

## Publish HE 252 First Aid Syllabus

### FIRST AID/HE 252 SYLLABUS

**Instructor Information:** Debbie Herrold  
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**Textbook:** American Red Cross First Aid Responding to Emergencies  
Comprehensive First Aid/CPR/AED

**Course Description:** This course provides instruction and participant practice in first aid skills that will enable the students to take care of themselves or to aid others in the event of an accident or illness.

**Course Outcomes:**

1. Students will be able to explain how the EMS system works and the citizen responder's role in the EMS system.
2. Students will be able to recognize and identify signs and symptoms and care for breathing emergencies, heart attack, cardiac arrest, sudden illness, life threatening bleeding, shock, and heat and cold emergencies.
3. Students will demonstrate how to care for soft tissue and musculoskeletal injuries.
4. Students will demonstrate how and when to move an injured victim in a emergency situation.

**Certification:** American Red Cross Adult/Child/Infant CPR & AED  
American Red Cross First Aid

**Valid for 2 years**

**Certification Requirements:**

1. Student must demonstrate competency in all required skills.
2. Student must meet the required practice time on each skill set by the American Red Cross.
3. Criteria must be met in each separate skill.

**Attendance/Participation will be key to successfully completing certification requirements.**

**Grading:** Assignments  
Demonstrated skills  
American Red Cross Certification CPR/AED Test  
Mid-term Exam  
American Red Cross Certification First Aid Test  
Final Exam

**Linn-Benton Risk/Release Document:** A signed LBCC risk and release form is required for participation.

This form will be issued the first day of class.

If you have any concerns or physical limitations that may prevent you from meeting the physical demands of this class, please see the instructor. Adjustments can be made when assistance is needed.

**Student Expectations:**

Be on time. Skill work will begin at the start of class. Late students may lose required practice time for certification.

Bring hair ties to keep long hair away from face when practicing skills.

Disposable gloves must be worn at all times when practicing skills.

**Gloves will be provided**

Be respectful of all students. Please do not distract others from learning.

It is the students responsibility to communicate with the instructor for any missed assignments or material due to absences. Please do so in my office before class or after class.

**Request for Special Needs or Accommodations**

Direct questions about or requests for special needs or accommodations to the LBCC Disability Coordinator, RCH-105, 6500 Pacific Blvd. SW, Albany, Oregon 97321, Phone [541-917-4789](tel:541-917-4789) or via Oregon Telecommunications Relay TTD at [1-800-735-2900](tel:1-800-735-2900) or [1-800-735-1232](tel:1-800-735-1232). Make sign language interpreting or real-time transcribing requests 2-4 weeks in advance. Make all other requests at least 72 hours prior to the event. LBCC will make every effort to honor requests. LBCC is an equal opportunity educator and employer.

**LBCC Comprehensive Statement of Nondiscrimination**

LBCC prohibits unlawful discrimination based on race, color, religion, ethnicity, use of native language, national origin, sex, sexual orientation, gender, gender identity, marital status, disability, veteran status, age, or any other status protected under applicable federal, state, or local laws. For further information see Board Policy P1015 in our [Board Policies and Administrative Rules](#). Title II, IX, & Section 504: Scott Rolen, CC-108, 541-917-4425; Lynne Cox, T-107B, 541-917-4806, LBCC, Albany, Oregon. To report: [innbenton-advocate.symplicity.com/public\\_report](http://innbenton-advocate.symplicity.com/public_report)