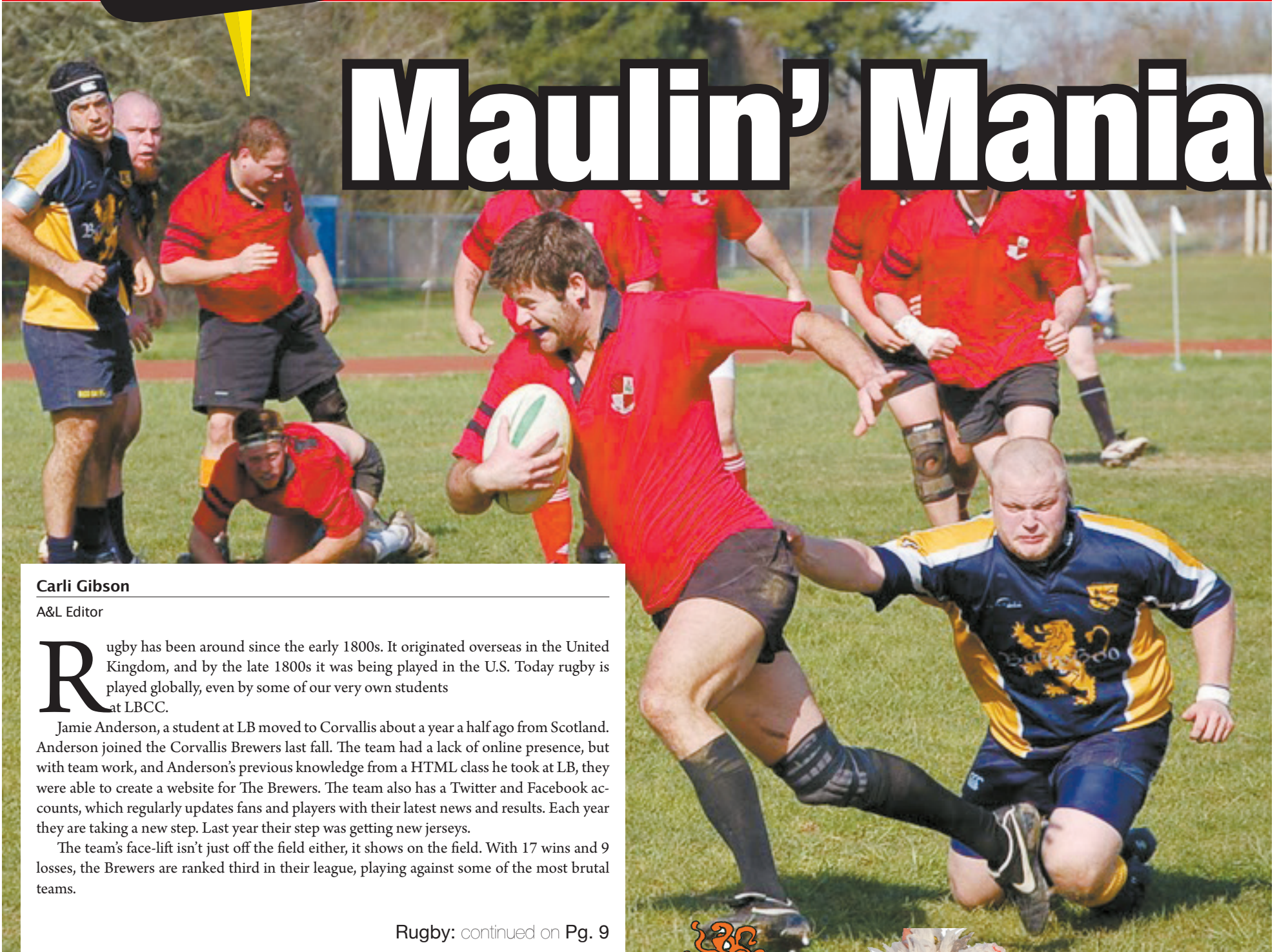


THE COMMUTER

Your Community Compass

COMMUTER.LINNBENTON.EDU

Maulin' Mania



Carli Gibson

A&L Editor

Rugby has been around since the early 1800s. It originated overseas in the United Kingdom, and by the late 1800s it was being played in the U.S. Today rugby is played globally, even by some of our very own students at LBCC.

Jamie Anderson, a student at LB moved to Corvallis about a year a half ago from Scotland. Anderson joined the Corvallis Brewers last fall. The team had a lack of online presence, but with team work, and Anderson's previous knowledge from a HTML class he took at LB, they were able to create a website for The Brewers. The team also has a Twitter and Facebook accounts, which regularly updates fans and players with their latest news and results. Each year they are taking a new step. Last year their step was getting new jerseys.

The team's face-lift isn't just off the field either, it shows on the field. With 17 wins and 9 losses, the Brewers are ranked third in their league, playing against some of the most brutal teams.

Rugby: continued on Pg. 9



Farewell to Conrad
pg. 4



New Opinion Column
pg. 8



Fresh Look at Plastic
pg. 13



THE COMMUTER
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Wednesday(11/2) Partly Sunny 56°/37°	Thursday(11/3) Mostly Cloudy 52°/34°	Friday(11/4) Time o' Clouds 49°/36°	Saturday(11/5) Rather Cloudy 50°/37°	Sunday(11/6) Some Raindrops 53°/40°	Monday(11/7) Partly Sky-y 52°/40°	Tuesday(11/8) Rainy 54°/39°
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CONTACT US AT: COMMUTER@LINNBENTON.EDU

Linn-Benton Community College's Weekly Student Publication

WEATHER

Source: accuweather.com

THE COMMUTER STAFF

The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty and Associated Students of LBCC. Editorials, columns, letters and cartoons reflect the opinions of the authors.

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The Commuter encourages readers to use its "Opinion" pages to express their views on campus, community, regional and national issues. The Commuter attempts to print all submissions received, but reserves the right to edit for grammar, length, libel, privacy concerns and taste. Opinions expressed by letter submitters do not represent the views of the Commuter staff or the College. Deliver letters to The Commuter Office, Forum 222 or at commuter@linnbenton.edu



The Commuter

@lbcommuter



LBCC Commuter

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Trick or Treat: Albany Library Hosts Halloween

Shawna Thibert

Contributing Writer

Enthusiastic and colorfully outfitted children gathered around to watch a Halloween-themed marionette show about a horse and a clown being haunted by a ghoulish spirit. After the show, chairs were scooted to the side and replaced with game stations and arts and crafts tables.

The Albany Public Library hosted the gathering Oct. 25.

If you are looking for something fun to do on a budget look no further than our Albany Public Library. Heather Doan, mother of two girls, said she enjoys it because there aren't many activities for children after school and that are in a safe location. "The kids really enjoy it," Doan added.

"It's not as much fun as I thought it would be," said Abe Peterson, age 10. "... I couldn't wear my mask; it's too scary for the little kids." Peterson later said he would like to come to more of these events.

All events and activities are free of charge; likewise, if you are interested in holding an event or activity there is no cost to use the conference room. The only limitations are events must be open to the public, non-profitable and admission may not be charged.

The Albany Public Library is big on community outreach, especially youth outreach. Doris Hicks, Young Adult Librarian, and Scott Keeney, Children's Librarian, are the leaders of this event and many others like it. "I was very fortunate to come into a tradition of outreach to the schools," Hicks said.

Their main objective is to promote art and literature in the community. "We're a staging place for culture in our society," said Keeney.

They offer these programs in order to bring people in, people that may not usually go to the library and don't know about all they have to offer.



Shawna Thibert

Children demonstrate what a zombie looks like.

More photos online at: shawnathibert.blogspot.com

You can check out more than just books. You can also borrow movies, audio books, magazines and even CDs. It is also a great place to kick back and read a book on one of their comfy chairs, or do your homework using one of their computers.

The Halloween Arts & Crafts activity is just one of many events they do. On December 5, they are having a historical program on early settlers that will include stories and songs by a costumed story teller. For young adults, the library also hosts clubs, such as their anime club.

For those who consider themselves too old for puppet shows, they also have book clubs and events for you. For instance, they previously hosted a Holocaust survivor to speak to an audience of about 200.

The Albany Public Library is working hard to encourage everyone in our community, especially the children, to become more involved in art and literature and they are well on their way. Keeney said with a look of triumph: "It's amazing. Every story-telling at least 10% of the people are new."

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Clarinet soloist: Carol Robe

SUNDAY
NOV. 6
3:00 PM

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Mt. Hood

Mt.Thomas/ flickr.com

Science Series Speaks on Volcanoes

Kay M Roth

Contributing Writer

While not something many students at Linn-Benton probably think about, last week the history of Mt. Hood's volcanic action came to campus in the form of a noon lecture by Dr. Alison Koleszar from Oregon State University. The talk was part of a series of science lectures on campus this fall. Available as a class credit, the series is open to the general public as well.

Even for those without a lot of knowledge in geological sciences, Koleszar's lecture was interesting and very informative. She spoke with confidence and had full knowledge of her subject, while remaining nontechnical in her details, allowing even those without a strong geological background to understand what she was talking about. The presentation also included a power point presentation to help further explain how Mt. Hood was formed and how it

differs from the other mountains in the Cascade Range.

Mt. Hood, listeners soon learned, was the result of a subduction zone, which young geologists quickly learn is where one tectonic plate slides under another one. These zones are - or in Mt. Hood's case, was - along the coast. She also described the three major eruption periods of the mountain and gave her reasons for studying Mt. Hood. "It's close to a large population center," she said, noting its close proximity to Portland. She also noted that, by volcano standards, Mt. Hood is very young, with its first referenced eruptive period happening only 13,000 to 20,000 years ago.

The audience, filled room 113 in Madrone Hall, listened intently as Koleszar explained that Mt. Hood's eruptive stages are much different than Mt. St. Helens in that Mt. Hood does not have the same explosive history as Washington's most famous volcano.

Koleszar concluded her talk by fielding questions regarding Mt. Hood's eruptive history and what might come next. She also took

questions regarding general tendencies of volcanoes and stated the conclusions she came to following her study. While volcanoes are, by nature, unpredictable, Koleszar made several speculations regarding Mt. Hood's future eruptive behavior.

Three lectures remain in the fall series on the Albany campus. This week, Joseph Levy from Portland State will talk about Mars and how Antarctica's permafrost can tell us about the red planet. On November 9, James Osborne from OSU will discuss how winemaking and microbiology go hand in hand. The series will conclude on November 16, when Dudley Chelton from Oregon State's College of Oceanic and Atmospheric Sciences discusses satellite oceanography.

The talks are free and open to the public. People are welcome to bring their lunches to the talks, taking place from noon until 1 p.m. on Wednesdays. For more information, please contact Deron Carter at 541-917-4745.



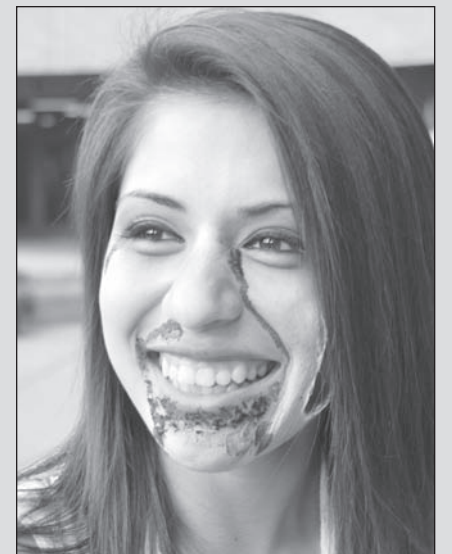
Emily Pike and Dan Stone get zombified.

Halloween On Campus

see more photos online: commuter.linnbenton.edu



Nick Massari as the Joker.



Laura Torres shows off her Halloween make-up.

photos by Tony Brown

HUGE Book Sale



Nov. 4 • 9 am-7 pm
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Student Survey to Improve College Experience

Amanda Hayden

Copy Editor

Are you a first-year LBCC student who likes free stuff?

LBCC will be conducting an online survey for first-year students, as part of the school's "First-Year Student Experience Self-Study."

This will be a 15-30 minute survey, which will be emailed to all first-year students (currently under 30 credits) on Nov. 1, and it will be due back by Nov. 14.

LBCC is one of many schools throughout the nation

participating in "Foundations of Excellence." The survey is a major self-study and integral part in the improvement planning process for the first year students attend college.

To encourage returning the survey, the school will reward each participant with a coupon for a free bag of popcorn at the Albany LBCC Bookstore.

Even more exciting gifts will be raffled off, such as gift cards from the LBCC Bookstore, LBCC Food Services, Starbucks, and iTunes.

Look for the survey in your email inbox, to give valuable information about you as a student, and a chance to get free stuff.

Welding Snowflakes Bring the Christmas Spirit

Kelly Griffith

Contributing Writer

The welding department is currently making snowflakes as a fundraiser to help pay for their certifications.

Each student needs four certifications, which cost \$30 each and is not covered by financial aid. This is a fun and creative way for them to raise the money.

Maybe you've seen the snowflakes on display in the window of the welding shop. During an ITS meeting, conducted by Jon Rambousek, president; accompanied by James Robinson, vice president; Fred Stuewe, coordinator; and Mike McCreary, secretary.

Welding student Trish Moorehouse fabricated the jumbo version of the snowflake. The department was contemplating selling the jumbo snowflakes for \$75. There is currently only one of its size that has been fabricated so far.

The welding department is involved in other projects around campus as well. Maybe you've seen the swinging pendulum on the ground floor in White Oak Hall. There is now a protective barrier around the base of the pendulum platform, installed by welding student Brian Gerow.

One of the other exciting projects the department is currently working on is a cap for the water fountain in the courtyard. This is being fabricated by welding student Andrew Gastafson. Gastafson was one of the students that went to the KC Skills USA competition last year.

All of the details of the fundraiser were discussed during the ITS meeting. Developed years ago by Dave Ketler, a member of the faculty, the pumpkin turkey is also being fabricated and sold by the welding students.

To create a pumpkin turkey pieces are cut freehand with a plasma cutter from sheets of 18 gage steel. The pieces of steel, which consist of a head, tail and two wings, are inserted into the pumpkin of your choice. This kit is being sold for \$15.

The snowflakes are made from quarter inch round stock steel remaining from last year. After being welded together with a mig welder, they are ready to be painted white. The last step is to string rope lights through the fabricated snowflake and are attached with zip-ties. The snowflakes are sold for \$50 each.

Both of these items will be available in the Courtyard weekdays at lunch time, or in the welding shop from now until the last day of fall term.



Trish Moorehouse holds a welded snowflake.

Kelly Griffith



A finished snowflake.

Kelly Griffith



provided by Fisher Funeral Home

Elizabeth Juliane Conrad with her dog.

Juliane Conrad Passes Away

Alethea Skinner

Contributing Writer

Last week, LBCC faculty and students were shaken by news of the loss of their colleague and instructor Elizabeth Juliane Conrad, who died Oct. 20.

For 11 years, Juliane (as she was known) was an instructor at LBCC, teaching psychology, personal growth classes and human relations for the Dental Assistant program. She received the Outstanding Part-time Instructor award in 2008.

Dawn McNannay, LBCC's regional director for Linn County, said of Juliane that she was an instructor whom students felt cared whether or not they succeeded. She made them feel valued.

The following comments about Conrad, written by students, were found on RateMyProfessors.com:

"Amazing teacher! Loved everything about her class. I wish she taught every subject so I could take it with her. She has great energy and is so funny. She makes you want to come to class."

Juliane was also a teacher whom students were happy recommending to others, saying, "Take a class from her, you will never regret it!"

"We were privileged to have her as an instructor, colleague and friend," said McNannay.

The memorial visitation for Juliane was held Oct. 25. A memorial has been established for Safe Haven Humane Society in care of Fisher Funeral Home, 306 S.W. Washington, Albany, OR 97321.

ROV Team Solves Real World Problems

Cory Warren

Contributing Writer

We often take for granted the gadgets in our pockets, and the effort, problem solving and innovation that went into making them a reality.

However, for members of LBCC's Remotely Operated Vehicles (ROV) Club, ingenuity, imagination and finding solutions to problems through science is all part of a day's work. They may not be building the next smart phone, but the tasks they set out to solve, and the challenges they are building robots to overcome, provide LBCC students the chance to explore this exciting field of study.

Greg Mulder, one of the faculty advisors for the group, summed up the ROV club as "a diverse group of students in various fields of study who come together for a common cause. Whether it is building a submersible to explore underwater volcanoes and study estuaries or to working with other schools of all levels to promote an interest in the sciences, the club provides opportunities to develop a strong sense of community." The advisor was not

alone in this sentiment.

"Everyone is welcome," said Jody Eaton, the club's treasurer. She spoke of how everyone worked together, working on each component and task, then would come together to share their results. The supportive nature of the club means everyone, regardless of who they are, is a part of the collaborative feel and ultimate success of the projects at hand. "It is fun to watch the evolution of an idea," she said, tapping away on her laptop, developing a code for the component she was working on.

However, it is not all fun and games. The ROV club tackle real world issues. In the wake of the Deep Horizon explosion and the resulting oil spill in the Gulf of Mexico, the club — along with ROV clubs all over the nation — set to work on solutions for capping the gushing well. The club provides the opportunity to work on real world problems, taking a hands-on approach to finding solutions to seemingly insurmountable challenges.

"One of the things we do is simulate a test or do a challenge," said Michael Tilse, a returning club member.

"For our competitions, we are given instructions on props to build so that we can build our ROV to fulfill certain tasks."

Michael, who helps design the components and control systems for the ROVs, spoke of how the process of building a robot for a competition often starts with nothing more than a few hints from the group running the competition itself. Throughout the year, using the hints given (this year seeming to point to the salvaging of underwater WWII debris), the club will lay the ground work for a robot, adding to and changing it as they learn more about the task the ROV will work on.

The club is open to all interested students, regardless of their skill levels. This is not only a place to work on robotics, but also a place to learn new skills, from the fabrication of parts and the coding of computer programs to technical writing of reports on how various aspects of the process are moving along. Anyone interested in joining can contact Greg Mulder, or come to Madrone Hall 113 on Monday or Wednesday at 4 p.m. for the club meetings.

Instructor Jensen Publishes Second Shakespeare Book

Ari Nunez
Contributing Writer

In Peter Jensen's own words, "it took him a while," but he is finally here. Getting ready to publish his second book this November, Jensen has accomplished a feat few only dream of: years and years of research culminated into the creation of his two books, "Shakespeare's Name Code" and "Shakespeare's Lovers."

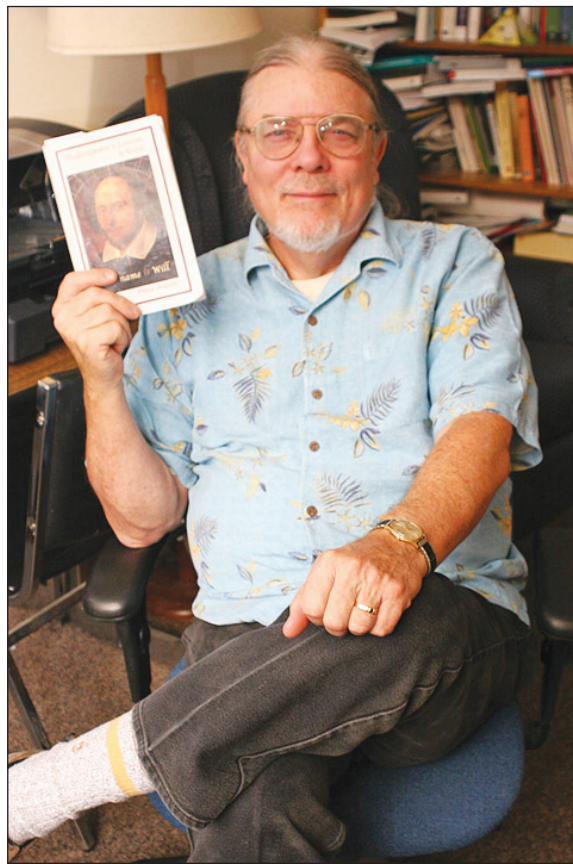
The first is purely historical non-fiction. His new addition is a fictional approach to things that really happened in William Shakespeare's life. "Name Code" is newly revised with a new cover, and "Lovers" is the beautiful result of Jensen showcasing Shakespeare's life without "dumbing him down" to his own level, claiming the amazing intelligence of Shakespeare.

His love of Shakespeare is the result of the early influence of his parents and his grandmother. His parents would take him to Shakespeare's plays in New York City, and his grandmother would read him sonnets during the short amount of time she had before he got bored. He also fondly recounts listening to the eight-track sets of "Hamlet" his parents purchased for him before he could even understand the words. He would jump up and down on the couch with a wooden sword, proclaiming "I am Hamlet the Dane!"

As he grew older, much like any American, Jensen studied Shakespeare through primary and secondary school. His love for the great works was not superficial. Under the tutelage of the late renowned Professor Samuel Schoenbaum, the "radical seed to find what was true" was planted in Jensen's life.

"Anonymous," a movie that claims the Earl of Oxford was the real mastermind behind Shakespeare's plays, debuts in theaters today. Jensen himself will be viewing the movie in support of a "good argument," but urges students and faculty alike to ask questions in response to the movie. He is confident in his own work and that of Schoenbaum, a man who is considered one of the greatest Shakespearean minds of the 21st century. Jensen has the evidence — "it's all real" — and therefore is ready to combat what he considers the false claims of "Anonymous."

Forty-five years of study and 400 books read in the pursuit of the truth of Shakespeare later, Jensen has written his own works with the student in mind — dense, but with a



Ari Nunez

Peter Jensen's set to release his second book "Shakespeare's Lovers."

clear and surprisingly intriguing writing style. In his books you will explore the hidden names of those Shakespeare held most dear, woven directly into his sonnets and plays and the possible situations -- based in historical fact -- behind the man, who became known as the Bard, the great William Shakespeare.

Peter Jensen is all about the evidence, make no mistake about that. In appreciation for his advancement in the understanding of Shakespeare, pick up his books starting this November. The LBCC library will have copies and the books will be available for purchase on Amazon.com in time for the holidays.

"Anonymous," Thou Art Awful

Kacey Dowers
Contributing Writer

"Anonymous" asks if William Shakespeare really wrote his own poems and plays. It has been one of the worst films I have seen in a while. Even if Shakespeare never wrote a single word of his work, I probably wouldn't shed a tear. I would have never had the dreadful tests in literature that I couldn't understand.

This movie starts out with an introduction by Derek Jacobi, then pushes forward to James I being crowned king. The movie then takes us back in time to Edward De Vere's (Rhys Ifans) childhood and flashed forward to his death.

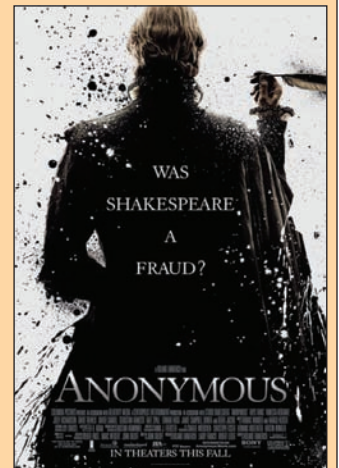
In this movie, set during the end of the reign of Queen Elizabeth I (Vanessa Redgrave), it is a battle over who is going to be the successor to the throne. De Vere is legitimately the Queen's son but was secretly hidden, as the queen was only 15 years old when he was born. When forced to live in the Puritanical house of William Cecil (David Thewlis), he kills a servant. William then blackmails De Vere into a loveless marriage with his daughter Anne. De Vere later becomes his Royal Mother's lover and sires his own brother and son.

De Vere seeks to escape all this drama through writing. William Cecil, his father-in-law, is so convinced that writing for the theater is evil that he tries to stop De Vere's work from being published.

After four decades, De Vere visits a public theater and is impressed with the way the actors are able to influence the audience. He decides to have one of his plays, "Henry V," staged in an attempt to free a man named Ben Johnson (Sebastian Armesto), who has been confined on accounts of sedition.

De Vere's plan backfires when a young actor, William Shakespeare (Rafe Spall), pretends to be the author, which turns into a conflict over who is the author and who is the Queen's son. In 1604, De Vere agrees to stay anonymous to keep his incestuous son, the Earl of Southampton, from being outted as a homosexual. Meanwhile, William Shakespeare is living the dream, known as one of the finest writers of the English language.

This movie was so hard to follow. It has a very confusing plot line. The truth is that even if Shakespeare isn't the real writer of all these plays and poems, we would never really know. English majors will still teach. This is a blow to the Shakespearean legacy we have all come to hate and love.



Dr. Kay Redfield Jamison Talks Depression at OSU

Sean Bassinger
Contributing Writer

It was an emotional night in the LaSells Stewart Center at Oregon State University, as Dr. Kay Redfield Jamison took to the stage and covered topics involving depression and bipolar disorders among young adults.

The lecture, presented by Active Minds OSU, took place from 7-9 p.m. on Oct. 24. The Austin Auditorium was nearly filled with curious individuals seeking insight on these serious mental conditions.

Currently, Jamison, co-director of the Mood Disorders Center, has spent years researching depression and bipolar disorders at John Hopkins. She originally graduated from UCLA with a doctorate and pursued an internship researching clinical psychology. She has published several books (including "Night Falls Fast: Understanding Suicide") and wrote over 100 articles on the subject of depression, and even made appearances on talk shows, such as Oprah

and Charlie Rose.

Jamison was among those who endured depression throughout her college career, and discussing it was never an easy task.

"People I knew just didn't talk about those things," Jamison said.

She went public with her own serious depression conflicts in a 1995 Washington Post article, while continuing to help others with their own battles against the disease.

Jamison was proudly introduced by Larry Roper, OSU's vice provost of student affairs. Roper also mentioned OSU's chapter of Active Minds, who were among those responsible for organizing Jamison's lecture, a group he described as being the only peer-to-peer organization raising mental health awareness among college students.

"They are characterized by the desire to make a difference in the lives of their peers," said Roper.

After being introduced, Jamison began her lecture — which she described as a "clinical overview" — by expressing concerns about the

information collected on depression and bipolar disorders.

"We know a lot," said Jamison. "But too many people know far too little."

Jamison stated how each year there are around 23 college campus murders nationwide, and how preventable suicides — ranging over 1,100 — are much more common.

Jamison was also struck by the courage most young students must display in this world. They face perils, such as competition, falling in love, and greater challenges like college and grad school.

"People succeed remarkably, thrive, and get on with their lives," she said. "They just don't talk about depression."

She described depression as "painful disorders of mood," which can involve a lack of energy and focus towards extremely saddened thoughts. Individuals may become tired, unable to concentrate, and experience a complete loss of interest in activities they once enjoyed.

During the manic phase, moods

become elevated and expanded. In some cases, behavior can be very hyperactive.

"It's like being wired," said Jamison. "People have very high energy levels."

As Jamison described, this can involve rapid speech, insomnia, and becoming easily irritable. Questionable actions also become present, including impulsive shopping and violent agitation.

Another occurrence Jamison referenced was "Addictive Creativity," where individuals spend hours on projects or activities until they're completely burned out. They'll fight sleep, hunger, etc. In its mild form, depression can actually lead to highly productive periods of activity.

LBCC's Active Minds meets Fridays at noon in NSH 109.

Bipolar disorder, unlike depression, involves a more rapid change in a person's mood. According to Jamison, one percent of the population severely suffers from this condition, with two to five percent being more mild forms. Depression is more

common among women, but bipolar disorder affects both genders equally.

Suicide attempts are also more frequent among those with bipolar disorder. 50 percent of those diagnosed will attempt it, and 10 percent of these individuals will die.

Jamison also recommends getting help as early as possible, as each passing moment could enhance the condition's severity.

For those seeking more information, there are many resources and outlets, including the official Active Minds website. Even Jamison agrees there are both good and bad sources of information, so it's important to figure out what's most legitimate.

"They're bad diseases to get, but now is a good time to get them," Jamison said.

If you know someone who suffers from depression or bipolar disorder, it's always important to assure them that it's all right to discuss these issues, and that help is readily available. Most importantly, depression and bipolar disorders should never be ignored.

In the News:

Local:

Corvallis - The two people killed in a collision near Corvallis have been identified as OSU students, Fan Yu and Zhaoxuan Dong, from China. Yu and Dong collided with a utility pole on Cardwell Hill Drive, just after 4 a.m. and investigators said the car burst into flames upon impact. According to officials, speed and alcohol were factors in the crash.

source: KPTV

Oregon City, Ore. - Parrish Chang Sr., the Oregon City Community School's youth soccer coach for grades third through sixth, had his house searched by officers on Aug. 12 and seized his computer. A forensic computer analyst later found 125 videos containing child pornography. After presenting the case to a grand jury, Chang was indicted on Oct. 19 on multiple charges, including 10 counts of first- and second-degree encouraging child sex abuse. Court documents list the titles of the alleged child pornography videos, but they are too graphic and explicit to share. Chang is behind bars in the Clackamas County Jail on \$50,000 bail. He's due back in court next month, according to the district attorney's office.

source: KPTV

Nation:

Washington, D.C. - President Obama has announced that all the troops in Iraq are to be home by the end of the year. Keep in mind, he promised the exact same thing when he was running for President. If voted in he would bring either all or half of the troops in Iraq home by the end of the year. Along with ending the war in Iraq, Obama has decided to send roughly 100 troops to central Africa to counter the Lord's Resistance Army.

source: DrJays.com

Nation - Redbox will be following in the footsteps of Netflix and will be raising their daily rental fees. The old rental fee of \$1.00 to pick up a DVD at any of their kiosks is being raised to \$1.20. According to redbox, the reason for the increase is because of higher debit card fees. However, the company says that they won't charge more for Blu-ray movies or video game rentals.

source: CNN

Phoenix, NY - Jackie Barden found via FaceBook, her son Ridge had died after taking a hit at a football game and suffered a head injury. Barden spent three hours, waiting for the police or a school official to inform her, but it never came. Barden is divorced from Ridge's father and wasn't on the emergency contact list. Barden wasn't even able to view her son's body because she wasn't notified in time.

source: CNN

World:

London - Sons and daughters of British monarchs now have equal rights to the throne, due to new changes to the United Kingdom's succession laws. These constitutional changes would mean a first-born girl has precedence over a younger brother, and

also means a future British monarch will be allowed to marry a Catholic. These laws will apply to any future children Prince William and Prince Harry have.

source: CNN

Ercis, Turkey - The death toll from the 7.2 magnitude earthquake in Turkey has risen from 471 and it is now 535, but they have been able to rescue 185 people from the rubble. According to the Turkish Disaster and Emergency Relief Agency, it has been estimated that 2,300 people have been injured by the earthquake. Home Secretary Theresa May reported Thursday, Britain has pledged emergency tents for more than 5,500 people whose homes were destroyed.

source: CNN

Libya - The International Criminal Court (ICC) are having "informal conversations" about the surrender of Moammar Gadhafi's son, Saif al-Islam Gadhafi. If Gadhafi's son is brought to court, he will "have all the rights and be protected," and will be allowed to present his defense, according to Luis Moreno-Ocampo, who is the court's chief prosecutor. The court believes Saif al-Islam Gadhafi, his father, and his brother-in-law Abdulla al-Sanussi are responsible for crimes against humanity in Libya, including murder and persecution across the country, beginning in February amid anti-government demonstrations.

source: CNN

Weird:

Pittsburg, Pa. - After 38-year-old Sean Faulkner received his Reuben sandwich he ordered from Sieb's Pub, he ran to a forklift he had stolen earlier in the day. Before going to the pub, he stole the forklift from a construction site and then reportedly drove it two miles to Sieb's Pub. According to the Pittsburg officials, Faulkner was still in the parking lot when they showed up.

source: AP

Sarasota, Fla. - The 100-pound, 8-foot-tall Lego man found on the Siesta Key Beach will soon be released from custody. The Lego man randomly appeared on the beach, with the words "No Real Than You Are" written on his shirt, along with "Ego Leonard" and the number 8. Ego Leonard is an artist from the Netherlands. The Lego man is hoped to be placed somewhere else in the community.

source: AP

Vallejo, Calif. - A 21-year-old man was found hanging in a diaper like swing at a local playground for nine hours. The 21-year-old reportedly made a \$100 bet he could fit into the swing and with the help of liquid laundry detergent, he managed to fit inside. After climbing into the swing, his friends took off once they realized he was stuck. The groundskeeper found the man screaming for help the next day. Firefighters then cut the chains off the swing and rushed the man to the hospital, where a cast cutter was used to cut the seat of the swing open.

source: AP

I Once Was Able to Vote

New restrictions limit voters eligibility

Justeen Elliott

News Editor

Earlier this month, the Brennan Center published a new report on "Voting Law Changes in 2012" that details and analyzes the bills that have been proposed and passed since the beginning of this year. Most of the new restrictions have made it more difficult for citizens to both register and vote.

There are four new restrictions that will make it more difficult for people to vote.

- Photo ID requirements. Some states will require voters to show government-issued photo ID to vote.
- Cuts to early voting.
- Proof of citizenship laws that will require a voter to provide proof of citizenship in order to vote.
- Reversals of felon disenfranchisement reforms. People with past criminal convictions will be barred from participating in the political process.

The Brennan Center is estimating that as many as five

million people will be affected by these new rules, which have already been put in place. These restrictions will mostly affect young, minority, low-income, and disabled voters, and the American voters that live overseas.

The Brennan Center have studied new laws and have opposed some of them in court and other venues. According to Republicans, who have passed all of the new election laws, these new restrictions are necessary to prevent voter fraud, and question why photo ID should be routinely required at airports, but not at polling sites. Democrats have countered the new laws, saying that they are a solution in search of a problem, since voter fraud is rare. Some of the new laws have been introduced by Republicans for years, but passed only this year, after the party made so many gains at the state level. The Justice Center must review these news laws in several states, to establish they don't run afoul of the Voting Rights Act.

The biggest impact, according to the Brennan Center, will be the laws that require people to show government-issued photo ID to vote. Thirty-four states have introduced the legislation to require it. Eleven percent of potential voters do not have a valid state ID.

Not to mention, Independent groups that are registered voters will face fines of anywhere between \$50 to \$1,000 per applicant if they fail to turn in applications to officials in a timely manner.

Obama's Jobs Bill Emphasizes Infrastructure

Melvin Dietz

Contributing Writer

For a couple of weeks now there has been a debate going on about President Obama's jobs bill because his initial plan was voted down in Congress. After this defeat, democrats have been revising the bill and keeping the most essential pieces in order for it to become more appealing to Congress. They hope to gain enough support to pass these individual parts of Obama's initial bill.

Renovating America's infrastructure is one of the most crucial parts of the \$60 billion bill. According to the American Society of Civil Engineers in a 2009 report card, America's infrastructure grade is a D. It will take \$2.2 trillion and a five-year investment



to make our infrastructure more safe and bring it up to date. Wastewater and drinking water facilities received a grade of D-. The best grade received

was for solid waste facilities with a C+.

This jobs bill will focus mainly on transportation properties such as roads, bridges, and airports. About \$10 billion will be put aside for private and public projects. According to proponents, these renovations will create jobs, which will boost our economy and improve our general well-being and safety.

The jobs bill will be paid with revenue generated by a .7 percent tax on millionaires. If passed, the renovations will begin immediately, hitting peak performance during next summer's construction season.

For more information on America's current state of infrastructure, go to www.infrastructurereportcard.org where you can check on the individual state and national reports.

Netflix Loses Support

Amanda Hayden

Copy Editor

Over 810,000 members have now decided to end their business relationship with Netflix, after the events of the previous weeks. This still leaves another 23 million members, but the loss is detrimental financially. This also shows the 60 percent drop in company stock over the past five months. Stockholders, who previously saw rapid growth, where most other companies were floundering or

staying even, have plummeted from around \$300 a share, now to the \$80 range.

Will Netflix make it through the hailstorm of criticism and stock plummets? Since Reed Hastings, Netflix CEO, decided to unbundle the streaming and DVD-by-mail services, while simultaneously increasing the cost, many customers have become outraged. The company's facebook page is filled with dozens of angry customer responses, chastising the company, mocking their stock results, and

criticizing the streaming selection.

Some stock analysts have greatly focused on the events surrounding the great Netflix stock drop, and the company has announced that it expects to see a continued drop in 2012, while reassuring stock holders that recovery will happen. Other stock analysts blame selfish customers, who they claim did not realize what a good thing they had until it was re-vamped.

Only the future will tell which direction this youthful company will go.

Life After LB: One Alum's Tale

Maya Lazaro
Contributing Writer

This is long so bear with me. My name is Maya. I'm a Commuter alum. You may have heard about me from Ashley Christie or Justin Bolger, probably in reference to something that made it up onto the quote wall. You guys still have a quote wall, right? You should, or I may have to make some calls.

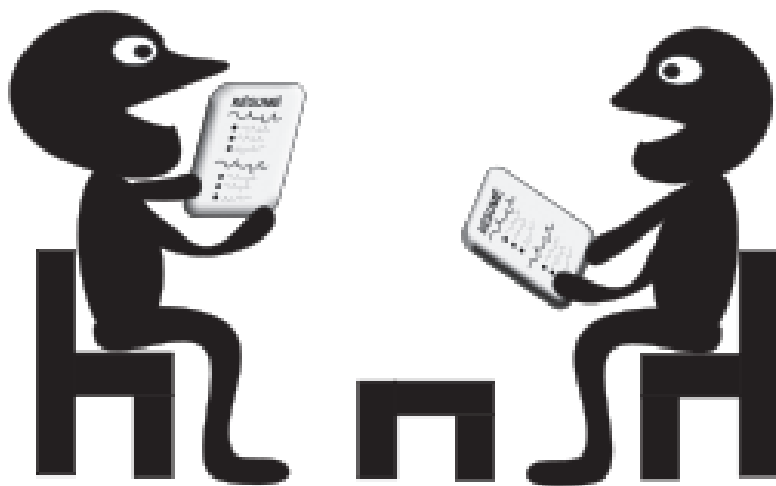
I want to let you all know that wonderful things can come out working at The Commuter. Yes, The Commuter. Many of the amazing opportunities I've been lucky enough to enjoy since graduating from LBCC can be credited to the work I did for this publication. I truly believe that working for a community college paper is a great way to start your career in journalism (and by journalism I'm being really broad here and including both advertising and public relations).

Let me tell you my story. I received my Associates Degree in Journalism and Mass Communication from LBCC before transferring over to the University of Oregon as an advertising major. (Boo, hiss, I get it. Now shut up.) I got my start in journalism working as a contributing writer and photographer at The Commuter, the very place you're all working now. I served under strong leaders including Ryan Henson and Max Brown, and got to work beside talented folks like Ashley, Justin, Adam LaMascus, Maggie O'Reilly, and Frank Warren. And of course, our adviser Rob Priewe was there the entire time to make sure we only published our best work. Show these people your upmost respect – they've paid their dues and have a lot to teach you, so listen.

I had some of my fondest memories working at The Commuter. I brainstormed story ideas, edited pages on production day, wrote like a fiend, and attended Taco Tuesdays each week. Let me tell you, it was wild. I fondly remember venturing down to Sweet Home with Max in tow to do a story on Mud Fest, an annual event, where people in decked-out vehicles speed through muddy obstacle courses. There are published photos of me in a giant green jeep skidding across the mud flats, terrified for my life (I may have peed a little).

I got really dirty that day, but it was worth it. I won first place for that story in the Oregon Publishers Association 2010 Collegiate Newspaper Contest. Many of my colleagues also won awards for their work, just as several of you will.

After many months working as a junior staff member I was promoted to Feature Editor, where I continued to write stories and edit articles for the



Alum Advice

- Don't be afraid to take risks. They're what get you noticed.
- Show up, do your work, don't complain, give feedback, be funny. If you can, eat tacos.
- Ashley Christie is a boss. Believe that.
- Explore all opportunities. Apply for internships, enter competitions, and do volunteer work; you never know where they might lead.
- Talk to the Commuter's seasoned staff. Ask them what they've been working on. You might be surprised at what you find, and what you can learn.
- Find your passion and live in it.
- Have an opinion.

publication. I even got paid for it too (in credits, of course). Life was great.

Sad times ahead.

After receiving my AA degree, I transferred along with Commuter alums, Erik Bender and Max Brown to the University of Oregon, where I currently study advertising and multimedia. I had to leave behind the Commuter and its staff, who were no longer merely colleagues, but had become trusted friends. I was lonely, anxious, and insecure. I applied that term to work at the Oregon Daily Emerald, the University's independent newspaper, and never heard back from anyone. I also tried to get a job at Allen Hall Public Relations, the journalism school's student-run PR firm. I got to the interview stage and was subsequently rejected. I switched majors several times that first term, and spent most of my Tuesdays eating Ramen out my cramped apartment rather than tearing up tacos with my friends. Cue the violins.

Things got better after that. During winter break I received a phone call from Kat Flanigan, the News Editor at the Oregon Daily Emerald, asking if I'd like to work as an unpaid Junior News Reporter for them. Oh, did I! I made some cool friends there, including ODE reporter Mat Wolf, who also served as Managing Editor of Ethos Magazine, a student-run multicultural publication.

My experience working at The Commuter gave me an advantage over other students who had no published work on their resumes. I had learned

a lot about ethics, responsibility, storytelling, and managing small groups. It was the thing on my application that got me hired.

No, I'm not done yet.

Through my connection to Mat Wolf I became an Associate Editor at Ethos, where I led a group of writers, photographers, and designers in creating full-bodied stories for the publication. I also applied to Flux Magazine, another award-winning student-run publication, and the "official" magazine of the School of Journalism and Communication. I rocked the interview and was asked to become an Associate Editor with the publication. I became too busy, and so dropped the gig at the ODE. I laugh at myself for that now. If only I knew. Free time? What's that?

Anyway.

Anna Klassen, Flux's then-Managing Editor and current EiC, was impressed with my work and after one term appointed me as her replacement. I now serve as Managing Editor, which has been a truly humbling experience. The work produced by our writers, photographers, designers, and development team is phenomenal. I'm grateful every day I get to work for this cutting-edge publication.

Then things got busy.

Suji Paek, Managing Editor at Ethos, was leaving her second job at a small company in Eugene and recommended me for the position – I am now Social Media Director at Charting Nature. It's not nearly as glamorous as it sounds, trust me. I was also hired by a local author to edit his book about canine running buddies. Don't laugh. This book is legit. I did a couple of internships over this summer too, but nobody cares about that.

With all this experience behind me I felt ready to re-apply to Allen Hall Public Relations. I got the interview and was hired on as an Account Executive five days later. I'm meeting with my account team and our client tomorrow.

And to think, all of this came out of my experience at The Commuter.

I am not a special snowflake. Former Commuter EiC Max Brown was chosen to work on developing the website for the U.S. Olympic Rowing Team, and got to serve as Co-Editor in Chief for the University of Oregon's first mobile publication, Oregon Magazine. He's currently a writer at Flux and is assisting myself and the rest of the senior staff in creating a mobile version for tablet applications like the iPad.

This future is available to every single one of you. And it starts by working hard where you're at. Right now.

Interview and Resume Tips

Nora Palmtag
Contributing Writer

"Remember in both resume and interview, make sure the employer knows what you can do for the company and your value as a potential employee," informed Karelia Stetz-Waters, English/Writing instructor.

First, write up a great resumé.

A resumé should be long enough, so that it provides a concise, adequate and accurate description of an applicant's employment history and skills. Make sure your work history is complete, from most recent to oldest. List specific accomplishments/achievements you have had in your career.

Any additional training that will catch the eye of a particular potential employer should be put on applications tailored to that employer.

Stetz-Waters stressed that you never include personal demographics or interests unless specifically asked in the interview.

Once you have gotten the interview, make sure your appearance is appropriate for the job. Check out the company before you apply to see what they want in an employee. Try to have a few questions you can ask about the job or company. This will let them know you are really interested in them. Congratulations! You made it to the interview!

Some do's and don't's of the interview, according to "Tips to Help Make Your Job Interview Successful," from EmploymentGuide.com:

- Be on time for your interview.
- Practicing out loud for your interview will help you sound more polished and concise and less nervous in the actual interview.
- You should avoid wearing excessive jewelry, perfume, and flamboyant clothes. Good personal hygiene is also important.
- Be aware of your body language. When shaking hands, make sure your grip is firm and confident.
- Have good posture.
- Make sure you let the interviewer know how pleased you were to have the chance to interview with him or her. Immediately after the interview, send the interviewer a thank-you note, thanking him or her for taking time to interview you.

Advice from Weiss



Mark Weiss
Counselor

Question: I was told I should declare my major, but how do I do that? Can someone help me? And, why is it so important?

Answer: Actually, declaring your major is simple. It takes about two minutes at the 1st Stop Center in the middle of Takena Hall. There's just one very short form to fill out.

There are a few reasons why it's important for a student to declare a major. One is that this is the way the college keeps track of you and knows

what degree to give you when you finish. Another is that if anyone wants to get information to all students of a certain major (advising information, program changes, etc.), they will only know to send it to students who have declared that major.

A third reason for declaring a major is in regard to those students who are on financial aid. Financial aid requires students to declare a major after taking 30 credits, even if it's an open ended degree, like General Studies of the Oregon Transfer, if

you are receiving aid you will have to declare something.

Finally, an important reason for declaring a major is that students who do so tend to be more successful than students who don't. There's something about making that commitment that seems to motivate us when we are striving for a goal. And research shows that this even holds true for students who change their major later. Making the statement, "I am going for this," seems to motivate us humans to try ever

harder for our personal success, and to persevere through the hard times to make good things happen.

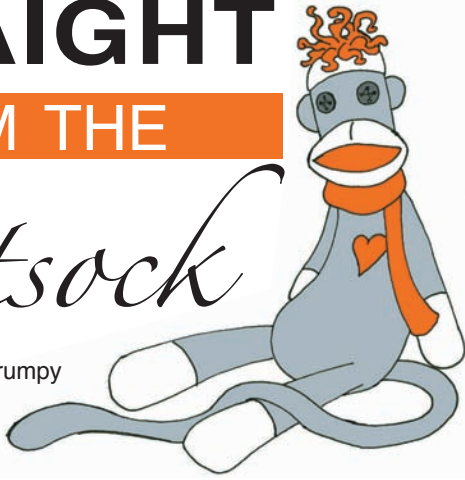
So, my two cents worth is, make the commitment. If you are confused about what major is right for you, see an adviser, a counselor, or talk to your favorite teacher. But get a major on the books.

Mark Weiss
Counseling

STRAIGHT FROM THE

Hartsock

Brain stuffing from the frumpy
sock monkey



College isn't so hard. Or is it?



Jennifer M. Hartsock

Opinion Editor

They say that starting your first year of college is the time in your life where you'll do the most changing. Most freshmen move out of their parent's house and into a new city, start fresh with a new roommate, take on new responsibilities, and try to make new friends. All at once, you're expected to be a grownup with studies, bills, rent, and groceries. In time, these tasks become less and less daunting.

Sometimes, the hardest part of starting college is not getting used to an independent lifestyle. It's trying to mesh new changes with your closest friends.

College is an outlet for many things, and for a lot of monkeys, it's the outlet for becoming who you truly are. Independence unearths your weaknesses, and the will to survive develops the solutions. Your studies become important because you enjoy them. Monkeys sitting next to you talk about subjects with admiration, and you can't help but become interested in their outlook. Hey, your homework might even consume you, because you want it to. Studying is the new, ripe banana!

You may just find yourself at the starting line of the rest of your life — a life you didn't imagine for yourself in high school.

Your friends may not.

Too many friendships are lost because someone has "changed." This is especially unfortunate when you're changing into a better person. On the flip side, if you're the one who have friends who are "changing," my advice is to understand why. Have they changed for the better? Is what they are doing beneficial to themselves, and to others? Are their choices creating opportunities to move forward with their education? Their career? Their life?

Are you getting left behind because you think you're still sixteen in high school?

The bottom line is that every new chapter in life should bring change in you. Why? Because growing into the person you are is always the right direction to unveiling your best potential. It keeps things from remaining stagnant. And, you know what, it brings a lot of fun with it.

And in time, your old monkey friends may see what the hype is all about. But in the meantime, don't be afraid of discovering new things, or experimenting with different subjects, interests, friends, and hobbies.

What do you think?

Both letters to the editor
and guest columns are
welcome.

Submit your
thoughts to
commuter@
linnbenton.edu



The Commuter attempts to print all letters received, although we reserve the right to edit for grammar and length. Letters that raise libel, poor taste or privacy concerns will not be printed.

Analog Smoking May Be on the Way Out

Anna Grace

Contributing Writer

Have you heard of the smokeless cigarette? If you're trying to cut back on costs of smoking, this is the way to go. Maybe you would even like to quit, but don't quite know how to cut back and actually do it. The Electronic Cigarette is an amazing smokeless device that uses E-liquid (e-juice).

The electronic cigarette feels like you are smoking a real cigarette, but a few things are different. You're not; you are only taking in nicotine.

A traditional cigarette is full of tobacco, tar, carbon monoxide, ash, and tons of other things we don't even want to think about going into our bodies as we take a drag off that cigarette.

The e-cigarette is made up of a nicotine cartridge, an atomization chamber and a smart chip with a lithium battery. This allows you to look and feel like you are really smoking, when you're not.

Jeremy Jenness, a student here at LBCC, says, "the e-cigarettes are wonderful because you can smoke them anywhere you can eat or drink. I'm glad that LBCC doesn't really have a policy about them."

The e-cigarette has many options for flavors or concoctions of juices. You can get your regular, Camel flavor or Marlboro, or maybe even seven-leaf tobacco. You can make your own, or you can try some that someone else has made. A few popular places to buy juices are mstsbakery.com, johnsoncreeksmokejuice.com, and ecigsejuice.com.

Smoking the e-cigarette is much cheaper than buying a traditional pack of cigarettes. One 5mL bottle



of juice is equivalent to three packs of cigarettes. You can purchase a bottle of e-juice for about \$4.00 on some sites such as freedomsmokeusa.com.

LBCC has no current policy on the electronic cigarette; the policy only covers tobacco products, cigarettes, and chew.

According to Marcene Olsen, the manager for safety and loss prevention, says it is upto the teacher's discretion. If they feel that it is distracting other students, then the teacher can request you put it away. In Olsen's opinion, "don't assume people are smoking. Ask questions before assuming."

Some campuses around the state of Oregon have banned the e-cigarette because of the confusion it sets about their campus policies.

Common Knowledge OR AT LEAST IT SHOULD BE

Defining Fun



Gabriela Scottaline

Contributing Writer

Often young people's idea of fun is simply doing whatever higher authority forbids. In essence, obeying laws and the expectations of elders makes one weak and boring.

When I was younger, I noticed that the people who were considered "cool" were those who were following wayward influences. Now that I am entering adulthood, I realize that limits and the free will to operate within (or without) them are necessary to our happiness. I'm not endorsing strict legalism, only redefining fun.

In high school, every time I looked around me, I saw boys and girls who (to quote one of my

favorite authors, John Green) "felt that girlfriends [and boyfriends] were their paths to kissing and/or salvation." But more than that, I noticed a sense of struggle among all these kids.

They were struggling to do what was accepted, to keep up with what was in style, what was cool, and ultimately to attain their ticket into the presence of the supremely "cool" ones.

This was funny to me because if everyone was doing the same things, how could they be original (as they claimed), or have any sort of genuine fun? But who was I to suggest to others that they weren't actually having a good time?

There is a certain invincibility associated with youth — we can do anything. The consequences of our foolish behavior are not often felt immediately, so they don't really exist.

While we are struggling to define ourselves, we also misdefine fun. I don't believe people have to dabble in everything to figure out who they are. Yes, when we are young we are confused at times about who we are and what we enjoy. But this does not

mean we have to go through a series of damaging events in order to realize solid truths about life.

The definition of fun is not partying, meaningless relationships, or breaking rules for the thrill of it. There is more out there than wayward influences have to offer. There is a fun that comes simply out of the joy of living a good life. This could include going for a bike ride, hiking a beautiful path, playing games with friends, or watching a movie.

College is a perfect time to realize that we don't have to do what everyone else is doing in order to find friends, have a good time, forget about a dreaded homework assignment, or just laugh.

Do you like fishing? Go fishing. Do you like reading? Read. Do you feel uncomfortable with excessive alcohol and partying? Don't. Go. To Parties. Hang out with friends. It's that simple. Be who you love to be. Like the things you like to do. You are not obligated to do anything you don't feel right about doing. This is a time to find courage and act on it, not to cower in the shadows of misled peers.

So, what is your definition of fun?



Corvallis Rugby: Non-Stop Fun

continued from Cover

Even a team as tough as the Brewers have their troubles. They need a field to practice on. Currently they play at Willamette Park in Corvallis, but don't have a regular field they can practice on and are "looking for somewhere we can use," says Anderson. They're also looking for a main sponsor to assist them financially.

Those who haven't been to a rugby game are encouraged to go. The game is more intense without the constant stopping and going like you would find in football. With all the plays, tackling, rucks, and mauls, rugby is nothing less than an invigorating sport.

The game consists of 15 players on each side. The players divide into eight forwards, which are typically bigger and stronger, and seven backs, who are generally faster and more agile. There are 40 minute halves, and a ten minute halftime. Unlike football, which requires lots of gear and equipment, rugby is played with only a ball, cleats and a mouth guard. In a game, a player may tackle the ball

carrier at any time. The goal, similar to football, is to get the ball past the opponent's goal line. When making a tackle, the tackler has to wrap the ball carrier in their arms. Blocking for the ball carrier isn't permitted. During the play, the ball carrier may kick the ball forward, but can only pass the ball to the side or behind. The game does not stop except for when a goal is made, a law is broken, or a ball goes out of bounds.

If you're interested in joining the Brewers, don't hesitate and girls, don't go thinking that rugby is just for the men. A women's team is also being established. To play for the Brewers, go to their website and give your name and e-mail. You will also need

Rugby Terms

Tackling: when the ball carrier is taken to the ground by a member of the opposition.

Ruck: formed when one or more players from each team close around the loose ball after a tackle.

Maul: when the ball carrier is held up by a member of the opposition or a member on his/her own team.

Scrum: used to restart play, eight players from each side bind together and go head to head for control of the ball.

Lineout: when the ball goes out of bounds.

source: covrallisrugby.com

to register at usarugby.org. For any females interested, e-mail Amy Garrett at amy@corvallisrugby.com.

"It's really easy to pick up," Anderson says. He also adds that they have players of all different shapes and sizes. Everyone is welcome. Anderson moved here not knowing anyone except his wife, but after joining the team, Anderson says they're "honestly like family."

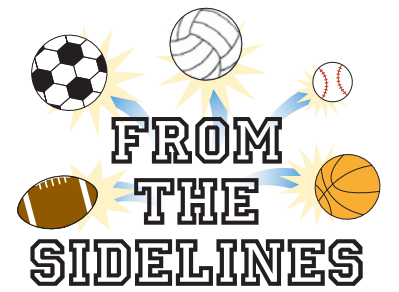
Come watch the Brewers play at their next game, Nov. 5, at Agnes Stewart Middle School in Springfield. Then support the Brewers and get some food at their spaghetti dinner fundraiser on Nov. 20 at the Elks Lodge in Corvallis. Tickets are \$10 a person and available on their website: www.corvallisrugby.com.

Learn more about upcoming games and how you can join the team at: corvallisrugby.com



Pictures of the Corvallis Brewers against Washington's Budd Bay Buffaloes in the 2010 playoffs.

provided by Corvallis Rugby



LBCC

Women's Soccer

Oct. 30

5 | 1
LBCC | PCC

Next: Nov. 6 at home vs. UO

Volleyball

Oct. 28

3 | 0
LBCC | Pierce

2 | 3
LBCC | Shoreline

Oct. 29

3 | 1
LBCC | Shoreline

3 | 0
LBCC | Chemekta

0 | 3
LBCC | Mt. Hood

0 | 2
LBCC | Shoreline

Next: Nov. 4 at home vs. Umpqua
Nov. 5 at home vs. SW Oregon

OSU

Football

Oct. 29

8 | 27
OSU | Utah

Next: Nov. 5 at home vs. Stanford

Volleyball

Oct. 21

0 | 3
OSU | Washington

Oct. 22

3 | 2
OSU | WSU

Next: Oct. 28 at home vs. Colorado
Oct. 29 at home vs. Utah

Men's Soccer

Oct. 28

0 | 3
OSU | San Diego

Oct. 30

0 | 1
OSU | UCLA

Next: Nov. 11 at Washington

Women's Soccer

Oct. 28

1 | 2
OSU | Stanford

Oct. 30

3 | 0
OSU | California

Next: Nov. 4 at home vs. Oregon

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Derby Girls Roll On

Skating Nuts and Bolts

Sick Town's Season's Set to Wrap Up

Kelly Griffith

Contributing Writer

Roller Derby has made a comeback. After being extremely popular in the past, then fizzling out in the mid 1970's, its returned full force. There were many attempts from the mid 1970's - 1990's to revive the sport without much success.

The sport of roller derby has three positions: jammer, pivot and blocker. The jammer scores points by lapping the opposing team's players. They start 20 feet behind the pack and wear a helmet cover with stars on either side.

The pivots start at the front of the pack and set the pace. They also play as blockers and wear a striped helmet cover.

The blockers start right behind the pivots and assist the jammer through the pack. They also attempt to keep the opposing team's jammer from passing. Their helmets are not marked.

A bout is separated into two 30 minute periods, which are divided into jams. The bout begins when the referee blows a single whistle. The pack takes off and the first jam begins.

There's a double whistle blown after the back of the pack reaches the start line. This alerts the jammers to start.

The lead jammer is the first jammer to pass through the pack. No points are scored. She is allowed to call off the jam at any time by placing her hands on her hips. The points are tallied and another jam will start. If a jammer laps the opposing teams jammer, she will score an extra point. This is called a "grand slam".

If a team member gets one major penalty or four minor penalties she is out for one minute. Major penalties would be any block above the shoulder or below the hips, skating in the wrong direction or "unsportsladylike" conduct, like tripping.

Minor penalties would be blocking with elbows and forearms, pushing or blocking to the back, cutting the track, blocking out-of-bounds and intentional falling.

There are "derby girls" here at LBCC. Miranda "Dixie Skullpopper" Prince is one of them. She's a student and works in the Learning Center as a teacher's assistant.

"I had seen flyers for Sick Town around LBCC campus for a couple of years before I joined," said Prince. "I thought I was too old and too out of shape."

She saw Cherry City Derby Girls in Salem for her first bout. It was the "Black and Blue Debut" in October 2009. It was then she realized there were girls participating of all ages, shapes and sizes. "That's what made me think, maybe I could do it too."

Kyle Holland

Sports Editor

The Sick Town Derby Dames are Albany's local roller derby hot shots and their season is coming to an end this week.

The Fury in Fall will be the final bout of the season for the S*M*A*S*H unit until next year and the squad is pumped for the bout.

Chelle F.U.P.P. is one of the jammers on the team. "Who doesn't want to watch girls in fishnets hitting each other, while drinking beer?"

Drinking beer and cheering on your derby girls is part of the fun but, the event is family friendly as well. Along with the action, hard hits and fast jamming, there will be a kids' table with arts and crafts, a poster table for you to make a sign for your favorite derby girl and half-time entertainment.

The team is always looking for girls to join the league and fill roster spots or practice teams.

Natural Disaster is jammer and blocker for the team. She showed up to a practice about a year ago after hearing about the team on the radio. She had never skated before. The team welcomed her and walked her through step by step on how to play the sport. She encourages all women out there to give it a shot.

"We are always looking for skaters or athletes, women, who are mothers that need hobbies or outlets. You don't have to have any skills, we teach you from the ground up. The derby culture can be really awesome thing to be a part of."

Land Tuna is a blocker and the new kid on the block, having joined the team in August. Married with a five year old son, she never saw herself doing anything like this ten years ago. Now she can't think of anything else more exciting.

"Being a part of the team is amazing. We are all so different, but manage to come together for each other."

Rollin Rebel is an up and coming jammer and like most girls growing up in the 70's, spent countless nights watching roller derby on the tube. She is married with kids, but loves

Fury in Fall

Linn County Expo
(Santiam Building)
\$13 at door / \$10 Pre-Sale
Pre sale locations:
The Uprise Skate Shop,
Aqua Seafood Restaurant
and Bar, The Cash House,
or Brown Paper Tickets



the physical contact and hard work that being a derby girl is all about. "I want to be the best derby girl I can be." She also is excited to have more girls come out and skate with them.

"We are very happy to welcome new skaters and open to teach what needs to be done."

"The relationships you develop with other girls, along with the bonds and closeness - you don't get anywhere else," Chelle F.U.P.P. added.

The sport is growing exponentially and the girls are inspiring mothers and women, offering a positive outlet. It's a sporting event like none other and if you haven't had a chance to experience the craze yet, don't miss out.



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Campus Events

Ongoing

WOU Art Faculty Exhibit

NSH Galleries

A wide-ranging exhibit of artwork by a dozen Western Oregon University Art Faculty is on view at LBCC. This is the second of annual shows at LBCC featuring art faculty from Oregon's six state universities. The gallery is on display until Dec. 2.

Gallery Show "Mutual Appreciation"

SSH Gallery

The show features paintings, drawings and printmaking works from eight Oregon State University students and recent graduates, three of which are former LBCC art students. Artists include Nick Campbell, Max Krueger, Angela Lasky, Amanda Sause, Gabrielle Snider, Ira Strubhar, Christy Turner and Vesper White. The show runs through Dec. 2. South Santiam Hall Gallery hours are 8 a.m. to 5 p.m., Monday through Friday.

Wednesday 11/2

WOU Art Faculty Exhibit Reception

NSH Galleries • Noon – 1 p.m.

This is a public reception. Several of the faculty will be on hand for the event and will say a few words about their work and the program at WOU. Stop by during the noon hour to show your support and to meet the faculty (one of whom, Diane Tarter, is a 1980s LBCC grad in graphic design).

Physical Science Speakers Series

MH 113 • Noon – 1 p.m.

Dr. Joseph Levy, Geology Department, Portland State University, "Walking to Mars: What Antarctic Permafrost Tells Us About the Climate, Geology, and Habitability of the Red Planet." Free and open to the public.

Thursday 11/3

Fall for French Music Performance

SSH 213 • 7:30 – 8:30 p.m.

This is the first in a series of recitals featuring LBCC music faculty. Diane Hawkins on piano and flute, tenors Jason Caffarella and James Reddan, and soprano Patty Gerig. Tickets are \$2 at the door. Proceeds benefit the LBCC Music Department.

Friday 11/4

Active Minds Meeting

NSH 109 • Noon

Anyone with an interest in raising awareness of mental health issues is welcome.

Volleyball Home Game

6 – 7 p.m.

Support your team!

Saturday 11/5

Volleyball Home Game

1 – 2 p.m.

Another chance to support your team!

Monday 11/7

Red Cross Blood Drive: Civil War

Fireside & Vineyard Mountain/Siletz Rooms

Join LBCC and the Red Cross in their efforts to save lives through the annual Fall Blood Drive. This drive will be part of the Statewide Civil War Blood Drive. Donors who participate will be eligible to enter a drawing to win two tickets to the Civil War football game in Eugene on Saturday, November 26. Come and make a difference in someone's life!

Tuesday 11/8

Renewable Energy Lecture – Wind Power

Covallis-Benton County Public Library • Noon – 1 p.m.

Come hear about new developments

in renewable energy. November 15 lecture covers wind power. Wind power is growing at a tremendous rate in the Pacific Northwest. This presentation builds upon last year's with updates on wind power progress in Oregon and nationwide. The recent legal situation with high Columbia River flows and the impact and interaction of hydro power with wind power will also be covered. Presenter: Ted Brecken, Oregon State University.

Wednesday 11/9

Physical Science Speakers Series

MH 113 • Noon – 1 p.m.

Dr. Dudley Chelton, College of Oceanic and Atmospheric Sciences, Oregon State University, "Satellite Oceanography." Free and open to the public.

Friday 11/11

Remaining Tuition Balance Due

LBCC Hosts 32nd Annual Bob Ross Open Invitational Photography Show

F 104 • 7 p.m.

This is a free, non-juried show and is open to anyone to attend, weather you are showing photographs or just want to see what others are doing in the field. This year's theme is "My Passion in Nature." Nature photographers from throughout the Willamette Valley gather each year on this occasion to celebrate nature and share their experiences, techniques, favorite places and things to see. This event is free and open to the public. For more information, contact Bob Ross at 541-928-3711 or email at rosspix@comcast.net.

If you have a Campus Event, please e-mail them to commuter@linnbenton.edu.

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THE COMMONS FARE

11/02-11/08

Wednesday: Pot Roast, Hazelnut-Arugula Pesto Pasta w/ Grilled Chicken, Grilled Vegetable Sandwich
Soups: Tom Kha Gai (Coconut, Ginger, Chicken) and Corn Chowder

Thursday: Liver w/ Bacon and Onions, Chicken Cordon Bleu, Cauliflower and Potato Curry with Basmati Rice
Soups: Loaded Potato Chowder and French Onion

Friday: Chef's choice

Monday: Glazed Ham, Beef Goulash w/Spaetzle, Vegetable Strudel
Soups: Vegetarian Vegetable and Potato Leek

Tuesday: Chicken and a Biscuit, Fish Tacos, Vegetarian Quiche
Soups: Corn Chowder and Chicken Matzo Ball

Classifieds

Deadline: Ads accepted by 5 p.m. Friday will appear in the following Wednesday issue. Ads will appear only once per submission. If you wish a particular ad to appear in successive issues, you must resubmit it.

Cost: Ads that do not solicit for a private business are free to students, staff and faculty. All others are charged at a rate of 10 cents per word, payable when the ad is accepted.

Personals: Ads placed in the "Personals" category are limited to one ad per advertiser per week; no more than 50 words per ad.

Libel/Taste: The Commuter won't knowingly publish material that treats individuals or groups in unfairly. Any ad judged libelous or in poor taste by the newspaper editorial staff will be rejected.

Help Wanted

You can sign up at www.linnbenton.edu/go/StudentEmployment to look at student & graduate jobs. *For more info about the opportunities listed below, please see Carla in Student Employment in the Career Center (Takena First Stop Center).

CWE Clerical Safety Administrator (#9303, Albany) Do you have a strong interest in mechanical, industrial or electrical engineering field? This job offers on-the-job experience at a major company, a reference for a job after graduation and great pay! \$10.95/hr to \$16.90/hr DOE.

Basketball Coaches/Assistants/Referees (#9317, Albany) Volunteer and make a difference in the lives of kids ages 4-8. Only takes an investment of 2-6 hrs/week.

Cashier (Albany) Do you have some cash handling & customer service and want to make some extra cash for the holidays? Check this out at Student Employment.

Mentor (#9314, Lebanon) Be a mentor for an at-risk youth (16-24 yrs) by modeling good values and judgment to help them get their lives headed in a positive direction. Must be 21 years old.

Persons having questions about or requests for special needs and accommodations should contact the Disability Coordinator at Linn-Benton Community College, RCH-105, 6500 Pacific Blvd. SW, Albany, Oregon 97321, Phone (541)-917-4690 or via Oregon Telecommunications Relay TTD at 1-800-735-2900 or 1-800-735-1232.

Contact should be made 72 hours or more in advance of the event.

The Diversity Achievement Center Welcomes YOU!

Do you have questions?
Do you just need a freindly face and smile?
Not sure where to go on campus?

- Study, Kick Back and Relax
- Meet with Friends or Make New Ones
- Watch a Movie, or Read a Book
- Search Scholarship Listings
- Use a Computer
- Find College and Community Resources
- Help with Career Exploration
- Meeting Center for Clubs
- Learn about Non-Traditional Career Programs
- Attend an Activity or Event

Diversity is not about how we differ.
Diversity is about embracing one another's uniqueness!

Located on the 2nd floor of the Forum building: Room 220
Open Monday-Friday 9am to 3pm

Everyone is Welcome!



Get Bit HBO's "True Blood"

Melvin Dietz

Contributing Writer

Lately, there has been a fascination with supernatural beings living around us. The creature feature that has been dominating pop culture in recent years has been vampires.

This vampire nation has created many different versions of vampire characteristics, such as what happens to them in the sun. If you think that vampires should burst into flames when the sun touches them, as opposed to their skin sparkling, then you should watch "True Blood."

This HBO show, like others before it, is very successful and doesn't get passed up during awards ceremonies. In 2009, The American Film Institute awarded "True Blood" one of the top 10 best shows, and in 2010 the People's Choice Awards named "True Blood" the people's Favorite TV obsession.

The fourth season just wrapped up with a very intense cliffhanger, as usual for the show.

Based on the Charlaine Harris' "Southern Vampire Mystery" series, "True Blood" takes place in the backwoods swamps of Louisiana and is centered around a plethora of characters that give a rich sense of the South. However, it's rare to come across southern hospitality in the small town of Bon Temps. One of the central characters is Sookie Stackhouse (Anna Paquin) who's first encounters with vampires are chronicled in this portrayal of vampires and their dark deeds.

Yes, she falls in love with a vampire like most vampire stories, but this show has an edge that makes it different than the rehashed stories we're used to. This show is for a mature audience and depicts violence and sex. This isn't your teen sister's vampire flick. It is a great show to watch with friends or by yourself. However, it is best if you have somebody to discuss an episode with because "True Blood" is definitely a water cooler kind of show.

Gere and Grace "Double" the Fun

Kacey Dowers

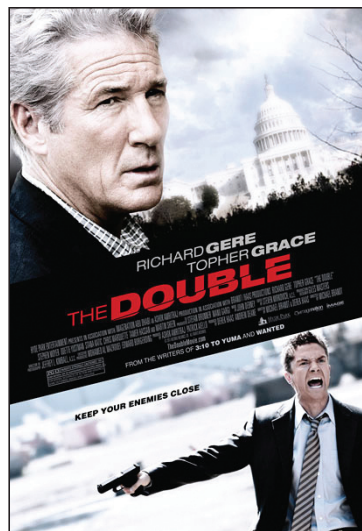
Contributing Writer

This movie was awesome! Despite the fact that you could pretty much watch the whole movie just by watching the trailer, it was action-packed goodness.

In this movie, Richard Gere (Paul Shepardson), puts a new twist on the game of cat and mouse. Shepardson is a former CIA operative, who has claimed to have killed a Soviet assassin named "Cassius." When a senator finds himself with his head almost completely removed from his body, the supervisor of the CIA knows that Shepardson would be perfect for the case.

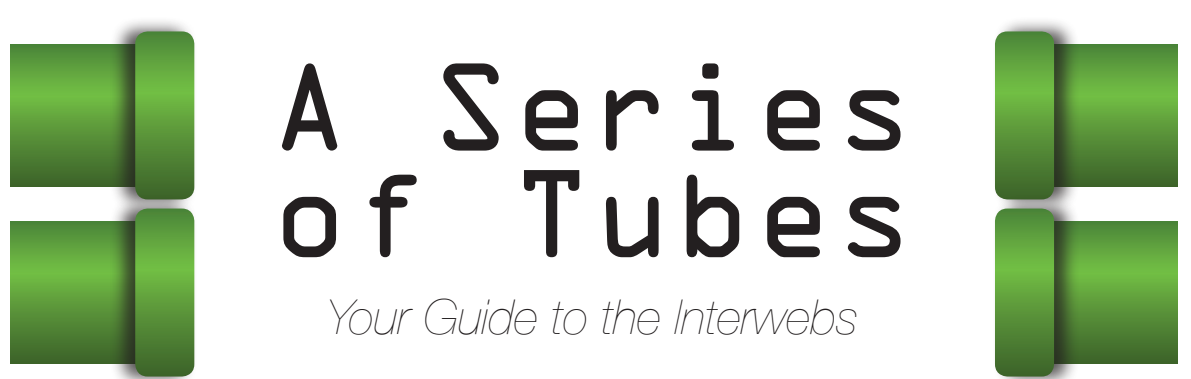
A new CIA Agent, Ben Geary (Topher Grace), is obsessed with Cassius and finally gets to make his mark. He knows everything about Cassius and gets to put his skills to the test in catching a wanted man. Geary and Shepardson team up to become part of a really good movie with a super assassin that is known to be the best.

I won't go into too many more details about this action packed thriller,



but this movie starring Richard Gere gets the job done.

This movie is rated PG-13 for some mild gore. There really aren't too many spots that are filled with blood and guts. I would grade this movie an "A." If you are interested in a twisted plot line and a good movie, don't watch the trailer ahead of time.



The PROTECT IP and Stop Internet Piracy Acts

Marci Sischo

Webmaster

The PROTECT IP and Stop Internet Piracy Acts are the hot new ideas fresh out of Congress guaranteed to bring Internet Piracy to a screeching halt. While breaking the Internet and instituting an "Internet death penalty."

The PROTECT IP Act (AKA Preventing Real Online Threats to Economic Creativity and Theft of Intellectual Property Act of 2011, AKA S.968) is currently stalled in the Senate, largely thanks to Senator Ron Wyden (D, OR), who slapped a hold on it. This bill aims at so-called "rogue" websites, particularly those outside the US, that are "dedicated to infringing activities." (Wikipedia)

The PROTECT IP Act attacks pirating and copyright-infringing websites by attacking their advertisers, the credit card companies working with them to accept payments, Internet service providers (ISPs) and search engines. The bill grants the Attorney General the right to seek a court order that would stop the aforementioned companies from doing business with the offending website. It would also require the companies in question to stop linking to the offending site, stop returning it in search results, and assure that the domain name of the site will no longer resolve to the actual site.

The Stop Internet Piracy Act (SOPA, H.R. 3261) is similar to the PROTECT IP Act. Exact information on what's in SOPA is thin on the ground, but by all reports, it's more severe and wide-ranging than the PROTECT IP Act.

"It would allow the FBI to seek injunctions against foreign Web sites that steal music, films, software and other intellectual property created by U.S. firms. The bill also includes provision that could hold third parties — payment-processing and other partners — responsible for piracy and counterfeiting on other sites, some critics say," said Cecilia Kang of the Washington Post. She added, "Critics say the bill could too easily put individuals and companies under suspicion merely for writing about or linking to a site suspected of infringement."

The PROTECT IP and Stop Internet Piracy Acts sound reasonable at first glance, but they come pre-packaged with a host of both technical and civil liberties problems.

"[SOPA] is an unwarranted expansion of government power to protect one special interest. The bill would



'People who don't understand the internet, writing laws to regulate the internet and getting help and advice from people who want to own the internet. Let's give 'em a big hand, folks: The PROTECT IP and Stop Internet Piracy Acts!' - James Agle

overturn the long-accepted principles and practices of the Digital Millennium Copyright Act notice and takedown process in favor of a one-sided enforcement mechanism that is far more broad than existing law while not attempting to protect the rights of anyone accused of copyright infringement. In addition, anyone who writes about, or links to, a site suspected of infringement could also become a target of government action," said Gigi Sohn, president and co-founder of PublicKnowledge.org.

Both the PROTECT IP Act and SOPA are garnering plenty of opposition. Eric Schmidt, executive chairman of Google, told reporters months ago that Google intended to fight the Senate bill. The Guardian reports Schmidt as saying, "If there is a law that requires DNSs to do X and it's passed by both houses of congress and signed by the president of the United States and we disagree with it then we would still fight it. If it's a request the answer is we wouldn't do it, if it's a discussion we wouldn't do it."

As Nate Anderson of ArsTechnica writes, "...the potential for abuse — even inadvertent abuse — here is astonishing, given the terrifically outsized stick with which content owners can now beat on suspected infringers."

Read the full article online at: wp.me/p14GZu-4Uo

Open Souce Club

Nora Palmtag

Contributing Writer

Come and check out the Open Source Club. They have two events that are very extraordinary to students!

Every Tuesday from 2-3 p.m., students can learn and celebrate the hundreds of Open Source applications, which are free.

Open Source introduces students to applications that help create

music, graphics, animated ads—even applications that make your dead computer come back to life. Also, there are many Open Source games that make "Halo" look like "Pong."

The Open Source Club is always looking for dead computers. Super slow computers can be made super fast units after they're brought back to life using the open source Ubuntu Operating System. If your computer turns on at all, bring it in and Open Source will make sure to

get all the data you're intending to save off your computer before the magic occurs. This is also done for free.

Join the Open Source Club. They can be located in the IA building at the Albany campus.

Questions: email lbccopensource@gmail.com. Or learn more at ubuntu.com or Open Source's blog: lbccopensourceclub.blogspot.com

Give me books, fruit, French wine and fine weather and a little music out of doors by somebody I do not know - John Keats

Paper or Plastic?

New Documentary Examines the Life of Plastic Bags

Brad Bodon

Contributing Writer

What started as a friendly contest between two Colorado cities has now become a documentary on the hazards of using plastic bags.

On Monday, October 24, Oregon State University hosted a film screening in Kearny Hall from 6-8 p.m. All in attendance left a little more aware of why not to use plastic bags.

"I always knew that plastic bags took longer to decompose, but there are many dangers I seemed to overlook," said Jamie Roberts.

The film screening for the documentary "Bag It: The Movie," follows an average Colorado man named Jeb Berrier, who makes a pledge to quit using plastic bags. This decision leads Berrier to start being more conscientious of plastic bag consumption, how the bags are made, and where they end up.

It started with a contest in Colorado to see which ski resort town, Aspen or Telluride, could remove the most plastic bags from their area. Telluride succeeded, diverting 5.4 million plastic bags from the waste stream in about a three month period.

Aspen later banned plastic bags and started charging 20 cents per paper bag, encouraging consumers to "BYOBag." It allows all other retailers to join the ordinance. All fees collected are shared between grocers and the city for waste reduction costs. Many cities countrywide are now banning plastic bags.

Berrier is not a radical environmentalist. He's an average man, who wants to take a closer look at our infatuation with plastic. Berrier says just because bags are disposable, it doesn't mean that they "just go away." He discovered 60,000 single-use disposable bags are thrown away every five minutes in America. That statistic, along the effects on animals and the world, was alarming to the audience.

"I already try not to use many plastic bags. After seeing this movie and what those bags do and don't do to [Americans], I probably won't ever use a plastic bag again," said Sochinda Noun.

Berrier looks beyond plastic bags to discover almost



everything in modern society is made with plastic or contains potentially harmful chemical additives used in the production process. The documentary shows just how far we have come and displays how the plastic world has caught up to us.

The results will captivate you, surprise you, and may persuade you to stop using plastic bags. "We may not escape it, may have no recourse; eventually, we will just say 'Bag it.'"

Learn more at: www.bagitmovie.com
or the film's facebook page, www.facebook.com/BagItMovie

Sex AND THE Campus

Moving Past the "Ex" Factor

Jill Mahler

Editor-in-Chief

Most of the time, when you enter into a new relationship, your mind swarms with all the possibilities that lie in store. Maybe they will be the one; maybe you will share square footage or a diaper bag one day.

However, we quickly realize, when the shininess wears off and the relationship wears on, who we truly connect with, and the rest fall by the wayside. Furthermore, to add insult to injury, it seems as if the people we had the bad chemistry with are the people we are bound to bump into again and again. What if the romance wasn't there, but the friendship was worth keeping?

How possible is it to remain friends with former lovers?

When relationships go from sex to ex, remaining friends can seem as impossible as getting back that favorite CD you loaned. Granted, not everyone wants closure or to maintain what you once shared.

However, for those who can put behind the "what could have been" for "what could be," friendships with an ex may be within reach. Evaluating the potential friendship first may avoid entering into the relationship to later regret dredging up what should have been left buried.

Generally, if feelings were mutual and wounds weren't too deep, the friendship post relationship can be an easy enough transition to overcome. A few fun group activities can ease the tension and create a common ground.

With the inviting social media only a few clicks away, it's never been easier to branch out to past partners. But are some things better left in the past?

What happens when the partner you are with now is at ends with the person you were with then? Does having a new relationship mean you lose the ability to connect with whom you choose?

A friendship, no matter how small or how big may seem harmless, but to your partner, some ghosts are better left haunting elsewhere. If the relationship you are in now has no room for extra company, maybe the question isn't how to gain the friend, but why you need to.

Whether your type of friendship consists of adding them as a friend on Facebook or connecting offline, if holding onto the past risks your present or your future, sometimes it is best to appreciate the experiences for what they were and move forward.

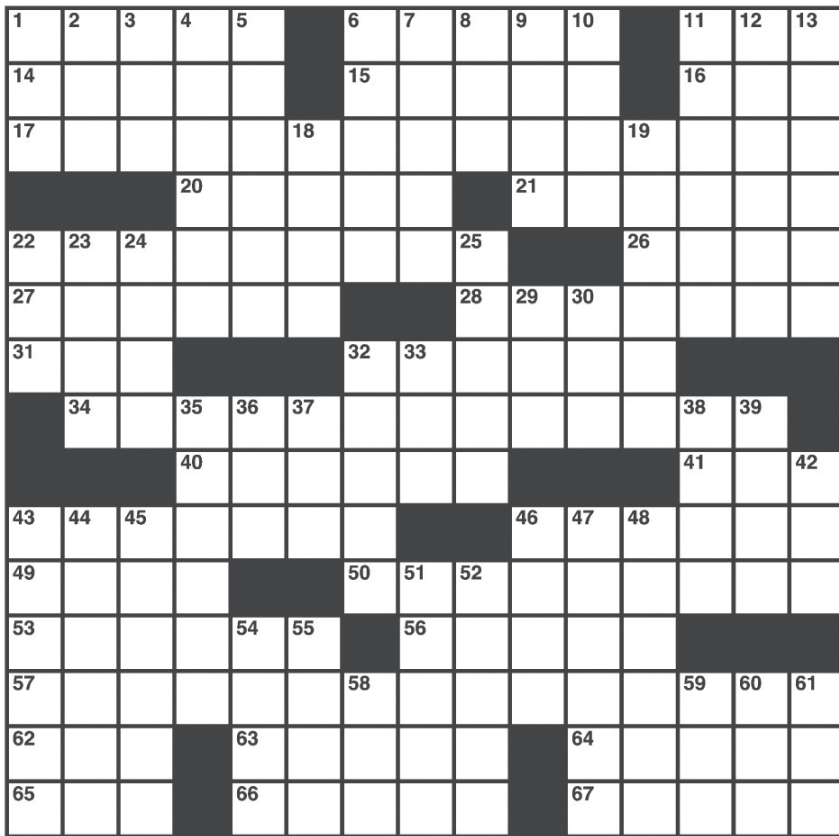
Gamer's Log: X-men Destiny				Mason Le Britton © 2011 Groovysweet.wordpress.com	
<p>I was going to rent Battlefield 3, but redbox decided not to carry the xbox 360 copy. So I choked my way through this... thing.</p>	<p>I have mutant powers Now, I guess.</p> <p>X-men destiny is a mediocre hack an slash game, pretending to be part rpg.</p>	<p>You can play as a jock, an anti-mutant extremist, or a cute Japanese girl.</p>	<p>Fire Attacks And a Body of ice.</p> <p>There is some character customization, power choice, costumes, and x-genes that mimic other mutants.</p>	<p>I AM The Shadow god!</p> <p>The game tends to be fairly easy, even while on "x-treme" I was nearly unstoppable.</p>	
<p>Defense - Ps For the weak</p> <p>Attacking stops the enemies attacks, making blocks more of a nuisance than anything.</p>	<p>Dodge This!</p> <p>Fighting against a giant enemy should be epic, not dodge and wait to attack.</p>	<p>Mystique Please Fix your face.</p> <p>While cameo's of X-men and Brotherhood were nice, some just didn't look right. Such as all the females.</p>	<p>Destiny is short lived, which doesn't help the overly complex story.</p>	<p>While hardly worth the time it does have one redeeming quality, the shadow power was kinda cool.</p>	

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

ACROSS

- 1 Thumper's buddy
- 6 La Scala production
- 11 Cap seen on a brae
- 14 Render weaponless
- 15 Ad target
- 16 "If you ask me," in chat room shorthand
- 17 Non-speaking line?
- 20 "___ at 'em!"
- 21 Spill the beans
- 22 Non-speaking line?
- 26 Word after pig or pony
- 27 State of rest
- 28 Little women
- 31 Aurora's Greek counterpart
- 32 Romantic hopeful
- 34 Non-speaking line?
- 40 Vital anatomical passage
- 41 George Gershwin's brother
- 43 Blankety-blank type
- 46 Jaime Sommers, TV's "___ Woman"
- 49 The Phantom of the Opera
- 50 Non-speaking line?
- 53 Magnetic inductivity units
- 56 Soda size
- 57 Apt adage for this puzzle
- 62 Summer drink
- 63 Too trusting
- 64 Prefix with surgery
- 65 Smidgen
- 66 "Li" guy
- 67 Bygone anesthetic



By Xan Vongsathorn

Wednesday's Puzzle Solved

I	T	D	F	A	R	C	E	A	S	C	A	P		
D	I	E	I	N	B	O	X	P	E	A	R	L		
E	N	L	I	S	T	I	N	T	H	E	A	R	M	Y
A	P	A	C	H	E	D	R	O	T					
L	A	N	K	Y	R	O	A	D	T	O	O	K		
S	N	O	T	I	N	S	E	L	T	O	W	N		
			E	R	A	S	E	E	E	N	I	E		
H	A	M	M	O	C	K	F	A	I	R	S	E	X	
E	R	U	P	T	G	U	L	F	S					
L	I	S	T	E	N	H	E	R	E	I	M	P		
M	A	C	Y	E	O	N	S	R	E	N	E	E		
			U	N	E	A	S	E	D	A	L	L	A	S
S	I	L	E	N	T	T	R	E	A	T	M	E	N	T
C	O	A	S	T	E	A	G	L	E	T	I	L		
H	U	R	T	S	L	L	O	Y	D	S	E	E		

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- 6 President with a Grammy
- 7 Not as diluted
- 8 Look over
- 9 Remaining part
- 10 .17 square miles, for Vatican City
- 11 Attack à la Don Quixote
- 12 2001 French film starring Audrey Tautou
- 13 Cover girls, e.g.
- 18 Hook's right hand
- 19 Worn things
- 22 Fury
- 23 Cat call
- 24 Lhasa ___: Tibetan dog
- 25 Like much Thai cuisine
- 29 Greek "H"
- 30 High point
- 32 Attach, as a patch
- 33 Country where Häagen-Dazs H.Q. is
- 35 Continue to irritate
- 36 Accomplished
- 37 Some coll. students
- 38 Diamond source
- 39 Celtic land
- 42 Behave
- 43 Goes after
- 44 Tater Tots maker
- 45 Like theaters
- 46 Five-time Wimbledon champ
- 47 "Later, bro"
- 48 Brunch staple
- 51 Source of edible oil
- 52 Crime planner
- 54 "Happy tune" whistler of Broadway
- 55 Picketeer's bane
- 58 "Ich bin ___ Berliner!"
- 59 "How could I miss that?!"
- 60 Before, before
- 61 Negative conjunction

SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level: 1 2 3 4

			1	9		6		
8					5			
4				8		7		1
6	4					8	3	
			8		9			
		8					1	6
3		6		4				2
			2					7
		9		3	8			

Last Week's Puzzle Solved

4	7	8	1	3	6	9	5	2
1	2	9	5	7	8	3	4	6
6	3	5	9	4	2	7	8	1
2	9	1	8	6	4	5	7	3
7	8	3	2	9	5	1	6	4
5	6	4	3	1	7	2	9	8
8	5	7	6	2	3	4	1	9
9	4	2	7	8	1	6	3	5
3	1	6	4	5	9	8	2	7

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9.

For strategies on how to solve Sudoku, visit

www.sudoku.org.uk

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Noir Du Jour

An LBCC student-generated comic

By Lizzy Mehringer

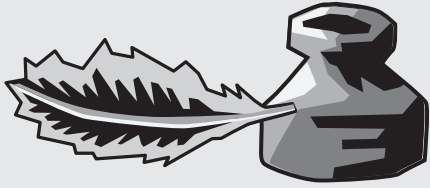


Poetry Spotlight

Autumn

by Seth D. Slater

The trees don colorful attire
 Clothed in orange, red, and yellow fire
 The more mellow of the trees chooses brown
 As time progresses, it slips off its gown
 The wind plays with the strong branches
 With the swirling leaves it dances
 The chill of winter soon to come
 Thunder welcomes the ice with its drum
 The sun sees the earth less and less
 With its warm fragrance it does seldom bless
 The blue sky grudgingly turns grey
 The wind and leaves no longer play
 The magnificent giants of the forest are stripped bare
 They have lost their intense color and flare
 But still, the trees are handsome as ever
 The oak is still witty and clever
 They continue to stand brave and tall
 Even though it is the end of fall



Love; More Than Words

by Jordan Lesniewski

I miss you so much even though I see you every day.
 But I can't tell you this because I'm still upset.
 So how do I focus on tomorrow when I can't get past yesterday?
 Tears that fall not often but still, are meaningless.
 Sleep it seems, comes only because of this. Food on my plate, thoughts in my head, I feel empty still.
 Something is missing, something you stole, something that I gave you.
 Trust you I can, love you I do, still I feel I've lost my Beau.
 Near me, Hear me, I'll say it aloud ... I need your help, to see your sun, to shine through my clouds.
 Not to fight, just to try, and turn this ship around.
 A ship with no captain lost on the waters, a boy who has no father.
 Miss me too, I wonder if you do, your voice not audible heard.
 This just a poem, I want you to know ... My love is more than words.

BACK in the DAY

This day in history ...

Nov. 2, 1889 - Rah, rah, sis boom bah!

University of Minnesota student Johnny Campbell leads a football audience in the first organized cheer and a new "sport" is born. You finally know who to blame for those torturous high school pep assemblies.

Nov. 3, 1955 - The sky is falling

An Alabama woman is bruised by a meteor that crashes through her roof while she's sleeping. That's not quite the "Armageddon" Michael Bay depicted.

Nov. 4, 1961 - "Stay golden Ponyboy"

Ralph Macchio is born. Karate Kid doesn't really seem like an appropriate nickname anymore.

Nov. 5, 1935 - Pass "GO," collect \$200

Monopoly is released by Parker Brothers. At what point during development did they decide an iron and old boot would be good game tokens?

Nov. 6, 1917 - Women on a mission

New York gives women the vote. Careful, soon they'll want equal pay or want to do something crazy like wear pants.

Nov. 7, 1805 - Beach trip

Lewis and Clark reach the Pacific Ocean. They celebrate by spending the day frolicking in the surf, while Sacagawea works on her tan.

Nov. 8, 1966 - History repeats itself

Actor Ronald Reagan is elected governor of California. An actor turned politician - that's crazy talk.

~ ~ ~ HOROSCOPES ~ ~ ~

ARIES
3/21-4/19
"I've got knives in my eyes, I'm going home sick."
- Brick

CANCER
6/22-7/22
"Frankly, my dear, I don't give a damn."
- Gone with the Wind

LIBRA
9/23-10/23
"Time to nut up or shut up!"
- Zombieland

CAPRICORN
12/22-1/19
"Never go against a Sicilian when death is on the line!"
- The Princess Bride

TAURUS
4/20-5/20
"You mess with the bull you get the horns."
- The Breakfast Club

LEO
7/23-8/22
"Toto, I've got a feeling we're not in Kansas anymore."
- The Wizard of Oz

SCORPIO
10/24-11/21
"I love the smell of napalm in the morning!"
- Apocalypse Now

AQUARIUS
1/20-2/18
"I'm in lesbians with you."
- Scott Pilgrim vs. the World

GEMINI
5/21-6/21
"Keep your friends close, but your enemies closer."
- The Godfather Part II

VIRGO
8/23-9/22
"Of all the gin joints in all the towns in all the world, she walks into mine."
- Casablanca

SAGITTARIUS
11/22-12/21
"You can't handle the truth!"
- A Few Good Men

PISCES
2/19-3/20
"You're gonna need a bigger boat."
- Jaws

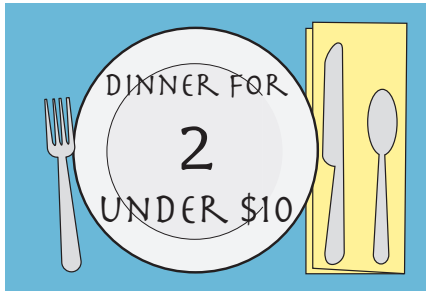
Fried Bananas
Groovysweet.wordpress.com

An LBCC student-generated comic

By Mason Britton

Mason Le Britton © 2011

Give me books, fruit, French wine and fine weather and a little music out of doors by somebody I do not know - John Keats



Fettuccine Alfredo

Joy Durham

Contributing Writer

Welcome back to another fabulous week of delicious meals for under \$10! I am so excited to share this week's recipe with you. This dish is a real crowd pleaser and is fun and simple to make. This week our star dish is Fettuccine Alfredo. Since this is a favorite in my house hold, I normally have all of the ingredients for this dish, so I did all of my costing online to find the best prices. Here is what we need:

Grocery list:	
1/2 lb. dry fettuccini pasta	\$1.08
1/3 cup extra virgin olive oil	\$2.00
1/2 cup heavy cream	\$2.50
1 garlic clove, minced	\$.50
1 TB onion, minced	\$.69
6 oz. Romano/ parmesan cheese blend	\$2.66
Salt, pepper to taste	-
GRAND TOTAL:	\$9.43

Directions

1. Bring a large pot of lightly salted water to a boil. Add fettuccini and cook for 8 to 10 minutes or until al dente; drain.
2. While the noodles are cooking mince your garlic and onion.
3. Put 2TB of your oil in a sauté pan over medium heat. Once warm, add garlic and onion. Remove once onion is translucent. Save.
4. In a large saucepan, heat the remainder of the oil over low heat. Add salt, pepper, garlic, and onion. Slowly pour in heavy cream. Stir in cheese over medium heat until melted; this will thicken the sauce.
5. Add pasta to sauce. Use enough of the pasta so that all of the sauce is used and the pasta is thoroughly coated. Serve immediately.

If you feel in the mood to pair this wonderful dish with a wine to enhance the flavors. I recommend a Riesling, a sharp Chardonnay, or a Pinot Noir. Sit back, relax and enjoy!



21TonGiant/ flickr.com

It's like grown-up Mac and Cheese!

COMING ATTRACTIONS

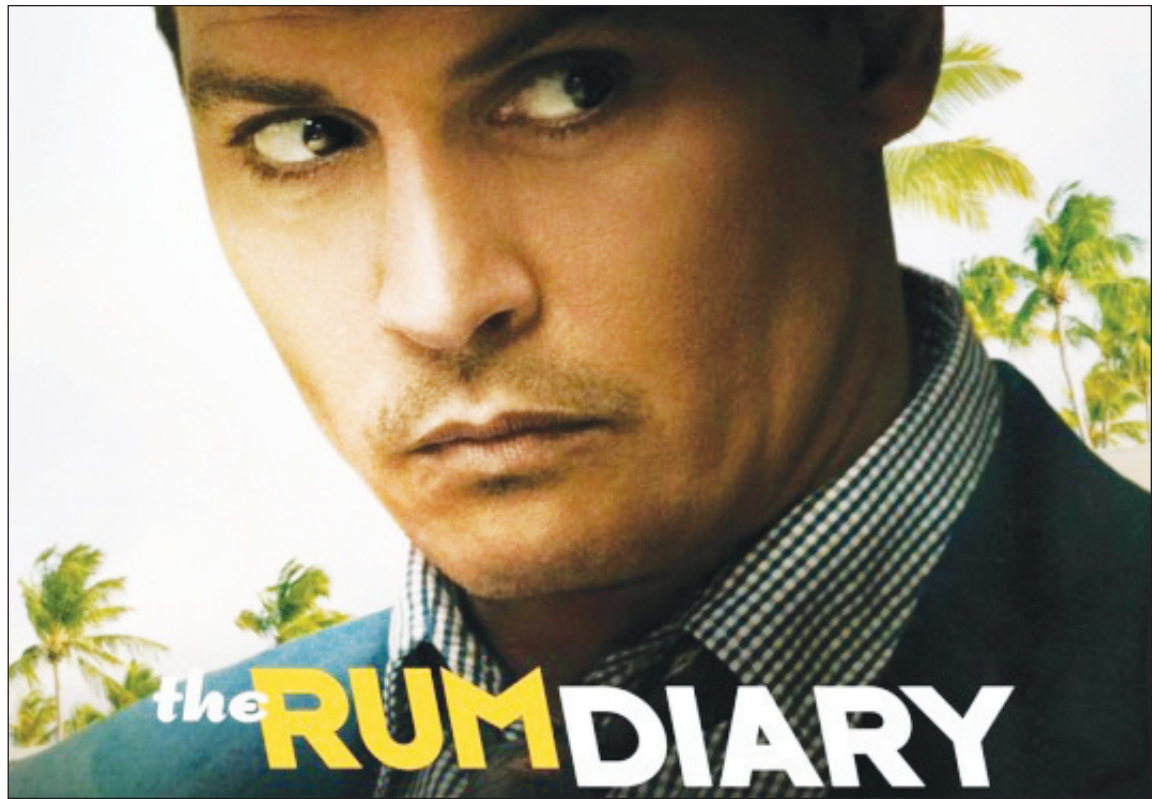


Tower Heist
Rated: R
Genre: Action Comedy



A Very Harold & Kumar 3D Christmas
Rated: R
Genre: Stoner Comedy

Sources: IMDb, Yahoo! Movies, Fandango.com



But, Why is the Rum Gone?

Depp pays tribute to late friend, Hunter S. Thompson in new film

Kyle Holland

Sports Editor

"Fear and Loathing in Las Vegas" stamped itself in the film industry vault as a near perfect adaptation of a Hunter S. Thompson book, but "The Rum Diary" is out to give it a run for its money. Johnny Depp is back in a much more suited role for himself, and has teamed up with director Bruce Robinson to honor their late friend.

Depp has played in many roles that were publicly noted as uninspiring over the past few years, seemingly sleep-walking through the last few pirate movies, and snoozing through "The Tourist." This role, however, seemed to fit him perfectly, as it did when he played the demented and wacked out character in "Fear and Loathing." He seems happy to be back in a film that he is confident with and excited to be in.

Depp plays Paul Kemp who, like Thompson, is an unpublished novelist about to hit rock bottom. He winds up in Puerto Rico in the 1960's writing horoscopes and covering bowling alleys for a newspaper. He teams up with fellow journalist Bob Sala (Michael Rispoli) and their adventures and drunkenness seem timeless.

Their editor, Lotterman (Richard Jenkins), believes Kemp can help revitalize the dying newspaper if he can sober up. However, Kemp is also being pulled in another direction by the greedy real estate developer Sanderson (Aaron Eckhart), who wants Kemp to write for him to help with his latest sleazy scheme.

Yes, there is a love twist as well. Sanderson's girlfriend Chenault (Amber Heard) toys with Kemp throughout the film and leads many to indecisions and plenty of

The Rum Diary

Starring: Johnny Depp, Richard Jenkins
Aaron Eckhart, Amber Heard
Giovanni Ribisi

Rated: R

Runtime: 120 min.

drama. Her role at first seems confusing, but she plays right into the wacky plot and sub-plots during the course of the film.

Kemp and Salas' misadventures make the film what it is without diving into the underlying stories unfolding around them. Kemp continuously battles with Lotterman over his intentions to use the power of journalism to connect with the people who want nothing to do with American influence, much less their paper in their town.

One-hundred-one mini bottles, 470 proof homemade liquor, and "the most powerful narcotic known to man" lead to some crazy nights throughout the film. Then there's Moburg (Giovanni Ribisi), who spends every waking moment inebriated to the point of unconsciousness as he slips in and out of Kemp and Salas lives. His blaring Hitler records and liquor making abilities add just enough to the film to keep him relevant and entertaining.

The film is typical Thompson with plenty of misadventures and wacky characters to draw you into the film. The film plays off Thompson's language and ideology, which most would find downright absurd and hard to follow. Those that love his work and are able to let themselves go for about two hours will undoubtedly enjoy the film, though. Robinson does a remarkable job keeping the film in true Thompson form. Both Depp and Robinson seem honored to do the film as a tribute to their late friend.



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