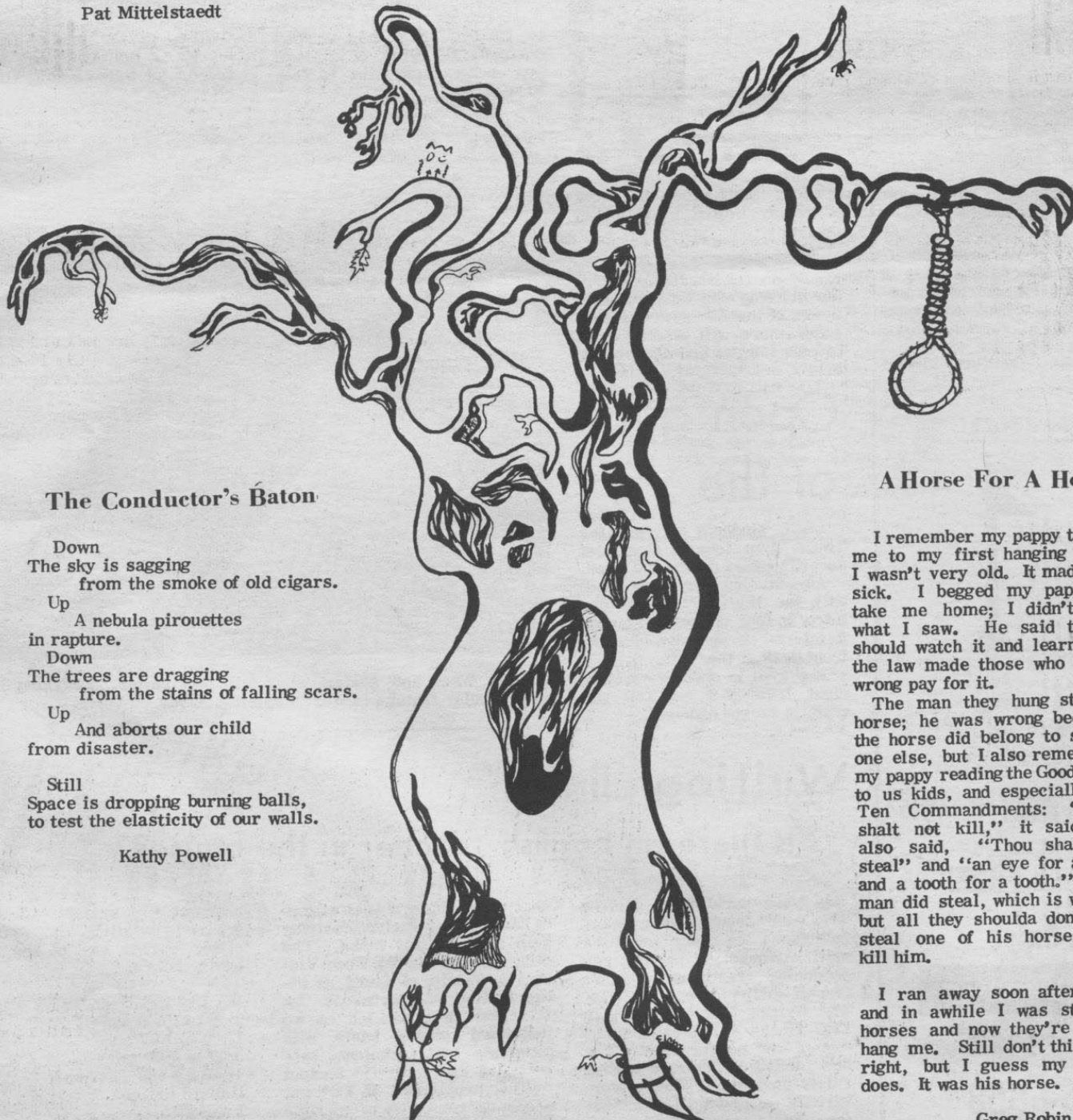
Jan Brydon



Untitled

We stood together facing east
 Touched thunder and lightning
 Felt rain on dry land
 saw the sun rise out of the forest
 And draw the wheat from fertile ground
 Stroked the fawn that died too soon
 And those that grew to grace the meadowlands
 I sheltered myself in your shadow
 And sheltered you in my warmth.
 You said you were never there,
 That you faced another direction.

Jackie Kuntzman



The Conductor's Baton

Down
 The sky is sagging
 from the smoke of old cigars.
 Up
 A nebula pirouettes
 in rapture.
 Down
 The trees are dragging
 from the stains of falling scars.
 Up
 And aborts our child
 from disaster.
 Still
 Space is dropping burning balls,
 to test the elasticity of our walls.

Kathy Powell

A Horse For A Horse

I remember my pappy taking
 me to my first hanging when
 I wasn't very old. It made me
 sick. I begged my pappy to
 take me home; I didn't like
 what I saw. He said that I
 should watch it and learn how
 the law made those who went
 wrong pay for it.

The man they hung stole a
 horse; he was wrong because
 the horse did belong to some-
 one else, but I also remember
 my pappy reading the Good Book
 to us kids, and especially the
 Ten Commandments: "Thou
 shalt not kill," it said. It
 also said, "Thou shalt not
 steal" and "an eye for an eye
 and a tooth for a tooth." That
 man did steal, which is wrong,
 but all they shoulda done was
 steal one of his horses, not
 kill him.

I ran away soon after that,
 and in awhile I was stealing
 horses and now they're gonna
 hang me. Still don't think it's
 right, but I guess my pappy
 does. It was his horse.

Greg Robin

PLAY TRY-OUTS FOR 'THE MATCH-MAKER' ON OCT. 29 3PM / 7PM

GAST NEEDED

6 WOMEN

9 MEN

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Albany river front offers choice of handcrafted goods

An original-craft hunters dream. A semi-organized get-together of local craftpersons and artisans. This describes the Albany Riverbank Market, located behind Penny's parking lot on Water Street and is open every Saturday at ten a.m.

The market is "kind of a happening," according to Mr. Russell Tripp, one of the founders of the Albany Riverbank Market (ARM).

The market, patterned after one in Eugene, was formed mainly to provide a gathering place for people to display and sell their handi-work and provide a location for local growers to sell their produce. Also, the ARM aids in attracting more

downtown traffic in addition to giving the Albany shopper something interesting to do while shopping.

Another main aim of ARM is to provide a place for people to go on Saturdays, explained Mr. Tripp, a place people could count on for unique purchases or just a nice place to go, be entertained and browse.

The displays range in leather, needle and wood-work, pottery, jewelry, clothes, hats, bottles, chairs, paintings, plants and graphic arts. However, stressed Mr. Tripp, "This is not a flea market," no garage sales or 2nd hand items, only hand-made crafts, cookery and home-grown things will be accepted.

To get a 'spot' to sell your wares, arrive at the market Saturday morning between 8-9 am. There will be a lady there wearing an arm band, Nina Reisdorf. She will assign you a space at \$1.50 a lot. The money will go into development of the riverbank area and into insurance for the market.

The actual organization and "piecing together" took group effort from the Willamette Greenway Association, the Chamber of Commerce, the Parks Department and many interested citizens. "It all fit in together," without any problems, commented Mr. Tripp.

Future plans include building

a permanent office for the market and having accoustical musicians play for the shoppers, vendors and anyone who would want to listen.

The market opened this year on September 29 although an earlier June 1st opening is planned next year. Closing date will be Christmas. The earlier opening date will allow growers to bring in crops that wouldn't last until a later date, like

cherries, berries and apricots, etc. The closing date was chosen because Christmas is usually the biggest season for a market like this, people want-

The ARM wants more people as customers and contributors. Mr. Tripp made special note that people like those from LBCC are particularly wanted.



A good variety of produce and hand crafts await shoppers at Albany river front market every Saturday 10 A.M.-5 P.M.

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FEED BAG

Sourdough cookery: Coming back in flavor

Sandy Byington

Sourdough cookery hasn't died out since the "olden days"; in fact, lately there seems to have been a greater interest in it.

For those of you that don't know about sourdough, and don't have any starter, this article may help you to get set up.

It is very simple to make your own starter, and once you have it, you can use it indefinitely. The kind of sourdough I am discussing here is milk-type, not the type you start with yeast.

Choose a small crock, wire-closure jar, or anything you desire to keep your sourdough starter in permanently. Put a cup of milk in and leave it out for 24 hours at room temperature, uncovered. When that time is up, a cup of flour should be added and mixed in. This will take 2 to 4 days. At this point, the lid should be put on and the container put in the refrigerator until you are ready to use it.

Each time you use some of your starter, replenish it with equal parts of flour and milk. Powdered milk can be used in place of regular milk with no ill-effect.

In the recipes given here and any others you may fall upon, don't sift your flour.

After a time, as your starter gets stronger, a layer of liquid will form on top. This is perfectly normal, and shouldn't be removed. It has a strong odor

of alcohol because that's just what it is.

As long as your sourdough doesn't turn orange, it's still good. If it does turn orange, it must be discarded.

If you know someone who would give you part of their sourdough, this is the ideal thing to do. Under those circumstances, you would have a stronger starter from the beginning. The stronger it is, the better it is!

Try your new starter out on these recipes:

SOURDOUGH PANCAKES

Mix together:
1/4 cups flour (unsifted)
1 1/2 tablespoons sugar
1/2 teaspoon salt
1 1/4 cups milk
1/2 cup starter

Cover and let stand overnight.

Then add:
1 egg
1 teaspoon dissolved soda
Bake as you would regular pancakes.

SOURDOUGH CHOCOLATE CAKE

2 cups thick starter
1/4 cup dry skim milk
1 cup warm water
1 1/2 cups flour
Mix these ingredients together and let them sit in a warm

place until the mixture smells yeasty, and a little like sour milk. This will take two or three hours.

Then cream together:

1 cup sugar
1 1/2 teaspoons soda
1/2 cup shortening
1 teaspoon vanilla
1/2 teaspoon salt
1 teaspoon cinnamon

One at a time, add 2 eggs, beaten after each addition. Then stir in 3 squares (ounces) melted unsweetened chocolate. Add this creamed mixture to the sourdough mixture and stir 300 strokes, or mix for one minute on low with an electric beater. Pour into 2 layer pans or an angelfood (tube) pan and bake at 350 degrees for 25-30 minutes. Be very careful to make sure the cake is done before removing it from the oven.

FRENCH BREAD

1 cup starter
2 tablespoons shortening (melted)
1/2 cup milk
2 teaspoons salt
1 tablespoon sugar
2 1/2 cups flour

Mix the ingredients together in the order given, working in the flour. Let the dough rise in a greased bowl until it has doubled in bulk, knead again and form into a long French loaf. Cut cross-hatches on the top of the loaf and let rise again. Bake at 325 degrees for 30-40 minutes. Brush with butter.

Sports

October 29, 1973—Page 8

Long distance runners hit track at full speed

"We're just out to do as well as we possible can from a team standpoint," stated Cross Country coach Dave Bakley, when asked about his plans for the 1973-74 team.

Kim Taylor, an Albany graduate has the top time in this district for a four mile course, running it in 20:01. Ted Wolfe, from Corvallis, ranks fourth with a time of 20:21. Both Kim and Ted have done competitive running for several years and are outstanding runners.

Other team members include Barry Vomicil, Jim Taylor, Lorin Bumbarger and Richard Franklin.

Competition is tough, according to Coach Bakley. The top team, Lane, was national champion last year; Clackamas was rated second. The race for third could go either to Linn-Benton or South Western

Community College.

Practices for the team vary depending on the season. First, slow volume running is practiced, up to 12 or 14 miles a day. Distance is stressed, but running is taken at a slow pace. Then shorter distances, at more speed, is emphasized to prepare the runners to run a four-mile race at a given pace. A typical workout consists of running 8-12 miles at a moderate pace. The top runners also have a morning workout, running 3-6 miles in addition to the afternoon practices.

OCCAA Regionals will be held Sat., November 3, at South West Oregon Community College with the whole team competing. According to Bakley, both Ted and Kim should be in the top ten. The top group will be good enough to compete on a national level.

LBCC second at home meet

LBCC's cross country team had their only home meet at Bryant Park on Sat., Oct. 20, competing against Lane, Umpqua, and Chemeketa Community Colleges.

Lane won the meet with 23 points. LBCC took second with 66, Umpqua placed third with 80, and Chemeketa was fourth with 119.

Kim Taylor from LBCC ran the 4 mile course in 21:098

for first place, and Ted Wolfe took second with a time of 21:48. Richard Franklin was 18th, Lorin Bumbarger 20th, Barry Vomicil 23rd, and Jim Taylor was 25th.

LBCC's Ted Wolfe stated, "Gradually as the season progresses, our team of 6 men seems to have more unity in meet standings. Realistically we're aiming for third in our conference meet at Pendleton."

Intramurals organizing

Many different types of intramural sports are now being organized by Dave Bakley. Sign-up sheets are now on the intra-

Recreational league basketball will be forming in the next two weeks. These teams will play other town's teams. Sign up sheets are now up for girl's volley ball, handball, and basketball, but the response so far has been poor.

mural bulletin board in the college center.

When asked about the future of the intra-mural sports program, Bakley stated, "We will organize any team activity that people are interested in. If enough people get together and express an interest we will try to find a time, a place, and a supervisor for this activity."

Play tryouts begin

It all begins with try-outs, then practices, then performance. This is a brief summary of a play and will happen when the Student Activities Office of LBCC combines forces with

Theatre and has many successful plays to her credit.

Connie Onstad, the students, staff and general public to produce our first play this year.

The "Matchmaker" is a comedy about marriage, employers, vices, respectability and men and women in general. The play involves mistaken identities, concealments, discoveries and an admixture of chases. It is clearly a play with many opportunities for humor.

Try-outs are on October 29th, in the Alsea Room at 3pm & 7pm. Interested persons, whether staff, students or from the community are invited to try out. Persons interested in stage craft and design are also needed. Production will be in early December.

Connie Onstad directs the Corvallis Valley Round Barn

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CLUB NEWS

RPM Rally

Charles Roehrich, Guy Hammer and David Hinton finished in the first three places in the October 21 RPM Club's Road Runner Rally. Other participants, finishing in order were: Pat Maurice, Tom Randa, John Orthuys, Jim Taylor, Mike Kendall and Ron Jennes.

The event was planned as a good time affair with easy course instructions and a pleasant drive in the valley. All entry money was spent on pizza, pop, salads (and other beverages) at the last checkpoint which was Shakey's in Albany.

Coming in the future, RPM Club is planning another Performance Driver's School, more autocrosses and movies. Club projects include: Racing a "D" model production drag car, building and racing an econorail dragster, and buying and building a club autocross and road racing car.

RPM meets every Wednesday night at 6 pm in the Auto Tech building. Interested persons are welcome to attend.

CLUB MEETINGS

Chess Club: Noon, Tuesday & Thursday, College Center.

Christians on Campus: 7:45 am Wednesday, Fireside Room. Agriculture Club: Noon, Monday, Willamette Room.

Pocket Billiards' Club: 5:00 pm Monday and Wednesday, 8:00 to noon on Saturdays. Recreation Room.



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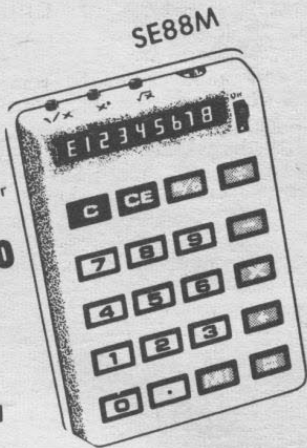
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