### **HE 100 Introduction to Public Health**

Linn-Benton Community College
Spring 2019

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Office Hours: Monday - Thursday 10:00am to 11:00 am and by appointment

# **Course Description:**

This survey course covers the basic elements of public health and the complex ethical and political issues central to it. The class is open to undergraduate students of all majors who want to know more about the field of public health, what it is, how it is organized, and how it works.

#### **Course Content:**

The course provides a basic overview of current local, national, and global trends in both communicable and noncommunicable disease; the behavioral, social, and environmental determinants of population health, with a focus on causes of disparities in population health status; the organization of public health activities and their relation to other health-related activities (e.g., clinical care, emergency preparedness); analytical methods and the science of public health; the ethical challenges facing public health action; and emerging challenges for the field of public health. The course uses a mix of didactic material, forum discussions, video activities, case studies, and writing assignments to help students understand the role of public health and the wide array of public health career opportunities as well as its relation to human science fields. The course may be presented on campus as a "hybrid" course (i.e., with a mix of in-person and online sessions) or as an entirely online course.

## **Measurable Student Learning Outcomes:**

After successful completion of the course with a "C" or better, students should be able to:

- 1. Identify the multifaceted determinants of disease in population health.
- 2. Identify the components of evidence based public health and apply them in a variety of public health situations.
- 3. Identify the fundamental roles of public health and how those roles are exhibited in public health organizations, funding, workforce, and regulations.
- 4. Identify and discuss the roles of public health in addressing health disparities and the needs of vulnerable populations.
- 5. Identify one or more occupations within the public health realm and describe the education/ credentialing process to enter that field.

## **Course Materials:**

- There is an OER for this class that can be found on your Moodle site or <a href="here">here</a>.
- Online resources (readings, documents, and videos) via Moodle.

### **Course Comments:**

- 1. If you are not turning in passing work by the end of Week 2, you will need to arrange a meeting (on the phone or in person) with the instructor to determine if you are able to complete the class.
- 2. If you do not have a grade of "C" or better at the end of each week, you will be contacted by the instructor to determine your course future progress.
- 3. I do not accept any assignments in the form of an email attachment. You must submit all electronic work via submission slots on Moodle. Read all instructions on saving and sending files..
- 4. There should be no excuse for late work all assignments are posted now and your due dates are below. Since this is an online class, you should have a backup plan for computer/internet issues if you are one to do your work at the last minute (all late work that means after midnight cut off- is 10% off for each day late. No homework will be accepted for points after 1 week)
- 5. If you know you will be away from your computer when an exam is scheduled, it must be taken before you leave or any homework turned in before you leave.
- 6. Students are expected to be honest and ethical in their academic work. Academic dishonesty is defined as an intentional act of deception in one of the following areas:
  - Plagiarism representing the words or ideas of another person as one's own
  - Cheating use or attempted use of unauthorized materials, information or study aids
  - Fabrication falsification or invention of any information
  - Assisting helping another commit an act of academic dishonesty
  - Tampering altering or interfering with evaluation instruments and documents
  - <u>NOTE</u>: Plagiarism checking programs are used on your writing assignments. All college rules/regulations will be followed if plagiarism is suspected.
- 7. Students who may need accommodations due to documented disabilities, who have medical information which the instructor should know, or who need special arrangements in an emergency should speak with their instructor during the first week of class. If you believe you may need accommodations but are not yet registered with the Center for Accessibility Resources (CFAR), please visit the <a href="CFAR Website">CFAR Website</a> for steps on how to apply for services or call 541-917-4789.
- 8. LBCC prohibits unlawful discrimination based on race, color, religion, ethnicity, use of native language, national origin, sex, sexual orientation, marital status, disability, veteran status, age, or any other status protected under applicable federal, state, or local laws. (for further information http://po.linnbenton.edu/BPsandARs/) Board Policy P1015
- 9. **Basic Needs:** Any student who has difficulty affording groceries or accessing sufficient food to eat every day, or who lacks a safe and stable place to live, and believes this may affect their performance in the course, is urged to contact the Single Stop Office for support (SinglestopatLBCC@linnbenton.edu, 541-917- 4877, or visit us on the web <a href="www.linnbenton.edu">www.linnbenton.edu</a> under student services for current students). Our office can help students get connected to

resources to help. Furthermore, please notify the professor if you are comfortable in doing so. This will enable them to provide any resources that they may possess.