



THE COMMUTER

Linn-Benton Community College • Albany, Oregon

Volume 44 | Issue 3



Fair attendees were introduced to the many clubs, organizations, businesses and agencies on and around campus at Beaver Community Fair.

MJ Kelly

Students Get Their Swag on at Beaver Community Fair

MJ Kelly
Contributing Writer

Friday afternoon, the Student Leadership and Involvement (SLI) Organization held its annual Beaver Community Fair on the Memorial Union quad on the Oregon State University campus.

Student organizations and clubs, as well as local community agencies, businesses and non-profit organizations got a chance to introduce themselves to new and current students. Dante Holloway, the Coordinator for SLI said Friday, "This year we had around 200 vendors in total that participated. The majority of those were Oregon State entities."

Student clubs and organizations were able to register for free; local business, non-students and OSU

department vendors paid a minimal fee.

What sounds like a boring convention with the typical line of booths, each with their own form of a tri-fold display, offering of brochures, and dish of assorted candies was not what was going down on the quad last week. There were raffles left and right. Everywhere you looked, swag flew in your face.

One booth offered info on sex trafficking. People were invited to sign a petition to send to U.S. Sen. Ron Wyden's office. They also had a self-made Plinko board that you could give a go for a chance to win a bracelet.

The Physics Club had an experiment that included spinning in a chair and trying to throw a ball in a cup. There were giveaways for bikes, long boards and fog machines; all necessary student gear.

The common trend of the day was the competition for

attention with free samples and swag bag giveaways. T-shirts, bottle openers, pens, mini Frisbees, and coupons were flying in the air. For a few hours, the MU was filled with a frenzy of free-flying fanfare.

Holloway estimated, "There were probably a few thousand people that came out today, it was a huge success!" Based on the many smiling faces and overflowing swag bags, he's probably right. Not only did everyone get a chance to win or grab some goodies, they also got a glimpse of the many fun things to do on and off campus.

Holloway said, "There are close to 400 clubs on campus." Factor that with the few hundred businesses and agencies in town, and you're guaranteed to find something that will interest you. If you didn't get a chance to go this time, the Beaver Community Fair is held on the Friday of the first week of Fall term every year.



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THE COMMUTER STAFF

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The Commuter encourages readers to use its "Opinion" pages to express their views on campus, community, regional and national issues. The Commuter attempts to print all submissions received, but reserves the right to edit for grammar, length, libel, privacy concerns and taste. Opinions expressed by letter submitters do not represent the views of the Commuter staff or the College. Deliver letters to The Commuter Office, Forum 222 or at commuter@linnbenton.edu



The Commuter

@lbcommuter



LBCC Commuter

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LBCC New WebRunner Rules

Ron Borst
Staff Writer

There are new rules in the registration process at the college. It is important that we all note these changes to ensure satisfactory registration and curriculum success.

I chatted with the super friendly and informative Danny Aynes, LBCC registrar and director of enrollment services, on Tuesday Sept. 25 about the new WebRunner registration rules and requirements.

On the WebRunner homepage there starts the notes concerning these changes. The first details the new add/drop rules and deadlines. It is surprisingly simple. The Fall Term date is Monday, Oct. 1 (the start of week two). That is the last day to add or drop for a refund. It is the day tuition is due as well.

Aynes was informative and knowledgeable on the studies and numbers involving student success rates in relation to a timely start to the term. Studies have demonstrated a lower success rate in students who register late, and therefore fall behind from the get-



go.

As a note, in the future it seems most likely that the deadline will remain the same, meaning it will be the Monday of week two.

There is also a newschedule assistant: <http://linnbentoncommunitycollege.blogspot.com/2011/11/create-perfect-schedule-with-new.html>

In addition to this, Aynes informed me that the status quo surrounding prerequisites has changed. The new rules enforce course and class requirements more strictly. In the past it was somewhat easy to get around some prerequisites, but with a YouTube video uploaded this past June (located at <http://www.youtube.com/watch?v=WDBxvHImptE&list=UUzXxwEistU3IQeyrcsdsMw&index=1&feature=plcp>), the registration process is scrutinized closely. The June video has 1,200 views, a sign that the distributed and connected LBCC process is gaining efficiency.

This video tutorial is an excellent tool to navigate the curriculum requirement for any course of study. And I recommend the multitude of similar tools at LBCC. From The Writing Center to The Math Lab, and the Online Writing Lab to tutors- help is available and plentiful. I would also advise students seeking out answers to contact instructors as well as counselors, as these folks are at their core, teachers who want you to succeed in your pursuit of learning, and are engaged in helping to achieve success.

Linn-Benton Community College presents
The Americana Folk/Bluegrass Barrel Jumpers



**Friday, October 5
7 p.m.**

**The Russell Tripp
Performance Center**
Takena Hall
Linn-Benton Community College
Albany Campus
6500 Pacific Blvd. SW, Albany

**Linn-Benton
COMMUNITY COLLEGE**

TICKETS : \$10
On sale starting Sept. 24

Online at:
www.linnbenton.edu/go/tickets

At the Box Office:
541-917-4531

www.linnbenton.edu/go/performing-arts

Persons having questions about or requests for special needs and accommodations should contact the Disability Coordinator at Linn-Benton Community College, RCH-105, 6500 Pacific Blvd. SW, Albany, Oregon 97321, Phone 541-917-4690 or via Oregon Telecommunications Relay TTD at 1-800-735-2900 or 1-800-735-1232. Contact should be made 72 hours or more in advance of the event. LBCC is an equal opportunity educator and employer.

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- Academic Advising/Support
- Individualized Success Plan
- Assistance with College Processes
- Assigned Career Coach
- Resume/Cover Letter Assistance
- Career Planning and Development
- Job Search Assistance
- Development of Interview Skills
- Ongoing Career Success Coaching

Eligibility requirements are minimal:

- ✓ Eligible to work in US
- ✓ Registered for Selective Service (males)
- ✓ Age 18 or older
- ✓ Provide Social Security Card
- ✓ Complete degree or certificate by August 2013

For more information contact:
Lynn Groshong, CASE Career Coach
Lynn.groshong@linnbenton.edu
(541) 917-4504

This workforce solution was funded by a grant awarded by the U.S. Department of Labor's Employment and Training Administration. The solution was created by the grantee and does not necessarily reflect the official position of the U.S. Department of Labor. The Department of Labor makes no guarantees, warranties or assurances of any kind, express or implied, with respect to such information or linked sites, and including, but not limited to, accuracy of the information or its completeness, timeliness, usefulness, adequacy, continued availability, or ownership. LBCC was awarded \$1,170,571 in grant funds.

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Office Focuses on Disability Services

Nora Palmtag
News Editor

While going to school from the third through 12th grade, The Individuals with Disabilities Education Act (IDEA) made sure that, by law, a public education is provided in the least restrictive environment for each student at no cost to the family of the student.

The schools that receive federal funding must abide by the law and offer additional remedial services along with services provided to mainstream students (like PE, art and field trips).

During this time, the schools are required to determine if the student requires disability services and work with the parents on an Individual Education Plan (IEP), along with any specialists needed.

After 12th grade, the rules change and in 1973, Section 504 of the Civil Rights Law was implemented.

Because the student is now considered an adult and must make their own decisions, this law was implemented to make sure schools did not discriminate or place any barriers that would prevent a person from obtaining an education along with the general population. If the school is receiving any federal funding, they must comply with Section 504, while not receiving additional funding to make this a reality.

"504 Plan developed with parents, teachers, school personnel involved" makes sure accommodations are available for all students with a recognized physical or mental impairment.

In 1990 The American with Disability Act (ADA) was enacted in which, "Congress recognized that physical and mental disabilities in no way diminish a person's right to fully participate in all aspects of society, but that people with physical or mental disabilities are frequently precluded from doing so because of prejudice, antiquated attitudes, or the failure to remove societal and institutional barriers."

This law was enacted to protect individuals in any private sector, such as businesses or schools.

Disability Department

Where: Red Cedar Hall 105
Phone: (541)917-4690
Web: linnbenton.edu/go/disability-service
More Resources: ada.gov/pubs/ada.htm
hhs.gov/ocr/civilrights/resources/factsheets/504.pdf

The Disability Office at LBCC is located in Red Cedar Hall, and around the corner from Security.

Each term students need to complete Disability Services Intake process online. Speak and plan with your instructors the first week of the term, and plan your course of action for the term.

The Disability Office is always open to discuss any changes or problems with Disability Services. There are other steps that must be followed, but it is the student's responsibility to make sure all of the steps are followed to insure a great college experience.

This office will help the student create an accommodation plan and provide database system for requests and communications, upon request. They will also provide equipment, alternative text, test proctor, coaching, support lab, individual strategies, and adaptive software.

Some of the disabilities covered are ADD/ADHD, Chronic Depression/Anxiety, Autism/Aspergers, memory issues, vision or hearing impairments, disabled vets, high school IEP students, reading/writing/math disabilities, medical conditions, head injury, stroke, PTSD, or mobility issues.

Now that you are at college, please take advantage of these services if you have any condition that will prohibit you from getting the same education as any other student.

Nancy Tanberg, coordinator for the Office of Disability Services here at LBCC stressed the fact that all information received by this office is private and is only imparted to someone else by the student.



The Writing Center

The Writing Center (located in the Learning Center above the library) is currently seeking pieces of writing for our Writer's Wall. Whether it is creative, journalistic, academic, etc - there is real talent and potential to behold. Our goal at the Writing Center is not only to help students become more confident, effective, and expressive writers, but to encourage all students, faculty, and staff members to believe in their work and share it with others. We will showcase as many pieces as we can, but will also select work based on a variety of forms and topics.

How to submit: Deliver your submissions to the Writing Center in person or in an email to writingcenter@linnbenton.edu. Please include your name and contact information, as well as "Writer's Wall" at the top of your work or in the subject of your email.

Medium: If chosen, your work will be displayed on the Writer's Wall in the Writing Center with an excerpt in the first issue of The Commuter of that month. Work will remain on the Writer's Wall for one month. Depending on the volume of submissions we receive, work may not immediately appear.

Other Information: You are also encouraged to write a brief biography to accompany your submission.

Students Comment on Financial Aid Lines

Andre Armattoo
Contributing Writer

It's safe to say nobody likes waiting in line for just about anything, let alone for financial aid. With tuition prices getting more expensive every year, there will be an additional increase in the amount of students that need assistance paying for higher education.

The entire first week of classes can be absolute hell, especially for freshmen, when you're still trying to figure out what class room you need to get to and what time you need to be there by. Now add finding time to stand in line at the financial aid area on top of that. One very agitated sophomore, Anders Scholl, claimed that "When you get in that line there's never any telling how long you could be waiting there for. I had get out of the line after

waiting 20 minutes because I was going to miss my class."

There might not be any time estimates like there are at Disneyland, but it's always best to prepare for the wait. Arrive at the financial aid area with at least an hour to spare between the time when you get in line and when you need to be somewhere else.

People can criticize the process all they want, but are they coming up with any ideas to make things easier and more efficient for? There is no one answer to make everyone's issues with financial aid any better, but some students had input that could improve the quality of service.

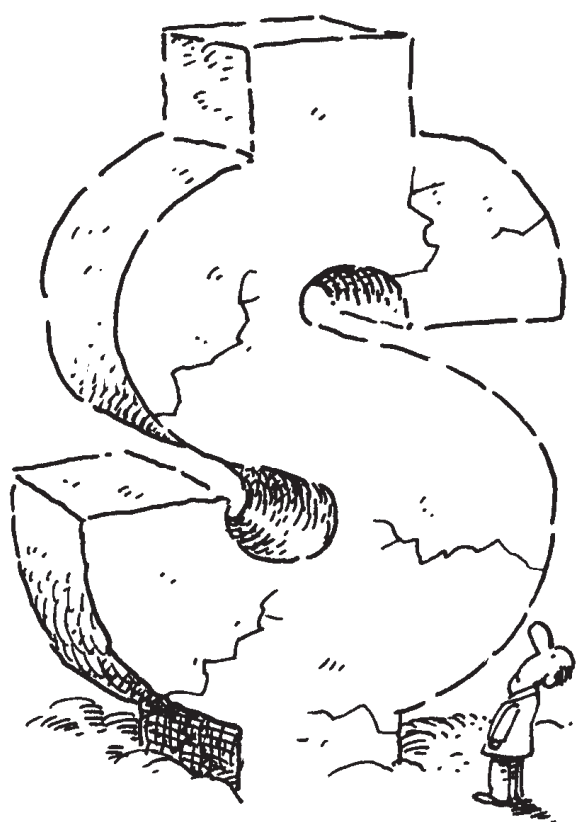
Lindsey Sullivan is irritated by the back-and-forth movements of the financial aid office. Sullivan stated that for her, it would be useful if they sent instructions or walkthroughs to her email.

There's no doubt students get frustrated with financial aid, but we're just on one end of the situation. The people at the financial aid desk work hard and it must be equally frustrating to have to send students from one area to the next.

There is a sympathiser with the financial aid staff among the masses. First year student Kelly Woosley is just as upset as most students, but knows that the staff are doing their job to the best of their ability.

Asked whether anything could be improved about the process, Woosley says "they shouldn't send everything to e-mail...I rarely ever check it, but overall it works."

The financial aid desk might not be Space Mountain, but ultimately students appreciate the help to get them through their schooling.





Marcea Palmer

TED Talks at LBCC

William Tatum
Staff Writer

Many have seen or heard of TED talks, but did you know that every week at LBCC, faculty gather together to watch a presentation of one talk and then engage in discussion about the topic?

Neither did I, but fortunately for me I know Sean Bassinger, who just so happens to be the editor-in-chief of The Commuter – not name dropping or anything. But he clued me in, so I stopped by for the most recent LBCC TED talk. They take place every week at noon in the Fireside Room next to the Commons cafeteria.

This week's TED talk, with Sarah-Jayne Blakemore, was "The Mysterious Workings of the Adolescent Brain," hosted by Joseph Bailey of the Business employer services

dept.

After the video, everyone introduced themselves, as this was one of the first of the year and there were new faces. Then a socratic-like discussion ensued where most of the individuals offered up insights they had or how they felt that the topic of the talk was relevant to the teaching methods and education in general.

Because of the varied perspectives in the room, it was very interesting to see how despite watching the same video we all found parts that were meaningful in different ways.

Next week's talk will be Margaret Heffernan's "Dare to Disagree," and this writer will be there yet again – you should be too. If you happen to have a TED talk that you would like to present, that may be possible, but you have to attend first.

Upcoming TED Talks

Come to TED talks every Monday in the Fireside Room from 12:10-12:50.

- 10/9: Margaret Heffernan: Dare to Disagree
- 10/29: Ken Robinson: The Learning Revolution
- 11/15: Wayne McGregor: Physical Thinking
A Choreographer's Creative Process in Real Time
- 11/26: Hans Rosling: The Magic Washing Machine
- 12/3: Brene Brown: Shame

Topics for 10/17, 10/25, 11/8, and 11/20 TBD

Seemingly Never-ending Bookstore Line



Trey Stewart

The madhouse outside the LBCC'S Bookstore, where students wait an average of 20 to 30 minutes.

At the beginning of each term students line-up to get their books and supplies at the LBCC Bookstore. As enrollment increases so does the wait time, while bookstore staff work to help students. See video from this term's bookstore line online at: commuter.linnbenton.edu.



Write. Snap. Edit. Print.

The Commuter is looking for reporters, photographers, cartoonists, columnists, and copy editors to join the staff.

Applications available in The Commuter office (F-222).
Call (541) 917-4451 for more info.



He's On a Bike!

LBCC Student Rides Cross-Country During Summer Break

MJ Kelly
Contributing Writer

Scott Swanson decided he wanted to do something different over the summer break. As a nuclear engineering major, he is currently a dual-enrolled student at LBCC and OSU who wanted to do something he hadn't done before. After a minimal amount of thought, by his own admission, Swanson decided to ride his bike from Florence, Ore. to Virginia Beach, Va.

Swanson's no stranger to tough challenges. Many would argue his program of choice is a marathon in itself. On campus, Swanson works as a veteran's representative in the Veteran's Affairs office. He has served two tours in Iraq as a sergeant in the infantry of the U.S. Army. He attributes his experiences in the deserts of the Middle East as being a strong motivator during his journey, when he found himself doubting his choice of summer recreation.

He started his journey out on June 27. Beginning in Florence, Swanson and his friend Ben Roberts set out for their ride eastward.

Swanson created a blog: www.imonabike.com. They finished their trip on Sept. 6. The duo covered over 3,800 miles on two wheels. There are some really interesting posts he made along the way. The blog posting on Day 27 has a humorous observation: "Because I was going too fast to safely apply my breaks all the time I got onto the shoulder that wasn't maintained (awesome right?) and started passing cars. I could briefly see the look of pure 'holy shit' in the passenger's eyes as they just stared when I flew by." He added that seeing the vistas and landscapes from the seat of his bike was refreshing compared to the view from a car speeding down the highway. He said he appreciated the pace that his bike governed him to.

When reflecting back on the trip, Swanson remembers his high points being the moments talking with different people he met along the way. The two riders originally set out to follow the Trans-America Trail, though the two were very open to local's suggestions of things to see off of the beaten path.

The low points of the adventure were minor in perspective of his past endeavors serving in the military. Battling headwinds in Idaho and taking unexpected detours on the interstate to avoid gravel roads that were misidentified on Google Maps were really some of the only hardships he experienced.

Mother Nature granted mostly favorable weather. Excitingly, the two did ride into a once-in-a-lifetime storm. While riding into the town of Mountain Home, Idaho, Swanson and Roberts had joined a few other cyclists riding cross-country. He said that would happen from time to time because of the typical routes most people trend towards. It was late in the day and they could see some ominous clouds moving in. Suddenly, lightning cracked in the distance and sparked a brush fire. The smoke and fire were growing around the edges of town. The cyclists were able to find shelter for the night in a motel outside of what would become the evacuation areas of town. They spent the night watching fire relief aircraft fight the flames and protect the small town's businesses and houses.

Swanson is an inspiration. He has the nerve to go out there and tackle difficult tasks. His passion for life is demonstrated by his long list of accomplishments for a young man. His sights now are set on the last wild frontier to our north: Alaska. He wants to ride from Oregon up the coast into the Kodiak. That trip will prove to really test his skills as a packer. There aren't quite as many markets or gas stations along the way for him to top off his pack. Our hats are off to you, Swanson! We hope you continue your blog along the way.



Scott Swanson, a dual-enrolled nuclear engineering major, rode his bike across the country over the summer break. See more photos at www.imonabike.com

provided photos

Volleyball Season in Full Swing

Colby Carter

Staff Writer

"The only word that comes to my mind is revenge," says sophomore co-captain Whitney Hightower, in regards to this Friday's game against rival team Mt. Hood. LBCC has a sour history with our mountain-dwelling friends, sharing the League title together last year after a hard fought season of close victories and losses with Mt. Hood. "Its the biggest game we have been thinking about, none of us liked sharing the title with them last year" said co-captain Lindsay Verboort, sharing her teammates remorse. "Last year, going to their house, we didn't perform to the best of our ability." With the Roadrunner's obvious passion for retribution and both teams being the expected power houses in the league, it will be a very exciting game.

Tuesday Sept. 25 I got the chance to interview the captains of the LBCC Women's Volleyball Team; Whitney Hightower and Lindsay Verboort. The two sophomore captains were ecstatic about the new season and new group of women they would be working with over the next couple months.

Linn Benton's Women's Volleyball is coming out of pre-season play at 14-9, which is coming as expected according to the sophomore captains. "We were slow at the beginning, but we are learning and improving everyday," Says Hightower. "We have a large incoming freshman class with great determination to get better."

The Roadrunners played their first two league games and won handily in the past week, and with the upcoming game against Mt. Hood, the anticipation is high. Verboort looks at the wins as "A good confidence booster. It showed



provided photo

The 2012 LBCC RoadRunner Volleyball team: Front Row (kneeling): Rylee Hickman, Katie Swayne | Second Row: Whitney Hightower, Kayla Swayze, Kaci Nonnenmacher | Third Row: Teague Teece, Lindsay Verboort, Rachel Burke, Emily Kozlowski | Back Row: Miah Boeder, Carly Roderick, Emma Richards, Abby Hardie

what the team could really look like." The Roadrunner ladies are full of confidence and excited to see what they can do for the rest of the season.

"It was good to see the team play their hearts out the whole time," Hightower said.

The Lady Roadrunner's have a bright future

Upcoming Home Games

Fri, Oct 5 at 6 p.m.
vs. Umpqua C.C.

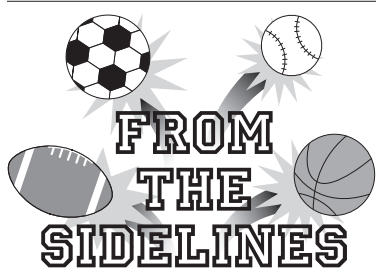
Sat, Oct 6, 2012 at 1 p.m.
vs. SWOCC

see full schedule online at:
linnbenton.edu/athletics/women-s-volleyball

ahead of them as well, according to the team captains. Abby Hardie is the new starting freshman that has the potential to take the team to new heights. "She has definitely become our strong freshman," said Hightower. "She doesn't know how good she is." And luckily for the Roadrunners she decided to play this year; she was on the edge but decided to participate. Even with her reputation as the team softy, she is expected to bring explosive results.

I have only heard what others say about coach Jayme Fraizer, nothing more personal than an email. Although I have talked to her players and colleagues and I keep hearing very consistent responses when I ask about the 2011 coach of the year. "She definitely deserved that award," Verboort said "She knows so much about the fundamentals; For us she's also a life coach, she really cares about all of us outside of the sport, helping us with school and where we are going to play above the community college level." Fraizer is obviously more than a coach on the volleyball court, she is a huge part of her girl's lives and a great work colleague.

It is obvious that the Roadrunner Volleyball team has an exciting season and a bright future ahead of them. We should all be excited to see what the rest of the volleyball season brings.



LBCC

- Volleyball
Sept. 28
Mt. Hood defeats LBCC
(25-16, 18-25, 25-19, 24-26, 15-12)

Oregon State

- Volleyball
Sept. 30
OSU defeats Utah
(26-24, 25-23, 19-25, 25-22)
- Women's Soccer
CAL defeats OSU
3-1
- Men's Soccer
Washington defeats OSU
1-0

Upcoming Home Games:
Football - Washington State @ OSU
10/6 at 3 p.m.

Women's Soccer - USL @ OSU
10/5 at 1 p.m.

Michael Rivera

Sports Editor

In an interview with Oregon State's Athletic Dept. YouTube page on June 8, sophomore QB and team captain Sean Mannion says some humble words that will resound with this year's Oregon State Football team:

"The team attitude has been great; it's been full speed ahead. We're gonna do everything we can, everyday to improve and get ready for the season. I think we're doing that, but at the same time there's a long way to go and I know we're ready for that challenge," says Mannion.

Little did he know at the time that his team would be in the top 15 in the nation after three straight victories. After going 3-0, with two of those wins being road victories, Corvallis is put in the national spotlight, being ranked #14 overall in the AP Poll. These victories are much need for the football team and the school.

As you watched the Beavers play against Arizona, you saw a game of who could be more physically dominating. Arizona, coming off a tough defeat against Oregon, showed Oregon State much defiance as Matt Scott came out gunning with 403 yards passing and 3 touchdowns. But it was 2 key interceptions that helped Oregon State win 38-35 at Arizona. Mannion threw and impressive 433 yards and 3 touchdowns with no interceptions. Woods added 161 rushing and a touchdown to Beavers score.

After two straight losing seasons (5-7 in 2010 and 3-9 in 2011), the Beavers are playing with a ferocity, and passion that hasn't been seen in years. There had been rumors that Mike Riley, head coach of the Beavers, would be competing for his job this year. All those doubts are now put to rest. Riley is now the most winningest coach in Oregon State history with 75 wins.

Many players describe Mike Riley

as a quiet leader. He is a coach that leads by example and empowers the players through his presence.

"He's like the quiet storm," said Markus Wheaton in an interview with PAC-12 Sports Network.

"That's why I do this thing. I love the camaraderie of the staff. We all have one vision: We try to build these kids up and coach them like crazy, and we've been able to do that at Oregon State, and we're proud of that," said Riley in an interview with OregonLive.com.

After facing many doubts after the postponed game with Nicholls State, Oregon State had to open their season with #13 ranked Wisconsin. Wisconsin having one of the nation's best running backs in Monte Ball (who averaged 175.8 all-purpose yards and 3.7 touchdowns per game in 2011), was limited to 61 yards rushing and no touchdowns when visiting Reser Stadium on Sept. 8 as the Beavers won 10-7.

Then came the first test of Oregon State's mettle when they went to Pasadena, CA to play the #19 ranked UCLA in the nationally-revered Rose Bowl. Oregon State running back Storm Woods showed he can be relied upon in the back field as a strong momentum runner and a check down back for Mannion. This was a game that solidifies Mike Riley's decision to go with Mannion as his QB and team leader. Mannion threw the deep ball with extreme confidence as he battled with UCLA's freshman starter Brett Hundley for who could throw the best deep pass as Oregon State won 27-21.

As the Beavers get ready for Washington State to visit Corvallis this Saturday, the team has a lot to be thankful for as they see if they can continue to put many doubts to rest. They've earned their spot as #14 in the nation, now it is up to them to keep the momentum going.

GMO! OMG!

Constance Nguyen
Contributing Writer

It's a safe bet that most people know about the ongoing controversy over GMOs. For the few readers who aren't familiar with what they are, here's a brief overview. GMO stands for Genetically Modified Organism. For the purpose of clarity let's use the corn found in nacho chips. Simply put, the DNA of the corn was altered in a lab to give it unnatural characteristics. In many cases, such as cotton or canola, it makes the plant resistant to herbicides so they can spray a crop for weeds without adversely affecting the desired plant. In corn, it might mean making it toxic to that nasty worm that can ruin an ear before it's harvested.

Of course there is the manipulation that comes from a philanthropic ideal. Golden rice was developed with a gene to make beta carotene form in the rice kernel, and developed to help people in third world countries. The golden rice has the ability to get much needed nutrient into a diet that would otherwise be sorely lacking. The problem? Companies aren't thinking long term. Monsanto, a world force in the seed business, is the primary player in this game. They've taken questionable tactics to make certain that their "Roundup Ready" seed is the choice

of almost all commercial growers. In their quest for dominance in this field, they seem to have neglected to study effects of their products on people.

An impartial study was published in the International Journal of Biological Sciences, showing potential for increased cancers in rats that were fed GMO corn based cereal. The digestive organs of the rats were impacted after only 90 days with relatively small levels of GM corn in their diets (11 percent). The pesticides contained within the three types of GM corn used have never been tested for human toxicity dangers. What does this mean for us? While some of the modifications made on our food supply are beneficial, others may be harming us. The situation is made even worse as pests become resistant to the modifications. Stronger, more potent fixes are needed.

With this mindset, agricultural society doesn't have a positive long term outlook. Because the majority of farmers are being forced to go GMO, or go out of business, lack of diversity has become a real problem. When resistance to each modification is achieved, we must head back to the laboratory for a new and stronger fix. As these take place, new health issues arise in our world.

Runaway for a Good Cause

Michelle Strachan
Copy Editor

The ABC House's Runaway Pumpkin Half Marathon will be taking place Saturday, Oct. 27 at 9 a.m. The race begins at Cheadle Lake Park, located off Highway 20 at the South end of Lebanon, just past Walmart.

All proceeds from this event will be used to help local abused children. Last year more than 800 runners and walkers participated, raising more than \$40,000 for ABC House. This year, more than 1,000 participants are expected.

ABC House, a child abuse assessment center, has served children, ages newborn to 18 years old, of Linn and Benton counties since 1997. Staff members are experts in child abuse, providing services for approximately 350 children a year, including medical examinations, forensic interviews, family advocacy, counseling, and community education.

The Runaway Pumpkin is a Halloween-themed race where everyone is encouraged to dress up in costumes. LBCC President Greg Hamann will be there supporting the cause and rooting the racers on. Dressed as the Grim Reaper, he will be at mile marker 13 telling participants that "The end is near."

ABC House is offering registered LBCC students a special \$45 entry price until Oct. 8 with the use of a special promo code while registering online at www.runaway-pumpkinhalf.org. A flyer with this code can be picked up at the Student Life office.

Every participant will receive a long-sleeve tech shirt, a goody bag full of great items, a finisher's medal, food at the finish line, and a chance at door prizes. In addition to prizes, food and fun, you get the opportunity to join your



provided photo

"Super Heroes" participating in last year's Runaway Pumpkin Half Marathon.

community in supporting the wonderful non-profit organization ABC House, and make a difference in the lives of abused children.

The mission of ABC House is "To provide a safe, respectful, and healing environment for children who are abused." To report suspected child abuse, call (541)757-5019 or visit abchouse.org

For more information on the Runaway Pumpkin half marathon: contact info@runawaypumpkinhalf.org or visit runawaypumpkinhalf.org



William Allison

Students from Analee Fuentes' beginning drawing class gather in LBCC's oak grove to work on an assignment.

Unplanned pregnancy? Take control.

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Office work, reception, typing, filing, letters, forms. Or be a Coffee House barista.

Apply through Financial Aid, work study site online.

Jobs: Baristas, Student Services Office, Ambassadors

LBCC is an equal opportunity educator and employer. Persons having questions about or requests for special needs and accommodations should contact the Disability Coordinator at Linn-Benton Community College, RCH-105, 6500 Pacific Blvd. SW, Albany, Oregon 97321, Phone (541)-917-4690 or via Oregon Telecommunications Relay TTD at 1-800-735-2900 or 1-800-735-1232. Contact should be made 72 hours or more in advance of the event.

The Commuter

Advertising Department

Need help finding your customers?

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commuterads@linnbenton.edu



Snapshot Around Campus



Austin Harris

Work study student Kyle Neumann takes pride in watering the many plants around the farm.



Alyssa Gerig

LBCC barista Cindee Larrison, in the Courtyard Cafe, works quickly as the influx of students returning to school creates a steady demand for caffeine in the first week of fall term.



Michelle Strachan

Students enjoy their first day at the pottery wheel at the Benton Center ceramics class.



Ashley Jones

Marisa Clark serves pizza in the LBCC Commons Cafeteria.



Victoria Nelson

Students find stress relief in their yoga class, located in the Activity Center.

7 Ways to Get in Trouble with the Law in College

Michael Rivera
Videographer

College is a wonderful place for many kids growing up. We learn so many different things, both curricular and about life. It's a place where many kids get away from their parents and can grow and mature on their own.

College attracts an age where people want to drink. When kids are exposed to alcohol, stupid stuff happens. When stupid stuff happens, cops get involved. The last thing you want as a college student is to get arrested. Many times, this can cause you to get kicked out of school due to many colleges having a conduct policy that you have to follow. Here are some ways to avoid riding in the back of a police car.

7. Starting a Fight

Sometimes people upset us pretty badly and you just wanna kick the crap out of them for it. You might want to think twice. According to oregoncrimes.com, a fistfight can be recorded as a Class A Misdemeanor, which will require plenty of fines to go along with it. Be careful, though, having a previous criminal record can turn a simple misdemeanor into a Class C Felony.

6. Playing with Fire

There are some people out there that have a general affinity for fire. I have an old friend that use to microwave gun powder just to see what would happen. Obviously, he did it out of city limits. This is still considered arson and extremely dangerous around homes and children. Playing with fire is a great way to be arrested, hurt people and find yourself on an FBI terrorist list.

5. Starting a Riot

You wouldn't expect it, but riots are a reality, even in this state. Two examples: In 2010, during an UO-OSU Civil War game, Josh Britton lit a T-shirt on fire on the Reser Stadium astroturf, according to the Register-Guard. The Eugene paper reported that Britton was charged with "a felony, along with four misdemeanors: criminal mischief, disorderly conduct, reckless endangerment of another persons, and reckless burning." This was only two years ago.

A bigger, more national headline was about Kent State University. According to the Huffington Post, it was an annual event called "CollegeFest," where over 3,000 students were instructed by a police SWAT team to cease and disperse. Instead, the inebriated college crowd started throwing bottles and cans at the SWAT team. They retaliated by using tear gas and flashbang grenades on the

students. "Kent police arrested 33 people. Of those arrests, eight were for failure to disperse, three OVI and seven juveniles for curfew and underage drinking," said Leah Richards of newsnet5.com.

4. Using the Public as a Restroom

According to oregonlaws.org, ORS 163.465 Public Indecency Article 1 states, "A person commits the crime of public indecency if while in, or in view of, a public place" is classified as a misdemeanor, but can result in a felony arrest if you are within 125 ft of a school zone. So, when you're in that long line for the bathroom at that frat party you're attending, it might just be better to wait.

3. Weapons on Campus

Guns, knives and other types of weapons are legal to have, but not on school premises. In May 2012, Oregon State's Board of Higher Education banned possession of any type of weapon around university properties. Violating these ordinances will result in disciplinary action with the university, such as expulsion or immediate departure from university-owned properties depending on the school. Let's face it: After so many violent acts on campuses across the nation, there is nobody who wants people (other than law enforcement) with weapons at school. It is highly unnecessary and should be obeyed. To avoid severe conflicts, leave the weapons away from school.

2. Drinking while Driving

This is the ultimate no-no. This is a close tie for number one, since it is a very popular charge. DUI is, by far, one of the most dangerous offenses to all drivers. I'm not even going to use statistics to back up this statement because we all know that driving with a BAC (blood-alcohol content) higher than the legal limit is wrong. Oregonlaws.org says, "first time charge of a DUI is a Class A Misdemeanor" with the option of diversion, which is highly expensive. If you have been convicted three or more times, you will be bumped up to a Class C Felony. Please, if you get a DUI, don't do it again. You are going to spend countless dollars in court fees, diversion and insurance.

1. Sexual Offenses

I think this takes the cake on all other ways to get arrested. Sex offenses can range from harassment to rape. Upon being charged with a sex crime, you will face felony charges, time in prison (anywhere from 10 years to life depending on the conviction), and upon release from prison, will have to register as a sex offender. This requires that you can't live/be in any vicinity to schools, and you have to inform your neighbors of being a sex offender. This is no joke, so don't even try it.

Dear Conscience, I made this big mistake, but I'm only human, right?

Sean Bassinger

Shoulder Devil

Unlike your existence, seeking my advice was no mistake. However, it sounds like you already know the harsh truth: You're only human; therefore, you'll screw up often. But hey, that doesn't mean your life is over or anything – look at all the big-time politicians and CEOs who make a career out of it.

Unfortunately, part of being human and making mistakes also entails complaining about them for hours, so here's a tip: Don't whine about it. In fact, don't even think about it after this.

Seriously, why feel guilty about something that's simply a part of your nature? And let's not forget, these so-called "mistakes" are perfect opportunities to take advantage of situations and collect what you're entitled to (not to beat the CEO thing into the ground). Stole some candy from a kid? Hell, like you knew any better. Lost your friend's cat? You're only human, and "Chomps" was an annoying bugger anyhow.

Own your own store and accidentally charge some old hag an extra \$10? Oops! Only human - and a slightly richer one I might add.

Guilt is for suckers, and you're clearly no sucker. So why fret over it? Get out there, live your life, and make plenty more mistakes. After all, what good is life without a little bit of "innocent" profit on the side? At this rate, you'll be running the Bank of America in no time. Oh, and if this week's shoulder angel mysteriously disappears, it was... an accident.



Justin Bolger

Shoulder Angel

You're kidding. You have to be. There's no way you're using your humanity as an excuse for weakness, right? As a human being, you have the highest potential on Earth. You've a greater capacity for reasoning, creativity, and morality than any other known creature.

So, you can see why I puke a little in my mouth every time I hear some jerk-wad say, "I'm only human" just after doing something terrible. I tend to picture them with villain eyebrows and a fiery background or twirling their hair around a finger with their derped-out eyeballs whirling around their empty skull. You know better, and you know you know better.

Just call me the angel of tough love. You needed that.

I imagine the attitude backing your question stems from the phrase by Alexander Pope, "To err is human; to forgive, divine." This was never meant to be the poor excuse modern society has made it out to be. What a crutch. I'd laugh, but I'd rather cry.

Let's forget about the forgiveness being divine thing for a minute – I'll forgive you when you actually try. (Let's be honest: You thought that was a different quote anyway.)

Here's my point: Humanity should be what you claim to the stars and the sky when you accomplish something incredible, not something you say as a way to weasel out. (They told me "weasel" was more appropriate.) Take responsibility and have some pride.

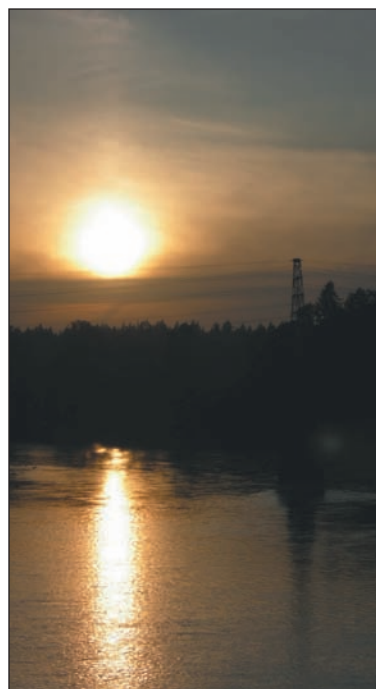
Next time, do something great—something worthy of humanity—and shout to the heavens, "I'm effin' human!"



Have questions? We have answers.

We offer advice on ANY topic from two different points of view. Send your questions to: commuter@linnbenton.edu

"Dear Conscience" does not necessarily reflect the views of any of The Commuter staff.



Ron Borst

The Willamette River

Keepin' Green: Willamette River Clean Up

Ron Borst
Staff Writer

On Oct. 6, multiple events will combine to form The Great Willamette River Clean Up. It's a great way to enjoy fall, experience the river, meet new people, and help keep the Willamette clean. Reserve a seat online at willametteriverkeeper.org.

Albany's city website also has details and links for boat rides from Corvallis to Bryant Park in Albany. Event organizers also encourage boat owners to join in the clean-up effort. There is also a shirt giveaway at the picnic afterwards at the park.

Willamette River Keeper is a non-profit whose sole mission is to "protect and restore" the river. I encourage an in-depth look at their website, as well as solv.org and focusthenation.org, both Oregon non-profit super environmental aware-ists.

I fish our pure and pristine mountain rivers for salmon and steelhead, sturgeon and shad, and

others. My core is respect. Back when I smoked tobacco, I never threw my filters on the ground. I can't count the times another fisherman said "good idea" when I put the butt in a ziplock bag.

I had, and still have, three half-gallon ziplocks in my fishin' pack. One for toilet paper (stop laughing); one for my phone, camera, and fishing tag - they have to stay dry; and one for the cigarette filters. (It holds dog treats these days.)

I study hydrology and the habits of the water. The floodwaters and back-eddies are remarkable in the sense that they transport and deposit gear that I use. I hunt these waters for floats mostly, for obvious reasons - they are bright and hardly damaged. But I see mostly litter. Waters rise and pick up debris, moving it downstream like garbage pick-up, without the diesel and noise.

The cycle starts in the headwater streams in our conifer mountains, picks up steam, and rumbles through communities and farmlands, connecting with other rivers until it enters the ocean. There,

the plastic gets churned around in the sea currents, breaking down into food-like particles. Unbroken plastic floats at the surface, teaming with six-pack containers and grocery bags affecting wildlife. To help break the cycle, one can volunteer at events like The Great Willamette River Clean Up. Simply bring a garbage sack along your next outing. The help is everlasting.

Some think picking up trash is gross. Bring rubber gloves and leather work gloves. Some even bring a "poker," a tool to stab garbage and deposit it away. If you are floating down river on Oct. 6, bring a lunch and water as well.

The last place our trash should be is in the waters of our Earth. When we co-inhabit those waters for swimming, fishing, rock-hounding, hunting, cutting wood, or camping, we should be active in picking up litter and not littering. When we are not on the river, we should get involved with the clean-up effort. Help keep Oregon streams and waters free of trash.

Why Should We Vote?

Constance Nguyen
Contributing Writer

Well, we've registered to vote. That's great. We took five minutes of class time when someone from the Student Leadership Council showed up and told us about their target number for registering. We figured, what the heck, doesn't cost anything to fill out the card.

Now what? Should we even bother to vote? Can one person really make a difference?

After talking to people on campus, it would seem society has become very skeptical about the value of their vote in the real world.

I heard talk about the electoral college being the voting body for president, so one individual vote makes no difference. When I asked them about local elections, where the

count is done on a person by person basis, they were stopped in their tracks. It hadn't occurred to them that local elections were that important.

It's very important to remember that many decisions directly affecting

our everyday lives are made at the city and county level. Making the choice to not participate leaves us open to having others decide how we live.

"Politicians never tell the truth" was something that came up more than once. It seems to be a common notion that a person will say anything, whether or not they mean it, just to get elected.

We would be foolish not to approach the candidates and issues

with an eye for truth. This being said, it means the responsibility lies with the voter to do our homework and learn what they are really about. It takes some work, but with the internet at our fingertips, not much. Looking into the real voting record or past actions of a politician can be done within a matter of minutes. Finding a fact-check site that will analyze what they're telling us will do most of the work during the campaign for us.

Checking each side of any issue is just a Google search away. Be certain to look for websites that offer facts, though, and not partisan view points.

A bright moment came during the discussion when a girl who had just registered said she was looking forward to finally voting. She was about to turn 18, just in time for this election.

She said she was eager because she knew that by voting, not only was she fulfilling her duty as a citizen, but she was also giving herself the right to cheer at success, or to bitch when someone fell short of expectations. If she decided not to bother with voting, she knew that she had given up the right to do so.

Eric Noll, legislative affairs director of SLC, had this to say:

"If every student voted, we would be the largest voting block in the state. If this happens, decision makers will listen."

A sports metaphor comes to mind. "A team is only as strong as its weakest player." If we are able to vote but don't, doesn't that make us the weakest players on team America?

"... If every student voted, we would be the largest voting block in the state. If this happens, decision makers will listen."

The Importance of Voting

Ron Borst
Staff Writer

Register To Vote: Do it now!
The common thought is "My vote really doesn't get counted." Generally that is untrue and somewhat ignorant. Your vote does count, and it is important. The fact is, numbers do not lie. They may get tricky (just ask Florida), but a vote is a vote.

Not only does your vote matter in local city and county elections, but your vote has an impact in every aspect of government all the way up to the Supreme Court at the federal level. This is not unknown, for much has been written of voter influence on the choices made on the national stage.

Some will even say that low voter turnout does not affect our policies, and I would agree that an uninformed, puppet, or bought vote is worse than no vote at all.

But I would disagree in theory, the reason being that the best approach is to educate and encourage active participation in elections. An educated, objective and informed voter can only help society as well as encourage responsible government.

For a moment, let's talk about local elections. Obviously, the voting process is slimmer and simpler, with a historical tendency to convey a truthful tally and represent the people. An election for mayor or a vote on school bonds is your duty.

Get registered and vote; make an impact without frustration but rather, resiliency. Do not be discouraged, your voter preference does not mean satisfaction. Candidates may disappoint or even anger you. Remain objective while listening to the angles. But always vote. Do not ever complain of policy in America if you fail to vote.

A vote is in effect, an opinion of policy or policy-

makers. Be proactive, research and communicate with your lawmakers as well. Represent your vote and your opinions.

Even in the upcoming presidential election, your vote is substantial. The Electoral College has, over the years, been scrutinized for its effectiveness and accuracy.

It has been blamed for some oddities and has been hotly debated since the 2000 election produced a president who lost the popular vote; in that case, the difference was around 500,000 votes. It seems a substantial argument, yet I disagree.

The Electoral vote protects small towns and small states from having too little influence. If a popular vote existed, an unbalanced influence would put excessive power in the more highly populated area or state.

Oregon is a good example of that in regards to the influence the Portland-Metro area has on state elections. A vote is a vote. Of course your vote counts. Do your part and register to vote. Educate yourself (and your friends) to the virtues of a particular vote.

The consequences of not voting are catastrophic. The powerful and arbitrary shall not rule if the people as a whole tally their opinions and ideologies and minimize the factions that the founders were so worried about, particularly James Madison, who sought to minimize a certain tyranny with a vested and equal power in the people.

That power in your local elections is useless if one does not vote. Local elections provide opportunity to influence taxes, government spending, school issues, and a mountain more of relevant, debatable issues.

Statewide voting can influence regional policy. And at the national level, the educated and critical-thinking voter somewhat influences national ideology. Use that power like a stick. A big stick.

Thanks for your time and REGISTER TO VOTE.

Register to vote online at: oregonvotes.org/pages/voterresources/regtovote/index.html

Sex AND THE Campus

Body Language, part 1

Ian Butcher
A&E Editor

I'd like to share an interesting bit of information with you: Most human communication is articulated non-verbally.

In fact, research shows that around 75 percent of human communication is done through body language. Only 10 percent comes from actual spoken words (that other 15 percent is done through tonality). So it goes without saying that how you carry yourself and present yourself to people is a huge part of how people gauge your attractiveness.

Speaking of carrying yourself, I'd like to point out some alarming trends that I've noticed in the body language department. Most of what I'm going to be talking about can

be solved with this simple phrase, upwards and outwards.

First off, sit up straight! Too often I see people sitting with their backs all kinds of arched and crooked like a hunchback. And let me tell you, hunchbacks are not bringing in all the ladies on the first glance. An easy way to break this habit is by imagining that there is a thread attached to your head, holding you up like a marionette.

Imagine that this thread is runs into your head and through your spine, and at all times this thread is being pulled up. This leads to your back being straight as an arrow and, as a result, your overall posture looking much more confident and far less awkward.

Great! Now that you're standing and sitting in a much more attractive posture than you were before, let's work on that face of yours.

For starters, you need to make

eye contact! If you're talking to someone you're attracted to, do you really think they're going to feel the same way about you if your eyes are darting around the room looking at everything except their eyes? Lack of eye contact will make you seem awkward and uncomfortable, not to mention sending off vibes that your interests lie elsewhere.

Also, make sure you smile. If you're telling an interesting story but have a dour look on your face, no one's going to buy it. Smiling (and I mean really smiling) makes you feel better as well as the people around you.

Those are just a few little habits that I think need some improvement. In the meantime, make sure to come back next week same bat-time, same bat-channel when I'll tell you about how to read the body language of those around you.

Letter to the Editor

The Cost Of Tuition

I have been a student for 20 years at LBCC, and I have noticed the prices for tuition used to be lower. When I first started attending, credits cost as little \$38 each. Before I knew it, prices had risen to \$64 a credit. Today credits cost an eyepopping \$96 each!

Students who are taking non-credit classes are lucky, they only have to pay for student fees, which can range in cost from \$40 to \$60! Far lower than the \$96 for accredited classes.

For students taking two credits or more costs dramatically increase to \$192 to almost \$2,000!

Adding insult to injury, books, worksheet packets, papers, pencils and pens are an added expense. Depending on the degree, these costs can snowball into hundreds of dollars!

I have frequently heard frustrated complaints from students about the high price of the tuition and school supplies. Many students ask me, "Why does everything cost so much?" I reply to them, "Maybe you should take fewer classes, or ask the registration office that question!"

Denise Shelton

What do you think?

Both letters to the editor and guest columns are welcome.

Submit your thoughts to commuter@linnbenton.edu

The Commuter attempts to print all letters received, although we reserve the right to edit for grammar and length. Letters that raise libel, poor taste or privacy concerns will not be printed.



Diversity Achievement Center Fall Events

Color the Vote

October 10 • Noon-2 PM

The Oregon Student Equal Rights Alliance and the Oregon Students of Color Coalition in collaboration with the Vote or Vote campaign will lead a voter registration drive and show the film *Brother Outsider*; a film on the life of Bayard Rustin, an American leader in social movements for civil rights, pacifism and non-violence, and gay rights. Pizza will be provided by Vote or Vote.

Office of Financial Aid Scholarship Workshop

October 11 & 12 • Noon-1 PM

Sharon Wall, LBCC Financial Aid Processor will guide participants on techniques on how to research and fill out scholarships.

Week of Commencement of Latino Heritage Month (LHM)

October 15 • Noon-1:30 PM

History of LHM

LBCC Director of Diversity and Community Engagement, Javier Cervantes will take participants through the History of why we celebrate Latino Heritage Month in the US. Flag Displays

outside the DAC.

Film: A Day Without A Mexican

October 16 • Noon-1:30

Come watch a movie and get some popcorn and learn about what life in the US would be like if all Latinos vanished. California is in shock. The economic, political and social implications of this disaster threaten the Golden State's way of life. The movie delves into the lives of four characters impacted by this seismic event.

Café con Leche & Pan Dulce (Cofee, Milk and Sweet Bread)

October 18 • Noon-1:30 PM

Come and enjoy some down time and enjoy how Latinos partake in Café con Leche & Pan Dulce (Cofee, Milk and Sweet Bread).

Basics of Sign Language

October 18 • 9:30-10:30 AM

Come learn some of the basics to sign language at the DAC. This event will be engaging and fun to learn another language.

A Personal Testimony of a Somali-American at LBCC: An Examination of History, Poli-

tics, Identity & Environmental Racism

October 23 • Noon-1:30 PM

Muna Hassan takes the participants through the nuances of Somalia and Somaliland while being uniquely American. Participants will be introduced to and learn about concepts of why there is piracy in Somalia, the extent of environmental injustice in the country, and to what extent influenced by foreign policy of other nations.

One Woman One Vote

October 24 • Noon-2 PM

LBCC's Valerie Zigler, Outreach & Retention Specialist will lead a discussion after the showing of the DVD: *One Woman One Vote* where the women's suffrage movement endured infighting, alliances, and betrayals and won the right to vote when the 19th Amendment passed in 1920.

Dia De Los Muertos/Day of the Dead Commemoration

October 31-November 2

Analee Fuentes Day of the Dead/Dia De Los Muertos Presentation

October 31 • Noon

LBCC Art Professor Analee Fuentes provides a

keynote on why Day of the Dead/Dia De Los Muertos is honored in Latino culture. An alter/offering will be built to honor our passed loved ones. The public is welcomed to bring pictures and favorite offerings.

November 1-2 • all day

The alter is available for your contribution and your viewing.

History of Veterans Day

November 9 • Noon-1 PM

Learn the history of Veterans Day and why the US celebrates its veterans. With a larger number of returning vets this is a chance to understand more about how we honor those that serve our country.

DAC Heritage & Roots Wall Deadline

November 16 • 2PM

This is the last day to drop off your completed forms that describe the flags of the world that comprise the Roots and Heritage Wall in the DAC. By completing the form you enter to win a prize by naming as many of the flags that are on display.

A word from your local



Welcome back, students!

This year, your Student Leadership Council would like to see students get more involved with the goings-on here at LBCC, and we're kicking that trend off straight away with the first Courtyard Lunch on Oct. 3. In addition to getting a delectable meal, you'll be supporting our school clubs, who will be signing up to host these events. These meals will be a weekly reoccurrence every Wednesday in the month of October, culminating in our annual Harvest Pie Festival on Oct. 31.

Also, on the third Wednesday of every month, we will be hosting 'Coffee Talks' in the Hot Shot Café. This is your chance to share opinions, ask questions, and make requests with us, your representatives on campus. It will be a very low-key and informal opportunity for us to get to know the

student body, which will allow us to properly represent your voice.

Coming up quickly is the Student Activity Fair on Oct. 10. This is a huge recruiting event for clubs, co-curriculars, and teams that will work to inform the student body about a few of the opportunities we have to offer here on campus and will help increase student involvement on campus immensely. It's important to recognize that only a portion of your college education comes from the classroom; getting involved is a great way to build your resume, connect

with your community, or you could possibly even find a new passion.

Just one last thing: DON'T FORGET TO VOTE! You may have noticed our not-so-subtle class presentations or our clip boarding in the halls. We will be registering voters up until the Oct. 16. It is vitally important that you register and participate in voting in the upcoming elections. Students are dreadfully underrepresented in the polls, and consequentially, student issues have been neglected. But this is a new year, and with it, a new opportunity. Make sure your voice is heard.

Amanda Mendell

Student Outreach Coordinator
SLCOUTREACH@linnbenton.edu
(541) 917-4457

Classifieds

Deadline: Ads accepted by 5 p.m. Friday will appear in the following Wednesday issue. Ads will appear only once per submission. If you wish a particular ad to appear in successive issues, you must resubmit it.

Cost: Ads that do not solicit for a private business are free to students, staff and faculty. All others are charged at a rate of 10 cents per word, payable when the ad is accepted.

Personals: Ads placed in the "Personals" category are limited to one ad per advertiser per week; no more than 50 words per ad.

Libel/Taste: The Commuter won't knowingly publish material that treats individuals or groups in unfairly. Any ad judged libelous or in poor taste by the newspaper editorial staff will be rejected.

Help Wanted

You can sign up at www.linnbenton.edu/go/StudentEmployment to look at student & graduate jobs.

*For more info about the opportunities listed below, please see Carla in Student Employment in the Career Center (Takena First Stop Center).

CWE Jobs (#9969 Administrative Asst., #9980 Mechanical Maintenance, Albany) If you are a current LBCC student in a related field, you will find these are wonderful opportunities to get work experience in your field of study.

Relief Cook (#9914, Corvallis) This part-time job is

looking for someone with experience in commercial meal preparation and customer service. \$9 - \$11/hr

Temporary Webpage Asst. (#9978, Corvallis) This part-time job is opportunity to apply the skills you are learning in JavaScript and Web Development I. Must have some knowledge of web development. \$15 / hr. Typically Thursdays 7:00 - 9:30pm and Sundays 1:00 - 4:00pm.

Accounting Assistant (#9987, Albany) Seeking self-starter with a focus on process improvement and good organizational skills. Proficiency with Excel; knowledge of accounting principles and software (MAS 90 a plus) for this full-time job. \$15 / hr.

Persons having questions about or requests for special needs and accommodations should contact the Disability Coordinator at Linn-Benton Community College, RCH-105, 6500 Pacific Blvd. SW, Albany, Oregon 97321, Phone (541)-917-4690 or via Oregon Telecommunications Relay TTD at 1-800-735-2900 or 1-800-735-1232.

Contact should be made 72 hours or more in advance of the event.

THE COMMONS FARE

MENU FOR THE WEEK OF:
10/3-10/9

Wednesday: French Dip, Chicken Tamales*, Vegetable Pasta Alfredo. Soups: Pozole* and Loaded Potato Chowder.

Thursday: Pork Piccata, Hazelnut Crusted Salmon with Frangelico Beurre Blanc*, Potato and Cauliflower Curry over Steamed Rice*. Soups: Mulligatawny and Portugese Tomato.

Friday: Chef's Choice

Monday: Meatloaf with Mushroom Gravy, Chicken Massaman Curry over Steamed Rice*, Kolokopita Triangles. Soups: Chicken Noodle and Potato Cheddar*.

Tuesday: Dijon Grilled Chicken over Rice Pilaf*, Pulled Pork Sandwich, Eggplant Parmesan. Soups: Creamy Chicken and Mushroom and Tomato Basil*.

Items denoted with a * are gluten free

ROOM FOR RENT WHERE: NORTH ALBANY AREA

MONTHLY RENT: \$450 - INCLUDES UTILITIES

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“The FP” Is Frickin’ Perfect

Ashley Christie

Page Designer

If you’ll indulge me for a moment, I’d like to read you something:

In a dystopian future, a relentless turf war rages. Two rival gangs feud for control of rural wasteland Frazier Park (The FP) in the deadly arena of competitive dance-fight video game “Beat-Beat Revelation.” After hometown hero BTRO is slain on the dance platform by thug leader L Dubba E, his protege younger brother JTRO goes into isolation, vowing never to duel again. One year later, The FP is in ruins, and JTRO must find the courage to return and restore order in a ruthless battle for revenge that can only leave one man dancing.

That is the official description for “The FP,” a film written by, directed by, and starring Jason Trost (I’ve never heard of him either). If that plot summary doesn’t sell you on seeing this movie, nothing I say in this review will.

I found out about this movie a while ago, and it took me a bit of time to track it down. I knew after watching the trailer that I had to see it. It’s one of those movies you know is going to be bad, but you’ll still love. Maybe you feel a little dumber after watching. Some may even say their soul aches afterwards. Actually, one friend did say that.

“The FP” is like nothing I’ve ever seen before. No words can do it justice. It’s ... it’s ... ugh, where do I begin? Everything about this movie works together to create a craptastic masterpiece. FP might as well stand for “Frickin’ Perfect.”



You’ve already read the plot summary, but allow me to get a bit more in depth. After BTRO is killed on the dance floor, L Dubba E takes over the FP and all of its alcohol. He won’t let anyone

else have any, so the town turns to drugs. What this really means is that a town without booze has no bums. Who would feed the ducks in the park? And what’s a town without ducks? I’m not joking, this is the major problem of the town: L Dubba E is denying them ducks. It’s post-apocalyptic “Boyz N the Hood” meets “Rocky,” with a dash of a drugs/alcohol after-school special.

At first, listening to the characters talk was a struggle. I only understood every third word or so because I don’t speak gangsta, and every third word is an f-bomb or one of its derivatives. By the end, it was easier to follow; I’m not sure if they started using English, or I just became fluent in ... whatever they were speaking.

The music is like listening to the Dance-Dance Revolution soundtrack. It’s techno-ish, but girlier. The best musical interludes, though, are during the film’s tender moments, like when JTRO is telling Stacy (his love interest) that she doesn’t need to go back to her abusive, alcoholic, cross-dressing father, she can live with him in his tent across the street. The music becomes softer, and sweeter, and tugs right at your heartstrings. Or at least it would if you weren’t laughing so hard.

Between the dialog, music, costumes, the training montage, and storyline, it’d be easy to assume this movie is straight out of an ’80s time-capsule. But no, it came out only a year ago in 2011. I know the filmmakers had to be totally aware of what they were making. It’s not a bad movie, it’s an homage to every bad movie you’ve ever seen.

“The FP” is great big pile of awesome and seeing it once just isn’t enough. You’ll watch it, and then again, and again, and again, until you’ve watched it with every single person you know. More people need to know about “The FP.” Do it for the ducks, bro, for realies.



A Cappella Awesomeness

Ashley Christie

Page Designer

Do you know how long I’ve been waiting for a movie about competitive collegiate a cappella singing? “Pitch Perfect” is a movie I didn’t know I’d been wanting.

Beca (Anna Kendrick) is a college freshman at Barden University and looking to join a club to appease her father. She joins the Barden Bellas, the school’s only all-female a cappella group, whose reputation has taken a bit of a nose dive. She helps round out the rag-tag group of misfits and lead them to nationals.

The plot is a little old and completely predictable, but I don’t care. There’s no suspense, you know exactly what’s going to happen, but that’s not the point of a movie like this.

You see a movie like this to laugh, have a little fun, and see a killer final routine that wows the judges and wins over the audiences’ hearts. “Pitch Perfect” delivers on all fronts.

Kendrick is a very charming actress and carries the film well. The entire cast does a solid job but pale in comparison to the stand-out performance

of Rebel Wilson. I don’t know where this girl came from, but she kills in every movie she’s in. She steals every scene, and every line is comedic gold.

There’s also some great cameos from Donald Faison, Christopher Mintz-Plasse, Elizabeth Banks, and John Michael Higgins. Banks and Higgins are color commentators for the a cappella competitions and two people I’ve never wanted to punch in the face more.

The soundtrack for a film about music has also got to be a knockout. All originality points lost on the storyline are made up for with the covers and remixes. The final performance even pays tribute to one of my favorite movies from the ’80s, “The Breakfast Club,” and its title track “Don’t You” by Simple Minds.

Is “Pitch Perfect” a perfect movie? No. It’s trying really hard to be like “Bridesmaids” (a movie I really didn’t care for), and not all the jokes always work. But all in all I wasn’t disappointed with my time spent watching it.

If you like “Bring It On” or “Stick It,” you’ll like this movie too. It’s cute, harmless fun that’s good for some genuine laughs.

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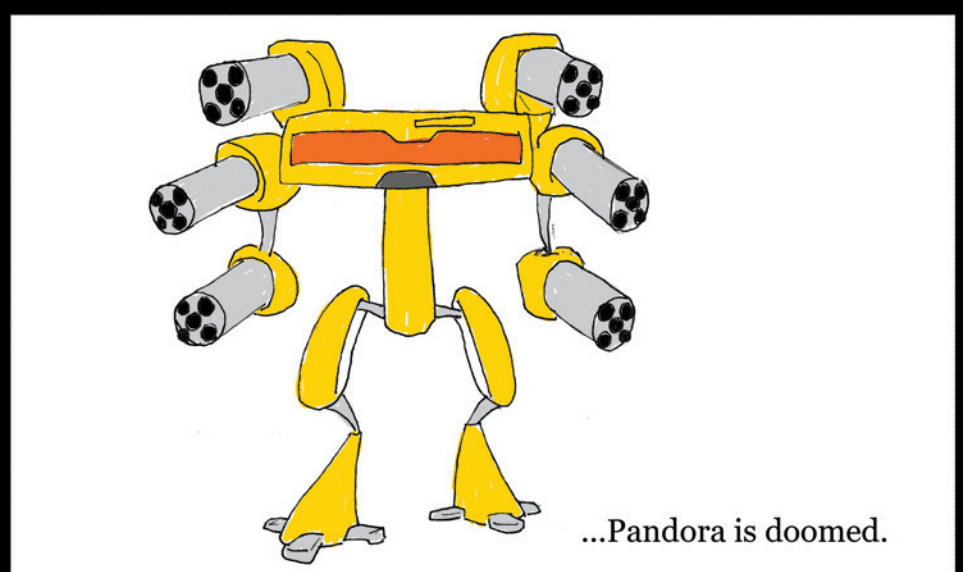
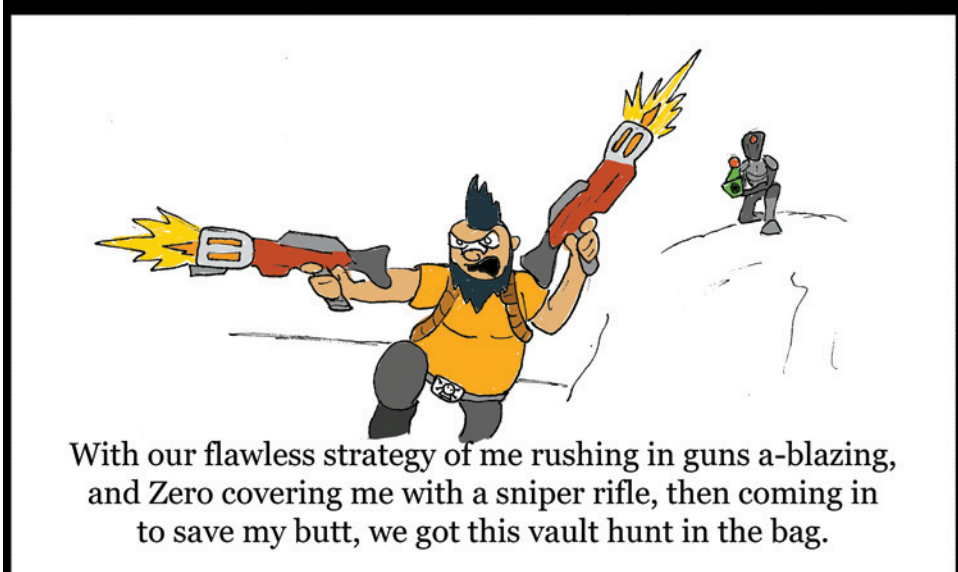
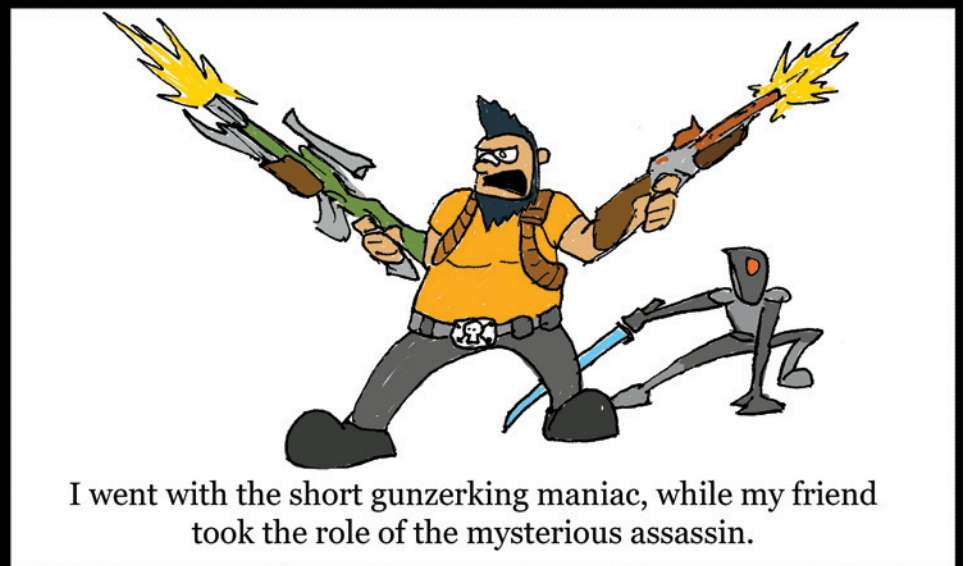
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WEDNESDAY OCTOBER 3

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BACK *in the* DAY

Oct. 3, 1849 - Nevermore

American author Edgar Allan Poe is found delirious in a gutter in Baltimore, Md. under mysterious circumstances; it is the last time he is seen in public before his death. He died four days later of unknown causes. (He was 40 years old.)

Oct. 4, 1927 - I like your face

Gutzon Borglum begins sculpting Mt. Rushmore. With the help of 400 workers and \$989,992.32, it was completed 14 years later.

Oct. 5, 1947 - As seen on TV

The first televised White House address is given by U.S. President Harry S. Truman. He was our 33rd president and the last U.S. president without a college degree.

Oct. 6, 1967 - Make peace, man

Hippies living in Haight-Ashbury throw "The Death of the Hippie" ceremony (a mock funeral) to mark the end of hippies. (Acts like Jefferson Airplane, the Grateful Dead, and Janis Joplin all lived a short distance from the San Francisco intersection.)

Oct. 7, 1959 - Full moon rising

Far Side of Moon seen for first time, compliments of USSR's Luna 3. The mission lasted 207 days and 29 pictures were taken. All contact with the probe was lost on Oct. 22, 1959. (It is believed to have burned up in the Earth's atmosphere in Mar. or Apr. of 1960)

Oct. 8, 2003 - Introducing the governor

Arnold Schwarzenegger is elected the governor of California. He made his third appearance as the title character in "Terminator 3: Rise of Machines" that same year.

Oct. 9, 1930 - Leaving on a jet plane

Laura Ingalls is the first pilot, man or woman, to complete transcontinental flight around South America. Her trip included stops in Chile, Argentina, and Brazil. (Amelia Earhart was the first to make the trip non-stop two years later.)

Poetry Spotlight

Maybe

by Ruth Krueger, Student Poet Laureate

I dreamed that I awoke and headed down the eerie hallway toward the living room.
 The window stood wide open, wind lifting the curtains and blowing them about like a sea of green.
 I stood.
 Frozen.
 I went back in silence to wake my husband and he followed me down the hall.
 I stood, pointing at the curtain and open window.
 He moved forward and looked outside.
 "There is something on the porch."
 He opened the door just a crack,
 And that is when it happened.
 She jumped forward from a squat beside the wall and pushed the door open wide.
 She sprung toward me, almost as if trying to become me.
 I pushed her away, screamed and opened my eyes.



The dream was over, yet her presence remained.

My fast beating heart kept me alert as ever so slowly I lied back down and regained my breath.

In. Out. In. Out.

I've contemplated this image that has continued to plague my sleep from time to time these past months.
 Her eyes are familiar but still I push her away.
 I'm beginning, I think, to recognize her.
 Maybe next time I'll risk a peak at her mouth or her hands or something.
 Maybe in time I'll invite her in and get to know her.
 Maybe.

Submit your poems and artwork to commuter@linnbenton.edu

GAME OF THRONOSCOPES

ARIES
 3/21 - 4/19

(Stannis Baratheon) You're an individual fit for king or queen. Rise up and take what's rightfully yours.



LEO
 7/23 - 8/22

(Tyron Lannister) You're amazing and it's a shame more people don't realize how much. Have some wine and toast your own greatness.



SAGITTARIUS
 11/22 - 12/21

(Brandon Stark) Don't let your reoccurring dreams get the best of you.



TAURUS
 4/20 - 5/20

(Gendry) You may discover an incredible secret you never thought possible, possibly involving some sort of fortune or inheritance.



VIRGO
 8/23 - 9/22

(Margaery Tyrell) You may have some trouble winning over your significant other. Stay true to your intents and you'll have what's yours.



CAPRICORN
 12/22 - 1/19

(Robert Baratheon) Expect a rapid increase in girth and decrease in temper.



GEMINI
 5/21 - 6/21

(Cersei and Jaime Lannister) You may feel as if a part of you is missing. There's a good chance some pesky Libra is to blame.



LIBRA
 9/23 - 10/23

(Ned Stark) Winter is coming. Never lose sight of what's truly just.



AQUARIUS
 1/20 - 2/18

(Theon Greyjoy) Never forget whom your true family and friends are, even if their beliefs or practices seem a tad... unorthodox.



CANCER
 6/22 - 7/22

(Joffrey Baratheon) There's a good chance you're going to get slapped by a Leo. Just don't squeal too loud.



SCORPIO
 10/24 - 11/21

(Petyr Baelish) Knowledge may be power, but never forget that power is also power - especially when threatening others.



PISCES
 2/19 - 3/20

(Yara Greyjoy) You may soon encounter a visit with someone familiar from the past, though they may not recognize you. Give it time... but not too much.



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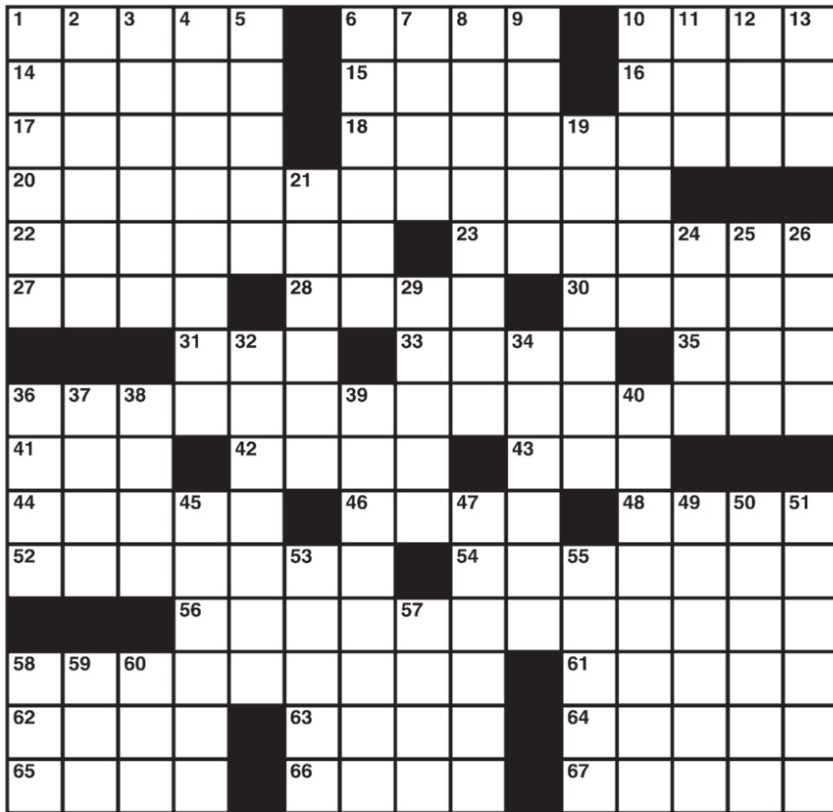
By Jason Maddox
 An LBCC student-generated comic



Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

- ACROSS**
- 1 Taylor of "The Nanny"
 - 6 Roof projection
 - 10 Patsies
 - 14 Are
 - 15 "Star Wars" royalty
 - 16 Had bills
 - 17 Senate minority leader
 - 18 Enchilada wraps
 - 20 2002 #1 hit for rapper Ja Rule
 - 22 Lake Wobegon creator
 - 23 Without any help
 - 27 "¿Cómo ___ usted?"
 - 28 "___ Cop": 1987 film
 - 30 Sugar coating
 - 31 Thrice, in Rx's
 - 33 Bone: Pref.
 - 35 Rural area
 - 36 1989 #1 hit for Paula Abdul
 - 41 Milne marsupial
 - 42 Airline to Ben-Gurion
 - 43 1950s-'60s "Man on the Street" comic Louis
 - 44 Radio station alert sign
 - 46 Academia VIP
 - 48 Apt. balcony
 - 52 He shared a Nobel Peace Prize with de Klerk
 - 54 Will beneficiary
 - 56 1989 #1 hit for the Bangles
 - 58 Ploy
 - 61 Country singer McCann and others
 - 62 Mil. no-show
 - 63 Heavyweight bout?
 - 64 Blazing
 - 65 Applies lightly
 - 66 Grandson of Eve
 - 67 Hardwood trees



By Allan E. Parrish

- 2 Forces out of the country
- 3 Jerk
- 4 Intensify
- 5 ___ alcohol
- 6 Corrida charger
- 7 Quite a long time
- 8 Master performer
- 9 Dine at home
- 10 Cirque du ___
- 11 Leatherworker's tool
- 12 Potpie veggie
- 13 '60s activist gp.
- 19 Mental pictures
- 21 Chestnut horse
- 24 Mustachioed Spanish surrealist
- 25 Former Israeli president
- 26 Give out cards
- 29 Peter of "Everybody Loves Raymond"
- 32 City NNE of Seattle
- 34 Prison escape route, perhaps
- 36 Gift tag word
- 37 Chaplin's last wife

Last Week's Puzzle Solved

S	C	A	B	E	D	T	V	L	E	M	O	N
H	A	L	L	Q	E	I	I	E	M	O	R	Y
A	R	I	A	U	R	N	S	A	M	O	R	E
F	L	A	S	H	I	N	T	H	E	P	A	N
T	A	S	T	E				N	E	T	R	B
				S	E	X	E	D	U	C	A	T
M	A	R		P	L	E	A		T	I	V	O
A	L	O	T	S	R	T	A	S		P	E	L
P	L	U	S	H				U	T	E	S	R
L	I	N	E	I	T	E	M	V	E	T	O	
E	N	D		P	O	M				I	N	P
				T	E	S	T	B	A	N	T	R
C	A	R	A	T				L	I	A	R	U
D	R	I	V	E				E	D	G	E	P
C	A	P	E	R				M	A	S	K	S

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- 38 Colorful horse
- 39 Speed trap device
- 40 "Mind your own business!"
- 45 Role models, say
- 47 Los ___: Manhattan Project site
- 49 And others: Latin
- 50 Comment
- 51 Popular candy pieces
- 53 Purchase alternative
- 55 F-sharp equivalent
- 57 Verne captain
- 58 Teary-eyed, perhaps
- 59 Pan Am rival
- 60 Take from illegally

Poetry Spotlight

Sweet Memories

by Mekayla Howard

Summer breezes blow,
 Through the empty clear glass window.
 Fresh cut grass fills your scents so sweetly,
 Along with hay fields fluttering.
 Water droplets glimmering to the eye,
 Cooling off busy minds, to see such sweet birds fly.
 Crunching leaves beneath five toes,
 Wearing shorts and summer time clothes.
 Its blues, greens, and shiny things.
 Pink lemonade, barbecues and parades.
 Cute children chuckling,
 Good times at a family gathering.
 Nothing less than fun filled, tear cleared, summer day memories.



Submit your poems and artwork to commuter@linnbenton.edu

SUDOKU

THE SAMURAI OF PUZZLES By The Mephram Group

Level: 1 2 3 4

		5		8			4
	6						5
		4		5			8
	8			2			6
		7		9		4	
	9		1				7 5
	4		6	3			
	3						2
1			7			6	

Last Issue's Puzzle Solved

5	1	6	7	2	4	9	8	3
3	9	7	1	6	8	5	4	2
8	2	4	3	9	5	6	7	1
2	5	9	6	4	1	8	3	7
6	3	8	5	7	2	1	9	4
4	7	1	9	8	3	2	6	5
1	4	3	8	5	6	7	2	9
7	6	2	4	1	9	3	5	8
9	8	5	2	3	7	4	1	6

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

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An LBCC student-generated comic

By Mason Britton



Mason Le Britton © 2012

Audiences Thrown for Enjoyable "Loop"

Ashley Christie
Page Designer

Time-travel movies, if I think about them too long, have a tendency to hurt my head. Thinking about a future-self meeting his past-self, but he already knows that was going to happen, and the past-self makes new choices, so future-self has new memories, and ... I'm getting dizzy.

"Looper" not only acknowledges the headache of time-travel, it tells a captivating story that is much deeper than the trailers lead you to believe.

In the future, when the mob wants to dispose of someone, they send them back in time, so hitmen, called loopers, can kill them and get rid of the bodies. Joe (Joseph Gordon-Levitt) is one of the best loopers until his future self (Bruce Willis) is sent back and gets away. Future Joe is on a mission to save his world from a future baddie. Present Joe is just trying to kill his target and make his boss happy.

The trailers never really sold me on this movie. I wanted to see it for two reasons: It's a Bruce Willis action movie, and it's by writer/director Rian Johnson. That being said, I'm soooooo glad I went. It was amazing!

Rian Johnson, whose only other full-length feature film credits are "Brick" and "The Brothers Bloom," can do anything. Whether it's neo-noir, quirky comedy, or sci-fi action, the man can tell any story, and more impressively, tell it well. "Looper" isn't just time travel shoot-em-up - been there, done that. There's also a



Looper
Director: Rian Johnson
Starring: Joseph Gordon-Levitt, Bruce Willis, Emily Blunt
Genre: Sci-Fi Action
Rated: R

dramatic storyline that engrosses the audience and makes you care about both Joes. You want both to succeed, even though that seems a bit counterintuitive.

Gordon-Levitt, a staple of Johnson's films, is a terrific actor. It's hard to believe he's that kid from "3rd Rock from the Sun." He channels Bruce Willis' mannerisms very well, which is important because so much of the movie depends on you believing he grows up to be Bruce Willis. You have to suspend belief a little, but in the end I bought it.

And is there any sight more glorious than Bruce Willis firing a

machine gun? I don't think so. Willis is THE action hero. He's the ultimate badass. Even when he's killing ... well, I won't get into that, let's say kittens ... you're still on his side. Not many actors can still have the audiences support while killing innocent ... kittens.

Supporting performances by Paul Dano, Emily Blunt, and Jeff Daniels are equally exceptional. I almost didn't recognize Blunt at first. She plays a pivotal role in the film that I'm not sure how to explain without spoiling more than I should. And after Daniels' portrayal as the leader of the loopers, I'm a bit terrified of the man. I never thought I'd say that a star of "Dumb and Dumber" scared the shit out of me.

"Looper" is smart and more than your average action movie. I highly recommend it for anyone who is a fan of good movies. It transports audiences into other unbelievable worlds but is still grounded in believable ways. Go see it; your future self will thank you.



provided photo

Xenat-Ra at the Majestic

William Tatum

Staff Writer

If you're a fan of novel fusions and meaningful lyrics, you have to give Xenat-Ra's new album, "Science For The Soundman" a listen. They fuse elements of free jazz, metal and what sounds like dubish-alternative hip-hop. I really appreciated the song, "Swalo Meh Hole" - it has a funky jazz and salsa-like feel with excellent drumming that keeps the blood flowing.

On top of the excellent sound are lyrics I found to be meaningful. "Jungle! Swallow me whole. / Break my body and free my soul. / What I am, what do I owe? / I'll be fine on my own." When I heard this line it really made me think about life and the inner push-pull between modernity and nature.

In the long term, Xenat-Ra wants to keep playing and challenging themselves, and I want to see where their particular configuration of musicians can go. They genuinely love playing together and feel inspired by the act of making music.

With their new record out, Xenat-Ra is looking to book more shows in Corvallis, Eugene, Portland, and Seattle. They have also, like any musicians worth their salt, begun working on another record.

Unlike more mainstream labels, Xenat-Ra isn't targeting a specific audience for their music; they just really enjoy playing together and challenging each other to go to new places musically. Xenat-Ra's music has a depth of sound that is infrequently found in mass-produced music. And the lyrical poetry that overlays their free-wheeling beats has actual meaning beyond conspicuous consumption and populist jingoism.

Given their divergence from the majority of mainstream music, Xenat-Ra feels that it has been extremely rewarding to know that they have built a loyal, local audience. The members of Xenat-Ra have a lot of history within the Corvallis music scene. They've all been in a number of bands with some success locally. They know and appreciate the people who come out to their shows, and are thrilled that they seem to keep coming back.

Xenat-Ra

Where: Majestic Theater
Corvallis
When: Friday, Oct. 6
Time: 9 p.m.
More Info: majestic.org



provided photo

World-Renowned Composer Eric Whitacre Visits Valley

Tiffany Curran

Contributing Writer

"Hope and Harmony: The Music of Eric Whitacre" is a benefit for Community Outreach featuring Mid-Willamette Valley Choirs. The renowned composer conducts his own music, performed by the OSU and LBCC choirs as well as high school choirs from Corvallis and Albany.

On Tuesday, Oct. 30, from 10 a.m. to noon, distinguished composer Eric Whitacre will lead workshops with the LBCC Chamber Choir and

South and West Albany High Schools, and work on a few of his pieces, including the "Five Hebrew Love Songs," "A Boy and A Girl," and "Lux Aurumque."

Later in the afternoon from 4-6 p.m. (closed to the public), Whitacre will lead a mass choir rehearsal with the schools above, OSU Chamber Choir, Corvallis High School, and Crescent Valley High School.

An evening performance will follow at 7:30 p.m. at the LaSells Stewart Center. Maestro Whitacre will be conducting each of his pieces with the choirs and the mass choir performance at the end of the evening.

The concert will also feature the Grammy-award-

winning soprano Hila Plittman.

Eric Whitacre

Where: LaSells Stewart Center
875 SW 26th, Corvallis
When: Tues., Oct. 30
Time: 7:30 p.m.
More Info: communityoutreach.org
ericwhitacre.com

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THIS WEEKEND AT THE MOVIES



Frankenweenie
Rated: PG
Genre: Tim Burton



Taken 2
Rated: PG-13
Genre: Didn't they learn the first time



Pitch Perfect
Rated: PG-13
Genre: A cappella Awesome

Sources: IMDb, Yahoo! Movies, Fandango.com

WEATHER

Wednesday (10/3)	Lots o' sun	71°/39°	☀
Thursday (10/4)	Sunny in part	72°/34°	☀☁
Friday (10/5)	The sun is partial	76°/35°	☀☁
Saturday (10/6)	See sun the most	76°/36°	☀
Sunday (10/7)	Somewhat sunny	78°/38°	☀☁
Monday (10/8)	Bright as your mind	69°/40°	☀
Tuesday (10/9)	Rise and shine, sun	68°/42°	☀

Source: accuweather.com