

COURSE SYLLABUS

Psychology 101: Psychology and Human Relations

Winter Term 2013 – CRN: 38227

MWF: 10:00 a.m. – 10:50 a.m.

NSH Room 206

Instructor: Stan Mazur-Hart, Ph.D.
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E-mail: mazurhs@linnbenton.edu
Office Hours: MWF, 8:00 a.m. – 9:00 a.m. or by Appointment

Required Materials: Text: Duffy, K. G. and Atwater, E. (2011). Psychology for living: Adjustment, growth, and behavior today (10th Edition).
Pearson Education, Inc: Upper Saddle River, New Jersey.
Lecture Notes
Assigned Readings

Course Description: Psychology 101 focuses on practical applications of psychology to relationships. Topics include self- and social perception, emotional self-regulation, relationship formation/maintenance, and a brief introduction to the clinical aspects of human behavior.

Requirements: 2 Tests (each covers the section of the course immediately preceding it)
Quizzes and In-Class Activities
2 Written Self-Reflections
Final Exam (covers the section of the course immediately preceding it)

Course Objectives: Students will be able to: (1) recognize and articulate the social and personal forces affecting human relations; (2) use analytical thinking in drawing reasonable conclusions about human relations from course assignments and personal experience; (3) synthesize diverse perspectives and explain them in a coherent manner and express them objectively; (4) understand the importance of self-engagement, taking responsibility for their own learning, and interacting with others in a respectful manner; and, (5) develop an understanding of cultural, ethnic, and gender differences in applying the principles of psychology as a science.

Psychology 101 Class Policies:

Attendance: This is a lecture, small group, and student participation class so attendance is crucial. Students who miss more than three classes should consider withdrawing and taking the course at a better time for them. The instructor's lecture notes are not available for students who miss class.

Guests: Only students who are registered for this class may attend. If students want to invite other(s), adults or children, to attend, the instructor's approval in writing must be obtained at least one class period prior to such attendance.

Class Activities: In addition to the exams and papers/projects for this course, there will be some in-class activities and some 10 - 15 minute quizzes throughout the semester in various forms (pop quiz, take home quiz, group quiz, etc.). Since not all quizzes will be announced in advance, it is highly beneficial to keep up with the reading and class assignments. Quiz questions may come directly from lectures, class activities, or assigned chapters in the textbook. There will be no make-ups for quizzes or in-class activities missed.

Late Assignments and Tests: A premium is placed on completing tests and assignments on time. Assignments are due at the beginning of class. Late assignments are penalized 20% per class period regardless of reason or excuse. Unexcused late assignments are penalized 25% per class period. Assignments or tests more than one week late will not be accepted.

Permission to take a make-up test is given only after a written request is submitted to the instructor and approved on or before the day on which the test is scheduled in class. Any make-up test that is not approved on or before the date of the test in class will be penalized 20% per class period that it is not taken. Make-up tests may not be taken more than one week after the scheduled time for the test in class. The final exam must be taken at the time and day scheduled by LBCC and noted on this syllabus.

Make-up tests are taken in the Student Assessment Center (RCH-110). Space in the Student Assessment Center can be limited, especially during the ten days before finals, so students should schedule to take make-up tests early. Cell phones, even if turned off, and electronic devices are not allowed in the testing area of the Student Assessment Center. The hours of the Student Assessment Center are 9:00 a.m.– 3:00 p.m. on Mondays, Wednesdays, Thursdays, and Fridays; and 9:00 a.m. – 6:00 p.m. on Tuesdays.

Courtesy and Classroom Decorum: Please be mindful that everyone is here to learn. Cell phones, I-Pods, and audio/video recording devices may not be used during class or exams. Please remember to turn off cell phones before class starts, arrive on time for class, and avoid doing anything that is disruptive in class. Differences of opinion are encouraged and should be respected, as long as they are presented in a constructive and courteous manner. Participation in class means both contributing and listening respectfully to others. Students will be graded on effective class participation.

E-mail, Written Requests, and Phone Messages: The preferred method of communication with the instructor outside class and office hours is e-mail. Phone messages are not always reliable. Students should establish an LBCC student e-mail account, for which there is no charge. In each

e-mail, please include your full name, course number, and course title. All messages will be acknowledged as promptly as possible.

Returned Work: Any work not collected when it is returned in class may be collected during office hours. Students may collect only their own work.

College Policies:

Cheating and Plagiarism: Using someone else's work as your own on tests or any other assignments or using information or ideas without proper citations (plagiarism) can result in the student failing the assignment, test, or class. Bibliographies and in-text citations are required whenever the student uses outside sources, including Internet sources.

Wait List Policy: If this class is full, registered students not attending class during the first day of the term will be withdrawn and wait list students who are attending the class will be admitted to the class on a space available basis.

Incomplete Grades: You may be eligible for an "Incomplete" grade if you have finished 75% of the class work. If you are assigned an "Incomplete," all coursework must be finished by the date determined by the instructor. You must contact the instructor before the final exam to receive an "Incomplete."

Students with Disabilities: If you have emergency medical information for your instructor, need special arrangements to evacuate campus, or have a documented disability, please meet with the instructor, during office hours or by appointment, no later than the first week of the term, to discuss your needs and present your Office of Disability Services (ODS) accommodation letter. If you have a documented disability that will impact you at college and you have yet to seek accommodations, please contact ODS for intake and to document your disability with LBCC.

Only students who document a disability and present an accommodation letter to the instructor are entitled to academic accommodation. Each term, when you register for classes and at least 2-3 weeks prior to the start of a term, submit your "Request for Accommodations" form to ODS. During Week 1, pick up your accommodation letter for your instructor and deliver it in person to your instructor during office hours or by appointment. Your instructor may need to arrange your accommodations. ODS may be reached from any LBCC Campus/Center by e-mail to ODS@linnbenton.edu or by calling 541-917-4789. Letter pick-up is available at each LBCC Campus/Center.

Student Instructional Services: There are additional instructional services available for students at LBCC beyond classroom instruction and instructor consultations. These services include the Learning Center in WH-226, which is above the Library, and the Support Lab, which is in RCH-114. Also, The Writing Center, located in WH-200, provides writing, grammar, and composition assistance to students. The Library is located in WH-137.

Statement of Inclusion: The LBCC community is enriched by diversity. Everyone has the right to think, learn, and work together in an environment of respect, tolerance, and goodwill. We will work toward creating a community without prejudice, intimidation, or discrimination.

CLASS SCHEDULE

Psychology 101 - Psychology and Human Relations -- Winter 2013

Class	Day	Date	Assignment
1	M	Jan 7	Introduction to Psychology and Human Relations
2	W	Jan 9	Chapter 1: Self-Direction in a Changing World (Pages 1-13)
3	F	Jan 11	Chapter 1: Self-Direction in a Changing World (Pages 13-22)
4	M	Jan 14	Chapter 4: Seeking Selfhood (Pages 73-82)
5	W	Jan 16	Chapter 4: Seeking Selfhood (Pages 82-92)
6	F	Jan 18	Chapter 5: Toward Better Health (Pages 93-107)
	M	Jan 21	No Class: Martin Luther King, Jr. Holiday
7	W	Jan 23	Chapter 5: Toward Better Health (Pages 107-122)
8	F	Jan 25	Chapter 6: Taking Charge (Pages 123-133)
9	M	Jan 28	Chapter 6: Taking Charge (Pages 133-144)
10	W	Jan 30	First Test
11	F	Feb 1	Chapter 7: Managing Motives and Emotions (Pages 145-158)
12	M	Feb 4	Chapter 7: Managing Motives and Emotions (Pages 159-170)
13	W	Feb 6	Chapter 8: Making and Keeping Friends (Pages 171-182)
14	F	Feb 8	Chapter 8: Making and Keeping Friends (Pages 183-194)
15	M	Feb 11	Chapter 9: Leader or Follower (Pages 195-208)
16	W	Feb 13	Chapter 9: Leader or Follower (Pages 208-223)
17	F	Feb 15	Chapter 10: At Work and Play (Pages 224-241)
	M	Feb 18	No Class: Presidents Day Holiday
18	W	Feb 20	Chapter 10: At Work and Play (Pages 241-249)
19	F	Feb 22	Second Test
20	M	Feb 25	Chapter 11: Sexuality (Pages 250-263)
21	W	Feb 27	Chapter 11: Sexuality (Pages 263-278)
22	F	Mar 1	Chapter 12: Love and Commitment (Pages 312-333)
23	M	Mar 4	Chapter 12: Love and Commitment (Pages 333-342)
24	W	Mar 6	Chapter 13: Stress (Pages 343-358)
25	F	Mar 8	Chapter 13: Stress (Pages 359-368)
26	M	Mar 11	Chapter 14: Understanding Mental Disorders (Pages 369-388)
27	W	Mar 13	Chapter 14: Understanding Mental Disorders (Pages 388-400)
28	F	Mar 15	Chapter 15: If You Go for Help (Pages 360-385)
29	W	Mar 20	Final Exam: 8:00 a.m. - 9:50 a.m.

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