Volume 5 Number 12

LINN-BENTON COMMUNITY COLLEGE, ALBANY, OREGON

January 21, 1974

#### 4.00 HONOR ROLL

The following 119 LBCC students made the fall term honor roll

The following 119 LBCC students made the fall term honor roll with a 4.00 GPA, while carrying eight hours or more.

ALBANY Jerry D. Aerni, Diane E. Bicek, Sharon Chilcote, Dan P. Clark, Gary D. Clement, Beryl Davenport, Rose M. Davis, Susan R. Delaune, Craig Ekenberg, Lauren Finchum, Sharon E. Gentry, Carolyn Grice, Monte Griffin, Susan A. Haines, Cheryl Henderson, Wes Hofferber, Patrick Hogan, Ralph L. Hooker, Ross Jackson, Mike Jondron, Joseph Lee, Carla Mathis, James L. McGough, Mary McMunn, Robert Mack, Anne Maier, Gene Miller, Bert Moss, Leland Nydigger, Katherine Powell, Ken Rosenstock, Pan Stephenson, David Stone, David Swander, Karen Thomas, Albert Tietzie, Susan Vogt, and Ramona Winter.

CORVALLIS Michael Brolin, Ken W. Brown, Dale Butler, Mary A. Campbell, Jerr D. Carson, Roger Church, Susan Danky, Carol S, Daniels, Sharon Deckert, Bruce C. Edenfield, Roman Gedz, Ellen Grafius, Betty A. Ho, Lester S. Harrie, Alan V. James, Peter Jordan, Shari Kelly, JJ Kuntzelman, Charles Landers, John Lane, Larry Longley, R.D. McCllough, Peggy Moore, Rachel Offet, Robin Prothro, Heidi Resch, Rex A. Rth, Dianne M. Sinclair, Jan Smith, Patricia Soloy, Darleen Stewart, Helmut Walters, Paul Williamson, and Sharon Wright.

LEBANON Cheryll L. Adams, Gerald T. Aplet, Judith A. Bruce, Shari G. Craig, Thomas G. Day, Gilbert McAdam, Joseph McClarnan, Arlene Mauldin, Julie Mason, Laura Powell, Clayton Rasmussen, Richard L. Scott, Kenneth O, Smith, Richard Turner, and Joseph Weyland.

PHILOMATH Larry Erickson, Jay B. Faxon, Byard Martin,

Richard L. Scott, Joseph Weyland.

Joseph Weyland.
PHILOMATH Larry Erickson, Jay B. Faxon, Byard Martin,
James Mohr, Richard Porter, Dennis Shannon, and Alan R. Smith.
ALSEA Gary T. Rhinehart; AMITY Donald Welliver; CRABTREE
Velma James; HARRISBURG Walter Powell; INDEPENDENCE
Larry Helms and Michael Murphy; LACOMB Bill Martinez;
MONROE Iola Parker; MONMOUTH Robert Jordan; SCIO Gary A.
Bonds, James A. Eckstein, Steven A. Pursley, and Barbara Wyman;
SHEDD Joan Kropf; and SALEM Glenn A, Gregory and Keith Osborn.
In addition to the 4.00 students, 210 LBCC students achieved
a 3.33 GPA or better during fall term. a 3.33 GPA or better during fall term.

#### LBCC remains open

## regon faces flood

Southwestern Washington and Northwestern California and most of Western Oregon found itself in and under the water that surged over the river and stream banks last

week. Surface flooding was at least an inconvenience to almost everyone and to many it was a serious hardship. At the time of this writing, Governor Tom McCall had requested that Oregon should be considered a disaster area so federal aid would be immediately made

available. Anyone who was left homeless or suffered unusual hardships from the flooding, should contact the local Red Cross at W 3rd or call 926-1543.

People who wish to give may do so by contacting the same

#### **Good News**

Students of Redmond High School drove twenty miles to help their neighbor, The Sisters, break up ice in a creek that fed the main reservoir. A lot of hard work, with the highest pay: knowing that they have really helped someone

The LBCC basketball team was a winner twice over. They not only won a hard fought game, but gave all of the proceeds of the game to the Albany Boy's Club so they could rent space to play basketball.

THE COMMUTER wished to print all news, and has a special interest in sharing the good things with its readers. Interested persons, who have articles or anecdotes that accents these qualities are asked to send them to the paper.

to make it presentable). Political and awareness came more into the

In a lecture last Wednesday, Eric Isralow explained the progress of Rock and Roll: the type of music before and after it, and the events which could have influenced or been influenced by Rock and Roll. Using records and his experience as a disc jockey on San Francisco's KSFX-FM, and as an instructor teaching courses in Rock and Roll in California, he presented an interesting, meaningful lecture. He gave comparisons of songs by playing them back to back with their counterparts, reading quotes from Abbie Hoffman and others on R & R, and just

Eric the "I" hosts sock-hop

talking about them.

The late 1950's was a time when a great many things began to happen besides Rock and Roll. Black (or "Race" music as it was called then) started to become popular. Up to that time, it was well hidden by record companies who were afraid of little old ladies who might attack the companies' profits. Black music started coming in two usual forms: "Ink Spot" or whitewash, and "Cover" songs (the same song done over by someone white

public eye. Teenagers were being called teenagers instead of teenage children. The ousting of some of the older generation's beliefs, and a general uprising of the youthspirit, all coupled with Rock and Roll, became identified with it, to open a new youth oriented

After his lecture on Rock and Roll, Eric, the "P", Isralow, held a Soc Hop in the commons. Dancing to his records and tapes were about 20 people, with another 60 sitting and tapping

Out of his collection of 2,000 albums and 2400 45's, Eric tried to answer all requests asked at the Hop, even one for a stroll (where guys lined up on one side and girls lined up on the other and couple at a time dance inbetween the lines to the other end).

When the Holy Modal Rounders played, people gladly did some genuine footstompin', but, alas, honest jiving just ain't the cats whiskers anymore. To those who did enjoy (including one who did a novelty number in a chair), the afternoon was fun-filled with records of the Beach Boys, Fats Domino, and of course, Bill Haley and the Commets.



Boogie to the band. Even if it is canned music, the good old fifties and sixties sounds bring out a few dancers.

# Play cast selected Two paid positions are now open on The Commuter.

Director, Connie Onstadt, has completed casting for this term's production, "The Girl in the Freudian Slip."

Doctor Dewey Maugham,

Thirteen people were killed (nine in the Canyonville slide),

but many more were saved by the quick action of local and

LBCC was lucky. Very lucky. There was no damage of con-

sequence to the campus proper, and the school remained open.

Some of the students and in-

structors could not make it to

school, and class loads were expectedly lighter than usual. Oregonians are a tenacious lot, and they often respond to adversity with humor: A man

Fishing!" sign on his lawn. A 17 year old boy in Portland

tried body-surfing and water skiing at a flooded intersection.

And a lady in Corvallis called radio station KLOO to ask what

flood stages were. The announcer gave the lady the

stages of the river at various points, to which she replied, "Well I'll tell you what I think flood stage is: when a full

freezer starts floating!"

Portland posted a "No

state authorities.

middle-age psychiatrist, with a 'thing' for one of his patients, will be portrayed by Gene Collins. His wife, Paula, is played by Marge Daton. Dewey's colleague, friend, and headache, Dr. Alex Rice, is played by Bill Jackson. The neighborhood neurotic, Wellman, will be played by Keith

Stevens. Leslie, Dewey's precocious teenage daughter, is played by Trudi Creech. Creech. Barbara, the husky-voiced, hot-pantsed, ex-patient, will be played by Susan Carady. Larry Tannebaum will be working as Assistant Director.

Ms. Onstadt, the cast, the crew, and the drama department are looking forward to a major success. It looks like a really good bet; don't miss this play. Watch the Commuter for details on its progress.

The Ad Manager should be an aggressive individual able to generate and create advertisements. This would provide good experience for a business and-or graphic minded person. generous commission is paid upon collection.

The Art Director is the person responsible for the physical appearance of the newspaper. He or she should have a good eye for layout and design, AND be able to spend as much time as necessary to put the paper together. This is a salaried position. Both individuals should be able to establish some sort of

regular office hours. Turn application in as soon as possible to Annie Farrington,

humanities Office, H-100.

Positions will be filled this Wednesday noon, January 23, by THE PUBLICATIONS BOARD.

# **Opinion**

Page 2, January 21, 1974

#### **Editorial**

#### Wonderful world of politics

Last week a reference to myself was made by none other than Douglas McLeod, writer of the Commuter RHIP OFFS column, dealing with an option to the oil problem; now very much a part of everyday life. His reaccount of my statement was correct, his part about an "up an coming politician" might not fit from where I sit.

A politician, especially some of those around and about today, takes special note of one major area of interest: re-election. Outside of senate hearings, press conferences, an energy crisis or two, the public relations of any official stand out beyond a personal scope taken by the average individual on any issue. By speaking out for the people the politician must account for his actions via means not often used by just everyone. The media is one that may work from both ends; good and bad. The only vehicle that can actually tally the worth of a politician is the election.

What good is a politician who does not get elected. The result of Richard Nixon not being elected in California got him elected to a higher office, known nationwide. I would like to know why King Dick wasn't good enough for the smaller, but was for the larger. Maybe the better man wasn't running.

A bit closer to those here in Oregon, we find the inverse to be true, or at least a group nearby says it's true. Statewide opinion has it, that Oregon has such a good direction that it ought to show us off to be a national trend setter.

to show us off to be a national trend setter.

Standing tall and bright with that if-the-people-say-so-they-must-be-right look upon his face is Governor-of-the-week-last-month-and-the-better-part-of-the-last-year: Tom McCall.

During the National Governor's Convention, not to long ago, Uncle Tom told us about how he was picked out to give his opinion about GOP (not to be confused with GOD) and other factors which somehow have a mysterious way of controlling both people and events connected with the like. Now with his past activities showing so much to so many, Tom-from-Oregon is headlining in some circles as a presidential potential.

Is it possible to say that if someone does well in one area, that on a larger scale someone is watching?

If Tom heads into the main ring, with the attitude that goes something like this, "We can handle any problem except one: the weather," hoping to apply this idea he has developed here in Oregon, he may be headed for a problem with a solution he can't refuse. Outside Oregon, gas is not what it is here. I wonder who's passing what.

Elections are the answering stone to which all politicians are to be called before. McCall has the people calling, not as just a review of his performance, but now as a replacement. Sounds like Third-party-by-public-demand, and not the ol' hat-in-the-ring routine to me.

Just have to wait to see who asks what question next. In the interim, did you hear about the two local boys that went on a Political spending spree and had to account for their negligence on paper? They turned out to be a little more than a day late and a dollar short.

Wes Hofferber

Advisor

## THE COMMUTER

THE COMMUTER is a weekly publication of the Associated Students of Linn-Benton Community College and students of Journalism 9.206. Editorial views are expressions of the individual staff writer and do not necessarily reflect the views of either the Associated Students or the Administration of LBCC.

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Office hours are 3-4 p.m., Monday, Wednesday and Friday. Address correspondence to: THE COMMUTER, 6500 SW Pacific Boulevard, Albany, Oregon 97321. "Pm sure glad we don't get the news out here very often,"

## MAIL BAG

# Where is the gimmick?

To the Editor:

I drove through aho, Utah, Oregon, Wyoming, Idaho, Colorado, Kansas, Missouri, and Illinois on a trip to Chicago this vacation and made these observations on how other states were dealing with the fuel shortage. Oregon was the only state that enforced the 55 mph speed limit; the other seven maintained 75 mph. The average price per gallon on the trip was 52.3 A Husky station outside Cheyenne with the only open pumps in a 30 mile radius imposed a price of 55.9. The Colorado stations were open all Sunday.

Chicago, one of the star products of our capitalistic system had the most unique methods of selling gas on Sundays. Some stations forced customers to have a \$2.00 car wash before they pulled up to the pumps.

One prerequisite for filling your tank was purchasing a \$3.00 inflatable toy worth 59 cents at supermarkets.

The most outrageous gimmick, was a station that sold last will and deed papers for \$2.00 and then imposed a five gallon limit. The proprietor of this station was a Chicago police officer, who when interviewed by reporters stated, 'If Nixon doesn't have to turn over his tapes, I don't have to close my station.' Of course the stations that sold gas for \$1.00 a gallon with no gimmicks were closed by officials immediately for price gouging.

Gas was obtainable everywhere at anytime until I got back into Oregon Friday night. In my opinion Oregon has done more than most states to comply with all fuel shortage proposals and it still comes out on the short end of the pump. Maybe what Oregon needs is a gimmick! Pat Mittdelstaedt

THE COMMUTER wants to become your paper. To achieve this desire, the student body, faculty, personnel and community members of the Linn-Benton area are urged to use the Letters To The Editor column to not only rebut or affirm ideas expressed in columns in this and other papers but to share new thoughts and ideas with the readers. All letters will be considered and printed whenever possible.

printed whenever possible.

A new column, VIEWPOINT, is designed specifically for the reader of this paper to share ideas which do not lend themselves to the letter form.

We do care about you. Without your readership and support, we could not exist.

#### **RHIP OFFS**

Everything was peaches and cream, when:

#### COMMUTER staff draws straws

Douglas McLerd

It was late Friday night. Everything was covered with ice. Bob and Sandy were at home catching up on some work they had to do in the darkroom. Other members Other members of the COMMUTER staff, however, were crowded around the radio, eating ice cream cones, drinking 'highballs', and listening as 'The Daring Dr. Dose' and his sidekick 'Ultra' spun their weekly tales of 'Crimes and Passions for Plain Folks.'
'Ultra' had just finished saying, ain't whatcha' want that makes ya fat; it's whatcha' get', when suddenly, outside, someone spun out on the ice, jumped the curb, skidded across the frozen lawn, and then broke his dangling participle when he bounced into a cedar bush. The staffers immediately thought of Bill Sweet, and ran to the window to view the commotion outside. They looked, and breathed a sigh of relief. They were glad when they saw that the man in the cedar bush was Roae Roadrunnf and not Bill. The newlywed had already gotten himself in enough trouble, when earlier that day he had inadvertantly taken two sportcoats to school.

The uproar outside finally died down, so once again the staff gathered around the 'Philco' and listened to 'Ultra' as she attempted to 'have her cake and eat it too.' As they listened, the COMMUTER staff realized that earlier in the evening, they had been in a similar situation.

There they were. It was 9 p.m. and they were still wallowing waist deep in headlines. They knew they had to get out of there soon, because outside, the freezing rain was piling up the ice. The more they struggled, the deeper they mired themselves in their weekly attempt to tell people what they wanted to hear. Elane, Meg, Lynne, and Wes went outside to remove Lee

Bill Sweet

Archibald's parking ticket from the windshield of Lynn's handi-capped car, but they had to turn back because they were being stoned unmercifully on heads and ears by little balls of ice. The panic stricken ice-covered staff members pounded on the door to get back in, but their cries went unheard because inside, Bill was clapping his hands and singing 'see ya later alligator' while Larry and Karen, in a cloud of dust and sparks, were literally rocking their socks off. Elane's cries were finally heard over the din, and the freezing stoned staff members were quickly rescued from the heavy weather outside. 'We're icebound!' was the cry from the rest of the staff when they spotted the frosty foursome. 'We're liable to starve to death in here!' wailed Marie. 'No we won't' said the ever alert Elane. 'We can eat the journalism books! I know they must be pretty tasty, because Pat's dog already ate the first two chapters of the copy I loaned her.' No one else on the staff had

ever seen a journalism book, so it was decided that if worse came to worst, the staff members would have to eat their own articles. With the gagging thought of 'having their words and eating them too' in the back of their minds, the determined newspaper staff rolled up their sleeves and went back to work. It seemed like no time at all until Larry yelled 'one in the box!' A few minutes later, 'two in the box!' was heard from Wes, and the staff had done it again. THE COMMUTER would come out on Monday, on schedule.

However, there was still big trouble ahead for the hard-core journalists. They had no sooner hit the street, when faster than you can say "New York minute," the little balls of ice turned into big drops of water. The staff suddenly discovered they were right in the middle of the world's biggest storm sewer. They raced for Albany, but were stopped by the raging torrent at Oak Creek. After a quick huddle, the staffers decided to "draw straws" to see who would swim across and get help. The drawing was completed, and the rest of the staff turned their backs (and snickered) as Bill stripped down to his socks and shorts. He was muttering something about "a short stick and a runny nose," when the staff's moment of silent prayer was suddenly shattered by a loud POP! as Bill did a perfect belly-flop into the swollen waters of Oak Creek.

The staff was watching their last chance for survival rapidly disappearing downstream when help finally arrived. The good Samaritan was none other than Roae Roadrunnf, who was just returning from a water skiing trip. Roae unloaded his ski-boat. took the staff safely across, and then sped away to save the floundering Sweet, who by then, lost everything except had his lunch, and was entangled in a large clump of poison oak. Roae couldn't get his boat close enough to pick Bill up, so he threw him a slalom ski and the tow rope.

The staffers had already started home when they heard someone scream "HIT IT." They turned around just intime to see their advisor roaring up the middle of Oak Creek on a candy-apple red slalom ski. Bill was stark naked and he was yelling "hey gang! wait for me! I'm coming over for high-

balls and ice-cream cones too!"

The staffers looked at each other in a daze, slowly shook their heads, and Wes said, "If I ever make it home tonight, Pll never go out again."

## **Features**

Page 3, January 21, 1974

# Do-it-yourself car corner

The external engine components are: A - alternator; B - carburetor; C - coil; D - distributor; - exhaust manifold; F - fuel pump; G - intake manifold; H - oil filter; I - radiator; J - valve covers;

Ross Jackson

Welcome to the age of gas shortages and car pollution. These are problems we are going to have to live with for a while. This is the first of a series of articles for those of you who would like to help combat these problems by doing the general maintenance on your own engines. In most cases, by doing the services yourself just once, instead of paying someone else, you will save enough money to pay for the tools needed.

Before any work can be done, a basic understanding of the engine should be reached. The engine produces power by com-bining gasoline and air, then igniting this mixture with an electrical spark. This is accomplished for each cylinder in two revolutions of engine. That is where the term four cycle comes from. The intake stroke starts everything off. The piston moves downward in the cylinder drawing in the air-fuel mixture through an intake valve. Just the piston starts back

upward, the intake valve closes, trapping the air-fuel mixture in the cylinder, and compressing the gas. This is the compression stroke. When the piston reaches the top of the cylinder, the spark plug fires, igniting the gas. As the gas burns it expands. This forces the piston down again giving us the power stroke. The exhaust stroke occurs when the piston moves unwards again piston moves upwards again with the exhaust valve open. At the top of the stroke the exhaust valve closes and the intake valve opens. The intake cycle

then starts all over again.
There are a few external components of the engine we should be concerned with. First comes the distributor. Its function is twofold. It fires the coil giving the high voltage needed by the spark plug to ignite the gas in the cylinder at the proper time. This is accomplished by mechanically opening and mechanically opening and closing a small switch we call the points. The other function is to send that high voltage to the proper cylinder, and that is done by turning a "selector switch" called the rotor. The rotor is connected to the engine mechanically so that it is in that proper position relative to each cylinder where it should be ignited. Depending on the make of the engine, the distributor on a V-8 is located on the top of the engine in either the front or rear. On a 6 or 4 cylinder, it is usually located on the side of the engine.

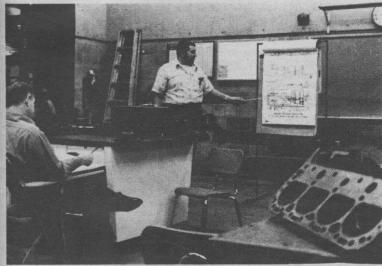
The carburetor's job is mixing air and gasoline in varying proportions to suit the operating speeds and We won't really go into that too deeply because of its complexity, but there are a

couple of outside adjustments to know. The carburetor on a V-8 is located in the center of the top of the engine, and on 6 and 4 cylinders, it is to the side, but usually above the top of the engine.

The other external components, which we won't be concerned with too much are the fuel pump, which simply transfers the gas from the tank to the carburetor, the water pump, which moves the coolant through the engine, and the generator or alternator, which provides electricity for the car and its

Keeping this all in mind, in the next few articles we will try out some of the easier jobs in maintaining your car. These will include when and how to change oil, distributor component inspection and replacement, plug cleaning and gapping, setting the idle speed, setting valve gap, and timing. So look for your owner's manual or some other book which has the specifications for your engine. Think about purchasing a few hand tools and we'll get rolling with the next article.

# More than wrench wielding



Keith Pond explains the intricacies of the transmission to a class of his Automotive Tech Students.

Elane Blanchet

As a training ground for tomorrow's automobile speecialists, LBCC's Automotive Technology program offers a and varied backcomplete ground. It's three instructors, Dave Carter, head of the program, Keith Pond, and Darrel Johnston together log many years of experience the automotive industry.

Forty-five full-time students are enrolled in Auto Tech. They take advantage of one of three options: 1) the Associate Degree program in which students work for and get a two-year degree; 2) the Certificate program in which students only take classes pertaining to auto work and receive a Certificate of Comple-

Specialist tion; and 3) the program in which students specialize in only a certain example, transarea, for missions.

There is a lot more to learn than just wielding a wrench in Tech. The overall lum includes such curriculum widely varied subjects as Welding, Blueprint Reading, Auto Brakes, Fuels and Carburation, Chassis I and II, Heat Exchange and Air Controls, and Transmission I and II (naming just a few of the classes available.)

Classes are a liberal mixture of both regular classroom instruction and the on-the-car experience. It would not be unusual for one automobile to be discussed and worked on by

several classes for different ailments during the same day.

To explore the innards of the Auto Tech. building means wandering through rooms filled with mazes of engines, transmissions, wrenches, dissected cars, grease, mysterious parts, and huge, unidentified and huge, unidentified machines. Dave Carter boasted just a little: 'Some people who have been through here claim it's the best set up in the state. . . we'd like to think so.' One of the high moments in Auto Tech six-year history came when two of its students picked from the Cream of the crop, formed an auto repair team that entered a national competition sponsored by Plymouth. After winning their division on the state level, Jim Scra and Guy Hammer, with their advisor, Mr. Carter, went to Boston to represent Oregon and LBCC at the National Plymouth Trouble Shooting competition. Competing against teams from every state, LBCC's team took a first place trophy in the written contest and a tenth place position overall.

Mr. Carter said that, racing against the clock, the team had had no trouble finding the 'bugs' in the engine, but in their hurry, completely forgot to replace one of the major hoses. The hose cost them a twenty minute penalty and the first place overall trophy

year's team will This compete again to maintain and upgrade the well-deserved reputation of LBCC's Automotive Technology Program.

#### Munchie crunchers

## Drop In to eat

GregRobin Smith

In these days of rushing and change, and especially of the 'nowhere to go' syndrome, it's hard to find a place one can sit with friends, have good food or coffee at low prices, and have an outrageous time with the very cool people who own and operate the place.

After that build up, you know Pve a place in mind and are possibly wondering why Pm plugging it. Read on.

About 6 weeks ago, The Drop In Cafe reopened under new management on 2nd Street across from Hotel Albany. 'Owner-Chef,' John and nef,' John and Paul and Mike 'waiters,' operate this oasis for the hungry and they have some good

First, and probably tops on most peoples' list, is price and quality. Their prices are geared to a large customer turnover instead of gouging the individual, and their foods include some of the best John can buy, and he cooks it that way; the best.

Secondly, and most unusual

are their hours. Besides regular daytime hours of 6-4, Monday - Saturday, they reopen Saturday and Sunday morning at 1 a.m. and remain open until all the people leave.

The people there are really quite spiffy and state that they aren't actually shooting for one particular group of people, just people. They want to have a good time with everybody and want everybody to have a good time. In fact, it's a real 'come as you are' place, just as long as you don't 'get how you are' in the restaurant itself.

So, with a neverending 10 cent cup of the best coffee he can find (or plain free with breakfast), hamburgers a inch thick, with everything(except bad taste) for a dollar, omelettes that would make a chicken proud, and an atmosphere congenial to good times, Pd say this is definitely a place

to keep in mind.

It's 'The place to go when you got the Big 'M' Munchies,' or if you're lonely or need a place to park your body. (Tell 'em da COMMUTER sent ya.)

## Student Health Center benifits all

During the 1972-1973 school year, the Student Health Center, offered health counseling, health referral, classroom teaching on special topics, and first aid. An existing program for the year 1973-1974 has been somewhat extended by the support of a consulting physician, Dr. Tom Conklin.

The LBCC Student Health Center is currently directed by Joyce Easton, RN, who has achieved her BA in Health Education at OSU and is hoping to finish her MA in counseling in June. Working with Mrs. Easton, Mrs. Ethel Littler, retired RN; Mrs. Littler works on Wednesday mornings and Thursday afternoons. A work study student, Dean Dunworth, works 15 hours a week and will be entering the LBCC nursing program in September.

To say the least, LBCC has grown immensly and with so many students on campus, facilities are adequate enough, but may need extra support in the future. Some students have expressed interest in extension of health services, especially with a view to having a physician and lab technician a few hours

Safety, first aid, educative and administrative are some of the upcoming goals for this



Joyce Easton, RN, listens sympathetically to a student discussing problems.

year's Student Health Center. Among some of the above will be: student rap sessions on health related problems, better understanding on health insurance benefits, and helping students in time of stress.

Many students aren't aware of the benefits that the LBCC Student Health Center has to offer. In so many cases, students are pessimistic because of costs, and, in a lot

of cases when medical attention is needed, but often times neglected. Says Mrs. Easton, "It seems unfair to the students who have no money and need medical attention, so we'll do the best we can to help them out."

If you need medical care, go to the Student Health Center, Room CC109, that's what it's there for.

# Sunflower House explains services

(Editor's note: Sunflower House, located at 128 SW 9th Street, Corvallis, sent an explanation of its services to THE COMMUTER, which we are reprinting for the information of our readers.)

The primary purpose of the alternative medical services offered through Sunflower House is to treat those individuals in the community who are alienated from the primary medical institutions. This alienation may stem from financial problems, social orientation or poor communication between the community and the individuals who need medical attention.

Due to limited funds and facilities, only minor medical problems are treated at the Sunflower House Clinic. Cases of any serious nature or those requiring sophisticated medical equipment or a medical specialist, are referred to one of the primary medical institutions such as doctors offices, labs, or the hospital. In these cases arrangements are made for a reduction or waiver of fees when the client is unable to pay the normal fees.

When a patient comes to Sunflower House, we attempt to provide the initial medical care and then help them find more extensive treatment elsewhere if it is indicated.

Sunflower House Medical Program has been set up to give medical aid in the following cases:

When an individual cannot afford a private physician and is not on a welfare grant which covers medical costs.

Those under 21 who are not being supported by their parents or the state and cannot afford a private physician.

Those under 21 who are reluctant to take their medical problems to their family physician. Anyone with suspected VD.

Anyone with a drug or drug related problem.

The Medical Clinic operates on Friday evening from 7:00 p.m. to 9:00 p.m. Beginning February 6, 1974, the Clinic will operate on Wednesday evenings from 7:00 p.m. to 9:00 p.m. instead.

No appointments are necessary. There is no fee, but donations are requested.

Doctors, nurses, and technicians are all volunteers-they will close the weekly clinic if there are no patients in by 7:30 p.m. or whenever all patients have been seen.

Patients are referred to one of the doctors participating in the Sunflower House Medical Program and are seen in the doctor's office under the following circumstances. The fee is based on the patients ability to pay.

- l. If the patient or volunteer defines the problem as a "medical emergency" which cannot wait until the regular weekly clinic.
- 2. If the patient requires a specialist or tests not available at the regular clinic.
- 3. Routine physical examinations which patient cannot get done elsewhere.
- 4. Services of an obstetrician-gynecologist.

Patients must come to Sunflower House first and pick up a Medical Referral slip before going to the doctor. The appointment is made by the Sunflower House staff.

Patients are requested to call both the doctor and Sunflower House if they find it necessary to cancel an appointment to see the doctor.

## Building Co-op forming

A group of people are organizing in the Corvallis area to form a Building Co-op for individuals or families who are building or planning to build their own houses.

The members of the Co-op would help each other scrounge up used and new building materials and also help in actual construction.

An organizational meeting has already been held. The next

meeting will be on January 25 at the service building of Pacific Power and Light, 1265 NW 9th Street in Corvallis at 7:30 pm.

It is suggested for interested persons to bring a shopping list of needed building materials (if that far along), suggestions of recycleable houses and building materials known of and suggestions of any large buildings which the Co-op could rent or lease as a storage depot.

Dental Assistants capped Friday

In a ceremony last Friday night, fifteen dental assistants were "capped" signifying as Vera Collins said, that "They have learned the abstract skills and now will apply them physically."

Dick McClain, Director, Allied Health and Physical Education Division, welcomed the audience and participants. Dr. O. R. Adams, Dean of Instruction, gave the address and Gerald Morgan, Instructor, and Vera Collins, CDA Coordinator, officiated in the capping ceremony.

A welcome surprise was a scholarship awarded to Barbara Helms by Mrs. Ruth Fletcher, a representative for the Albany Eagles Auxiliary.

#### HEY LOOK

Students who plan to participate in Cooperative Work Experience during Spring or Summer terms, or during the 1974-75 school year, should complete a work experience information sheet in the CWE office (CC-123) as soon as possible so that training stations can be identified and developed prior to student assignment.

Also, students who are presently working in the area for which they are being trained and wish to participate in Cooperative Work Experience this term should see Mr. Clemons in the CWE office as soon as possible or call extension 235 for an appointment.

The Brand New

**COLONY INN** 

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Super-Quiet Privacy
All Utilities Paid

Availiable by March 20

Be sure to see this one before you decide!

Only \$79.50 per month

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2 eggs, hash browns, toast, coffee...80¢
ham, sausage, bacon, 2 eggs hash browns,
toast, coffee...\$1.50

also lunch specials

Coffee 10¢ Anytime

Write to your Representatives-

Sen. Bob Packwood 6327 New Senate Office Bldg. Washington, D. C. 20510

Sen. Mark Hatfield 426 Old Senate Office Bldg. Washington, D.C. 20515

Rep. Al Ulman 2410 Rayburn House Office Bldg. Washington, D.C. 20515

Rep. Edith Green 2441 Rayburn House Office Bldg. Washington, D.C. 20515

#### Have a happy dog

Sandy Byington

You're going to get out of a dog exact! what you put into him.

When you 'punish' your dog by hitting him for some misbehavior, you are only perpetuating that behavior. Why? Because you have just alienated yourself one step further. You have that much less trust and love from your dog, and, in most cases have thoroughly confused the animal.

So many people claim to love animals, especially their own, but when it gets right down to it, they don't hesitate for a moment to play God. They lash out in anger against the dog for a deed that in almost all cases he had no malicious intent in. Most dog behavior problems are only disguised human patience problems.

Man has put the dog in a very when the people and decorders trees.

Man has put the dog in a very vulnerable and dependent role. The dog is in a pitiful position as it is without man imposing his righteousness on him. Everytime the dog does something wrong — Whack!

Did you ever notice that you have to get after your dog for the same misbehavior time and again? That's because your 'discipline' doesn't work. It's as simple as that. Negatives don't impress dogs in a positive way. That is to say, positive reinforcement should be the stressed factor not punishment.

If you're close with your dog, there should be nothing more necessary than telling the dog what he did wrong. Naturally, the same word or words should be used each time when trying to break a habit so that the dog can understand. Hitting your dog will not instill respect or manners, but it certainly will instill fear. A dog behaving out of fear cannot compare to the dog raised on love. Your dog needs to have complete trust in you. When you are predictable (free from violent outbursts and constant in your approval), your dog will likewise be predictable.

It's a pity that dogs aren't free. Many of them don't eat, go outdoors, run, chase cats, etc. until we want them to. What a plight domesticated animals are in.

It's in you dog owners' power to have happy dogs — at least as happy as possible for a totally dependent animal! It's not easy to change your behavior so drastically, but it's well worth the effort. A joyful animal is beautiful — a fearful animal can only be pitiful.

This is a subject that also involves a certain amount of preparation in order to be practically applied. The author would be glad to talk with anyone interested in that application.

It's not cool to make yourself superior to anything — even if it is just a dog.

#### **Inquiring Reporter**

## Why has Oregon come out on the short end of the pump?...

Kim Backer: There are fewer stations in operation since Gulf and American have pulled out of Oregon.'

B.P.: Because Tom McCall spoke out against Nixon.'

Mike Gipson: Major oil companies objected to Oregon's non-acceptance of self service stations and could see their profits would be greater elsewhere. Also the state's demands have gone up since the base rates were set.'

Guy Hammer: I think somebody's got something against Tom McCall.'

Dennis Smith: Tom McCall's statement asking people to visit, but not stay in Oregon has offended industry. Soon only the rich will be able to buy gas.





Debbie Alexander: I'm not sure, but I know California stations stay open longer hours.'

Trudi Testorfl: I don't know, but, Pve talked to people in California who don't even feel





Mike Gregory: I guess we made the mistake of conserving gas too soon.'

Mary Fraley: Smaller, independent stations have gone out of business, leaving a shortage of places to buy gas.'



#### VIEWPOINT

## Does decriminalization work

A Commentary on the new Oregon Marijuana Law, by J. Pat Horton, D. A., Eugene, Ore.

Our Governor has been telling people to stay away from our lovely state and let us enjoy it in peace and quiet. Others have said, 'pass this law and you will have every hophead and junkie in the nation cruising for our borders.'

That, along with a few rumblings about brain damage, heroin addiction, and the like, seemed to be the warnings sounded by opponents to Oregon's new marijuana law.

But pass it they did, that brave group of pioneers known as the Oregon State Legislature, and soon we became the first state to effectively decriminalize possession and use of marijuana in small amounts.

To the surprise of many, and the consternation of some, the effects of the new law have been less than dramatic (except to the thousands of dope smokers who no longer face up to 10 years in prison and a \$1500 fine for possession of less than an ounce). No great influx of dopers, if such can be identified, has been reported migrating to our state. And no great increase has been noted in the number of long-haired youths with trenchcoats and turned-up collars hanging around school yards.

But the Oregon rain is enough to scare anyone away in the winter, and the law has only been in effect since October 3. If the energy crisis is over in the spring (and I doubt if the oil companies will let us off that easily), we could see the first signs of any new-found popularity we might achieve, at that time,

But I doubt it.

Here in Lane County we have been issuing citations to minor offenders for almost a year, and the results of this experiment can now be analyzed.

can now be analyzed.

Of over 60 defendants issued citations before the new law went into effect, not a single one failed to show up in court. Most pled guilty or forfeited bail and received a small fine. The average time saved for a policeman who no longer had to arrest, lock up, and process a defendant was 40 minutes per incident. A change in attitude by the police chiefs and officers alike was evident. This was a change in law enforcement priorities. It meant additional time spent on the street protecting life and property.

As for an increase in mari-

As for an increase in marijuana usage, well, I suppose it is increasing all the time, but not necessarily because of liberalized laws. Two years ago a survey of high school students in our county showed that 46 percent smoked marijuana on a more or less regular basis. And certainly there is a large incidence of marijuana usage on college campuses. But despite our large student oppulation, 75 percent of our citations were issued to young professional and working people. Apparently the plague is too widespread to be checked, although I understand there is a last-ditch effort going on in the state of New York.

Although a maximum fine of \$100 may be levied under the new statute, at least one District Court judge in Multnomah County (Portland) has announced that any individual appearing in his court on a marijuana charge may avoid a fine by agreeing to perform a minimal amount of community service work. Here in Lane County

the fines have been averaging \$30 - \$35.

Judges, police, and district attorneys around the state (after being intially cautious) are for the most part guardedly optimistic about the new law. Senior Deputy D.A. Bill Youngman of Multnomah County says, 'It's a good thing; we were losing our credibility under the old law.' Michael Bailey, who prosecutes most marijuana cases in the same county, says 'I think this law is going to work out very well. In

a few years complete legalization of marijuana

may follow.'

Of course, not all is sweetness and light, even in Oregon. Mrs. Susan Roylance of Hermiston, a 31-year-old mother of seven has begun circulating a petition to restore the old penalties, 'We don't know to what extent marijuana affects the brain,' she says apparently disagreeing with more substantive analysis by the American Medical Association, 'but it very definitely does.'

Oh, well, why do you suppose they call it dope?

- J. Pat Horton

Marriage / marriage

#### A 50-50 split

Is marriage a 50-50 partnership? You go your way and let me go mine? Or should Henry VIII take over?

Jean Schreiber may be able to add a little light to these questions. She is the instructor for 'Family Management and Decision Making', a three credit class held in LRC 217 on Tues. and Thurs. from 1:00 to 2:30 p.m. The course deals with discussions and studying of comparative marriages.

Who makes the decisions for the marriage? Society has found more than one answer. 'An open marriage,' Ms. Schreiber explains, ' is where the two people see each other as individuals.' They try to understand each other.

A 'contract marriage' has definite, set guidelines that each spouse is to follow. These marriage guidelines, or rules, may even be a legally written contract.

When one person in the

marriage makes all the decisions and rules the actions of the other spouse, this is referred to as an 'autocratic' marriage. However, there is also often a feeling of compatibility with this particular system.

The 'traditional model' is a

The 'traditional model' is a marriage where neither person is truly happy. There usually is no understanding between the couple. This is typical of the 'we'll stay married for the sake of the children'

sake of the children.'

Learning about these and other systems of marriage will be the goals of the class.

THE

science fiction.

Ski and Weather Report
928-4517
Information Center POP
countesy
Tub Tour & Travel
Albany

Susan Horvat



#### NEW OLD KNEWS

#### Ashort story by Bob Goetzinger

Pa has almost completely rejected the modern life of the seventies. One of the few concessions he has made is his beat up old truck that serves as a tractor, a pack mule and

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a general scapegoat.

That is, when the ornery old machine can be coerced to work. The woods echothe rumble as the old feud between man and machine is revived every time Pa tries to bluff a little more energy out of it. "Look here ya goddam piece

of mechanical aggravation, if ya don't shape up directly and start running, I'm gonna throw a match to ya!"

Eventually it'll give in and go to work putting out a cloud of the make and a thurderous.

of blue smoke and a thunderous roar. Pa would be lost without the truck to take his temper tantrums out on once in a

while. In fact, it's almost always when he's feeling bel-ligerent that he decides that he needs to use the truck.

He never fights with people anymore, but when he disagrees with someone, he can be seen taking it out on the firewood with his axe or giving the weeds in the garden a thrashing. He's decided that it's useless to hassle with people so instead he puts that energy into something more worthwhile.

Years ago, he figured that his country was heading in the wrong direction. He felt that it was a hopeless case to try change it so he "dropped out" as much as necessary.

He, Ma, and their son Buck found the homestead and settled into a way of life much more suited to them.

"I felt so worthless putting in my forty hours like a machine. Hell! That ain't what life is all about! I'd rather work a little harder for my-self and my family, than sell my time to the man to buy things to get me off for a few hours on the weekends. That's bullshit!"

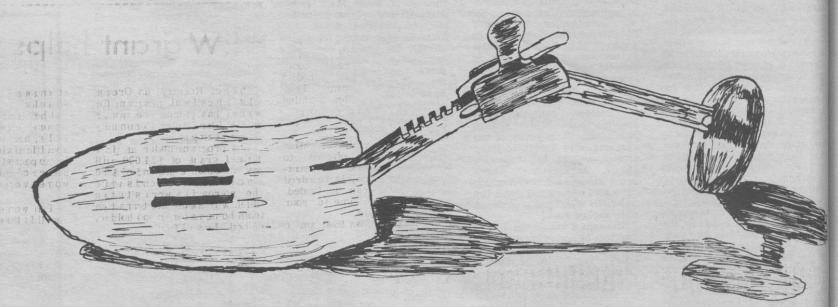
"It's pretty peaceful out here most of the time, unless I've heard what the politicians got caught at lately. Then I might just get into my weinpellor and go on a real bender! It don't do any good to get wasted, I guess, but I hate to think of what they're doing to my country." An emotional tone takes over Pa's voice as he takes over Pa's voice as he reaches for the wine jug.

Temporary Park Campus: When the rain telegraphed its inarticulate messages on the aluminum roofs of those 10 x 50° trailers wherein we taught, or an ancient train grumbled by, we could not hear each other not thinking and we were surly satisfied when they told us "things would get better once we got on the new campus."

Temporary Modular Campus: And when the walls for crying out loud thin, filtered the old saws of an art class into American Lit., we were bemused and made Excedrin pauses because we could not hear the art in artillery. And we were surly satisfied when they told us "things would be better once we got on the new campus."

Permanent Mortarboarded Campus:
Well, here we are
and "things have
(not only) gotten better,"
they've gotten bigger. (So big, in fact, I'm sitting here beside myself.) And we can hear too clearly now the promises of permanence. Thus, I don't know about you, but I feel less surly when I see "things" leaking just a little.

> Barbarajene Williams January 1974



## Learn about Creative Intelligence

The Science of Creative Intelligence as founded by Maharishi Mahesh Yogi is unique in the world today. Up to this time all sciences, all knowledge has been horizontal knowledge, that is, knowledge of the surface values of life. The Science of Creative Intelligence itself, knowledge of the basis of all fields of life.

As we look around us, we can see in nature an order, a systematic progression. The simple observation of the order inherent in every natural phenomenon indicates that there is some intelligence at work in everything. The growth of a plant, the movement of the planets — in every structure and activity is intelligence.

The Science of Creative Intelligence gives the systematic knowledge of the origin, development, and application of this field of intelligence and

provides a technique by which it can be fully unfolded to enrich all fields of practical life. Transcendental Meditation is that technique; it is the practical aspect of the Science of Creative Intelligence.

Every science has two aspects — theoretical and practical. Theoretical to provide understanding, practical to provide experience. Like any other science, the Science of Creative Intelligence has two aspects. Transcendental Meditation is the practical aspect of the Science of Creative Intelligence which provides the direct experience of Creative Intelligence and brings complete understanding of nature, development, range, and application of Creative Intelligence.

The centre of Creative Intelligence within each individual is located at the source of thought within. Transcendental

Meditation is the technique for achieving this contact with the reservoir of Creative Intelligence. The technique of action calls for a procedure which will open the channel of Creative Intelligence to enrich and make powerful every impulse of thought and action.

Transcendental Meditation is for successful action.

Students International Meditation Society will present two free introductory lectures at Linn-Benton Community College on Wednesday, January 23. The first lecture will begin at 1:00 p.m. in the Alsea Room. The second introductory lecture will be at 8:00 p.m. in Board Room B. Everyone is welcome.

For further information, contact:

IMS P.O. Box 927 Salem, OR 97308

#### Meetings and Club news

WOMEN AND LITERATURE

All interested LBCC students and staff members are invited to attend a weekly "Women and Literature" luncheon discussion to be held Fridays from 12 noon to 1:00 pm in the Santiam Room located in the College Center.

The first meeting will be on January 25. The sessions will be very informal and interested participants will be asked to contribute their ideas on what readings they would like to cover during the get-togethers.

These discussions are being organized by Lorraine Prince and Sharon Forster, practicum students at LBCC. If there

are any questions, contact the Activity Center.

INDIAN CLUB ORGANIZES

There will be an organizational meeting of the Indian Club in H209 at noon, Wednesday, January 23. All interested persons are urged to attend. Selection of officers will be made and the club's charter will be discussed. For further information, contact Ben Zastrow, 928-2361 ext. 400, Elizabeth Bartman, ext. 354, or Bill Sweet, ext. 308 or 341.

CLUB SCHEDULE

Pocket Billiards Club - 5:00 p.m., Monday and Wednesday, 8:00 a.m. to noon, Saturdays. Women's Consciousness Group - 12 noon, Tuesday, Santiam Room.

Agriculture Club - Wednesday, 12 noon, Alsea Room.
Christians on Campus fellow-

ship - 12 noon, Wednesday, Santiam Room.

Chess Club - 12 noon to 3:00 p.m., Tuesdays, Alsea Room.
Please keep us informed. If you want an article in the Commuter about your club, please notify the Commuter office or call Chris Dawkins, 928-8832.

## Register now for free GED

Lynne Haynes

Having dropped out of school as a young one is no longer classed as the shameful act it once seemed. The General Educational Development (GFD) has become the only equivalent to a high school diploma offered and recognized. This is being realized by more individuals

all the time.

Since last term, there has been a continuous increase in the enrollment for the Adult Education and GED classes, more than doubling its full-time population from 20 to 42 students.

Maxine Miller and Patricia

Here students use a new and interesting learning technique, SCRABBLE.

The game offers the basics, in both math and spelling, to the students using this learning aid.

Edwards, the instructors, and their aides, are finding the change of pace growing much more rapid.

Developmental Reading, a related course taught by Miriam Cope and Charlie Mann, is becoming high in demand for the learning service it offers.

Maxine, with the aid of Pat, began teaching adult education classes and GED pre-test counseling in the First Methodist Church here in Albany. They moved to the trailer modules when LBCC, through government funding, took over the program last year.

GED and adult education classes are offered to absolutely anyone. Registration, though free, is required so the class can be funded, and is open any time for your educational needs.

The hours from 9:00 am to 12 noon have been reserved Monday through Friday for the many, eager to learn Science, Social Studies, and Literature, with Math and English being taught on the individual's own level. This allows each student to reach his or her own rate of achieving the course objective.

THE COMMUTER

# Catch All

Page 7, January 21, 1974

#### LBCC 70 - Chiefs 67



Randy Bishop, no. 42, goes up against Greg Ishmael of Chemeketa.

Thanks to overall team depth, and balance and accuracy at the free-throw line, the Roadrunners edged out the Chemeketa Chiefs in the final minutes of last Wednesday night's game.

This victory makes Linn-Benton's conference record 4-1 with an overall record of 12-5.

Gary Frank was high man for the Roadrunners, with 17 points, Mark Peterson was right behind at 15 points. Mark hit 11 out of 12 free-throws. Greg Ishmael, 6'7'' center for Chemeketa and former South Albany star, lead all players for the night with 24 points, he also was tops in rebounds, with 12.

The Roadrunners played a good defense in the first half, but slowed down in the second allowing the Chiefs to catch up in the second.

BULLETIN
LBCC beat Judson Baptist
with a score of 83-66. (Scores
via Duane Graham)

## HEW grant helps women

Project Reentry, an Oregon pilot educational program for women has placed one woman on the Linn-Benton Community College campus.

The program under an HEW Title I grant of \$24,000 will pay a woman a stipend of \$200 a month for three months while she interns in a work situation which will enable her transition from homemaker to job holder,

or both, less difficult.

Qualifications for the program are based upon the woman's need financially and psychologically. The internship in a work situation is regarded as a 'shelter' situation where the employer and employee recognize the reentry period into the work world after years of absence is sometimes a

strenuous adjustment. The situation will help the woman and her placement service aide become acquainted with her job skills, her need for further and specific training. The program is expected to increase the source of skilled and competent women workers.

Ten women have been placed for this three months period in the state, five in community colleges where further training is most accessible to them. Another ten will be placed April. According to Ardis Hitchcock, Project Reentry Coordinator in the Division of Continuing Educ. in Portland, the waiting list of women who meet the qualifications exceeds the pilot year's resources.

#### Personal Ads

THE COMMUTER is now offering a column for free personal ads. Drop ads off at F-105 (in the 'in' basket on desk) or place in campus mail. No money transactions advertised, unless accompanied with 5 cent per word payment.

W.C. Who? Check out the Fireside Room January 23

We do not necessarily concur with or condone any ad appearing on this page.

Meg Rothrock Elane Blanchet

Don't worry, Pll explain it all to Bill.

Doug

Will LBCC do it again? Be at South Albany High School gym Saturday, 7:30 pm, January 26 and find out.

Daddy,

Transportation send bike.

Sally

problem,

You know who!

Return it!!

Please! Please! Don't starch my shorts!

Poopsie

Thank you, Lynne. Please pick up your coupon for a free finger massage.

Don't come - no fun -

no mon -

Your son

Birthright: a newly organized, non-profit, volunteer organization trying to offer alternatives to abortion. Call 752-1376 for more information.

Road's, Wind down to let them knowbefore the summer's snow - letting your tops grow - see you on the spring glow -

Two job openings on Commuter! See front page.

Don't worry, I'll explain it all to Myrna.

Doug

Are aspirins your way of life? Do you itch in sundry places? Have you ridden a bus and flown on a jet on the same day? Problems? Write Dr. Dose, in care of The Commuter.

Looking for a flathead 6 engine to recycle my 33 Plymouth. Call Peggy at

Don't worry about it. Don't worry about anything. I've already explained it to Rex.

Bill

LOST AND FOUND

VW Bug owners - Light green, approximately '58 - check your trunk for your jack. Iborrowed it, and then you drove away. Sorry. Check with the Lost and Found in the College Center.

Dear Doctor Dose:

Dear Dr. Dose,

I'm in the closet writing by and have just candle-light, and have just finished reading a book on Paranoid Schizophrenia, and much to my distress, I find myself to have most (if not all) of the symptoms. When I go to the store, I feel Pm being cheated. When I buy When being cheated. When I buy gas, I feel I'm being cheated. When I watch TV (God forbid!),

and see our president's face, I think Pm being cheated. Even Kohoutek failed and now

I hear there is going to be a toilet paper shortage. there any hope for me? Practically Paranoid

Dear Practically,

Stay in the closet. That should at least solve the T.P. problem.

Dear Dr. Dose,

I intend to marry soon and I unable to explain my problem to my future spouse. I have six toes on one foot and not the other. What now? Toeless

Dear Toeless,

The important issue is not what your spouse will say, it's what will make the both of you happy. If you want to have a memorable wedding and can afford to foot it, I see no reason why you shouldn't.

Dear Confidential, As far as I know, eating worms has never helped anyone.

This column is dedicated to those in need of an unknown remedy for an unknown disease of unknown origin. If someone you might know, or even yourself, is found to have some type of malfunction, write Dr. Dose, in care of Commuter.

Don't let the price of a college education stop you.

To Auto-Tech Department: Thanks for drying my dying, drownd car.

Greg Robin

The price of a college education is skyrocketing. Fortunately the Air Force had done something to catch up with it. For the first time, the 6500 Air Force ROTC Scholarships include the 2-year program, for both men and women. If you can qualify, the Air Force will pay for the remainder of your college education. Not only do ROTC 2-year college scholarships cover full tuition, but reimbursement for textbooks, lab and incidental fees, as well as a taxfree monthly allowance of \$100.

To cash in on all this just apply, qualify, and enroll in the Air Force ROTC. Captain David a A. Capito at 754-3291 It's a great way to finish your college education in the money, and enjoy a future where the sky's no limit...as an officer in the Air Force.

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