

Syllabus: Introduction to Abnormal Psychology (PSY219 - Hybrid) Winter 2020

Instructor: Laura Jones, Ph.D.
E-Mail: jonesl@linnbenton.edu
Class Meets: Tuesdays 2:30-3:50 **Class Location:** IA231
Office hours: MW noon to 12:50 **Office:** SSH-109

Course Description

An introduction to the study of psychological disorders, including issues of diagnosis and treatment. Topics include: models of abnormality; overview of major disorders, including diagnostic considerations; current research on treatment effectiveness; the effects of stress on our psychological wellbeing, and the impact of psychological disorders on society and its legal system.

How Does this Hybrid Class Work? We meet once each week on Tuesdays. This means that you need to do your weekly text reading, read the class presentation and prepare for the in-class assignment (have your 'deep thinking' question ready and anything needed for the in-class assignment) before you come to class each Tuesday Weeks 2-10. This way, we spend our time in class doing interactive activities and discussions to promote learning of the material.

Required Materials

Comer, R.J. (2019). Fundamentals of Abnormal Psychology, 9th Edition. Worth Publishers: New York, New York.

Course Learning Outcomes

As a result of successfully completing this course, I expect you will:

- Critically analyze the relationships between humans and the natural world.
- Recognize & articulate the interplay between social and or natural forces and individuals.
- Use analytical and scientific thinking to draw reasonable conclusions.
- Synthesize diverse perspectives and express them in a coherent and applicable manner.

Email Policy (read this if you want me to respond to your emails). When you email me, it is very important that you identify your full name, course you are attending and course time. I will not respond to emails that do not include this information.

Important Note: All students who are on the class roster will be enrolled in the Moodle site for this course during the 1st week of classes. Much of your course work will be completed via Moodle. You must be able to upload assignments and take exams on moodle. It is an expectation for this course that you will use moodle independently and seek help from the eLearning center if you have questions related to using moodle. For information on how to use moodle [check out this site](#). If you are not prepared to work independently with moodle, drop this course immediately.

Instructor Responsibilities

The current week's content and assignments will be posted on moodle by noon each Wednesday morning. I will be available to support your learning when requested. I will hold you accountable by following through with course objectives and syllabus content. My aim is to facilitate a classroom environment that encourages active, effective and respectful activities, discussion and learning.

Student Responsibilities

- Critically read/analyze assigned information.
- Use your LBCC email account to communicate with me.
- Effectively participate in class assignments, activities, quizzes, and evaluations.

Course Requirements

Note: Weekly quizzes, Discussion Forum Activity, and Exams will *all take place on moodle outside of class time.*

Your final grade in this class will be determined by your performance on the following:

Quizzes: Due by 9 am on Monday. There will be 9 open book online quizzes on your text only at the Moodle site for this course. Item types include true/false, multiple choice, and matching. T/F = 1 point; multiple choice with 1 answer = 1 point; multiple choice with more than one 1 answer = 2 points; matching = 3 points. You will have 15 minutes to take each quiz. Quizzes are available by 9 am on Monday and are open until 9 am the following Monday.

Class Question: Due in class on Tuesdays (except Week 1). You will complete the week's reading and slide presentation before you come to class. When you come to class each Tuesday, you will bring in a question (designed to promote deep thinking) from the reading/slides. You will receive a set of index cards at the beginning of the term for this purpose. Write your question (and note question type) on your card with your full printed name. Turn your question in next to the sign in sheet. Questions are graded on quality so it is important to follow the 'Questions for Deep Thinking' handout in writing your question. *It is not possible to write a question after they are collected (at the beginning of class).* You must be present to get credit for the question.

Two online exams assess your understanding of the course material. Exam 1 covers lecture material and text (*chapters 1-7 and 14 (pages 436-443)*). Exam 2 covers lecture material and text from weeks (*chapters 8-15*). Items consist of multiple-choice, true/false and matching items. The exams are on Moodle and are taken on your own time.

Class Activity Participation: Learning is more effective when you are actively engaged in the process. On 5 randomly chosen days, you will receive credit for your participation during in-class activities. Your lowest participation grade will be dropped at the end of the term.

In-Class Assignments: Done in class each Tuesday. Weekly in-class assignments based on the week's reading and slide presentation will be given. You must be present to complete this assignment. Your lowest assignment grade will be dropped at the end of the term.

Final Group Project: In order to apply the case study skills and knowledge about psychological disorders that you have accumulated during the term, you will work as part of your group to communicate a case about a famous figure in history. See information on Moodle.

Discussion Forum Activity: Due by 9 am on Mondays. You will participate in forums about topics related to the course. You will be instructed to watch a brief video, listen to a podcast or do a reading and then post your reaction. Your post should reflect an integration of course lecture content and/or your reading with your perspective. You will also respond to at least 1 other classmates' post. Forum activities are posted by noon on Monday and are open until 9am the following Monday. I will only include your 9 highest scores in the determination of your final grade.

Treat these discussion topics and your classmates with respect. We all have unique values and beliefs relating to the subject matter. It is important that you bring your unique perspective to share in a way that is non-dogmatic so that others can "listen" and understand you. I encourage you to ask questions, agree, and disagree with others as much as possible, as long as you do so respectfully. In order to receive full credit, your forum posts should reflect an integration of the podcast, video or reading assigned for the activity and/or the ideas covered in the weekly text readings. I will enter the Forums to "observe" your progress and sometimes join the discussion. Make good use of it! CONFIDENTIALITY. In your online discussions you may choose to share personal anecdotes about people you know. Remember to speak from your own perspective. In addition, please protect the confidentiality of others in your life. Refer to them by first initial only (e.g. "T" rather than Thomas). You may also refer to "my sister", "my uncle", "my neighbor" or "my friend".

Attendance: This is a lecture, and student small group and participation class. We only meet once each week, so attendance is important. Participation activity points are given for in-class activities. Which activity earns participation points is randomly chosen at the beginning of the term and is not announced until the day of the activity.

Policy Regarding Assigned Work: I do not accept late work except in the case of a medical emergency with documentation from your health care provider. Unless you have had a medical emergency, please do not create an uncomfortable situation by asking to turn in late work. Most coursework is submitted/conducted online via moodle. Do not send any course work by email. Quizzes and the discussion forum will be posted before **noon** on Monday and must be completed/submitted on moodle before 9am on the following Monday.

Date		Presentation/topic	Chapter(s)	Due in class Tuesday	Tasks Due by 9am on...
1/6	1	Introduction to the course		Question Assignment 1 (these don't require any prep 1st class only)	Monday, 1/13 Moodle text quiz: Chs. 1 & 2 Forum Activity
1/13	2	Introduction to Abnormal Psychology – Past and Present & Statistical Methods and Design and Models of Abnormality	1 and 2	Question Assignment 2 on Week 2 presentation/text chapters	Monday, 1/20 Moodle text quiz: Chs. 3 & 5 Forum Activity
1/20	3	Clinical diagnosis, assessment, and treatment & Disorders of trauma and stress	3 & 5	Question Assignment 3 on Week 3 presentation/text chapters	Monday, 1/27 Moodle text quiz: Chapter 4 Forum Activity
1/27	4	Anxiety, Obsessive Compulsive and Related Disorders	4	Question Assignment 4 on Week 4 presentation/text chapters	Monday, 2/3 Moodle text quiz: Chs 6, 14 (pp. 469-473) and 7 Forum Activity
2/3	5	Depressive and Bipolar Disorders & Suicide	6 14 (pp. 436-443) 7	Question Assignment 5 on Week 5 presentation/text chapters	Monday, 2/10 No quiz Forum Activity Exam 1 (Chs 1-7 and 14 pp. 436-443)
2/10	6	Disorders Featuring Somatic Symptoms & Eating Disorders	8 9	Question Assignment 6 on Week 6 presentation/text chapters	Monday, 2/17 Moodle text Quiz: Chapter 10 Forum Activity
2/17	7	Substance Use and Addictive Disorders	10	Question Assignment 7 on Week 7 presentation/text chapters	Monday, 2/24 Moodle text quiz: Chs 14 (pp. 479-488) and 11 Forum Activity
2/24	8	Neurodevelopmental Disorders & Disorders of Sex and Gender	14 (pp. 450-469) 11	Question Assignment 8 on Week 8 presentation/text chapters	Monday, 3/2 Moodle text quiz: Chs 12 & 15 Forum Activity
3/2	9	Schizophrenia & related disorders Disorders of Aging and Cognition	12 15	Question Assignment 9 on Week 9 presentation/text chapters	Monday, 3/9 Moodle text quiz: Chapter 13 Forum Activity
3/9	10	Personality Disorders	13	Question Assignment 10 on Week 10 presentation/text chapters	Monday, 3/16 No quiz Forum Activity
3/16	11	Exam 2 (Chapters 8-15) Exam opens 9 am on Fri, 3/13 and closes at 5:00 pm on Wednesday, 3/18 Group project presentations take place during our scheduled finals time			

Preparedness and Late Assignments: Do the current week's text reading and read the slide presentation before you come to class on Tuesday. These materials are posted each week by the end of the day on Wednesday. Each week, bring a question to class you generate from the presentation slides and/or assigned reading (conforming to the guidelines in the questions for deep thinking handout). If you miss class, do not email me. Find a classmate with whom to connect and share notes. I do not accept late assignments. Your lowest grade from the forum, quiz, weekly assignment and participation will be dropped at the end of the term. All coursework is done online via moodle or completed in class. Do not send anything by email.

Cheating/Plagiarism: Using someone else's work as your own or using information or ideas without proper citation (which is called plagiarism) can lead to your failing the assignment, test or class. Bibliographies and in text citations are required whenever you use outside sources, including internet sources (unless otherwise indicated by me).

Grades are figured on straight percentage based on the total number of points possible. I encourage you to check in with me about your progress throughout the term to maximize your success and minimize any surprises.

A= 90-100% B= 80-89% C= 70-79% D= 60-69% F= 59% or below

Incomplete Grades: You may be eligible for an 'Incomplete' grade if you have finished 90% of the class work. If you have an 'Incomplete,' all coursework must be finished by the end of the next term. You must contact me at least one week before the end of the term with proper documentation to receive an Incomplete.

Linn Benton Community College's Mission Statement and Responsibility:

To engage in an education that allows all of us to participate in, contribute to, and benefit from the cultural richness and economic vitality of our communities.

Accessibility Resources

Meet with your instructor during Week 1 if: 1. You have a documented disability and need accommodations. 2. Your instructor needs to know medical information about you. 3. You need special arrangements in the event of an emergency. Make your request for accommodations through the Center for Accessibility Resources Online Services web page every term to receive accommodations. If you believe you may need accommodations but have not registered with CFAR, visit the CFAR website at www.linnbenton.edu/cfar for steps on how to apply for services or call 541-917-4789.

Nondiscrimination Policy: LBCC prohibits unlawful discrimination based on race, color, religion, ethnicity, use of native language, national origin, sex, sexual orientation, marital status, disability, veteran status, age, or any other status protected under applicable federal, state, or local laws

(<http://po.linnbenton.edu/BPsandARs/>)

Course Requirements				
<i>Requirement</i>	<i>Summary</i>	<i>Points Possible per unit</i>	<i>Units</i>	<i>Total Points Possible</i>
Forum Discussion Activity	A personal post on your thoughts around the forum and one additional forum comment on other class member's post	Scale 0-10 based on completion and quality of post	x10 posts	100
Class Activity Participation	Participation during an in-class activity. Activities designated as earning participation points will be randomly assigned at the beginning of the term and announced before the activity.	5	5	25
Group Project	In order to apply the case study skills and knowledge about psychological disorders that you have accumulated during the term, you will work as part of your group to communicate a case about a famous figure in history.	200	1	200
Chapter Quizzes (on text only)	9 online, open book quizzes, include T/F, multiple choice and matching items. T/F = 1 pt.; multiple choice with 1 answer = 1 pt.; multiple choice with more than one 1 answer = 2 pts; Matching = 3 pts.	Variable types/values totaling 10 points	X8 quizzes	80
Class Question	Will be graded on quality. Must adhere to the standards outline in the 'Questions for Deep Thinking' handout.	3	X10 classes	30
Moodle Exams	Exam 1: Chapters 1-7 and 14 pp. 436-443	100	x2 exams	200
	Exam 2: Chapters 8-15	100		
In-class Assignments	1 assignment due in each class during the term. These assignments are designed to assess your overall comprehension of the week's assigned topic (from text & slide presentation). Note: <u>you must be present to complete this assignment.</u>	10	X10	100
Total Possible Points				735