LBCC Occupational Therapy Assistant Program
Course Syllabus
OTA 125 Therapeutic Use of Self

Winter Term 2019

**Day/Time:**                        Wednesdays (Guided, Self-paced Course)

**Location:**                           Online Via Moodle Course OTA 125

**Instructor:**

● Name:                                Beth Moyer, MS, OTR/L, FAOTA

● Office Hours for course discussion: Fridays, 2:00 p.m. – 3:00 p.m.

 Office hours (general) 12:00-1:00 Monday, Fridays

● Office Location:                HOC 203

● Phone Number:               (541) 918-8831

● Virtual Office Link:  Please see Moodle Link to ZOOM in OTA 125

● Email Address:                 moyerb@linnbenton.edu

**Resource(s):**

● Taylor, R (2008) *The Intentional Relationship: Occupational Therapy and Use of Self*. F. A. Davis Company

**Course Description:**This course allows for individual reflection and online group discussion of the concepts used to develop a practitioner’s planned use of their personality, insights, judgments and perceptions during the therapeutic process.

Emphasis is placed upon development of skills which promote the student’s ability to use empathy, clinical reasoning and collaborative endeavor to establish and maintain positive therapeutic relationships with clients. This in turn, prepares the student for supporting their client’s occupational performance and participation.

**Course Learning Outcomes:**

1.    Identify and employ therapeutic use of self, according to the Occupational Therapy Practice Framework, Third Edition

2.    Express confidence and demonstrate competence in using concepts and central elements of the Intentional Relationship Model to promote client engagement and therapeutic outcomes*; including, but not limited to, demonstrating an understanding of the impact interpersonal communication styles have on the therapeutic relationship.*

3.    Reflect on and discuss select occupational therapy practice concepts and issues related to employment of therapeutic use of self in a variety of settings, with multiple client/patient populations*; including, but not limited to, demonstrating an ability to adapt one’s interpersonal communication techniques to foster the therapeutic relationship.*

4.    Apply “Clinical Reasoning” as related to therapeutic use of self in preparation for fieldwork experiences

5. Compare and contrast the predominant health beliefs of select cultural groups.

6. Articulate one’s current level of cultural awareness/cultural competency.

**Learning Activities:**Reading assignments.  Individual reflection.  Writing assignments. Online group discussion boards. Individual assessment.

**Assessment Tasks:**Achieving passing grades on written assignments and assessments.

**Grading Criteria:** Discussion Boards                                   20%

                        Interpersonal Traits Profile Summary & Goals 10%

 Self-Assessment of Modes Questionnaire & Summary 10%

 Cultural Health Beliefs and Their Impact on Engagement in Occupations 5%

 Quizzes 25%

 Midterm 20%

 Final: Profile/Mode Analysis Reflection Paper 10%

**Grading Scale:**

·         A = 90% to 100%

·         B = 80% to 89%

·         C = 75% to 79%

·         Fail = < 75%

 Class Schedule

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| WEEKOF: | Assignment | Due Date |
| Week 11/11/18 | -Read Chapter 1 -Read Page S12 of the OT Practice Framework, 3rd Edition-Complete Assignment #1: Discussion Board #1 by 8:00 a.m. on 1/18/19 | 1/18/19 |
| Week 21/17/19 | -Read Chapter 2-Quiz 1 (After reading Chapters 1 & 2) ***NOTE- The Quiz will be open from 1/17/19 at 8:00 a.m. until 8:00 a.m. on 1/25/19. If you miss the submission date, you will NOT be able to take the quiz.***-Complete Assignment #2: Interpersonal Traits Profile and create Personal Goals, submit by 8:00 a.m. on 1/25/19 | 1/25/19 |
| Week 31/24/9 | -Read Chapters 3 & 4-Quiz 2 (After reading Chapters 3 & 4**) *NOTE- The Quiz will be open from 1/24/19 at 8:00 a.m. until 8:00 a.m. on 2/1/19. If you miss the submission date, you will NOT be able to take the quiz.***-Complete Assignment #3: Self-Assessment of Modes Questionnaire and submit Summary Of Your Therapeutic Style by 8:00 a.m. on 2/1/19 | 2/1/9 |
| Week 41/31/19 | -Read Chapters 5 & 6 -Quiz 3 (After reading Chapters 5 & 6)***NOTE- The Quiz will be open from 1/31/19 at 8:00 a.m. until 8:00 a.m. on 2/8/19. If you miss the submission date, you will NOT be able to take the quiz.*** | 2/8/19 |
| Week 52/7/19 | -This week begin work on Profile/Mode Analysis Reflection Paper (Due by 8:00 a.m. on 3/15/19)  **MIDTERM DAY IS ON *THURSDAY, FEBRUARY 7, 2019*** | 2/8/19 |
| Week 62/14/19 | -Read Chapters 7 & 8-Complete Assignment #4: Discussion Board #2 by 8:00 a.m., 2/22/19 | 2/22/19 |
| Week 72/21/19 | -Read Chapters 9 & 10-Quiz 4 (After reading Chapters 9 & 10**) *NOTE- The Quiz will be open from 2/21/19 at 8:00 a.m. until 8:00 a.m. on 3/1/19. If you miss the submission date, you will NOT be able to take the quiz.*** | 3/1/19 |
| Week 82/28/19 | -Read Chapters 11 & 12-Read Articles in Webliography on Culture and Healthcare-Submit Assignment #5: Cultural Health Beliefs and Their Impact on Engagement in Occupations by 8:00 a.m. on 3/8/19 | 3/8/19 |
| Week 93/7/19 | -Read Chapters 13 & 14-Quiz 5 (After reading Chapters 13 & 14) *NOTE-* ***The Quiz will be open from 3/7/19 at 8:00 a.m. until 8:00 a.m. on 3/15/19.******If you miss the submission date, you will NOT be able to take the quiz.***-Submit Final/Assignment #6: Profile/Mode Analysis Reflection Paper by 8:00 a.m. on 3/15/19 | 3/15/19 |
| Week 103/14/19 | -Read Chapter 16-NOTE: Your Final is your Profile/Mode Analysis Reflection Paper. It is due by 8:00 a.m. on 3/15/19 | 3/15/19 |

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NOTE: YOUR PROFILE/MODE ANALYSIS REFLECTION PAPER IS YOUR FINAL. IT IS DUE BY 3/15/19. THERE IS NOT AN EXAM FOR THERAPEUTIC USE OF SELF ON FINALS DAY: MARCH 21, 2019.

**Diversity Statement:**

The LBCC community is enriched by diversity.  Each individual has worth and makes contributions to create that diversity at the college.  Everyone has the right to think, learn, and work together in an environment of respect, tolerance, and goodwill.

**Services to Students with Disabilities Statement:**

Students who may need accommodations due to documented disabilities, who have medical information which the instructor should know, or who need special arrangements in an emergency, should speak with the instructor during the first week of class.  If you believe you may need accommodations but are not yet registered with the Center for Accessibility Resources (CRAR), please visit the CFAR Website for steps on how to apply for services or call 541-917-1789.

**Philosophy on Attendance and Participation:**

See Occupational Therapy Assistant Student Manual

**Policy on Late Assignments and Missed Examinations:**

See Occupational Therapy Assistant Student Manual

**Policy on Academic Integrity:**

See Occupational Therapy Assistant Student Manual

**This syllabus is subject to change.**

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**General Classroom Expectations**

**Course Questions:** If you have a personal question or one that pertains to the course, please contact the instructor via email for the timeliest response as **email is the instructor’s preferred method of communication**. Please allow 24-48 hrs. for the instructor to respond to email.

**Preparation:**  Students are expected to come to class on time and prepared. Additionally, **all students** (both traditional and DE) are expected to have the required technology in place and in good working order at the beginning of each term, per the OTA bulletin. Frequently tardiness or absence due to chronic technology issues could negatively impact your overall grade in this course.

**Cell phones:** Cell phones must be turned off, silenced or set to “vibrate” during lecture. If there is an emergency and you need to take a call, please excuse yourself from class so as to not distract your classmates.

**Assignments:**  All written assignments for this course must be submitted electronically via the assignment link in Moodle on or before the due date listed for each particular assignment, ***unless otherwise noted***. Please read the following instructor expectations for assignments:

* The required format for written assignments is either MS Word (97 or higher) or PDF.  Assignments submitted in all other formats (JPEG, OpenOffice, RTF, WordPad, Pages, etc.) are unacceptable and will be returned to the student.
* The required font size for all written assignments is 12pt. Calibri or Arial with 1” margins and single-spaced (unless otherwise noted).
* **All assignments** must have the student’s name, course number and course name, and term in the ***upper left hand corner*** of the document.  Assignments without a name will be returned to the student **and points will be deducted automatically.**

**For DE students:** Use of the chat window in Zoom during lecture is **not allowed**, as it is distracting to both the instructor and the traditional students. However, the instructor will monitor the chat window in the event that there are technical issues or if there is an emergency that the instructor needs to be aware of.  Persistent use of the chat window during lecture may result in the chat window be disabled by the instructor for the duration of the term.

1/4/2019