



**PAGE 2:
LBCC FOOD DRIVE**

**PAGE 3:
TRAVELING CHOIRS**

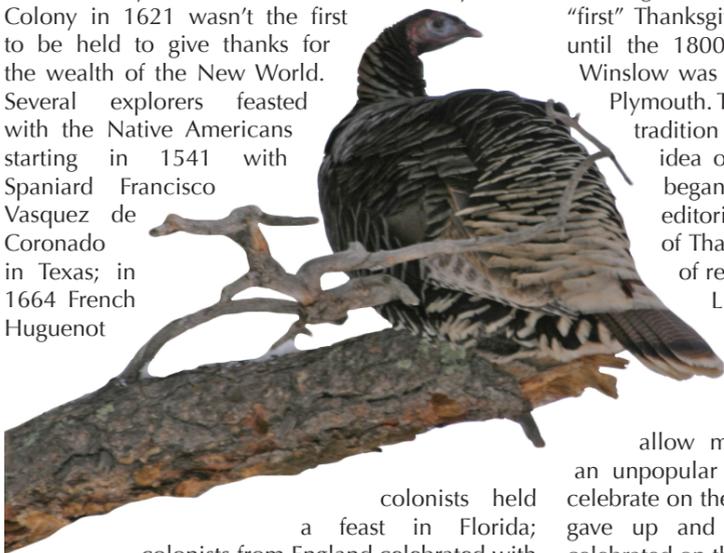
**PAGE 5:
HOLIDAY RECIPES**

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LBCC SPORTS**

TURKEY TRADITION GOES WILD

Where did the tradition of Thanksgiving and eating the turkey begin in the United States? It began with a harvest feast in Plymouth between the Native Americans and the Pilgrims, right?

It is a bit more complicated than what was taught in elementary school. The celebration at Plymouth Colony in 1621 wasn't the first to be held to give thanks for the wealth of the New World. Several explorers feasted with the Native Americans starting in 1541 with Spaniard Francisco Vasquez de Coronado in Texas; in 1664 French Huguenot



colonists held a feast in Florida; colonists from England celebrated with the Abnaki Indians in Maine in 1607 and again

in Jamestown, Va. in 1610. Several other events were celebrated in June of 1676 to give thanks to God; in 1777, the 13 colonies celebrated the victory over the British, and in 1789 President Washington made a national day of Thanksgiving.

Though the feast in Plymouth is considered the "first" Thanksgiving, it did not become a tradition until the 1800s after a letter written by Edward Winslow was discovered that detailed the feast at Plymouth. The letter was printed in 1841 and the tradition began to catch on. Obsessed with the idea of Thanksgiving, Sarah Josepha Hale began writing letters to politicians and editorials to various magazines in support of Thanksgiving. After more than 40 years of requests from Hale, in 1863, President Lincoln declared Thanksgiving Day to be a national holiday. In 1939, President Franklin Roosevelt tried to move the holiday to the third Thursday of November to allow more Christmas shopping. This was an unpopular decision and people continued to celebrate on the fourth Thursday. In 1941, Roosevelt gave up and declared Thanksgiving would be celebrated on the fourth Thursday of November.

In Winslow's letter, he described the three day feast

that was held in Plymouth. Venison was brought by the Indians and the governor of the colony, William Bradford, sent out men to shoot wild fowl. It is not known what type of fowl that was brought back, duck, goose or turkey. The wild fowl was referred to as "turkey" and the tradition began again in the 1800s, turkey being the bird that was served.

The wild-fowl and deer were roasted and served along with other dishes made from what was available in the area: Fruits like plums, grapes and cranberries; vegetables likes squash, pumpkin, corn, beans, peas, carrots and onions; nuts; and bread from the colonists. Potatoes that are a staple of a traditional dinner now were avoided by the colonists who considered them to be poisonous.

Today, turkey is the center of the Thanksgiving dinner with over 46 million of them being served for the holiday. Turkeys are raised throughout the United States, though the top six states, Minnesota, North Carolina, Arkansas, Missouri, Virginia and California, raise sixty percent of the birds. Now, with the traditions established, farmers raise 709 million pounds of cranberries, 1.8 billion pounds of sweet potatoes and 1.1 billion pounds of pumpkins.

Many of the foods that are enjoyed today are based on the foods that were harvested from the wild by the Native Americans and colonists. Some question how

CONTINUED ON **PAGE 5** — "TURKEY"

NOVAK'S ANNUAL DINNER

During the holiday season, many people struggle financially. Thankfully, several local businesses are stepping in to lend a helping hand.

Novak's Hungarian Restaurant is offering a free Thanksgiving dinner to those who are alone, and do not wish to eat by themselves, or families who cannot afford to make dinner.

Novak's has been offering free Thanksgiving dinners for nearly three decades. Joseph Novak (Papa) saw the need in the community and together with his wife, Matilda (Mama), they opened up their

hearts and restaurant to meet that need. Daughter and owner, Karen Novak is continuing to carrying on the tradition.

"This is my favorite holiday and we look forward to it every year," said Karen. "Dad welcomes everyone with open arms. Everybody who is supposed to be here ends up here."

"Students who cannot make it home for Thanksgiving, young people, couples, and roommates are invited to join us," Karen went on to say. "People who don't want to eat alone or can't afford dinner are all invited to join the family."

Novak's will serve around 300 meals on Thanksgiving and also offers deliveries to those who are shut in. They are still looking for a few more delivery drivers to take dinners to older people, who cannot make it into the restaurant.

It takes a lot of work and time that Novak's is more than willing to give. They

also receive donations from their supplies and would like to give thanks to them: Van Fleet Meat, McDonald's Wholesale, Costco, FSA Food Services, and to their customers who all make donations to help Novak's provide the dinner. ♡



Novak's Thanksgiving Dinner

Nov. 28, noon until food or people run out.

Novak's Hungarian Restaurant
2306 Heritage Way SE
Albany, OR 97321

(541) 967-9488 (Reservations preferred)

STORY BY **ELIZABETH MOTTNER**

MAKING WISHES COME TRUE



More Information on how to apply:

<http://www.umpquabank.com/1.0/pages/ulWish.aspx?prodCAT=ulWish>
<https://www.umpquabank.com/1.0/pages/ulWish-Nomination.aspx>
<http://www.krktcountry.com/>

Lending a hand to those who are struggling to obtain basic needs during the year, Umpqua Bank and 99.9 KRKT are helping meet these needs.

Wish Upon A Star is a partnership between KRKT radio station and Umpqua Bank. The two businesses have been partnering together the last 11 years to grant wishes from the local community. The program is designed to help those in need obtain things that cannot be afforded.

"Wish Upon a Star is a signature Umpqua program that grants the basic needs or special requests for those

struggling through tough times," states Umpqua Bank. "Partnering local radio stations grant the wishes during a two-week period just prior to the winter holiday season."

The Umpqua Bank program is hosted in several communities in Douglas County, Humboldt County, CA, Puget Sound County, WA and locally Benton, Linn, Marion and Polk Counties. KRKT grants the wishes on-air for Benton, Linn, Marion and Polk Counties starting on Dec. 2 through Dec. 13 at 7:40 a.m.

The morning hosts, Scott Schuler and Angie Foster,

begin announcing the program in November, encouraging listeners to nominate those who deserve a helping hand. Schuler tells the audience about the past wishes that have been granted.

"This is our favorite time of year, being able to grant these wishes," said Schuler.

"Having a wish granted is always a very memorable experience for them, as well as for us," said Foster. "A woman came to one of my live broadcasts once just to thank me. We had put a down payment on a house for her and her children."

Each year, KRKT and Umpqua grant 10 families or individuals a wish come true. Members of the community have made additional contributions to grant additional wishes. The community is encouraged to nominate deserving friends, neighbors or families who are in need. ♡

STORY BY **ELIZABETH MOTTNER**

FOOD DRIVE HELP NEEDED

Every year, LBCC holds a Thanksgiving food drive to help out students and faculty who need a helping hand to make Thanksgiving dinner.

The goal of the food drive is to make a brighter holiday experience and help the students and faculty take that next step in their journey. The food drive hands out 150 food boxes. This year, they are hoping to make 175 boxes to meet the additional need on campus. In the past, the children of employees decorated turkey cut outs to put gift cards from Safeway in.

"The boxes are not just about a meal, we want to give them enough stuff for several meals," said Tammi Drury, one of the organizers of the event. "We try to make the

people feel at home and be okay accepting a helping hand."

Each box contains all the basics for Thanksgiving dinner and also includes pancake mix and syrup, canned fruits and vegetables, cake and frosting, and other food donations.

"The best thing is to hear the children laugh and chatter with the students and faculty who come to pick up the baskets, as the kids carry the boxes out to the cars," said Drury. "It instills values in the kids and they learn about giving without expecting anything back."

The food drive helps all types of people; single students, single parents, blended families with two or three generations living together to make ends meet.

"I will never forget one young mother. She parked all the way out in the front lot. Her and her baby were soaked by the time they found us. We got her dried off and a basket for them both and then took them back to their car in the school's golf cart. She was so thankful," said Drury. "It is those special moments and knowing you touched someone's life in a positive light."

Employees at LBCC give their time to collect food supplies to make a traditional dinner. The food drive receives food donations and over \$3,500 each year. Donations come from Classified Workers Association, Faculty Association, Management Association,

the Student Leadership Council, American Association for Women in Community Colleges, and employees and students of LBCC. Safeway, WalMart and Mega Foods help support the food drive by giving discounts and food supplies.

Besides donating food about 25 employees, students, and their families help out by filling and handing out boxes. Volunteers give their time to make the food drive a success.

"We are always looking for more volunteers to give their time," said Drury. "It takes a village to put these things together."

If you would like to help, join the food drive members on Nov. 23 at 9 a.m. Baskets will be handed out at 11:30 a.m. at the print center in Luckiamute Hall, located in the northwest corner of the campus, across from the Periwinkle Child Center. The last day to drop off food is on Wednesday, Nov. 20 at the print center. ♡

Stories shared from this year:

- The three generations living together while going to school.
- The single mother with four children and getting a 3.5 GPA.
- The unemployed single father going to school.
- The struggling grandmother trying to raise grand babies and go to school.

STORY BY **ELIZABETH MOTTNER**

ART WANTED

COVER ART CONTEST

What: A full-page color artwork focusing on a broad theme of the holidays or winter break.

Where: Send to The Commuter e-mail at commuter@linnbenton.edu, or drop off at the office, Forum 222 on the Albany campus.

When: Deadline for submissions is noon Friday, November 29.

Prize: In addition to having your artwork featured on the cover of the Commuter, the winner will receive a \$25 gift certificate to the LBCC Bookstore and a free Christmas tree (Doug Fir or Wild Noble).

Tech Stuff: 10.25 inches wide, 15.5 inches tall; at least 300 dpi, CMYK SWOP V2 in PDF (X-4) format.

Questions: Contact Editor-in-Chief Ted Holliday 541-917-4451 or commuter@linnbenton.edu

Persons having questions about or requests for special needs and accommodations should contact the Disability Coordinator at Linn-Benton Community College, RCH-105, 6500 Pacific Blvd. SW, Albany, Oregon 97321, 541-917-4690 or via Oregon Telecommunications Relay TTD at 1-800-735-2900 or 1-800-735-1232. Contact should be made 72 hours or more in advance of the event. LBCC is an equal opportunity educator and employer.

Linn-Benton Community College Performing Arts Department Presents

Sing For Joy

First 25 student tickets are **FREE** with current LBCC Student ID!

James M. Reddan, Conductor
Penny Bazanele, Accompanist

A Choral Extravaganza Featuring

- Re-Choired Element Chamber Choir**
- Concert Choir**
- The Sirens**
- Blue Light Special**
- Musical Theater/Opera Workshop**

Thursday,
December 5

7:30 p.m.

Russell Tripp

Performance Center

BOX OFFICE OPENS DECEMBER 2
 Box Office Hours: Week of Performance.
 Weekdays: 1-4 p.m and 2 hours prior to curtain.

Linn-Benton COMMUNITY COLLEGE PERFORMING ARTS DEPARTMENT

www.linnbenton.edu/russelltripptheater • 541-917-4531

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CHOIRS GOING ON ROAD TRIP

Music is a part of everyone's daily life; it is in elevators, on the radio, and on our phones. It surrounds people every second of every minute. When songs are stuck in our brains, and the passion for music is at its highest, people cannot help but want to sing out loud.

The LBCC music department is the prime example of what music means to students, and the lengths the students will go to learn more about music, perform it and make it into something majestic.

Two of the LBCC choir ensembles have been selected to compete in the eighth annual World Choir Games held this July in Riga, Latvia.

Held every two years on a different continent, the World Choir Games are based on Olympic ideals, which aim to "peacefully unify singing people and nations connected by song in fair competition."

"This is truly a huge honor and a testament to the hard work of our absolutely wonderful choral students here at LBCC," said LBCC Choral Activities Director James Reddan.

"We feel so lucky to have this opportunity to represent our country at such an important and prestigious event with all of the world's eyes on us."

Leading up to the competition, LBCC's choirs will give an invitational performance in Helsinki, Finland at the Senaatintori (Senate Church) in Senate Square and another at the St. Nicholas Church in Tallinn Estonia.

Students who are involved in LBCC's Re-Choired Element Chamber Choir and Concert Choir will compete in three categories that include Mixed Chamber Singers (a cappella), Musica Sacra a cappella, and Musica Contemporanea.

There will be approximately 300 choirs, from six continents and more than 60 countries competing.

Melinda Darling Ehlers is a sophomore at LBCC and this is her second year being a member of the Concert Choir. She will be going on the tour for the first time.

"I am a little nervous to be honest," said Ehlers. "It'll be the farthest I've been from the United States. It'll be different

Fundraiser Information

LBCC's choirs are currently working to raise funds to help pay for students to take the trip. If you would like to make a donation in support of the choirs, please contact James Reddan at 541-917-4550 or email at reddanj@linnbenton.edu

to not know the culture and be in a foreign country, but I'm not worried about the music, or quality, because I have faith in our choirs."

It is a 10-day tour and the choirs will participate in a friendship concert in downtown Riga on one of those days, and will also participate in workshops lead by the world famous "King Singers" and composer Morten Lauridsen. ♡

STORY BY LEX PORTER

SPEAKER: TRUST YOUR TALENTS



PAUL VANDEVELDER

"Trust your talent. Develop your craft. Develop writing instincts." This is one of many useful lessons the 2011 Oregon Book Award winner and Corvallis resident Paul VanDevelder passed on to students at LBCC earlier this month.

"It's surprising sometimes what choices are made," said VanDevelder. "Never take yourself too seriously. You never know where life's going to go."

VanDevelder spoke of his adventurous investigative journalism days, of the worst of days, and of the best. He told humorous antidotes of inner office antics and touching stories of friends made along the way. There were captivating tales of sailing clippers into foreign waters

under duress of war. He traveled for days overland by pack and forded rivers, all while sorting through scattered stories. VanDevelder endured these trials in pursuit of the next story; all the while snapping photos and delivering the "Goods" to meet press deadlines.

Born to a hermeneutical scholar and a well-loved literature teacher, VanDevelder's early life was filled with books and knowledge in his village home in Bolivia. He began writing daily to prodigious levels until the age of 25. He made his first success in an award from the National Endowment of the Arts for a piece known as "Crysalis." After this it would be ten years before VanDevelder would again establish his name in the world of writing as a journalist. In VanDevelder's own words, "The celebratory hangover lasted 10 years. I wanted so badly to write, but just as strong was the silent conviction in me that I didn't have anything momentous to report to the world. Either I had nothing to say, or I didn't know how to say it. I wasn't ready."

A decade after his award for "Crysalis," VanDevelder received a visit from Nathaniel Blumberg, the Dean of the

School of Journalism at the University of Montana. After this meeting VanDevelder would set out on his new goal of becoming a journalist. There at college he would develop a passion for cameras that stayed with him for life.

VanDevelder worked twelve years as a journalist and burned through half a million rolls of film covering every conflict, campaign, disaster, or holocaust until what he did became second nature. During his talk at LBCC VanDevelder put his experience into words for the students saying "Black and white is a tactile medium, much like sculpting. It takes passion and emotion. You have to get inside and underneath the story to write it. You watch and you listen and you find your points of entry." When questioned on digital media of today, VanDevelder answered; "New or old, symbiotic tech or no. It all comes back to people and trust."

His first two books, "Savages and Scoundrels" and "Coyote Warrior," may soon make way for a third book with an unknown title. To learn more about VanDevelder, you can find him at elbowoodscafe.com or online at Amazon. ♡

STORY BY JUSTIN SHOEMAKER

LEGACY BALLET AND LINN-BENTON COMMUNITY COLLEGE PRESENT

THE NUTCRACKER



December
12 & 13, 7 p.m.
14, 2 p.m. & 7 p.m.

A Holiday
Tradition For
Our Community!

Russell Tripp
Performance Center

Box Office Hours: Box office opens
December 9 daily 1-4 p.m.



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THANK YOU, LBCC

On the 238th Birthday of the United States Marine Corps and the eve of Veterans Day, I want to thank the LBCC Community (students, faculty, classified, management and the Commuter) for your support (donations, prayers, thoughts and best wishes) of the Northwest Semper Fi Team.

We were able to raise, through your efforts, over \$3500 and overall, \$700,000 were raised from various individuals and teams running in the 2013 Marine Corps Marathon for the Semper Fi Fund that will directly support wounded service members and their families. The night before the marathon we were able to meet with some of the wounded and some friends that we had not seen for quite awhile. Wendy Lethin, one of the original initiators of the Semper Fi Fund, had not seen my daughter Lacey since she was about 10 years old and they were able to get reconnected and updated.

The most notable time spent was returning to Quantico, VA and visiting The Basic School (TBS). Every Marine Officer passes through TBS before going on to their respective Military Occupational School - pilot, tanker, artillery, logistics, etc., training. In this way, Marine Officers never forget what their primary job is: to support the Marine Infantry Warrior - known affectionately as the Grunts. We were able to visit the barracks buildings where Second Lieutenants live and train while at TBS, one in particular, named after 1st Lt. Fred Pokorney, was the husband of our own LBCC faculty Chelle Pokorney and father to Taylor Pokorney. Fred paid the ultimate price while serving in Iraq in 2003 and was the recipient of the Silver Star Medal (Third Highest Military Award for Valor) during Combat Operations in An Nasiriyah, Iraq. Fred was a graduate of Oregon State University and attended the NROTC unit there. Today, we honor those who serve or have served in uniform.

Let us not forget to Honor and Appreciate the service of the families - the parents, the husbands, the sons, the wives and daughters such as Chelle and Taylor who serve with selflessness, humility, often unrecognized while supporting their loved ones and this Nation. As a Marine once said to me, "Our wives and families are the bill payers, in more ways than just money." No one can pay a greater price than Fred, Chelle and Taylor - they deserve our thanks and appreciation. Below are just a few (not all) of the LBCC names of those that I know that have served in support of this Nation, either in uniform or just as importantly, supporting family members in their selfless service. Our team thanks each of you and a Blessed and Happy Veterans Day - And to the Marines "Happy 238th Birthday Devil Dogs," Semper Fi. ♡

- Dave Becker and the Northwest Semper Fi Team:

John Sweet, Rich Horton, Joseph Bailey, Paul Tannahill, Lewis Franklin, Paul Hibbard, Kim Boone, Chelle Pokorney, Taylor Pokorney, Marleene Fantus, Dodi Coreson, Mark Cantrell, Al Lake, and Others I Have Failed to Recognize

PHOTO: KATIE TOLBERT



PHOTO: KATIE TOLBERT



PHOTOS: MICHAEL DECHELLIS

Jason Richmond and Annie Baker prepare for Farm to Fork.



PHOTO: WES STARK

Instructor Fred Stuewe oversees the Welding Technology.



Ethan Meink prepares drinks for Farm to Fork feast.



Caitlin Yacas stirs dishes for the feast on Nov. 15.



Tables at the Culinary Arts event: Farm to Fork on Nov. 15.

We're Out for Blood!

BLOOD DRIVE

Fireside Room (Next to the Commons Cafeteria)
Friday, November 22, 9:30 am - 3 pm

Sign up online: www.redcrossblood.org

(Sponsor code: LBCC)
or call 1-800-733-2767.

Some restrictions may apply.
Identification is **required**.

Sponsored by the Student Leadership Council



American Red Cross



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THANKSGIVING RECIPES



What to do with leftovers from that heavenly feast that sent us all into a "turkey coma." Be creative and try something new.

Whether you call it a peasant's pie, from humbler days, or quiche, the trendy french pastry, here is a great use for those leftovers from Thanksgiving dinner. This recipe is quick, easy and can be personalized. Almost any kind of cheese or vegetables can be subbed into this recipe and spices also can be tailored to taste, depending on how creative one wants to be.

Pumpkin pie leftovers... easy. Make a delicious breakfast casserole the next day. This dish is full of fiber so you don't have to feel so guilty. For the whipped cream, coconut whipped cream can be used. This would be great served with fresh squeeze orange juice and ham. Enjoy! 📍

COURTESY OF **ELIZABETH MOTTNER**

Potato Pancakes

- 2 cups cold mashed potatoes
- 2 eggs, lightly beaten
- 1 T flour
- 1/8 tsp garlic powder
- 1 T oil
- 1 T chopped fresh chives

Adapted from: www.allrecipes.com

Combine potatoes, egg, flour and garlic in bowl. Form pancakes with potato mixture. Heat oil in skillet over medium-high heat. Fry potato mixture in skillet, pressing with a spatula to flatten evenly. Cover and cook until bottom is crispy, about 5 minutes each side.

Turkey Quiche

Courtesy: Elizabeth Mottner

- 3 cups leftover stuffing
- 3/4 cup of broccoli
- 1/4 cup chopped onion
- 1 Tablespoon butter
- 3/4 cup chopped cooked turkey
- 1/2 cup shredded Gruyere or Swiss Cheese
- 3 eggs
- 1 1/4 cups half and half
- 1 teas curry powder
- 1/2 teas salt
- 1 teas garlic powder

Preheat oven 350 degrees. Spray pie plate with non-stick cooking oil. Press leftover stuffing in the bottom and bake for 10 minutes. Saute onion with butter in skillet until translucent. Add in chopped broccoli until cooked. Sprinkle onion, broccoli, turkey and cheese over the baked stuffing. Raise temperature to 425 degree. Beat eggs and then add in half and half. Beat until light and add in seasonings. Pour over turkey mixture and bake for 15 minutes. Turn down heat to 325 degree and cook for 20-25 minutes, until firm.

Pumpkin Pie Breakfast Casserole

- 2 cups rolled oats
- 3 tbsp ground flax
- 1 1/2 tsp ground cinnamon
- 1/2 tsp nutmeg
- 1/2 tsp ground ginger
- 1/2 tsp kosher salt
- 1/2 tsp baking powder
- 4 eggs, beaten
- 2 cup milk (almond)
- 2 tsp vanilla
- 1/4 cup maple syrup
- 2 1/2 cups chopped pumpkin pie (4 slices)

Adapted from: www.ohsheglows.com

Preheat oven to 375F. Chop up pumpkin pie into bit size piece, to fill 2 1/2 cups. In bowl, mix oats, flax and spices, then add in milk, eggs, vanilla and syrup. Mix and fold in 2 cups pie piece gently. Pour into greased casserole dish. Crumble remaining 1/2 cup of pie over top. Bake at 375F for 30 minutes. Serve with maple syrup and a dollop of whipped cream.

TURKEY

CONTINUED FROM **PAGE 1**

traditional some of the foods that are enjoyed today are. Think back to the original feasts, colonist enjoyed the food available to them. In Massachusetts, cranberries grew readily in the bogs along the coasts, potatoes and sweet potatoes grew along much of the east coast and even stuffing is a great use of old dried-out bread. Necessity and availability created what is now considered tradition. The "turkey coma" blamed on the tryptophan in the turkey, is likely from too much consumption of food and drink.

So, prepare for a relaxing day of good eats, friends and family, and sports and game. No matter what tradition is followed or what is served for Thanksgiving dinner, keep in mind the origins of this holiday, to give thanks for what the harvest and life has provided. Take a few minutes to remember the past celebrations when the food is prepared and give thanks for all that is enjoyed in life now. 📍

STORY BY **ELIZABETH MOTTNER**

CLASSIFIEDS

Wanted: Bass player and drummer for Eugene classic rock band (Vocals an advantage). We currently perform live to a high standard of proficiency. The band consists of older, mature musicians but we welcome inquiries from younger competent types. Car pooling is available from Albany. Telephone Ian 541-497-3808

Wanted: Basic instruction in Cubase music software. Telephone Ian: 541-497-3808

For Sale: Stunning 1.33 kt Diamond Ring - \$500 OBO. Text for pictures 541-908-4937

For Rent: Nice room for rent, \$400 per month including utilities. Text for info 541-908-4937

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

- ACROSS**
- 1 Ski area helpers
 - 6 Finish line?
 - 10 Equal to the task
 - 14 "Live Free ___":
New Hampshire motto
 - 15 Some are easily bruised
 - 16 Sound of laughter
 - 17 RATS
 - 20 "Friendly skies" co.
 - 21 Garr of "Mr. Mom"
 - 22 "My place or ___?"
 - 23 SHUCKS
 - 27 Unspecified amount
 - 28 One of the Seven Sisters schools
 - 32 Joe's sister in TV's "Under the Dome"
 - 35 Salinger girl
 - 38 Soccer shout
 - 39 DARN
 - 43 Goat quote
 - 44 Hurdle for a storied cow
 - 45 Offers thanks, in a way
 - 46 Decides one will
 - 49 Itinerary word
 - 50 SHOOT
 - 57 Setting for "Beasts of the Southern Wild"
 - 60 Cloudburst, e.g.
 - 61 Seasonal drink
 - 62 FUDGE
 - 66 Item on a "honey-do" list
 - 67 Time fraction: Abbr.
 - 68 "Bad, Bad Leroy Brown" singer
 - 69 Computerized city people
 - 70 Former "Entertainment Tonight" co-anchor
 - 71 Ecclesiastical council

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By Marti DuGuay-Carpenter

11/20/13

Last Week's Puzzle Solved

R	A	G	U		F	I	S	T		A	V	O	W	
H	O	R	N		O	P	I	E		L	E	N	A	
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	C	O	R	E	B	U	S	I	N	E	S	S		
F	U	R		R	E	N	E	G	E		H	O	E	
A	N	T		M	I	N	I	M	A		E	U	R	
A	D	S		A	T	O	N	A	L		D	T	S	

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11/13/13

- DOWN**
- 1 Replenish a pint of ale, say
 - 2 Thorny shrub
 - 3 Jane Eyre's charge
 - 4 Free

- 5 When sch. often starts
- 6 Plains home
- 7 Golden ___: seniors
- 8 Classical Greek style
- 9 Stubborn one
- 10 They have strings attached
- 11 Boyfriend
- 12 Animal shelter
- 13 Under-the-sink joints
- 18 Modest acknowledgment of praise
- 19 Banks in fashion
- 24 Bill stamp
- 25 From the top
- 26 Hot spot
- 29 Pop
- 30 Compatriot
- 31 Roger who played Lord Marbury on "The West Wing"
- 32 BBs, e.g.
- 33 Spring tide counterpart
- 34 Hard-to-see pest
- 35 WWII command
- 36 "Dexter" network, in listings
- 37 Word with best or common

- 40 "Don't worry about me"
- 41 Huge production
- 42 Logician's "E," perhaps
- 47 Has to sell
- 48 Bullish beginning?
- 49 Chianti, in Chianti
- 51 Wipe out
- 52 "Eight Is Enough" actor Willie
- 53 Sound quality
- 54 Workers' backer
- 55 "But wait! There's more!" company
- 56 Vandalized, Halloween-style
- 57 Comedy routines
- 58 Healthy berry
- 59 Cowpoke's polite assent
- 63 Tolkien's talking tree
- 64 IBM hardware
- 65 Ask too many questions

SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level: 1 2 3 4

	4		5				2	
							8	
1		5				2		4
						3	7	8
					8			
3		7	4					
2			3			1		7
	5		1		4			
	9				6			3

SOLUTION TO LAST WEEK'S PUZZLE

11/20/13

4	3	2	8	1	7	9	5	6
1	6	9	5	2	4	8	7	3
8	5	7	3	9	6	1	2	4
5	7	8	2	3	1	4	6	9
3	9	4	7	6	8	5	1	2
2	1	6	4	5	9	3	8	7
7	2	5	9	8	3	6	4	1
9	8	1	6	4	2	7	3	5
6	4	3	1	7	5	2	9	8

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

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BULLETIN BOARD

Remembering JFK, Nov. 19 to Dec. 11, JFK exhibit in the Albany campus library.

Active Minds, Nov. 21, noon at NSH 109. Bring your creativity and help us raise campus awareness of mental health.

Eric Drexler, Nov. 22, 3 to 5 p.m. founding father of nanotechnology and author of *Radical Abundance: How a Revolution in Nanotechnology Will Change Civilization*, will speak at the Construction and Engineering Hall (OSU LaSells Stewart Center). This event is sponsored by the Center for Sustainable Materials Chemistry (sustainablematerialschemistry.org).

Annual Albany Campus Trot, Nov. 26, at noon. Co-Sponsored by the IACE & Wellness at the courtyard (upstairs if raining). Door prize raffle tickets for each five lap completion. Participant with winning ticket will receive a prize (frozen turkey, pie or flowers). Each participant can only win once.

West Albany High School Band, Nov. 26, around 11:15 a.m. The West Albany High School Band will be stopping by the theater in Takena Hall to play the Beaver Fight Song. If you are a Duck fan and wish to hear the Duck Fight Song show up and be prepared to pony up some cash. The Band will play as long as people are willing to donate to the band program. This annual fundraiser for the Band program and all money raised goes to support this great program.

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Wednesday: Coq au Vin, Denver Omelet*, Chile Rellenos. Soups: Albondigas* and Beer Cheese.

Thursday: Poached Salmon over Mushroom Rice Pilaf with Bearnaise*, Chicken Fried Steak with Country Gravy, Hurley's Grilled Vegetable Sandwich. Soups: Chicken and Matzoball, and Cuban Black Bean*.

Friday: Chef's Choice

Monday: Eggs Benedict, Hazelnut-Arugula Pesto Pasta with Grilled Chicken, Vegetarian Risotto*. Soups: Egg Flower* and Roasted Vegetable Chowder.

Tuesday: Beef Goulash* with Spaetzle, Monte Cristo Sandwich, Vegetarian Quiche with Hollandaise. Soups: Oxtail* and Filled Potato Chowder.

Items denoted with a * are gluten-free
Monday-Friday 10 a.m.-1:30 p.m.

HOROSCOPES

BY: **DANYA HYDER**

Scorpio: October 23- November 21
Alas, finals are quickly approaching! Studying is hard enough with all those flash cards, try using Leo's megaphone. Studying may come easier when said subject is being shouted at.

Sagittarius: November 22- December 21
Going through all your target practices, you realize you needed those things for your upcoming final! Finding a study partner should be a project to invest in. Good luck!

Capricorn: December 22-January 19
Quickly, capture all your flash cards! For some odd reason, Scorpio just keeps shouting too much at them. Getting help from Libra may be your only hope.

Aquarius: January 20-February 18
You can't seem to understand why everyone is acting so crazy. You have already mastered the Finals' reviews! Tutoring other people will be as easy as memorizing all those reviews.

Pisces: February 19- March 20
Finals have come, and you were not expecting them at all! Catching up will be harder than you thought. Don't worry, the tutors can help you out!

Aries: March 21- April 19
You looked on the calendar and realized your final was today. Sadly, you cannot find your review no matter how hard you look. Yet, you will end up finding your review in an obvious place, like your refrigerator.

Taurus: April 20- May 20
Static will be your enemy today. The finals have crept out of nowhere! Rushing through all your paperwork will create enough static electricity to flow through your veins, that is if you can find all the paperwork.

Gemini: May 21 - June 21
Arguing over which studying skills to use for the final will get you nowhere. Trying Scorpio's method, could help or it couldn't. Deciding is much harder as finals come storming around the corner.

Cancer: June 22- July 22
Your procrastination skills have left you with few options. After giving Leo's megaphone to Scorpio, you realize your final is coming up soon. Finding all the reviews you didn't want to do, is harder than you realize, maybe Sagittarius used them for target practice.

Leo: July 23- August 22
Finals are busting out of nowhere and your megaphone can't be found! Oh, the tragedy! Studying will be your best and worst friend.

Virgo: August 23- September 22
You've been accepted into the National Gardening Club of All-Round Gardening! Now, if only you could remember where you placed those finished reviews you did. Yet, all you seem to find are megaphones.

Libra: September 23- October 22
Deciding has never come so easily to you! Working on finals will be easy for you. Deciding whether or not you need a study partner will be simplified, just like those giant calculus problems involving Z.

THE COMMUTER

The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty and students of LBCC. Editorials, columns, letters, and cartoons reflect the opinions of the authors.

Letters Welcome

The Commuter encourages readers to use its "Opinion" pages to express their views on campus, community, regional and national issues. The Commuter attempts to print all submissions received, but reserves the right to edit for grammar, length, libel, privacy concerns and taste. Opinions expressed by letter submitters do not represent the views of the Commuter staff or the College. Deliver letters to:

Address:

The Commuter Office
Forum 222
6500 SW Pacific Blvd.
Albany, Oregon 97321

Web Address:

commuter.linnbenton.edu

Phone:

541-917-4451, 4452 or 4449

Email:

commuter@linnbenton.edu

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BACK IN THE DAY

BY: **WILLIAM ALLISON**

On Nov. 20, 1967, The Census Clock surpasses 200 million at the Department of Commerce in Washington, DC.

On Nov. 21, 1980, A fire started at the MGM Grand Hotel-Casino in Las Vegas, NV, killing 87 people.

On Nov. 22, 1963, President John F. Kennedy was assassinated while in a motorcade in Dallas, TX.

On Nov. 22, 1977, Regular passenger service on the supersonic aircraft Concorde began between New York and Europe.

On Nov. 23, 1963, The first episode British sci-fi show Doctor Who aired. It is now the longest running science fiction series.

On Nov. 24, 1969, Apollo 12 safely landed in the Pacific Ocean which ended the second manned mission to the moon.

On Nov. 25, 1860, Dynamite was patented by Alfred Nobel.

On Nov. 26, 1832, Public streetcar service started in NYC.

On Nov. 27, 1910, Pennsylvania Station opened in New York.

On Nov. 28, 1582, Shakespeare married Anne Hathaway.

On Nov. 29, 1991, A 164-vehicle wreck killed 17 people during a dust storm on Interstate 5 in California.

On Nov. 30, 1897, Thomas Edison's motion picture projector had its first commercial exhibition.

On Dec. 1, 1990, British and French workers digging the Channel Tunnel, or "Chunnel," met under the English Channel.

On Dec. 2, 1969, The Boeing 747 was first publicly previewed.

On Dec. 3, 1931, Alka Seltzer went on sale for the first time.

THREE'S A CROWD

BY: **JASON MADDOX**



THE COMMUTER STAFF

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COVER PHOTOS: (TOP) ALICE / BESIDESTHESTREAM.COM | (BOTTOM) MAINEWILDERNESSTOURS.COM

CARDS FOR SOLDIERS

This year, LBCC provided students and staff an opportunity to say thank you and send holiday cheer to an American soldier.

Students and staff gathered on Nov. 18 to make cards to send to wounded and active soldiers. The event had four stations to make cards. Those who participated could make as many cards as they wanted, and were able to sign the cards to have sent off to the soldiers.

Since this is the first year, the organizers have set no goal but would like to send out as many as possible.

"Veterans give so much and we want to be able to give something back to them," said Tammi Drury, organizer and designer of some of the cards. "It is important to give back and let them know we support them during the holidays."

Cards will be available from Nov. 20 through Nov. 22 in the Diversity Achievement Center (F-220), the Commuter Office (F-222), the Student Leadership Council Office (F-120 Student Union) and at the Registration Counter at Benton Center. Cards will be mailed out on Monday, Nov. 25.

"There is no cost to the students or staff that want to

send a card other than taking a few moments of their time," said Drury.

Students and staff can address the cards and then the cards will be sent to the soldiers in pre-paid USPS boxes supplied by organizers. ♡

STORY BY **ELIZABETH MOTTNER**

Additional Information

If students would like to send their own cards by Dec. 6, here are the addresses:

A Recovering American Soldier
c/o Walter Reed Army Medical Center
6900 Georgia Avenue Northwest
Washington, DC 20307-5001

Holiday Mail for Heroes
PO Box 5456
Capitol Heights, MD 20791-5456



PHOTO: **ELIZABETH MOTTNER**

Cards signed and ready to be mailed to Soldiers.

ROADRUNNER VOLLEYBALL

They're three points shy of being number two, but at number three, no one is complaining.

The RoadRunners failed to make it to the fourth set against Clackamas and were defeated in three straight sets, 25-21, 25-14, 25-22. If they had reached the fourth set they would have secured the second seed in the NWAACC Championship Tournament.

According to coach Jayme Frazier, "There is a paper called the South Region tiebreaker rotation. It states in the event of a tie in overall and conference records, the team higher on the rotation will be given the higher seed." Linn-Benton was second in this rotation only to Chemeketa.

All in all, the RoadRunners finished the season with

a playoff spot and a chance at the 2013 NWAACC Championship. "This team is special, because each individual brings so much to the court. We have all the pieces of a championship team," Frazier said after the last season game of the year.

The RoadRunners finished in the top five of all three major categories, number three in assists with 11.44 per game, number four in kills with 12.31 per game and number five in blocks with 2.12 per game.

Individually, Abby Hardie finished the season in second place in blocks per game with 1.19, and was one of only seven players in the league to average over one per game.

The RoadRunners will be the third seed out of the

south region for The NWAACC Championships. They will start off against the North's Region second seed Bellevue on Thursday, Nov. 21 at 4:30 p.m. at Mt. Hood CC. Bellevue finished the season 27-5 overall and 11-1 in their conference. Bellevue will be one of the toughest opponents the team will face all year.

Frazier and her team feel they are up to the challenge. "The question was whether or not we could win while we were getting each part as strong as possible, and they did that. Now we just have to work on adding more, offensively and defensively, so we are not predictable going in against teams we have seen in early season. We have to keep improving as individuals," Frazier said. ♡

STORY BY **COOPER PAWSON**

ADVICE FROM WEISS

Question: "When do I get to register for winter term?"

Answer: To find the exact date and time that YOU can register, go into your Webrunner account. Once in click on "Student," then on "Registration," then on "Registration Status," then make sure Winter Term is in the default and click on "Submit." Your date and time will be at the top of the page that comes up.

Please note: Students who took, and completed, Destination Graduation this term can register on Thursday and Friday of this week. Starting Saturday we begin what we call "priority registration," which means students with the most credits completed get to register ahead of those with just a few credits completed.

Once we have given all currently admitted students a chance to register we will begin registering students coming in new for Winter Quarter. The first day for new student registration is Dec. 3. Current students should make a point to finish getting their classes before that date, in order to get the kind of schedule they want. ♡

COLUMN BY **MARK WEISS**



PHOTO: **TERESA LUNDY**

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Albany Campus
Albany Learning Center & Library
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Benton Center
Saturday,
December 7th
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PERSONS HAVING QUESTIONS ABOUT OR REQUESTS FOR SPECIAL NEEDS AND ACCOMMODATIONS SHOULD CONTACT THE DISABILITY COORDINATOR AT LINN-BENTON COMMUNITY COLLEGE, RCH-105, 6500 PACIFIC BLVD. SW, ALBANY, OREGON 97321, PHONE 541-917-4690 OR VIA OREGON TELECOMMUNICATIONS RELAY TTD AT 1-800-735-2900 OR 1-800-735-1232. CONTACT SHOULD BE MADE 72 HOURS OR MORE IN ADVANCE OF THE EVENT. LBCC IS AN EQUAL OPPORTUNITY EDUCATOR AND EMPLOYER.