THE LINN-BENTON COMMUNITY COLLEGE



Merging the Majority, Thinking in Spirals

In reflection of Martin Luther King Jr.'s living message

"Rarely do we find men who willingly engage in hard, solid thinking. There is an almost universal quest for easy answers and half-baked solutions. Nothing pains some people more than having to think."

-Martin Luther King Jr.

Monday, Jan. 16, 2017, marked the day we honored Martin Luther King Jr.'s legacy as a nation by taking time to reflect on how far we've come, and how far we are from equality and social justice.

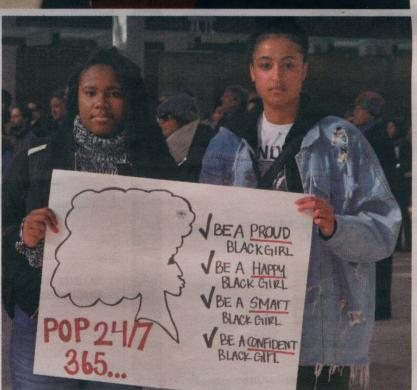
Regardless of your stance on current global issues, we are all in a similar position. In order to become united, we have to go within and do our own individual work so that we can come to a place of understanding, rather than constantly demonizing and blaming each other.

"Your intent does not absolve your impact."

- Ramsey

video: "Shit White Girls Say to Black

Franchesca Ramsey was the keynote speaker at OSU's 35th Annual MLK Celebration



After attending multiple events in Corvallis, Ore., a flame lit within me: I thought about my own thought process and role during this important period in time, and I realized there are so many other people who are thinking and feeling the exact same way I do.

I started my afternoon by attending Oregon State University's 35th Annual MLK Celebration.

This year's keynote speaker featured writer, actor, comedian, and activist Franchesca Ramsey, who spoke on: "Your Powerful Online Voice: Social Media for Social Change."

"Our voices are very powerful, just connecting with one person and influencing them can really make a difference," said Ramsey.

Ramsey made her claim to fame with her hit Youtube

Girls," a response to the original Youtube video: "Shit Girls Say," by Kyle Humphrey and Graydon Sheppard, and the parody "Shit Black Girls Say" by Billy Sorrells. "I started an unintended global discussion on micro-aggression," said Ramsey. "This was a really important

conversation that needed to happen. I realized there was an opportunity to talk about important issues in a comedic way."

Ramsey's online presence was literally an overnight success, gaining 1.5 million views within 24 hours, eventually leading to an invitation to Anderson Cooper's talk show, writing and contributing to Comedy Central's "The Nightly Show with Larry Wilmore," and hosting the MTV series on social justice issues through comedy "Decoded."

"There's a lot of people that are very angry about the

things I've done," said Ramsey. "I think this is very important to talk about because it solidifies the work that I'm doing."

Some of the online hate messages Ramsey has received include using King's name and legacy as a way to silence her voice, even referring to her OSU students Logan Quinn(Left) and Evan Harvey(Right) at the peace march on Monday, Jan. 16.

as "being racist." This narrative is all too common for African-Americans who take an approach that many feel is not in line with King's peaceful vision and rhetoric.

"I think too often people get caught up in being the most 'woke," said Ramsey. "Is America 'We need to be great,' or 'Speak out on things that don't make us great?'"

Although she believes anger is always a valid emotion, Ramsey also believes you should pick your battles, and encourages people to think about what their ultimate goals are by asking ourselves: "Does this serve my goal of supporting racial justice by yelling at this person or digging up things?" She also stresses the importance of being self-reflective and taking accountability.

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Oh, Snap!

Food stamps now accepted at the LB Bookstore

Page 3

2 NEWS

THE LINN-BENTON COMMUNITY COLLEGE



The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty and students of LBCC. Editorials, columns, letters, and cartoons reflect the opinions of the authors.

Letters Welcome

The Commuter encourages readers to use its "Opinion" pages to express their views on campus, community, regional and national issues. The Commuter attempts to print all submissions received, but reserves the right to edit for grammar, length, libel, privacy concerns and taste. Opinions expressed by letter submitters do not represent the views of the Commuter staff or the College. Deliver letters to:

Address:

The Commuter Office Forum 222 6500 SW Pacific Blvd. Albany, Oregon 97321

Web Address: commuter.linnbenton.edu

Phone: 541-917-4451, 4452 or 4449

Email: commuter@linnbenton.edu

Twitter
@LBCommuter

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Our Staff

Adviser Rob Priewe

Editor-in-Chief Emily Goodykoontz

Editorial Assistant Saul Barajas

Layout Designer Scarlett Herren

Managing Editor/A&E Alyssa Campbell

News Editor Hannah Buffington

Continued from page 1...

"Your intent does not absolve your impact," said Ramsey.

"Every man lives in two realms: the internal and the external.

The internal is that realm of spiritual ends expressed in art, literature, morals, and religion. The external is that complex of devices, techniques, mechanisms, and instrumentalities by means of which we live."

-Martin Luther King Jr.

I concluded the day by attending a discussion led by Dr. Leticia Nieto that focused on the work from her latest book, "Beyond Inclusion, Beyond Empowerment: A Developmental Strategy to Liberate Everyone."

The event was hosted at Corvallis High School and sponsored by the Corvallis, Ore., King Legacy Advisory Board as part of their annual celebration.

Nieto is a psychotherapist and therapist who specializes in crosscultural communication, creativity, and motivation.

"There is a crack in everything, that's how the light gets in," said Nieto, setting the tone of the evening as she began her presentation with a call and response, singing the lyrics from "Anthem" by Leonard Cohen.

"We are up against it, dark, how do we get passed it," said Nieto. "Great things always begin from inside, and we have a habit of being impatient about growth." Some things Nieto touched based on was: being in the flow of change, and getting in the habit of looking up at what's greater than ourselves.

"You might be angelic, you might be fiery, you might be both, but both equal power," said Nieto.

So, as we reach a point of confusion, and stand on the brink of self-destruction, we question if King was asking us to be passive, or peaceful, and think of how we can achieve freedom from this social context.

According to Nieto's "Agent Skills Model," at a deeper level there is a systemic socialized layer, where all the "isms" we absorb live. This is where we learn the conditioned behaviors, and become trapped in "the matrix."

Empowerment is when the fog lifts. These skills can be vengeful, angry, and most oppressive, but: empowerment is necessary to get to the strategy skills.

"I can only think in spirals," said Nieto. "If you're trying to shift, sometimes it looks like you're going backwards, but you're not, it's a spiral."

Strategy is when we begin slowing everything and making choices, when our presence is louder than verbal immediacy.

"It's not about being right or wrong, it's about the relationships," said Nieto. "Power is about the ability to step into the other, whoever disagrees with you."



CAMPUS

VOICE

153

DID YOU KNOW?

Did you know the hyoid bone in your throat is the only bone in your body not attached to any other?

"What is your method of healthcare? What is your opinion on repealing the Affordable Care Act(Obama Care)?"

CONSTANCE HARDY PSYCHOLOGY

"MY HEALTHCARE METHOD IS INTERCOMMUNITY HEALTH ACT, AND I'M TOTALLY AGAINST THE AFFORDABLE CARE ACT."



KENNA CROFCHECK SPECIAL EDUCATION

"I'M SO AGAINST THE AFFORDABLE CARE ACT, AND MY HEALTH PLAN I THINK IS CALLED

A&E Contributors Truman Templeton Steven Pryor

Photography Editor Elliot Pond

Photography Contributors Josh Knight

Copy Editor Katelyn Boring

Sports Contributors Nick Fields

Web Master Marci Sisco

Advertising Austin Mourton

Social Media Editor Katelyn Boring

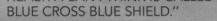
Contributors K. Rambo Morgan Connely Erin Ritchie

BUSINESS

"WELL, I'M PART OF THE OREGON HEALTH PLAN, AND I'VE NO COMMENTS ABOUT THE OBAMACARE, I'M NOT REALLY INFORMED."

ROBIN HASTINGS





JACOB GILLIAM COMPUTER DESIGN & DRAFTING

"I'M PART OF THE OHP, AND I COULD CARELESS ABOUT THE AFFORDABLE CARE ACT."



SAUL VASQUEZ

EFRAIN LOPEZ REAL-ESTATE

"RIGHT NOW I'M PART OF THE BLUE CROSS BLUE SHIELD, AND I'M SO FRUSTRATED BECAUSE I'M PAYING OUT OF MY OWN POCKET."

OH, SNAP!

SNAP now accepted in LB's Campus Store

LBCC is now the second community college in the state of Oregon that to accept Supplemental Nutritional Assistance Program (SNAP), or food stamps.

As of Jan. 18, the Campus Store will be accepting SNAP benefits; SNAP offers benefits to low-income families and individuals in order to help them purchase food. This is a federally funded program, and is meant as a supplement to someone's diet.

This project has been ongoing for about two years, with the efforts of Lawrence LaJoie, the Bookstore Manager; Eric Slyter, SLC President; and Bruce Clemetsen, Vice President of Student Affairs. Two years ago, LBCC applied as the first community college in Oregon pursue SNAP, and was denied. Shortly after, Clackamas Community College applied and was accepted. Later on, OSU also began accepting SNAP benefits. Learning from CCC and OSU, LBCC reapplied last summer and was accepted in November 2016.

With the bookstore now accepting SNAP, it will allow students who already have those benefits to have easier access to food on campus.

"It's going to help the students to be able to actually buy some food and snacks on campus with the benefits they already have, while they're here studying, while they're here working, and being a student," said La Joie.

With a SNAP card, a student can purchase food, plants, and seeds. However, food choices are limited to items that have a nutrition label or would be considered ingredients; bread, crackers, vegetables, meat, soda, candy and even some energy drinks are accepted, but hot or prepared items are not accepted.

"We're hoping that they can pick up a couple things that they might need, from a convenience standpoint, to bring home to make," said LaJoie. "That's really the intention of the program itself; to help those students who have the benefits take something and bring it home and make it."

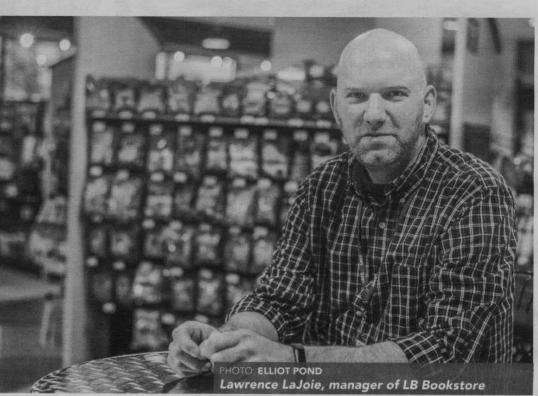
The next step for LaJoie, Slyter and Clemetsen is to survey the students to see what they would like to see sold in the store, as well as spreading awareness about SNAP benefits, what they offer and how to apply.

LBCC currently has a temporary aide for students who need food called the Linn-

Benton Lunchbox, where students are welcome to grab a donated meal for themselves and their families. The Campus Store accepting SNAP will provide even more help to low-income students at LBCC.

Clemetsen hopes to enlist the help of U.S. Senator Ron Wyden and propose a way to make it easier for other community colleges in Oregon to become SNAP retailers.

Nationally, we serve more low-income students than four-year universities. Most community colleges don't have a place for you to refrigerate your food, store your food, or prepare your food," said Clemetsen. "We don't have those resources. If you're in K-12, and your



low-income to be on food benefits, your children are getting fed breakfast and lunch, and you come to the community college and you can't eat, unless you go off campus or you pack a nonperishable lunch or food with you."

To apply for SNAP, or to see if you're eligible, you can apply online or in person at the local Department of Human Services. More information and resources about SNAP, as well as other LBCC resources, will be available at LBCC's Resource Fair on Wednesday Feb. 1, 11 a.m. to 2 p.m. in the east end of the Commons.

STORY BY **ERIN RITCHIE**

"It's going to help the students to be able to actually buy some food and snacks on campus with the benefits they already have."

-said LaJoie





1/18 - 1/24

Wednesday 1/18: Poached Chicken Breast with Tomato and Shallot Browned Butter*, Roasted Pork Loin with Jus Lié and Apple Compote*, Tempura Vegetables with Steamed Rice. Soups: Tortilla Chicken*, and Creamy Tomato.

Thursday 1/19: Fettucine with Clams and Saffron Cream Sauce, Grilled Steak with Bearnaise*, Falafel. Soups: Italian Sausage, and Grilled Vegetable*.

Monday1/23: Classic Eggs Benedict, Grilled Chicken with Berry Beurre Rouge*, Bean and Rice Burrito with Roasted Jalapeno Bechamel. Soups: French Onion, and Cream of Broccoli.

Tuesday 1/24: Salmon en Papillote with Coconut Curry*, Prime Rib with Jus* and Compound Butter, Saag Paneer*. Soups: Potato, Sausage and Kale*, and Corn Chowder

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REPEAL, REPLACE?

NEWS

As the GOP moves forward with repealing the Affordable Care Act, resistance grows both locally and nationwide.

Despite freezing temperatures, a group including LBCC students took to the sidewalks of downtown Albany to protest the impending repeal of the Affordable Care Act.

On Friday, Congress approved a budget seen as the first step in repealing the Affordable Care Act. While the measure itself does not directly address the repeal of the Affordable Care Act, it does prohibit Democrats in the Senate from filibustering future efforts to repeal. Several rallies were held throughout

"Health care should be considered a right, it should be available to all citizens in our country." - Jeff Pierce

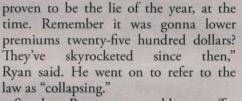
Oregon on Sunday in conjunction with the more than 70 rallies held nationwide. The event outside of the Linn County Court House in Albany was organized by Bert Guptill and sponsored by the Our Revolution club and Young Democrats club of LBCC.

Jeff Pierce, vice president of the Our Revolution club said the club supported the rally because, "Health care should be considered a right, it should be available to all citizens in our country."

According to a study by the Robert Wood Johnson Foundation and the Urban Institute, an estimated 24 million people would lose their health insurance by 2021 if the Affordable Care Act is repealed. This number would be in addition to the nearly 30 million Americans who are currently uninsured.

House Speaker Paul Ryan (R-Wisc.), a major figure in the push to repeal the Affordable Care Act, recently held a "town hall meeting" on CNN.

"Obamacare came in with all this fanfare and all this promise. Remember if you like your plan you can keep it? That was



Speaker Ryan was unable to offer specific information about a plan to replace the Affordable Care Act, because a new plan has yet to be devised. Ryan did say the Republicans intend to replace it as they repeal it.

"Right now the Republicans don't really have a plan to replace Obamacare, or the Affordable Care Act. They seem to be devoted to repealing it for the sake of repealing it. There's been a lot of talk of 'repeal and replace,' but we really haven't seen any movement on any solid plans," Pierce said.

Many present at the rally echoed concerns about the Affordable Care Act being repealed at all, particularly before there is a clear plan to replace it.

In addition to regulating how health insurance companies interact with policyholders, or prospective policyholders, the Affordable Care Act also allocates additional federal funding to supplement healthcare costs for people with disabilities and those with Medicare and Medicaid.

Nancy Hammond of Albany stated concerns over the loss of this funding when asked why she chose to participate in the rally.

"In support of my Husband, who is a physician's assistant, presently working at

OSU in student health, but did run a free clinic. When the Affordable Care Act came into being, he was able to find a lot of medical homes for people who, before that, were solely served by a free clinic," said Hammond.

To some, the rallies were the beginning of a movement to oppose changes the incoming administration intends to make. Sen. Bernie Sanders (I-Vt.) referred to the rallies as "Our First Stand." The phrase is quickly becoming a slogan of a growing group that wishes to challenge the current Republican agenda.

Several rallies held throughout the country on Sunday were organized and participated in by Democratic and Independent members of Congress. Vermont Sen. Bernie Sanders attended a rally at Macomb Community College in Warren, Michigan.

"This is the wealthiest country in the world, it is time we got our national priorities right. The United States today, and I hope everyone in America understands it, we are the only major country on earth not to guarantee health care to all people as a right," Sanders told a crowd of more than 10,000 people.

The rallies that took place across the country on Sunday were organized in less than two weeks, as Sanders alluded to in his speech.

"The revolution is going on," said Guptill. "Maybe Trump getting PHOTO: EMILY GOODYKOONTZ Kevin Planalp, Albany resident

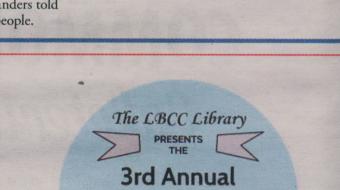
elected is what we needed to get us out of our lethargy and bring in activist people, not just behind the scenes in the Democratic party."

Sunday's protests against the current GOP platform are proving not to be an isolated incident. On January 21st, over 350 "Women's Marches" are planned nationwide, totaling over 400 hundred events in just under a week.

"My rights as a citizen," said Cynthia De La Torre, bluntly stating her reason for attending the rally in support of the Affordable Care Act.

De La Torre is a student at LBCC and president of the Our Revolution club. She hopes the event will encourage involvement in the political process, bringing out people to the crowd to stand up for their rights.

STORY BY K. RAMBO





Library Button Design Contest

2016-2017

Design a pin button for the library! 1st Prize: the design will be made into a button, featured as LBCC library's Facebook profile picture, and the artist will receive a \$25 Amazon gift card!

Visit the library for an entry form.

Designs due by Friday, February 3rd

JANUARY 18, 2017

NEWS

INSTITUTIONALIZED EQUALITY

How LGBTQ+ advocates are working for inclusion at LBCC



Many schools are working to increase inclusion for Students and faculty within LGBTQ+ communities. At LBCC, there are student groups and instructors committed to promoting equality on campus.

Instructor Tim Black, advisor to the LBCC GSA, or Gender and Sexuality Alliance, said the mission of the GSA is to "provide our LGBTQ+ students with a space to discuss matters pertaining to identity and education while promoting tolerance and unity throughout our campus and community."

"It is very important to have the GSA on campus. Aside from the visibility the club brings to the LGBTQ+ community, we also support all students by providing safer-sex items and menstrual pads to those in need," said Black.

While organizations such as the GSA take a broader approach in helping the student body, there are individuals on campus taking steps under their own direction to address the marginalization of LGBTQ+ people.

Karelia Stetz-Waters, Linn-Benton English department chair, is among those instructors who strive to make their classes inclusive and respectful to all people. She has each student introduce themselves and state their preferred gender pronoun at the onset of every term.

"Asking students to share their preferred pronoun is a good way to let transgender students know that they're welcome, and that I respect their gender," said Stetz-Waters. I want to get it right, and it's a way to raise awareness because a lot of people aren't familiar with, or don't know anyone who's transgender, yet."

Many LGBTQ+ advocates say that asking people their preferred gender pronouns is a good first step in respecting identities within the LGBTQ+ communities, but feel instituting it as standard practice will not address underlying issues.

"I wouldn't want someone to be forced to ask for pronouns, and then not know how to have the conversation that comes afterwards; or not be able to articulate why they were doing that; or not want to, and resent it, and have that fuel some bias," said Stetz-Waters.

GSA President Ceph Poklemba offers their own ideas about improving campus inclusivity.

"Get a new faculty position made to help LGBTQ+ students, and get training out to student leaders, and work study positions on campus cultural competency to improve student life directly," said Poklemba.

Many schools have faculty positions dedicated to assisting LGBTQ+ community members and raising awareness. University of Oregon, Oregon State University, and Southern Oregon University all have staff positions to help LGBTQ+ students; Southern Oregon University even offers specific student housing options that are gender-inclusive.

While advocates agree there's no clear blueprint for increasing inclusion of LGBTQ+ people in schools, many say there's already a number of actions proven to move campuses closer to that goal. From access to gender-neutral bathrooms to information campaigns; from basic resources to staff positions, advocates believe there are many steps to be taken.

STORY BY K. RAMBO UPCOMING EVENTS

Jan. 18 & 19. LBCC Blood Drive Calapooia Center, Cascade View A & B, from 10:30 to 4 p.m.

Jan. 18

Gallery Reception: Serigraph prints by print maker Gabrielle Hahn LBCC's SSH Gallery, noon to 1 p.m.

Speaking Justice "History of Race Relations at OSU"

Workshop featuring spoken word artist Too Black at the OSU Valley Library room 5069, 3 - 5 p.m. Performance featuring Too Black 7 to 9 p.m., free and open to the public.

Jan. 19

Oregon Transfer Day Representatives from 17 different colleges will be available to speak with students in the Commons Cafeteria from 10 a.m. to 1 p.m.

Jan. 20

OSU Campus Walkout "Inaugurate Social & Eco Justice!" SEC Plaza at 2:30 p.m.

Adam Scramstad Acoustic/Electric Finger-style & Blues Oregon born & raised

Friday, January 20 12:00-1:00 p.m. Student Lounge Benton Center Acoustic Showcase

entons hading questions alread or requests for special needs and accommutations should contact the fluiding coordinator at Linn Bonton Community Colleges RCLF seg Separator. Bod SML Alaong, Oregon 4920, forme 541-912-9189 or via Dregon Telecommunications Beday TID at 580-925, space at 380-925, resp. Contact hadd be made 27 hours or more to advance of the event. LBCC is an enguine apportantly educated and empires.



Jan. 20 2016-2017 Literary Northwest Series J Fiction writers Jeff Fearnside and Jesse Donaldson will be featured at OSU's Valley Library Rotunda, 7:30 p.m., free and open to the public.

Jan. 27 Engaging Communities to Address Latino Disparities Hallie Ford Center room 115, OSU, noon to 1 p.m.



NINTENDO SWITCH PREVIEW

Nintendo gears up to release a versatile gaming console

fter much speculation, the first Nintendo Direct Revent for the Nintendo Switch was streamed live on Jan. 12. The president of the Japanese branch of the company, Tatsumi Kimishima, unveiled the console and a selection of games for the upcoming launch later this year. While both the device and the president have a lot to live up to given the legacy of those before them, Kimishima has risen admirably to the task of bringing the industry headfirst into the ninth generation of video games.

Even though the company has seen increasing competition from Sony, Microsoft and mobile gaming in recent years, the Switch aims to build on the successes that helped make Nintendo a household name. The company has had all manner of popular consoles since the launch of the Nintendo Entertainment System in 1985 and successfully brought portable gaming to the mainstream with the original Game Boy in 1989. With the Switch, the company opts to combine elements of both home and portable gaming in one device when it launches simultaneously in Japan and the U.S. on March 3, of this year.

The console will be able to play games in HD when hooked up to a television via an HDMI cable and a power dock similar to the kind some of Apple's devices use. It will also serve as a portable console when one has to go somewhere. Even though there are reports of the system using less processing power as a portable device, it can still be used in all manner of public settings. More footage shown in the presentation demonstrates the device can be used anywhere from a family barbeque to a commute to work or school. Each player can take one of two pieces of the device's controller, the "Joy-Con" to play with in multiplayer, while single-player games can use both parts; the touch screen or an optional Pro Controller accessory.

A wide array of games for the system will also be available at launch, with more to come in the console's first year on the market. A party game known as "1-2-Switch" will launch on the same day as the console

that can show how the console will work with a single game, in a similar vein to "Wii Sports" and the Wii U title "Nintendo Land." Using one of either piece of the system's Joy-Con controllers, players will perform a variety of tasks such as a quick-draw shooting contest, displayed in a skit influenced by classic westerns such as "A Fistful of Dollars."

Another title slated for the near future is a fighting game known as "Arms." Using both halves of the Joy-Con controller, players will use a combination of the buttons, analog sticks and motion controls to box against an array of cartoonish fighters with extendable arms. The game sports an array of colorful characters, and looks to be a worthy spiritual successor to games such as "Punch-Out" as well as a promising new IP for Nintendo.

Of course, the console will have a healthy assortment of existing franchises as well games from third-party developers who have pledged their support to the Switch. Sega, plans to release new entries in series such as "Sonic the Hedgehog" and the "Shin Megami Tensei" roleplaying-game series. Electronic Arts will release new entries in their bestselling sports titles, and Bethesda will give the console its own port of the critical and commercial smash hit "The Elder Scrolls V: Skyrim."

Many key games such as "Pokémon," "Super Smash Bros," and "Mario Kart" are confirmed to have new installments as well as enhanced ports of previous entries in development. The Virtual Console service of games from previous consoles plans to be expanded to include games from the Nintendo Gamecube.

There are also very highly-anticipated new entries in some of Nintendo's biggest series. After much time in development, "The Legend of Zelda: Breath of the Wild" will launch alongside the console as well as a Wii U version on March 3. The game will commemorate the 30th anniversary of the series as well as introduce the lore of Hyrule to a new generation of fans. A new 3D entry in the Mario series, "Super Mario Odyssey" will launch during the holiday season. The game will

see Mario in a variety of new settings from lush jungles to lively cities, as well as a new mechanic of platforming involving the Italian plumber's iconic hat. Last but not least is a sequel to the surprise Wii U hit competitive shooter "Splatoon," which will feature a host of new modes and weapons to take part in combat with, as well as a large assortment of colorful clothes and running shoes to customize your "Inklings" with.

While the ninth generation of video games will be one of the most competitive ones to come, Nintendo and Kimishima have risen to the challenge with the Switch. During the presentation, many people from different backgrounds and developers have expressed great interest in taking advantage of the technology the Switch offers. At the tail end, both the president of the US branch of Nintendo, Reggie Fils-Aime and the director of many key "Zelda" titles, Eiji Aonuma, both express great joy for the console and "Breath of the WIId." With the potential to unite Nintendo's large and devoted fanbase as well as appeal to a new generation of gamers, the Switch will be quite the console to keep an eye on when it launches on March 3. Now let's Switch into a new way of playing video games!

PREVIEW BY STEVEN PRYOR



WORK STUDY POSITIONS AVAILABLE \$\$

The Advising Center: Exciting opportunity for professional development working with the Advising Team! Improve your skills and learn new ones. You will help our team with projects using computer programs and helping the staff create and maintain a virtual organized space. Hours are flexible based on your schedule. Maintaining confidentiality is important. Ability to multi-task and work independently as well as in groups. Typing skills and familiarity with Windows programs are a plus. Position viewable on the work study database, if you have been awarded work study. Please email Rob Camp with any questions: campr@linnbenton.edu

Center for Accessibility Resources (CFAR): Assist CFAR staff with operations and greet guests while maintaining a welcoming environment. Encouraging students to be self-directed learners, while assisting them with accommodations. May help with training students to use assistive technologies as well as help them strategize toward academic success. Basic office skills; answering phones, computer research, copying, faxing, scanning and data entry. May assist with on-campus events. Must be available for a structured weekly work schedule. Requirements: Patience, good listening skills, team player with ability to work in groups or independently. Multi-tasking skills and staying focused to task completion. Need ability to maintain confidentiality.

Preference:

-Computer experience. -Word processing. Accurate typing and spelling.

Position viewable on the work study database, if you have been awarded work study. Please email Carol Raymundo with any questions: raymundo@linnbenton.edu

"The OA"

The first episode of "The OA" aired on Dec. 16, 2016, and was co-created by the lead actress of the show Brit Marling. If you love science fiction, fantasy, angels, and other dimensions, this is definitely a show you want to Netflix and chill to.

My Pasts Judgment

Where do you go when the fire is in their eyes? The fire of hatred, and passion. Such a dangerous combination;

my dear Child.

Kid, you don't have to run, that's what they fought for, and that's what you have to do now. Riot against them. If you aren't heard --

So Kid, you gotta' fight,

This ain't some story from the history books.

This is another call to action, dear Child. May you be protected by the Queens of Stonewall. May their anger be yours too.

Child, be safe...

Kid, this ain't some shitty action book, There are lives on the line, punch, and kick, hit them with all you've got.

Child the world is still fighting against you, their hatred does not know bounds. We have died many times before you.

> Kid, we have different rules now, The world may be "nicer," but, that's only if you have the privilege to strut around.

Child... the world is only with you to a ledge, protect everyone past the leap.

Kid, this is a fight, your voice alone ain't gonna do much, but, that's why we're family. And I'll be damned if I let them all down

#Sorry#Ididathing

because not everything can be. Looking at the fight given, By the strugglers, weighed down by

By the plants that have been isolated, buried in pounds of dense freeze,

By the trees, quivering as their ancient limbs are battered by the elements,

Beaten to lifelessness that's shown by the pile of debris hidden under their sagging boughs,

It becomes difficult to not categorize the world into a type of poetic action.

Not everything can be poetry.

Not everything holds beauty and entrances the beholders with its grace. But if anything were to hold the title of poetic allure...

It would be the overwhelming urge to live, in every being.

By Allexis Leanne Cook

POETR

Child we are with you, some of us may just be in spirit. · But, we will stay.

Kid, you've got a lot coming for ya'; Child, you are not alone,

May your triangles always be pink, and may your bricks leave the scars to sow a revolution.

By Ceph Poklemba



HOME GAMES CONTINUE LEAGUE PLAY

LBCC's basketball teams have an up and down week

With both men and women's teams playing two games a piece, against Umpqua and Chemekta, LBCC's basketball teams have faced some adversity this past week. The women's team finished 1-1, while the men unfortunately lost both games.

Both games were at home on Jan. 11, with the first opponents being Umpqua. The women's team ended up losing the game 91 to 58. LBCC was lead by freshman Courteney Landis and Jade Bevandich. Landis carried the team, finishing with 15 points and scoring all of her points from behind the three point line (5 for 9 on the game). Landis also tallied up a rebound with one steal, and three assists. Bevandich contributed 11 points, six rebounds, one steal, and three assists as well.

With four of their players finishing the game in double figure scoring, Umpqua had a balanced attack. Freshman Jordan Stotler, Bria Thames, and Ashley Brackin scored 23, 17, and 11 respectively. Sophomore Tasia Bilbrew also contributed 18 points of her own. Umpqua dominated the defensive rebounds, out-rebounding the Roadrunners by nine and ending the game with a 13 total rebound advantage. LBCC finished with 10 more total turnovers, which seemed to be a deciding factor in the game. The men's team also fell short to Umpqua on Wednesday night. Led by Marchant brothers, Brodie and Jesse, the final score was 84 to 76. Jesse Marchant finished the game with 14 points and 7 rebounds, and Brodie had a team-high 19 points. The game was mainly decided in the first half, as Umpqua jumped out to a 46-37 lead. The Roadrunners fought back in the second half, outscoring Umpqua 39-38, but it wasn't

enough to win the game.

Both teams hosted again at the Jan. 14 games, against Chemeketa. The women's team dominated from the start to finish winning the game 77 to 59.

"Defensive pressure in the first quarter set the tone," said Head Coach Debbie Herrold. "We're moving in the right direction building the culture of believing that we belong in the top half of the league."

Again, both Landis and Bevandich both had great games, but were also aided by freshman Molly Aranda, who picked up a double-double (18 points, 17 rebounds) and sophomore Bailee Tally who also had 13 points.

"We had good communication and our aggressiveness was better than the previous game," said Aranda. "When we all work together everything goes well. We did really well in boxing out in practice and it showed in the game."

. LB flipped the script in this game,

winning the rebound and turnover battle, which are always key stats in any basketball game.

"Chemistry of the team is working well and in practice we are pushing each other to do well," said Landis. "When we all bring our full effort the win comes easy."

The men's team fell to Chemeketa, with a final score of 92 to 77. Brodie Marchant played a big game, and also had help from sophomore Kendrick Abraham and freshman Isaac Garber. Marchant had a team-high 19 points to go along with six rebounds. Abraham had 15 points with three steals, and Garber had 11 points as well.

"We got impatient," said Head Coach Everett Hartman. "We need to learn to play and grind for a full 40 minutes. [Umpqua's] three's were extremely accurate and we lost the shooters when they got open."

The deciding factor in the game seemed to be the performances for Chemeketa's

Brennen McNabb and Tregg Peterson. The freshman McNabb had a game-high 29 points, torching the Roadrunners from behind the arc (8 of 12 on the game). Sophomore Peterson also had 22 points, going an absurd 6 of 7 from the three point line.

Both LBCC teams will travel to Coos Bay on Wednesday, Jan. 18 to play Southwestern Oregon Community College. Southwestern's men's team has a league record of 2-2, and the women's team has a record of 1-3.

The women's team look to carry the momentum from Saturday night as the men's team tries to get back on track. The next home game is a while away, coming on Jan. 25, where the Roadrunners will host Lane Community College.



STORY BY NICK FIELDS

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